



Drug Task Force Makes Presentation



by Val Niehaus

The Forest County Drug Task Force spoke with community members on Feb. 20, 2018, at the Potawatomi Carter Casino Hotel (PCCH) about drug use and crime in the Forest County area as well as in the surrounding counties.

Tom Robinson and Tony Crum, Forest County Sheriff's Department drug task force investigators, presented this in-depth presentation about the epidemic that is not only affecting the nation as a whole but also the very county and towns where we live. Robinson says, "This is what Sgt. Crum and I deal with on a daily basis. There is so much of it going on that it is a common practice in this area. While you are out shopping at the grocery store in town we may be sitting there either arresting or dealing with a drug deal — in the middle of the day, wide open to the public. This is how common and normal this problem has become in this area."

Sgt. Crum is an expert in drug recognition. As a result of his training and experience, he is aware of what different drugs can do chemically and physically to a person and is able to recognize signs in an individual that tell him what substance that person is using. He talked about this in-depth during this presentation making people in the audience more aware of what to look for in someone who may seem not quite "normal". He also described many personal experiences of dealing with people who were under the influence of opioids or stimulants and explained some of the differences to look for in determining what they might be using.

The main substance abuse problem in Forest County and maybe on your street is the use of opioids. These are medications that are usually given to relieve pain, and they do this by blocking the pain receptors in your brain. In addition, they can cause a sense of euphoria and thereby a "high" feeling that is what users seek. Just a few of these names may sound familiar to you, and you may in fact have some of them sitting in your drug cabinet now: oxycodone (OxyContin), morphine, hydrocodone (Vicodin), codeine, hydromorphone, tramadol, methadone, fentanyl, suboxone, heroin, etc. Many of these drugs also have common street names that many people may not be familiar with. You can easily research any of this information online or ask someone who works in the field of law enforcement or the medical area if you want to educate yourself on some of these names and other information about these drugs.

As a result of opioid abuse, there is also a high use of heroin in the area. As was explained at this meeting, it has been thought in the recent past that heroin offered a less expensive way to get the "high" an opiate user needs to regain the

feeling of normalcy they crave but interestingly, Sgt. Robinson says, "Because of the supply and demand of heroin today we have seen a rise in price and usage just in the past six to eight months here." Many always thought of heroin as being a "poor man's" drug but attendees came to find out that the price has quadrupled because of the demand for it. Robinson says, "Heroin sells for \$50 per "point" or 1/10 of a gram or \$400-\$500 per gram."

Many know, money talks and the drugs mentioned have come to have an outrageous street value. Robinson says, "A 30 mg pill of Oxycodone sells for about \$60 each and a 15 mg pill around \$30 - \$40. The average person does about four pills per day for a total of \$240 per day or \$87,000 a year. There are several people who are at 20 or more pills a day equaling \$1,200 per day." Just do the math and you will see that people are spending far more on these pills than their annual income.

One reason these addicts won't stop using these types of opioid drugs is because by doing so, they go through very distressing withdrawal symptoms including vomiting, stomach cramps and diarrhea, body sweats, and restlessness to list just a few. In addition to the symptoms of physical withdrawal, there are also extremely unpleasant behavioral/cognitive symptoms that the addict will experience when trying to stop the drug. These include anxiety, insomnia, and drug craving among others. As a result, they are always looking for that next high as they don't want to experience any of that physical and psychological pain listed above. This is when heroin can come into play and why the demand for it has increased as the availability and cost of other opiates became more of an issue. Heroin will satisfy the need for an opiate to prevent withdrawal and for a time it was a less expensive option that was read-

ily available. It also offers a longer "high" than oxycodone pills.

The next drug prevalent in the area is methamphetamine or "meth". Both sergeants went through the different types of meth that can be made from red "P" labs (red phosphorus/iodine methamphetamine synthesis) and Nazi dope/method (birch reduction) but the most classic seen here is the "shake and bake" method. Making any form of meth in any of these ways is extremely dangerous and can lead to explosions and fires. The shake and bake method is used because it is quick and easy and the vessels used can be easily discarded along roadsides or in dumps. Gatorade bottles are commonly used and are often discarded on the side of the road. If you are ever doing roadside cleanup and see such a bottle with a small hole in the cap or tubes coming out of it, you do not want to touch it. They are still combustible, even though they might appear harmless, and touching them can be very hazardous. If you see such a thing, stay away from it and call law enforcement.

The next subject discussed and one that is becoming more predominant in this area is what is known to be called DABS, BHO (Butane hash oil) and is also known as "shatter". DABS are concentrated cannabis that is made by extracting THC (100 percent) by using a solvent such as butane or carbon dioxide. THC or tetrahydrocannabinol is the active component in marijuana. The substance that is then left behind resembles a piece of sticky caramel and this then is smoked. Robinson explained how dangerous making this can be as just like when making meth, you are dealing with highly flammable substances being used to extract the THC.

continued on pg. 10...

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



Redhawk Network Security Names Ben Gallo President

New leadership expands company's deep technical expertise and builds on reputation for excellent customer service.

Redhawk Network Security, a provider of information security, network, and managed security services, named Ben Gallo as president of the company. Gallo brings more than 20 years of experience in technology sales, leadership, and customer relations to his new role leading the company. This experience in growing teams will be invaluable as he builds on the company's success and looks for new growth opportunities in the dynamic cybersecurity market.

"We are very pleased that Ben Gallo is joining Redhawk Network Security as the company's new president. He brings extensive technical knowledge, partner relationships, and sales strategy to the team. His strategic vision and strong track record of sales success will take our company to the next level, building on an already strong foundation while helping our customers secure their assets, brands, and reputation," said Kurt L. O'Bryan, CEO, Potawatomi Business Development Corporation (PBDC). Redhawk Network Security is a subsidiary of the PBDC. "We also want to thank outgoing president Kerri Fry for her leadership and putting the company on the path to long-term success."

Gallo's experience spans technology sales, strategic planning and alliances, product marketing and management, and channel sales. Before joining Redhawk, he served as vice president of sales and general manager at Atmosera, Inc. During his 10 years at Sungard Availability Services, a leader in managed cloud services and data recovery, Gallo served as sales director for North America, growing the cloud and ERP outsourcing business from \$30 million to \$100 million. He holds a B.S. in Mechanical Engineering from Bucknell University and an M.B.A. in Finance and Management from George Fox University.

"With cybersecurity threats and risks growing on a daily basis, an integrated security foundation is critical to our customers' reputation and longevity," Gallo said. "As we look ahead at a complex and evolving threat landscape, our customers can be confident that Redhawk will continue to deliver the responsive cybersecurity solutions they have come to expect from us."

Hardison named CTO

As part of Redhawk's continued growth and expansion, Tyler Hardison, former director of solutions and innovation, has been promoted to chief technology officer. Hardison is highly regarded as a hands-on technologist, responsible for developing effective solutions for clients. By staying at the forefront of regulatory compliance issues Hardison helps companies navigate through complex regulatory changes, and conduct thorough compliance assessments. He joined Redhawk in 2016.



Ben Gallo, President



Tyler Hardison, CTO



Potawatomi Federal Group Receives Commanding General Commendation

The Potawatomi TPS Joint Venture, a partnership between Potawatomi's Prospect Technologies and Tipping Point Solutions, provides training services to the U.S. Army's Intelligence Center of Excellence (USAICoE) at Ft. Huachuca, Ariz. More specifically, Potawatomi personnel support the U.S. Army Training & Doctrine Command's (TRADOC) initiative to modernize military training and support new technologies. The Potawatomi team builds immersive training simulations that utilize the latest video game and 3D technology to transplant users into virtual situations on all computer and mobile devices.

Potawatomi personnel were recently visited by the Commanding General of USAICoE for a routine inspection and showcase of the training products developed on the contract. After seeing its products, the Commanding General was so impressed that he sent emails to all of his battalion commanders, brigade personnel and remote combat training stations mandating that the Potawatomi video be shown in all Military Intelligence classes. This level of exposure and praise at the highest level and at such an early stage is very unique, as Potawatomi has held the USAICoE contract for only a few short months.

Congratulations to all involved in the success of this contract!



GREENFIRE

Greenfire Serves Milwaukee Christian Center Senior Lunch

The Greenfire team returned to the Milwaukee Christian Center (MCC) on Tuesday, Feb. 20, to serve its Senior Program lunch for a second time this year. Greenfire was also able to donate food and personal care items for many in need at MCC through its office food drive.

Pictured below (l-r): Greenfire team members Zach Singer, John Aperi, Brian Kruas, Eric Rank and Rebecca Sadler.



Happy March Birthday to These Elders!

- | | |
|----------------------|-------------------------|
| 3-1 Karita Shegonee | 3-18 Gloria Deverney |
| 3-4 Kevin Allis | 3-19 Ruth Vigue |
| 3-4 Daniel Shepard | 3-19 Al Milham |
| 3-5 Corlis Daniels | 3-20 Victoria Milligan |
| 3-5 John Gibbons | 3-22 Joshua Runningbear |
| 3-7 Lola Haskins | 3-25 Walter Johnson Jr. |
| 3-8 Melody Holloway | 3-27 Cassie Cornell |
| 3-12 Karen Blakslee | 3-28 Marie A. Polar |
| 3-12 Leona Greetan | 3-31 Martina Falke |
| 3-17 Margaret Konaha | |

FCP CARING PLACE March 2018 Activities Calendar

Activity room is open daily for activities at the Caring Place.
Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- 3/6: Shopping Day
- 3/13: Casino Day
- 3/23: Rouman Cinema
- 3/25: BINGO Carter Casino at 10 a.m.
- 3/27: Birthday BINGO, 12:30 at Caring Place

NOTICE TO ALL FCP VETERANS

There will be nominations and elections for all officers and board members of the FCP Veterans Post 1 group. Nominations will take place 5 p.m. at the March 5 meeting. Elections will take place 5 p.m. at the April 2 meeting. All meetings are held at the Old Tribal Hall on Potawatomi Trail in Stone Lake.

Deadline for the March 15, 2018 issue is Wednesday, March 7, 2018.



POTAWATOMI TRAVELING TIMES

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520
phone: (715) 478-7437 • fax: (715) 478-7438

email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

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Native American
Journalists Association

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Administrative Assistant:
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VAL NIEHAUS

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KRYSTAL STATEZNY
RACHEL WOOD

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Potawatomi Traveling Times (PTT) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the PTT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PTT staff or the FCP Nation. PTT encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PTT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PTT and will not assume any responsibility for unsolicited material nor will the PTT guarantee publication upon submission. PTT will not guarantee publication of materials submitted past deadlines posted in the PTT. No part of this publication may be reproduced without the written consent of the Editor.

Elder Menus

MARCH 2018

Thursday, 3/1

Chicken Breast Sandwich, Lettuce & Tomato, Sweet Potatoes, Peas, Pears, Cold Pork & Beans

Friday, 3/2

Corn, Potato & Bacon Chowder, Corn Bread, Ice Cream, Cheese Sandwich

Monday, 3/5

Hamburger Gravy, Mashed Potatoes, Green Beans, Dinner Roll, Orange Juice

Tuesday, 3/6

Pork & Sauerkraut, Parsley Potatoes, Cream Corn, Spinach Salad (w/Lettuce, Tomato & Cucumber), Banana

Wednesday, 3/7

Stuffed Green Pepper, Cottage Cheese, Country Blend Vegetables, Strawberry Rhubarb Dump Cake, Grapes

Thursday, 3/8

BLT Wrap w/Cheese, Pork & Beans, Pudding

Friday, 3/9

Hamburger Vegetable Soup, Bread & Butter, Peaches

Monday, 3/12

Chicken Broccoli Alfredo, Beets, Breadsticks, Grape Juice

Tuesday, 3/13

Beef Stew, Biscuits, Cucumber & Tomato Salad, Tropical Fruit

Wednesday, 3/14

Lasagna, Garlic Bread, Spring Mix Salad, Mixed Berry Pie

Thursday, 3/15

Corned Beef & Cabbage, Baked Red Potatoes, Carrots, Rye Bread, Green Grapes, Chocolate Mint Cake

Friday, 3/16

Pea & Ham Soup, Strawberry Nutri-Grain® Bar, Kiwi, Dinner Roll

Monday, 3/19

BBQ Boneless Chicken Wings, Calico Beans, Celery & Carrot Sticks, Orange

Tuesday, 3/20

Tenderloin Tips over Egg Noodles, Squash, Asparagus, Dinner Roll w/ Butter, Pears

Wednesday, 3/21

Chef Salad, Apple Pie

Thursday, 3/22

Pork Chop, Baked Potato, Corn, Jello® w/ Fruit

Friday, 3/23

Chili, Fry Bread, Nutri-Grain® Bar, Pineapple

Monday, 3/26

Tuna Salad on Croissant, Red & Yellow Pepper Strips, Cranberry Juice, Peaches

Tuesday, 3/27

Swedish Meatballs over Rice, Carrots, Roll w/Butter, Cookie, Banana

Wednesday, 3/28

Brat on Bun, Potato Salad, Baked Beans, Cherry Fluff

Thursday, 3/29

Taco Salad, Mandarin Oranges

Friday, 3/30

Turkey Noodle Soup, Crackers, Apple

*Menus subject to change.

ELDERS PROM

Potawatomi Carter Casino Hotel
April 7, 5 - 10 p.m.

Featuring:

- Dinner at 5 p.m.
- DJ Gregg Tallier
- Jennifer Sue's Cupcakes
- Prizes & Free Matchplay



To sign up, call Jason at (715) 478-4992 or Jenna at (715) 478-4987 by March 17.

To reserve a hotel room, call 1(800) 487-9522.

The Elders Prom is for Forest County Potawatomi, Hannahville & Mole Lake Elders 55 Years or Older.

...ATTENTION... FCP TRIBAL MEMBERS

This is a reminder to use the new insurance cards that were recently mailed. If you did not receive your new card or have any questions, please contact FCP Insurance at (715) 478-7448.



Member Group: PCS Name: ID: Division: TRM	Medical Plan For help finding a network provider contact customer service at (800) 279-9776 or utilize the links on our website at www.fcpotawatomi.com
Pharmacy Plan Rx Group: TRM Rx Bin: 610602 PCN: NVT Navitus Pharmacy Help Desk: (866) 333-2757 (24 hrs/7 days per week)	

Chi Migwetch

to all the tribal members who supported me in this past election. To all the tribal members & community, you all will be in my thoughts & prayers.

Brenda Shopodock

NIGHT OF THE ARTS

Monday, March 5

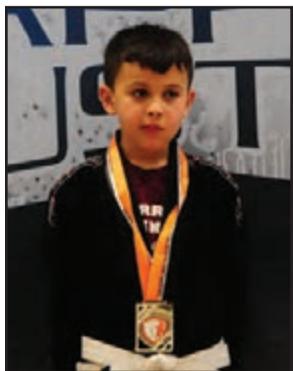
6 - 7:30 p.m.

Crandon Middle/High School

This event showcases our talented students in music, art, forensics, and the culinary arts.

REZilience: Movement is Medicine

submitted by Noden Kwe, Veronica Mann-Pemma



Lucas Decorah

The new Rec Center will provide us an opportunity to create a functional space for physical, mental and social strength training. Tribal members like eight-year-old JIGWE YAN

KWEH, Lucas Decorah (Thunder Cloud), could have a chance to compete in Jujitsu tournaments in his hometown, should the tribe ever decide to have one at the Rec.

Jigwe dances in powwows all summer but once the summer's over, he's a full-time Jujitsu white belt. He and his father, Foster Decorah, travel all over, sometimes over five hours just to find a great competition. Jigwe has been doing Brazilian Jujitsu for over a year and a half now. He was inspired to start the sport after learning that the ground rolling in UFC fights is, in fact, Jujitsu.

He and his cousin Eli (also of FCP descent) recently competed in a tournament at the Northside YMCA in Milwaukee. The gymnasium had over eight mats with a wide range of competitors (various ages, races, gender). Jigwe was in four matches and placed first in his age group. The matches last a short amount of time, but they are spread out over an hour and a half.

Foster can be seen standing behind the judge's ropes, looking like Mickey from the Rocky movies. After each round, he turns, puts his camera down, and asks Jigwe, "Are you hungry? Are you thirsty?" Lucas shakes his head 'no'

most of the time, while still breathing heavily. "You're juiced up, hey?"

Foster laughs, then huddles with Jigwe and his Jujitsu coach to prepare for the next match. There is a lot of pride and joy watching them. Occasionally, Foster will give a nod and a thumbs up to Jigwe's cousin competing over on mat 8. (Eli is 14-years-old, competing against 17-year-olds a foot taller than him, but that does not stop other competitors from admiring his strength and shouting out, "That kid is a beast!")

"It's taken Jigwe over a year to learn and really get the techniques, but he knows his game, and when he gets in there you can see his focus and his adrenaline. He's learned to calm his mind and center his focus, which takes a lot of self-discipline, but it's built his confidence up. My daughter, who is an excellent student, does cross country and track but is also thinking about getting into kick boxing. My other son is in the National Guard, and they use Jujitsu for all of their groundwork training, so all of my family is involved in the concepts. It parallels the warrior lessons and follows the same principles of the circle that are valued as a dancer, so it's an all-around positive thing for us," says Foster.

It's imperative for children to develop and nurture their connection with their bodies, and in particular, their ability to use their mind with their bodies. Not more than 10 minutes into the matches, it's obvious that this isn't like other sporting events. There is strategy, but competitors rely heavily on communication with what their coaches are saying from the sideline in order to align their body in a position for victory.

There is a very short window for

them to change the course of the match and respond to what it is they are told to adjust. The judges watch each movement to ensure proper technique and safety to every person. **All of this movement isn't just technique though; it is medicine. It boosts mental health and stimulates genetic muscle memory, which can aid in their spiritual journey as they reclaim their Indigenous identities in this day and age.**

Thosh Collins, Onakimel O'Odham-Wazhn-zhi-Haudenosanee, founder of Well For Culture, a digital medium that "serves to create, expand upon, nurture and share the genius of powerful indigenous minds and bodies", says that **"Physical wellness is not an option; it is necessary for survival. Our happiness, emotional well-being, mental tenacity, ability to take care of ourselves and our families, relies upon the strength and durability of our physical bodies."**

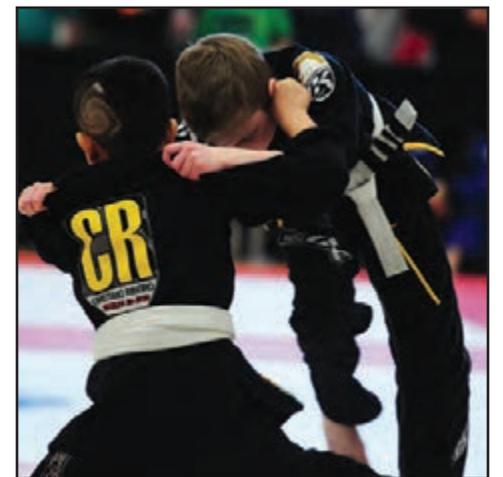
Jujitsu organizations often teach self-defense techniques. Self-defense classes are positive, but they could also be life-saving. Eighty-four percent of Native American and Alaskan women experience violence (hcn.org "Why Native American women still have the highest rates of [Assault]"). In a world with those types of realities facing our matriarchs, equipping them with the skills and resources to get their "warrior on" is an act of colonial resistance. The fact of the matter is that the Rec Center is going to give the community a variety of ways to flourish, but mostly it's going to be braiding our journey of REZilience.

Special MiiGwetch to Foster Decorah for sharing his children's experience and advocating for movement medicine. You can catch Jigwe representing at this year's Winter's End Powwow. Aho.

photos submitted by Foster Decorah



Lucas in thought



Lucas in action



Lucas on top!

Winter

a visual poem by Noden Kwe, Veronica Mann-Pemma



created and paraphrased by Noden Kwe, Veronica Mann-Pemma
inspired by @ndninspired via instagram

THE NEXT
GENERATION OF
NATIVE BABIES
NEED PARENTS WHO
LOVE THEMSELVES.
OPPRESSIVE
SYSTEMS HAVE
TAUGHT US TO
THINK THAT
WE ARE BAD &
UNWORTHY.
THE NEXT
GENERATIONS
NEED US TO
UNSHACKLE
OURSELVES FROM
THAT INTERNALIZED
OPPRESSION.



March is National Nutrition Month

submitted by FCP Community Health

National Nutrition Month® is a nutrition education and information campaign created annually by the Academy of Nutrition and Dietetics. The campaign focuses on the importance of making informed food choices and developing sound eating and physical activity habits.

Go Further with Food is the theme for 2018. Preparing your foods to go further by planning meals and snacks in advance can also help to reduce food loss and waste.

Tips for Meal Planning: The Whole Meal Planning Process, Start to Finish

- Spend time each week looking for recipes and ask others what they like to eat for meals. Browse websites for recipes that look delicious, searching cookbooks and/or social media.

- Create a place to save recipes and keep it SIMPLE. Do whichever process works for you and your family, whether it's using post-it notes, a notebook, a dry erase board, or index cards.

- Start a calendar and plan for leftovers. You can store leftovers safely in

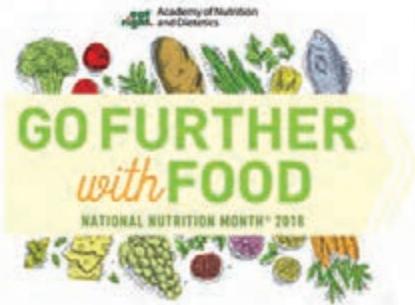
tightly-sealed containers/storage bags. Sometimes, you may choose to freeze your leftovers for long-term storage (more than three days). The freezer is your friend. Actually, it's the friend of future. Make a double batch of that sauce, soup, stew, chicken, or cooked beans and throw it in the freezer.

- Go with theme nights: soup, pasta, beans, etc. Some people enjoy themes, and it helps guide the planning process.

- Choose a shopping day and make a shopping list. Planning ahead this

way can help you save money by utilizing ingredients for multiple recipes. Also, you can check local stores to see what's on sale.

- Cook components of your meals ahead of time which can save time and energy at mealtime. For instance, make a tomato sauce ahead of time and freeze it. Then thaw it later for lasagna, pasta, or pizza. Roasting a chicken at a more convenient time can be used later for things like sandwiches, stir fry, or fajitas the rest of the week.



NATIONAL NUTRITION MONTH®

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER

8201 Mish ko swen Drive, Crandon, WI
www.FCPotawatomi.com
Mon. - Fri. | 7 a.m. - 6 p.m.
Open to the Public

a participating member of
 ASPIRUS NETWORK

TIPS ON HOW TO "GO FURTHER WITH FOOD":

- Plan ahead by creating a shopping list and healthy weekly menus
- Start your day off with a healthy breakfast.
- Freeze leftovers

For more information on how to "Go Further with Food" or other nutritional programs offered, please contact **Lisa Miller, RDN** or **Kate Richlen, CH Nutritionist** at: **(715) 478-4355**

Honoring Health, Healing, and Tradition

Celebrating

GO FURTHER with FOOD NATIONAL NUTRITION MONTH® & DIABETES ALERT DAY®

Wednesday, March 21, 2018
3:30 - 5:30 p.m.
FCP Health and Wellness Center
Lower Conference Room

Food:
Make a Meal to "Go Further with Food". Interactive Nutrition and Diabetes Education and Activities, Drawings for Prizes

For more information, please contact Lisa or Kate at 715.478.4355

Open to FCP Tribal Members, families and their guests

The HEALING JOURNEY:

Brady Shepard's Tobacco Pouch

Join us as individuals share stories of how substance abuse has impacted their lives, how they cope with grief of losing a loved one, and how they stay on the path of sobriety.

Wednesday, March 21, 2018 | 6 p.m.
FCP MUSEUM LOWER LEVEL
OPEN TO THE FCP COMMUNITY, ELDERS, FAMILIES AND YOUTH AGES 9+

POTLUCK: FEEL FREE TO BRING A DISH

Contact: **Melanie Tatge: (715) 478-4388**, or **FCP AODA Services: (715) 478-4370** with questions

For additional information on the topic of grief and grieving, contact the FCP Behavioral Health Department at (715) 478-4339. For topics related to AODA and sobriety, please contact FCP AODA Services at (715) 478-4370.

Fire Extinguisher Recall

submitted by FCP Emergency Management

Kidde Recalls Fire Extinguishers with Plastic Handles Due to Failure to Discharge and Nozzle Detachment: One Death Reported



Kidde plastic handle fire extinguishers



Kidde push-button Pindicator fire extinguishers

Name of product: Kidde fire extinguishers with plastic handles
Hazard: The fire extinguishers can become clogged or require excessive force to discharge and can fail to activate during a fire emergency. In addition, the nozzle can detach with enough force to pose an impact hazard.

Remedy: Replace
Recall date: November 2, 2017
Recall number: 18-022

Consumer Contact:
 Kidde toll-free at 855-271-0773 from 8:30 a.m. to 5 p.m. ET Monday through Friday, 9 a.m. to 3 p.m. ET Saturday and Sunday, or online at www.kidde.com and click on "Product Safety Recall" for more information.

SOLAR PANELS: How do we choose?

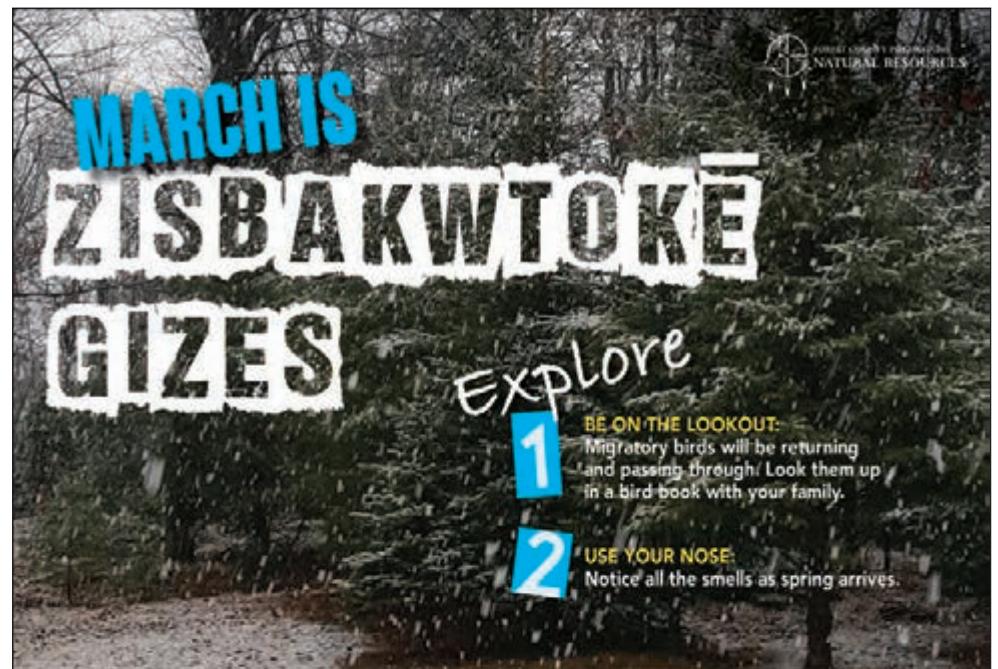


ROOFTOP

- **SPACE:** There has to be enough room and no obstacles (chimney, vent, etc.) in the way.
- **STRENGTH:** The building has to have enough support to hold the additional weight.
- **SHADING:** If the building is surrounded by trees, they might block out too much sunlight.
- **ORIENTATION:** Solar panels work best on south-facing roofs where they get the most sunshine.

GROUND

- **SPACE:** There has to be enough ground area to put the panels without being in the way. But you can usually install a larger system than on a roof, generating more energy and savings.
- **LOCATION:** You need to find or make a sunny patch of land, ideally with great southern exposure to capture the most sunlight.
- **INFRASTRUCTURE:** Usually trenches have to be dug to put in the electrical wiring, and concrete footings need to be poured for a ground installation.



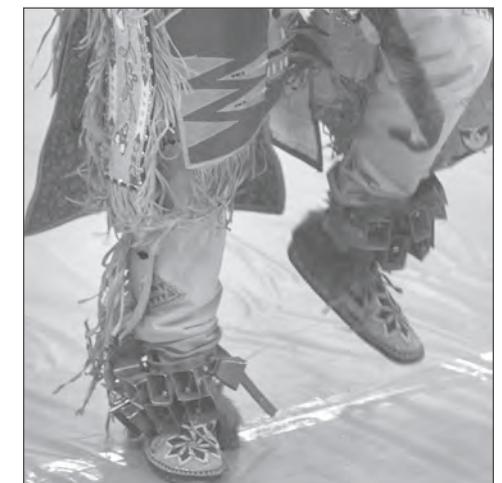
- 1 BE ON THE LOOKOUT:** Migratory birds will be returning and passing through. Look them up in a bird book with your family.
- 2 USE YOUR NOSE:** Notice all the smells as spring arrives.



dëbwéshnëwëk gi mëkthakoyëk
 Listen for Spring Peepers.
 Photo by Justin Meissen, CC BY-SA



ndadzëwëk mo'ëwësek
 Wolf Pups are born.
 Photo by USFWS



A Fun Day Fishing & Snowshoeing

submitted by Jenni Mabrier, Environmental Education Coordinator

Saturday, Feb. 24 started off foggy, but it didn't take long for the sun to burst through and brighten up the morning. Like the sunshine, everyone was in bright spirits at Devil's Lake for the fishing and snowshoeing event.

Lots of friends and family were out on the ice, bringing some good-natured competition to the fishing. Bluegill and crappie were biting most of the day, and around lunchtime two bass decided they'd like a snack, too.

Everyone came in for a lunch of chili and fry bread. In honor of February

being heart-health month, Community Health provided a spread of heart-healthy fruits and vegetables to make kabobs, a nature scavenger hunt for kids, and a trivia scavenger hunts for adults on the topics of diabetes and heart health along the snowshoe trail. The kabobs were enjoyed by all either by eating them right away or grilling them over the fire.

Migweth to everyone for coming out – we love seeing families and friends enjoying the outdoors Mother Nature provides us!

Devil's Lake Fisheree Results

ADULT

Bass

1. Joe Shepard, 14.76", 1.60 lb
- *GRAND PRIZE WINNER*

Black Crappie

1. Jamie Tuckwab, 11.02", 0.80 lb
2. Jamie Tuckwab, 10.87", 0.77 lb
3. Seth Shepard, 10.04", 0.63 lb

Bluegill

1. Joe Brown Sr., 9.33", 0.55 lb
2. Kevin Jacobson Jr., 8.86", 0.49 lb
3. Gerald Jacobson Jr., 8.62", 0.44 lb

YOUTH

Bass

1. Delaynie Shepard, 13.43", 0.98 lb
- Black Crappie

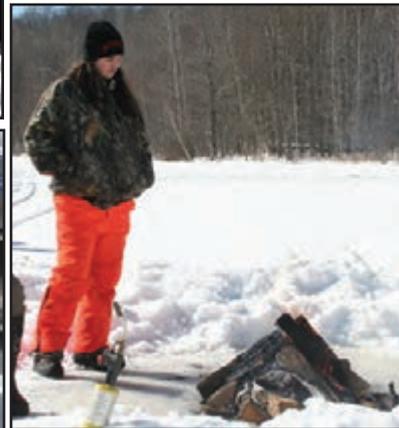
1. Destiny Gilligan, 10.83", 0.86 lb
2. Elias Saddler, 10.59", 0.68 lb
3. Destiny Gilligan, 10.43", 0.70 lb

Bluegill

1. Kaleb Kircher, 8.86", 0.54 lb
2. Hunter VanZile, 8.46", 0.39 lb
3. Curtis Mallory, 8.07", 0.34 lb



It was the perfect day for the Devil's Lake Fisheree: good fishing, great weather, yummy food, fun activities, and lots of smiles!



Indoor Snow Day at Gte Ga Nēs

submitted by Jenni Mabrier, Environmental Education Coordinator

The week of Feb. 5, we brought in snow, plastic animals, and some stuff from the woods, and let the kids combine the three. Here's what some of them came up with!



Nathan helped his deer hide from a hungry wolf.

(r) Lizabeth's bear was thirsty for some snow.



(l) Cheyton made a house for his deer, including a blanket, window and backyard!

Valentine's Day Celebration

by Val Niehaus

Rising Sun Daycare had its Valentine's Day celebration on Feb. 14, 2018, with friends and families gathering with the students at the daycare that day. The room was filled with children and parents who all were smiling and having fun while celebrating this day of love and friendship.

The children had their handmade Valentine boxes spread out on the tables for all to see, and Ms. Mary was handing

out ice cream sundaes which were quickly gobbled up by the kids. After everyone had eaten their sundaes and other snack foods, the kids sang and danced to a little musical note song that was played for all to enjoy.

There was nothing to be seen in the room but smiles and laughter from all who attended and were able to enjoy what this special day is like when seen through the eyes of a child.



DIVISION OF VOCATIONAL REHABILITATION

WHEN
MARCH 6, 2018
1-4 p.m.

WHERE
Family Services Building
 5415 Everybody's Rd.

FOR MORE INFO CALL NATALIA

AT (715) 365-2607

OR EMAIL AT

NATALIA.GRAF@DWD.WISCONSIN.GOV

DO YOU HAVE A DISABILITY AND ARE YOU LOOKING FOR WORK?

A DVR representative will also be available April 3, May 1, June 5, July 17, Aug. 7, Sept. 18, Oct. 2, Nov. 6, Dec. 4.

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DVR SERVICES ARE FREE

WILL YOU WORK HARD TO REACH YOUR JOB GOAL?

If you will, then DVR is for you!

2018 SUMMER INTERNSHIP PROGRAM

In the program, you will have the opportunity to meet gaming commissioners and staff, become familiar with the many duties of the Gaming Commission, observe each of its departments, and become familiar with how the Gaming Commission regulates casino operations onsite. You will visit the various venues within the Milwaukee property and experience the excitement that the tribe's casino has to offer. This is an excellent way to enhance your knowledge. There will also be discussions, a group project, individual project, departmental exploring and so much more. This program is designed to fit a variety of learning styles. If this program interests you, apply today!

- Must be an enrolled Forest County Potawatomi Community member, 18 years or older, have high school diploma or GED.
- Weekly stipend provided.

❖ Application deadline: **May 11, 2018**

❖ Internship dates: **July 9 - Aug. 17, 2018**



FOREST COUNTY POTAWATOMI GAMING COMMISSION

Please contact **Tina Baker**, Development Specialist, to get an application at: **(414) 847-7718**
tbaker@paysbig.com
www.fcpgc.com

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Free

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FOREST COUNTY POTAWATOMI
**CARTER C-STORE
 SMOKE SHOP/DELI**

Hwy. 32, Carter (across from casino/hotel)
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 7 Days a Week

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 up to 20 gallons

When You Buy Two Mars Any King Size Variety

Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.

FUEL REWARDS.

**POTAWATOMI STONE LAKE
 C-STORE/SMOKE SHOP/DELI**

Located 3 Miles East of Crandon off of Hwy. 8
 5326 Fire Keeper Rd., Crandon, WI
 (715) 478-4199
 Open 7 days a week: 5 a.m. to midnight

Task Force

...continued from pg. 1

Once the THC is extracted with the butane, the butane has to be either cooked or evaporated off which then can lead to a highly deadly explosion if it is ignited in any way. The most common way of doing this has the drug maker placing a baking dish of the extracted THC and butane into a freezer to allow the gas to evaporate; hence, filling the freezer with this gas. When the freezer is then opened and the light comes on, it can make a little spark and you have an explosion that has been known to level houses. Robinson said walking into a house that is known to be making DABS is treated just as a meth lab with both being very dangerous situations.

With the recent legalization of marijuana in a number of states, many may think this is not such a bad drug of choice. As mentioned, the active substance in marijuana is THC. But with the very concentrated levels of THC in some of these drug preparations, many who use them are actually being seen to exhibit psychotic behavior thinking they are “superman” so to speak. Some think that they can jump through glass windows because they believe the window is water; some think they can fly off balconies and end up jumping to their deaths. Again, you just never know what your body will do when ingesting a new drug. The levels of THC in these DABS can be as high as 70 - 90 percent concentration. Realistically, this has not been on the market long enough to fully understand the long-term effects of it. Robinson says if you go out to Colorado where marijuana is legal, they even have billboards on the overdose deaths that are occurring from this. Many of the edible candies and baked goods that are coming this way from Colorado also have a higher level of THC and this, again, is affecting people because the concentration is such that people don't know how their body will respond to it. Robinson said, “I have talked with many older generation men who are around 60 - 70 years old, the ones from the era when smoking dope was pretty much common in the states. These men said they have tried some of this highly concentrated THC from different forms and said they won't ever touch the stuff again.”

Robinson also commented that he and Crum have learned a great deal about DABS and many of the other drugs talked about in this article from local middle/high school students who have talked with them during the sessions they have held at the local schools. If you are a parent who needs to know more about this drug or any others mentioned in this article, remember that Google and YouTube are there for your use in researching. Local law enforcement is also available for questions that you may not have answers to.

One drug that officer Robinson said he never wants to have to deal with again is someone under the influence of “bath salts” — and we aren't talking about the kind you use in a relaxing tub full of water. They can also be called “plant food” out on the West Coast and both refer to a drug with frightening effects. He relayed some personal experiences he had when dealing with people in the area and said it's a whole other ball game. This has to be one of the most horrifying drugs out there because it is new to the scene. The effects on those who take it can make them very animal-like and it can be unreal when you see it first-hand. Robinson says, “This drug shuts down all pain receptors in the body so you can spray someone with pepper spray and they will just wipe it away and you can taste them and they will pull the prongs out like nothing.” Another frightening thing is that you can buy these drug preparations online and have them delivered right to your front door. Again, if you're curious about the effects of someone being on bath salts, YouTube has videos that can be watched.

Carfentanil was another drug that was discussed. This is a synthetic opioid that is being seen in this county as well. This is actually an elephant tranquilizer that is 10,000 times more potent than morphine and 100 times more potent than fentanyl. A dose of carfentanil the size of one grain of salt can kill a human being so if things are being laced with this and you don't know about, it can easily result in your death. Carfentanil can be cut with heroin and other illicit drugs which is causing an alarming number of overdoses — especially here in the Midwest. Robinson said, “We have had one carfentanil overdose death here in Forest County.” If you are in the vicinity of it, just inhaling this drug can kill you. If you are a first responder dealing with an overdose call, it is imperative that you be very careful in what you touch and to be very aware of your surroundings since it is so easily transferable.

The drug Molly was also talked about. This is also known as MDMA which is the active ingredient in Ecstasy. This is highly marketed to youth who are attending traditional “rave” parties. Molly is a stimulant that heightens your senses. The reason it is so dangerous is that it is a synthetic drug, a toxic mix of unknown chemicals that keep changing through the years so you never know just what you might be taking. It is very popular with some mainstream music venues and celebrities/musicians. There hasn't been a whole lot of it around this area, but the officers have heard about it in the middle schools in the county.

Robinson brought up a new drug that has not yet been detected in Forest County, but that is not to say it's not here yet — local law enforcement just hasn't



Sgt. Crum shows attendees the different drugs.

seen any as of now. However, on the Menominee reservation there were two overdose deaths from it last year. This new drug is called Flakka and is becoming more widespread throughout the nation. It's another synthetic drug that causes extremely bizarre behavior in whoever is high on it, and some say it's like the new generation of “bath salts”. Some acts that have been associated with this in other states include a man running naked through traffic, another trying to break into a police station to seek safety, or people physically harming themselves or others. The state of Florida is really seeing an increase in Flakka-related incidents.

Along with the long list of drugs mentioned, others were also discussed including cocaine, marijuana and crack as well as a few others. Robinson and Crum explained that they really wanted to focus on the mainstream drugs they are seeing in the county we live in and the schools our children attend, which are their greatest concern right now. It is imperative that everyone becomes aware of the degree of this problem in our area and these specifics so hopefully problems of drug use can be better recognized and addressed. Hopefully, the result will be that things can change in the future for residents of our immediate area as well as the country as a whole.

Robinson did comment to *PTT* one thing he wished quoted: “People (dealers) are coming to this area to use people's homes here to deal their drugs which is causing a lot of the problems. People who actually live here house the dealers, let them use their vehicles so we as law enforcement don't notice a “new” car in town. They stay at the house as long as the owner of the house is supplied with their drugs and/or money for the couple days that they are here. There is also lack of funding to help assist us as law enforcement, and to keep these investigations going. Currently, the only funding we have available is a shared grant for seven counties to use \$52,000 and that is only for methamphetamine investigations. The bad thing for us is methamphetamine isn't killing our people — heroin and opiates are.”

The drug task force will be hosting another presentation in Crandon on Wednesday, March 28, from 5:30 - 7:30 p.m. at the Crandon Community Building. Those who are maybe in the dark about this issue or who are just curious as to what is happening in the county they live in should consider attending. You won't be disappointed in the information you will learn.

Is Your Pet Missing?



If your pet is missing, please call the Forest County Humane Society at (715) 478-2098. Even if we don't have your pet, sometimes we hear reported sightings. Reuniting fur babies with their families is part of our mission!

NOTICES

CULTURE

Language Classes

• Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

• Language classes also offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.

HEALTH

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.



HEALTH

Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education Program

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Economic Support Programs

Tribal Employment Skill Program - available to adult tribal members who can be placed on a paid work experience opportunity in various tribal departments for up to six months. This allows tribal members to test drive different areas to find a good fit. The staff can assist with:

- Direct connection between DMV to obtain, reinstate and/or determine what is needed to obtain the driver's license
- Work-related expenses
- Resumé development and resumé critiquing
- Mock interviews (practice before a job interview) and tips.
- Job-seeking skills/soft skills
- Employment guidance/advocacy
- Fidelity bonding available

We currently have a 53 percent success rate for successful work experience to employment.

Work Study Program - for students that are in their senior year. Students can be on a work experience but must have good standings in all their school classes. We work with the FCP Education Department to set this up.

Badgercare - a state/federally-funded program that provides health coverage for individuals living on the reservation or within Forest County, tribal children and affiliated-tribal members.

Foodshare - a state/federally-funded program that provides an EBT food card to eligible individuals living on the reservation or individuals that have tribal children living in Forest County. The program has eligibility requirements that also considers shelter/housing expenses.

Foodshare Employment & Training Program (FSET) - individuals that are eligible for Foodshare would be eligible for this program which can assist with gas voucher, job training

SERVICES OFFERED

costs and other expenses relative to the goals that are set for securing employment.

Temporary Assistance for Needy Families (TANF) - this work program is funded through the Administration for Children and Families with an income limit of 125 percent of federal poverty level for individuals living on the reservation or individuals living in Forest County that have FCP tribal children. Individuals get a cash payment each month providing that they completed their work activities each month.

General Assistance (GA) - this work program is funded through the Bureau of Indian Affairs and is available for federally-recognized tribal members living on the reservation. Eligible individuals will get a cash payment each month providing that they are complying with the work plan developed with their case worker.

Native Employment Works (NEW) Program - this work program is funded through the Administration for Children and Families for individuals living on the reservation or within the service area. The paid work placement opportunity is for three months at 24-35 hour per week and we have limited slots available based on funding.

Resource Rooms - located at the old tribal hall and at the Family Services Building. Each area has computers that individuals can utilize to complete their resumé, type correspondence, work on the self-paced Microsoft Computer Training Program, apply for jobs, or apply online for healthcare coverage programs.

The FCP Economic Support staff is available to provide services for resumé building, computer training programs, and for any other economic support program information. If you want more information on any of these programs, please stop by the Family Services Building or call (715) 478-4433.

MARCH EVENT CALENDAR

Community Health

- 3/6 - Infant Nutrition (HWC) 8 a.m. - 4 p.m.
- 3/6 - Women's Exercise (Rec Center) 5:30 - 6:30 pm
- 3/7 - Youth on the Move (Rec Center) 3:30 - 4:30 p.m.
- 3/8 - Infant Nutrition/WIC (Carter We Care) 1 - 4 p.m.
- 3/8 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.
- 3/12 - After School Program (Wabeno School) 3:30 - 4:30 p.m.
- 3/13 - WIC (HWC) 8 a.m. - 4 p.m.
- 3/13 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.
- 3/14 - Youth on the Move (Wabeno School) 3:30 - 4:30 p.m.
- 3/15 - Hep C Testing (HWC) noon - 3 p.m.
- 3/15 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.
- 3/20 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.
- 3/21 - Youth on the Move (Rec Center) 3:30 - 4:30 p.m.
- 3/21 - National Nutrition Month/Diabetes Alert Day (HWC) 3:30 - 5:30 p.m.
- 3/21 - Healing Journey Event (FCP Museum) 6 p.m.
- 3/22 - Women's Exercise (Rec. Center) 5:30 - 6:30 p.m.
- 3/27 - WIC Follow-Up Day (HWC) 8 a.m. - 4 p.m.
- 3/27 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.
- 3/29 - Women's Exercise (Rec Center) 5:30 - 6:30 p.m.

Recreation Department

- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 8 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.

Family Resource Center

- Healthy Relationships: Mondays (5, 12, 19, 26), 1 - 1:30 p.m.
 - Play Shoppe: Tuesdays (6, 13, 20, 27), 11 a.m. - 12 p.m.
 - FRC Girls 10-17: Wednesdays (7, 14, 21, 28), 3:30 - 5 p.m.
 - Community Women's Talking Circle: TBA
 - PIP: Thursdays (1, 8, 15, 22, 29), 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two hour, one-on-one sessions.
- Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays (5, 12, 19, 26), 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays (6, 13, 20, 27), 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays (7, 14, 21, 28), 3:30 - 5 p.m.
- Youth picked up from Crandon School at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

March 2018							POTAWATOMI CARTER CASINO • HOTEL
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
GET OUR FREE MOBILE APP TODAY! Scan the QR code, visit the App Store or Google Play to download.	ST. PATRICK'S DAY SPECIALS SATURDAY, MARCH 17 The Springs Restaurant & Lounge	Corned Beef & Cabbage Irish Stew Irish Drinks Green Beer The Springs Restaurant & Lounge	Corned Beef & Cabbage and Domestic Green Beer The Flames Restaurant	1 SENIOR DAY \$10/5 Packs Baked Chicken Dinner Baked Chicken Dinner	2 Finally \$500 Friday Fish Fry	3 \$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	
4 MONEY MADNESS - ENTRY MULTIPLIER \$10/5 Packs Breakfast Buffet 7 am - 11 am Meatloaf Sandwich	5 POP & PLAY Lovin' Country 10:30 am - 2:30 pm Build Your Own	6 CLOVERS OF CASH Frybread Taco	7 \$10/5 Packs Wrap Day	8 SENIOR DAY \$10/5 Packs Baked Chicken Dinner Baked Chicken Dinner	9 The Ricochettes 8 pm - Midnight \$10/5 Packs Fish Fry	10 Sensations 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am Chef's Choice	
11 MONEY MADNESS - ENTRY MULTIPLIER \$10/5 Packs Breakfast Buffet 7 am - 11 am Meatloaf Sandwich	12 Build Your Own	13 CLOVERS OF CASH Frybread Taco	14 \$10/5 Packs Wrap Day	15 SENIOR DAY \$10/5 Packs Baked Chicken Dinner Baked Chicken Dinner	16 Finally \$500 Friday Fish Fry	17 st. patrick's Treasure X-tatik 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am St. Patrick's Day Specials Corned Beef & Cabbage	
18 MONEY MADNESS - ENTRY MULTIPLIER \$10/5 Packs Breakfast Buffet 7 am - 11 am Meatloaf Sandwich	19 POP & PLAY Almost Famous Trio 10:30 am - 2:30 pm Build Your Own	20 CLOVERS OF CASH Frybread Taco	21 \$10/5 Packs Wrap Day	22 SENIOR DAY \$10/5 Packs Baked Chicken Dinner Baked Chicken Dinner	23 MONEY MADNESS - ENTRY MULTIPLIER \$10/5 Packs Fish Fry	24 MONEY MADNESS DJ Dunn 8 pm - Midnight Bingo Bash Breakfast Buffet 7 am - 11 am Chef's Choice	
25 \$10/5 Packs Breakfast Buffet 7 am - 11 am Meatloaf Sandwich	26 Build Your Own	27 CLOVERS OF CASH Frybread Taco	28 \$10/5 Packs Wrap Day	29 SENIOR DAY \$10/5 Packs Baked Chicken Dinner Baked Chicken Dinner	30 POP & PLAY Ric Stream 3:30 pm - 7:30 pm DJ Doc Gary (Bingo Hall) 10 pm - Midnight \$10/5 Packs Black Light Bingo (Basketball) Fish Fry	31 \$10/5 Packs \$500 Cash Drawing Breakfast Buffet 7 am - 11 am Chef's Choice	

Casino Events

Bingo Events

MONEY MADNESS
 SATURDAY, MARCH 24
 Earn 250 same day base points or redeem 250 points for 10 entries.
WIN YOUR SHARE OF \$50,000 CASH!

CLOVERS OF CASH
 TUESDAYS IN MARCH
 win up to \$300 cash!

st. patrick's Treasure
 SATURDAY MARCH 17
 Win your share OF \$5,750 cash!

EASTER BUFFET
 SUNDAY, APRIL 1, 2018 • 7 AM - 3 PM • \$18⁹⁹

BREAKFAST Omelets Eggs Benedict Waffles Biscuits & Gravy	LUNCH Prime Rib Sliced Ham Henry Penny Chicken	Soup Salad Bar Fresh Fruit Desserts
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THE SPRINGS RESTAURANT & LOUNGE

SENIOR DAY THURSDAYS
LUNCH & DINNER SPECIALS, MEAL VOUCHER & CASH DRAWINGS!

TEN DOLLAR PACKS
 Regular Games Pay - \$125
 Progressives Pay - \$125
 Specials Pay - \$150
 Last Game Pays \$250
 \$500 In 52 or Less
 All regular session games are Double Bubble Electronic Packages!

BINGO'S FINALLY \$500 FRIDAYS
MARCH 2 - & - MARCH 16

BINGO BASH
 Saturday, March 24
 Admission Packs: \$20
 Extra Packs: \$10
 Machine Packages Available
 Admissions open at 4:30 pm!
 Early birds at 6 pm | Bash Session at 6:30 pm

BLACK LIGHT BINGO
 FRIDAY, MARCH 30 | BASKETBALL THEME

BINGO'S CASH DRAWING
 SATURDAY, MARCH 31
 Monthly cash drawing, receive one entry with every admission pack purchased.



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