



POTAWATOMI TRAVELING TIMES

Volume 25, Issue 19. nmebne gizes Sucker Fish Moon . April 1, 2020

To the Forest County Potawatomi Community

From Chairman Daniels as prepared for the March 25, 2020 Facebook Live Presentation

As the situation with the COVID-19 outbreak continues to unfold, I want to take this time to provide you with the latest updates on the issue, and the steps Potawatomi are continuing to take to protect our tribal members, our employees and the community at large.

Executive Council is working diligently with the CFO, Division Administrators, and casino management to keep close track of this issue and protect our tribal members and our employees.

Our Divisions are participating in daily calls from multiple federal, state and local agencies, and Legal is working with each of them closely to help us navigate this storm.

This morning it was announced that Congress has reached a deal on a massive emergency stimulus package to bring financial relief to the many industries and groups that have faced sudden economic hardship because of the virus. Though we don't have the details yet, I'm happy to say that this package includes some funding specifically for Indian Country.

Attorney General Jeff Crawford, along with our lobbyists, have been in close contact with our federal representatives and other key members of Congress over the last week to ensure that Indian Country was included in the final package. I have no doubt that their efforts helped ensure that Indian Country was not forgotten.

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OND DU LAC, WI

At the state-level, Governor Tony Evers has issued a "Safer-At-Home" order which closes all non-essential businesses and requires people to stay at home except for necessary travel. This is obviously a big step; however, public health experts agree that we need to take significant steps like this to stop the spread of COVID-19 in Wisconsin.

So, what does this mean for you? To put it bluntly, it means that you need to take this seriously. You can still go to the grocery store, go to the pharmacy, go to the doctor, or get outside and take a walk. Simply limit your travel to essential needs. But — and I can't stress this enough — you need to limit your interactions with other people and stay at home as much as possible. Too many people are not following the advice and guidance of our healthcare practitioners — and it's putting our friends, neighbors and community at risk.

As tribal people, congregating with our friends and family is a part of our culture. We like to bring together our extended families to share a meal and have some laughs. However, I'm asking you to please pause those activities for the time being. It's imperative that you and your family members limit your interactions with other people.

That means:

- No get-togethers with friends and neighbors.
- And for the kids no sleepovers and no playdates.
- If you need essential items, the C-Stores and the Bodwéwadmi Ktëgan Farm Store remain open with adjusted hours. However, these are not places to congregate and catch up with friends. Use these places to get your essential items but practice social distancing while you are there and return home.
- Bodwéwadmi Ktëgan Farm Store is still well stocked with meat for purchase by Tribal Members. They are currently sold out of a few items such as ground beef and roasts but will be getting more ground beef in next Monday. We will be limiting the ground beef to 15 pounds per week per family in order to better serve the entire tribal community. The store hours are 9 a.m. 3 p.m., Monday through Friday. Please check FCP's Facebook page for regular updates on the C-Stores and the Farm Store.

Please continue to follow the steps from healthcare professionals to prevent the disease from spreading. This includes:

- Separate yourself from other people as much as possible.
 - Cover your coughs and sneezes.

- Avoid sharing personal household items.
 - Clean your hands often.
- Clean all "high touch" surfaces every day.

If you believe that you are experiencing any symptoms or have been exposed to someone with COVID-19, please contact your healthcare practitioner immediately and follow their instructions.

Please go to our website, FCPotawatomi.com, and our Facebook page for the most recent updates and information on COVID-19. We will continue to share information with the community online through Facebook and our website, and to tribal members only through US mail.

I know this is difficult and has caused many disruptions in your daily lives; however, we will beat this if we stand together.

We have faced challenges like this before. Four generations ago, just over 100 years ago, our tribe - like the rest of the world - suffered through the Spanish Flu pandemic. We were vulnerable then and nearly every Forest County Potawatomi family tree tells a death story of one of our ancestors. However, we are no longer vulnerable. We are equipped to fight this sickness. With your cooperation, four generations from now, our descendants will tell the story about how their ancestors came together to face this threat.

And please remember: You will be safer, your family will be safer, and your community will be safer if you stay home.

Migwetch

From Emergency Management Program Manager Bobbie Irocky as prepared for the March 25, 2020 Facebook Live Presentation

Hello FCP Community

On Thursday, March 19, Emergency Management activated the Incident Command System at a Level 3 of Monitoring and Assessment. On Tuesday, March 24, we moved the Incident Command System to a Level 2 of Partial Activation, which means we will be moving forward in preparation for significant response for the tribal community and employees. In doing so, we will be utilizing the support unit that we have created in collaboration with the FCP Health Division. Please rest assured that Emergency Management is in daily and frequent communication with Executive Council to provide any and all new information we receive about the COVID-19.

At this time, we can't stress enough to enforce the "Safer at Home" order that Governor Evers declared. Community members, please, at this time, limit your contact with people outside of your household if it is not absolutely necessary. We also need to limit travel at all cost. The only way we can overcome this is for everyone to do their part.

I want to assure you that Emergency Management continues to work hand-inglove with the Health Division. We are making it a priority to inform community members on all updated information we receive. So please, at this time, stay safe and remember to do your part.

From Family Services Division Administrator Abbey Lukowski as prepared for the March 25, 2020 Facebook Live Presentation

The Family Services Division will continue to be available 7/24/365. As a reminder, home isolation may often lead to escalated concerns such as domestic violence, sexual assault, exploitation, child abuse and neglect, etc. We ARE available and will respond to emergencies and safety concerns accordingly. These numbers will also be posted.

- Family Services 715-478-4433
- Indian Child Welfare 715-889-1446
- Community Advocacy 715-478-7201

Examples of critical services: Quarantined elders or families in need of critical supplies – food, cleaning supplies, etc.

Reports of domestic violence, sexual assault, exploitation, child abuse & neglect resulting/requiring emergency court action.

Current client cases requiring immediate service. [Case by case]

Critical Transports. These will be limited to only as absolutely needed. In example, a youth, vulnerable adult or elder request that does not qualify for ambulatory service, but requires transport for safety or another defined emergency.

Additionally, we are in incredible need of foster homes and family placements. Please call Indian Child Welfare at (715) 889-1446.

Finally, being homebound can be stuffy and stale. PLEASE watch and check your mailbox for fun family activities and surprises beginning next week via Education's feeding program. Remaining items will be mailed pending availability.

We continue working closely with appropriate departments outside of the Family Services Division. If you should have a need that you're unsure how to address, please call. Be well!

continued on pg. 2...

From Health Division Administrator Dorothy Sadowski as prepared for the March 25, 2020 Facebook Live Presentation

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Safely at Home: The Governor's Order

We are waging a war – coronavirus is our invisible enemy. Our ONLY effective weapon is "Social Distancing". It is in every Wisconsin county. Confirmed cases is doubling every three days in New York City. This is a critical time in Wisconsin and the USA to "slow the spread".

Coronavirus Facts:

- Twice as contagious as the flu or a cold
- Detected in the air for 3 hours, on copper for 4 hours, on cardboard for 24 hours, 2-3 days on plastic and stainless steel

Homemade Masks:

- Are NOT effective in protecting you from catching the virus
- Blue surgical masks are ONLY to be used by individuals who are sick
- Please save scarce medical supplies for healthcare workers and those who are sick

Remember, the best way not to catch the Coronavirus is to STAY HOME! Keep your distance from others. Even someone who doesn't feel ill could have the virus and be contagious.

- Social distancing six feet apart!
- Wash your hands often with soap and water (20 seconds)
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect frequently touched objects and surfaces including cell phones, door handles, shared pens, etc.
- Cover your cough or sneeze with a tissue, then throw away

Symptoms of the Coronavirus

- Fever
- Cough
- Shortness of breath
- Maybe loss of smell or taste

Call your healthcare provider if you have these symptoms.

Beginning Monday, March 23 and until further notice the Health & Wellness Center will be suspending clinic appointments, including lab and imaging that can be safely be put on hold. If your upcoming appointment has been canceled, you will be called directly.

If you are a patient who needs to make an appointment, please call (715) 478-4339 and get a scheduled time before entering the clinic.

- Patients who are coughing will put on a mask when they enter
- All patients entering the building will use hand sanitizer upon entry
- Patients identified with concerning symptoms will be routed to isolated room and will not walk through the rest of the building.
- Patients will be asked to call the clinic at 715.478.4339 when they are in our parking lot. If you don't have a cell phone, approach the front entrance at

Door 2 where you will be allowed access and screened upon entry.

- Every patient will be screened upon entering the building.
- Please come to your appointment alone if possible. If a friend or relative provides you transportation, please do not bring them into the clinic with you.
- Well-child appointments for children under 18 months will remain in order to keep those children on their critical immunization schedules.
- All non-essential appointments will be reviewed by your medical provider to determine if it's medically necessary at this time and you will be called with the status of your appointment.

Pharmacy

- Patients who only need to pick up medications should call pharmacy at (715) 478-4347.
- Patients will be asked to call the pharmacy at (715) 478-4347 when they are in our parking lot and staff will hand deliver it to them.
- Payment by credit or debit cards is preferred to streamline this process.
- When possible, pharmacy will dispense 90 days of mediations. This cannot apply to controlled substances.
- Any medications that can be mailed or delivered will be available.

Dental

We will only see those with severe toothaches, facial trauma, severe infection or abscess with NO signs or symptoms of respiratory illness. Please call (715) 478-4313 if you have a dental emergency.

Optical

All scheduled appointments will be canceled. For urgent optical needs, please call (715) 478-4345.

Rehabilitation

All scheduled appointments will be canceled. For urgent rehabilitation needs, please call (715) 478-4344.

Community Health

All services will be postponed. For urgent needs, please call (715) 478-4355.

This is a stressful time for us all! Fear and anxiety can be overwhelming. Worrying isn't helpful; making positive actions is. Things you can do to support yourself:

- Take breaks from watching or listening to news stories, including social media, and make sure you use reliable new sources.
 - Take walks outside.
 - Catch up on sleep.
- Try to eat healthy meals with those with whom you live. Make it fun! Learn a new recipe and include everyone.
- Avoid alcohol and other drugs as a way of coping with social isolation.
- Make time to unwind. Try to find ways to do the things that you enjoy.
- Connect with family, friends and tribal members often. Talk with people you trust about your concerns and how you are feeling using facetime, phone calls or e-mails.

Behavioral Health

Mental health and substance abuse

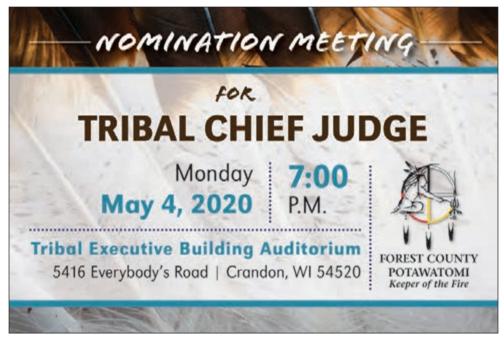
services will provide regular scheduled services by telephone. For urgent needs, please call Behavioral Health registration at (715) 478-4332

What is Behavioral Health doing to help with social and community connection?

- Online AA/NA meetings are set up and available for the community every day.
- Online tribal talking circles are being launched for three different age groups: 8-17, 18-35 and 35-up.
- The clinic will continue to reach out to members over the phone or via video services.

- Recovery coaches will be on standby if you need extra support for your recovery.
- Counselors will be available if you need extra support for your mental health.
- Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.
- Check out FCP's Facebook page and website to stay up to date on times, resources and other unique opportunities to improve your mental wellness.

WE ARE HERE FOR YOU - STAY HOME FOR US!







Attention Tribal Members

Please be advised that the Potawatomi Traveling Times will be in digital form only for the April 1 and April 15 issues. Instead of being printed and mailed, it will be posted to the tribe's website. This may or may not change depending on how the health crisis plays out over the next several weeks.

Please be patient as we navigate this new process. Stay safe and be well!

Elder Menus - April 2020

Monday, 3/3 Homemade Chicken Pot Pie over Biscuits, Brussels Sprouts, Cranberry Sauce, Apple

Tuesday, 3/31 Reuben Sandwich, Zucchini Fries, Corn, Cherry Tomato, Sherbet

Wednesday, 4/1 Country Fried Steak, Mashed Potatoes, Country Gravy, Carrots, Buttered Bread. Chocolate Cake

Thursday, 4/2 Chicken Cold Salad w/Cucumbers & Tomato, Baked Chips, Bread Sticks, Cookie

Friday, 4/3 Tater Tot Casserole, California Blend Veggies, Crackers & Cheese, Oranges

Monday, 4/6 Hawaiian Ham Sandwich, Caribbean Black Bean Salad, Sliced Red Peppers, Pineapple

Tuesday, 4/7 Cheesy Beef & Shells Casserole, Corn, Bread Stick, Watermelon

Wednesday, 4/8 Sweet & Sour Meatballs over White Rice, Green Beans, Carrots, Brownie

Thursday, 4/9 Grilled Chicken & Cheese Sandwich on Pretzel Bun, French Fries, Coleslaw, Jello® w/Fruit

Friday, 4/10 Cold Turkey Ranch Wrap w/Spinach, Cold Pea Pasta Salad, Nutri-Grain® Bar

Monday, 4/13 Garlic Butter Steak Bites w/Sautéed Mushrooms, Seasoned Potatoes, Squash, Strawberries

Tuesday, 4/14 BBQ Chicken, Oven Roasted Sweet Potatoes, Cheese Broccoli, Buttered Bread, Apricots

Wednesday, 4/15 Homemade Pizza Casserole, Cheesy Garlic Bread, Spinach Side Salad, Cottage Cheese, Pears

Thursday, 4/16 Turkey Hot Dog on Bun, Baked Beans w/Waterchestnuts, Pretzels, Cream Cheese & Black Olive Dip, Honeydew

Friday, 4/17 Tuna Salad on Croissant, Avocado Slices, Peas, Crackers, Cheese Stick, Blueberries

Monday, 4/20 Baked Ham, Au Gratin Potatoes, Peas, Buttered Bread, Whipped Pudding Cups

Tuesday, 4/21 Hamburger on Bun, Cauliflower & Broccoli Cold Salad, Black Eyed Peas, Cherry Tomatoes, Peaches

Wednesday, 4/22 Beef & Broccoli over Rice. Carrots, Dinner Roll, Blackberries & Raspberries

Thursday, 4/23 Roasted Turkey, Homemade Macaroni & Cheese, Cranberry Pinwheels, Whipped Fruit Salad

Friday, 4/24 Chili, Corn Bread w/Honey Butter. Crackers, Mandarin Oranges

> All menus are subject to change.

Happy April Birthday to These Elders!

- Velma Waukechon 4-1
- Jeffery Crawford
- 4-4 Patricia Elliot
- Oopie Elayne Shepard
- John Mann
- Ned Daniels Jr.
- 4-12 Deanna Olson
- 4-13 Eugene Shawano Sr.
- 4-14 Karen Ritchie
- 4-16 J.R. Holmes

- 4-17 Judith Kasparek
- 4-17 Clarence Daniels
- 4-18 Stanley Frank
- 4-19 Ora Monegar
- 4-20 Carole White 4-20 Paul Kezick
- 4-20 Patricia Shopodock
- 4-20 Jo Anne Jackson
- 4-21 Lawrence Long

Attention Youth FILM Enthusiasts of FCP:

We will be postponing the start of the youth workshops in Film and Media until further notice as we watch closely the COVID-19 epidemic. Please watch for updates on FCPC's Facebook page and in the Traveling

If you'd like to watch some of our past productions, go to www. fcpotawatomi.com/government/film/.

Thanks for understanding and stay healthy!

Students, Parents and Families:

The K-12 Education tutoring staff will be available remotely and by telephone to check in with their students and to help with their school work. Tutoring staff have been working hard to remain in contact with students and our local school districts for classroom updates moving forward. To inquire about connecting students to a tutor staff, we can be reached by telephone at 715-478-7355 or by email at Brittany.lamere@ fcpotawatomi-nsn.gov.

POTAWATOMI TRAVELING TIMES

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FOREST COUNTY POTAWATOMI HFAITH &

8201 Mish ko swen Drive Crandon, WI 54520 www.FCPotawatomi.com Mon. - Fri. | 8 a.m. - 4 p.m. Open to the Public

HEALTH & WELLNESS CENTER

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BEHAVIORAL HEALTH

Mental Health and
Substance Abuse Services
will provide regularly
scheduled services by
telephone. Our staff is
ready to help support you
during this unique time in
our community — call
(715) 478-4332.

COMMUNITY HEALTH

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DENTAL

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OPTICAL

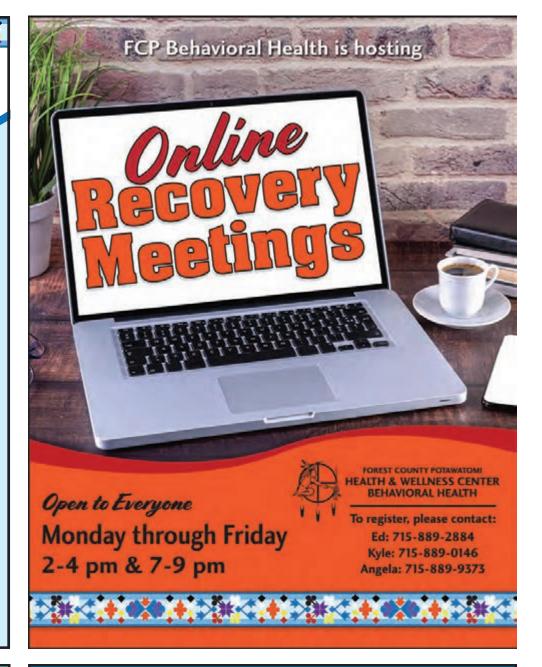
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REHABILITATION

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Year-End Update with Tribal Historic Preservation Office

What is our purpose? As a result of a formal agreement between the Forest County Potawatomi Community (FCPC) and National Parks Service established in 2011, the tribe assumed control over the identification and protection of cultural resources on tribal lands. The Tribal Historic Preservation Office (THPO) may conduct oral interviews, archaeological identification surveys, evaluations of eligibility for the National Register of Historic Places, and monitoring of earth disturbing activities in areas of high potential. Identification projects may be done internally or contracted depending on budgeting and funding via grants.

Where are we? This past year, FCPC Executive Council created a new Division of Cultural Preservation and the THPO program was both administratively and physically moved from the Natural Resources Department and building to the Cultural Center, Library & Museum to be housed with Museum, Language, and Culture Departments under the new Division Administrator.

Who are we? Michael LaRonge is your Tribal Historic Preservation Officer. Mike graduated from University of Wisconsin-La Crosse with a degree in archaeology in 1996 and obtained his Master's degree in Industrial Archaeology from Michigan Technological University in 2001. He has worked for the Wisconsin Historical Society, a few private cultural resource firms, and the Lac du Flambeau Historic Preservation Office. The new Assistant THPO, Nicole Reske, has completed basic Section 106, NAGPRA, and Native American Cultural Property Law training through the National Preservation Institute. Nicole worked closely with Native communities during her internship at Pipestone National Monument. She also has a degree in archaeology from the University of Wisconsin-LaCrosse.

What do we do? On tribal lands, the FCPC THPO participates in the Environmental and Cultural Review Policy process for proposed tribal projects. In the fiscal year 2019, 28 projects were

reviewed under this policy. These projects can include anything from timber sales, larger construction activities, and solar panel installations to utility repairs and smaller projects such as sign installations. Additionally, the tribe has the Tribal Member Services Policy that provides community assistance for reviewing and implementing individual tribal member projects. This policy covers reservation lands and any tribal member request within 20 miles of tribal property. Tribal membership submitted 48 of these projects this past year. No new cultural resources were identified or impacted during these projects.

The agreement with the National Park Service also allows the THPO to be involved in cultural resources management decisions for federally-funded or licensed projects off tribal lands within the ceded treaty territories. These lands currently encompass parts of five states including Illinois, Indiana, Ohio, Michigan and Wisconsin. Our review of federally-funded projects included a little over 800 pieces of mail for just this fiscal year! Each project received has individual managers, so this sparked correspondence and relationships with 780 contacts. From these contacts, 561 projects resulted in a finalized finding. The remaining 219 pieces of correspondence, totaling 27 percent, are pending additional information for reasons outside THPO control such as federal/state highway projects that have a lengthy planning process. When reviewing these projects, the THPO staff give individualized responses to the project's potential impact. Many projects, however, only require the following decisions: No Historic Properties (NHP), No Historic Properties Affected (NHPA), or No Adverse Effect (NAE).

As additional documentation for fiscal year 2019, the THPO also tallied the number of federal undertakings from Section 106 correspondence that directly or indirectly affected known Potawatomi or potential Potawatomi ancestral sites. Most of these projects resulted in com-

plete avoidance of the site or some form of treatment recommendations such as input to data recovery plans or monitoring.

As part of its outreach to establish or reestablish working relationships with state and federal agencies, the FCPC THPO engaged in reviewing federal rule changes, consultation plans, and project-specific agreements. This work resulted in the signing of four memorandums of agreement (MOA). There are two types of signatures when it comes to legal documents. When the tribe is an invited signatory, this means that the tribe has input on the actual creating or re-crafting of that entire document. Sometimes there is only a need for a concurring/consulting party signature, which allows the tribe to have input on specific details of the document. FCPC engaged as a consulting party or invited signatory on the following documents regarding tribal consultation with various federal and state entities organized into a table shown at right.

At a state level, the FCPC is involved in activities under state laws and policies. The FCPC Executive Council Resolution approved the appointment of the FCPC THPO as Secretary to the Wisconsin Intertribal Repatriation Committee (WITRC). The FCPC THPO office aided in the redrafting of the WITRC's bylaws to assume the committee's role under the Wisconsin Burial Sites Law (Wisconsin Statute. 157.70). The changes were formally adopted and approved by the committee's parent organization, the Great Lakes Intertribal Council on May 9, 2019. The Department also commented on the Draft of the Ohio History Connections American Indian Policy.

Every summer, the Natural Resources Department employs a limited number of youths through the Summer Youth Employment program sponsored by FCPC Education Department. Prior to being moved to the Cultural Preservation Division, the THPO staff focused on the education of surveying for cultural resources and sites. To ensure that the

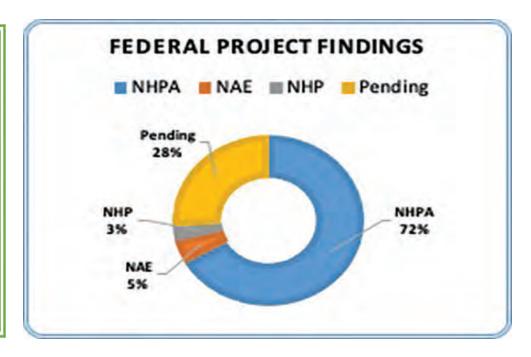
youth understood the types of materials and features commonly found during pedestrian surveys, they were taken to an old home site and shown a cellar depression, trash midden, a bermed foundation, and how a clearing closes over time. This opportunity helps inform and educate the youth about how their ancestors lived and thrived in Forest County.

The FCPC THPO continued its ongoing practice of providing expertise in historic preservation and assistance to tribal programs and projects. Part of maintaining this expertise is participating in training to further departmental efficacy. To this end, FCPC THPO staff conducted paraprofessional refresher training for two of the nine Land and Natural Resources Division staff originally trained in 2017. The refresher hours are required to keep a paraprofessional certificate active; otherwise, the individual must retake the full-week training course again. The Historic Preservation Office is tentatively planning to train new paraprofessional assistants and tribal monitors in the next year.

Finally, this past year, the FCPC THPO has provided guidance to new THPOs for the Sokaogon Mole Lake Band of Lake Superior Chippewa Indians, the Pokagon Band of Potawatomi, the Match-E-Be-Nash-She-Wish Band of Potawatomi, the Little Traverse Band of Odawa, The Oneida Nation of Wisconsin, and the Ponca Tribe of Nebraska. This assistance included management guidance, data logging and documentation advice, strategies for building program capacity, and template response letters and data logs.

If you wish to know more about any of the topics discussed above or have information you feel would be useful to the THPO's ongoing efforts, please contact THPO Michael LaRonge at (715) 478-7354, or Assistant THPO Nicole Reske at (715) 478-4538.

Involved Parties	Type of Signature	Location	Description
City of Portsmouth & Ohio SHPO	Invited signatory	Portsmouth, OH	Data recovery plan to minimize impact for lighting and access improvements at Mound Park
NASA & the Ohio SHPO	Concurring party	Cleveland, OH	Building demolition and proposed construction activities within the Glenn Research Center Lewis Fiel Historic District
Federal Highway Administration, Wisconsin SHPO, US Army Corps, Wisconsin DOT & City of Racine	Invited signatory	Racine, WI	Minimized impacts to archaeological site affected by replacement of the 6th Street Bridge over the Root River
Wayne National Forest & Ohio SHPO	Invited signatory	Hocking County, OH	Measures preventing further site damage from tree fall at the Tabe Well site



COMMUNITY ADVOCACY

The goal of Forest County Potawatomi (FCP) Community Advocacy is to improve access to community resources and increase social support. Community Advocacy provides free and confidential services to all families, and works to meet the needs of tribal elders. Services are provided to FCP-enrolled tribal members and tribally-affiliated members who have experienced past or present abuse. We are here to provide emotional support 24 hours a day, 365 days a year to survivors of abuse: physical, emotional, neglect, abandonment, sexual, and financial.

Are you a victim? Do you need to report abuse? Who should you contact? Please contact FCP Community Advocacy, medical doctor, local police station, and/or local social services department.

FCP 24/7 CRISIS HOTLINE (715) 478-7201

All calls are confidential, and you do not have to give your name if you do not want to. We are here to listen without judgment, provide emotional support, talk about your options, and let you know about the resources available to you.

FCP COMMUNITY ADVOCACY NON-EMERGENCY (715) 478-4433

Do you need assistance with Medicare, Social Security, insurance and/or medical billing issues? Maybe you need help to locate a care provider or a day program center for an elder and/or a person with disabilities?

Are you involved in a guardianship case or looking to seek guardianship? Our team provides resources and support to all of our guardians, including those transitioning from chips to guardianship. We can also assist in filing petitions for guardianship of both person and of estate.

Family support workers are here to help our clients with transportation needs, which includes use of a wheelchair- accessible van.

The Community Advocate Department is located on the top floor of the Family Services Building at 5415 Everybody's Road, which is located directly across from the FCP Executive Building. We can also be reached by telephone at (715) 478-4433. Our office hours are Monday through Thursday, 7 a.m. – 5 p.m. The 24/7 crisis hotline at (715) 478-7201, is available at all times with a staff member to assist you during any crisis situation.

*At this time and until further notice, our services are available by phone. Please call (715) 478- 7201 and someone will assist you!

Community Advocacy Team Members:

Emily Crum, Native Resilience Social Worker; Michelle Juech, Guardianship Coordinator; Lisa Scheuerman, Guardianship Coordinator/Administrative Assistant; Amanda Leonard, Community Advocate; Sara Burdick, Community Advocate; Michelle Haskins, Family Support Worker; Dezirae Kegley, Family Support Worker. We are all very excited to be here and we look forward to building relationships with all community members!



For those community members who may not use social media as a way to stay up to date with the current health crisis situation, the Forest County Potawatomi is pleased to announce a new addition to its website. FCP's Information Technology department has created a page dedicated to the OVID-19 pandemic, complete with the latest CDC guidelines, and links to information regarding travel, those at high risk, etc. A world map has also been added that shows the progression of this virus across the world. Please take time to visit

www.FCPotawatomi.com. The link for the OVID-19 page is up front and center. You'll find that the page is organized, simple to access, and easy to navigate. Please share with those who don't have Facebook pages. Be informed, be safe!



Sexually Transmitted Infections: Frequently Asked Questions

Sexually transmitted infections (STIs) are common. According to the Centers for Disease Control, there are about 20 million new cases of STDs in the United States each year! It is important to get tested and treated for STIs to avoid the long term effects of an untreated infection. The good news is, most STIs are curable and all are treatable.

What are sexually transmitted infections (STIs)?

Sexually transmitted infections, also called sexually transmitted diseases (STDs) are infections that are passed from person to person through sexual contact. You may have heard of chlamydia, HIV, HPV, genital herpes, hepatitis B, gonorrhea, pubic lice, and syphilis. These are all types of sexually transmitted infections.

How do you get an STI?

STIs are transmitted through the exchange of blood, semen, vaginal fluids, and skin-to-skin contact. You can get an STI by having oral, vaginal, or anal sex with someone who has an STI. STIs like herpes and HPV can be spread through skin-to-skin contact.

How will I know if I get an STI?

Many STIs do not show signs or symptoms, so you may have an infection and not know it. The best way to know if you have an STI is to get tested.

Should I get tested for STIs?

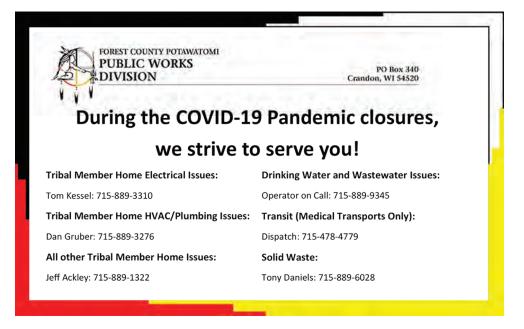
- If you have symptoms of an STI, you should get tested. Common symptoms of STIs include itching, burning during urination, abnormal discharge, or sores on the genitals. But, many STIs do not show symptoms. You may spread or get an infection without ever knowing it.
- If you have had sex with another person and did not use a form of protection (condom, dental dam, female condom), you may want to see your provider to get tested.

How can I protect myself from STIs?

The most effective way to prevent STIs is not to have sex. If you do decide to have sex, you and your partner should both be tested for STIs before you engage in sexual activity. Before engaging in sexual activity, have a conversation with your partner on how you will prevent STIs and unintended pregnancy. FCP Community Health's Brown Bag program provides FREE bags of condoms and education to prevent STIs and unplanned pregnancies. Protect yourself and your partner by using condoms correctly from start to finish, every time you engage in sexual activity.

Where can I learn more?

- Find out if it is recommended that you get tested for chlamydia, gonorrhea, or HIV by completing a quiz. This quiz is for informational purposes and does not constitute medical advice or diagnosis but it is a helpful tool. Take the quiz at tools.plannedparenthood.org/std/intro.
 - Read more about STI prevention and testing at www.cdc.gov/std/prevention/.
- Get tips on starting a conversation with your partner about testing and prevention by visiting health.gov/myhealthfinder/topics/health-conditions/hiv-and-other-stds/std-testing-conversation-starters.





Spotlight: RITCHIE DEDICATES CAREER TO FOREST COUNTY POTAWATOMI

By Sean Ryan – Reporter, Milwaukee Business Journal; Photos by Kenny Yoo

Kip Ritchie's father was half Potawatomi, and his grandfather and greatgrandfather were both tribal chairmen who played roles in establishing the Forest County Potawatomi Community government.

"For me to be able to stand on their shoulders and give something back, make a contribution here, it's a huge honor," Ritchie said.

Ritchie right now leads Greenfire Management Services LLC, the growing Milwaukee construction company created by the tribe. But he has spent a career building businesses for the Forest County Potawatomi while helping tribes across the country do the same. He had a hand in creating the Potawatomi's Milwaukee data center, a federal contracting arm with 900 employees, and the large Wgema campus of restored buildings on Milwaukee's near west side.

Ritchie recalls that work with enthusiasm, and brings an unusually high personal investment to crafting business operations strategies. He finds meaning, for example, in the interns just starting at Greenfire who one day could have a career there.

"We need to be in a position where when we hand it off to them, when we give them the car keys, that we're in a really good position for success," Ritchie said. "I want to know that what we did, what we created here, is going to last for generations, and that it's going to support the tribe and be something significant and special."

Greenfire has grown over the past 10 years to become a significant construction manager in the region. It has consistently done about \$80 million of construction work a year. About a quarter of that is for projects led by the Potawatomi tribe, but the bulk is for other developers.

Ritchie said Greenfire expects about \$150 million of projects this year, including new apartments at Michels Corp.'s R1ver project in Milwaukee and Newaukee's The Beacon on West National Avenue.

Ritchie started working for the Potawatomi in 1997 and spent eight years in the Milwaukee casino as director of marketing and assistant general manager.

After that run, he served on the board of the Potawatomi Business Development Corp. and became its chief operating officer.

Greenfire was among the companies created during that time. It originally was led by people the Potawatomi recruited from the construction industry. When original president Robert Schmitt stepped down, Ritchie was asked to step in, despite being a newcomer to the construction world. He expected it to be a short-term gig, but that was nearly six years ago.





"For a while it was drinking from a fire hose, but it gave me an opportunity to be more transparent, more vulnerable with the members of our team to say there are things I don't know, you're going to have to teach me," Ritchie said. "It made for a much more collaborative business approach."

Greenfire saw its fastest early expansion in the multi-family world of apartment buildings, working with established developers including Mandel Group Inc. in Milwaukee. Robert Monnat, Mandel chief operating officer, encouraged the tribe's initial decision to create Greenfire, and calls Ritchie a close friend. The contractor is willing to step up and contribute resources to solve unexpected challenges that can arise on projects.

"Their attitude is, 'what can we do to make this thing right, so the overall project is successful?" Monnat said. "The relationship is like a partnership, and that is really appreciated."

Ritchie is looking for growth opportunities in other building types, such as health care, office, senior living and retail.

"As I look back in my background in marketing and communications, that's an area where I can contribute to the team," Ritchie said. "I've been fortunate to have some super-smart people around me."

Ritchie's presence is national, and felt beyond Milwaukee and the Potawatomi reservation in northern Wisconsin. He started the month of March in Las Vegas for a National Center for American Indian Enterprise Development conference. He's been on the organization's board for 10 years, helping tribal companies and entrepreneurs succeed. Ritchie has consulted with tribes across the country as they, like the Forest County Potawatomi, establish a portfolio of sustainable companies.

"It's a great way to give back, to be involved and take what I've learned through the years and share that with some of my colleagues, young entrepreneurs and tribes that are trying to do something similar to what we've done," Ritchie said.

For three years, he's consulted the Pyramid Lake Paiute Tribe, located on a reservation north of Reno, Nevada. Ritchie is helping the tribe with strategic planning to develop jobs around the tech industry, since Tesla's Gigafactory and a Google facility are nearby in Reno.

"They have an opportunity to invest in that area and participate in that future," Ritchie said. "There's a little under 3,000 tribal members there with limited opportunities and limited access to capital, business acumen and capacity building. So myself and a few other colleagues from around the country are able to come in and help with that."

Q&A: KIP RITCHIE

Education: University of Wisconsin-Madison (class of 1988); Family: Married to Nancy for 31 years; daughter Olivia (24), and son Evan (21); Age: 54; Resides: Pewaukee; Best decision: "Going to work for my tribe - the FCP; Toughest decision: "Accepting the challenge to become Greenfire president in 2014"; Like best about your job: "Working with the Greenfire team"; Most important lesson learned: "Surround yourself with people smarter than you and have courage to share leadership and collaborate your way to success."; Pastimes: "Family, church, friends, travel, biking, skiing, hunting and fishing"; First job: Paperboy; What's playing on your car radio: Sirius XM 28 — The Spectrum; Favorite vacation spot: "Presque Isle Lake in northern Wisconsin"

Call to All Area Artists

(WABENO, Wis.) The Friends of Wabeno invite area artists to the 1st Historic Wabeno Art Challenge. The Art Challenge is open to anyone who would like to create an original piece of artwork showcasing Wabeno's history and culture and display their art at the Wabeno Logging Museum over a two-month period this summer. There will be awards and an opportunity for artists to sell their work.

The Historic Wabeno Art Challenge is designed to encourage area artists to create and share their talents and promote Wabeno's place in history in the Northwoods of Wisconsin. The art challenge will conclude at the 6th Annual Wabeno Art & Music Fest on Saturday, Aug. 1, 2020.

Important dates to remember:

- April 30 applications due
- May 27-29 drop artwork off at Wabeno Logging Museum (drop off locations within 75 miles for at least five artists are possible)
 - June 5 Aug. 1 museum art gallery opens
 - Aug. 1 art challenge awards

Want to create an entry but not sure what you will do, yet? Feel free to submit a couple of your concepts and the art medium you will use or call to discuss.

WAM Fest Coordinator Mary Beck says, "This is a great opportunity for individuals or groups of artists to share their creative vision of the early years of Wabeno's history and cultures. Given three months to create and then two months to show and sell art provides great exposure for the artist and provides exposure to a variety of art mediums for our community and visitors all in one location!"

Artists interested in participating are encouraged to apply for the Art Challenge. Guidelines, resources, artwork ideas and application are available on the Wabeno Art and Music Festival website located at https://wabeno-artandmusicfest.org/art_options/. If you have questions, contact Mary Beck at mfbeck@charter.net or (608) 628-0757 or send a message through the website.



artwork by Tina Anderson







Great Lakes Inter-Tribal Council, Inc.

GLITC Mission: To enhance the quality of life for all Native people.

GLITC Vision: The Great Lakes Inter-Tribal Council, Inc. (GLITC) shall be a diligent advocate for the advancement and promotion of tribal nations and communities by honoring the seventh-generation perspective.

In conjunction with the State of Wisconsin recommendations, we are asking that our Foster Grandparent (FGP) and Senior Companion (SCP) Elders Volunteers stay safe and healthy in their homes. Our Great Lakes Inter-Tribal Offices in Lac du Flambeau will also be closed until April 24, 2020 and staff will be working remotely.

During this transitional period, the FGP and SCP team of: Pat Takamine, Wendy Rozhon, Don Lincoln and Cassie Molkentin will continue to work from their homes via online and telephone communications. We all can be reached via our business phones and email.

In order to keep supporting our elders CNCS has granted us to continue to pay a temporary stipend allowance to all our active FGP and SCP elder volunteers. GLITC program staff will complete timesheets for all active volunteers.

We will also be reaching out to our volunteers by phone in the next couple of days to answer any questions and

Our continued concern is for you, our most valuable resource, the Elders of our Tribal Communities. We are working to ensure you remain safe and healthy during this challenging time. Thank you for all you do!



