



POTAWATOMI TRAVELING TIMES

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Health & Wellness Center Holds Open House



submitted by FCP Health Division

A beautiful Saturday offered the perfect setting for the Forest County Potawatomi (FCP) Health Division to open its doors and share its pride in the Health & Wellness Center (HWC). HWC hosted an open house on May 19, 2018, that drew tribal members, community members, families, friends and some from as far north as Ashland. The event was the culmination of months of planning by the Open House Work Group led by HWC Administrative Assistant Melinda Carroll, clinic administration, and representatives from many of the departments. Each department created displays that offered highlights of services offered and donated prizes for the many drawings. Over 75 Health Division employees participated in making this an amazing day.

FCP Council Member Brooks Boyd offered opening remarks to start the festivities, followed by traditional ceremo-

nial drumming courtesy of Fire Nation. Health Division Administrator Julie Beeney welcomed the crowd by saying, "I would like to start the morning by offering my thanks: thank you to our honored tribal elders for your vision in creating a Health & Wellness Center to provide for the past, present and future health needs of your people. Thank you to Executive Council for your leadership and support. Thank you for this beautiful building, and more importantly, the beautiful staff inside that care for our community every day. And thank you to all of today's visitors for your presence."

Healthcare in this community started over 30 years ago with a single nurse working out of a one-room building providing care in the homes throughout the FCP community. In 1995, the first clinic opened in what is now the Family Services and IT building. Services provided quickly outgrew the space so in 2000, the current HWC opened. While its focus has been and always will be to meet the health needs of the tribal community, the Potawatomi proudly share its blessings so the services HWC provides are open to the general public in surrounding communities. Regardless of your personal home, HWC is your medical home and provides the same compassionate, respectful, exceptional care to all.

To sustain the vision of the tribal elders, HWC continues striving to provide the services the community needs. HWC has completed many significant expansions including rehabilitation services, optical and dental — twice now! HWC is currently completing research of community needs and growth so that it can align itself for further expansion that is tailored to those needs. The Health Division exists outside its walls in its services to tribal members. FCP tribal elders are cared for in the Caring Place facility which supports a wealth of activities and events to the community's most valued asset.

To address the opioid crisis that is

destroying youth across the country and in our neighborhoods, supportive housing for Potawatomi tribal members is in the final stages of construction and will open this summer. Executive Council has empowered this community and the Health Division to use available resources to assure that **not one more** child dies of an overdose. Open house attendees were able to view a dramatic exhibit called "Hidden in Plain Sight." What appears to be a "normal" teenager's bedroom in reality holds clues to potential drug or alcohol use. Everyday items, such as power drinks, can be laced with alcohol soaked in hard candies and empty toilet paper rolls are used to diffuse the smell of marijuana.

Throughout the day, visitors enjoyed a scavenger hunt that took them to all departments within the building. Staff provided individual and group tours that offered education and information to those that currently use the HWC, as well as first-timers. During a tour of the new dental expansion, a local woman expressed her thanks for the addition of a state-of-the-art handicap accessible dental suite. "We have to take our disabled son all the way to Green Bay for dental care — now we can come right here!" This set the tone for the comments provided by all visitors with thanks for the opportunity to see all we have to offer and for the caring staff.

No Potawatomi event is without great food. The HWC's maintenance department started early in the day grilling hamburgers and brats generously donated by the Bodwéwadmi Ktēgen (Potawatomi Farm). Face painting and games for the kids, along with tours of area emergency vehicles, a remote broadcast by radio station WHDG, and lots of great raffles rounded out the fun for the day.

As healthcare providers, HWC's mission has always been to take care of others. It is proud to serve this tribal community and the surrounding communities.



photos by Val Niehaus

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PROJECT UPDATE: THE CHISWICK AT DUNWOOD APARTMENTS



Construction is now underway for the 10-acre, 103-unit luxury apartment complex in Fox Point, Wis. Greenfire Management Services is providing preconstruction and construction management services, and the developer is Milwaukee-based Mandel Group Inc.

The development will consist of four two- and three-story apartment buildings with underground parking, a clubhouse and landscaped interior courtyards. The unit mix will consist of spacious one-, two- and three-bedroom units.

Chiswick was inspired by the architectural style of English arts and crafts. The buildings were carefully designed to incorporate "embedded cottages" where defined sections of the façade are distinguished by stone masonry to create the feel of smaller, characterful homes within the larger building. The exterior features cottage red shingles and pitched roofs; an attractive palette of limestone and clapboard siding; floor-to-ceiling windows; and wrought iron-like fences.

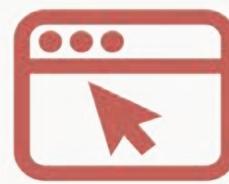
The apartments are slated to open in early 2019.



PROJECT UPDATE: WGEMA CAMPUS DEVELOPMENT

The Wgema Campus — formerly Concordia College, then the Concordia Trust Property is rich in history and value to the city of Milwaukee and the historic neighborhood that surrounds it. The Forest County Potawatomi Community has owned the Milwaukee property since 1990, and the site had been leased to the Indian Community School until the school moved to Franklin in 2010.

Now called the Wgema Campus, construction is well underway to transform these buildings into a useable space, such as usage for the Indian Elderly Meal Program and kitchen space for a community partner, Lisa Kaye Catering. See above for a rendering from Greenfire of what the first floor will look like when finished!



EMPLOYMENT OPPORTUNITIES

Visit the Potawatomi Business Development Corporation website to view a full listing of jobs available domestically and internationally:

potawatomibdc.com/careers-1/

Happy June Birthday to These Elders!

- | | |
|--------------------------|-------------------------|
| 6-1 Gises Thunder | 6-23 Margaret Hawley |
| 6-1 Richard Alloway | 6-23 Michael Patterson |
| 6-1 Denise Mulder | 6-23 Ruth Weso |
| 6-4 Mary Ritchie | 6-23 Sarah Krahm |
| 6-11 John Waube | 6-24 Carol Coyle |
| 6-12 Viola Sakiestewa | 6-24 Jesse Jacobson Jr. |
| 6-13 Richard Boelter Jr. | 6-29 Georgina Rank |
| 6-15 Linda Spaude | 6-29 Bruce Shepard I |
| 6-17 Anthony Petonquot | 6-30 Elizabeth Daniels |
| 6-18 Clifford Vigue | |

FCP CARING PLACE June 2018 Activities Calendar

Activity room is open daily for activities at the Caring Place.
Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- 6/2: Prince concert at PHC in Milwaukee
- 6/5: Casino Day
- 6/19: Shopping
- 6/22: Rouman Cinema
- 6/24: Bingo, Carter Casino at 10 a.m.
- 6/26: Birthday Bingo, Caring Place at 12:30 p.m.

Three Sisters Women's Group

Three Sisters Women's Group - Getting Back to Nature: Connecting with the Earth, Mind, Body and Spirit. Beginning May 29, followed by every Tuesday at 5:30 p.m. and Friday at 9 a.m. at Bodwéwadmi Ktégan.

We invite you to join us out at Bodwéwadmi Ktégan to plant, grow and harvest your own Three Sisters garden mound. This is also a chance for FCPC's women to get together and discuss community issues and possible future solutions, all while learning about the Three Sisters, relaxing, and connecting with our Mother Earth and nature. Women are encouraged to bring their children.

To sign up or for more info, contact Allison Daniels at (715) 478-4704.





POTAWATOMI TRAVELING TIMES

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Elder Menus

JUNE 2018

Monday, 6/4

Hot Beef Sandwich,
Mashed Potatoes, Corn,
Honeydew Melon

Tuesday, 6/5

Chop Suey over Rice, Side Salad,
Fortune Cookie, Pears

Wednesday, 6/6

Wet Burrito, Tortilla Chips & Salsa,
Strawberry Rhubarb Dump Cake

Thursday, 6/7

Naan Bread Crispy Chicken
Sandwich, Cucumber Salad,
Jello® w/Fruit

Friday, 6/8

Beef Barley Soup, Crackers,
Pineapple Fluff

Monday, 6/11

Egg Salad Sandwich,
Tomato Bisque Soup, Broccoli
Cauliflower Salad, Watermelon

Tuesday, 6/12

Crab Pasta Salad, Crackers,
NutriGrain® Bar

Wednesday, 6/13

Roasted Pork, Potatoes, Asparagus,
Pork & Beans, Fresh Berries

Thursday, 6/14

Tenderloin Tips over Egg Noodles,
French Style Green Beans,
Green Grapes

Friday, 6/15

Chili, Fry Bread, Blueberry Muffin,
Yogurt

Monday, 6/18

Tuna Salad on Croissant, Garden
Rotini Salad, Orange Fluff

Tuesday, 6/19

BBQ Chicken, Rice & Vegetables,
Cottage Cheese, Apple

Wednesday, 6/20

Turkey Bacon Club Sandwich,
Chips & Bean Dip, Pickle,
Jello® Cake, Banana

Thursday, 6/21

Fish Sandwich, Macaroni & Cheese,
Coleslaw, Tropical Fruit

Friday, 6/22

Wisconsin Brat & Cheddar Soup,
Crackers, Chocolate Ice Cream,
Peach

Monday, 6/25

Cobb Salad, Cottage Cheese,
Garlic Bread, Cantaloupe

Tuesday, 6/26

Turkey, Mashed Potatoes, Gravy,
Carrots, Dinner Roll,
Cranberry Sauce

Wednesday, 6/27

Taco Wrap, Strawberries

Thursday, 6/28

Meatball Sub, Side Salad,
Fruit Fluff

Friday, 6/29

Cheesy Cream of Asparagus Soup,
Crackers, Ham Sandwich, Pineapple

*Menus subject to change.

Coming soon: More of the produce and meats from Bodwéwadmi Ktégan will be used in the meal route program. As most of the meal route participants already know, we partnered with Bodwéwadmi Ktégan last year using its wonderful foods. This year, we will be using more of its bounty, related to the expanding food production and efforts of Bodwéwadmi Ktégan's team!

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall at 8000 Potawatomi Trail in Crandon. Please join us!

**Deadline for the June 15, 2018 issue
is Wednesday, June 6, 2018.**

Trip to Oneida Offers View of Elder Care in Another Tribal Community

submitted by FCP Health & Wellness Administration

The Forest County Potawatomi (FCP) community calls it the Caring Place; the Oneida Nation calls it Tsi' Teshakotisny' eth (The Place They Look After Them) or Anna John Resident Care Community (AJRCC). Regardless of naming convention, it means 24/7 care of our most valuable resource: tribal elders.

FCP Executive Council is committed to meeting the needs of our elders - now and into the next generations. With a waiting list for placement in our Caring Place, Executive Council reached out to a neighboring tribe to share its story of caring for elders. On May 3, a group from the FCP community composed of tribal elders, Executive Council members, Caring Place personnel, and members of the Capital Projects Team traveled to Oneida to tour its elderly complex. The tour began with an overview of services provided by its elder services program. Like those provided by the FCP community elderly services program, the Oneida community provides meal delivery, outreach, respite care, transportation, home repair, and activities. Elders receive a well-check daily or weekly, depending on whether or not there are health issues. This group oversees the management of the 29 apartment units designated for tribal members only. These spacious apartments feature one bedroom, one bath, and an open-floor plan. Each unit has a private outdoor patio for entertaining. All residents pay the same rent unless they are receiving public assistance. There is currently a waiting list three pages long (front and back).

Key to long-term planning for elder needs, the elder apartments are connected

to the AJRCC so that independent elders living in the apartments can join other elders and community members for congregate meals. The beautifully-designed and fully-functional dining room is centrally located between the elder apartments and the long-term care facility (AJRCC). This allows for greater accessibility for residents and the community as a whole. Most meals are served Monday through Friday at noon and are free to elders 60 years and older. A donation of \$1.50 is requested from community members aged 55-59. Guests under 55 may dine with the elders for a suggested donation of \$8. All proceeds support the various meal programs.

The dining hall is also used for activities such as chair yoga, which was in progress during our visit. Home-delivered meals are provided for elders that are homebound, have a serious health problem, and/or have a physician's order to have meals delivered. Lunch is delivered Monday through Friday. Saturday and Sunday meals are delivered along with Friday's lunch. Inclement weather is planned for and meals to last a few days are delivered so the elder is not without - even if the drivers cannot make it due to road conditions. These meals follow the same cost structure as congregate meals. There is one master kitchen in this facility that serves up to 150 meals per day.

To further promote a sense of "aging in place", the congregate meals provide an opportunity for independent elders to become familiar with elder residents and the staff of AJRCC. If the need arises, an elder from one of the apartments can move into one of the 48 private-care rooms at the AJRCC. Each room boasts a kitchen-

ette and private bath. To assist the elder and staff, all rooms are also outfitted with safety features such as lifting-assist devices and fully handicap-accessible bathrooms. It was obvious that during planning and construction, attention to detail was the focus. Rooms are outfitted with cabinets that pass through to the outside hallway. Residents place their laundry in from their room and in the morning their clean, fresh laundry is back in the cabinet. Other amenities include a beauty salon/barber/spa, exercise equipment, an activity center, and "family kitchens." These full kitchens with attached dining rooms that seat up to 20 people allow for families of residents to cook celebratory meals for private family gatherings.

The AJRCC is the first VA facility owned and operated by Native Americans. The Oneida have chosen to develop its long-term care facility into an enterprise and as such, they are licensed by the state and Medicare-certified. This allows them to accept non-Indian residents and receive payment. State licensing requires strict adherence to policies, guidelines, and even physical structure that is determined by the state. These facilities are subject to state survey and if found non-compliant can be fined. This also dictates that residents be moved or placed in certain rooms within the facility based on the level of care needed. Discussions among tribal elders and Executive Council present were not in support of seeking licensure. Their focus is on caring for FCP tribal elders with the same level of care, compassion, and respect without licensure or accepting non-tribal members.

The facility also has five rooms designated for short-term stays for Oneida members. These flexible-stay rooms provide for temporary care (knee replacements, etc.) and are smaller than the regular rooms. To accommodate their physical rehabilitation as well as that of all residents of the AJRCC, physical, occupational and speech therapies moved here to be more accessible to residents. These services are also provided on the site for outpatients. Rehab services are provided seven days a week.

To further enhance "in-home" services to AJRCC residents, there is a fully-functional dental suite to provide care for those unable to travel to the health center, and a satellite pharmacy is planned in the near future.

To provide another layer of security, the Oneida Tribe is working on connecting the surveillance system to the casino for 24-hour monitoring.

This site visit provided invaluable information and direction to all attending on the future of the FCP elders. The services offered mirror many of our own, and we are proud of the generous resources we are provided. The trip to Oneida offered a glimpse into the future for planning and building a home for tribal elders that will serve our community into the future - one based on the promise to "...provide high quality supportive services to enhance the well-being of tribal members and the community we serve, where all elders are treated with respect and have the opportunity to live fulfilled lives."




Forest County Potawatomi Community
 P.O. Box 340 • Crandon, Wisconsin 54520

ELECTION BOARD

CERTIFICATION OF ELECTION RESULTS:

Primary Judicial Election, May 19, 2018:

TRIBAL JUDGE:	
Eugene Whitefish	61 votes
Jeryl Perenich	19 votes
Ira Frank	29 votes
Charles Ritchie	6 votes

This 19 day of May, 2018, I attest:

Amanda House Melissa Gorham
 Ballot Clerk, Amanda House Ballot Clerk, Melissa Gorham

Brian Schingrecke Francine VanZile
 Ballot Clerk, Brian Schingrecke Ballot Judge, Francine VanZile

NOTICE OF JUDICIAL ELECTION

Submitted by FCP Tribal Court

The current position of Forest County Potawatomi Tribal Court Chief Judge is up for re-election. The Chief Judge's current term ends on June 6, 2018.

The elected candidate will serve as the Chief Judge of the Forest County Potawatomi Tribal Court. This is a full time position.

Those interested in running for election should attend the caucus/nomination meeting at 7 pm on Monday, April 30, 2018.

Tribal law requires that the judge be at least 25 years of age at the time of his or her election.

Tribal law states that no person may serve as a tribal judge while serving as a member of the Executive Council or as the prosecutor, defender, clerk of court or tribal law enforcement officer.

The Chief Tribal Judge will be elected to a term of six years.

SCHEDULE:

June 2, 2018:	General election At the Auditorium
June 3, 2018:	Swearing in 10:00 A.M. Executive Building - Courtroom
June 4, 2018:	11:30 a.m. – 1:30 p.m. Reception at Executive Building - Courtroom

Lt. Gov. Visits Wabeno Fab Lab

by Winda Collins

On Wednesday, May 16, 2018, Lt. Gov. Rebecca Kleefisch made a special visit to the Wabeno School District's Fab Lab. On-hand to greet her were some of the high school's brightest students as well as pertinent school staff.

All the hubbub (and there was plenty) was well worth it once Kleefisch arrived. She greeted school staff and then made sure to shake the hand of each student as she asked his/her name. The conversation then turned to education: she asked each his/her grade and what his/her post-graduation plans were. All this happened just inside the school doors.

On the way to the Fab Lab, Kleefisch took the time to chat with passersby Brian Franz and Jorge Cisneros, both of whom work as student mentors for FCP

Education. Franz spoke of the importance of their roles for tribal youth in the community. Further down the hall, Kleefisch stopped to chat with a teacher for a few moments.

Once in the Fab Lab, Kleefisch made sure to spend time with each student as they worked on various projects. She asked very specific questions about the projects and gave enormously helpful and supportive guidance to each. Her most often overhead advice was, "Create a business card now. Get a twitter account... get a website going!" She added that for those with an entrepreneurial spirit, once these steps were taken, some of the necessary leg work to starting their own business would be done.

At one point, Kleefisch spoke with

Fab Lab Director Tim Stolar and commented on how impressed she was with the Fab Lab and the students, not to mention the community that voted in favor of the referendum to fund the program as well.

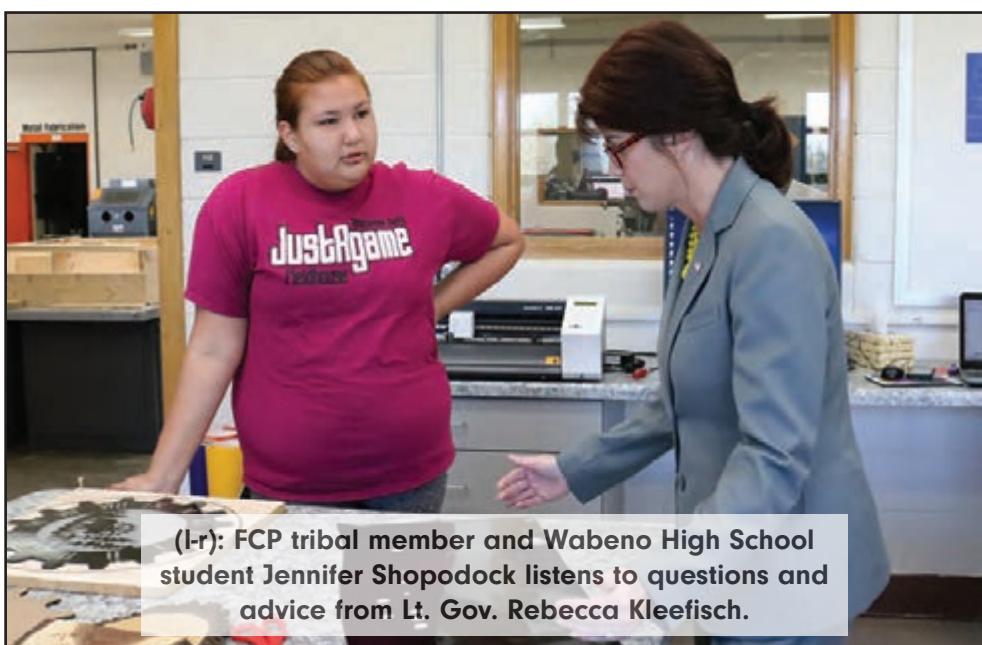
It was, without a doubt, a great visit! And, it is this writer's opinion that everyone who interacted with or was within earshot of Kleefisch this day was left feeling more positive – about themselves and their abilities.



(l-r): Fab Lab Director Tim Stolar takes a few moments to visit with Lt. Gov. Rebecca Kleefisch.



(l-r): FCP Education Department Mentors Brian Franz and Jorge Cisneros chat for a few minutes with Lt. Gov. Rebecca Kleefisch.



(l-r): FCP tribal member and Wabeno High School student Jennifer Shopodock listens to questions and advice from Lt. Gov. Rebecca Kleefisch.

Wisnëwéwen 2018

by Val Niehaus

The annual Wisnëwéwen (Feast/Banquet) hosted by the FCP Education department was held on May 20, 2018, at the Potawatomi Carter Casino and Hotel to recognize educational successes and celebrate student achievements throughout the year.

Fire Nation drum group opened the banquet with a welcome song for all in attendance. FCP Council Member Brooks Boyd shared a few words about what the evening's activities were going to entail.

Boyd then introduced FCP Chairman Ned Daniels Jr., who shared a few words about the night's festivities. Daniels started out with thanks to the Fire Nation drum saying, "Every time we start out with the drum, it makes everyone feel good and it really sets the pace for us. I am very proud of all these students being honored tonight — looking at this list, it's amazing to see where we as a people once were to where we are now. I want

to say thanks to Tom and Sarah in the education department — they are really going above and beyond anything I have seen before. Chi migwetch to everyone for being here on behalf of our children."

Next to the podium was FCP Treasurer Joseph Daniels. He spoke of the significance of having a feast like this and explained the traditions involved so that the young children present could understand the importance of this cultural activity and appreciate the discipline behind it. Daniels then moved on to say a prayer for the food and a blessing for all present.

As people were finishing their meal, Education/Culture Division Director



Tom Boelter came up to the podium to share some facts and statistics about this year's youth and graduation rates. He made it clear that it's the FCP Executive Council that's to be thanked for all the success that the education department is seeing lately.

After Boelter, Education Director Chris Annis shared a few positive words about the education department along with each of the students being honored. Annis joined the department this past year and was quite humble in expressing his appreciation for the opportunity to work for the FCP tribe. He expressed considerable optimism as he discussed his hopes for the many good things to come in the future for the tribal youth.

Gte Ga Nës Director Trisha Stefonek also offered a few comments before the night moved into the distribution of the

awards to each student being honored.

Awards were given for outstanding achievement; bronze medals handed out for preschool high attendance; silver medals for K-12 high honors; Pendleton blankets were given to high school graduates; gold medals were presented to higher education graduates.

Outstanding Achievement Recipients were: Israel Alloway, Ryon Alloway, Darnaina Boyd, Micasslyn Crawford, Kiana Marvin, Penelope Peters, Breed Shepard, Royce Shepard and Jennifer Shopodock.

The night ended with Fire Nation singing an honor song for all of the students who had been recognized and honored for their accomplishments during the evening's program and then followed the traveling song to wish everyone a safe trip home.

The night was a great success! With a room jam-packed with families, friends, workers and students, it really was a perfect night of celebration to acknowledge these students and their parents/guardians. *PTT* wishes them all continued success!



Bronze Medal Recipients (l-r): Cameron Tuckwab, Wylder Shepard, Evin Williams, Evan Bath, Shadow Daniels, Ryllan Samplaski. Not pictured: Sac-jewegises Alloway, Kendrick Gomez, Shyla Milham-Queen, Illiyah Shepard, Cattleya Soman, Alyrianna Zahurones



High School Graduates (l-r): Ryon Alloway, Brevin Boyd, Albert Jacobson, Alexis Houle, Hailey Seidler, Tori Shepard, Danielle Smith. Not pictured: Israel Alloway, Bishbeneshikwe Daniels

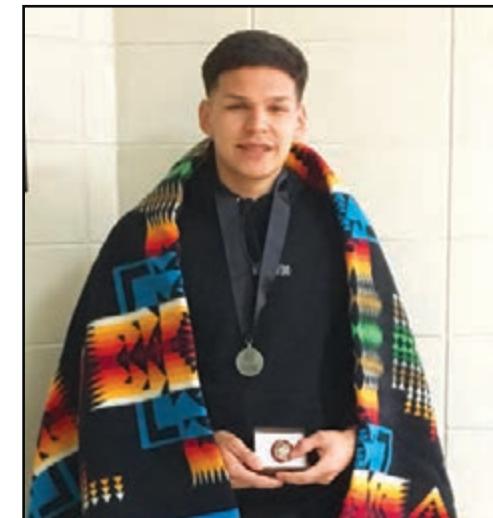
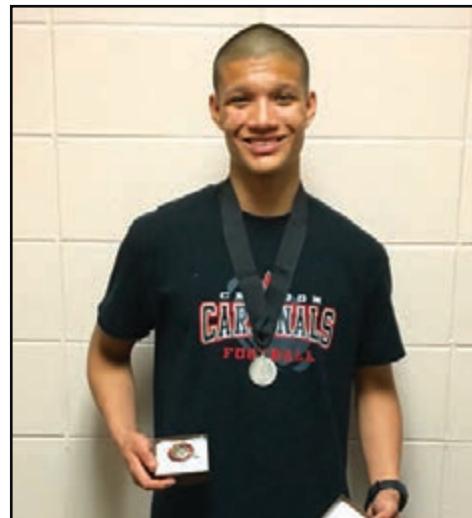


Silver Medal Recipients (l-r): Cierra Frank, Liliana VanZile, Bailey Blasing, Paul Davis Jr., Allisia Cisneros Tuckwab, Destiny Gilligan, Frank Shepard III, Brady Shepard, Benny Peters, Laney Peters. Not pictured: Israel Alloway, Ryana Alloway, Lavara Gilpin, Breed Shepard Jr., Jennifer Shopodock, Abey VanZile



Higher Education Graduates (l-r): Jennifer Shepard, Helena Melchert, Holly Spaude. Not pictured: Trena Alloway, Aaron Barea, Tina Petonquot, Destinee Alloway and Ashley Elliott

Junior/High School Awardees



(top row l-r) Abey VanZile and Ryana Alloway, high honors silver medal recipients (Crandon); Bishbeneshikwe "Bisher" Daniels, high school graduate (Crandon); Breed Shepard, high honors silver medal recipient and outstanding achievement recipient (Crandon); Israel Alloway, high school graduate, high honors silver medal recipient, outstanding achievement recipient (Crandon); (bottom row l-r) Jennifer Shopodock, high honors silver medal and outstanding achievement (Wabeno); Lavara Gilpin, high honors silver medal recipient (Laona); Kiana Marvin, outstanding achievement recipient (Crandon)

photos submitted by FCP Education

Gte Ga Nēs Class of 2018 Graduates

by Winda Collins

On Wednesday, May 23, the Gte Ga Nēs class of 2018 officially graduated. Festivities were held at the FCP Rec Center and the place was filled to capacity. On-hand to join in the celebration were: preschool staff, FCP Education staff, FCP veterans color guard, Fire Nation drum, parents, guardians, family, friends, and last but certainly not least, the happy (for the most part) graduates.

Grand entry started things off with the color guard leading the way thanks to Louie Spaude, Clarence Daniels, Ardin Mielke, JR Holmes and Greg Miller. They were followed by dancers Ira Frank, Bambi Shepard, Darwin Shepard and

Leon Shepard. As for Fire Nation, all the names were not available at time of print, but at one point there were 13 seated at the drum. This was one powerful session!

Next on the agenda were: a prayer for the people by Louie Spaude, flag, welcome and honor songs by Fire Nation, a short speech by Education Director Chris Annis, several acknowledgments and a poem by preschool staff, and a slide show before diplomas were presented.

As for the speech by Annis, he stressed that the youth graduating this day were, "... future leaders, possibly future drummers, future EVERYTHING!" He also stressed to the graduates to keep their

ears open so they know what's going on around them, to use their mouths to communicate, and to use vision to always keep in mind what's coming next.

The celebration ended with a wonderful lunch of Indian tacos and cupcakes prepared by Gte Ga Nēs staff.

Here's a list of graduates according to their room: (WOLF) Alyriannah Zahu-rones, Brooklyn Smith, Colleen Stealer, Evan Bath, Gabrielle Boyd, Illiyah Shepard, Jayden Tuckwab, Laila Alloway, Natiyah LaBarge, Shadow Daniels, Vincent Rentria, Wesley Shepard (EAGLE) Archer VanZile, Button Martin, Chevy Cook, Cheyton VanZile, Evin Williams,

Gno Whiteman, Keeanna Pizano, Rowdy Spencer, Ryllan Sampaski (BEAR) Aaria Shepard, Cattleya Soman, Jax Miller, Jeffrey Poupart, Jennifer Jacobsen, Memengwa Shepard, Sacjwegises Alloway, Shyla Milham-Queen.

Many thanks to preschool staff, teachers, parents, families and friends who continue to encourage and support community youth. You are all much needed and appreciated.

PTT congratulates the class of 2018 and wish you all much success in the future!

photo below by Val Niehaus



2018 Graduates



Name and tribal affiliation: Brevin Boyd (Oglala Lakota Sioux/Forest County Potawatomi)

Parents and grandparents: Father is Brooks Boyd, currently residing in Crandon, Wis. Mother is Juliet White Eagle, currently residing in Pine Ridge, S.D. Grandparents on father's side: Charlene White and Lew Boyd, both residing in the Crandon area. Grandparents on mother's side: Darlene Chaseinwinter and Emery New Holy, both residing in Pine Ridge, S.D.

School graduating from: Crandon High School

Activities in school: I was actively involved with sports throughout high

school: basketball along with track and field. Was awarded a letter for my involvement with basketball.

Traditional/cultural activities: I have a traditional family background and have been actively involved with the culture since I was a child and have incorporated this into my lifestyle today. I started attending powwows and dancing (traditional style) at a young age. Brevin's father adds, "He loves dancing for the people, and enjoys competing among the best on the national powwow circuit. He also holds two seats among the membership of the big drum society."

Biggest challenge during school: Staying motivated to knock down

homework ahead of time. I've learned the sooner you finish your work, the sooner you have free time to relax and do whatever.

Words of advice to younger students: Listen to your parents when they get after you. The reason they stay on your case is because they love you and want to see you be successful.

Plans after graduation: I plan to attend Haskell University this fall focusing on Natural Resources.

Other comments: I would like to thank coach Jim VanZile along with my dad for pushing me when I didn't want to be, but needed to be pushed.



School graduating from: North-central Technical College (NTC) out of Wausau, Wis.

Activities in school: Since I completed most of my schooling online, I didn't have as many opportunities to be involved in extracurricular activities as I would have if I were a regular student. However, I still tried to stay active in our community. Throughout my schooling at NTC, I was an FCP FILM Program Advisory Board member and the Wabeno/Laona 5th & 6th grade volleyball coach.

Honors, awards, special achievements: Throughout my two and a half years at NTC, I was an honor student all five semesters. For graduation, each major/program picks one person in that major to receive the Outstanding Graduate award. At my graduation ceremony, I was named "Outstanding Graduate: Human Services Academic Associate."

Traditional/cultural activities: I am slowly trying to learn as much about our culture as possible. The traditional/cultural activities that I currently take part in are: language classes, beading, ribbon

skirt/shirt making, moccasin making, and hide tanning.

Biggest challenges during school: One of my biggest challenges during school was deciding what to major in. I began my college career three years ago at UW-Stevens Point with everything all planned out; however, I soon realized that life had other plans for me. I changed my major three times my first semester and then transferred to NTC to work toward a two-year degree while I made up my mind. There, although I wasn't sure exactly what I wanted to "be when I grew up", I knew that I wanted to do something working with people. In the end, I decided on Human Services as my major because it encompassed many counseling, communications, and psychology classes, and that degree could be applied to virtually any job that involves working with people.

Words of advice to younger students: I have three pieces of advice for younger students. First, don't be afraid to try new things, for example: classes you might not think you're interested in,

a new sport/extracurricular activity, etc. Second, and although it sounds cliché, follow your heart. If you have a gut feeling about something, listen to it and do what is right for YOU. Finally, always work hard in school. You'll never regret working hard and doing your best, and most of the time, it ends up paying off in the end.

Plans after graduation: Now that I have received my Associate Degree, I will be continuing on to work toward a Bachelor's Degree beginning in the fall. I will be attending UW-Green Bay to major in First Nations Studies.

Other comments: I would like to thank my parents for always pushing me to do my best, supporting my decisions, raising me to work hard for what I want, and for all the other ways they have been here for me throughout my life. If it was not for them, I would not be where I am today. I would also like to thank my fiancé, Marcus, for being so supportive, encouraging, positive, reassuring, and for constantly keeping my mind open to new things.

Class of 2018
ARE YOU GRADUATING THIS YEAR?
LET THE COMMUNITY KNOW!

For inclusion in the paper, contact the *Traveling Times* for a questionnaire. Then submit the document along with a photo either in person, by mail or email using the contact information below. Deadline for the June 15 issue is Wednesday, June 6, 2018.

Traveling Times
P.O. Box 340, 8000 Potawatomi Trail, Crandon, WI 54520
(715) 478-7437 • times@fcpotawatomi-nsn.gov

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FCP Elders Make Trek to Gathering of Nations

by Val Niehaus, photos submitted by FCP Caring Place

Forest County Potawatomi (FCP) elders along with FCP Caring Place staff made the long haul down to Albuquerque, N.M., to attend this year's 35th Annual Gathering of Nations Powwow. The powwow was held April 26-28, 2018, but the group started its journey on April 23 and returned home May 1.

This powwow is the largest in North America to date and is a visual and physical experience unlike any other. As quoted on the website, many people have said that the Gathering of Nations Powwow is the Mecca of Indian Country. There are over 3,000 indigenous dancers and singers representing more than 500 tribes from Canada and the United States that come annually to participate socially and competitively. Over 800 artists, crafters and traders adorn the grounds with their items for sale. If you love shopping, this event sounds like it would be right up your alley. There is also Native American music and entertainment to watch while taking a break from the powwow. This event is unlike any other of its kind. If anyone is able to make the trip, it sounds like it would be more than worthwhile!

This trip was organized by Jason

Townsend, elder activities coordinator, and Jenna Paradies, assistant activities coordinator - and what an event to organize! Forty individuals plus staff were able to make the trip. Not only did the group spend time at the powwow, but they were able to go and visit some of the sights in the area as well. This included a trip to the Indian Pueblo Cultural Center and Old Town Albuquerque.

There were a few mishaps with the bus, which was a bit frustrating for everyone. But after that got worked out, everyone enjoyed themselves and all were happy to be able to take part in this trip. It is a time to make memories, and a long trip like this gives travelers plenty of time to get to know one another a bit better. All in all, everyone had a great time together and it seemed that many particularly enjoyed going to the museum and Old Town Albuquerque.

Many thanks go out to all the elders who took part in this journey as well as to every single staff member that helped out. Caring Place would like to thank Westland Bus Company for the safe travels. Everyone should keep an eye out in about three years for the next trip!



Men's, Women's, Youth and Unisex Clothing
Beading Supplies • Pendleton Items • Potawatomi Dictionary
Local Beadwork and other Handmade Items • Documentaries
Leaning Tree Greeting Cards • DVDs and CDs



FOREST COUNTY POTAWATOMI
CULTURAL CENTER,
LIBRARY & MUSEUM

8130 Mish ko swen Dr., Crandon, WI 54520
Hours: Monday-Thursday, 7 a.m. - 5 p.m.

**IMPORTANT: WE
ARE NO LONGER
ACCEPTING CHECKS
AS A FORM OF
PAYMENT. CASH,
DEBIT OR CREDIT
CARDS ONLY.**

(715) 478-7470 | www.FCPotawatomi.com



Apple Trees

submitted by Kenzie Carlson, UW-Extension

Many people have visited the Forest County Potawatomi (FCP) farm, Bodwéwadmi Ktégan, located on the old Red Deer Ranch property. Last year, volunteers and employees planted 100 apple trees.

All of the apple trees on Bodwéwadmi Ktégan are grafted. A grafted tree is a single tree that started out as two separate trees. Apple trees are usually grafted a few inches above the roots. An expert grafted takes the roots (or rootstock) of one tree and combines it with the top portion (or scion) of a different apple tree. The reason that apple trees are often grafted is because some desired characteristics are found in the rootstock and others in the scion. Together, these characteristics help apple trees produce beautiful and delicious fruit that people get to enjoy.

The spot where two trees are united to form a graft union needs special attention. The graft union can be a little weaker than the rest of the tree. And if the scion is buried under the soil, its characteristics could overpower the rootstock's characteristics. Therefore, it is important to always plant apple trees so that the graft union is two to three inches above the soil line.

When selecting an apple tree to plant at home, choose a variety that can withstand our long, cold winters. The types of apple trees that were planted on the tribe's farm include Cortland, Freedom, Frostbite, Honeycrisp, Honeygold, Kindercrisp, Liberty, McIntosh, Sweet 16, and Winecrisp. According to USDA's Plant Hardiness Zone Map, the FCP reservation is in zones 3 or 4. A zone indicates the average annual extreme minimum temperature for a specific area. Apple trees purchased at a tree nursery will state their zone hardiness.

This month is a perfect part of the year to head out to the farm and see the changes that have happened since last year. When visiting Bodwéwadmi Ktégan, ask the knowledgeable farm employees questions about apple trees and think about planting some apple trees of your own.

Check out a couple of websites that provide more detailed information:

UW-Extension, The Learning Store:
<https://learningstore.uwex.edu/Tree-Fruits-C85.aspx>

USDA Plant Hardiness Zone Map:
<http://planthardiness.ars.usda.gov/PHZM-Web/>

When a Tornado Hits

submitted by Bobbie Irocky, FCP Emergency Management

Do you know how to react to a tornado watch or warning? Know how to stay safe by seeking shelter and protecting your head. Most tornado injuries occur because of flying debris.

Do you know if your neighborhood is at risk for tornadoes? The tips to stay safe in a tornado are simple and easy to practice.

Whether you find yourself in a building, in a car or outside during a storm, ready.gov provides the following actions to stay safe:

In apartments, houses, small buildings, or high-rises:

Go to a designated area or safe room built to Federal Emergency Management Agency P-361 criteria or tornado storm shelter built to ICC 500 criteria.

If a safe room is not available or you are unable to move there safely, take shelter in a basement, storm cellar, or in the center of a small interior room on the lowest level (closet, interior hallway) away from corners, windows, doors, and outside walls.



In a high-rise building:
Go to a small interior room or hallway on the lowest floor possible.

In a mobile home or office:
Go to the lowest floor of a sturdy, nearby building or a storm shelter. Mobile homes, even if tied down, offer little protection from tornadoes.

Outside with no shelter:

Get into a vehicle, buckle your seatbelt, and try to drive to the closest sturdy shelter. Never try to outrun a tornado in urban or congested areas.

Take cover in a stationary vehicle. Put the seatbelt on and cover your head with your arms and a blanket, coat or another cushion if possible.

Lie in an area lower than the level of the roadway and cover your head.

Do not get under an overpass or bridge.

For more information, visit the Ready.gov/Tornadoes; download the *How to Prepare for a Tornado* guide, or watch the *When the Storm Comes* video.

June is National Safety Month

submitted by Jordyn Fink, Health Educator

Injuries are the leading cause of death for Americans ages one to 40. There is good news: Everyone can get involved to help prevent injuries. During National Safety Month, Forest County Potawatomi (FCP) is working with community members to help reduce the risk of injuries. National Safety Month focuses on different types of injury when at work, home, on the road, and within our community.

This June, we encourage you to learn more about important safety issues in our community. Data from our 2012 FCP Community Health Assessment (CHA) indicates the main safety concerns in our community are stings/venom, motor vehicle injuries, accidental falls, slips, and trips, and animal-related accidents. You can make a difference. Find out ways to help reduce the risk of these safety issues.

Motor Vehicle:

- Use a seat belt for every trip you take - long or short.
 - Do not drink and drive; get a ride home.
 - Decrease the amount of distracted driving. Avoid eating in the car, sending a text, talking on the phone, putting on makeup, or changing the radio station.
- Accidental Falls, Slips, and Trips:**
- Talk to your doctor about how to prevent falls.
 - Practice exercises to improve balance and leg strength.
 - Make your home safer. Add grab bars within your shower/tub; add railings

to your stairs; remove rugs or other items you could trip over.

- Get your vision checked every one to two years.

Animal Related Accidents:

- Teach children how to be gentle with animals.
- Get your animals vaccinated.
- Do not tease or creep up on animals; this may make them angry causing them to bite.
- Ask the owner for their permission before petting an animal.
- Tribal dog owners can attend a free rabies clinic on June 13, in Carter at We Care, 10 a.m. to noon, and in Stone Lake at Land & Natural Resources, 2 to 4 p.m.

Stings/Venom:

- Avoid wearing bright-colored clothing; insects may get confused with the clothing being the same color as a flower.
- Avoid wearing scented soaps, perfumes, or hair sprays; these items will attract insects more.
- Do not swat at insects or snakes. Remain calm and slowly move away.
- Wear closed-toe shoes to prevent stings/venom bites.

For additional information on prevention of injuries, please visit www.nsc.org or www.cdc.gov for tips and best practices. Stay safe this month and practice safety habits all throughout the month of June! Please contact FCP Community Health for additional information or resources at (715) 478-4355.

Preparedness for Older Americans

submitted by Bobbie Irocky, FCP Emergency Management

May was Older Americans Month. This serves as a reminder to make sure the older adults in your life prepare for emergencies.

Identify what you and the older adults in your home may need to prepare. Include those needs in your emergency plan.

Add any necessary items to your emergency supply kit.

The Ready Campaign recommends that seniors consider the following:

- Create a network of neighbors, relatives, friends, and co-workers to help you. Discuss your needs and make sure everyone knows how to use any equipment. You may want to discuss your needs with your employer.

- Be ready with extra wheelchair batteries, oxygen, medication, food for service animals, and any other items you might need.



identify back-up service providers.

- Have copies of health records. The U.S. Department of Health and Human Services (HHS) provides an online tool to help people locate their electronic health records.

- Plan with friends, family, or service providers in the event of an evacuation.

Find more information for older adults at www.ready.gov/seniors.

Fruit & Veggie OF THE MONTH
Gooseberries

Looking for food in your own backyard or nearby woods can be a fun and healthy adventure, especially when you find gooseberries. The American gooseberry (*R. hirtellum*) is native to North Central U.S. and places near the Canadian border. Gooseberry bushes produce a delicious edible fruit and grow wild, or you can grow them in your garden. American gooseberries contain disease-fighting properties, vitamin A and phosphorus. For more information, please see <http://uncommonfruit.cias.wisc.edu/gooseberry>. The taste of a gooseberry is similar to lemon/lime and can be made into a juice – no added sugar needed.

GOOSEBERRY JUICE

DIRECTIONS

1. Cut 8 gooseberries into pieces and remove the seeds.
2. Grind the pieces in a grinder (coffee grinder or mortar/pestle) with a little water and make a paste.
3. Stir the paste into 4 cups of water; let sit for 2 minutes, stirring 2 more times allowing the flavor to be absorbed into the water.
4. Pour the liquid through a fine-mesh sieve, such as a tea strainer or cloth, to catch the pulp. Drink it fresh.

For more information on gooseberries and other nutrition topics, please contact Lisa Miller, RDN, CD or Kate Richlen, CH Nutritionist, at (715) 478-4355.

FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER
cmh.FCPotawatomi.com

COMING SOON **SUMMER 2018**
FOR FCP TRIBAL MEMBERS
DATE TO BE ANNOUNCED

FCP
Emergency Management
& Ordinance Departments

OPEN HOUSE MEET & GREET

Items to be distributed for your preparedness needs:

Tornado Shelter Kits
Emergency Water (50 yr. shelf life)
Emergency Food

Emergency Roadside Kits
Weather Radios
Life Straws
Pocket-Size FCP Tribal Constitution

DOOR PRIZES & RAFFLES

FOREST COUNTY POTAWATOMI EMERGENCY MANAGEMENT
FOREST COUNTY POTAWATOMI ORDINANCE

U.S. Forest Service (USFS) **ROAD ACCESS AGREEMENT**

with Forest County Potawatomi Community

Signed on December 14, 2016

What this means for FCP Tribal Members:

- Allows FCPC Tribal Members to use ATVs/UTVs on certain USFS roads to access tribal lands identified in the agreement

For More Information Contact:
Land & Natural Resources Division at (715) 478-4192

- Road Access Agreement and maps available at the Land & Natural Resources Building

FOREST COUNTY POTAWATOMI LAND & NATURAL RESOURCES DIVISION

FREE TREES!

Landscaping trees are available for FCP Tribal Members for **FREE!** WHILE SUPPLIES LAST!

Delivery and planting only available in 20-mile radius from FCP Executive Building, 5416 Everybody's Road, Crandon, WI

Tree Types Available:
BALSAM, WHITE PINE, & FLOWERING CRAB

Please call the Land & Natural Resources Division at (715) 478-7222 or (715) 478-4192 if interested.

Alzheimer's Awareness Month

submitted by Jordyn Fink, Public Health Coordinator

As we get older, we assume our memory declines with old age. But what happens when everyday memories become lost or forgotten, or you cannot remember your daily routine or functions? These two questions are important when determining what mental health illness you or someone in your life may have. Every 65 seconds, someone in the United States develops Alzheimer's disease! According to the Alzheimer's Association, "Dementia is a decline in mental ability that affects daily life, while Alzheimer's is a type of dementia that alters with memories, thinking abilities, and behaviors." This disease is not a normal part of aging and awareness needs to be brought into our community.

The Alzheimer's Association states, "There are roughly 5.7 million Americans who are living with Alzheimer's. By 2050, this number is projected to rise to nearly 14 million." Alzheimer's is a disease that gets worse over time and can progress quickly in some individuals.

So, what happens in the brain? The inside of the brain changes with Alzheimer's. Abnormal protein clumps form in the brain and causes nerve cells to lose connection and die. The nerve cells help communicate messages to the rest of the body, causing bodily functions to fail. This is when someone may start to forget their daily routine. When the nerve cells die, the brain then begins to shrink and lose its normal shape. There is still no

known cause for Alzheimer's disease.

Roughly 200,000 Americans 65 and younger have early-onset Alzheimer's. When you are experiencing memory symptoms, schedule an appointment with your doctor. Early diagnosis is key.

One of the earliest symptoms of Alzheimer's is difficulty remembering newly-learned information. Once you or a loved one is diagnosed, you can live anywhere from four to 20 years, based on personal health conditions. Everyone's symptoms will vary person-to-person and sometimes extra care is needed. Today, there is still no cure for Alzheimer's, but there are treatments that can help slow down the symptoms. Scientists are still searching for answers.

Get the help you need. If you or a loved one has been diagnosed with Alzheimer's, you are not alone. Alzheimer's Association is the trusted resource

for reliable information, education and support for anyone who is affected by this disease.

Please visit www.alz.org to find out more or try these two helpful support resources:

- ALZConnected, an online social networking community filled with message boards.

- Alzheimer's Navigator, a web tool that helps create action plans, based on answers provided through short, online surveys.

If you need any sort of help, please call the Alzheimer's Association helpline at (800) 272-3900.

Contact the FCP Health & Wellness Center for additional help or resources at (715) 478-4300 or Community Health at (715) 478-4355.

Community Service Program Launched

submitted by Kathy Tupper, Community Service Coordinator

The FCP Family Services department is excited to announce that it's currently up and running with its new Community Service Program. The program will serve FCP-enrolled and community members, which includes adult children or grandchildren of FCP tribal members, individuals married to tribal members and youth within a tribal family. The purpose of the Community Service Program is to provide FCP tribal and community

members with a centralized program to help individuals complete either court-ordered or voluntary community service hours. The mission of the Community Service Program is to provide resources, case management, community service sites and projects. The mission for the youth is to help develop a personal stake in their own community and raise awareness of community issues. Since March 2018, it has created numerous work sites

and special projects for participants to use to complete their hours. Some of the departments already on board with the program are: the Caring Place, Maintenance, Bodwéwadmi Ktégan, Fleet/Utilities, Natural Resources, Executive Council, Recreation, and the Health & Wellness Center. Some special projects available to participants include: visiting elders, helping elders with house or lawn work, girls group doing culturally-relat-

ed activities, helping with after-school programs, volunteering at public events, and/or joining a tribal community work group or committee. New opportunities are being created every day for the participants of the program. For more information on the program or to apply, please contact Kathy Tupper, community service coordinator, at (715) 478-4896 or email at Katheryn.Tupper@fcpotawatomi-nsn.gov.

Pancake Breakfast 2018

by Val Niehaus

Forest County Potawatomi's (FCP) annual Pancake Breakfast was held May 12 at the FCP Cultural Center, Library & Museum to give the community the opportunity to enjoy this year's maple syrup harvest.

The event started with Billy Daniels Jr. saying a prayer for the food. Those in attendance then began digging into the breakfast spread of pancakes, eggs, potatoes, oatmeal (with bacon grease), bacon and sausage, and fruit. Attendance for this day was great! There were about 140 people who were in and out throughout the 9 a.m. to noon time period, and it really was an enjoyable gathering.

A special thank you was offered by Jeffrey Cisneros, who successfully learned the entire process of producing maple syrup this year. He opened his thank you in the Potawatomi language and thanked Billy Daniels Jr., Brian Franz and his father, Jorge Cisneros Sr., for helping guide him in this journey.

Many thanks go out to Ned Daniels III and his crew for helping with this year's production as well. Working together was a great experience for all.

Thanks to Billy Daniels Jr. for the prayer, Bodwéwadmi Ktégan, Dewing's Catering, and to all who came and shared great food, good company, and who helped to make this year a great success!



Wisconsin Transportation Secretary Meets with Tribe to Discuss Infrastructure Issues

submitted by George Ermert, schreiberGRgroup

Wisconsin Department of Transportation (DOT) Secretary Dave Ross and several members of his staff recently traveled to Forest County to meet with tribal leadership and tribal employees to discuss infrastructure issues around the reservation.

Secretary Ross was given a tour of the Tribe's reservation, including the housing and government facilities in the areas of Stone Lake, Carter and Blackwell. The tour highlighted the importance of transportation for tribal members and

employees, and the impact that future projects may have on traffic. Most importantly though, the tour emphasized concerns with existing highways that tribal members and employees use daily. This included the safety and condition of US Highway 8, Wis. Highway 32, County Road T, and County Road H.

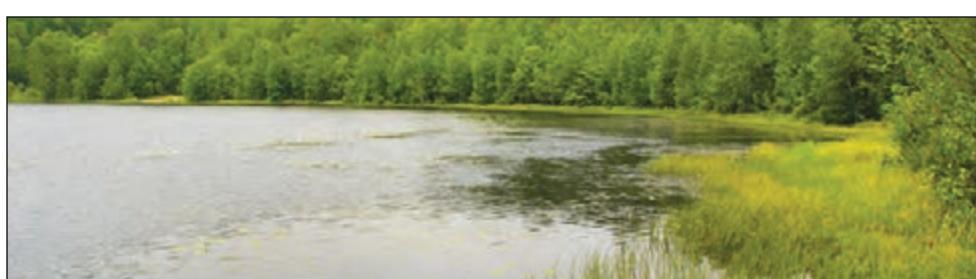
Milgwtch to Secretary Ross and his staff for taking the time to learn more about the Forest County Potawatomi Community.



(l-r): Wis DOT Tribal Liaison Kelly Jackson, Wis DOT North Central Region Tribal Liaison Sandy Stankevich, Forest County Highway Commissioner William Anderson, Secretary Dave Ross, FCP Land and Natural Resources Administrator Nate Guldin, FCP Roads Program Manager Todd Mulvey, Wis DOT North Central Region Planning Engineer Thomas Krizesky



(l-r): FCP Vice Chair Brenda Shopodock, Secretary Dave Ross, FCP Chairman Ned Daniels Jr.



FREE

ROBERT'S RULES OF ORDER

TRAINING

OPEN TO:
FCP TRIBAL
MEMBERS

Today trainings will be held on:

8 a.m. to 4:30 p.m.
The same training is being offered both days

June 19, 2018
Potawatomi Carter Casino Hotel – Mexico Room
AND

June 20, 2018
FCP Executive Building – Auditorium

FOREST COUNTY POTAWATOMI Keeper of the Fire

To register, contact: Shanna Ahlfors, Ordinance Specialist: 715-478-4820 or Stacey Jameson, Executive Council Office Administrator: 715-478-7275

Online registration coming soon — watch for it on the FCP website

Thursday
June 7, 2018
Health & Wellness Center
Lower Conference Room
5-7 p.m.

Thursday
June 21, 2018
We Care Building | Carter | 5-7 p.m.

family & friends

CPR CLASS

LIGHT DINNER WILL BE PROVIDED
Open to FCP Community

MCH Participants will earn 50 Nest points

Space is limited to 15 participants for each session. Please call Community Health at (715) 478-4355 to sign up.

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
cmh.FCPotawatomi.com



JUNE IS NATIONAL SAFETY MONTH

10 ways to reduce injury:

1. Wear the proper helmet for your activity
2. Wear a life jacket
3. Have your eyes checked
4. Remove tripping hazards around your home
5. Learn how to swim
6. Store medicine out of reach of children
7. Take medication only as directed
8. Place children in the proper booster or car seat
9. Wear your seatbelt
10. Walk on a sidewalk when possible

For more safety tips, visit cdc.gov or contact Jim Lane, Emergency Preparedness Coordinator at (715) 478-4355.

Honoring Health, Healing, and Tradition

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER
8201 Mish ko swen Drive, Crandon, WI
www.FCPotawatomi.com
Mon. - Fri. | 7 a.m. - 6 p.m.
Open to the Public
a participating member of **ASPIRUS NETWORK**



Mish ko swen

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

FUN RUN/WALK

Fitness Event

FRIDAY, JUNE 22, 2018
Start and End at the FCP Recreation Center
REGISTRATION: 9:30 a.m. — Rec Center
START TIME: 10:30 a.m.
OPEN TO: FCP Tribal Members and Their Families

PRE-REGISTRATION REQUIRED
for T-shirt Size by JUNE 11, 2018
LUNCH PROVIDED
REGISTER online at cmh.fcpotawatomi.com OR 715.478.4355 OR drop in to Community Health.
First 75 participants to register and attend will receive incentive gifts and entered into drawing for prizes.

DAILY ROUTES CRANDON TO CARTER			
MONDAY-THURSDAY			
Courthouse Square (E. Polk St.)	9am	11am	1pm
Stone Lake Health & Wellness	9:15am	11:15am	1:15pm
Laona Double Buck Café	9:25am	11:25am	1:25pm
Wabeno Krist Oil	9:40am	11:40am	1:40pm
Carter C-Store	9:45am	11:45am	1:45pm
Carter Casino	9:50am	11:50am	1:50pm

DAILY ROUTES
CARTER TO CRANDON

MONDAY-THURSDAY			
Carter C-Store	9:45am	11:45am	1:45pm
Carter Casino	9:50am	11:50am	1:50pm
Carter - Shiner Lake Rd/Old 32	9:55am	11:55am	1:55pm
Carter-Industrial/Good Heart Ln.	10am	12pm	2pm
Carter-Sugarbush/Eagle Ln.	10am	12pm	2pm
Wabeno Krist Oil	10:05am	12:05pm	2:05pm
Laona - Double Buck Café	10:20am	12:20pm	2:20pm
Stone Lake Caring Place/Housing	10:35am	12:35pm	2:35pm
Stone Lake Everybody's Rd.	10:35am	12:35pm	2:35pm
Stone Lake Health & Wellness	10:40am	12:40pm	2:40pm
Stone Lake C-Store	10:45am	12:45pm	2:45pm
Stone Lake Young's Lane	10:50am	12:50pm	2:50pm
Stone Lake Traveling Times	10:55am	12:55pm	2:55pm
Stone Lake LNR/Gte Ga Nës	11am	1pm	3pm
Crandon Pioneer Plaza	11:05am	1:05pm	3:05pm
Crandon Courthouse Square (E. Polk St.)	11:10am	1:10pm	3:10pm

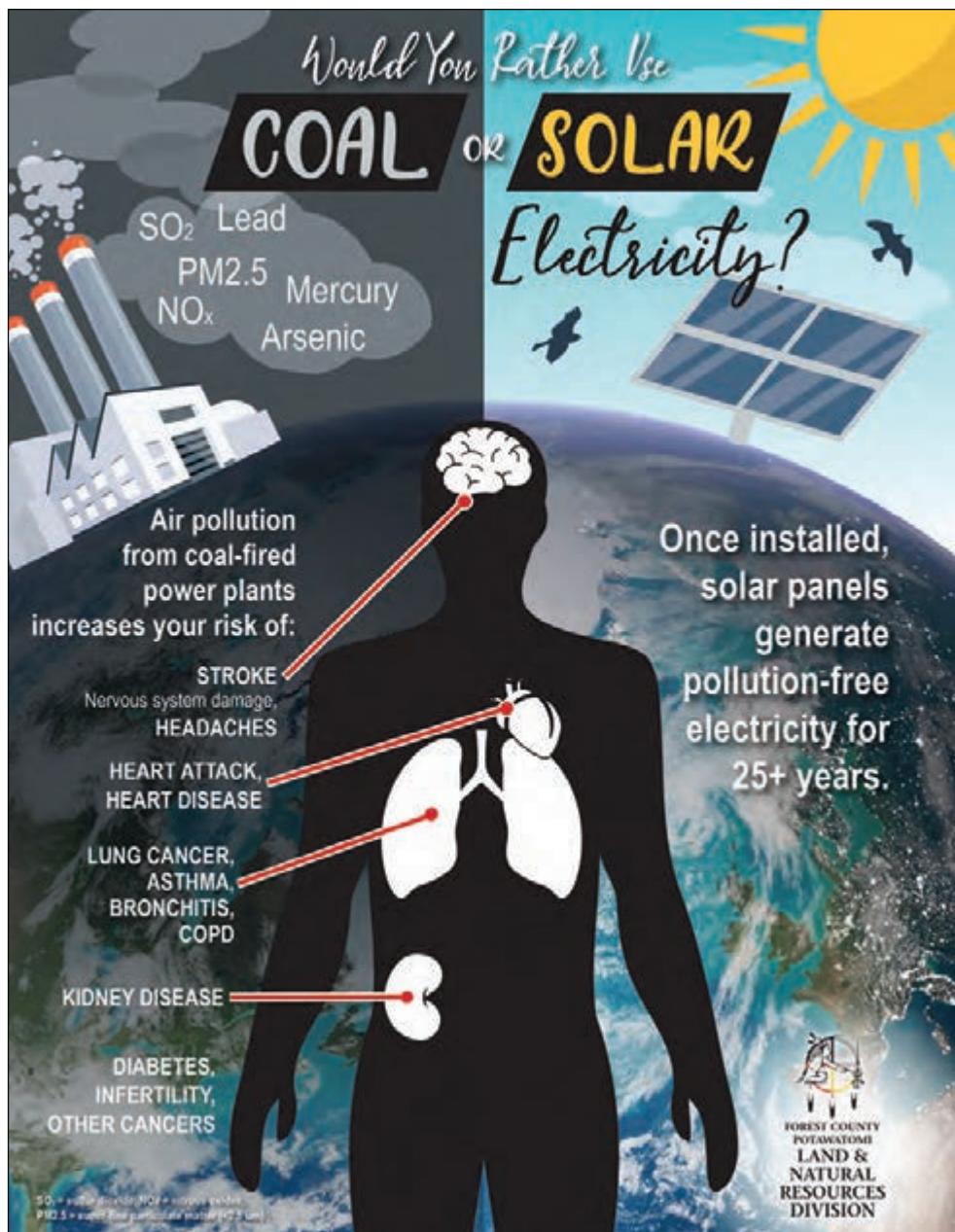
WORK ROUTE

CRANDON TO STONE LAKE		
6:30-6:55am Arrival 5-5:25pm Drop Off		
MONDAY-THURSDAY		
Crandon Courthouse Square (E. Polk St.)	6:30am	5:25pm
Stone Lake Health & Wellness	6:40am	5:15pm
Stone Lake Executive Building	6:50am	5:05pm
Stone Lake Caring Place/Housing	6:55am	5pm

CARTER TO STONE LAKE		
6:30-6:55am Arrival 5-5:25pm Drop Off		
MONDAY-THURSDAY		
Carter C-Store	6am	5:50pm
Carter Casino	6:05am	5:45pm
Wabeno Krist Oil	6:10am	5:40pm
Laona Double Buck Café	6:25am	5:25pm
Stone Lake LNR/Gte Ga Nës Area	6:40am	5:15pm
Stone Lake Caring Place/Housing	6:45am	5:10pm
Stone Lake Executive Building	6:50am	5:05pm
Stone Lake Health & Wellness	6:55am	5pm

PARK AND RIDE
Parking is available at all of the work route stops.

FOREST COUNTY POTAWATOMI TRANSIT
Contact the Transit Dispatcher located at the Fleet Department at 715-478-4779 with questions.
transit.fcpotawatomi.com
www.facebook.com/fcpotawatomi
<https://members.fcpotawatomi.com>



President Signs Executive Order for Military Spouse Employment

submitted by WDVA

WASHINGTON, D.C. (May 9, 2018) - President Donald J. Trump and First Lady Melania Trump invited military mothers and spouses to the White House in honor of Mother's Day, and the president signed an executive order to enable military spouses to find work more easily in the private and federal sectors.

"Mother's Day, which is this Sunday, is celebrated just one time per year," the first lady said to the gathering in the White House East Room. "Today, I want to take this opportunity to let you all know that as mothers who are members of the military community, you deserve recognition for not only your love for your ... children, but for the dedication and sacrifice you make on behalf of our country each and every day," she said.

The president said he was honored by the presence of military spouses. "We celebrate your heroic service - and that's exactly what it is," he said.

Long Deployments

The president talked about spouses' hardships during long deployments. "Some of them are much longer than you ever bargained for, and you routinely move your families around the country and all over the world," the president said.

"[My] administration is totally committed to every family that serves in the

United States armed forces," Trump said. "Earlier this year, I was proud to sign that big pay raise ... and I am proud of it."

Noting that the White House is taking action to expand employment opportunities for military spouses, the president said service members' spouses would be given "treatment like never before," noting that the unemployment rate among military spouses is more than 90 percent.

But that is going to change, he added. "[For] a long time, military spouses have already shown the utmost devotion to our nation, and we want to show you our devotion in return," the president said. "America owes a debt of gratitude to our military spouses - we can never repay you for all that you do."

Following his remarks, Trump signed an executive order addressing military spouse unemployment by providing greater opportunities for military spouses to be considered for federal competitive service positions.

The order holds agencies accountable for increasing their use of the noncompetitive hiring authority for military spouses, and American businesses across the country are also encouraged to expand job opportunities for military spouses, the president said.

Attention TRIBAL DOG OWNERS

FREE Rabies Clinic

Wednesday, June 13, 2018

Back-up date is June 20, 2018

Carter
We Care Building
10 a.m. - 12 p.m.

Stone Lake
Land & Natural Resources Building
2 - 4 p.m.

Rabies vaccine for dogs 4 months and older and "5-way" shot will be given to dogs 8 weeks and older.

PLEASE HAVE YOUR DOG RESTRAINED ON A LEASH, OR REMAIN IN YOUR CAR AND YOU WILL BE HELPED.

Call Becky Meinert @ (715) 478-4366 with questions or Community Health @ (715) 478-4355.

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH cmh.FCPotawatomi.com

Full Fatigues Bucky on Display at Museum

submitted by WDVA

The WDVA took part in the Bucky on Parade unveiling on May 7 at its Wisconsin Veterans Museum.

The life-sized Bucky statues are part of a free public art event, with 85 of them standing across Dane County. They will be on display until Sept. 12, at numerous locations around the county.

The statue at the Wisconsin Veterans Museum, located in its gift shop, is sponsored by TDS Telecom and was designed by the Madison Vet Center/VSA Wisconsin. The unique design of the "Full Fatigues" statue features a collage of every branch of the military since the Vietnam War. The artists used material from actual uniforms and adhered



it with glue and sewing. The face and other non-clothed portions of the statue are collaged with scenes and sayings significant to the Veterans who completed the artwork.

About the Artist: Madison Vet Center/VSA Wisconsin

Our group of artists is made up of military veterans from all branches and represent many of the eras of conflict. The group came to be from a partnership between VSA Wisconsin – the State Organization on Arts and Disability and the Madison Vet Center, a Department of Veterans Affairs counseling center for veterans. The veterans involved see art not only as a hobby, but as a version of therapy and way of coping with their life stressors and military traumas.

A Humbling (Foundation) Admission About Indian Mascots

submitted by Raymond Foxworth, First Nations Development Institute (Date: May 17, 2018)

In a May 7, 2018, op-ed in USA Today, Dr. Richard Besser, president and CEO of the Robert Wood Johnson Foundation (RWJF), publicly acknowledged changes to the foundation's annual Sports Award. This annual competitive award is intended to recognize "sports teams, athletes and community-based organizations that use sports to catalyze and sustain changes to make communities healthier places to live, learn, work and play."

Besser said the foundation would no longer consider award applications from sports teams that denigrate American Indian people. He humbly noted that the foundation – whose mission targets health equity – never considered "the fact that the team names, mascots and misappropriation and mocking of sacred symbols like headdresses do real damage to the health of people across the country."

This remarkable admission and the change in policy serve as a clear example of how Native American communities and their allies can influence philanthropy to change practices that may (unknowingly) harm Native people and communities. Besser and RWJF should be applauded for their willingness to listen to Native communities and act on their feedback and concerns to make change. Notwithstanding, we need to understand that this recent admission, while laudable, illustrates a symptom of a larger illness in philanthropy: patchy bids and willful reluctance to learn more about Native communities, their issues and community-led solutions.

WHAT'S IN A NAME?

Besser's op-ed came after months of organizing by Native American organizations and tribes, including the National Congress of American Indians, Center for Native American Youth, First Nations Development Institute, the Oneida Nation of New York, and with the support of other partners like Dr. Howard Stevenson, director of RWJF's Forward Promise National Program Office at the University of Pennsylvania, Kathy Ko Chin, president and chief executive officer of the Asian & Pacific Islander American Health Forum, and many others.

These groups authored letters and attended learning sessions that helped compel RWJF to stop allowing sports teams that use racist stereotypes to apply for RWJF's prestigious award.

Research has documented that mascots depicting Native Americans are harmful to Native people, especially children. Imagine being largely invisible in all forms of media and popular culture except for those instances in which you are depicted in stereotypical, comical or historical imagery. This is the reality for Native American children.

Research has found that this leads to

all sorts of negative outcomes, including damaged self-esteem and identity, and overall diminished well-being. This growing body of research has also documented that these limited and racist representations of Native people curtail self-understanding and how Native youth see themselves fitting into contemporary society.

Similarly, scholars have found that the use of Native American mascots exacerbates cross-community conflict, creates limited understanding of Native people by the larger society and also creates hostile spaces of learning for Native children. Even professional associations like the American Psychological Association have publicly objected to the use of Native mascots for the reasons cited above (and they did this in 2005).

Proponents of Native American mascots have cited public opinion polls showing support for their continued use, including purported surveys of Native Americans themselves. But these surveys were created in a feeble attempt to justify the continued use of these racist images, and to lamely try to refute the scientific research that demonstrates the detrimental effects these mascots have on Native children.

Ultimately, however, these efforts in no way contradict or negate the scholarly research noted above.

UNDER STANDING A LARGER ILLNESS

A recent nationally-representative survey launched under the Reclaiming Native Truth project, which is co-led by First Nations Development Institute and Echo Hawk Consulting, found that most Americans rank themselves high on their own individual familiarity of Native American history and culture, yet a majority of Americans cannot correctly answer basic true-or-false questions about Native American people.

Similarly, while most Americans professed generalized support that more should be done to help Native Americans, when it came to talking about specific kinds of support, including banning the use of Native American mascots, support significantly declined. In fact, only 39 percent of Americans said they would support such a ban.

Moreover, our survey data revealed that a majority of Americans still see Native people in stereotypical ways, including seeing them as more spiritual and closer to nature, while also holding other negative stereotypes. This includes a majority thinking that Native people get access to government benefits such as free education, or other "Indian Money" that is not available to other U.S. citizens. Alarming, more than half of Americans hold these opinions. These are, of course, just not true.

But it is not just the broader public that has limited (or completely wrong) knowledge about Native people and communities. In an ongoing research project funded by the Fund for Shared Insight, First Nations is working to understand how philanthropy perceives Native people and communities.

Data collected thus far (which will be detailed in a forthcoming report) highlight that philanthropy does not have much knowledge of or connections to Native people or communities. Moreover, the data highlight that many of the stereotypes the general public hold about Native people are also held by individuals who work in philanthropy.

This should not be terribly surprising given that the inputs of knowledge about Native Americans at all levels (including media, school systems, etc.) fail Native American people and communities.

Though the lack of knowledge and connection to Native people is not surprising, what has surprised us in both of these projects is that individuals are fairly open in discussing their racist, discriminatory and/or uninformed opinions of Native people (things that would not generally be tolerated when it comes to other marginalized groups).

This suggests that people are so far removed from understanding Native people, and Native people are so invisible (or irrelevant) in the lives of most Americans, we have generally become desensitized to understanding Native people and communities in contemporary society.

MOVING FORWARD

In Besser's op-ed, he pondered how a philanthropic institution that is focused on health equity could get something so wrong. "It's worth asking ourselves what else we as a society are missing," he noted.

This, indeed, is a fundamental question we must ask ourselves. And a corollary to this is the following: How is it that in 2018, we are still complacent in subjecting Native people to deliberate mistruths and falsehoods and rendering them invisible in American society, including in philanthropy? How is it that now, when information is more readily available than at any other time in history, we continue to be content in our ignorance of Native people and communities?

While we are only beginning to unpack the mistruths and falsehoods that individuals have about Native people, invisibility of Native Americans in philanthropy is rampant. Not only is it reflected in the declining levels of annual investment going to Native communities,

but it shows in the lack of representation of Native people in the philanthropic sector and the dismissal of Native people and communities in philanthropic reports often relegating them to an asterisk that often notes "not enough data" (to matter).

How do we begin to change? Naturally, this is the quintessential question and a much larger topic than this article can address. Widely-discussed practices by diversity, equity and inclusion (DEI) authors and scholars – including increasing diversity among staff and boards, being willing and open to listen and learn from the communities served by foundations, and being deliberate about including DEI frameworks in organizational mission and giving policies – all serve as a starting point for change. But these practices alone will not move us beyond willful ignorance or ambivalence when it comes to Native people.

Nevertheless, this RWJF incident does provide a bright spot highlighting the power of how communities can organize across communities of color to push for change. As NCRP and others have documented, developing tools and methods to hold philanthropy accountable has been difficult.

But this single instance demonstrates that organizing and mobilizing multiple communities can be a mechanism to leverage relationships to push for change. Would RWJF have changed its practice if only Indian Country mobilized around this issue? We do not know, but we do know that leveraging other communities to support Native children did provide a broader base to effect change.

It is my hope that Besser's op-ed serves as a call to action to philanthropy and other sectors of society to learn more about Native people and communities. First Nations has released recommended reading lists, other Native organizations have released fact sheets, and these are all at the tip of our Googling fingertips.

Moreover, there are more Native American nonprofits than at any other point in history, and these organizations can serve as resources of knowledge if people are willing to ask, listen and learn.

Raymond Foxworth serves as vice president of grantmaking, development and communications at First Nations Development Institute, a Native American-controlled national intermediary that supports Native American communities in reclaiming direct control of their assets. He is a citizen of the Navajo Nation and his family is from Tuba City, Ariz.



New Members to Graves Protection/Repatriation Review Committee Appointed

submitted by Department of the Interior

WASHINGTON, D.C. (May 22, 2018) – U.S. Secretary of the Interior Ryan Zinke announced the appointment of John Beaver, Honor K. Keeler, and Barnaby V. Lewis to the Native American Graves Protection and Repatriation Review Committee.

The Committee, authorized by the Native American Graves Protection and Repatriation Act of 1990 (NAGPRA) monitors, reviews, and assists in the implementation of certain requirements of the Act.

"I am grateful that John, Honor and Barnaby have agreed to serve on this

Committee," said Secretary Zinke. "These roles are incredibly important in advising the Department on decisions on Native American human remains and cultural items. Their experience and guidance will be incredibly beneficial to the committee."

John Beaver was formerly the curator of the Cultural Center and Archives for the Muscogee (Creek) Nation of Oklahoma. He is an enrolled member of and was nominated by the Muscogee (Creek) Nation of Oklahoma.

Honor K. Keeler was formerly the director and founder of the International

Repatriation Project at the Association on American Indian Affairs. Keeler is an enrolled member of the Cherokee Nation. She was appointed from a list developed and consented to by all members of the Committee.

Barnaby V. Lewis is Tribal Historic Preservation Officer for and a member of the Gila River Indian Community in Arizona. Lewis was nominated by the Gila River Indian Community, Ak-Chin Indian Community, Salt River Pima-Maricopa Indian Community, and Tohono O'odham Nation.

Members of the seven-person committee are appointed by the Secretary to serve two- to four-year terms. The Secretary receives nominations from Indian tribes, Native Hawaiian organizations, traditional Native American religious leaders, and national museum and scientific organizations. With the additions of the three new members, there are six appointees on the committee. A seventh position will be filled this summer. The committee is chaired by Armand Minthorn.

Udall Presses IHS Officials on Comments Challenging Unique Legal Status of Tribes

submitted by news@tomudall.senate.gov

WASHINGTON, D.C. (May 24, 2018) – U.S. Senator Tom Udall, vice chairman of the Senate Committee on Indian Affairs and lead Democrat on the Senate Appropriations Subcommittee that oversees funding for the Indian Health Service (IHS), pressed IHS officials to affirm the unique legal government-to-government relationship between the federal government and American Indian and Alaska Native Tribes in response to concerning comments made earlier this year by Centers for Medicare and Medicaid Services (CMS) leaders and Department of Health and Human Services (HHS) personnel.

HHS recently stated that it would not exempt American Indian and Alaska Natives from proposals to take Medicaid coverage away from individuals who do not meet new, more restrictive eligibility requirements because such exemptions would "raise civil rights issues," a position that failed to recognize the unique legal status of Indian Tribes and their members under federal law.

During a Senate Appropriations Subcommittee hearing on the FY2019 budget request for IHS, Udall addressed these alarming HHS and CMS views that challenge the unique legal status of Indian Tribes under federal law.

"I recognize decisions relating to Medicaid are made by the Centers for Medicare and Medicaid Services, not IHS. But the question of how the administration views government-to-government relationships with tribes is much bigger and more significant than any one program or bureau. I want assurances - and tribal leaders deserve assurances - that this administration views its relationship with Native Americans as trust-based, not 'race-based,'" Udall said in his opening statement. "Taking the latter position would reverse two centuries of law and Supreme Court decisions that have, very firmly, underscored the political nature of this unique relationship. That would be a non-starter. I know that I'm not alone in this position."

Udall continued by pressing acting IHS Director Rear Admiral Michael Weahkee about the Trump administration's current stance on this issue. Udall asked, "I understand that CMS recently began walking

back this statement as a mischaracterization. But, I need – and tribes are rightfully demanding – more assurances that the administration understands the federal government's unique trust relationship with American Indians and Alaska Natives. Yes or No – do you believe that federal programs or policies undertaken for the benefit of Tribes are 'race-based?'

Weahkee affirmed the unique legal relationship between the federal government and tribes, responding, "No, it's not only race-based. There is a special political and legal relationship between the federal government and American Indian tribes."

Udall then urged Weahkee to continue educating HHS and CMS leaders within the Trump Administration on this issue and highlighted the important role Medicaid plays in increasing access to care in Indian Country.

"It's obvious that Medicaid – and specifically Medicaid expansion authorized under the Affordable Care Act – contributes significant funding toward tribal health care. Medicaid is not a substitute for full funding of IHS but, until we can address funding shortfalls in the service, Medicaid is one of the most important stop-gaps we have," Udall said. "That's why I'm concerned that recent actions by CMS allowing some states to impose extra eligibility barriers would take away Medicaid access for Native communities."

Medicaid currently accounts for 68 percent of all third-party billing revenues at federally-operated IHS facilities. That percentage is even higher at some tribal-operated IHS facilities where Medicaid reimbursements make up 90 percent of third-party billing receipts.

Udall's efforts to clarify the Trump Administration's stance on this topic follow an April letter he wrote to HHS Secretary Alex Azar outlining the growing congressional concern that HHS was failing to recognize the unique legal status of Indian tribes and their members under federal law, the U.S. Constitution, treaties, and the federal trust relationship. In addition to Udall, the letter to Azar was signed by a bipartisan group of ten senators – including U.S. Senators Charles E. Schumer (D-N.Y.), Maria Cantwell (D-Wash.), Lisa

Murkowski (R-Alaska), Jeffrey A. Merkley (D-Ore.), Heidi Heitkamp (D-N.D.), Martin Heinrich (D-N.M.), Catherine Cortez Masto (D-Nev.), Elizabeth Warren (D-Mass.), and Tina Smith (D-Minn.).

Udall's opening remarks (in part) are available below:

Since I joined this Subcommittee in 2015, I'm proud that we have increased funding for the I-H-S by 19 percent. We've done some good work, but we have much more to do. And speaking of that, let's turn to the budget.

I appreciate that the Administration's proposal for the IHS is relatively generous by comparison to the rest of the President's budget request. But the budget before us is still wholly insufficient to meet this nation's trust and treaty responsibilities and provide quality health care to American Indians and Alaska Natives.

All told, the budget decreases funding for IHS by two percent. Within that amount, the budget does increase funding for contract support costs, which is important. It also recognizes the need to pay for staffing for new health care facilities. And the need to continue investments to address urgent accreditation issues at IHS facilities in the Great Plains and, as of late last year, the Gallup Indian Medical Center in New Mexico.

But to fund these priorities, the executive takes an axe to other critical programs. Facilities programs are cut by 42 percent. Line item construction - funding that's needed to build hospitals and health centers for tribal communities in New Mexico and other states that have been waiting for decades - is cut by two-thirds.

Funding for Indian Health Professions programs - dollars that go directly toward filling vacancies and improving access to quality health care - are cut by 12 percent.

Urban Indian programs, purchased and referred care, and self-governance programs are all reduced.

Preventive programs are cut in half - even though Native Americans face some of the biggest challenges when it comes to access to health care.

And, much to the dismay of many tribes in New Mexico that I've heard from, the budget even proposes discontinuing Federal funding for community health representatives. These are tribal members who provide essen-

tial health care services when health clinics are closed or too far away. These tradeoffs are unacceptable - especially when we think about the work that remains to improve health outcomes in Indian Country.

Despite the fact that this subcommittee has fought to increase the Indian Health Service budget, we're still not where we need to be. We are still not providing all the resources on the ground we need to address preventive care. Or to tackle the epidemic-level mental health and addiction issues that Native communities are fighting to overcome. We still have an unacceptable number of facilities dealing with accreditation problems - a problem that seems to be growing instead of shrinking. We're still seeing double-digit vacancy rates for doctors, nurses, and other clinical personnel. And despite some important increases just gained in the omnibus, we're not making the progress we need to replace the Service's aging health care facilities.

This is a matter of setting priorities. And my view is that this administration needs to work with Congress and make funding for tribal health programs a greater priority.

That's why I joined a number of members in April of this year to write the Department. We questioned the department rejecting the requests based in part on the rationale that granting such requests could quote "raise civil rights issues".

I recognize decisions relating to Medicaid are made by the Centers for Medicare and Medicaid Services, not IHS. But the question of how the administration views government-to-government relationships with tribes is much bigger and more significant than any one program or bureau.

It also bears emphasis that any changes that discourage tribal participation in Medicaid would also impact the service's bottom line. Thanks to Medicaid expansion under the Affordable Care Act, IHS has expanded access to health care for tribal members and greatly increased its third party reimbursements.

So I would also have serious concerns - both legal and fiscal - about any efforts to limit the ability to use Medicaid funds to supplement IHS dollars.

NOTICES

CULTURE

Language Classes

- Monday, 3:30 p.m., Laona School
 - Tuesday & Wednesday, 10 a.m. - 12 p.m., FCP Museum.
 - Tuesday & Wednesday, 3:30 p.m., Wabeno Elementary
 - Thursday, 3:30 p.m., FCP Museum. Transportation for youth provided.
- Call (715) 478-4173 with questions regarding the class listings above.

HEALTH

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

HEALTH

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education Program

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Economic Support Programs

Tribal Employment Skill Program - available to adult tribal members who can be placed on a paid work experience opportunity in various tribal departments for up to six months. This allows tribal members to test drive different areas to find a good fit. The staff can assist with:

- Direct connection between DMV to obtain, reinstate and/or determine what is needed to obtain the driver's license
- Work-related expenses
- Resumé development/ resumé critiquing
- Mock interviews (practice before a job interview) and tips.
- Job-seeking skills/soft skills
- Employment guidance/advocacy
- Fidelity bonding available

We currently have a 53 percent success rate for successful work experience to employment.

Work Study Program - for students that are in their senior year. Students can be on a work experience but must have good standings in all their school classes. We work with the FCP Education Department to set this up.

Badgercare - a state/federally-funded program that provides health coverage for individuals living on the reservation or within Forest County, tribal children and affiliated-tribal members.

Foodshare - a state/federally-funded program that provides an EBT food card to eligible individuals living on the reservation or individuals that have tribal children living in Forest County. The program has eligibility requirements that also considers shelter/housing expenses.

Foodshare Employment & Training Program (FSET) - individuals that are eligible for Foodshare would be eligible for this program which can assist with gas voucher, job training costs and other expenses relative to the goals

SERVICES OFFERED

that are set for securing employment.

Temporary Assistance for Needy Families (TANF) - this work program is funded through the Administration for Children and Families with an income limit of 125 percent of federal poverty level for individuals living on the reservation or individuals living in Forest County that have FCP tribal children. Individuals get a cash payment each month providing that they completed their work activities each month.

General Assistance (GA) - this work program is funded through the Bureau of Indian Affairs and is available for federally-recognized tribal members living on the reservation. Eligible individuals will get a cash payment each month providing that they are complying with the work plan developed with their case worker.

Native Employment Works (NEW) Program - this work program is funded through the Administration for Children and Families for individuals living on the reservation or within the service area. The paid work placement opportunity is for three months at 24-35 hour per week and we have limited slots available based on funding.

Resource Rooms - located at the old tribal hall and at the Family Services Building. Each area has computers that individuals can utilize to complete their resumé, type correspondence, work on the self-paced Microsoft Computer Training Program, apply for jobs, or apply online for healthcare coverage programs.

The FCP Economic Support staff is available to provide services for resumé building, computer training programs, and for any other economic support program information. If you want more information on any of these programs, please stop by the Family Services Building or call (715) 478-4433.

JUNE EVENT CALENDAR

CHOICES Program

Youth 9 - 12: Mondays (4, 11, 18, 25), 3:30 - 5 p.m.
Youth 13 - 17: Tuesdays (5, 12, 19, 26), 3:30 - 5 p.m.
Youth 6 - 8: Wednesdays (6, 13, 20, 27), 3:30 - 5 p.m.
Youth picked up from Crandon School at 3 p.m. and delivered home between 5-6 p.m.

Family Resource Center

- Healthy Relationships Class: Mondays (4, 11, 18, 25) from 1 - 3 p.m.
 - FRC Girls Group (ages 10-17): Tuesdays (5, 12, 19, 26) *Summer Hours*
 - Team Building Skills w/CHOICES (ages 6-8): Wednesdays (6, 13, 20, 27) *Summer Hours*
 - Positive Indian Parenting Class (PIP): Thursdays (7, 14, 21, 28), 10 a.m. - noon.
 - Community Women's Talking Circle: TBA
 - NEW Fatherhood is Sacred & Motherhood is Sacred Parenting Class
 - Open registration for Nurturing Fathers parenting class: 13-week curriculum; two hour, one-on-one sessions.
- Child care is available for all classes. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

Community Health

- 6/5 - Infant Nutrition (HWC) 8 a.m. - 4 p.m.
- 6/7 - Infant Nutrition/WIC (Carter We Care) 1 - 4 p.m.
- 6/7 - Friends & Family CPR (HWC Lower Large Conf Room) 5 - 7 p.m.
- 6/12 - WIC (HWC) 8 a.m. - 4 p.m.
- 6/20 - Healing Journey Event (FCP Museum Lower Level) 6 p.m.
- 6/21 - Friends & Family CPR (Carter We-Care) 5 - 7 p.m.
- 6/22 - Spring 5K Fun Run (Rec Center) 9:30 a.m. Registration, 10:30 a.m. Race
- Men's Health Event - TBD
- Taste & Learn Event - TBD

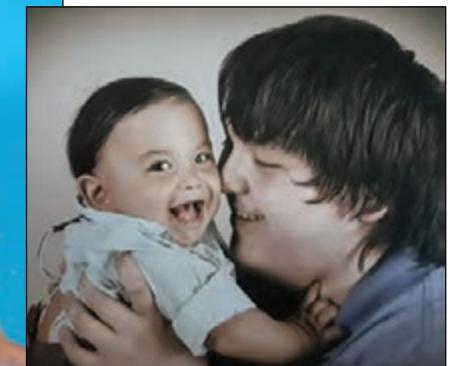
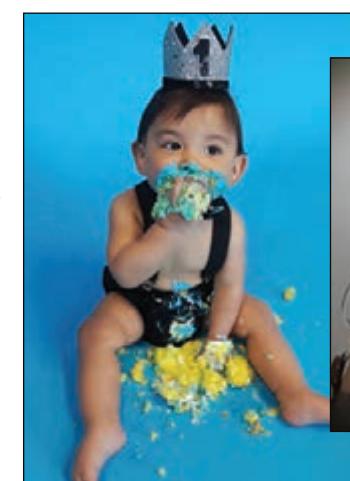
PERSONALS

Happy
1st Birthday
Avi!!

Happy
16th Birthday
Isaiah!!

We love you
so much!

Love you
always, mom
and dad



Child Care Development Fund Public Hearings

Date: June 7, 2018

Times/Locations:

- Noon, FCP Museum
- (large lower conf. room), Crandon
- 5 p.m., We Care Building, Carter

Hosted by the FCP Child Care Program,
7699 Lois Crowe Drive, Crandon
(715) 478-4964



First PCCH Internship a Success

submitted by Karen Garvey, HR Director

Potawatomi Carter Casino Hotel (PCCH) is excited to announce that Destinee Alloway, our first Intern, completed her internship learning course in PCCH's Internship Program.

As part of her business management course study at Nicolet College, Alloway had to complete 162 hours interning at a business of her choice. At PCCH, it was her desire to work with our marketing and accounting departments. This is what Alloway had to say regarding her experience:

"It was a great experience working as an intern in the marketing department at the Carter casino. I enjoyed coming up with a lot of new and unique ideas for different future promotions and events. Marketing involves being creative, and that's something I really enjoy doing. I feel I had a lot of great ideas because I also know what the casino is like being on the other side, as a gambler. Before working here, I had no idea that the marketing department was involved in

doing so much. The marketing department is like the heart of the casino. I love that all the employees I worked with all get along very well, and help each other out with everything they do. It's like a big family here; everyone loves each other and are very supportive to each other. I'm very glad I got to know each and every person in the marketing department. While working here, I also got to work a few days in the accounting department, and that's something I also really enjoyed. I enjoyed getting a hands-on experience adding numbers up and making sure the numbers matched with the reports. In the future, if I was to come back and work here, it would be a tough decision if I'd want to work in the marketing or accounting department. Like I mentioned before, I love being creative and coming up with fun ideas. But, I also love working with numbers."

PCCH would like to thank Alloway for selecting us as her internship site, and we wish her the best of luck and success



(l-r): Karen Garvey, Destinee Alloway, Stacey White

as she continues her education and/or future endeavors.

PCCH is looking for interested tribal members to take part in our Internship Program in which we will work with them to experience and expand profes-

sional skills in order to gain an understanding and increased knowledge of the different aspects of the gaming enterprise. For more information, please contact Jean Kluss at (715) 473-6765 or visit us at cartercasino.com.





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Hwy. 32, Carter (across from casino/hotel)
(715) 473-5100

PTT060118

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Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.

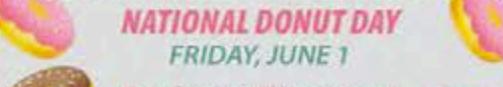
FUEL REWARDS

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**POTAWATOMI STONE LAKE
C-STORE/SMOKE SHOP/DELI**

Located 3 Miles East of Crandon off of Hwy. 8
5326 Fire Keeper Rd., Crandon, WI
(715) 478-4199
Open 7 days a week: 5 a.m. to midnight

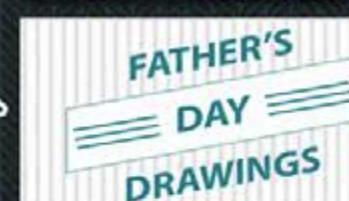


June 2018							POTAWATOMI CARTER CASINO • HOTEL
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	 Earn & Redeem 1,000 same day base points & receive a \$20 Gas Voucher		 NATIONAL DONUT DAY FRIDAY, JUNE 1 Free donuts will be given out on the casino floor starting at 8 am, while supplies last! One per person, while supplies last.		 Finally \$500 Friday Fish Fry	 Lovin' Country 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am Specialty Kabobs	
3	4	5	6	7	8	9	
\$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	POPs PLAY Loving Country 10:30 am - 2:30 pm Picnic Day	BBQ BUCKS Taco Tuesday	SPIN-FINITY SLOT TOURNAMENTS \$10/5 Packs Specialty Wrap	SENIOR DAY TBT: Odd Ball Baked Chicken Dinner Baked Chicken Dinner	\$10/5 Packs Fish Fry	GRILL N' CHILL BB Secret 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am Specialty Kabobs	
10	11	12	13	14	15	16	
ENTRY MULTIPLIERS TO WIN A 2018 DODGE CHALLENGER! NATIONAL ICED TEA DAY: 55 Long Island Iced Tea (at The Flames™ & The Springs™) \$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	CORN ON THE COB DAY: Grilled Corn on the Cob (at The Flames™ & The Springs™) \$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	BBQ BUCKS Taco Tuesday	SPIN-FINITY SLOT TOURNAMENTS ENTRY MULTIPLIERS \$10/5 Packs Specialty Wrap	SENIOR DAY TBT: Partner in Crime Baked Chicken Dinner Baked Chicken Dinner	Ric Stream 3:30 pm - 7:30 pm Finally \$500 Friday Fish Fry	GRILL N' CHILL Bazooka Joe 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am Specialty Kabobs	
17	18	19	20	21	22	23	
FATHER'S DAY GIFT \$10/5 Packs Father's Day Drawings Breakfast Buffet 7 am - 11 am New York Strip Dinner, 11 am - 2 pm New York Strip Dinner	BBQ BUCKS Picnic Day	BBQ BUCKS Taco Tuesday	SPIN-FINITY SLOT TOURNAMENTS ENTRY MULTIPLIERS \$10/5 Packs Specialty Wrap	SENIOR DAY TBT: Odd Ball Baked Chicken Dinner Baked Chicken Dinner	Larry Lynne 8 pm - Midnight \$10/5 Packs Fish Fry	GRILL N' CHILL The Drovers 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am Specialty Kabobs	
24	25	26	27	28	29	30	
\$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	POPs PLAY Tami & The Bachelor 10:30 am - 2:30 pm Picnic Day	BBQ BUCKS Taco Tuesday	SPIN-FINITY SLOT TOURNAMENTS ENTRY MULTIPLIERS \$10/5 Packs Specialty Wrap	SENIOR DAY TBT: Partner in Crime Baked Chicken Dinner Baked Chicken Dinner	DJ Doc Gary (Bingo Hall) 10 pm - Midnight \$500 Cash Drawing Black Light Bingo (Cartoon) NATIONAL WAFFLE DAY: Banana Pecan Waffle Fish Fry	HALF YEAR CELEBRATION Next Myle 8 pm - Midnight Bingo Bash Breakfast Buffet 7 am - 11 am Specialty Kabobs	

Casino Events



Bingo Events



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