State of the Tribes Address



by Amber Haseman

Since 2005, the Great Lakes Inter-Tribal Council has selected a governing member to deliver the annual address as an opportunity for the people of Wisconsin to understand the issues faced in Native Nations and celebrate common values. The Forest County Potawatomi Community is proud to announce this year's selection for the 2024 State of the Tribes Address was Chairman James A. Crawford. The address took place at the Madison State Capitol Feb. 22, 2024, at 10 a.m.

Wisconsin State Legislature, tribal nations, fellow tribal leaders, family, and friends came together to march outside the capitol and gathered in the rotunda for Fire Nations drum ceremony. Following the ceremony, everyone joined in the Assembly Chamber for the address.

Tribal elder Eugene Shawano Sr. offered the prayer in his native tongue. He shared an explanation of his prayer and why he clenched his hand to the

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left. This resembled the struggles that the natives have come through and holding each other's hands tightly so nobody could break it up. He shares the meaning behind Indian time – meaning we will go whatever speed we need to get to our goals, and we do it together. No one gets left behind. In the future, we must clench our hands, holding them together, and still doing the same for continued success.

Following Shawano's prayer was the presentation of colors by tribal nations veterans. Potawatomi youth royalty of Meno Keno Ma Ge Wen and Winter's End powwows joined the podium for the Pledge of Allegiance: Sr. Princess Nem Ki Kew Daniels, Jr. Princess Natiyah LaBarge, Brave Nikanes Shepard, Sr. Princess Lovey VanZile, Jr. Princess Jayla Frank, and Brave Brody White.

The first call of business is the call of the roll. The address was joined by members of the state senate, executive branch, and the state supreme court. Chairman was then introduced to the podium to give his address. He began with thanking his wife Jennifer, daughters Payton and Mary Jane Daniels, Sierrah Crawford and son Dillon Crawford who were there with him. Continuing, he thanked Wisconsin Legislature, elders, veterans, fellow tribal leaders, and other honored guests for joining him on this important day.

This forum is held each year to bring attention to Wisconsin Indian country, giving the public insights on issues impacting the 11 tribal nations throughout the state. The address has been going on for 20 years and Chairman thanked all the Wisconsin state leaders for their continued support.

Chairman recognized fellow tribal leaders by name and nation thanking

them for their trust and confidence in him as he delivered these remarks on this day. He continued to share how he wanted to use this time to emphasize ideas that tribal nations hold closely, providing history, celebrate and remind the legislation of accomplishments they've achieved with Wisconsin tribes.

Sharing a variety of key points throughout his address, Chairman covered important changes and assistance the Wisconsin Legislature has provided. He began with the recognition of Tribal Sovereignty. He states, "This inherent sovereignty is what tribes continuously work to preserve, protect, and enhance for our future generations." Each tribe has their own history, stories, and traditions that have shaped their culture and guided them to who they are today. For the Potawatomi, remembering their ancestors and the ties to their treaty lands is especially important.

While each tribe has their own unique history, culture, challenges and opportunities, the tribes share many things in common such as the desire and willingness to come together and work for the greater good. Chairman shares, "Despite our differences, Wisconsin's tribes and our state leaders can and must continue to collaborate and work together for the greater good."

He continues to share a little about himself such as serving as the elected leader of the Potawatomi for the last year. Before serving as chairman, he spent more than 10 years in a variety of roles as an elected tribal leader on the Executive Council. Before that, he served his tribe as board chairman of the Potawatomi Business Development Corporation (PBDC). He spent most of his adult life serving his tribe because he wants to help his people



as the tribe needs people who want to help.

With that, he shares, "My work serving my tribe is only part of who I am. I'm also a husband, a father, a grandfather." He and his wife Jennifer have been married for 29 years, have seven children, three grandchildren and one grandchild on the way. Chairman chose to share this to remind everyone that each of us have different life experiences that shape and guide who we are. Because of this, we all bring a unique perspective to the situations around us.

"The perspective brought by Wisconsin tribes and collaborations with the state have accomplished positive things for all of us." Some examples include Wisconsin's Tribal Federally Qualified Health Centers eligibility to adopt an "all-inclusive rate" for their payment method. This rate typically results in greater overall reimbursement, more timely payment of claims, and simplified reporting. This helps current fiscal challenges and allows tribal health facilities provide the best care possible to their communities.

The access to health food options can be difficult for communities especially in rural areas of our state. For natives, ensuring the access to traditional Indigenous foods is critical. That is why the Tribal Elder Food Box program has been so important. The program ensures tribal elders have access to traditional Indigenous foods like bison, fish, corn, squash, wild rice, white corn flour and many other items. Elders in all 11 tribes are now able to receive these foods with the help of this program and its tremendous success.

continued on pg. 3...

Obituary

Stanley Lee Frank

Stanley Lee Frank, NiganNiGabo, "First Man Standing", of Crandon passed away unexpectedly on Feb. 15, 2024, at home. He was 64 years old. He was born April 18, 1959, in Laona to Ronald Barney and Delphine Pemma.

He enjoyed dancing and listening to all genres, but his favorites were the blues, rock n' roll, and country music. Throughout his life, he was an avid Chicago Bears, Bulls,



Black Hawks and Cubs fan having grown up in the Chicago metro area. He also enjoyed road trips and traveling, some highlights being to Hawaii, Seattle, New York City, Las Vegas and Albuquerque for The Gathering of Nations Pow-Wow, Walt Disney World, Nashville and North Carolina to visit his long-time friend, Otis Roberts. His family will attest that he was a smooth ladies' man. As a child, he and his sibling would have shopping cart races down crooked hill in Chicago, hoping not to tip over or fall out before reaching the bottom. They also enjoyed ice and roller skating as a family.

Later in life he joined several bowling, dart, and pool leagues. He also enjoyed playing cards, going to the casino, and watching various sporting events and reality television shows. Stanley's love for his family was unmeasurable and presented himself as a father figure to all his nieces and nephews.

Stanley is survived by his sisters: Katie Frank, Mabel (Gerald) Schingeck, Veronica Frank; brothers: Harold Frank, Harvey Frank as well as many nieces and nephews.

In addition to his parents, he is preceded in death by sisters: Velma Frank, Colleen Frank, Lois Jean Frank; brothers: Robert Pemma, Pete Pemma Jr., John Anwash Sr.; nephews: Chandler Frank, Shane Frank Sr., William Frank, Ivan Milham, Victor Milham, John Anwash Jr.; and nieces: Sky Frank and Lois Don Anwash.

Visitation was held at Lake Lucerne Gospel Chapel on Feb. 18, 2024. Funeral services were on Feb. 19, 2024, at Lake Lucerne Gospel Chapel with Pastor Don Dewing will presiding. Burial was at the Potawatomi Tribal Cemetery in Blackwell, Wis.





Deadline for the March 15, 2024, issue of the PT is Wednesday, March 6, 2024.



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Harris - 40 Under 40



by Val Niehaus

A huge congratulations goes out to enrolled FCP tribal member Alexis Harris who has been recognized on NCAEID's 40 under 40 list of 2024. Harris is the Board Vice Chairman for the Potawatomi Business Development Corporation (PBDC) and has been involved in the business aspect of her tribe since she worked as an intern for the Potawatomi Hotel & Casino during her undergraduate years.

From there, Harris earned her bachelor's degree in business administration from the UW-Milwaukee and her master's degree in legal studies, specializing in Indigenous Peoples Law from the University of Oklahoma.

This award recognizes 40 emerging American Indians throughout Indian Country who have demonstrated initiative, leadership and dedication to business and their community.

All of us here at FCP couldn't be prouder of Harris being recognized for such a prestigious award and we can't wait to see what else the future holds for her.



Canning Stew Tomatoes



by Amber Haseman

Last month's Farm to Table Canning Class featured stew tomatoes – the perfect addition for pasta sauce, chili, soups and more. The class was held at Bodwéwadmi Ktëgan (Potawatomi Farm) on Feb. 20 at 5:30 p.m.

The all-new group learned the steps of preparation, visual inspections and proper handwashing by Food Preservation and Production Specialist Wenona Siggelkow. She shared tips and tricks of peeling tomatoes and freezing them if you're unable to finish during the harvest season.

Once everyone was ready, the class began cutting the tomatoes into thirds. The tomatoes are added into a kettle along with celery, onions, and peppers. The kettle is then placed on the stove to cook until it's hot. Once the mixture is heated, the canning process begins.

Each student added a small amount of lemon juice to the bottom

of their jars. The tomato mixture is poured into the jar leaving a half-inch headspace. Using a specific tool, air bubbles are worked out of the jar. After wiping off any excess particles, the students screwed on the lid without overtightening it to allow air bubbles to escape.

Everyone placed their jars into the pressure canner and allowed to sit through the night. While waiting for the canner to heat up, Sustainable Food Service Manager Nicole Filiatreault provided the students with delicious snacks including cantaloupe and pinwheels. Siggelkow cleaned up the workspace and prepared the handouts for each student to take home with them.

The next class is going to be held March 19, 2024, for Pressure Canning Meat. If you're interested and would like to sign up, be sure to register with Nicole Filiatreault at (715) 889-6383 or nicolem.filiatreault@fcp-nsn.gov.

...continued from pg. 1 State of Tribes

Another example Chairman shares is the difficulty of finding employees. Employers around the state are struggling to fill vacant positions, especially in rural areas. While there are many reasons why it's difficult, one clear reason is lack of affordable housing. Chairman thanked the legislature and Gov. Evers for taking steps to address this problem and creating a package to expand access to safe and affordable housing for working families.

Lack of housing isn't the only obstacle faced in our communities. It's also difficult to recruit skilled labor such as doctors, nurses, and pharmacists to provide services to the people and community. Creating more incentives is one way of encouraging people to work in our rural communities. "These are just a few ways we've been able to work together to find solutions to substantial issues faced within tribal communities of Wisconsin."

While other forms of government have been allowed to place welcome signs in their boundaries, tribal governments were not. These signs provide visitors with a glimpse into the community and highlight the pride their residents have in their hometowns. For example, Potawatomi wanted to place a "municipal welcome sign" at the borders of the reservation. Thanks to Representative Mursau and State Senator Mary Felzkowski, a bipartisan bill was passed allowing tribes to install these signs and provided them with an important reinforcement of their sovereignty and allowing them to be treated like other governments.

"While we have been able to do some positive things together, there is still much more that needs to be done – issues lingering that are too important to ignore, so we need to continue to have a dialogue to find solutions. While these problems are difficult, we appreciate the efforts you have already undertaken to address some of these important issues, such as foster care and adoption."

Chairman shares, "For the last several years, the legislature has been working to address the challenges and issues facing children and families in adoption and the foster care system. These are issues that are not only important for our tribal communities, but also for me personally. My wife Jennifer and I have been blessed to be foster parents to five children for the last 12 years and I applaud this body for the courage in taking on some of the complex issues surrounding these topics."

"A recent passage of SB 520/ AB 557 provides crucial support for Wisconsin's kinship caregivers. Because of this legislation, children will be able to be placed more easily with those who already know and love them. Those caregivers will receive the financial help they need."

Chairman also touched base on the ongoing problem of the trafficking of Native women and girls. In tribal communities across the country and here in Wisconsin, Native women and girls are being exploited, trafficked, and subjected to violence at high rates. He shares his appreciation for the efforts of Attorney General Josh Kaul, the members of Wisconsin Department of Task Force on Missing and Murdered Indigenous women and our states law enforcement agencies on

tackling this problem.

In Chairman's concluding statement he shares, "As I pondered the idea of giving the State of the Tribes Address, I asked myself, how do you give a State of the Tribes Address when we are each our own sovereign nation? Although we share many commonalities, we are so very different. In many ways we find common ground and can work towards a common goal. In other instances, we have an individual purpose that is only relevant to our nation. And there are times when goals and circumstances cause us to be at odds with one another. Yet through our differences, we share with one another in our powwows and traditions. Where we feast together, we bring our drums and sing and dance together. I ask that you don't forget to find the time to set aside your differences and to not be afraid to reach across the aisle and take purposeful time to feast together, to dance together, and to sing together." - Chairman James A. Crawford









Elder Bowling & Lunch

by Amber Haseman, Photos submitted by Jenna Paradies

Forest County Potawatomi Elder Services gathered elders for a fun afternoon at NorthStar Lanes in Antigo, Wis. There was a total of 20 elders who joined for bowling and lunch Feb. 11, 2024.

Visa gift cards were given to the top three scores of two games added together. A \$100 gift card was also given to the first person who bowled a turkey.

Eugene Shawano Jr. won first place scoring a total of 448 and won a \$100 gift card. Rita Vigue came in second place with a score of 278 and claimed

the \$50 gift card. Clifford Vigue ranked third in the league with a score of 276 and took home a \$25 gift card. The first person to bowl three consecutive strikes resulting in a Turkey was Eugene Shawano Jr. Congrats to the winners!

The group event is open for FCP elders, and one guest aged 13 and up. All elders who attend have a chance to win gas cards. There is limited transportation available. For those who are interested in signing up, please call Jenna Paradies at (715) 478-4892. The next trip is scheduled for March 16, 2024.









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PBDC Host Elder Roundtable



by Val Niehaus

An Elder Roundtable Discussion with Potawatomi Business Development Corporation (PBDC)Leadership was held on Feb. 9, 2024, at the Potawatomi Community Center. Chief Executive Officer Kip Ritchie welcomed those in attendance. The board than also introduced themselves to the elders present.

During these roundtables, PBDC invites tribal elders to discuss ideas, questions, and/or feedback about what the PBDC organization has been doing in the previous months or year. Even though attendance was a bit low for this meeting, it was still held and appreciated.

Topics discussed during this



time included: the Federal Group, Greenfire, Data Holdings, Sagewind, fireside MARKET, EV Platform, and Department Operations & Support Functions. The 2023 financial results were highlighted, and any questions that came up from the elders in the room were reviewed closely to help make sense of figures. Chief Financial Officer Paul F. Hoesly did a fantastic job ensuring everyone knew what he was talking about and where the future was heading.

Keep an eye out for the next meeting, which will tentatively be held on May 10, 2024, the Friday before the next General Council meeting.

Four Crandon Wrestlers Qualify for State Tournament



submitted by Crandon Wrestling Team

Crandon wrestlers are heading to the WIAA state tournament in Madison, Wis. According to Head Coach Paul Cleereman, "The team is sending four wrestlers to the state tournament for the third consecutive year." Cleereman is hoping his wrestlers "make some noise and find the podium". Crandon sent nine sectional qualifiers to Shawano on Feb. 17, and three were able to find the podium which resulted in qualification for the state tournament. Senior Elias Glinski (138#) won his third straight sectional championship and will be making his fourth consecutive trip to Madison; the only wrestler in school history with those credentials. "It's my last year and I'm going to give it all I got to make it to the finals match. My goal is to win the state championship", said Glinski. Taking second and also qualifying, included junior Mason Dewing (120#) and sophomore Cruz Palubicki (165#). Dewing, who is making his second trip to the state tournament stated, "I've worked hard all year and during the off-season and I'm happy to see that it's paying off". Palubicki stated he's, "Looking forward to giving it my all and finding the podium". Joining the gentleman in Madison is Crandon's first female state qualifier, Samara Alloway. Alloway locked up her sectional championship by pinning her opponent in 2:17. On heading to Madison, Alloway commented, "I'm excited and nervous at the same time, but I'm also very proud to be the first girl to make it to state in Crandon High School history!"



Congratulations to Ryker Schingeck



by Val Niehaus

Ryker Schingeck embarked on a mission to secure a podium finish at all four events in the Midwest Wrestling Tour, and he not only achieved that but surpassed expectations. He clinched 2nd place at Gopher Nationals, 3rd at Yellowjacket Nationals, 4th at Badgerland Nationals, and 5th at Hawkeye Nationals.

Congratulations, Ryker! We are all proud of your accomplishments here at FCP.

Crandon Boys Basketball at Community Center

by Amber Haseman

On an unusually warm winter evening, the Crandon Cardinals boys' basketball teams arrived at the Potawatomi Community Center for their non-conference game against the Edgar Wildcats, Feb. 6, 2024. While the facility hosts a variety of different sports, activities, and events, this was the first time they've hosted a high school basketball game. Fans were excited to watch their youth play the sport they love at the center. It was a great opportunity to open the doors to the public and incorporate cultural traditions during the game.

Fire Nation gave a warm welcome to the teams as they joined the court. At the start of the junior varsity game, freshman Deegan Kircher scored the first three points following up with two more in the first quarter. Freshman Diovoni Durham gained two points in the third quarter. Unfortunately, the wildcats took the win with a final score of 68-26.

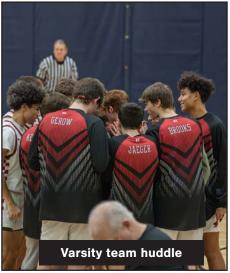
During the intermission between the two games, Assistant Division Administrator Justin Shawano thanked everyone for coming. He announced that he and his team would be tossing promotional items such as t-shirts and bags into the audience. Three of the items featured tickets for a chance to show off their prime basketball skills completing a layup, three-pointer and a half-court shot for a prize.

To kick off the varsity game, Fire Nation performed one more song to honor the team. They followed with a performance of the flag song. Afterward, Assistant Aquatic Manager Anike Sulaimon beautifully sang the National Anthem.

At the start of the first half, Senior Omar Bailey scored the first two points of the game, finishing off with a total of 12 points. Bailey added an additional seven points to the score board during the second half, ending the night with a total of 19 points. While the teams' game was strong, the wildcats took the win with a score of 74-48. Thankfully it was a non-conference game and a chance for the team to experience playing at the Community Center.









Power of Resiliency



by Val Niehaus

It was an emotional and powerful night at the Potawatomi Community Center on Feb. 21, 2024, for the event called Power of Resiliency hosted by FCP Economic Support staff.

This was a night for people from near and far to come and listen to four speakers who spoke about their struggles in life from childhood to adulthood and how they became resilient in their future lives

The definition of resiliency states: the capacity to withstand or to recover quickly from difficulties; toughness. The presenters that you will read about next have defined that word in their lives over and over.

The event started with Economic Support Coordinator Kathy Tupper welcoming those who attended and introducing each of the night's speakers. After that introduction, a prayer was given by Jeffrey Cisneros with everyone being smudged down to welcome in good thoughts and feelings. Dillon Wagnitz of the Sokaogon Chippewa tribe was asked to sing a song on his hand drum before the night's speaking began, too, which also helped set a positive and peaceful vibe in the area.

The first presenter for the night was Jorge Cisneros Sr. Cisneros spoke about his life growing up and dealing with sexual child abuse along with the loss of his sister Lisa, her son Antonio and his younger brother Michael, tearing his world apart. He spoke about how alcohol was his way to cope with such loss and abuse. He then turned to drug use, which led to him being around the wrong people, and eventually led to him being shot, to running from the law and being caught to end up incarcerated. Everything spiraled downward for Cisneros until his incarceration where he began some of his healing and resilience process. Once released to being a free man, he came back to his community that tore his life apart and started sharing how "culture is prevention". He began working for his tribe in the AODA department and was part of many grassroots movements, such as the Wellbriety fire and the walk that is held to this day between both reservations — Stone Lake and Mole Lake. Cisneros shares how his



culture is what ended up healing his spirit and how he has been there for anyone who needs the help he once did. That is his power of resilience helping those who want that help and change in their own lives

Next to the podium was Kimberlee McGeshick who is a member of the Sokaogon Chippewa community. McGeshick didn't go into too much depth about her past hardships but spoke of who she is now as a mother, a grandmother, and most importantly, an advocate for her people and community across Indian Country. McGeshick dealt with many hardships leading her to being incarcerated, and once there, she decided to start turning her life around. As she stated, "The best thing for myself was being locked up. I will never deny that." When out into the world again, she decided to live her life in recovery for her children, family and mainly herself. She spoke about how much her family means to her, her children, grand babies, sister, mother and also two special and important friends in her life that she calls her sisters. Without any of them by her side, she would not be where she is today. Mc-Geshick has moved up the ladder in her education goals and continues to strive in Indian Country as the Native American Tourism of Wisconsin Executive Director. It is enlightening to see a strong woman like McGeshick speaking of her hardships and turning them into something better. Many women, especially mothers, feel they are showing weakness to their families in having troubles and that is not the case with her story. She has pushed through and made herself the woman that many women in this day and age look up to for advice.

The third presenter of the night was FCP tribal member and FCP Museum Director Donald Keeble. He opened up introducing himself and his family in Bodwéwadmi to the guests. He said it was important to do this so that people knew where he came from. He spoke about being a father first and foremost and how grateful he was to be a father. He then opened up the floor to speak about historical trauma and why this has contributed to so many troubles throughout Indian Country — one of



those is addiction. He then went into how historical trauma was passed down generations to his own story and how it affected his life. Keeble says, "A lot of my growth is understanding my past; a lot of my growth is no more blaming my parents; a lot of my growth is no more blaming people for this is why I act the way I act." Keeble went on to talk about how he worked on his trauma through therapy and using a 12-step program. He did seek out treatment in the beginning and he let people know his last drink was on Nov. 25, 2006. Keeble talked about his time right before and after treatment and being a positive figure now in his community. He holds being a husband and father with the utmost respect and dignity. Keeble is there to help those who may still be struggling. He is working towards his doctoral degree and just keeps moving in that positive direction of teaching about historical trauma to local schools and entities.

The keynote speaker of the night was Youth Coach Eric Dixon who is employed at the Potawatomi Community Center and has been with FCP for a year.

He has a phenomenal coaching record along with his own track and field records from his young adult years. Listening to the childhood abuse he went through by mainly his mother and father would make you think his life would be drastically different than it is now. His power of resilience is like that of a major motion picture.

Coach Dixon's abuse began with his mother at the age of two. She did unimaginable torture to him that most people may not even be able to comprehend. Later as he began to mature, he took an interest in sports but didn't play as he had to hide the bruises and scars from his beatings at home. He instead started coaching high school sports to fill that interest, and he was great at it!

Along with the abuse from his mother and father, he witnessed the murder of his mother by his father late one night in their home. From there, he was taken into the care of his family.

Dixon joined the Air Force where he worked in telecommunications and there, coached a youth team at the age of 18 in Germany. While coaching, he



was in a major accident where a car hit him and shattered his left leg. With his perseverance and resilience, Coach Dixon took a bit to heal from this injury that most doctors told him he would never walk again, but he proved them wrong. During his time in the Air Force, Coach Dixon found out that the father that he once knew raising him turned out to not be his biological father. A reason he now knows why this man and his mother hated him so much. He then talked with his biological father on the phone and wanted to ask so many questions. He lost track of him and came to find out the reason for this was because his biological father was incarcerated for killing his original father's new wife.

Coach Dixon's rehab paid off and he became a World Masters Athlete in track with his best records at 400m: 8th in the world, 200m: 7th in the world and 100m: 4th in the world, missing 1st by less than 0.56.

Coach Dixon holds many coaching titles, USATF Olympic Youth Coach, USATF Olympic Adults Coach, USATF Level 1 Instructor, USAF Wounded Warriors Coach, Nike Coach and is a certified international coach in World Athletics Level 5 Academy Elite Olympic Coach.

Coach Dixon has much more of a story than one would think by just meeting him at the Community Center. He is a speaker, sports coach, strength and conditioning coach, track and field coach and a director of sports performance. Listening to Coach Dixon talk about his childhood and young adult life is horrifying, but to see where his resilience and strong-willed attitude along with his intelligence got him is inspiring. He has a remarkable story and is willing to share and help any child, adolescent or adult in need of anything. He is truly a treasure that we have at the Community Center and we hope he sticks around for years to come. Thank you, Coach, for your story and letting us all hear it!

This night was a hit for many, the presenters, the audience and the community at large. Hopefully, more events like this will make their way forward so even more people can help share their stories of resilience.

REGI Visits Elders & Gte Ga Nēs





REGI is based out of Antigo, Wis., and is a non-profit organization that assists in the rescue, care and rehabilitation of any wildlife with feathers. They take in injured or orphaned birds in need of extra help to get healthy or just to survive.

Marge, and her late husband, Don Gibson, are the founders of this fine rehabilitation center and have come very far from where they once started



bird rehabilitation in their own home. Gibson has worked with these magnificent birds for over 40 years and still is involved with every bird that comes into the facility to this day.

REGI offers many educational opportunities to the public such as presentations at schools and other community sites, special programs in different parts of the state, or tours (when available) through their fa-

cilities. They have one of the world's largest flight-training facilities for exercising injured birds, mostly eagles, as they recover from injuries or illness and learn to fly again.

REGI paid a visit to the FCP community on Feb. 20, 2024, to have a demonstration for FCP elders and Gte Ga Nēs Preschool. The two Wildlife Educators were Samantha Brooks and Cinna Smallwood. The birds they



brought in that day were a turkey vulture, a red-tail hawk, an American kestrel, a Northern saw-whet owl and a fan favorite of the day was the barred owl.

It was a great visit for both elders and the children who asked many questions after it was finished. Thank you, REGI, for taking the time to visit us here at FCP!





TRADITIONAL REGALIA 1 3 5 6 7 10 11 11 12 13 14 15 16 17 17

Answers will be in the March 15, 2024, issue of PT

ACROSS

- 3. A deer skin dance shoe.
- 9. Held in hand, made of feathers and used to wave to cool down.
- 11. Usually beaded worn on the head and ties in back.
- 13. Women wear these attached to the back on top of their dress. It's long and almost reaches the floor. Some are made of ribbons or beaded.
- 14. Type clothing made of hide for women with a lot of long fringe.
- 15. Men wear on the front some are very long. Made of hair pipe bone, beads, sinew, leather straps.
- 16. These wrap around both calve muscles just above the moccasins. Some have applique or fully beaded.
- 17. A cloth material with a lot of fringe held with one arm while dancing and can be worn over the shoulders.
- 18. Usually beaded and clipped on the hair. <u>DOWN</u>
- 1. These are sacred and only Native American Indigenous to this land can carry them.
- 2. Worn around the neck and long. Made out of hair pipe bones and cowerie shells.
- 4. This is worn on top of head and made out of with long faux hair and bounces.
- 5. Women wear in front down chest area.

 Made out of most hair bone, beads, leather
- 6. These attach to roach, hold feather in place and helps them move.
- 7. These are wrapped tight to braids. Made of mink fur or hide.
- 8. A woman's cotton clothing with applique and silk on it.
- 10. Another name for a purse that goes with a woman's regalia.
- 12. This a part of an eagle feather, white and fluffy

Developmental Disability Awareness Month

submitted by Tribal Aging and Disability Resource Specialist Molly Thorton

March is Developmental Disability Awareness Month which encourages us to learn more about the experiences of disabled persons, work to destigmatize developmental disabilities and to be an ally. According to the Centers for Disease Control and Prevention (CDC), developmental disabilities are defined as impairments in physical, learning, language or behavior areas, and include:

- Autism spectrum disorders
- Cerebral palsy
- Attention-deficit/ hyperactivity disorder
- Learning or intellectual disabilities

- Hearing loss
- Vision impairment
- Other developmental delays

To understand developmental disabilities and be an informed ally, we must look at the obstacles that the community faces. The attitudes and actions that devalue someone based on their disability can prove to be the biggest challenge. These actions can be a form of ableism which can be as simple as asking "What's wrong with you?" when discussing a disability, or as large as lack of transportation that provides a disabled person access to employment, education or even healthcare.

One way to learn more about the experiences of disabled persons is to talk about it! Speaking openly about the barriers, supports and preferred language of a disabled person is a simple way to learn. Common accepted terms include disability/disabled, has a disability/is disabled, person who is able/unable to, or person with high support needs unless otherwise specified. Promoting accessibility and inclusion is a key step in creating disability friendly spaces.

For more information on Developmental Disability Awareness Month, please contact Forest County Potawatomi Community Advocacy at Family Services for more information: (715)478-4433 or CommunityAdvocacy@fcp-nsn.gov

Resources:

https://www.nationaldisabilityinstitute.org/press/march-is-developmental-disabilities-awareness-month/

https://www.cdc.gov/ncbddd/de-velopmentaldisabilities/facts.html

"Demystifying Disability: What to know, What to say, and How to Be an Ally" by Emily Ladau, 2021

https://www.apa.org/ed/precollege/ psychology-teacher-network/introductory-psychology/ableism-negative-reactions-disability

The Different Types of Solar



submitted by Outreach & Engagment, LNR

Solar electric installations come in many different shapes and sizes, and all have their own benefits and drawbacks. Starting with the basics, solar installations come in two common forms roof mount and ground mount. Roof mounted solar arrays are great as they use the available space on a building's roof to provide useful energy and can help extend the life of a roof. The major downfall with roof mounted solar is that you are very

often limited in space, orientation and angle. These factors are dictated by the building, and can't easily be changed, which means that not every building roof is right for solar. Ground mounted solar arrays give you the ability to select your location, orientation, and tilt. This allows ground mounted solar arrays to generate more energy with the same sized array as a roof mounted solar array. Ground mounted arrays also provide the ability to scale up the sized, ground mounted arrays can be as small as one kilowatt or as large as a

few megawatts.

One common choice for medium sized solar arrays is called a fixed tilt array. These arrays are mounted on the ground, typically facing due south, and offer the benefits of lower construction and maintenance costs, but don't produce as much energy as a tracking array. Fixed tilt arrays are what you will see outside of the Stone Lake C-Store or behind the Carter Casino and many other places around the community. Tracking arrays which follow the sun where it rises in the east and the sunset in the west, produce more energy than fixed tilt arrays. It is important to get as much energy as economically feasible per acre of land. In some cases where open land is scarce, you cannot get enough energy density to overcome that land's value for other uses such as agriculture.

Agrivoltaics is the idea of utilizing land for both solar and agriculture. This can be implemented in a few different ways. Solar greenhouses offer the same benefits as a traditional greenhouse with the additional benefit of producing energy. There is a newer player in the field of agrivoltaics called solar fencing. These fences consist of

modules mounted vertically and will typically be placed running north to south. This allows the fence to generate the most amount of power in the morning and evening. This style of solar has been made even more efficient by the improvements made in the bifacial solar market. These bifacial modules can collect energy from both the front and the back. These solar fences provide the trifecta of benefits, they retain land use for agricultural practices, they allow you to generate a significant amount of energy at peak times, and on top of that it works just like a fence keeping cattle in or pests







McCorkle joins PBDC Team



submitted by PBDC

Potawatomi Business Development Corporation (PBDC) is thrilled to welcome Alex McCorkle to the team as Tribal Relations Coordinator as part of the Marketing Department. McCorkle joins the company from FCP where she served as Administrative Assistant to both the FCP Chairman and Vice-Chairperson for the past four years. McCorkle has also held positions in the FCP Land & Natural Resources department and

with the Carter Casino & Hotel. She has an associate degree in business management — marketing from the Nicole Area Technical College in Rhinelander.

In this newly created role, Mc-Corkle will serve as a liaison between the FCP community and PBDC. She will foster transparent and consistent communication with FCP to highlight the strategy and activities at PBDC and its subsidiaries. She will help raise awareness for PBDC and promote an ongoing two-way dialogue with tribal members and leadership. McCorkle's professional experience as well as relationships within the tribal community will set her up for success in this new position.

McCorkle will be based up north in Crandon to ensure a strong connection with the FCP community and will travel to the PBDC Milwaukee office regularly.

"We are so excited to have Alex join our team," said Kip Ritchie, CEO of PBDC. "As PBDC continues to grow, we are looking for new ways to engage with the FCP community to cultivate a dialogue and ensure consistent communication with the tribe."







Elder Menu

MARCH 3

Breakfast: French toast, bacon Lunch: Chicken marsala Dinner: Creamy Reuben soup

MARCH 4

Breakfast: Cream of wheat, sausage

Lunch: Pheasant and turkey

sausage Dinner: Chicken tenders

MARCH 5

Breakfast: Ham, egg & cheese scramble

Lunch: Chicken tacos Dinner: Hunters stew

MARCH 6

Breakfast: Boiled eggs, bacon Lunch: Beans, chopped meat & tomatoes

Dinner: Pork chops

MARCH 7

Breakfast: Sausage & cheese omelet

Lunch: Broccoli & cheese soup
Dinner: Cobb salad

MARCH 8

Breakfast: Boiled eggs, corn beef hash Lunch: Meatloaf

Dinner: Tator tot casserole

MARCH 9

Breakfast: Fried eggs, sausage Lunch: Diced chicken gravy Dinner: Cream cheese stuffed chicken breast

MARCH 10

Breakfast: Ham & cheese omelet

Lunch: Beef & broccoli over rice

Dinner: Famer's veggie soup

MARCH 11

Breakfast: Pancakes w/ berries Lunch: Baked chicken breast Dinner: Tomato soup & grilled

cheese

MARCH 12
Breakfast: Biscuits & gravy
Lunch: Chop suey
Dinner: Salmon

MARCH 13

Breakfast: Egg & cheese sandwich Lunch: Beef stew

Dinner: Shrimp jambalaya

MARCH 14

Breakfast: Waffles Lunch: Fully loaded baked potato soup

Dinner: Loaded turkey salad

MARCH 15 Breakfast: Fried eggs, ham Lunch: Spaghetti Dinner: Ham & bean soup

MARCH 16
Breakfast: Boiled eggs
Lunch: Pork chops
Dinner: Creamy chicken &
stuffing casserole



MARCH 2024 AQUATIC SCHEDULE

SUNDAYS TUESDAYS WEDNESDAYS THURSDAYS FRIDAYS SATURDAYS MONDAYS Lap Swim Yard & Adult Swim **Pool** 10am-1pm 7am-3pm 7am-3pm 7am-3pm 8am-3pm (LL) 10am-3pm 11am-2pm 4pm-7pm (LL) 2pm-5pm 4pm-7pm (LL) 4pm-7pm 3pm-6pm 4pm-7pm 4pm-7pm **Aqua Jogging** 10:15am-10:45am (LL) **Open Swim Family Swim Open Swim Open Swim Open Swim Open Swim Open Swim Activity** 7am-9am 8am-9am 7am-9am 10am-1pm 7am-9am 10am-3pm 11am-2pm Pool & 2pm-5pm 10am-1pm 10am-1pm 11am-3pm 10am-3pm 4pm-7pm 3pm-6pm **Hot Tub** 1:30pm-3pm 1:40pm-3pm 5:15pm-7pm 4pm-7pm 6:15pm-7:00pm 6:15pm-7pm **Shallow Water Shallow Water Shallow Water Shallow Water Aerobics Aerobics Aerobics Aerobics** 9:15am-10am 9:15am-10am 9:15am-10am 9:15am-10am **Aqua HIIT Adult Swim Swim Lessons Swim Lessons** 10:15am-11am Lessons 1pm-1:40pm 1pm-1:30pm 1pm-2pm **Swim Lessons** 4pm-5:35pm 4pm-5:30pm 4pm-5:15pm Aqua ZUMBA® **Deep Water** 5:30pm-6:15pm **Aerobics** 5:30pm-6:15pm **CLOSED Slide & Features CLOSED CLOSED CLOSED** Slide & Features Slide & Features Slide & 11am-2pm 10am-1pm 4pm-7pm **Features** 2pm-4pm 3pm-6pm

SESSION GROUP

GROUP SWIM LESSONS

April 15 thru May 23 2024

Registration OPENS 3/18/24

Registration CLOSES 4/14/24



To register for classes visit our front desk or online at: PotawatomiCC.recdesk.com

For info contact Aquatics Manager Kimberly Shawano: 715-478-6513 • Kimberly.Shawano@FCP-nsn.gov All classes subject to change.

AQUATIC CENTER

5471 Thayék Éthë Dnêkmëgzêk Myéw (The Place Where Everyone Plays Road) Crandon, Wisconsin





Community Events

OVE	BYRS	ONO	RICE	OVE	RYKA	ONG
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tuesday, M Monday, M	Exe ay, March 14 at Noon: farch 19 at Noon: Fith arch 25 at Noon – Fith Presente Financial 101 v	Money – Keeping Scor Money – Step Into a Lo ed by CoVantage Cred with Wisconsin Na Community Center arch 28 from 4 pm – 6	rium g (Develop a Healthy re (Understand Your Cooan (How a Loan Prod dit Union. tive Loan Fund pm	redit Score) eess Works)	Doula Training WeCare Center	Diva Dance Recital 3:30 pm
Basketball Tournament Crandon Classic 4th – 8th Grade Girls 9 am	4 Public Hearing Membership Ordinance Wausau (4 pm: Greenfire) Tribal Members & Employee Training Exceptional Experience Class 3 pm Executive Building Auditorium	Pow Wow Club 4:30 pm — 5:30 pm	6 Newspaper Deadline 3/15/2024 Issue Lunch with Executive Council 1 pm Wausau Lanuage Class 10 am – 12 pm Wabeno School Board Meeting Wabeno High School Library 6 pm	Parent Support Group 12 pm (Open to all) Youth Gathering Carter Casino/ Community Center	Youth Gathering Carter Casino/ Community Center Sten Joddi	Youth Gathering Carter Casino/ Community Center
10	11	12	13	14	15	16
Youth Gathering Carter Casino/ Community Center	Buddy Up Walking Challenge Begins Crandon School Board Meeting Jaegar Auditorium 6 pm	Laona School Staff Development No School – ACT Pow Wow Club 4:30 pm – 5:30 pm	Lanuage Class 10 am – 12 pm Laona School Board Meeting Laona Elementary Board Room 5:30 pm	FitMoney (Budgeting) 12 pm Executive Building Auditorium Parent Support Group 12 pm (Open to all) Crandon 4K-12 Parent/ Teacher Conference (4 pm - 7pm)	Public Hearing Membership Ordinance Wausau (2 pm: Greenfire) Ribbon Skirt with Pockets Hosted by Clara Keeble Carter WeCare 9 am - 3 pm	Public Hearing Membership Ordinance Stona Lake/Carter (2 pm: Exec Auditorium) Ribbon Skirt with Pockets Hosted by Clara Keeble Carter WeCare 9 am - 3 pm
17	18	19	20 Newspaper Deadline	21	22	23
	Tribal Members & Employee Training Career Success & FCP Values Class 3 pm Executive Building Auditorium	FitMoney (Keeping Score) 12 pm Executive Building Auditorium Pow Wow Club 4:30 pm - 5:30 pm Canning Class 5:30 pm	4/1/2024 Issue Nutrition Month Taste Test (3 – 4:30 pm) LFPA Food Distribution Lanuage Class 10 am – 12 pm Traditional Healer 7 am – 5 pm Sobriety Feast 6 pm	Quarterly Energy Meeting 5:30 pm (Classroom) Parent Support Group 12 pm (Open to all) Traditional Healer 7 am - 5 pm	Public Hearing Membership Ordinance (4 pm: Potawatomi Hotel Casino) Winter's End Powwow	Public Hearing Membership Ordinance (2 pm: Double Tree by Hilton; Appleton) ATV Safety LNR Building 8 am – 1 pm Winter's End Powwow
24 ATV Safety LNR Building	25 FitMoney (Step Into a Loan)	26	27	28	29	30
8 am – 11 am Winter's End Powwow 31	Gte Ga Nes Preschool Spring Break (No School) March 25 - March 28 Spring Break (No School) Crandon, Laona &		Conservation Night 5:15 pm (Classroom)	Financial 101 (Budgeting) 4 pm – 6 pm Parent Support Group 12 pm (Open to all) Diabetes	FCP Community	

