

Në Minobmadzöwen Myéwés

(Pathway to Wellness) Mural Project



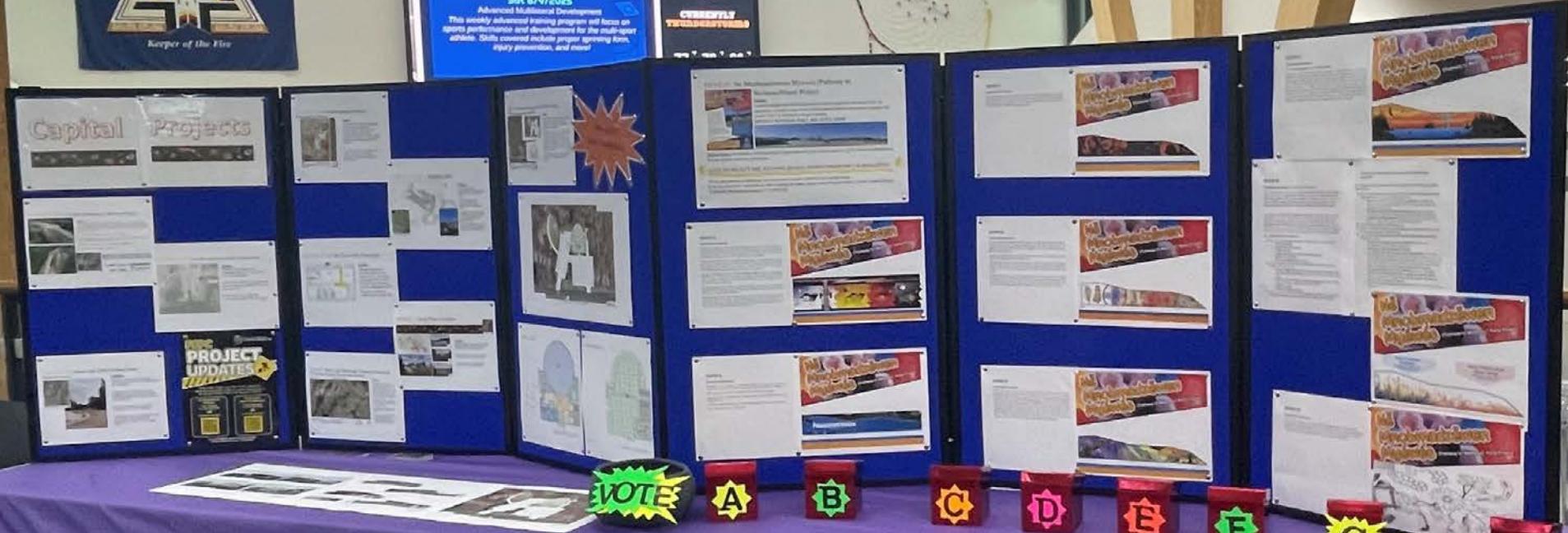
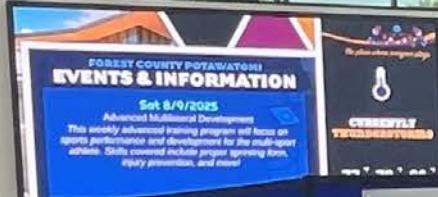


Forest County
Potawatomi
was one of
five recipients
of the GM on
Main Street
Grant!



Presented by General Motors, the GM on Main Street Grant Program champions place-based solutions that prioritize pedestrian-friendly infrastructure, inclusive urban design, and sustainable mobility.

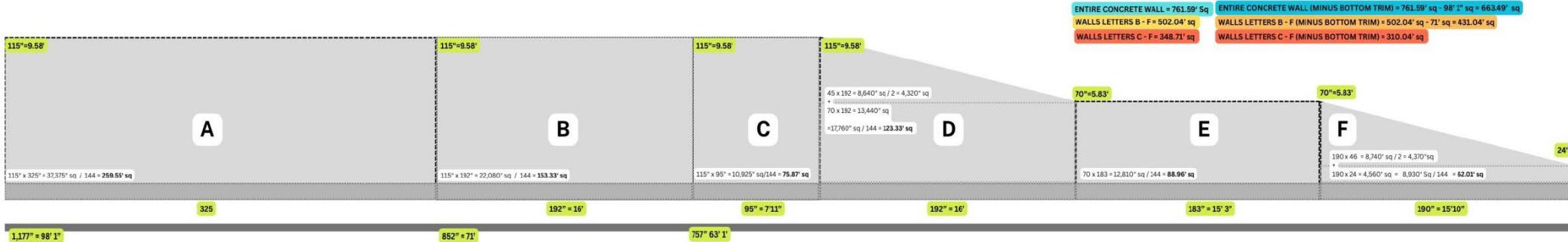




“Gdenwemagnenanek” (Our Relatives/Family)



Description of the mural: The artist, Alana Keeble, wanted to express wellness in its simplest form - connection. Regardless of what the past, present, and future holds - one thing remains true - that being connected with creation and with one's homelands will always ground a people in who they are. The Potawatomi Clan family's captured in this mural are reflective of the beings who sustain these lands and model the importance of carrying out their own unique responsibilities. The clan systems also facilitated roles and responsibilities that contributed to balance and structure in indigenous communities. Observing these clans within the mural may serve as a gentle reminder to embrace the teachers and teachings of the natural for guidance on cultivating wholesomeness through indigenous ways once again.



FCP MURAL PROJECT

COMMUNITY PAINT DAYS











Part 3: HANDS ON ACTIVITY

1. 80/20

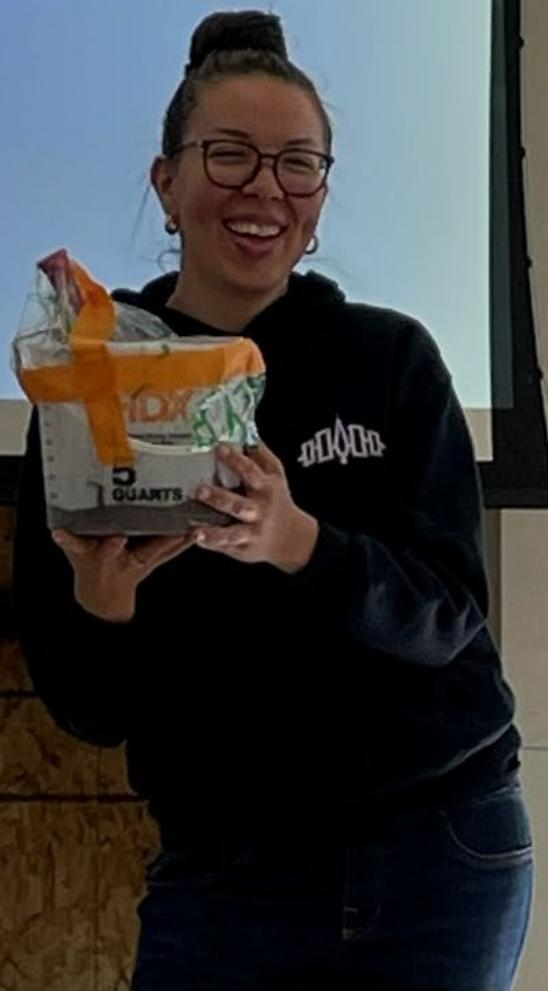
- a. Most projects are 80/20
- b. Meaning 80% of the project will be preparation and 20% of the project will actively implementing the changes
- c. During community paint days 80% of our time together will likely be preparing and 20% painting
- d. Saves time & resources
 - * Examples: paint, brushes, clean up, injury, etc.

2. Panel Preparation

- a. Introduce Paint Station & Organization
- b. Introduce different types of tape and How to handle tape
- c. Introduce floor cover materials

3. Painting

- a. Introduce paint products
- b. Introduce painting equipment
- c. Introduce paint cleaning materials

















5 THINGS
YOU SHOULD
ABOUT MY AD
1. HE IS AN EXCELLENT
2. HE HAS A PAIR OF
3. HE HAS AN
4. I AM HIS
5. HE IS A
ZAZY DA
TRAIL TO

PROPER

























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F&P
Rec

































Në Mnobmadzëwën
Myéwés

Pathway To Wellness
Mural Project



Migwetth

Alana Dallas Keeble
Tess Shepard
Owen Shepard
Nemkiwanes Keeble
Tiffany Miller
Alvin Weso III
Destinee Alloway
Stacey White & Justin
Piontek & family
Jeryl Perenich
Brandon Edwards
Marcy Delos
Clarissa Skenadore

Brenda Pemma
Mabel Schingek
Aurora Stevens
Jessica Jacobson
Lawrence Mann Sr.
Mona Starr
Emma Gouge
Samantha Smith
Dawn Holm
Timi Eckes
Kat Brooks
Mavis Anwash
Monique Tuckwab

Michelle Berdan
Brooke Dewing
Ashley Dallas
Linda Dallas
Harrison Yang
Jordan Brooks
Angela Gouge
Lois Frank
Sienna Frank
Jordan Gomez
Kendrick Gomez
Tricia Beauprey