



POTAWATOMI TRAVELING TIMES

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Potawatomi Carter Casino Hotel Celebrates 30th Anniversary

submitted by PCCH Marketing

Today it would be difficult to envision Carter, Wis. without a casino and hotel. Before opening in March 1992, tourists and visitors driving through may have missed the town if they blinked. Things have changed since then, Carter is now renowned as Northern Wisconsin's premier gaming and entertainment destination.

The idea started in 1988 with the need for a new building to play Bingo in, the gymnasium in the Tribal Hall in Stone Lake was overflowing with players and in March 1992, a pole building was constructed and Potawatomi Bingo Northern Lights Casino (PBNLC) opened its doors. What began as a pole building for bingo rapidly developed into something much more. An expansion to the structure introduced slot machines to the facility and Carter was now on the map.

In 1994 Indian Springs Lodge and Conference Center was built across the parking lot from PBNLC. Shortly after its construction, in 1996, the lodge and conference center was expanded, making it the largest lodging and conference center in the Northeast part of Wisconsin. As a result of this expansion it went from 60 rooms and a restaurant, to 98 rooms, a restaurant and seven conference rooms. Now not only did guests have the opportunity to try their luck in the casino, they could also spend the night in the hotel.

With all this growth Potawatomi Bingo Northern Lights Casino quickly out-

grew the original pole building and the decision was made to build a new casino attached to the Indian Springs Lodge. Management broke ground in 2005 and in 2006 the doors opened with additional amenities that continued to enhance the guest experience. This expansion was the largest construction project in Forest County at the time, and brought around one hundred new jobs to the area.

Potawatomi Bingo Northern Lights Casino determined in the fall of 2009 that with all of these upgrades, they needed a new name. The name change would mirror the guests' voices who referred to the casino as "Carter" or "Carter Casino." Potawatomi Carter Casino Hotel was chosen, and a new logo was designed to reflect the casino's sister facility in Milwaukee.

Many things have changed over the previous 30 years, but one thing remains the same; Potawatomi Carter Casino Hotel team members are like family, and are treated as such, with competitive salaries and excellent benefits. Potawatomi Carter Casino Hotel has not only created hundreds of jobs in the area, but it also provided opportunities for team members to advance personally and professionally while making a positive impact on the community and its guests.

Our team and our guests are thrilled to be celebrating the 30th anniversary of Potawatomi Carter Casino Hotel and look forward to many more years.



An Introduction to the Community Center Part 3

by Val Niehaus

Potawatomi Traveling Times (PTT) is working on a series that will introduce the different departments of the new Forest County Potawatomi (FCP) Community Center. Each part of the series will feature a department, its purpose, and its staff.

Part 3 of this series introduces the Aquatic department under the guidance of **Aquatics Manager Kimberly Wales**. This article will focus on an introduction of staff with a wider focus of the department to come in future issues. For more information on classes or personal training, visit community.fcspotawatomi.com.

Wales relayed to PTT that she worked in healthcare for the past 13 years and then made the change to aquatics about three years ago. She said, "I have always loved being in the water, and grew up swimming, tubing, and fishing. I enjoy teaching swim lessons and watching the participants learn new skills, while having fun in the pool. I am excited to see our swim lesson program grow, both with group swim lessons and private lessons, and add more water exercise classes in the future."

Some programs and classes they offer are: Water Exercise: Shallow Water Exercise classes are offered in the mornings, Monday – Friday. Deep Water Aerobics Tuesdays at 5:30pm. Group Swim Lessons (see community.fcspotawatomi.com)

When asked how she helps keep people motivated and interested she says, "Swimming of course, but I really enjoy meeting with the kids after school and playing games in the gym or on the turf. Our family is quite active, and we play a lot of family games here at the Community Center (volleyball, kickball, basketball). I spend time getting to know the patrons while on deck and ask questions to find out what type of programming they would like to see here. I encourage those that come to open swim to try our water exercise programs and talk with families about swim lessons. I like to encourage patrons to try something new and show my excitement when someone reaches a new goal or is trying an activity for the first time. You'll see me jump out of the water with excitement when a swim lesson participant masters a skill they have been working on. It's great to see the I-did-it smile on their face!"

Wales was asked what future coming will be happening. Her reply was, "We will be starting a new round of Group Swim Lessons on February 28th, and we already have participants signed up for classes. We would like to offer some Aquatic Personal Training and Adult Swim Lessons in the future as well. I have had success in the past with Technique Clinics, working on stretching before swimming, and refining kicks, rhythmic breathing, and swim strokes."

Wales added at the end of the inter-

view saying, "We would love to add more swim instructors so we can offer more swim lessons to the community. If you love to swim, love to teach, or have been a competitive swimmer in the past, give us a call!" She also mentioned, "We currently have openings for both Full Time and Part Time Lifeguards, and those interested can apply online. We look forward to seeing you at the Community Center!"

Aquatics Assistant Manager Shannon Howerton, University of Wisconsin Milwaukee, Bachelor of Arts in Music, Enrolled Sokaogon Chippewa Band of Mole Lake.

In her own words: I'm just a big fan of the water. I became a lifeguard at 19 and guarded at the City Beach in Crandon for 5 summers and at a pool for Shorewood High School while I was finishing up my final semesters of college. I was often called by Wabeno High School to lifeguard when they would have their end of the year party at Silver Lake as well. On top of guarding waters, I water-ski for 7 years with the Crandon Water Shows and doubled up for 3 summers with the Twin Bridge Water-ski Team located in Crivitz, Wis. I've been lifeguard/first aid/CPR certified and re-certified many times over the span of almost a decade. When I saw the opportunity to work in an environment in which I had experience in my hometown, I had to swim to it.

I enjoy a lot of things about my job. I'm very much a people person so interacting with so many people in and out of the water makes my days very enjoyable. My favorite thing about my job is leading water aerobics classes. Since we've opened, I've been able to establish an excellent shallow water aerobics class with wonderful attendee's that make coming into work an absolute joy.

With any job there are challenges. With aquatics specifically, it is getting each of our guards trained to the Red Cross Standard and teaching them how important their job is in keeping every patron safe. Also, educating the community on water safety and the do's and do not's of the pool deck. We've never had such easy access to a pool before, and now that we do, it is a priority that we all learn together so we can ensure that everyone has a safe experience at the Community Center.

I see a lot of things! I wear a lot of hats and have a lot of different skills that I can bring to the table. I've been a head softball coach, I've given music lessons, I've taught kids how to water-ski – which is not an easy feat – I've taught swim lessons. In my college days I held positions within our Native American Student Association as President, Vice President, and Treasurer. I've helped plan and organize six Powwows with that association that required me to write grants and reach out locally (Milwaukee)

to other native peoples and organizations, so I have built a network of contacts with knowledge in many traditional activities. Right now, my focus is on helping develop the aquatics department, but I would love to get more involved with some after school programs, recreation programs and activities geared more toward the youth once my availability opens up.

This is a wonderful facility and I feel very lucky to have been given the opportunity to help create a safe, fun, healthy environment for all of us to utilize and enjoy in many different ways!

List of all current Aquatics Employees:

Kimberly Wales	Aquatics Manager
Shannon Howerton	Assistant Manager
Levi Madl	Full Time Lifeguard
Anike Sulaimon	Lifeguard
Omar Bailey	Lifeguard
Matthew Ginter	Lifeguard
Kruz Kulinski	Lifeguard
Alexis Madl	Lifeguard
Makenzee Marvin	Lifeguard
Tabitha Marvin	Lifeguard
Waylon Montgomery	Lifeguard
Mariah Najera	Lifeguard
Mariya Tuckwab	Lifeguard
Abey VanZile	Lifeguard
Preston VanZile	Lifeguard
Isabella Toyebo	Lifeguard
Evan Vander Velde	Lifeguard



(l-r) Aquatics Manager Kimberly Wales and Aquatics Assistant Manager Shannon Howerton



Cary “Care Bear” Joseph Lang Jr.

Cary “Care Bear” Joseph Lang Jr., age 34 of Wausau, passed following a lengthy illness on Feb. 7, 2022, at Aspirus Wausau Hospital.

Cary was born on Nov. 22, 1987, in Wausau to Louise (Crawford) McGeshick and Cary Joseph Lang Sr. In his pastime he loved cooking and camping, but most of all, he was a fun-loving father and so kind, caring and so much love for his mom, dad, his two babies, brother and all his family and friends. Cary was a Green Bay Packers and Bucks fan, who also enjoyed listening to rap music. He was an active tribal member of Potawatomi.

Cary is survived by his children: McKayla Gilman of Wausau and Tavien Lang of Edgar; his mother: Louise McGeshick of Wausau; his siblings: Shawn (Tiarra) Lang of Wausau, Miguel Marrero of Wausau, Gregory (Kelsey) Marrero of Wausau; his stepfather: Alfredo Marrero of Wausau; his grandmother: Margaret Shepard of Crandon; his uncles; Howard (Jeanette) Crawford Jr. of Wausau and Steve (Beverly) Crawford of Las Vegas, Nev.; and many other relatives and friends.

Cary is preceded in death by his grandpa: Howard Crawford Sr.; his aunt: Marian Crawford; his uncle: James Crawford Sr.; his cousins: Jolene Spaude and Bren Spaude.

Visitation and funeral service was held at Helke Funeral Home, 302 Spruce Street, Wausau, Wis., on Feb. 11. Burial took place Feb. 12, at Restlawn Memorial Park Cemetery, Wausau.



March Elder Menus

- | | |
|--|--|
| <p><u>Monday, 2/8</u>
Smoked Sausage, Fried Potatoes, Asparagus, Fruit</p> <p><u>Tuesday, 3/1</u>
Chicken Tacos, Mexican Rice, Fiesta Corn, Salsa & Sour Cream, Dessert Bars</p> <p><u>Wednesday, 3/2</u>
Beans, Chopped Meat & Tomato Casserole, Buttered Bread, Pecan Pie</p> <p><u>Thursday, 3/3</u>
Broccoli & Cheese Soup, Ham Sandwich on Wheat Bread, Crackers, Watermelon</p> <p><u>Friday, 3/4</u>
Cobb Salad, Nutri-Grain® Bar, Grapes</p> <p><u>Monday, 3/7</u>
Baked Chicken Breast, Mashed Potatoes, Green Beans, Dinner Roll, Apple</p> <p><u>Tuesday, 3/8</u>
Chop Suey over Rice, Egg Rolls w/Sweet & Sour Sauce, Fortune Cookie, Cantaloupe</p> <p><u>Wednesday, 3/9</u>
Beef Stew Biscuit, Peaches</p> <p><u>Thursday, 3/10</u>
Turkey & Bacon Wrap, Cottage Cheese, Cranberry Sauce</p> <p><u>Friday, 3/11</u>
Fully Loaded Baked Potato Soup, Side Salad Hummus & Crackers, Cherry Fluff</p> <p><u>Monday, 3/14</u>
Scalloped Potatoes & Ham, Beets, Zucchini Casserole, Dinner Roll, Chocolate Chip Cookie, Mandarin Oranges</p> <p><u>Tuesday, 3/15</u>
Mexican Lasagna, Black Bean Cowboy Caviar, Bread Stick, Blueberry Yogurt Parfait</p> <p><u>Wednesday, 3/16</u>
Chicken Pot Pie Casserole, Jello® w/Fruit</p> | <p><u>Thursday, 3/17</u>
Chef Salad, Garlic Bread, Fresh Fruit Mix</p> <p><u>Friday, 3/18</u>
Chicken Dumpling Soup, Turkey Sandwich, Crackers, Apple</p> <p><u>Monday, 3/21</u>
Chicken in Gravy w/Mixed Veggies over Noodles, Buttered Wheat Bread, Apricots</p> <p><u>Tuesday, 3/22</u>
Spaghetti & Meatballs, Cottage Cheese, Green Beans, Bread Stick, Banana</p> <p><u>Wednesday, 3/23</u>
Kielbasa w/Sauerkraut, Parsley Potatoes, Corn, Dinner Roll, Pears</p> <p><u>Thursday, 3/24</u>
Egg Salad Sandwich on Croissant, Side Salad, Pineapple Lime Fluff</p> <p><u>Friday, 3/25</u>
Split Pea & Ham Soup, Corn Bread w/Honey Butter, Cheese Sandwich, Applesauce</p> <p><u>Monday, 3/28</u>
Tuna Casserole, V8® Juice, Garlic Bread, Pineapple</p> <p><u>Tuesday, 3/29</u>
Pork Tenderloin, Stuffing, Pork Gravy, Carrots, Grapes</p> <p><u>Wednesday, 3/30</u>
Beer Battered Fish, Coleslaw, Roasted Sweet Potatoes, Rye Bread, Peaches</p> <p><u>Thursday, 3/31</u>
Cold Turkey & Swiss on Cranberry Bread, Cauliflower & Broccoli Salad, Strawberries</p> <p><u>Friday, 4/1</u>
Chicken & Wild Rice Soup, Fry Bread, Orange</p> <p>MENUS SUBJECT TO CHANGE</p> |
|--|--|

Coffee Talk
at Carter WeCare
Coffee & Conversation
MONDAYS & THURSDAYS
10am - Noon
Coffee and Snacks provided
PLEASE NOTE: Coffee Talk will not be held on 4/4/22 and 5/23/22.
Open to FCP Tribal Elders & their guest.
FOREST COUNTY POTAWATOMI HEALTH DIVISION
Call Jason Townsend at 715-478-4992 for more information.

Coffee Talk
at Potawatomi Community Center
Coffee & Conversation 9am
Coffee and Light Breakfast provided
Activities 10am
• Bingo - First Monday each month
• Senior Fit - Tuesday • Aquatics - Wednesdays
Lunch 11am-2pm
Available in the cafeteria (provided at no cost)
MONDAYS • TUESDAYS • WEDNESDAYS
Open to FCP Tribal Elders & their guest.
FOREST COUNTY POTAWATOMI HEALTH DIVISION
You can earn FCP Tribal Wellvation Points for daily activities!
Call Jason Townsend at 715-478-4992 for more information.



If you or someone you know feels unsafe, please consider using one of these resources. They're free, available 24/7, and confidential!

- Forest County Potawatomi Community Advocacy (715) 478-7201
- Tri-County Council on DV and SA 1 (800) 236-1222
- National Domestic Violence Hotline 1 (800) 799-7233



FCP TRIBAL MEMBERS:
Have you recently received your Bachelor's Degree?

FCP EARLY TALENT
Rotation Program

has been designed for **YOU!**

Program will begin in early June 2022!

By joining the rotation program, you will:

- Participate in a 2-year program as an employee
- Experience working 4 different government employment positions, each 6 months long
- Have real work to learn and accomplish
- Gain a better understanding of the inner workings of the FCP Government while receiving a full benefit package and competitive pay

Go to **FCP.Jobs** and apply to:
EARLY TALENT ROTATION PROGRAM

FCP Elders Attend Bucks Game

submitted by Caring Place



FCP Tribal Elder Jayson Jackson posed with the championship trophy.

February 17, 2022, Forest County Potawatomi (FCP) Elders took a trip to watch the Bucks play against the 76ers in a tight game ending in the 76ers favor of 123-120.

Potawatomi Bingo & Casino CEO and General Manager Dominic Ortiz

was in the suite with the Elders the whole game conversing with them. The highlight was the Elders were able to see the real Championship trophy of the Bucks along with the championship ring worth \$20,000!! It was a great highlight of the night!

WHAT'S NEW IN THE LIBRARY!

- **The First Fire: A Cherokee Story** by Brad Wagnon (children's literature)
- **The Fox Wife** by Beatrice Deer (children's literature)
- **Walking in Two Worlds** by Wab Kinew (YA Fiction)
- **The Sea in Winter** by Christine Day (YA Fiction)
- **The Barren Grounds** by David A. Robertson Book 1 of Misewa Saga (YA Fiction)
- **My Heart is a Chainsaw** by Stephen Graham Jones (Fiction)
- **The Sentence** by Louise Erdrich (Fiction)
- **Gichigami Hearts** Linda Legarde Grover (Biography)
- **Life in the City of Dirty Water: A Memoir of Healing** by Clayton Thomas Muller (Biography)
- **Carrying the Burden** by Sam McKegney (Social Issues)

WINTER READING BINGO

The FCP Library is having a winter reading bingo for adults and kids from March - May 2022. The winner will be drawn at the end of every month for a **\$25 Amazon Gift Card!** Patrons can stop in at the FCP Library to get their bingo slips.



FOREST COUNTY POTAWATOMI
**CULTURAL CENTER,
LIBRARY & MUSEUM**

Deadline for the March 15, 2022 issue of the PTT is Wednesday, March 2, 2022.

POTAWATOMI TRAVELING TIMES

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FCP Community Facebook Live Session Recap - February 16, 2022

FCP Chairman Ned Daniels Jr.

Good morning, Forest County Potawatomi. I hope you are all having a good week and have been keeping warm the last few days.

I am Ned Daniels Jr., Chairman of the Forest County Potawatomi and I'm glad to be here with all of you today.

It's been a busy time for everyone lately. Winter is dragging on here in the Northwoods and the kids are itching for a break. While it's not here yet, it's clear that we are already seeing signs of spring on the horizon. The days are getting longer, and Wisconsin's own groundhogs (Jimmy from Sun Prairie and Bobby from Green Bay) DID NOT see their shadows earlier this month, which means we can expect an early spring. That should give you something positive to think about as we deal with our recent negative temperatures.

Your Executive Council has been busy making sure that the Potawatomi continues to be in a good position for the future. Yesterday, I was in Madison to listen to Gov. Tony Evers deliver his annual State of the State address. And next week, myself and members of Executive Council will be traveling to Madison again to hear the annual State of the Tribes address.

This annual event is an opportunity to speak to our state's elected officials and let them know what issues are important to Indian Country. The tribes rotate who speaks each year. I was fortunate to give this address a few years ago. Stockbridge-Munsee President Shannon Holsey will give this year's address.

The address will be held on Tuesday, Feb. 22, at 1 p.m. I encourage all of you to tune in and listen to what our fellow tribal leaders are saying. Please watch our Facebook Page for a link to watch the address on your computer at home.

We've got a few events coming up that we want to make sure you know about:

Are you interested in learning La Crosse? Then join Mark Webster Denning to learn the fundamentals and gain insight into its traditional meanings.

Lessons will be held at the Potawatomi Community Center Fieldhouse on:

Friday, Feb. 25 at 5:30 p.m., Saturday, Feb. 26 at 1 p.m., and Sunday, Feb. 27 at 1 p.m. This is open to members of all federally-recognized tribes, and non-tribal members are encouraged to watch and participate in some activities as well.

For more information, please contact Cultural Coordinator Richard Gougé at 715 478-6523.

FCP Housing is hosting an Open House, March 1, 2022, from 5 – 8 p.m. at the Potawatomi Community Center. This is an opportunity to learn some tips, tricks, and small preventative maintenance measures you can use to prevent larger issues from occurring! Enjoy a home-cooked meal and find out what the Housing Dept. has been up to lately. Contact Allison Daniels at 715 478-7406 with questions.

Beginning this March, the FCP Library is holding Winter Reading Bingo for adults and kids! All you need to do is check out and read books from the FCP library and

you can be entered to win a \$25 Amazon gift card. Contact the FCP Library for more information or stop in to get your Bingo Card.

And for our "Good News" this week, we would like to highlight a kind gesture of some of the children in the Gte Ga Nes Preschool Ge-No classroom, and students who attend Education After School Tutoring. The students made individual Valentines for the residents at the Caring Place to spread a little extra love this time of year. We hope this expresses their love for their elders and spreads a little happiness to the residents.

Family Services Division Administrator Abbey Dall

Bosh! Forest County Potawatomi Community! We've got some great news and congratulations to share.

Recently, community member Megan Stahl became employed at Rising Sun Day-care, tribal member Robert Kitchell started employment at Solid Waste, community member Keanu Yazzie started employment at the Community Center, and tribal member James Moe started as the Assistant Facilities Manager. Congratulations, welcome, and we're happy to have you on our teams serving YOUR community.

All these tribal members and community members began their employment after experiencing success with various employment options with Economic Support. Tribal Employment Skills and new programming assisted in developing career related relationships, improving job skills, and exposing these individuals to employment success. We're excited to have them on board. Are you interested in employment with Forest County Potawatomi, but need to brush up on your job skills? Give Kathy Tupper a call at 715 478-4433 to schedule an appointment to discuss and explore available positions. Are you already ready for work? Call HR at 715 478-7200 to explore our current open positions.

Community Advocacy would like to invite you to consider reviewing your advanced directives and other important paperwork. Community Advocacy can help get you in the right direction if you should require assistance. Call 715 478-7201 to schedule a meeting with one of the staff to discuss.

Are you feeling out of sorts? Just need someone to talk to? Please remember help is available 24/7. If you are feeling suicidal - please call the Hopeline: 1-800-273-8255. You may also text HOPELINE to 741741 to reach a crisis counselor.

Rising Sun Day Care is open! We have plenty of space for your children. Special reminder, if your children are sick, please keep them home until they are well. Be sure to call us so we know we shouldn't expect them. Please contact Laura Spink, Child Care Director at 715 478-4106 to get your applications in and talk about the process.

Parenting classes are being held in multiple platforms. These classes support court ordered parenting class requirements but are also helpful if you just feel the need to brush up. If you're interested in the classes, please call Katy at 715 478-4433.

Ever find yourself in need of some extra parenting support? On Thursdays, mothers' and fathers' support groups are taking place at the Community Center. Come spend some time with other parents to discuss issues, tips, and share ideas. Just show up, registration is not required.

Assistance is available for qualifying applicants for food, medical, and childcare expenses. We'd like to invite you to apply at <https://access.wisconsin.gov>. For those of you receiving this resource, it's a good idea to check in and review your case. Please give Alyson a call at 715 478-4433 to schedule your appointment.

For non-emergency service requests, our business hours remain to be Monday – Thursday, 7 a.m. – 5 p.m. If you should call outside of these hours, please leave a message with your full name and a WORKING phone number so that we may return your call. Call Family Services at 715 478-4433.

HWC Community Health Manager Jacee Shepard

Good afternoon FCP Community.

Forest County's COVID Community Transmission level continues to be high per CDC. While we have started to see a decrease in cases in our community, we continue to encourage everyone to take steps to keep themselves and their families safe- like washing your hands, staying home when you are sick, wearing a mask in public indoor spaces, avoid crowds and poorly ventilated spaces, and to get the COVID vaccine if you haven't already.

The Health & Wellness Center continues to offer Pfizer and Moderna COVID vaccine, boosters and flu vaccines. Please call 715 478-4450 to schedule an appointment.

If you or your family are experiencing symptoms of Covid 19, please call the Health & Wellness Center to speak to a nurse at 715 478-4318 to see if covid testing or an appointment would be necessary. Community Health also has at-home COVID tests available for tribal members and their families. Call us at 715 478-4355 with any questions.

February is American Heart Month. Whatever your age, you can take steps each day to keep your blood pressure in a healthy range. By living a healthy lifestyle, you can help keep your blood pressure in a healthy range. Preventing high blood pressure, which is also called hypertension, can lower your risk for heart disease and stroke. Practice the following healthy living habits:

- Eat a healthy diet. Choose foods rich in potassium, fiber and protein, and lower in salt and saturated fats.
- Keep yourself a healthy weight.
- Be physically active. Adults should have a goal of moderate activity, like brisk walking or biking, 30 minutes a day, 5 days per week.
- Do not smoke.
- Limit how much alcohol you drink.
- Make sure to get enough sleep.

Measuring your blood pressure is also an important step toward keeping a healthy blood pressure. Because high blood pressure and elevated blood pressure often have no symptoms, checking your blood pressure is

the only way to know for sure whether it is too high. If you would like a blood pressure monitor for your home, Community Health has them available. Call us at 715 478-4355.

Community Health will be hosting a Jumpstart Your Heart Family Fun Night at the Community Center on Feb. 23, from 4-7pm. This will feature jump rope challenges and activities for all ages, teaching kitchen with heart-healthy food demonstrations, and blood pressure screenings. There will be giveaways and grand prize drawings. Food and drinks will also be provided. This is open to all FCP Community Center members. Please contact Mickey in Community Health with any questions at 715 78-4355.

Thank you and have a great day!

Education K-12 Director Courtney Crum

Gte Ga Nes Preschool classes created a beautiful Valentine's poster for the Community Center. It will be on display on the media boards, so make sure to stop in and check out their beautiful artwork.

Gte Ga Nes had a Valentine's Day party on Monday. They wore their pajamas, brought their favorite stuffed animal to school, and exchanged Valentine cards and treats during this fun-filled day.

The After School Tutoring kids also celebrated with a party on Monday. They had Valentine's snacks and were able to create some fun arts and crafts after completing their homework for the day.

As for program updates, there are currently no active COVID cases in Gte Ga Nes Preschool.

The K-12 Education Department would like to remind Laona parents of the parent/teacher conferences on Feb. 16, from 3:30 - 7 p.m., and Wabeno parents of parent/teacher conferences on Feb. 17, from 3:30 - 7 p.m. or Feb. 18, from 8 a.m. - 12 p.m. If you would like K-12 Education staff to join your scheduled parent/teacher conference, please email me at courtney.crum@fcp-nsn.gov. K-12 Education staff will be available at the conferences as well.

We are excited to have had added additional K-12 tutors in the area schools, creating an opportunity to reach more of our children. With the increased staff, we are also able to open up After School Tutoring to students grades 3 - 12 any day Monday through Thursday.

If you're interested in signing your child up for the After School Tutoring program, please register them online at community.fcpotawatomi.com under Youth After School Programs.

Our staff has noticed some sleepy students lately, so we wanted to share some information with students and parents on the importance of sleep for your child's developing mind. Research shows that sleep impacts alertness, attention, cognitive performance, mood, resiliency, vocabulary acquisition, learning and memory.

The Community Center has welcomed a new Division Administrator, Matt Steingraber. We are excited to hear more about the happenings at the Community Center coming soon!





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Ktëgan

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FOREST COUNTY POTAWATOMI
GAMING COMMISSION

2022 SPRING INTERNSHIP PROGRAM



In the program, you will have the opportunity to meet gaming commissioners and staff, become familiar with the many duties of the Gaming Commission, observe each of its departments, and become familiar with how the Gaming Commission regulates casino operations on-site. You will visit the various venues within the Milwaukee and Carter properties and experience the excitement that the tribe's casinos have to offer. This is an excellent way to enhance your gaming and regulation knowledge. There will also be discussions, an individual project, departmental exploring and so much more. This program is designed to fit a variety of learning styles. If this program interests you, apply today!

- Must be an enrolled Forest County Potawatomi Community member, 18 years or older, have high school diploma or recognized equivalent.
- Weekly stipend provided.

APPLICATION DEADLINE: March 14, 2022

INTERNSHIP DATES: March 28 - May 13, 2022

PLEASE CONTACT: Miranda Villa, Executive Assistant
to get an application at: 414-335-0687 | Miranda.Villa@fcp-nsn.gov
www.paysbig.com/gaming-commission

ORTHOPEDICS

available in Rehabilitation Services!



Honoring Health,
Healing, and Tradition

Why travel outside of our community to consult with an orthopedic surgeon? We have partnered with The Orthopedic Clinic of Appleton to bring this care closer to our patients. Dr. Timothy Mologne, an orthopedic surgeon certified by the American Board of Orthopaedic Surgery, specializes in arthroscopic surgery of the shoulder, elbow, hip, knee, and ankle.



Call our Rehab Services
at (715) 478-4339 to schedule a consult.
Appointments available the 2nd Tuesday
of each month starting Dec. 14, 2021.

Appointments are available for
FCP-enrolled tribal members and their families,
and FCP employees and their families.



FOREST COUNTY
POTAWATOMI
**HEALTH &
WELLNESS
CENTER**

a participating member of
 **ASPIRUS
NETWORK**

8201 Mish ko swen Drive
Crandon, WI
Mon - Fri, 7 am - 5 pm
Health.FCPotawatomi.com



Kitchen

Salads, Wraps, Soups, & More

Lunch Monday - Friday • 11am - 3pm
Soup & Salad Bar Monday - Thursday • 11am - 3pm
Concessions Monday - Friday • 3pm - 6pm

«This & That»

Soup & Salad Bar \$11.00
One trip through with a cup of soup.

Deli Sandwich & Soup \$6.00
Choice of sandwich and a cup of soup.

Garden Salad & Soup \$6.50
Greens, cucumber, tomato, red onion, and croutons with choice of dressing and a cup of soup.

Wrap & Soup \$8.00
Choice of wrap and a cup of soup.

«Concessions»
(available after 3pm)

Hot Dog \$2.00
Jumbo beef frank served on a bun.

Nachos w/ Cheese \$3.00
Tortilla chips served with warm nacho cheese.

Popcorn \$1.00
Buttery fresh-made popcorn.

«A la Carte»

Soup d'Jour \$3.50
Homemade soup of the day.

Salad Bar \$8.00
One trip through.

Deli Sandwiches \$3.00
Fresh-made sandwich served on a deli roll, hoagie, or white bread.

Wraps \$5.00
Fresh-made deli-style wrap.

Garden Salad \$3.50
Fresh greens, cucumbers, tomatoes, red onions, and croutons with choice of dressing.

Fresh Fruit Price Varies

Chips \$1.00

Dessert Cup \$0.50

Gogurt \$0.50

Cookies \$1.00

String Cheese \$0.50

«Drinks»

Bottled Water \$1.00

Milk & Juice \$2.00

Soda & Powerade \$2.00

Visit us for Specials,
Featured Wraps,
& Daily Soups!

5471 thayék éthē dnékmëgzèk myéw
(5471 The Place Where Everyone Plays Road)
Crandon, WI 54520

PLEASE NOTE

All classes are subject to change

Aquatic Center

MARCH SCHEDULE

ATTENTION

No Swim Lessons
March 28 - April 2

	SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Yard Pool	Lap Swim 10am-1pm 2pm-5pm	Lap Swim 5:30am-9am 10am-3pm 4pm-7pm	Lap Swim 10am-3pm 4pm-7pm (LL) Swim Lessons 4pm-5:25pm Deep Water Aerobics 5:30pm-6:15pm	Lap Swim 5:30am-9am 10am-3pm 4pm-7pm	Lap Swim 10am-3pm 4pm-7pm	Lap Swim 5:30am-9am 10am-3pm 4pm-8pm	Lap Swim 11am-3pm 4pm-8pm
Activity Pool & Hot Tub	Family Swim 10am-1pm 2pm-5pm	Open Swim 5:30am-9am 11am-3pm 4pm-7pm Shallow Water Aerobics 10:15am-11am After School Swim 4pm-5pm	Shallow Water Aerobics 10:15am-11am Open Swim 11am-3pm Swim Lessons 4pm-5:25pm Open Swim 6:20pm-7pm	Open Swim 5:30am-9am 11:45am-3pm 5:30pm-7pm Elders Only Shallow Water Aerobics 10:15am-11am Swim Lessons 4:15pm-5:15pm	Shallow Water Aerobics 10:15am-11am Open Swim 11am-3pm Swim Lessons 4pm-5:25pm Open Swim 5:30pm-7pm	Open Swim 5:30am-9am 11am-3pm 4pm-8pm Aqua Lite Aerobics 10:15am-11am After School Swim 4pm-5pm Youth Swim 5:30pm-8pm	Family Swim 11am-3pm 4pm-8pm
Slide & Features	Slide & Features 10am-1pm 2pm-5pm	Only Features 5pm-7pm	CLOSED	Only Features 5pm-7pm	CLOSED	Slide & Features 5:30pm-8pm	Slide & Features 11am-3pm 4pm-8pm

REGISTER FOR CLASSES

You can register at our front desk, or visit us online at community.fcpotawatomi.com

PLEASE NOTE



You MUST register for all classes. Visit our front desk or scan this QR Code.

Spring 2022

Group Exercise Schedule

February 28 - April 16, 2022

Class Location Key

AQUATIC CENTER
GROUP EXERCISE ROOM
COMBATIVE ROOM
TURF FIELDHOUSE

Land Classes

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Senior Fit 9am-9:30am	NEW! Step Aerobics 9:30am-10:15am	Sunrise Bootcamp 5:45am-6:30am	Mobility & Abs 8:30am-9:15am	Cardio Kickboxing 8:45am-9:30pm	Zumba 9am-10am
NEW! Unlimited Power 10am-10:45am	Vinyasa Flow 5:30pm-6:30pm	Full-Body Fitness 9am-9:45am	Yoga Sculpt 5:30pm-6:30pm	Restorative Yoga 9am-10am	
HIIT 5:30pm-6pm		Zumba 5:30pm-6:30pm			

Water Classes

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
NEW TIME! Shallow Water Aerobics 10:15am-11am	Shallow Water Aerobics 10:15am-11am Deep Water Aerobics 5:30pm-6:15pm	ELDERS ONLY Shallow Water Aerobics 10:15am-11am	Shallow Water Aerobics 10:15am-11am	Aqua Lite 10:15am-11am	Scan this QR Code to view online



Group Fit Plan

Unlimited classes per month!
Members Only = \$20

Drop in Fees

Members \$3/class
Non-Members \$5/class + 1-Day Pass

For more information please contact Group Exercise Coordinator Leah Bell at 715-478-1576 or email her at: Leah.Bell@FCP-nsn.gov

All classes and prices subject to change.



Please welcome...

Leah Bell, Group Exercise Coordinator

"I'm excited to take on new classes and challenges as Group Exercise Coordinator. I look forward to meeting our members and inspiring everyone to reach new limits and have fun! Reach out to me with questions or ideas about Group Exercise, or just to get to know me."



5471 thayék éthë dnêkmëgzêk myéw
(The Place Where Everyone Plays Road)
Crandon, WI 54520 | 715-478-6500
community.fcpotawatomi.com

Hours:
M - F
5:30 am - 9 pm
Sat
7 am - 9 pm
Sun
10 am - 6 pm

➤ Pool

- ▶ Kiddie Pool
- ▶ Basketball Hoops
- ▶ Water Slide ▶ Hot Tub
- ▶ Lap Pool with Diving Blocks

➤ Recreation

- ▶ Rock Climbing Wall
- ▶ Golf Simulator
- ▶ Basketball/Pickleball/Volleyball/Badminton Courts
- ▶ Turf Field House: Indoor Soccer/Batting Cages
- ▶ Sports Equipment to Use
- ▶ Game Room

➤ Fitness

- ▶ Walking/Running Track
- ▶ Cardio & Strengthening Machines
- ▶ Free Weights
- ▶ Group Exercise Studio
- ▶ Combative Room
- ▶ Personal Training Services

➤ Child Care

- ▶ On-Site Child Drop-Off

➤ Concessions

- ▶ Soup and Salad Bar

Visit Our Website

- for info on:
- ▶ MEMBERSHIPS
 - ▶ DAY PASSES
 - ▶ SCHEDULES



LOOKING TO HOST AN EVENT? CALL 715-478-6500.

PBDC Hires New Strategy Director: MEET DAN MONTAGUE

Dan Montague recently joined PBDC as the Company's Strategy Director. Dan is a graduate of Michigan State University holding degrees in International Relations and Finance. With extensive strategy development experience with PricewaterhouseCoopers and most recently Charter Manufacturing, Dan brings great experiences that will be applied to PBDC's strategic planning processes.



PBDC's Strategy Director is a role that is primarily about setting and executing against a strategic plan that allows PBDC to financially grow and take advantage of future investments. Dan believes that PBDC's strategy should take into account the ability to be disciplined, focused, and agile. The world continues to change rapidly and PBDC needs to always be prepared to take on those changes and challenges. Dan believes that "everyone in the company, no matter their position, has something valuable to contribute to the strategic direction of PBDC. It's really important that PBDC listens to all of its stakeholders in order to deliver the financial results it needs to, both for now, and for generations to come."

Originally from Michigan, Dan now resides in Whitefish Bay with his wife Chelsea and three sons — Hayes, Harvey, and Grady.

Valentine's Day 2022: TEAMBUILDING IS IN THE AIR

The Potawatomi Business Development Corporation gathered on Valentine's Day for a breakfast and teambuilding event. As a surprise element, Chief Financial Officer Paul Hoesly donned a festive chocolate box costume to add a little levity to a productive day.



Milwaukee Christian Center: GREENFIRE FACILITATES WINTER WARMTH DRIVE

Thank you to everyone who donated to Greenfire's Milwaukee Christian Center's Winter Warmth Drive! The response to this drive was amazing. Initially our goal was to collect 20 of each of the following items: hats, mittens, scarves, and hot hands. I am thrilled to share that together we donated to this drive: \$50.00 in donations, 14 Jackets, 22 pairs of socks, 9 sets of gloves, 13 hats, 10 scarves, 2 pairs of earmuffs, 9 sweatshirts/sweaters, 2 sets of long underwear, and 21 Hand, body, foot warmers! In addition to the above donations, Greenfire donated \$600.00 to the MCC Senior Meal Program which will provide 2 days of lunches to their guests.

Thank you again for giving back to our community. Together we are making a difference!



Left: Rebecca Sadler, GMS; Middle Holding Check: Andre Robinson and Song Xiong-Buck, MCC; Top of Stairs down: Cheryl Bousquet, Tom Heinrich, Michael Moe, Simmi Urbanek all of GMS.

Wgema Campus Police Department: NEW OFFICER BADGES

The WCPD officers just received their new custom Smith & Warren Badges from Badge and Wallet and they turned out amazing! They are made of a high quality material and a product that all of our officers will be proud to wear while working to protect the campus.



MAR 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JOIN US TO CELEBRATE 30 YEARS IN GAMING		1 Anniversary GIFT	2 COVERED IN CASH!	3 COVERED IN CASH!	4 my Lucky hoodie	5 my Lucky hoodie
6 BINGO's INTERMISSION DRAWINGS	7 Club 50	8 Anniversary GIFT	9 COVERED IN CASH!	10 COVERED IN CASH!	11 MEGA MONEY WHEEL	12 MEGA MONEY WHEEL
13 BINGO's INTERMISSION DRAWINGS	14 Club 50	15 Anniversary GIFT	16 COVERED IN CASH!	17 COVERED IN CASH!	18 my Lucky hoodie	19 my Lucky hoodie
20 BINGO's INTERMISSION DRAWINGS	21 Club 50	22 Anniversary GIFT	23 COVERED IN CASH!	24 COVERED IN CASH!	25 Finally \$500 FRIDAY	26 BINGO's INTERMISSION DRAWINGS
27 BINGO's INTERMISSION DRAWINGS	28 Club 50	29 Anniversary GIFT	30 COVERED IN CASH!	31 COVERED IN CASH!	DON'T MISS OUT ON OFFERS. DOWNLOAD OUR APP TODAY!	

MEGA MONEY WHEEL

WIN YOUR SHARE OF UP TO **\$84,000**

START EARNING ENTRIES NOW!
 EARN OR REDEEM
25 PTS = 1 ENTRY
TWO WINNERS EVERY HOUR
4 PM - 10 PM
MARCH 11 & MARCH 12

WIN \$1,000 TO \$3,000 CASH EACH SPIN!

my Lucky hoodie
Earn points for a free hoodie!
MARCH 4-5 - AND - MARCH 18-19
 Just earn **350 SAME DAY POINTS** and visit Guest Services from 11 am - 8 pm!

BINGO
BUY-IN BONUS
 Buy-In for \$75 - \$124⁹⁹ and receive **\$10 POTAWATOMI PLAY**
 Buy-In for \$125+ and receive **\$15 POTAWATOMI PLAY**
VALID ONCE EACH WEEK IN MARCH

COVERED IN CASH!
WIN \$100 + A HOODIE
12 PM - 6 PM
EVERY WEDNESDAY & THURSDAY IN MARCH
WIN YOUR SHARE OF \$8,190 CASH & PRIZES!

Finally \$500 FRIDAY
FRIDAY, MARCH 25
TEN GAMES PAYING \$500
 FIVE GAMES PAY \$250 | SPECIALS PAY \$150
 Receive \$25 in Potawatomi Play with entry pack purchase.