

Në
Mnóbmadzëwen
Myéwés

(Pathway to Wellness) Mural Project





Forest County
Potawatomi
was one of
five recipients
of the GM on
Main Street
Grant!



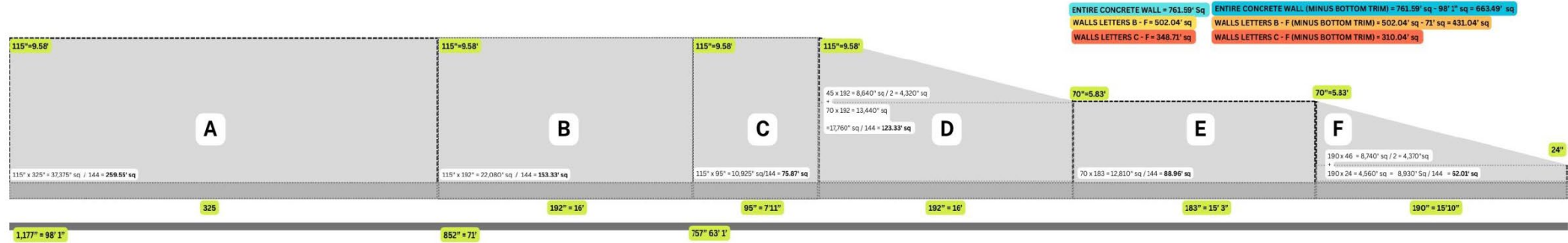
Presented by
General Motors,
the GM on Main
Street Grant
Program
champions place-
based solutions
that prioritize
pedestrian-
friendly
infrastructure,
inclusive urban
design, and
sustainable
mobility.



“Gdenwemagnenane” (Our Relatives/Family)



Description of the mural: The artist, Alana Keeble, wanted to express wellness in its simplest form - connection. Regardless of what the past, present, and future holds - one thing remains true - that being connected with creation and with one's homelands will always ground a people in who they are. The Potawatomi Clan family's captured in this mural are reflective of the beings who sustain these lands and model the importance of carrying out their own unique responsibilities. The clan systems also facilitated roles and responsibilities that contributed to balance and structure in indigenous communities. Observing these clans within the mural may serve as a gentle reminder to embrace the teachers and teachings of the natural for guidance on cultivating wholesomeness through indigenous ways once again.



FCP MURAL PROJECT COMMUNITY PAINT DAYS











Part 3: HANDS ON ACTIVITY

1. 80/20

- a. Most projects are 80/20
- b. Meaning 80% of the project will be preparation and 20% of the project will actively implementing the changes
- c. During community paint days 80% of our time together will likely be preparing and 20% painting
- d. Saves time & resources
 - Examples: paint, brushes, clean up, injury, etc.

2. Panel Preparation

- a. Introduce Paint Station & Organization
- b. Introduce different types of tape and How to handle tape
- c. Introduce floor cover materials

3. Painting

- a. Introduce paint products
- b. Introduce painting equipment
- c. Introduce paint cleaning materials























































BOZHO
(WELCOME)

ROJAMATOMI
HOUSE OF THE SUN
LEADER OF THE PATH



















































**Në Mnobmadzëwën
Myéwés**

**Pathway To Wellness
Mural Project**



Migwetth

Alana Dallas Keeble

Tess Shepard

Owen Shepard

Nemkiwanes Keeble

Tiffany Miller

Alvin Weso III

Destinee Alloway

Stacey White & Justin

Piontek & family

Jeryl Perenich

Brandon Edwards

Marcy Delos

Clarissa Skenadore

Brenda Pemma

Mabel Schingek

Aurora Stevens

Jessica Jacobson

Lawrence Mann Sr.

Mona Starr

Emma Gouge

Samantha Smith

Dawn Holm

Timi Eckes

Kat Brooks

Mavis Anwash

Monique Tuckwab

Michelle Berdan

Brooke Dewing

Ashley Dallas

Linda Dallas

Harrison Yang

Jordan Brooks

Angela Gouge

Lois Frank

Sienna Frank

Jordan Gomez

Kendrick Gomez

Tricia Beauprey