FCP Executive Council Swearing In





by Val Niehaus

It was a big day for the Forest County Potawatomi Tribe on Nov. 6, 2023.

On this day, the tribe swore in three incumbents back into the office of the Executive Council.

The officials that were sworn in were Chairman James A. Crawford and Council Members Destinee Alloway and Brooks Boyd.

Before the oath of office took place, Chief Judge Christian Daniels asked for a word of prayer and good thoughts given by Herb Daniels Jr.

The courtroom was filled with FCP community members, the official's families, and employees of the tribe.

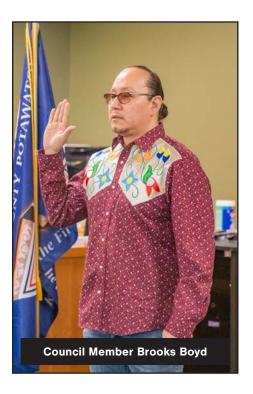
Judge Daniels and Associate Judge Angela Moe then swore in the three candidates. After each was sworn in, Judge Daniels let them say a bit of

IRST CLASS MAIL J.S. Postage Paid Permit No. 203 Eau Claire, WI gratitude to the families, friends and community that were present in the courtroom. All three were greatly honored for the opportunity they had been given by their people. They spoke of putting the tribe's best foot forward and to work for their people and families — making the best decisions possible with that in mind.

On behalf of *PT*, we congratulate you all and look forward to the year to

ELECTION E	OOARD COP
CERTIFICATION OF ELI	ECTION RESULTS:
Executive Council Election	s, November 4, 2023
COUNCIL MI	EMBER:
Brooks Boyd	143_votes
Lisa Milligan	49 votes
Brenda Shopodock	69 votes
Alexandria McCorkle	→ 2 votes
Shelby Daniels	Lu_votes
Chad Frank	72 votes
Destince Alloway	_139_votes
Clarence Daniels	2 l votes
Herb Daniels Jr.	84 votes
This 4th day of November, 2023 Attest:	

(Surper of the First)	COP			
ELECTIO	N BOARD			
CERTIFICATION OF I	ELECTION RESULTS:			
Executive Council Elect	tion, November 4, 2023:			
CHAD	RMAN:			
James A. Crawford	164 votes			
Ken George Jr.	130 votes			
Mko Daniels	57 votes			
This 4th day of November, 2023 Attest:				
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Ballot Clerk.	Ballot Clerk			
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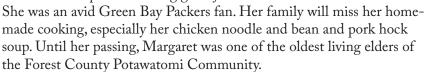


Obituary

Margaret L. Shepard

Margaret L. Shepard, age 96 of Crandon, passed peacefully while under the care of The Caring Place, Nov. 7, 2023. She was born June 23, 1927, in Carter to the late Frank Shepard and Aileen Petonquot.

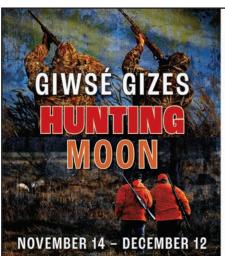
Margaret enjoyed hunting, fishing, occasional casino trips, and spending time with her grandchildren and great-grandchildren. She was also a pro at cracking good jokes.



Survivors include her daughter Louise Crawford; son Howard Crawford Jr.; grandchildren, and great-grandchildren, and great-grandchildren as well as numerous extended family and friends.

In addition to her parents, she was preceded in death by children: James Crawford Sr., Steve Crawford Sr., Marion Crawford, Cary Lang Jr. grandchildren: Jolene Spaude, Bren Alloway-Spaude, Nakomai Spaude, Jamie Crawford; brothers; Frank Shepard, Walter Shepard, Willie Shepard, Louie Shepard; sisters: Viola Gerdean, Emily Jacobson, and Laura Cooper.

Visitation was held Nov. 14, 2023, at the Lake Lucerne Gospel Chapel in Crandon. Services were officiated by Pastor Don Dewing.



- 9-day gun deer season is November 18 26 this year.
- Length of day triggers hormonal changes in bucks and does causing changes in behavior.
- Bucks are usually ending the "chasing" phase and entering the "tending" phase of the rut during this moon.
 - Chasing: Buck locates a near estrus doe and chases her. Doe runs off a distance until he follows.
 - Tending: Doe lets buck accompany her without chase. Breeding occurs here.
- · Waterfowl are still migrating south through the region.
 - 40 50% of U.S. duck harvest and 30 40% of U.S. goose harvest occurs in this flyway.

Additional Resources

How to Predict the Best Days of the Rut for Deer Hunting (deeranddeerhunting.com) Understanding Waterfowl: The Flyways | Ducks Unlimited (www.ducks.org)

POTAWATOMI TIMES 100 N. Prospect Avenue • PO Box 340 • Crandon, WI 54520 (715) 478-7437 • times@fcp-nsn.gov • www.fcpotawatomi.com

Deadline for the Dec. 15, 2023, issue of the PT is Wednesday, Dec. 6, 2023.



FCP EXECUTIVE COUNCIL

Chairman: JAMES A. CRAWFORD Vice Chairwoman: HEATHER VANZILE

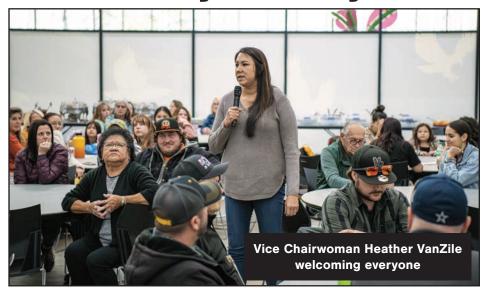
Secretary: AIYANA VANZILE
Treasurer: IMMANUEL "MANNY" JOHNSON II
Council Members: BROOKS BOYD. DESTINEE ALLOWAY

POTAWATOMI TIMES STAFF

Reporters/Photographers/Writers: VAL NIEHAUS & AMBER HASEMAN Graphic Designers: KRYSTAL STATEZNY & CHAD SKUBAL

Potawatomi Times (PT) is a twice-monthly publication of the Forest County Potawatomi Community. Editorials and articles appearing in the PT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PT staff or the FCP Community. PT encourages the submission of "Letters to the Editor". All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PT and will not assume any responsibility for unsolicited material nor will the PT guarantee publication upon submission. PT will not guarantee publication of materials submitted past deadlines posted in the PT. No part of this publication may be reproduced without the written consent of the Editor.

Community Holiday Feast



by Amber Haseman

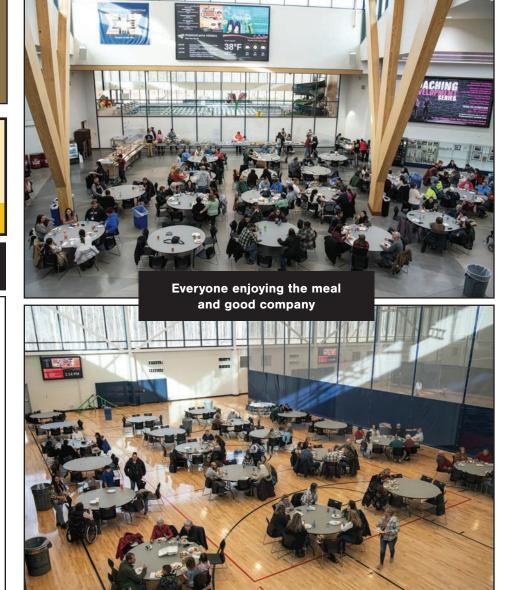
A community feast was held at the Potawatomi Community Center Nov. 22, 2023, for Forest County Potawatomi tribal members, descendants, their families, and FCP government employees. Those who could attend joined the cafeteria at noon until 3 p.m. Vice Chairwoman Heather VanZile introduced elder Louie Spaude to offer the prayer.

Vice Chairwoman VanZile and Council Member Brooks Boyd took a moment to express their gratitude for all the employees, the services they provide, their hard work and dedication they bring within the community.

Employees and community members brought in dishes to pass for the

feast. There was plenty of food for all. The many dishes included but were not limited to meat and cheese trays, turkey, ham, dinner rolls, green beans, mashed potatoes and gravy, sweet potatoes, mac and cheese, wild rice casserole, fruit and veggie trays, salads, cake, a large selection of pies, desserts and more. Needless to say, no one left the building hungry.

After everyone had taken their seat, an announcement was made by Vice Chairwoman VanZile for employees to be released at 2 p.m. to spend extra time with family for the holiday. It was a wonderful afternoon, filled with delicious food and good company.



Dual Language Sign Ceremony

by Amber Haseman

Tribal Council, FCP staff, community members, and state officials gathered at the Potawatomi Community Center Nov. 6, 2023, for the Wisconsin Department of Transportation (WisDOT) Dual Language Sign Ceremony. The ceremony began with the FCP Veterans entrance and posting of the flags while Fire Nation performed the honor songs.

Vice Chairwoman Heather Van-Zile spoke on behalf of Chairman James A. Crawford. She shared with the audience, "We are regaining our sovereignty and regaining our language and culture back. This is a very proud moment for all our Forest County Potawatomi tribal members. Seeing our language on official signage on our land is very important to our community."

Council Member Brooks Boyd shared a few words expressing how we are celebrating the acknowledgment of our identity. Eugene Shawano Sr. shared how proud he was to see all the young people sitting there, carrying on our tradition. He continued with a

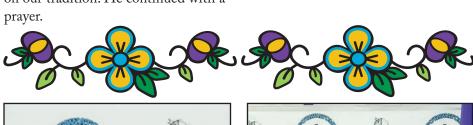
WisDOT Secretary Craig Thompson took the stage to share with the audience that the signs are a part of the WisDOT Dual-Language Sign Program. The Potawatomi Community is the sixth tribal community in Wisconsin to apply for the signage.

The ceremony continued with Chairwoman VanZile presenting a blanket to Bill Anderson in honor of his service to the community. He was also presented with an award for the 2023 DOT Intertribal Task Force with the Tribal Excellence Award for his retirement.

Following the award presentation, Secretary Thompson and Council Member Boyd unveiled the new dual language sign. It was an exciting moment for all to witness this moment in history. The signs display Bodwéwadmik Forest County Potawatomi with the Keeper of the Fire logo and are placed at both parts of the Forest County Potawatomi Reservation in Stone Lake and Carter, Wis. After the ceremony, cake and refreshments were served in the cafeteria.









Council members

with FCP youth

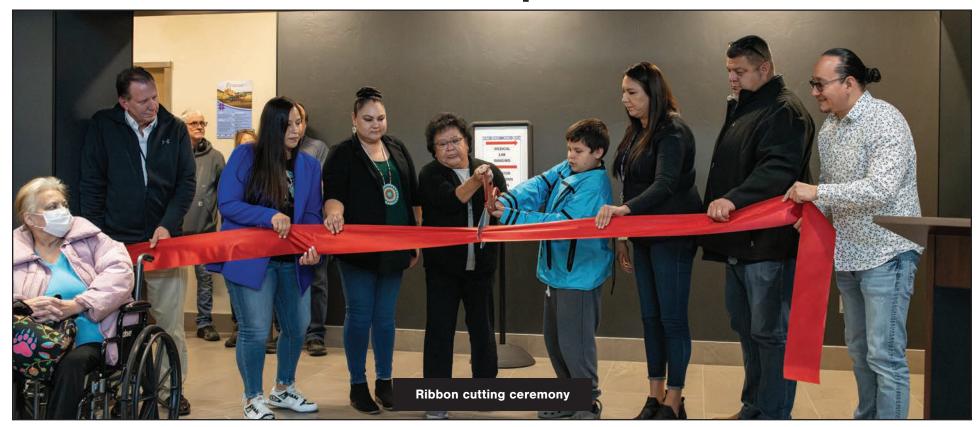








Health & Wellness Center Open House



by Amber Haseman

The Health & Wellness Center hosted an open house event Nov. 8, 2023, at 2 p.m., in celebration of their grand reopening of the newly-renovated facility. A ceremony was held in the beautiful lobby. Fire Nation drum group performed their honor song as the FCP Veterans made their entrance. Health Division Administrator Thomas Boelter welcomed everyone and introduced the first speaker of the day, Phil Shopodock.

Shopodock shared with the audience, "We're not done yet. This is going to be passed to the next generation and continue building on what we have here today." In conclusion, he stated, "I'm just so thankful that we have a place now that we can fix and help those from the youngest to the oldest. That's priceless. I'm so thankful to have us together here today so we can share this moment and share this spot and see where we're going."

Vice Chairwoman Heather Van-Zile joined the podium with council members beside her. She thanked everyone for gathering for this day. She continued to thank her leaders and elders before her and for establishing a community need for healthcare in the early 90s and continuing that vision into the 2000s with the construction of this building. "With this newest expansion, we are able to provide more services through expanded central registration, pharmacy services, a drivethrough pharmacy, additional lab and patient space, as well as a mobile MRI unit. Helping the community is a cornerstone of the Forest County Potawatomi people. And I am proud to be standing here with all of you today to celebrate the expansion of our Health & Wellness Center."

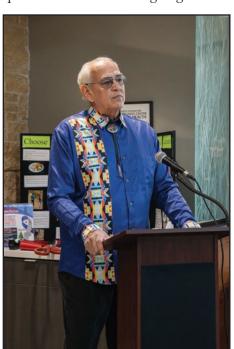
Boelter took the stand to recognize the Health Advisory Board members. Those who attended joined Boelter, introduced themselves and shared words about the day. Boelter continued to recognize those who built the facility and assisted with renovations.

The health departments were recognized for their hard work and dedication. Some department included: Caring Place, Medical, Lab, Health Records, Imaging, Occupational Health, Rehab, Optical, Pharmacy, Dental, Community Health, Administration and more. Each department was called individually as they made their way through the lobby.

Boelter continued sharing a story of a very special man, Dr. Robert "Bob" Sookochoff, who was the Medical Director from 2017-2022 until his passing July 28, 2022. Boelter asked his family to join him. In honor of Dr. Bob's passion and compassion for the people he worked with and for, Boelter shared a plaque in honorary memory of him. The plaque features a motto Dr. Bob lived for, "Patients do not care how much you know, until they know

how much you care." This plaque will remain in the facility for all to remember and honor him for his dedication to the community.

Council members, an elder and a child from the audience proudly joined for the ribbon cutting ceremony. After concluding the ceremony, staff went back to their stations for the remaining day of activities. Guests visited each station, learned about the departments and the services offered. Visitors had the opportunity of participating in activities such as a scavenger hunt, medication pronunciation, testing hand strength, spin the wheel for a chance to win, and guess the provider. It was a great opportunity to gather the community, celebrate new beginnings, provide information to the public, and allow guests to tour the facility.



FCP Elder Phil Shopodock



Health Division Administrator Tom Boelter with Dr. Bob's family



Guests visiting a station

Reasons for Managing Forested Lands

submitted by FCP Land & Natural Resources

The forests on earth have been around for millennia before mankind came to be, so why manage the forest at all if they can take care of themselves? This notion of letting the forests simply do their own thing is a reasonable way to think, except for one huge part of the equation - humanity. Yes, left to its design the forest of the world would self-correct anything that would befall them, but mankind impairs this process.

We build homes in wooded areas for the beauty of it and roads and trails for travel and leisure. Entire forests are converted to grazing and Agricultural lands. We see this every day passing farms across our state, but Wisconsin was originally a forested state, not agricultural land. By creating fields and many other things, we have weakened the forest and interfered with the natural processes of the forest. Forest management is the way we try and fix the human element that impacts the forests we have today. With humanity, the natural cycles (wildfires, storms, insects) are thrown out of equilibrium and tend to be more destructive. Our weather becomes more erratic and severe due to climate change causing more blowdown conditions. Insects thriving in the warmer climate take advantage of the increase in newly dead and weakened trees causing their population to increase making it so they can effectively overwhelm even healthy trees. Because we wish to live in wooded areas, we have controlled wildfires from burning naturally for hundreds of years, because well, fire is bad, right? Not exactly. Fires help certain tree species and plant species to grow and thrive. It helps with invasives and rejuvenation of the forest floor. But with storms intensifying and causing blowdowns, this creates build up of deadwood littering the forest floor. So, now when there are fires, they are bigger and more intense causing them to kill nearly all the trees in the burned area; whereas if the natural cycle of fires would occur, they would burn more often, smaller, and less intense not killing all the trees, just the weak ones. In turn, these fires would remove the food for insects and even directly kill off some of the population when burning.

This is one of the reasons the FCP Forestry Department manages and cuts the forest. We are removing the potential deadwood volume, removing the weak and dying trees, and can treat areas to be more resistant to insect invasion. Right now, with Emerald Ash Borer (EAB) – an insect that tar-

gets ash trees and kills them - we are harvesting the older, more mature, ash trees that will be potentially targeted by the insect. EAB doesn't target the younger trees as the trees do not supply enough shelter or food for them. By harvesting the mature ash, this will decline the Beetles food supply allowing them to not reach populations that can wipe out entire stands. This will slow their spread and give future generations of ash time to develop resistance to the beetle. Similar things are done with disease removal of trees from a quarantine zone and saving the ones outside of the area from the spreading pathogen.

For many people, hunting is a huge cultural activity. FCP Forestry Department manages the forest to promote the habitat for the animal species that people like to hunt. The more we help the habitat to be ideal for specific species, the larger the population in the area can support, which leads to better hunting, watching, calling or whatever you do to enjoy wildlife. Now with all we do to manage the forest, we haven't changed anything that takes away the use of wooded areas. Yes, they may not be as nice as we like right after cutting, but they come back in a year or two.

You may be wondering, as we touched on before, with climate change and excessive greenhouse gasses, how can one justify cutting down a tree and ending its carbon-storing potential? When you leave a tree in the woods to live out its life, it takes up that space for hundreds of years and can only hold so much carbon. Then, when it dies, the carbon is released as it decomposes. When we cut a tree for timber, that wood doesn't accumulate more carbon, but it doesn't decay as quickly either. It's dried, sold, and turned into building supplies off-site and still holding carbon that would have been released if decaying. Now, where that tree once stood in the forest, that space in the woods is available for an entirely new tree to grow and store carbon from the atmosphere helping to reduce greenhouse gasses.

Finally, we get to the financial benefits of a timber harvest. When one has acreage, with good forest timber, sales can be quite financially beneficial, but more like an investment strategy because of the time it takes for trees to grow to merchantable sizes. What a person can make off of their forested lands varies on species, quality, and volume. But as a whole, Wisconsin's private and public lands generated nearly \$22.9 billion each year supporting 59,000 jobs. (dnr.wi.gov)

Silvicultural Systems and Their Application for the Potawatomi Community

submitted by FCP Forester Andy

What is silvicultural? Silviculture is the implementation of cutting plans known as "treatments" to achieve a management goal. These goals vary depending on the stand, species types, cultural beliefs of the landowner, and other environmental factors. Treatments are applied over the life of the stand using a combination of regeneration methods, intermediate treatments, and harvest treatment. There are two stand types that a forest manager can prescribe - those types being even aged stands and uneven aged stands.

An even aged stand is when all the trees are of similar size and height. The best example of this is a city park. Everything is maintained and mowed. All the trees are usually large, big crowned tall trees, with lots of room under them and nothing but grass growing. Even age stand can be of any age or height so long as much of the stand is the same.

Regeneration Methods are the different ways to create new growth in a stand, whether that is through sexual or a-sexual reproduction. There are four methods used to maintain a single age stand.

Clearcutting is where a new age of seedlings is developed in a fully exposed environment, after the removal of all trees in the previous stand. Regeneration is from natural seeding, or people reseeding or planting seedlings. This can be done in groups or strips.

Seed-tree is a method where seeds develop in a nearly full-exposed environment after the removal of nearly all the previous trees. Roughly 10 trees per acre are left un-cut to provide seed to regenerate the stand. After the seedlings are established, the remaining seed trees are usually removed.

Shelterwood is the method used where regeneration occurs under a moderate environment under an

overstory layer. A moderate environment describes the amount of sunlight reaching the ground. This includes three treatments to achieve.

- 1. Preparatory cut this sets the stand up for regeneration by one or more of the following:
- 1) Enhance the condition by releasing seed trees.
- 2) Develop wind-firmness to reduce breakage and blow over.
- 3) Increase spacing by removing suppressed merchantable trees to reduce breaking during the establishment cut.
- 2. Establishment cut prepares the seed bed and creates the new stand.
- 3. Removal cut releases the regeneration from competition of shelter and seed trees.

Coppice is the method of regenerating a stand, by cutting, knocking, or injuring trees at the root. This will cause specific tree species to sprout from the roots and stumps of the old trees. This is primarily applied to hardwood stands.

Uneven aged stands are used to mimic natural and historical regenerative processes. This leaves less defined stand edges and more vertical and horizontal diversity in a stand. This can be done using a mixture of the treatments listed for single aged stands to create differences in stand.

Single Tree Selection this is when trees from all size classes are uniformly removed from a stand to achieve the desired stand characteristics. When doing this, it allows for some control of which species are and will dominate a stand. It pressures out fewer desirable species because growing conditions are not conducive for them. This is a result of the amount of light that reaches the stand floor coupled by the amount of bare mineral soil exposed. We mostly utilize single tree selection the Potawatomi lands.



New Analytics Tool for Monitoring Solar Arrays

submitted by FCP Energy Sustainability Specialist Alex Lange

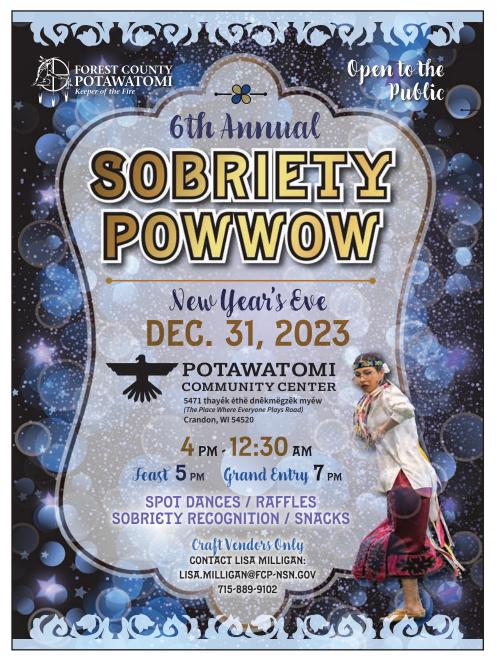
The Energy Department is excited about a new data analytics tool, and you should be, too. New data monitoring devices are being installed on all tribally-owned solar arrays. These new devices are called eGauges, and they will allow us to monitor more accurately and conveniently 17 of the tribe's solar arrays for energy production and to identify potential issues. They will also allow us to maintain a historical record of energy production at each array all in one place and without any ongoing subscription costs, saving money in the long term.

The eGauge installation project is being funded through a broadband grant awarded by the Department of Commerce – Tribal Broadband Connectivity Program, to provide reliable communications to all seventeen solar arrays. Being able to get precision measurements on what the arrays are doing at specific times and under specific conditions will allow us to conduct the necessary analytics that we have been missing. By giving

us the ability to calculate our energy production, identify and troubleshoot issues, and determine the tribe's energy mix, the eGauge devices opens the door for us to better understand how solar contributes to the tribe's energy resilience.

An often-overlooked feature of the eGauges is the ability to set alarms or notifications under certain conditions. By being able to communicate with the eGauges, we will be able to be notified if an array is under preforming or if there is an issue at the array. This makes eGauges not only a vital tool for data analysis, but a paramount component of our troubleshooting and maintenance program.

Currently we have installed eGauges on half of the 17 arrays and are diligently working to install the rest. An additional goal with these devices is to be able to share accurate data about our solar energy production with the community. Our hope is to eventually create a web portal or energy display at the community center, displaying our energy production, energy mix, and carbon offset.



Moe Candidate for Associate Judge



Greetings...

My name is Angela Moe, and I humbly ask for your vote in the upcoming Judicial Election for Associate Judge on SATURDAY, December 2, 2023. If I am fortunate enough to win in the Primary Election, I ask for your continued support at the General Election on SATURDAY, December 16, 2023.

I am the daughter of Marie (Mann) Gilligan and late Donald Gilligan, granddaughter of Susan and Harry Mann, wife of 40 years and mother to three boys.

As for my employment and experience, in 2017 I was elected to a six-year term as Associate Judge. This position is one of integrity, compassion, and empathy that I have held in high regard. It is about justice, protection, and upholding our Tribal Constitution. I have worked hard to make the right choices with judicial compassion. I am fair, honorable, and committed. I have maintained balance

with common sense, worked hard for the bench, while practicing fairness and justice with integrity. My dedication is experience you can count on while working for our people.

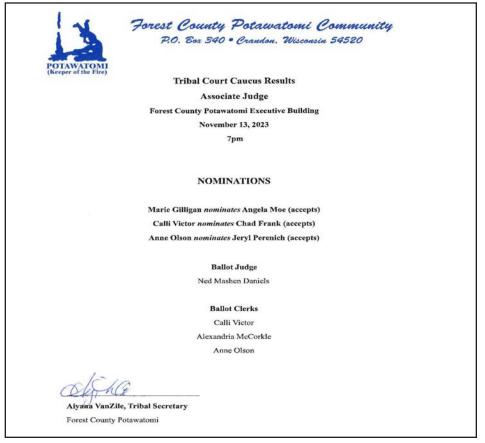
In 2008, I was elected to a twoyear term as Vice Chairwoman, for Executive Council. A position I held with great responsibility. As Vice Chairwoman, I took pride in working towards bettering the services for our Tribal Members and Community. Progress that I was actively involved in include the Stone Lake C-Store and the Elderly Complex expansion. I've worked as the Administrative Assistant for the Tribal Secretary, served on the Health Board, and played a pivotal role in establishing the Insurance Department. The formation and vision of the Insurance Department was my first and most challenging accomplishment, of which I am proud

If elected as Associate Judge, I am confident that my work experience and leadership will serve me well as I serve our community in this capacity. It will be my goal to make fair and sound decisions based on our tribal codes, tribal constitution, while applying traditional and cultural values.

Our judicial system is about sovereignty, self-governance and providing a platform to help those in need. I intend to uphold these principles if given the opportunity.

I appreciate and thank you for your consideration in the upcoming election on Saturday, December 2nd and if fortunate, then again on Saturday, December 16th, 2023.

Angela Moe



Elder Menu

DEC. 3
Breakfast: Fried eggs,
American fries, bacon
Lunch: White Fish w/ wild rice

pilaf
Dinner: Smoked turkey & acorn
soup

DEC. 4
Breakfast: Cold cereal
Lunch: Pork chops
Dinner: Stuffed pepper soup

DEC. 5
Breakfast: Oatmeal
Lunch: Scalloped potatoes
Dinner: Steak tenderloin

DEC. 6
Breakfast: Eggs Benedict
Lunch: Roasted chicken
Dinner: Chicken noodle soup

DEC. 7
Breakfast: Pancakes
Lunch: Spaghetti
Dinner: Cold turkey sandwhich

DEC. 8
Breakfast: Scrambled eggs,
sausage, toast
Lunch: Beef tips over mashed
potatoes

Dinner: Buffalo burger

DEC. 9
Breakfast: Boiled eggs and
ham steak
Lunch: Burrito w/ beef, refried
beans and cheese
Dinner: Cheesy broccoli soup

DEC. 10
Breakfast: Malt-O-Meal
Lunch: Pork tenderloin
Dinner: Three Sisters Soup

DEC. 11
Breakfast: Pancakes and bacon
Lunch: Cream beef and veggies
over biscuit

DEC. 12 Breakfast: Scrambled eggs w/

Dinner: Chicken Fried Rice

sausage Lunch: Baked salmon Dinner: Indian tacos

DEC. 13
Breakfast: Boiled eggs,
biscuits and gravy
Lunch: Chicken breast with
stuffing

Dinner: Meatloaf

DEC. 14
Breakfast: Fried eggs w/
hashbrowns and ham steak
Lunch: Beer-battered fish
Dinner: Veggie soup and ham
sandwhich

DEC. 15
Breakfast: Cheese omelet and sausage patty
Lunch: Orange chicken
Dinner: Egg-salad sandwhich

DEC. 16
Breakfast: Hot grits and sausage patty
Lunch: Swedish meatballs over noodles
Dinner: KFC Bowl





3 LOCATIONS - LIMITED QUANTITIES AT EACH LOCATION - FIRST COME, FIRST SERVED!

BOXES ARE AVAILABLE THE

3rd WEDNESDAY OF EVERY MONTH

Please note:

- We will <u>NOT</u> hold, ship, or deliver food boxes.
- Tribal ID card <u>MUST</u> be presented at time of pick-up (no ID, no box, no exceptions).
- Picking up boxes for other Tribal Members is <u>NOT</u> allowed.
- Only one box per enrolled FCPC Tribal Member (18+).

PICK UP LOCATIONS AND TIMES:

- 9 10 am: Community Center parking lot (5416 Everybodys Rd, Crandon)
- 10:30 11:30 am: Carter C-Store parking lot (614 WI-32, Carter)
- 12 1 pm- Potawatomi Farm Store (3389 Cty Hwy H, Laona)

If you have any questions, please contact the Farm Store at 715-478-4545 (Mon.- Fri. 9-5 & Sat. 8-4)



SUNDAYS MONDAYS TUESDAYS WEDNESDAYS THURSDAYS FRIDAYS SATURDAYS Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Yard & Adult Swim Pool 10am-1pm 7am-3pm 7am-3pm 7am-3pm 10am-3pm 11am-2pm 8am-3pm 4pm-7pm (LL) 2pm-5pm 4pm-7pm 4pm-7pm (LL) 4pm-7pm 4pm-7pm 3pm-6pm **Aqua Jogging** 10:15am-10:45am (LL) **Open Swim Activity Family Swim Open Swim Open Swim Open Swim Open Swim Open Swim** 10am-1pm 7am-8:15am 7am-9am 7am-8:15am 8am-9am 10am-3pm 11am-2pm Pool & 2pm-5pm 10am-3pm 11am-3pm 11am-3pm 10am-3pm 4pm-7pm 3pm-6pm **Hot Tub** 4pm-7pm 6:15pm-7pm 6:15pm-7pm 5:15pm-7pm **Water Walking Shallow Water Water Walking Shallow Water** 8:15am-8:45am **Aerobics** 8:15am-8:45am **Aerobics** 9:15am-10am 9:15am-10am **Shallow Water Shallow Water Aerobics Swim Lessons Aerobics** 9:15am-10am 9:15am-10am 4pm-6pm **Swim Lessons Deep Water Aqua HIIT** 10:15am-11am 4pm-5:30pm **Aerobics** 5:30pm-6:15pm Aqua ZUMBA® Swim Lessons 5:30pm-6:15pm 4pm-5:15pm **Slide & Features CLOSED CLOSED CLOSED CLOSED** Slide & Features Slide & Features Slide & 11am-2pm 10am-1pm 4pm-7pm **Features** 2pm-4pm 3pm-5pm

To register for classes visit our front desk or online at: PotawatomiCC.recdesk.com For info contact Aquatics Manager Kimberly Shawano: 715-478-6513 • Kimberly.Shawano@FCP-nsn.gov All classes subject to change.

(CROTTE LESSO

> Jan. 8 thru **Feb. 15**

> > **Registration OPENS** 12/11/23

Registration **CLOSES** 1/7/24



AOUATIC CENTER

5471 Thayék Éthë Dnêkmëgzêk Myéw (The Place Where Everyone Plays Road) Crandon, Wisconsin



SUNDAYS

September 10 - December 16, 2023

AQUATIC CENTER GROUP EXERCISE ROOM COMBATIVE ROOM TURF FIELDHOUSE

SATURDAYS

NO CLASSES

(Land Classes)

NO CLASSES Senior Fit 9am-9:45am **Lunch Crunch** 12pm-12:20pm

> **Bodyweight Blast** 5:30pm-6pm

MONDAYS

TUESDAYS Circuits

5:45am-6:15am Strength & Stretch 5:30pm-6pm

(offered 10/3 thru 11/7)

Full-Body Fitness 8:30am-9:15am **ZUMBA®** Toning

WEDNESDAYS

5:30pm-6:30pm **Boxing Club** 5:30pm-6:30pm **THURSDAYS** HIIT + Core 5:45am-6:30am

Golden Gloves 9am-10am **Mobility & Core** 9am-9:30am

Yoga 5:30pm-6:15pm

THURSDAYS

NO CLASSES

FRIDAYS Tabata

8:30am-9am Tai Chi 9:30am-10am (offered thru 10/20)

ZUMBA® Fitness 10am-11am

Aquatic Classes

ATTENTION

NO CLASSES

December 17th through January 1st

SUNDAYS MONDAYS NO CLASSES Shallow Water

Aerobics 9:15am-10am Aqua **ZUMBA®**

5:30pm-6:15pm

Shallow Water Aerobics 9:15am-10am **Aqua Jogging** 10:15am-11am

TUESDAYS

ELDERS ONLY Shallow Water **Aerobics** 9:15-10am

WEDNESDAYS

Aqua HIIT 10:15am-11am

FRIDAYS NO CLASSES

SATURDAYS NO CLASSES

4FitnessBromotions**x**

Members = \$35 Non-Members =\$50

Includes access to 20 Group Exercise Classes of your choice, as well as discounted pricing on Specialty Classes!

Members \$3 per class Non-Members \$10 par class

Abigail Messing at 715-478-6528, or email her at: Abigail.Messing@FCP-nsn.gov. All classes and prices subject to change. Specialty Classes require separate fees.

For more information please contact Group Exercise Coordinator

- General Information Community Center Powwow Grounds The Farm Health & Wellness
- Museum Local Schools

December 2023 Upcoming Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Chi	ERRY SOLL AND HAPPY N			1	Primary Elections Associate Judge (8 am – 7 pm) Auditorium **If more than 2 Candidates**
3	Applique Art Classes 4 pm – 7 pm Sapatis Menomin	5	Wabeno School Board Meeting Wabeno High School Library 6 pm	Breakfast with the Elders Lower Level Museum 8 am – 12 pm	Lap Quilt Class We Care Dec 8th - 10th 9 am - 4 pm	Breakfest With Santa Holiday Open House 9 am - 5 pm Holiday Wreath Making 10 am - 12 pm
10	Crandon School Board Meeting Jaegar Auditorium 6 pm	12	Laona School Board Meeting Room 24, C.L. Robinson Elementary School 5:30 pm	Language Family Night Lower Level Museum 5 pm - 7 pm Blood Drive 10 am - 4 pm	15	General Elections Associate Judge (8 am – 7 pm) Auditorium Community Christmas Party 4 pm – 9 pm
Associate Judge sworn in at 10 am Tribal Courtroom	18	19	Community Sobriety Feast 6 pm	Breakfast with the Elders 8 am – 12 pm	Laona School K-12 12:30 pm Dismissal – No 4K Wabeno School Early Release 1:15	23
24	Crandon, Laona & Wabeno Schools Winter Break (Dec. 25 – Jan. 1) Campus Closed kwesmes (Christmas)	Campus Closed kwesmes (Christmas)	27	28	29	30
NYE Sobriety Powwow 5 pm Feast 7 pm Grand Entry	mkwëmiwen i myév it is icy that road ojoniwen i myéw it is snowy that roa	Decembe w gdëbanen I love you gdëbana né	n with Jim Thund or 11, 2018 ndébana o I love him/her nedebanakgi I love them	ndébana I tresure him/her gdë bano you are loved	High Scho Tourr Saturday,	vitational ol Wrestling nament December 9 - 6 pm

SOUND OF THE SOUND

11-09-2023

Community Engagement Event



submitted by PBDC

Thank you to everyone in the Forest County Potawatomi community that was able to attend our community engagement event, tribal elders roundtable, and attended the general council meeting! We are grateful for the valuable discussions and look forward to continuing a path towards prosperity.



Native American Heritage Month Events



submitted by PBDC

PBDC celebrated Native American Heritage month with a series of educational events. First was learning how to make traditional corn husk dolls. PBDC's Office Administrator, Tina Baker, a registered Menomonee tribal member, shared her tribe's story of the corn husk doll and taught a group of PBDC employees how to make their own.

Another event hosted at PBDC was frybread day. Homemade frybread was made and enjoyed by the employees of PBDC. The importance of frybread in Native American culture

Tina Baker and Kip Richie from PBDC

was expressed and how everyone has

Executive Chef/Founder of

Wild Bearies Elana Terry with

their own version of the recipe.

We finished out the events with a traditional lunch provided by Elana Terry, Executive Chef/Founder of Wild Bearies. "Wild Bearies is an educational, community outreach nonprofit that strives to bring ancestral foods to communities in a nurturing and nourishing way. With goals of building stronger tribal communities through food," according to their website. The employees of PBDC enjoyed a delicious traditional lunch with various foods such as salmon, wild rice



Business Award



submitted by PBDC

PBDC is proud to announce that we have been recognized by the Milwaukee Business Journal as the third largest minority-owned business in Milwaukee! And Greenfire Management Services, LLC was named fourth. We recognize this achievement together with Forest County Potawatomi Community and our teams who are dedicated and passionate to fueling our success!





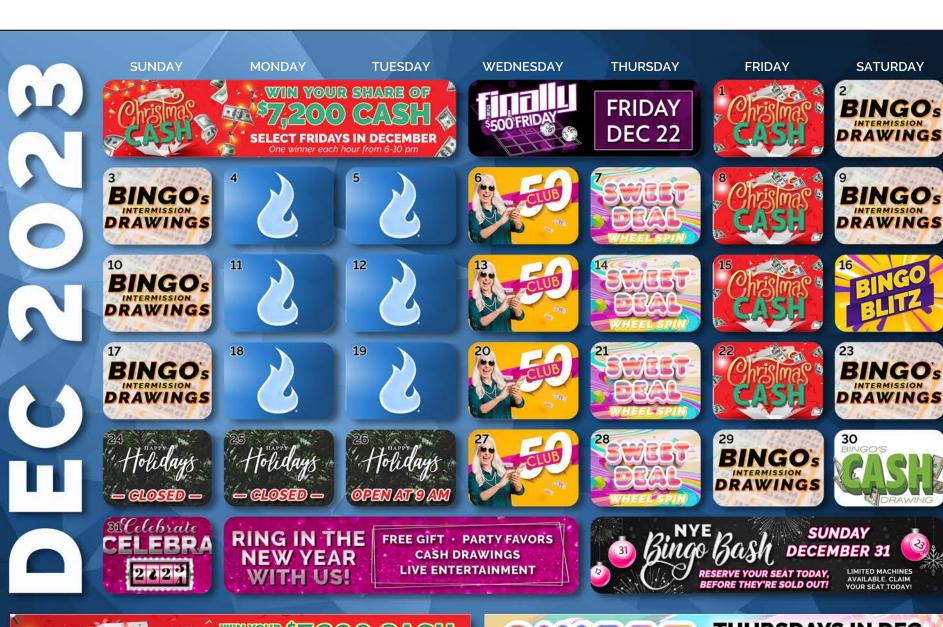
























(CASINO STAGE)

SATURDAY