



POTAWATOMI TRAVELING TIMES

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Governor Evers Visits Community Center



(left photo) The Governor poses with a few Community Center staff members (l-r): Celeste Schuppler, Josiah Bennett, Maddie Keepers, Desiree Martin, Matt DeLeeuw, Brandi Frank, Arden Thelen, Governor Evers, Travis Thelen, Richard Gougé, Kimberly Wales, Breed Shepard Jr., Waylon Montgomery, Omar Bailey Jr., Preston VanZile. (right photo) The Governor and members of Executive Council take advantage of a photo opportunity (l-r): Treasurer Manny Johnson, Council Member Destinee Alloway, Chairman Ned Daniels Jr., Governor Tony Evers, Council Member Brooks Boyd, Secretary James Crawford.



by Val Niehaus

On Dec. 22, 2021, Governor Evers was able to visit the Forest County Potawatomi (FCP) Community Center. He had planned previous visits, but with COVID restrictions and scheduling, that couldn't happen until now.

FCP Chairman Ned Daniels Jr. welcomed Evers right as he was coming through the door of the newly-built center. Evers was in awe at seeing such a complex right here in a remote area of

the Northwoods. Even though time was tight, Daniels had about 45 minutes in which to give Evers a tour.

Daniels took him to see the track and field house and from there, the Governor and those accompanying him on the tour moved into the fitness center where he showed off the equipment and climbing wall. From that area, the group moved into the gymnasium where he was shown the size and versatility of the three-court area. While there, the Governor decided

to pick up a paddle and played a little game of pickle ball with community members Omar Bailey, Waylon Montgomery and Preston VanZile. Though it wasn't clear which team had won, the Governor and young men were all smiles.

The Governor took advantage of several photo opportunities before continuing on to his next engagement. He did say before leaving, "This is a very impressive facility you have here!"

Others present for this occasion

included newly-appointed Forest County Sheriff Ron Skallerud, and members of FCP Executive Council: Secretary James Crawford, Treasurer Manny Johnson, Council Member Brooks Boyd, and Council Member Destinee Alloway.

Though it was a quick visit, FCP thanks the Governor for taking the time to tour the new facility which will give so many in the community the opportunity to stay fit and active while maintaining a variety of social interactions.

Tatanka Means and Mylo Smith Visit FCP



submitted photos

Laughter was heard throughout the night as the comedians performed.

by Val Niehaus

The Forest County Potawatomi (FCP) Behavioral Health Prevention department held a night of fellowship, entertainment and laughter for the community on Dec. 17, 2021.

Comedians Tatanka Means and Mylo Smith were invited to host a Holiday Comedy Show that displayed to many

that you can still have a great night of laughs while celebrating sobriety.

Means is a Native American activist, actor, comedian and entrepreneur. He is of Oglala Lakota, Omaha, Yankton Dakota and Dine descent. Smith is a comedian and wellness speaker for many in the Native American communities that are on the Red Road. He is Crow Creek-Da-



Tatanka Means, Justin Shawano and Mylo Smith pose for a photo.

kota descent, and along with Means, is celebrating 15 years of sobriety.

Behavioral Health Community Outreach Coordinator Justin Shawano had this to say about the event: "The night couldn't have gone any better than it did. The show lasted about two hours, there were snacks available for those in the audience, and there was plenty of laughter

to be heard throughout the night! Many thanks to Brian, Breed and Michael for all they did to make the night go smoothly and to anyone else who helped!"

Keep your eyes open for more nights of fun events held by the FCP Behavioral Health Prevention department! They will be hosting an event every month as time sees fit.

Jessica Rose Mann
“Mashkode`Kwe”
“Strong Hearted Woman”



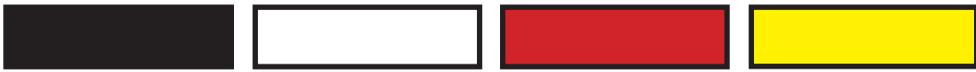
Jessica Rose Mann “Mashkode`Kwe” “Strong Hearted Woman”, 10, of Crandon, passed away Monday, Dec. 27, 2021, at her home surrounded by loved ones.

Jessica was born July 23, 2011, in Woodruff, the daughter of Jeffery Allan and Sarah Mann.

Surviving are her mother: Sarah Mann; father: Jeffery Allan; brothers: James Armstrong Jr., Lac Du Flambeau; Nin-gobis Armstrong, Lac Du Flambeau; Baby Jax Ander Mann, Carter; Jeffrey Allan Jr., Lac Du Flambeau.

Visitation was held Dec. 29; services on Dec. 30, officiated by Joe Daniels. Both took place at the Potawatomi Cultural Center, Crandon. Burial followed at the Lac Du Flambeau Cemetery.

Weber-Hill Funeral Home assisted the family with the arrangements. Online condolences for the family may be directed to www.weberhillfuneralhome.com.



The 2021 Atlas Edition Is Here!

Tribal members can pick up a copy at the Land and Natural Resources Office Monday-Thursday 7am-5pm

For more information or to request a copy please follow the link below or call:
<https://members.fcpotawatomi.com/atlas-request-form/>

LNR Main Office (715)478-7222
 Jeff K. (GIS) (715)478-7224
 Jessica Jacobson (Director) (715)478-4988




POTAWATOMI TRAVELING TIMES

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Deadline for the Feb. 1., 2022 issue of the PTT is Wednesday, Jan. 19, 2022.



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FCP Community Facebook Live Session Recap - January 5, 2022

Chairman Ned Daniels Jr.

Good morning, Forest County Potawatomi and a happy 2022 to all of you!

I am FCP Chairman Ned Daniels Jr., and it's great to be here with all of you today. I hope that each of you had a wonderful holiday with your families and that you are all ready for the New Year.

As we begin today, I want to first thank all of you – our tribal members, our employees, and our larger community members – for helping us make this last year a good one for the Potawatomi.

Thanks to all of you, our tribe was able to do some great things last year. We fully opened-up our businesses and got back to where we needed to be. Our tribal government was able to continue to provide things like fresh food and other resources to our tribal members when they needed it. And we opened-up our new Potawatomi Community Center right here on the reservation. None of these things would have happened without the commitment, trust and hard work by our tribal members, employees and, of course, our Executive Council. Migweth.

As many of you may know, we have a new Sheriff here in Forest County. Long-time Sheriff John Dennee retired last year after many decades of great service to our community. His departure left some big shoes to fill, but I would like to give a special welcome and congratulations to the new Forest County Sheriff Ron Skallerud. Sheriff Skallerud has a long history of working with law enforcement in this area and truly knows our community well. Welcome, Ron. We are looking forward to working with you!

I also want to give a quick thank you to Governor Tony Evers for his recent visit to our Community Center. The Governor was unable to make it to the grand opening, but he made a special trip to visit us just a few weeks ago so he could see our new facility first-hand.

Obviously, the Governor was amazed by the size, beauty, and amenities of our new Community Center, but what really impressed him was why we built it. This facility was built to help our elders, our children and everyone in between. For both Native and non-Native participants alike, this facility is going to be a place of healing, education, and growth for everyone in our community.

While it was great to give the Governor a tour of our new Community Center, the Governor really wanted to experience it, so he took some time to play a few games of pickle ball with a few of our tribal youth on his visit. The Governor easily held his own on the pickle ball court and even showed our tribal youth a thing or two. Thanks again, Governor; you really made that day special for a lot of people.

With the new year comes a lot of new events that we want to share. Here are some great events coming up that you won't want to miss.

A Dollars & Sense Financial Literacy 101 & 102 event takes place on Tuesdays beginning January 11 through March 1

at the Potawatomi Community Center in Crandon. Many financial issues will be covered such as credit scores, banking, insurance, and much more.

The event is offered to FCP tribal members, spouses or significant others, as well as descendants ages 15 and up. Childcare and a quick meal option are available for class participants.

Register now as only 25 in-person and 10 virtual spots are available. Forms may be found on our Facebook page by scanning the QR code and/or at the link you see on your screen, and forms may be returned to Tami Votis in Finance. Treasurer Manny promises that the event will be fun as well as informational!

Moccasin making classes have been scheduled for this month at the Community Center as well. Baby moccasin class is January 18-19, and adult moccasin class is January 25-26. The event is open to FCP tribal members, descendants, and their families 18 and up. Please contact the Community Center at 715 (478) 6500 with questions.

Another exciting event coming up is Indigenous Seed Keeping, co-hosted by FCP Cultural Center, Library & Museum and Bodwéwadmí Ktëgan (Potawatomi Farm). Location for the event is the Farm, 3389 County Hwy H in Laona.

On January 28, noon to 4 p.m., and led by Richard Brzezinski, you can learn how to make corn hull soup with hardwood ash. On January 29, noon to 4 p.m., and led by Owen Shepard, you can learn the importance of indigenous seed keeping. A lunch with corn hull soup will be provided at 12 p.m.

This is a two-part, free event that's open to everyone. Call Owen Shepard at (715) 478-4521 with questions.

The Community Center and FCP Land & Natural Resources have teamed up to offer an after-school program for tribal and non-tribal youth grades 2 through 6. The program will focus on local environment and wildlife with hands-on, indoor and outdoor activities.

It takes place on Mondays, 3:30 to 5 p.m., in the Fab Lab room at the Community Center. Although Community Center membership is encouraged, there is no cost and snacks will be provided. You may register online at the address you see on your screen. Questions may be directed to Nicole at (715) 478-4910.

If you've not yet picked up your 2021 atlas, tribal members can pick up their copy at the Land & Natural Resources office Monday through Thursday between 7 a.m. and 5 p.m. Please call (715) 478-7222 with questions.

And finally, January is Radon Awareness Month. Radon is a killer and is the number one cause of lung cancer in non-smokers. Please consider having all levels of your home tested every three years. Test kits are available at the Forest County Health Department for \$8, Monday through Friday, 8:30 a.m. to 4:30 p.m., and at most local hardware stores.

Our youth highlight this week fea-

tures Omar Bailey. Omar is not only a good student, but he also spends his time lifeguarding at the Community Center and participating in athletics for Crandon High School. This past year, Omar went to Sectionals for Cross Country, and received First Team All-Conference! Currently, Omar is in basketball. Good luck to you and your team in the rest of your season!

Last week, Omar was a part of the group of young men that were able to play pickle ball with Governor Tony Evers at the Community Center. Rumor has it, he might have even accidentally hit the Governor with the ball during the match.

Mary Mattson, Higher Education Director

Hi everyone, and Happy New Year!

Here are some reminders for students in Higher Education: Students, if you have switched schools or changed majors, please let me know. If you are unsure if you need to send me your grades or class schedule, please reach out to me via text, call or email. My office number is (715) 478-4153.

To students who informed me that you are graduating this semester, after you graduate, please send me your official transcripts and a copy of your diploma. If you are graduating and continuing your education, please reach out to me to let me know.

This concludes the announcements for Higher Education, and now I have an update from other Education Division staff.

K-12 students and parents, the end of the semester is quickly approaching. We encourage you to join us for After School Tutoring at the Community Center Monday through Thursday from 3:30-4:30 p.m. You are now able to register your child for After School Tutoring online on the Community Center website under the Youth Programs tab. If you have any questions, please contact Courtney at (715) 478-4390.

Thanks!

Emily Crum, FSD Native Resilience Social Worker

Bosho, Forest County Potawatomi Community.

I'm Emily Crum, Native Resilience Social Worker for Forest County Potawatomi Community Advocacy. Abbey's off site, so I'm here to share some updates from Family Services Division.

Are you feeling out of sorts - just need someone to talk to? Please remember help is available 24/7. The pandemic was and has been hard causing anxiety, social disconnect, mental and emotional concerns. And sometimes it's hard to talk about these things with those you love most. If you are feeling suicidal, please call the Hopeline at 1-800-273-8255. You may also text hope-line to 741741 to reach a crisis counselor.

Child Support staff would like to remind you to communicate any new addresses or phone numbers you may have to ensure you receive your year end statements.

Rising Sun Day Care is open and we have plenty of space for your children. Special reminder, if your kids are sick, please

keep them home until they are well, but be sure to call us so we know we know not expect them. Please contact Laura Spink, Child Care Director at (715) 478-4106 to get your applications in and talk about the process.

Parenting classes are well underway and being held independently in person or via Web Ex. These classes support court-ordered parenting class requirements, but are also helpful if you just feel the need to brush up. If interested in the classes, please call Katie at (715) 478-4433.

Ever find yourself in need of some extra parenting support? It can be tricky raising kids. On Thursdays, mother and father support groups are taking place at the Community Center. Come spend some time with other parents to discuss issues, tips, and share ideas. Just show up; registration is not required.

CHOICES is up and running at the Community Center and helping your students with their homework and school-related needs. These activities not only build positive community relationships, they also focus on holistic prevention. Topics vary from standard homework help to AODA prevention, bullying, positive youth role modeling, etc. If you'd like more information, give Family Services a call. Staff have collaborated with the Community Center to ensure these activities are conveniently located at the beautiful new center.

We have plenty of opportunity to get you back to work. Please get in contact with Kathy Tupper at (715) 478-4433 to get your Tribal Employment Skills applications in. Tribal Employment Skills offers a training stipend to assist you while you learn.

Assistance is available for qualifying applicants for food, medical, and childcare expenses. You may apply at <https://access.wisconsin.gov>. For those of you receiving this resource, it's always a good idea to check in and review your case. Please consider giving Alyson a call at (715) 478-4433 to schedule your appointment.

For non-emergency service requests, our business hours are Monday through Thursday, 7 a.m. – 5 p.m. If you should call outside of these hours, please leave a message with your full name and a working phone number so that we may return your call. Call Family Services at (715) 478-4433.

Bob Sookochoff MD, HWC Chief Medical Officer

I wanted to provide some information today regarding emerging treatments for COVID disease.

COVID vaccination with the mRNA vaccines (Pfizer and Moderna) remains the main preventive strategy, but these new drugs offer will offer treatment options for the unvaccinated or high risk vaccinated patients with breakthrough infections.

There are two new anti-viral drugs that have received Emergency Use Authorization by the FDA. They are Paxlovid (made by Pfizer) and Molnupiravir (made by Merck).

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FCP Community Facebook Live Session Recap - January 5, 2022 continued

...continued from pg. 3

Paxlovid and Molnupiravir are both indicated for patients 12 years and older who weigh at least 88 lbs., who have tested positive for COVID and have mild to moderate disease. They are both administered with pills taken twice a day for five days starting as soon after diagnosis as possible.

In research studies, Paxlovid was more effective, preventing 85 percent of hospital admissions and deaths. Molnupiravir was 30 to 50 percent effective - depending on which study you read.

Molnupiravir should not be used in pregnant women. At this time, it is unknown if the same is true for Paxlovid.

Initially, all the production of these new drugs will be purchased by the federal government and will be distributed to medical facilities starting in late January and early February at no charge to facilities or patients. The use criteria have not yet been published, but we expect that with a limited supply of drug that elders over the age of 65 and people who are immuno-compromised or have high risk pre-existing conditions will receive priority.

We have received information from IHS that Indian health facilities will receive an allocation of these drugs. At this time, we do not know when or how many doses.

Jacee Shepard, HWC Community Health Manager

Good morning and Happy New Year! Forest County's COVID Community Transmission level continues to be high per CDC. All 72 counties in Wisconsin continue to experience a high level of community transmission. We have seen a significant increase in cases in our community over the past few days as well. We continue to encourage everyone to take steps to keep themselves and their families safe: washing your hands, staying home when you are sick, wearing a mask in public indoor spaces, avoiding crowds and poorly-ventilated spaces, and getting the COVID vaccine if you haven't already.

The Health & Wellness Center contin-

ues to offer Pfizer, Moderna, and Johnson and Johnson COVID vaccine, boosters and flu vaccines. Please call (715) 478-4450 to schedule an appointment.

The CDC has updated its isolation and quarantine guidelines. Given what is currently known about COVID-19 and the Omicron variant, CDC is shortening the recommended time for isolation for the public. People with COVID-19 should isolate for five days, and if they are asymptomatic or their symptoms are resolving (without fever for 24 hours), follow that by five days of wearing a mask when around others to minimize the risk of infecting people they encounter. The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the one to two days prior to onset of symptoms and the two to three days after.

Additionally, CDC is updating the recommended quarantine period for anyone in the general public who is exposed to COVID-19. For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than two months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for five days followed by strict mask use for an additional five days. Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure.

For all those exposed, best practice would also include a test for SARS-CoV-2 at day five after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

We continue to wait for updated guidance from the CDC and the Wisconsin Department of Health Services for isolation and quarantine guidelines for certain populations. I will continue to update you all as we learn more.

Thank you and have a great day!

2022 BUG LAKE FISHEREE
JANUARY 22

9 AM - 3 PM
\$500 GRAND PRIZE

CATEGORIES INCLUDE:
BASS • TROUT • PERCH
PUMPKINSEED • NORTHERN PIKE

PRIZES AWARDED TO TOP THREE PLACEMENTS IN EACH CATEGORY FOR ADULTS AND KIDS

FOOD AND DRINKS PROVIDED

11 AM & 1 PM
SNOWSHOE HIKES

LEARN TO PLAY THE TRADITIONAL SNOW SNAKE GAME

OPEN TO ALL FCP TRIBAL MEMBERS & THEIR FAMILIES

SPONSORED BY
FOREST COUNTY POTAWATOMI NATURAL RESOURCES
FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
CONTACT: Kayla Damiano 715.478.4507

Indigenous SEED KEEPING

2-PART FREE EVENT

OPEN TO ALL

BODWEWADMI KTEGAN (Potawatomi Farm)
3389 COUNTY HWY H • LAONA, WI 54541

| | |
|--|--|
| <p>JAN 28, 2022 12 - 4 PM LEARN HOW TO MAKE CORN HULL SOUP WITH HARDWOOD ASH Led by Richard Brzezinski</p> | <p>JAN 29, 2022 12 - 4 PM LEARN THE IMPORTANCE OF INDIGENOUS SEED KEEPING Led by Owen Shepard Lunch Provided at 12 pm Corn Hull Soup</p> |
|--|--|

Questions? CALL OWEN SHEPARD AT (715) 478-4521



Moccasin Making Classes

Learn how to make woodland-style Baby or Adult Moccasins!

Potawatomi Community Center Classroom 1

Baby Moccasin Class • January 18 & 19, 2022 • 5 - 8 pm
Adult Moccasin Class • January 25 & 26, 2022 • 5 - 8 pm

« OPEN TO FCP TRIBAL MEMBERS, DESCENDANTS, & THEIR FAMILIES 18+ »

After School PROGRAM



Dive deeper into understanding the environment around you and the wildlife that inhabits the land in the area. This program will be filled with nature walks exploring different topics of interest, hands-on activities, indoor experiments and much more.

MONDAYS 3:30-5 PM

POTAWATOMI COMMUNITY CENTER
FAB LAB ROOM B 40
5471 thayék thē dnēkmēgžēk myéw
5471 The Place Where Everyone Plays Road

OPEN TO
TRIBAL AND NON-TRIBAL YOUTH GRADES 2-6

COST FREE | **SNACKS PROVIDED**

COMMUNITY CENTER MEMBERSHIP ENCOURAGED

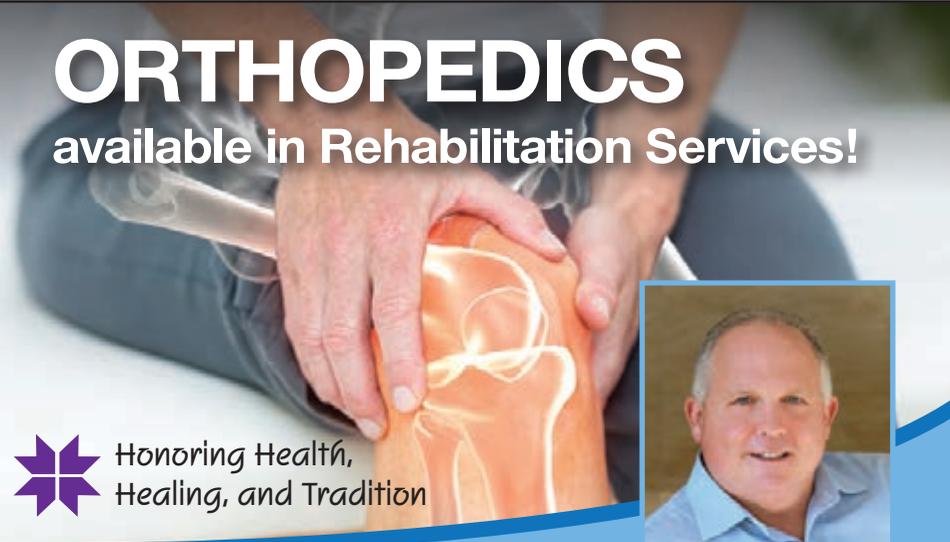


Nicole Filiatreault
Nicole.Filiatreault@FCP-nsn.gov
(715) 478-4910

REGISTRATION OPEN ON COMMUNITY CENTER WEBSITE:
community.fc.potawatomi.com/CourseActivities.aspx?id=21&cat=8

ORTHOPEDECS

available in Rehabilitation Services!



Honoring Health, Healing, and Tradition



Why travel outside of our community to consult with an orthopedic surgeon? We have partnered with The Orthopedic Clinic of Appleton to bring this care closer to our patients. Dr. Timothy Mologne, an orthopedic surgeon certified by the American Board of Orthopaedic Surgery, specializes in arthroscopic surgery of the shoulder, elbow, hip, knee, and ankle.

Call our Rehab Services at (715) 478-4339 to schedule a consult. Appointments available the 2nd Tuesday of each month starting Dec. 14, 2021.

Appointments are available for FCP-enrolled tribal members and their families, and FCP employees and their families.



FOREST COUNTY POTAWATOMI **HEALTH & WELLNESS CENTER**

8201 Mish ko swen Drive
Crandon, WI
Mon - Fri, 7 am - 5 pm
Health.FCPotawatomi.com



a participating member of **ASPIRUS NETWORK**



January is **RADON** Awareness Month

RADON

Radon is a Killer!

It is the #1 cause of lung cancer in non-smokers. Thousands of Americans die each year from cancer caused by radon. Radon is a naturally-occurring tasteless, odorless gas that seeps into your home through the soil.

What can you do?

- Test your home for radon with a test kit, following instructions carefully and mailing it in.
- Test your home basement and 1st floor, every 3 years, even mitigated homes.
- Mitigate your home if radon levels are above 4 pCi/l (picocuries per liter).
- Be sure when you buy a home that it has been tested for radon and mitigated if necessary, and if you build a new one, that it includes radon resistant construction in its design.
- Spread the word!

Test kits are available at the Forest County Health Department (715-478-3371) for \$8, M-F 8:30 am - 4:30 pm, and at local hardware stores.

FOR MORE INFORMATION AT WWW.EPA.GOV/RADON, OR WWW.DHS.WISCONSIN.GOV/RADON.



Are you interested in becoming a **CERTIFIED SOLAR PANEL INSTALLER?**



Forest County Potawatomi Land & Natural Resources is looking to offer certifications in solar panel installation this Spring.

If you are interested, please scan this QR Code to complete a survey.




FOREST COUNTY POTAWATOMI **LAND & NATURAL RESOURCES DIVISION**

NEW
SWIM LESSONS
starting January 17, 2022!
Session will run through February 25, 2022

POTAWATOMI COMMUNITY CENTER

Aquatic Center

JANUARY SCHEDULE

PLEASE NOTE
All classes are subject to change

| | SUNDAYS | MONDAYS | TUESDAYS | WEDNESDAYS | THURSDAYS | FRIDAYS | SATURDAYS |
|-------------------------|---|--|--|---|---|--|---|
| Yard Pool | Lap Swim 10am-1pm 2pm-5pm | Lap Swim 5:30am-9am 10am-3pm 4pm-7pm | Lap Swim 10am-3pm 4pm-7pm (LL) Swim Lessons 4pm-5:25pm Deep Water Aerobics 5:30pm-6:15pm | Lap Swim 5:30am-9am 10am-3pm 4pm-7pm | Lap Swim 10am-3pm 4pm-7pm | Lap Swim 5:30am-9am 10am-3pm 4pm-8pm | Lap Swim 11am-3pm 4pm-8pm |
| Activity Pool & Hot Tub | Family Swim 10am-1pm 2pm-5pm | Hot Tub CLOSED January 31 Open Swim 5:30am-9am 10am-3pm 4pm-7pm Swim Lessons 10am-11:05am | Shallow Water Aerobics 10:15am-11am Open Swim 11am-3pm Swim Lessons 4pm-5:25pm | Open Swim 5:30am-9am 10am-3pm 4pm-7pm Tribal Elders ONLY Shallow Water Aerobics 10:15am-11am Swim Lessons 11:05am-12:10pm | Shallow Water Aerobics 10:15am-11am Open Swim 11am-3pm Swim Lessons 4pm-5:25pm | Open Swim 5:30am-9am 10am-3pm 4pm-8pm Youth Swim 5:30pm-8pm | Family Swim 11am-3pm 4pm-8pm |
| Slide & Features | Slide & Features 10am-1pm 2pm-5pm | Only Features 5pm-7pm | CLOSED | Only Features 5pm-7pm | CLOSED | Slide & Features 5:30pm-8pm | Slide & Features 11am-3pm 4pm-8pm |

REGISTER FOR CLASSES

Kimberly Wales, Aquatic Center Manager at 715-478-6513 or visit community.fcspotawatomi.com

PLEASE NOTE

You MUST register for all classes. Visit our front desk or scan this QR Code.

January 2022

Group Exercise Schedule

Class Location Key

- AQUATIC CENTER
- GROUP EXERCISE ROOM
- COMBATIVE ROOM
- TURF FIELDHOUSE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|---|--|--|--|--|--|
| <p><i>Hours of Operation</i> Monday – Friday • 5:30am – 9pm Saturday • 7am – 9pm Sunday • 10am – 6pm</p> | | <p>Drop in Fees Member: \$5/class • Non-member: \$10/class</p> <p>Session Fees (entire month of one class) Member: \$3/class • Non-member: \$7/class</p> <p><i>If you have any questions please call 715-478-6512.</i></p> | | | <p>No Group Exercise Classes Community Center CLOSED</p> | |
| 3 Senior Fit 9am-9:30am HIIT 5:30pm-6:15pm | 4 Shallow Water Aerobics 10:15am-11am Vinyasa Flow 5:30pm-6:15pm Deep Water Aerobics 5:30pm-6:15pm | 5 Sunrise Bootcamp 5:45am-6:30am Full-Body Fitness 9am-9:30am Zumba 5:30pm-6:15pm | 6 Shallow Water Aerobics 10:15am-11am Yoga Sculpt 5:30pm-6:15pm Cardio Kickboxing 5:30pm-6:15pm | 7 Restorative Yoga 9am-9:45am Total Body Toning 5:30pm-6:15pm | 8 Circuits 11:15am-12pm | |
| 10 Senior Fit 9am-9:30am HIIT 5:30pm-6:15pm | 11 Shallow Water Aerobics 10:15am-11am Vinyasa Flow 5:30pm-6:15pm Deep Water Aerobics 5:30pm-6:15pm | 12 Sunrise Bootcamp 5:45am-6:30am Full-Body Fitness 9am-9:30am Zumba 5:30pm-6:15pm | 13 Shallow Water Aerobics 10:15am-11am Yoga Sculpt 5:30pm-6:15pm Cardio Kickboxing 5:30pm-6:15pm | 14 Restorative Yoga 9am-9:45am Total Body Toning 5:30pm-6:15pm | 15 Circuits 11:15am-12pm | |
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| 24 Senior Fit 9am-9:30am HIIT 5:30pm-6:15pm | 25 Shallow Water Aerobics 10:15am-11am Vinyasa Flow 5:30pm-6:15pm Deep Water Aerobics 5:30pm-6:15pm | 26 Sunrise Bootcamp 5:45am-6:30am Full-Body Fitness 9am-9:30am Zumba 5:30pm-6:15pm | 27 Shallow Water Aerobics 10:15am-11am Yoga Sculpt 5:30pm-6:15pm Cardio Kickboxing 5:30pm-6:15pm | 28 Restorative Yoga 9am-9:45am Total Body Toning 5:30pm-6:15pm | 29 Circuits 11:15am-12pm | |
| 31 Senior Fit 9am-9:30am HIIT 5:30pm-6:15pm | <p style="font-size: 1.5em; font-weight: bold;">Indoor Triathlon</p> <p>This is a 4-week challenge featuring various distances of running, biking, and swimming. Prizes awarded for completing the triathlon, Fastest Male, Fastest Female, and Most Triathlons in each category. Registration ends January 31, 2022. Register on the FCPC App, in-person, or online at: community.fcspotawatomi.com</p> <p style="font-weight: bold;">February 1 – 28, 2022</p> | | | | | |

FREE
Group Exercise Classes
for the month of January!
for Potawatomi Community Center Members
Registration is required.

All classes are subject to change.

Project Spotlight : GATEWAY LOFTS

Gateway Lofts is a new housing development in Kenosha, WI. The project consists of an adaptive reuse of a former medical office building into residential housing and new construction of four townhome-style buildings. The site is adjacent to Gateway Technical College on 30th Avenue and provides affordable and accessible housing for students, faculty, and Kenosha-area residents.



A groundbreaking in July 2021 marked the beginning of construction with interior demolition of the existing office building completed shortly after. The building sits at the southeast corner of the site bounded by residential single-family homes directly to the east and operational businesses to the west. The project team is converting the two-story office building into 42 units ranging from one to two-bedroom units. Amenities include community laundry rooms on each floor with a fitness room on the lower floor and community space and manager/leasing office on the first floor. The lower-floor houses six units with the first and second floor housing eighteen units each. Currently, the team is completing drywall and taping on the second floor with cabinetry and interior finishes ongoing throughout the



building. Flooring installation is ongoing for the lower floor as the team progresses upward throughout January.

The four two-story townhomes sit at the north end of the site totaling 28 additional units. New construction includes two eight-unit buildings (B and C), two six-unit buildings (D and E) and four detached garages housing 31 parking stalls. Building B is the furthest along as it is fully framed with the roof and brick veneer installation complete. Siding is scheduled to begin first week of January. All MEFP installation is complete with drywall installation beginning the last week of December. Interior finishes and cabinetry installation follows shortly after drywall is complete. Building C is the other eight-unit townhome with framing and roof truss installation ongoing. Build-out for the rest of the building follows that of Building B, beginning with rough MEP installation. Concrete slab on grade for Buildings D and E is complete with framing beginning once Building C is complete. Each building is turned over individually with the entire project scheduled for Summer 2022 completion.



As with every build, there are unique challenges and situations to overcome; however, one that stays consistent throughout is navigating and coordinating delays and environmental concerns due to COVID. Despite this, the project team maintains the original schedule and keeps all vested parties informed. Some other unique situations are as follows:



The owner contracted demolition of the existing building independently which required the project team to work closely with the owner to transfer management of contracts upon completion of demolition.

The project sits on a tight and compact site with minimal staging area. With the limited availability of space, the project team consistently manages a changing logistics plan to accommodate and progress site, exterior, and interior work simultaneously.

Due to weather conditions and operations of concrete and asphalt suppliers, the project team had a limited window to lay asphalt and concrete sitework. This required detailed



coordination and communication between all on-site subcontractors to navigate a congested site and complete sitework while pushing framing ahead to achieve occupancy date.

Conditions of the site includes operational businesses to the west and single-family homes to the east all while construction occurs along a high-traffic main city road with a single construction entrance.

In order to minimize disruption to all concerning factors, the team designed a detailed site logistics plan to mitigate risk, coordinate communications, and maintain a safe and efficient build.

Overall, we are very pleased with the progress of Gateway Lofts to this point and would like to thank Land Quest for selecting Greenfire as the construction manager. The Greenfire project team includes Mike Smith, Project Manager, Dave Kwiatkowski, Superintendent, and Mitch Berti, Project Engineer. We are incredibly proud of our team's drive, vigor, and innovation to manage this project effectively and look forward to seeing the final product.

Greenfire: ANNUAL WHITE ELEPHANT & UGLY SWEATER LUNCHEON

The team got together again for our annual Greenfire Ugly Sweater Competition and White Elephant gift exchange. The Milwaukee office got in the holiday spirit and donned our ugly sweaters to exchange white elephant gifts and vote on our favorite ugly sweaters. Congratulations to Brett Christofferson on winning the Milwaukee office Ugly Sweater contest and Sherrie Harenda on winning the Wausau office contest!



SUNDAYS IN JANUARY
11 AM - 7 PM

HOT DEALS

Earn 350 Points,
Receive a Gift Set
& \$5 Free Play!



Keep
your
points!

CHILL *Hot Seats* CHASER

THURSDAYS IN JANUARY
FROM 11 AM - 6 PM

Earn 50 same day points.

WIN YOUR SHARE OF \$3,200 CASH!

\$100 HOT SEAT DRAWINGS!

LET'S BAKE A DEAL

Earn 500 same day points & receive one piece
of the baking set & \$10 Potawatomi Play.

Select Fridays and Saturdays in January

JAN. 14 & 15 & JAN. 28 & 29



2 PC. LITTLES
SET

2 QT. SQUARE
BAKING DISH

5 SPEED
HAND MIXER

3 QT.
BAKING DISH

bingo's finally \$500 FRIDAY

FRIDAY, JANUARY 28

TEN GAMES PAYING \$500

FIVE GAMES PAYING \$250 | SPECIALS
PAYING \$150 | BUY IN FOR \$35

Receive \$25 in Potawatomi Play with entry pack.

POTAWATOMI
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