



Third Annual Wellbriety Walk for Recovery



by Winda Collins, PTT Managing Editor, in collaboration with Jorge Cisneros Sr., Prevention Advocate

Friday, May 15, 2020, was the day the Third Annual Wellbriety Walk for Recovery took place. Unfortunately, due to the COVID-19 pandemic, business as usual was anything but. Although disappointed that the large group expected this year wasn't going to happen, a little bump in the road wasn't enough to stop a dedicated few that want to make a difference.

Because of CDC guidelines and to protect the risk of exposure to the virus, this year's walk was relay-style consisting of five legs, with each limited to two individuals. The trek began in Mole Lake with the first team of Jorge Cisneros Sr. and Artie VanZile. The second leg was handed off to Brooks Boyd and Skye Al-

loway who headed for Laona. From there, it was Ira Frank and Jessica Meshigaud who headed further east to Blackwell. Mary Shegonee and Buzz Anwash took over and made their way to Wabeno. Last but certainly not least was the team of Sam and Teri Alloway who finished the walk at the powwow grounds in Carter where a four-day community fire was waiting. Total distance of the combined relay was 37.1 miles. Impressive!

According to Cisneros on this year's event, "The initiative was focused towards bringing awareness to the opioid and AODA epidemics - and in support of sobriety, recovery and wellness for all of our communities."

Community members were welcome to stop by the fire, offer their sema, and pay their respects, but were encouraged to send one family member at a time, practice social distancing, wash their hands often, wear a mask, and stay home if they were sick.

Cisneros said, "The event was smaller than we anticipated because of the virus, but was very powerful indeed! Thanks again to everyone who came out." Cisneros thanks and acknowledges the following:

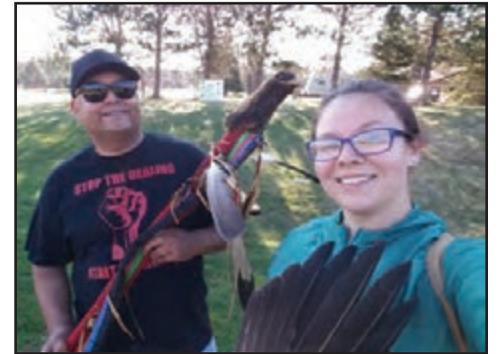
- Executive Council for allowing the use of the powwow grounds
- Community members who came to show support

- Visitors who came to join the cause
- Relay walkers
- Drivers / cooks Ed, Sheila and Karen
- Firekeepers
- Drug Task Force
- Recovery Team
- And most of all, our elders and children!

On Tuesday, May 19, the final steps of the Wellbriety fire was fulfilled by releasing the ashes into the Wolf River. Cisneros stated, "We put our sema down and prayed to that water for purity and cleansing, and asked that spirit to help guide our prayers throughout the land and bless us all."

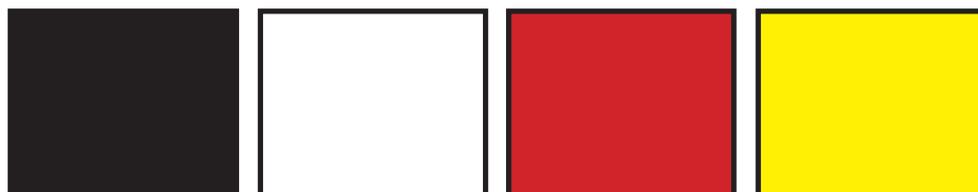
It should be noted that Cisneros was a surprise speaker at Chairman Daniels' Facebook live segment on Wednesday, May 20. Chairman had asked him to speak on the Recovery Walk and share a bit of himself with the community. Although Cisneros claimed he was nervous at the prospect of being filmed, those who have heard him speak and know his story will tell you that he possesses an ease and eloquence that comes not only from personal experience but from his heart as well. To watch this particular segment which includes part of his story, use this link <https://covid19.fcpotawatomi.com> and click on Update Pt. 10.

Stop the dealing. Start the healing.



(above) Names of all those pictured not known at time of print (at right top to bottom): Jorge Cisneros and Artie VanZile, Skye Alloway and Brooks Boyd, Ira Frank and Jessica Meshigaud, Mary Shegonee and Buzz Anwash, Teri and Sam Alloway photos courtesy Jorge Cisneros Sr.

PRSRST STD
US POSTAGE
PAID
PERMIT NO. 317
FOND DU LAC, WI



To the Forest County Potawatomi Community

From Chairman Daniels as prepared for the May 27, 2020 Facebook Live Presentation

We received a bit of sad news last week. On Saturday, the Health Department reported that Forest County had reported its first COVID-19 related death. Losing a loved one – no matter the circumstances - is never easy, but in these difficult times it's even harder. My heartfelt condolences go out to their family, friends and loved ones. I hope you will join me in sending them your prayers and good thoughts.

And while it is very sad and unfortunate that Forest County has lost someone due to COVID-19, there is some positive news to report. As testing has increased, we have seen an increase in the number of positive cases in Forest County. As of Tuesday, there were 25 confirmed COVID-19 cases in Forest County. These individuals are all linked to a nursing home in Laona. And we know, through testing, that the total number of positive cases in Forest County is at a low level with about five percent of people testing positive.

That means your efforts are paying off. The things you are doing to protect you, your loved ones, and the community are working. We are limiting the spread of COVID-19 in Forest County. So please, continue to do your part.

We are continuing to execute on our plans to reopen our gaming facilities in a way that protects the health and safety of our employees and guests. However, we will only open our facilities when all the safeguards we need can be properly put in place. Milwaukee continues to see higher rates of COVID-19 cases than any other part of the state, so it is of the utmost importance that we re-open the Milwaukee casino in a safe and responsible way. With other businesses also reopening, some of the materials we need to provide those additional safeguards to our employees and guests are in high demand – like plexiglass. So, it looks like the Milwaukee casino will be reopening on a limited basis sometime near the end of the first week of June. We will continue to keep you updated on the date for the Milwaukee casino re-opening. Once the Milwaukee casino re-opens, we will have a better idea on when tribal government can begin to resume normal operations.

I know that these last several months have not been easy. Things we take for granted – like going out to eat, shopping, and spending time with our friends and family have all become much more difficult. And I know it seems like this will not end. But it will end, and we will get through this.

Our people are no stranger to struggles. Over hundreds of years, our people have been faced with many challenges

and obstacles. We have fought extermination, poverty and even health pandemics like this. And we got through each one. How? By sticking together. Our people have overcome all of their challenges by sticking together. This is no different. This may be the most difficult fight this generation will see. But by sticking together and working as a community, the next generations can look back and see how the Potawatomi overcame yet another obstacle.

Migwetch.

From Family Services Division Administrator Abbey Lukowski as prepared for the May 27, 2020 Facebook Live Presentation

Good morning, Forest County Potawatomi Community.

We understand that limited resources may be the cause of additional stress for your family. The team continues to be creative and do their best with sharing the limited resources that exist. Family Services continues to deliver meat boxes to tribal elders as supplied by the Bodwéwadmí Ktëgan Farm, please understand this is taking some time as we're working at the highest-capacity we're currently able. If an elder would like to pick up their own box from the farm directly, please contact Community Advocacy at (715) 478-7201. We will continue to be present to assist you where we are able.

Please call. Please text. Please email. Please leave a message with a working phone number so we may return your call.

If financial hardship finds itself at your family's door, we'd like to direct you to www.fcipotawatomi.com to find applications for assisting in your needs. Where applicable and eligible, applications are also available for Temporary Assistance for Needy Families (TANF), requests for Child Support review hearings, and/or foster home licensure.

Family Services and Education Divisions continue to offer meals for school-aged members. Pick up daily at the Recreation Building. This also gives you the opportunity to pick up fun activities as supplied by the Community Advocacy Department.

The Education and Family Service Divisions would like to remind you that your children need your parental support. While we've done our best to continue to offer new family activities, there is so much to do with your family outside of the home. Get outside and play while social distancing. Talk with your babies. Read books together. Learn a new craft. If you need ideas, please give us a call. We've got tons of ideas and look forward to sharing them with you.

We recognize that in isolated moments, domestic violence, sexual assault, exploitation, child abuse and neglect, etc.

may arise. We ARE available and will respond to emergencies and safety concerns accordingly. We also recognize these times may bring moments of uneasiness, uncertainty, etc. Please remember you are NOT alone. You are NEVER alone. Please call 211 for immediate resources throughout the state of Wisconsin. If you're feeling suicidal, please know you're a phone call away from help: 1-800-SUICIDE or 1-800-273-TALK. Or call a friend or family member and ask for help.

We look forward to serving you this week. Keep being the healthy you and stay safe!

- Family Services (715) 478-4433
- Indian Child Welfare (715) 889-1446
- Community Advocacy (715) 478-7201
- Child Support (715) 478-7260

From Emergency Management Program Manager Bobbie Irocky as prepared for the May 27, 2020 Facebook Live Presentation

Hello, FCP Community.

The Incident Command System is at a Level 1 of a virtual Full-Scale Activation.

Our county is still experiencing an increase in confirmed COVID cases and unfortunately, one death. With all the businesses being open again and many out-of-towners visiting our county, we need to understand that the virus is still here and we need to be very safe and sensible with our day-to-day actions. So when out, still practice physical distancing, wear a mask, and keep hands clean at all times.

The FCP playgrounds are still closed and will remain so until further notice. We need to do all we can in keeping the tribal youth safe and out of harm's way. It is hard to make sure kids practice physical distancing when playing on the equipment, and there is no way to disinfect the equipment each time a child touches it. So for the time being, please explain to the children this is what's best for them at this time.

Emergency Management is working every day in trying to secure Personal Protective Equipment for FCP essential employees and community members. At this time, I would like to thank the Lac du Flambeau Tribe for their generous donation of face shields that will be utilized by the FCP Health Division. It was greatly appreciated.

FCP has many resources for the tribal community and we want you to know you are not alone! So, if at any time you have a concern, please feel free to reach out to Emergency Management at (715) 478-4428.

Thank you all and please be safe.

From Behavioral Health Prevention

Manager Justin Shawano as prepared for the May 27, 2020 Facebook Live Presentation

One thing that I have noticed is we never use the word "if". We always say "when". WHEN we return to normal. This is because we know that storms such as this do not last forever, and at some point, we will reunite and be stronger than ever. When we come together as a community, we grow as a community.

We know that times of the unknown and isolation can cause stress, so I urge all who may be struggling with something - whether it be drugs, alcohol, or even a mental toll, to reach out. There are a ton of people willing to help. I read something yesterday which said, "Somebody had asked what is the hardest thing that you've ever said?" The answer was, "Help". I know at times the phone can seem to weigh a thousand pounds... but please call when you need somebody. On the other end of that phone are people who have experienced very similar things and have been in that deep, dark place. There's a helping hand reaching down to pull you back up. It's just a matter of reaching out and taking that hand. We encourage everyone to look inside themselves and discover what makes us... well... us. When we begin to look inside and heal, that is when we can all come together in a healthier way for those around us.

If you or somebody you know is seeking help, please call Behavioral Health at (715) 478-4332.

The Behavioral Health Department has recovery coaches available for those who need them. These team members are always available to help individuals who are looking to speak to someone about substance use or stress concerns in their lives 24-hours a day.

- Recovery Coach Jeff Keeble Sr. (715) 889-1951
- Recovery Coach Ed Cover (715) 889-2884
- Healing Center Mgr. Jacob Struble (715) 889-9532
- Prevention Advocate Jorge Cisneros (715) 846-7957

The coaches and Prevention also run multiple Recovery meetings on Zoom: Meeting Monday through Friday 2 p.m. Meeting ID 249 377 235 7 p.m. Meeting ID 970 937 816 Password "recovery"

*Every Wednesday features a guest speaker

We will also share these numbers wherever we can to reach as many community members as possible.

Houses continue to help individuals find success. For information, contact Jacob Struble.

continued on pg. 3...

To the Forest County Potawatomi Community

...continued from pg. 2

Though all services are not at full capacity, we are still serving individuals in need of mental health services, including counseling, nursing support, and medication assistance/needs. We are primarily providing those services through tele-health formats until further notice.

Please don't hesitate to reach out. Once again, the number is (715) 478-4332. We are there for you...

Migweth

From Health Division Administrator Dorothy Sadowski as prepared for the May 27, 2020 Facebook Live Presentation

There are now 25 confirmed cases of COVID in Forest County, including one death. These cases involve a nursing home in Forest County. The Forest County Health Department will keep us updated as they work through their investigation. The Health & Wellness Center (HWC) has had 37 negative tests and one positive.

The current Wisconsin COVID-19 statistics as of yesterday, 5/26/20 at 1 p.m. can be seen below.

The tribe continues to take all the necessary steps and precautions to protect the community from this virus. This includes increasing our capacity to provide tests. If you are experiencing any minor COVID symptoms, please contact a nurse at the HWC to determine if you should get tested. The number to call is (715) 478-4339. Please don't hesitate to contact them if you have any questions about services or concerns you have.

I am pleased to announce physical therapy has started back at the HWC Monday through Friday, 8 a.m. to 4 p.m. Call (715) 478-4344 to schedule an appointment.

Dental is also available to continue to see emergency appointments as well as any follow-up procedures that should not be delayed. Dr. Eve Van Harpen, dental medical director, is working with our orthodontist to review and determine which patients she can treat under her care until full services can resume. Please call (715) 478-4313.

I've been asked to talk about reports of children falling ill during this COVID epidemic. At first, it appeared the virus did not affect children. Unfortunately, reports of children becoming ill, including some deaths, has been reported in the United States and other countries. It is now called the "Multi-system Inflammatory Syndrome". The syndrome cases severe inflammation of the heart, blood vessels, and other organs. Children present with full-body rashes, swelling, bloodshot eyes, abdominal pain and diarrhea. It is believed to be caused by a reaction to the coronavirus. Most patients with the new syndrome were previously healthy without any underlying health problems. This raises questions on why it is occurring, whether a treatment can be found, and on how this will affect opening schools and other activities for children. This virus is new to humans and we are learning more each day on how it affects us.

I have a few questions for you. What does a meat packing plant and a nursing home have in common during this pandemic? Why do they have higher number of COVID cases? Think about what they have in common: Confined spaces, people close together, often with physical contact with each other. This connection is why we have had a large spike of cases in Forest County. Does it make sense why social distancing is so important? When we share space, at work, on personal time with hugs, shaking hands, enjoying time with others is when you have the greatest risk of catching COVID-19. Remember, people are most contagious before they have symptoms and are feeling fine. Seeing bars filled, businesses opening up, and social gatherings without social distancing and masks is concerning. It's like people think the epidemic is over. The virus has NOT gone away. Please be smart when you leave your home. Maintain six feet apart from others, wear a mask, and wash your hands frequently. Do this to protect yourself, your loved ones no matter their age, and your larger community.

Stay safe. Stay healthy.

Results	Total 5/26/2020
Negative Tests	200,814
Positive Tests	15,863
Hospitalizations	2,362
Deaths	517

FAMILY SERVICES DIVISION CONTACT NUMBERS

Indian Child Welfare

Main Line: (715)-478-4812

24 Hour Emergency Hotline: (715) 889-1446

Economic Support

(715) 478-7206

Community Advocacy

24 Hour Emergency Hotline: (715) 478-7201

Child Support

(715) 478-7260

Family Services

Main Line: (715) 478-4433

If you don't get an answer on one of the these phone numbers, please leave a voicemail and your call will be returned shortly.

For additional information including applications and forms for each of our departments, please go to FCP's website at FCPotawatomi.com.



FOREST COUNTY POTAWATOMI
PUBLIC WORKS
DIVISION

PO Box 340
Crandon, WI 54520

Updated Public Works Contacts during COVID-19!

All Tribal Member Rentals, On Reservation Homes, and Government Facilities:
Jeff Thorpe: 715-889-2136

General Housing or Rental Related Questions:
Nate Guldán: 715-889-1796
Allison Daniels: 715-889-3149

Roads:
Todd Mulvey: 715-902-0201

Drinking Water and Wastewater Issues:
Operator on Call: 715-889-9345

Solid Waste:
Tony Daniels: 715-889-6028

Transit (Medical Transports Only):
Wade Deverney: 715-478-4940 or
715-889-0087

Deadline for the June 15, 2020 issue of the Traveling Times is Wednesday, June 3, 2020.

POTAWATOMI TRAVELING TIMES

100 N. Prospect Avenue • PO Box 340 • 8, WI 54520
phone: (715) 478-7437 • fax: (715) 478-7438
email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

FCP EXECUTIVE COUNCIL

Chairman:
NED DANIELS JR.

Vice Chairwoman:
BRENDA SHOPODOCK

Secretary:
JAMES A. CRAWFORD

Treasurer:
JOSEPH DANIELS SR.

Council Members:
BROOKS BOYD
NICKOLAS G. SHEPARD SR.



Member of the
Native American
Journalists Association

PTT STAFF

Managing Editor:
WINDA COLLINS

Administrative Assistant:
MICHELLE SPAUDE

Reporter/Photographer:
VAL NIEHAUS

Graphic Artists:
KRYSTAL STATEZNY
CHAD SKUBAL

Potawatomi Traveling Times (PTT) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the *PTT* are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the *PTT* staff or the FCP Nation. *PTT* encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The *PTT* reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the *PTT* and will not assume any responsibility for unsolicited material nor will the *PTT* guarantee publication upon submission. *PTT* will not guarantee publication of materials submitted past deadlines posted in the *PTT*. No part of this publication may be reproduced without the written consent of the Editor.

I walk slowly, but
I never walk backwards.
- Abraham Lincoln

NOMINATION MEETING

FOR

TRIBAL CHIEF JUDGE

Monday
August 24, 2020

7:00
P.M.



Tribal Executive Building Auditorium
5416 Everybody's Road | Crandon, WI 54520

FOREST COUNTY
POTAWATOMI
Keeper of the Fire

PRIMARY JUDICIAL ELECTION

FOR

TRIBAL CHIEF JUDGE

Saturday
Sept. 12, 2020

8:00 A.M. TO
7:00 P.M.



Tribal Executive Building Auditorium
5416 Everybody's Road | Crandon, WI 54520

FOREST COUNTY
POTAWATOMI
Keeper of the Fire

GENERAL JUDICIAL ELECTION

FOR

TRIBAL CHIEF JUDGE

Saturday
Sept. 26, 2020

8:00 A.M. TO
7:00 P.M.



Tribal Executive Building Auditorium
5416 Everybody's Road | Crandon, WI 54520

FOREST COUNTY
POTAWATOMI
Keeper of the Fire



• ART • ADVISORY • BOARD •



Seeking FCP Community Members who are interested in serving on an Art Advisory Board for the Community Center.

The board will meet and help to identify what artwork should be included throughout the building and shape ideas for a hands-on community art project.

If you have ideas or are interested in being part of the Art Advisory Board, please contact Jay Martinez, Community Center Director:
Jason.Martinez@fcpotawatomi-nsn.gov
or (715) 889-0548.

Job Opportunities

The FCP Community Center will provide new and exciting opportunities for employment in the following areas:



<p>Adventures/Outdoors</p> <ul style="list-style-type: none"> • Adventures & Experimental Coordinator • Adventures & Experimental Specialist <p>Aquatics</p> <ul style="list-style-type: none"> • Aquatics Manager • Aquatics Supervisor • Head Lifeguard • Lifeguard • Swim Instructor <p>Daycare</p> <ul style="list-style-type: none"> • Daycare Supervisor • Daycare Teachers <p>Food Service</p> <ul style="list-style-type: none"> • Kitchen Supervisor • Cooks • Food Workers <p>Special Events</p> <ul style="list-style-type: none"> • Special/Sporting Events Coordinator 	<p>Office</p> <ul style="list-style-type: none"> • Office Manager • Office Assistant <p>Health & Fitness</p> <ul style="list-style-type: none"> • Health & Fitness Manager • Fitness Supervisor • Fitness Trainer • Health & Wellness Coach • Martial Arts Coordinator <p>Maintenance</p> <ul style="list-style-type: none"> • Maintenance Manager • Pool Technician • Pool Worker • Maintenance Worker • Housekeeping/Custodial <p>Recreation</p> <ul style="list-style-type: none"> • Recreation Manager • Recreation Supervisor • Recreation Specialist
---	---

If you are interested in learning more or have questions about any of these upcoming job opportunities, please contact:
Cate Wylie, Human Resources
catherine.wylie@fcpotawatomi-nsn.gov or (715) 889-3347
Jay Martinez, Community Center Director
Jason.martinez@fcpotawatomi-nsn.gov or (715) 889-0548

How to Get Tested for COVID-19

submitted by Health Division

The Wisconsin Department of Health Services' goal is to complete 85,000 tests per week. To help in this effort, here are some frequently asked questions:

Should I get tested?

- Everyone who has symptoms of COVID-19 should get tested.
- People who have been exposed to COVID-19 should contact their doctor and ask to be tested.
- You can also be tested at a community-testing site (see last paragraph). Testing will be provided at no cost. Some locations may require a doctor's note or appointment to receive a test.

Questions about whether or not you should get tested? Contact your doctor.

What are the symptoms of COVID-19?

- Cough
- Shortness of breath
- Fever
- Chills
- Repeated shaking with chills

- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Not everyone with COVID-19 has all of these symptoms. For many, symptoms are mild with no fever. Some people may also experience fatigue, vomiting, or diarrhea. It is important to know that you can still spread the virus to others even if you have mild or no symptoms.

Symptoms of COVID-19 may appear in as few as two days or as long as 14 days after contact with someone who has COVID-19.

Where can I get tested in my community?

The Forest County Potawatomi Community Health & Wellness Center is able to provide curbside testing Monday through Friday from 8 a.m. to 4 p.m. Please call (715) 478-4339 to speak with a nurse.



Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

Cough

Fever

Chills

Muscle pain

Shortness of breath or difficulty breathing*

Sore throat

New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

***Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

cdc.gov/coronavirus

117142-A May 20, 2020 10:44 AM

SKODEN

SEVERE SYMPTOMS? GO TO THE HOSPITAL
KNOW THE PRECAUTIONS
OBEY SOCIAL DISTANCING
DONT TOUCH YOUR FACE
EVERY TIME! WASH YOUR HANDS FOR 20 SECONDS
NOSE AND MOUTH SHOULD BE COVERED IF COUGHING

8201 Mish ko swen Drive, Crandon, WI 54520
 Mon. - Fri. | 8 a.m. - 4 p.m.
[Open to the Public](https://www.FCPotawatomi.com)
www.FCPotawatomi.com

Honoring Health, Healing, and Tradition

Do you need to schedule an appointment with our medical providers? We now offer virtual visits, which allow you to maintain primary care by connecting with your provider via phone, computer or tablet. Please call (715) 478-4339 to see if these visits are an option for you.

We continue to offer curbside COVID-19 testing for our patients. Please call (715) 478-4339 to speak with a nurse.

Please note that all appointments, including essential lab or imaging will require a scheduled appointment.

As the Health & Wellness Center begins to see patients for some types of care that have been postponed, know that we are taking every precaution to keep you safe if your visit requires you to come to the clinic.

A Message from Behavioral Health

The Behavioral Health Department is continuing to provide mental health, substance abuse, and MAT care to community members. We encourage all community members who may be struggling with mental health or addiction, or who have family members in crisis, to reach out to a member of our team. The FCP Team can be reached at (715) 478-4332.

Recovery Coaches:

- Jeff Keeble Sr. - (715) 889-1951
- Ed Cover - (715) 889-2884
- Jacob Struble - (715) 889-9532

Other resources:

- Online at www.fcpchelp.com
- 24-hour crisis hotline - 888-299-1188
- You may use the Text Crisis line -

text "HELP" to 741741

- Lastly, if needed, 9-1-1 can always be called for immediate emergency services.

The coaches also run multiple Recovery Meetings Monday through Friday on Zoom. The information for each is below:

- 2 p.m. - Meeting ID 249 377 235
- 7 p.m. - Meeting ID 970 937 816

>Password "RECOVERY"
Every Wednesday, a guest will speak on his/her recovery success.

For more information on the meetings, please reach out to one of the Recovery Coaches.



C-STORE HOURS MODIFIED!

Beginning Wednesday, May 13, 2020, hours for both the Carter & Stone Lake C-Stores will be 8 a.m. - 6 p.m. The Coffee Shop will be ready to go at 8 a.m.

Hours for your Kitchen needs will be 9 a.m. - 5 p.m.

Curbside pick-up service for all products EXCEPT cigarettes and tobacco will remain the same: Monday thru Friday, 11 a.m. to 4 p.m. Customers may place and pay for orders over the phone during those hours at:

- Stone Lake C-Store orders: 715-478-4199
- Carter C-Store orders: 715-473-5100

We thank you for your patience and continued support. Stay safe!



FOREST COUNTY POTAWATOMI
**STONE LAKE/
CARTER C-STORE
SMOKE SHOP/DELI**



5326 Firekeeper Rd., Crandon
Highway 32, Carter



FOREST COUNTY POTAWATOMI
HEALTH DIVISION

Pharmacy Curbside Pickup

To help expedite the curbside pickup process, please consider the following:

Calling ahead for prescription refills at 715-478-4347.

- When calling in refills, notify pharmacy staff if you would like 90 day supply.
- Give credit, debit, or benny card information when calling for refills; this is the preferred method of payment to help reduce points of contact. If you have to pay with cash or check, please notify pharmacy staff.

Arriving at the clinic for curbside pickup:

- HWC has designated areas in the front of the building for curbside pickup.
- Please call 715-478-4347 when you have arrived at our facility & notify pharmacy staff who you are picking up for and what type of vehicle you are in.
- Remain in your vehicle and your prescription will be brought out to you.

Pharmacy has text messaging to notify patients when their prescriptions are ready. Please call the pharmacy if you do not receive texts from the pharmacy.

We thank you for your patience and understanding during this pandemic.

HWC Pharmacy Staff

FCP Behavioral Health is hosting

Online Recovery Meetings

Open to Everyone
**Monday through Friday
2-4 pm & 7-9 pm**

FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER
BEHAVIORAL HEALTH

To register, please contact:
Ed: 715-889-2884
Kyle: 715-889-0146
Angela: 715-889-9373

*I never lose.
I either win
or learn.*

Nelson Mandela

Graduate: Amanda Renae Sardin (enrolled FCP member)
Parents: Joann Daniels Jackson (tribal member) and Larry Jones
Graduated from: Gateway Technical College, Kenosha, Wis., with an Associate Degree of Applied Science in Nursing
Plans: My future plans are to work as a traveling nurse in the sunny states for a short period of time to be able to invest in our dream home and take my entire family on our first cruise.
Words of advice: While I understand that a four-year university is not for everyone - although I did attend UW Parkside for a couple semesters - getting your education and a degree allows you to have endless opportunities to create a life for you and your family that without an education you may not be able to achieve. I would highly encourage you to continue on at some level of higher education beyond high school, especially when our tribe is supporting us 100 percent. However, it is the choice you have to make. I got mine - go and get yours! Best wishes!
Other comments: I would LOVE to thank my tribe, Forest County Potawatomi, for providing financial means in sending me to school most of my college years. I am very proud to be Native American and can only hope that I have made my people proud. To my entire Daniels family: WE DID IT!!!! And more accomplishments to come! Thank you once again for your continued support within the Education Department.





Amanda R. Sardin

Associate of Applied Science Nursing

In addition to my dedication, I would like to thank Jodene Strommen for engraving, prioritizing and much more than you know in me. Imprint on my Life.



MY DEDICATION

NAME: Amanda Renae Sardin

HOW TO PRONOUNCE NAME: Amanda Renae Sar-DIN

BEING PINNED BY: Car-ree-yell (Khariyel), Come-here-ree-a (Camiria), and Cody.

DEDICATION: (3-5 SENTENCES 30-45 SECONDS)

I would like to first thank My Heavenly Father who gave me the strength, the mind, and the willpower to attain my goal. I would love to Thank my Husband Phill/Cody Sardin who put up with my attitude during these tough years, I will like to thank My mother Joann Daniels and my Aunt who is watching over me Joyce Ann Daniels, My Grandparents Helen & Phill Sardin, and of course my 3 beautiful, intelligent children who I love with everything in me and show us daily how well of a job we raised yall. We as a team, Accomplished This!!! Glory to God!!!

Graduate: Dakota Gerdeen (enrolled FCP member)
Graduated from: Marana High School, Marana, Ariz.
 In honor of Judge Whitefish, Dakota is a wonderful young man. He was anxious for the future, but since graduating, feels more confident in his future. Dakota will finish his welding certificate the first week of June and will continue to practice his trumpet. He will be visiting Wisconsin in June and July and is hoping to meet tribal and family members during his visit.
 When asked what advice he might give other youth, Dakota replied, "Stay the course In going to school, doing your best, and reaching out to something you like to keep you in school." For Dakota, that something was band, an interest all through middle and high school.



Wgema Campus Police: OFFICERS SAVE 'DISTRAUGHT' MAN FROM JUMPING OFF BRIDGE



Lieutenant Eric Jende and Sergeant Sean Schwartz of Wgema Campus Police Department stand with Chief Jeremy Moore after being honored for their heroism

Lt. Eric Jende and Community Liaison Officer Sgt. Sean Schwartz were honored by the Wgema Campus Police Department for their actions earlier this spring, when they stopped a man who was struggling with depression from jumping off the Wisconsin Ave. bridge. Lt. Jende and Sgt. Schwartz were able to talk the jumper down using compassion, empathy, and understanding, moments before he took the leap.

"Because of their vigilance and quick actions the young man is alive today," Chief Jeremy Moore said in a statement. "Both Lt. Jende and Sgt. Schwartz are true local heroes, not just because of this one incident but because they continue to risk their lives daily for the safety of the Wgema Campus, but also the surrounding community."

Chief Moore thanked the officers for their "continued hard work and dedication to the Wgema Campus and surrounding community"

We are proud of the compassion and service our officer's show our community every day! If you or anyone you know are struggling with depression or thoughts of suicide, please reach out to a loved one or contact the National Suicide Prevention Lifeline at 1-800-273-8255.



Helping Heroes in the Near West Side: MEALS DONATED TO AURORA SINAI MEDICAL CENTER

On Saturday, May 9th, to show its appreciation of the selfless work of essential workers during these unprecedented times, Potawatomi Business Development Corporation on behalf of Forest County Potawatomi made a donation of 250 meals of meat and vegetarian lasagna for the doctors, nurses and staff at Aurora Sinai Medical Center. The hospital is located in the same Near West Side neighborhood as PBDC, an area hard hit by the virus.

