



FREE
POTAWATOMI
TRAVELING TIMES

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nmébné gizes • Sucker Fish Moon



Winter's End Powwow 2023



2023-2024 Winter's End Royalty: Senior Princess Lovey VanZile, Junior Princess Jayla Frank, Brave Brody White

by FCP Assistant Communications Director Stacey White

The Forest County Potawatomi (FCP) community hosted their Winter's End Powwow on March 25 - 26, 2023, at the Potawatomi Community Center. The weekend was full of celebrations of the winter coming to an end, and many communities came together to pass on generations of traditions.

One tradition that takes place year after year the Friday before the main events is the royalty contest. It took place on Friday, March 24, 2023. The Potawatomi youth compete to represent the FCP community throughout the year as they travel to powwows in Indian Country. Senior Princess, Junior Princes and Brave are chosen based off dance and interview. It's an honor to represent the FCP community's prestigious title as they travel with identifiable sashes and crowns to show other communities where they come from and who they are as young Indigenous people with strong ancestry and cultural backgrounds.

2023-2024 Winters End Royalty chosen were Senior Princess Lovey VanZile, Junior Princess Jayla Frank, and Brave Brody White.

Winter's End Powwow is an annual event that is open to everyone. Families can get together to show off new

dance moves and friends come to catch up with one another. Drummers and singers come from all parts of the U.S. and Canada. It's a really good time to meet new friends, search for some new gear with the vendors or to grab some frybread and cultural food at the stands.

This year's line up consisted of the host drum Bear Creek and local host drum Fire Nation. In attendance was co-host drum Smokeytown, invited drums were Young Enemy, Meskwaki Nation and Pipestone. The drum groups made the powwow arena feel like a living being with a heartbeat that radiated a feeling of happiness for everyone. Seeing the brotherhood of drummers and backup singers sing/drum for their communities is inspiring, and to know that good thoughts and prayers were sang for all.

While the drum groups brought life to the arena, MC Keveon Kingbird along with Co-MC Joey Awonohopy made sure information was announced with good old Native American humor and entertainment. Arena Director Dana Warrington did a great job attending to everyone to make sure the agenda went as planned. It was an honor to see the men and women that have served our country carry in our flags and staff during each grand entry. We had

impressive representation from Head Veteran Bruce Shepard, Head Male Dancer Johnathan Johnson and Head Female Dancer Waleli Frank.

Dancers showed up in crowds. Some danced to heal their spirits, others danced to pray for loved ones that can no longer dance. No matter the reason for being out in the arena, the smallest tiny tots to the highly-respected elderly showed the community what it meant to be Native American in Forest County. Traditional generational values were represented in dance styles and the variety of regalia. It was an exciting and beautiful weekend of observance for the new season to come.

The Powwow Committee that spent months to organize this successful event was Chair Courtney White, Vice Chair Ruth Pemma, Secretary Lisa Milligan, Committee Members Pwagen Frank and Jeffrey Keeble. The committee generously held Dancer Honorariums throughout the weekend that highlighted Committee Specials and Junior Specials winners are as followed:

Old Style Grass Mens (18 and Older)

- 1st Miishen Shawanda
- 2nd Wambbi Clairmont
- 3rd Zach Red Bear
- 4th Elias HermanyHorses
- 5th William Hindsley

Old Style Jingle Women (18 and Older)

- 1st Vajia Shines
- 2nd Shoshema Key
- 3rd AnnaMae Pushetonoqua
- 4th Gina Tiger
- 5th Tiara Barber

Junior Jingle Girls (6 - 12 years)

- 1st Gemma Frank
- 2nd Royal Pemma
- 3rd Kennedi Denny
- 4th Vera Pyawasit

Junior Grass Boys (6 - 12 years)

- 1st Keveon Kingbird Jr.
- 2nd Brody White
- 3rd Jordan Gomez
- 4th Matthew Cleveland

Overall, the Forest County Potawatomi Powwow Committee wants to send a special thank you to everyone that came to the 2023 Winter's End Powwow. They want to recognize head cook Tina Leonard and her helpers who cooked lunch and the traveling meal for everyone that was in attendance. Also, kudos to the Potawatomi Community Center team that helped with any situations that came up, the Communications Division for getting the word out, video and photography efforts. We look forward to seeing everyone at the next upcoming events. Migwéth!

Narcan Trainings

by Val Niehaus



Angela Jacobson educating participants.

by Val Niehaus

Several Narcan trainings were held at the Potawatomi Community Center during the month of March for FCP employees to learn and understand the benefits of using Narcan in the case of an overdose. There was a total of 115 employees that attended these trainings.

Pharmacist Lisa Petrack, Registered Nurse Misty Curleyhair, Prevention

and Recovery Program Manger Angela Jacobson were the trainers during these sessions with Health Division Central Supply Coordinator Blaine Rosek shadowing to become a trainer as well.

There will be four other trainings held as well during the month of April. Please see flyer below for more information.



NARCAN[®]



TRAINING

**CALL
BLAINE AT
715-478-4317
TO
REGISTER**

**LIMIT OF
25 PEOPLE
PER CLASS**

Narcan is the first and only FDA-approved nasal form of Naloxone for the emergency treatment of a known or suspected opioid overdose and is used to temporarily reverse the effects of opioid medicines.



Since most overdoses occur in a home setting, it was developed for first responders, family, friends and caregivers.

OPEN TO
FCP tribal members, descendants,
and their immediate family.

1-HOUR TRAININGS	DATE	TIME	LOCATION
	4/3/2023	1:00 pm	Potawatomi Community Center
	4/11/2023	3:00 pm	We Care - Carter
	4/19/2023	2:00 pm	We Care - Carter
	4/27/2023	4:00 pm	Potawatomi Community Center

Stylz Brycen Moses Holmes



Stylz Brycen Moses Holmes, age 19, of Menasha, Wis., formerly of Crandon, Wis. passed away unexpectedly at home on March 20, 2023.

He was born on April 17, 2003, in Rhineland, Wis., the son of Chad Holmes and Megan Stahl.

Stylz had many interests in life including riding his side-by-side, gaming on his PC and hunting. First and foremost he had a very caring heart and always put others needs before his own. He was always being sarcastic and loved to crack jokes. To many he was known as a gentle giant. He was always watching out for his siblings and made sure they were safe. He had a very special bond with his grandfather, JR; oftentimes they would celebrate their birthdays together as they were only one day apart. Above all else, he loved his mother very much.

He will be missed by many but he will never be forgotten.

In addition to his parents, Stylz is survived by his brothers: Westin, Phoenix and Enzo Holmes; sister Aiyanna Goerke; paternal grandfather JR Holmes, and several aunts, uncles, cousins and friends.

Visitation was March 23, 2023, at the Forest County Potawatomi Cultural Center Building in Crandon. Native American Services were held on March 24, 2023, with Mr. Ian Waubanasum officiating. Interment was at Stone Lake Tribal Cemetery.

Online condolences may be left for the family at www.weberhillfuneral-home.com


FOREST COUNTY POTAWATOMI COMMUNITY POW WOW EVENTS

VETERANS POW WOW
JUNE 10 & 11, 2023


MENO KENO MA GE WEN POW WOW
AUGUST 25-27, 2023



Deadline for the April 15, 2023, issue of
the PTT is Wednesday, April 6, 2023.



POTAWATOMI
TRAVELING TIMES



100 N. Prospect Avenue • PO Box 340 • Crandon, WI 54520
(715) 478-7437 • times@fcp-nsn.gov • www.fcpotawatomi.com

FCP EXECUTIVE COUNCIL

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Reporter/Photographer: VAL NIEHAUS
Graphic Designers: KRYSTAL STATEZNY & CHAD SKUBAL

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If you or someone you know feels unsafe, please consider using one of these resources. They're free, available 24/7, and confidential!

- Forest County Potawatomi Community Advocacy (715) 478-7201
- Tri-County on DV and SA 1 (800) 236-1222
- National Domestic Violence Hotline 1 (800) 799-7233

Winter's End Photos

photos below by Stacey White



photos below by Dave Melancon





**Family
Cake
Walk**

You and your family are invited to this fun family event!
We encourage you to bring a dessert and show off your
baking skills, so we can add it as one of our prizes.
We hope to see you there!

April 13, 2023 • 4-6pm
FCP Cultural Center, Library & Museum - Lower Level
8130 Mish ko swen Drive • Crandon, Wisconsin



**OPEN TO
FCP TRIBAL MEMBERS,
DESCENDANTS &
THEIR FAMILIES**

A MEAL WILL BE PROVIDED



**FOREST COUNTY POTAWATOMI
CULTURAL CENTER,
LIBRARY & MUSEUM**

For information contact
Librarian Lois Frank
715-478-4841 • LoisFrank@FCP-nsn.gov



**Bodwéwadmī
Ktëgan**

3389 Cty Hwy H
Laona, WI 54541
715.478.4545
M-F / 9 AM - 5 PM

**MAPLE SYRUP
IS BACK IN STOCK!**

**THIS SEASON'S SYRUP
IS READY FOR YOU TO
TAKE HOME TODAY.**

**BODWÉWADMI KTËGAN
MAPLE SYRUP IS MADE HERE,
BOTTLED HERE, AND SOLD HERE.**

**16 OZ - \$10 | 32 OZ - \$16
1 GALLON - \$55**




**ATV SAFETY COURSE
2023**

**Friday, April 7
8 am - 4 pm**

**Saturday, April 8
8 am - 12 pm**

Land & Natural Resources
5320 Wensaut Ln., Crandon


Lunch Provided on Friday

**OPEN TO
ANYONE
12 YEARS
& OLDER
WHO NEED
HIS/HER
ATV SAFETY**

Register on gowild.wi.gov, or call
Kayla Drescher at 715.478.4507 and
have your customer ID number ready.



**FOREST COUNTY
POTAWATOMI
LAND &
NATURAL
RESOURCES
DIVISION**





**RED ROAD
EVENTS**

FEB - JUNE 2023 | **CULTURAL CENTER, LIBRARY &
MUSEUM - LOWER LEVEL**
8130 Mish ko swen Dr.
Crandon, WI 54520

A night of fellowship **6 pm**

February 23 - Mental Health & Addiction Basics
March 23 - Alternative Healing Options
April 20 - Impact of Food on Mental Health
May 25 - Co-Dependency
June 22 - Culture in Recovery

**POTLUCK
DINNER**
Bring a Dish to Pass
Open to Everyone

**FOREST COUNTY
POTAWATOMI
HEALTH &
WELLNESS CENTER
BEHAVIORAL
HEALTH**

Contact: Angela Jacobson
@ 715-478-4978

AQUATIC CENTER

5471 thayék ethë dnëkmëgzëk myëw
(The Place Where Everyone Plays Road)
Crandon, Wisconsin



**POTAWATOMI
COMMUNITY CENTER**

For more information please contact
Aquatics Manager Kimberly Wales:
715-478-6513 • Kimberly.Wales@FCP-nsn.gov

APRIL AQUATIC SCHEDULE

	SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Yard Pool	Lap Swim 10am-1pm 2pm-5pm	Lap Swim 5:30am-3pm 4pm-7pm (LL) Swim Lessons 4pm-6:30pm	Lap Swim 5:30am-3pm (LL) 4pm-7pm (LL) Aqua Jogging 10:15am-10:45am Swim Lessons 4pm-7pm Deep Water Aerobics 5:30-6:15pm	Lap Swim 5am-3pm 4pm-7pm (LL) Swim Lessons 4pm-6:30pm	Lap Swim 8am-3pm Adult Swim 4pm-7pm	Lap Swim 10am-3pm 4pm-8pm	Lap Swim 11am-3pm 4pm-8pm
Activity Pool & Hot Tub	Family Swim 10am-1pm 2pm-5pm	Open Swim 5:30am-9am 10am-3pm 6:30pm-7pm Shallow Water Aerobics 9:15am-10am Swim Lessons 4pm-6:30pm Aqua ZUMBA® 5:30pm-6:15pm	Open Swim 5:30am-9am 11am-3pm Shallow Water Aerobics 9:15am-10am Swim Lessons 4pm-7pm	Open Swim 5:30am-9am 11am-3pm 6:30pm-7pm ELDERS ONLY Shallow Water Aerobics 9:15am-10am Aqua ZUMBA® 10:15am-11am Swim Lessons 4pm-6:30pm	Open Swim 8am-9am 10am-3pm 4pm-7pm Shallow Water Aerobics 9:15am-10am	Open Swim 10am-3pm 4pm-8pm	Open Swim 11am-3pm 4pm-8pm
Slide & Features	Slide & Features 10am-1pm 2pm-5pm	CLOSED	CLOSED	CLOSED	CLOSED	Slide & Features 4pm-8pm	Slide & Features 11am-3pm 4pm-8pm

ATTENTION
Aquatic Center will be
CLOSED
11:30am to 4pm
Friday, April 7th

ATTENTION
Community Center will be
CLOSED
Sunday, April 9th

Summer Session 1
SWIM LESSONS
Starting June 4th
Member registration opens May 21st
Non-Member registration opens May 28th
Session will run 3x/week for 2 weeks

To register for classes visit our front desk or online at: community.fcpotawatomi.com. All classes subject to change.



PLEASE NOTE

You MUST register for all classes. Visit our front desk or scan this QR Code.

Spring Session 2

Group Exercise Schedule

April 16 - June 3, 2023

Class Location Key

- AQUATIC CENTER
- GROUP EXERCISE ROOM
- COMBATIVE ROOM
- TURF FIELDHOUSE

Land Classes

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Loosen Up 11:10am-12:10pm	Senior Fit 9am-9:45am 20 On The Turf 11am-11:20am Youth Boxing Club 5:30pm-6:30pm Spin 5:30pm-6:15pm Circuits 5:30pm-6:15pm	Bootcamp 5:45am-6:15am Cycling, Core & Curves 9:15am-10:15am 20 On The Turf 11am-11:20am Dance2Fit 5:30pm-6:30pm	Bootcamp 5:45am-6:15am Full-Body Fitness 10:15am-11am 20 On The Turf 11am-11:20am ZUMBA® Toning 5:30pm-6:30pm	Mobility & Core 9am-9:45am 20 On The Turf 11am-11:20am Brazilian Jiu Jitsu Ages 12-17 • 4-5:30pm Ages 18+ • 5:30-7pm (begins 4/20) Power Vinyasa 5:30pm-6:30pm	Tabata 8:30am-9am Restorative Yoga 9:15am-10:15am ZUMBA® Fitness 10:30am-11:30am	NO CLASSES

Aquatic Classes

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
NO CLASSES	Shallow Water Aerobics 9:15am-10am Aqua ZUMBA® 5:30pm-6:15pm	Shallow Water Aerobics 9:15am-10am Aqua Jogging 10:15am-11am Deep Water Aerobics 5:30pm-6:15pm	Shallow Water Aerobics 9:15am-10am Aqua ZUMBA® 10:15am-11am	Shallow Water Aerobics 9:15am-10am	NO CLASSES	NO CLASSES

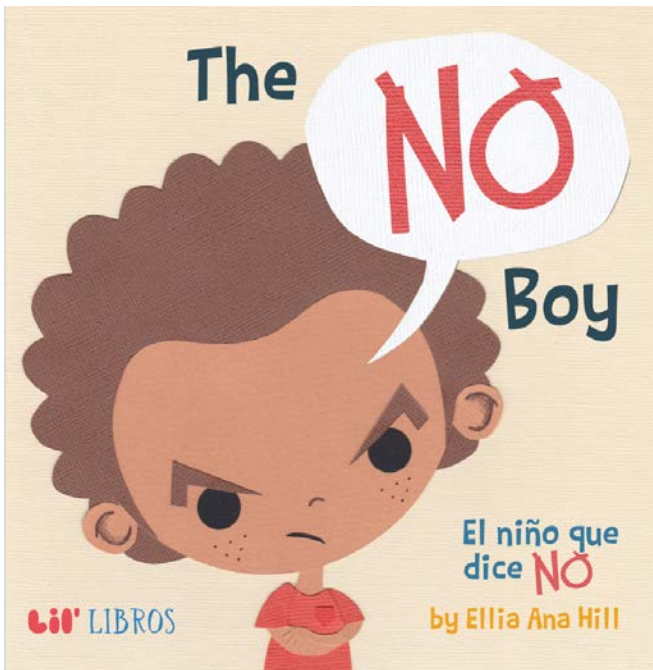
Fitness Promotions

GROUP FIT PLAN
Unlimited Classes
Members = \$20

DROP-IN FEES
Members
\$3 per class
Non-Members
\$10 per class

For more information please contact Group Exercise Coordinator
Abigail Messing at 715-478-6528, or email her at: Abigail.Messing@FCP-nsn.gov.
All classes and prices subject to change. Specialty Classes require separate fees.

The No Boy!: WOODLANDS PARENT WRITES CHILDREN'S BOOK



Introduce your little ones to the full range of their emotions - and how saying no carries so many feelings!

There are big emotions inside all of us - and saying "no" holds the most emotions of all. For this little boy, his emotions are fickle, and his mom is nothing but understanding. The self-proclaimed No Boy teaches us that it's more than okay to say no and that

sometimes saying no has all the answers.

This is Ellia Ana Hill's first children's book debut, showcasing her eccentric and retro art style of cut paper to bring to life the No Boy inhabits.

This bilingual English-Spanish board book is perfect for parents wanting to comprehend the full emotions their child expresses and teaching them the importance of expressing how you feel with words.

About the Author



Ellia Ana Hill is a Puerto Rican cut paper illustrator and artist. She creates hand cut whimsical illustrations from a mix of vintage and modern papers. Her work is influenced by her familia, pop culture, toys, retro goodness, curly hair, and childhood adventures. Ellia earned a BFA from the Milwaukee Institute of Art and Design with an emphasis on illustration and creative writing. She has participated in gallery shows by Netflix, Disney, Hasbro, Latino Arts, and more - all the while raising 6 kids with her husband. Ellia and her family live

in Milwaukee, WI.

Students in Ms. Cerasoli's classroom enjoying the book reading from Ms. Hill, the author! Students also did a paper craft with Ms. Hill, inspired by her paper cut art and the book!



GMS Team Spotlight: JOSH BRUESEWITZ, PROJECT MANAGER



SECRET TALENT: I have the uncanny knack for solving all sorts of puzzles. I learned in college that I was especially good at those strange, physical ones - like the interconnected rings with only one solution to separate them individually. The amusing talents you discover while hanging out at an Irish pub on North Avenue years ago...

CLAIM TO FAME: Little do some people know that I have two degrees in Fine Art. My majors were Fine Arts Painting and Drawing and Fine Arts in Metalsmithing. By no means is this my fame but ever since I can remember I have been working on and tinkering with things. Whether it's my cars, minibikes, my home, etc... I consider my ability to fix pretty much anything my claim to fame and that's the superpower I would always tell my kids. Within the last few years I have gotten into Horology and watch making. I recently, and more importantly successfully, restored my grandfather's mechanical pocket watch after countless years of being out of commission. I mean, come on, that's pretty cool.

OBLIGATORY CONSTRUCTION FACTOID: On my father's side of the family, there are several generations of finish carpenters, including my great uncle who became a Master Carpenter. Growing up he always worked at my childhood home, and I just always thought it was the coolest seeing him work. I eventually helped him on several projects while in high school and college. He taught me some tricks of the trade but more importantly showed me the means to build things with your own two hands and seeing the rewards of your hard, honest work.

CONTEMPLATIVE THOUGHT OF THE DAY: Here are a couple of sayings I abide by:

- 1) The tallest nail is the first one to be pounded down.
- 2) Life begins at the end of your comfort zone.

Take these how you may, but they pop into my head more often than not.

EMPLOYMENT OPPORTUNITIES

Visit the Potawatomi Business Development Corporation website to view a full listing of jobs available domestically and internationally:
potawatombdc.com/careers/



APR 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 Black Light BINGO FRIDAY, APRIL 28		finally \$500 FRIDAY	FRIDAY APRIL 28	THE SPRINGS RESTAURANT & LOUNGE THURSDAY - MONDAY 7 AM - 12 PM	BOGO BREAKFAST THURSDAYS OR FRIDAYS Buy One Get One FREE! <small>Equal or lesser value.</small>	1
2 BASEBALL HAT DAY	3 Free Cookie Day	4 T-SHIRT DAY	5 50 CLUB	6	7 STRIKE ZONE	8
9 BASEBALL HAT DAY	10 Free Cookie Day	11 T-SHIRT DAY	12 50 CLUB	13	14 STRIKE ZONE	15 GRAND SLAM GUEST APPRECIATION DAY
16 BASEBALL HAT DAY	17 Free Cookie Day	18 T-SHIRT DAY	19 50 CLUB	20	21 STRIKE ZONE	22
23 BASEBALL HAT DAY	24 Free Cookie Day	25 T-SHIRT DAY	26 50 CLUB	27	28 STRIKE ZONE	29 ALL TERRAIN APRIL
30 BASEBALL HAT DAY						

ALL TERRAIN APRIL

SATURDAY, APRIL 29

CASH DRAWINGS — WIN UP TO \$1,000
5 PM - 9 PM • TWO WINNERS EACH HOUR

GRAND PRIZE DRAWING AT 10 PM
2023 POLARIS GENERAL XP 4 1000



STRIKE ZONE

WIN YOUR SHARE OF UP TO **\$14,000 CASH!**

FRIDAYS, APRIL 7, 14, 21 & 28

FIVE WINNERS | 6 - 10 PM

Earn 100 points and be actively playing to be eligible for the drawings.

EARN 250 SAME DAY POINTS TO GET A NEW HAT!

BASEBALL HAT DAY

SUNDAYS IN APRIL
10 AM - 9 PM



DRAWINGS • FREE FOOD • LIVE MUSIC

GRAND SLAM GUEST APPRECIATION DAY

WIN UP TO \$1,000 CASH!



Easter Dining

SUNDAY, APRIL 9

Breakfast & Brunch Buffet at The Springs
Grilled Ham Dinner at The Flames

Visit our website for complete details



DINNER Specials

THE SPRINGS
SATURDAYS 4-9PM

BROASTED CHICKEN
2 pc. \$11.95 4 pc. \$14.95

PRIME RIB
QUEEN CUT \$26.95 (10 oz - 12 oz) ★ KING CUT \$28.95 (12.5 oz - 14 oz)

ALL DINNERS INCLUDE:
choice of potato, vegetable dinner roll, and soup & salad bar.

DOUBLE UP PAYOUTS

REGULAR GAMES IN APRIL

If there are at least 40 bingo players, all regular game payouts will be doubled!



BINGO'S CASH DRAWING

SUNDAY APRIL 30

Receive one entry with every entry pack purchase.

ONE LUCKY \$500 CASH WINNER IN APRIL!

