



POTAWATOMI TRAVELING TIMES

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New Chair and Vice Chair Elected



FCP Executive Council 2018 (l-r):
Council Member Brooks Boyd, Treasurer Joseph Daniels Sr., Vice Chairwoman Brenda Shopodock,
Chairman Ned Daniels Jr., Council Member Nick Shepard, Secretary James A. Crawford

by Val Niehaus

The Forest County Potawatomi (FCP) Tribal Courtroom was jam-packed Feb. 12, 2018, with many who were anxious to witness the swearing-in of the new chairman and vice chairwoman. This election was certainly unique in that the former chairman of 20 years retired mid-term in January 2018, and many weren't quite sure what the outcome of the special election was going to be. Seeing the courtroom so full this day certainly

indicated that it was a happy day. The two happiest in the crowd were new FCP Chairman Ned Daniels Jr. and new Vice Chairwoman Brenda Shopodock.

Opening the swearing-in was Chief Judge Eugene White-Fish who said, "Welcome to everyone in attendance. If we get any more packed in here, we are going to have to find a different place to do this. We are also going to start off with a prayer to be offered by Associate Judge Daniels and from now on we are going to be doing that. We were taught while growing up that this prayer will do both of these individuals good: let them keep a strong mind and let their judgment be good as a result. I want to congratulate you both and I have to say that was the most people I have ever seen at count (voting), and even this morning it was hard to find a parking spot. I am glad that everyone showed up because in my thoughts, when we swear in a chairman/vice chairperson or executive council member, it's a big moment for our government." Judge Daniels then proceeded to say a prayer for everyone in attendance. He also offered congratulations to both of the newly-elected representatives.

After the prayer, Judge White-Fish swore in new Chairman Daniels with the tribal oath of office. Standing with eagle feather in-hand, Daniels was as proud as could be while repeating the words that White-Fish said to him. Many cheers were heard from the people in attendance once the oath was finished. There were smiles all around!

Vice Chairwoman Brenda Shopodock was next to recite the tribal oath of office. Associate Judge Angela Moe did the swearing-in, woman-to-woman as they would say. Shopodock also stood proudly with eagle feather in-hand. There was also loud applause heard in the courtroom once the vice chairwoman was sworn-in.

Another first happened during this swearing in: a group of gentlemen sang the honor song a cappella for the newly-elected members who, along with the rest of the attendees, clearly enjoyed the singing. This was an emotional and overwhelming treat for everyone; there were even a few tears shed. The response to the rendering of this prevailing song was certainly evidence of the value of the culture and heritage of the Potawatomi people to the community, and emphasized how important it is to preserve these powerful traditions.

After the song, it was time to congratulate the winners and, really, they couldn't have been more grateful and excited to start this new chapter in their lives. In fact, it was so busy with congratulations, hugs and talking that it was pretty much impossible to obtain a quick quote from them both. Hopefully, that can be part of a future story as they begin the work of these important positions.

Congratulations to both the new Chairman and Vice Chairwoman on your wins from the staff here at PTT!



Ned Daniels Jr. recites
the FCP tribal oath of office.



Brenda Shopodock recites
the FCP tribal oath of office.

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP’s tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



GREENFIRE

Greenfire Recognized as Diversity in Business Award Winner



Greenfire Management Services was recently selected among the winners of the *Milwaukee Business Journal*’s Diversity in Business Award in the medium-sized company category.

The annual awards recognize entrepreneurs, individuals and commercial enterprises whose contributions toward growth, expansion and prosperity are making a difference in Milwaukee’s central city and others across the region.

Greenfire’s commitment to Milwaukee is seen in many ways:

- As an industry leader in commercial real estate, Greenfire helps build the infrastructure needed for urban growth and improvement. Greenfire also works to preserve and restore some of our city’s important historic landmarks.
- As a local employer, Greenfire hires residents of the city and contracts with dozens of small businesses and other minority-owned enterprises to support growth businesses.
- As an active member of the community, Greenfire is dedicated to supporting the people, organizations and places where we live, work and play.

An awards luncheon will be held at the Tripoli Shrine Center on March 16 to honor the award winners.

Congratulations Greenfire!



Pictured above: Members of Greenfire’s leadership team Nate Keller, director of operations; Kip Ritchie, president; and Brian Kraus, CFO.



PBDC Federal Group is Seeking Qualified Candidates

The Potawatomi Business Development Corporation - Federal Group is currently recruiting qualified candidates for the following positions:

- **Training Support Specialist**
Fort Sam Houston, Texas
- **Mid-Level Occupational Safety and Health Specialist**
Washington, DC
- **Licensed Clinical Social Worker**
Okinawa Naval Hospital, Japan
- **Electronic Warfare Training Developer**
Fort Sill, Oklahoma



DATA HOLDINGS

Stayed tuned for the launch of the new and improved Data Holdings website!

dataholdings.com



Eric L. Wamego Jr.

Eric L. Wamego Jr., 38, of Wabeno, Wis., passed away Friday, Feb. 2, 2018. Eric was born March 21, 1979, in Rhinelander, the son of Arlen Wamego Sr. and Diane (Shepard) Peters.

Surviving Eric are his parents, step-father: Alvin Peters; daughters: Stella Pemma, Wabeno; Kiala Wamego, Kentucky; son: Mason Wamego, Rhinelander; fiancé: Eryn Whittington, Wabeno. He is preceded in death by his brother, Arlen Wamego Jr.

Services were held Feb. 6 at Sunnyside Community Church, Wabeno, with Pastor Don Dewing officiating.

Weber-Hill Funeral Home assisted the family with the arrangements. Online condolences for the family may be directed to www.weberhillfuneralhome.com.



NOTICE TO ALL FCP VETERANS

There will be nominations and elections for all officers and board members of the FCP Veterans Post 1 group.

Nominations will take place 5 p.m. at the March 5 meeting. Elections will take place 5 p.m. at the April 2 meeting.

All meetings are held at the Old Tribal Hall on Potawatomi Trail in Stone Lake.



Deadline for the March 1, 2018 issue is Wednesday, February 21, 2018.

POTAWATOMI TRAVELING TIMES

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ELDERS PROM

April 7, 5 - 10 p.m.

Potawatomi Carter Casino Hotel

Featuring:

- Dinner at 5 p.m.
- DJ Gregg Tallier
- Jennifer Sue's Cupcakes
- Prizes & Free Matchplay

To Sign Up, Call:
Jason at (715) 478-4992 or Jenna at (715) 478-4987 by March 17

To Reserve a Hotel Room, Call:
1(800) 487-9522

The Elders Prom is for:
Forest County Potawatomi, Hannahville & Mole Lake Elders 55 Years or Older



NEED TO GO SHOPPING IN RHINELANDER?

The Forest County Potawatomi Transit Bus will be taking a shopping trip to Walmart, Aldis and Trigs in Rhinelander. We would love to have you, your friends and neighbors ride along.

Shopping day is Monday, March 5, 2018. For your convenience, the bus will be picking up at several sites:

- 8 a.m. - Carter C-Store
- 8:10 a.m. - Wabeno Heights Apartment Complex
- 8:30 a.m. - Laona Beech Apartment Complex
- 8:45 a.m. - Stone Lake Apartment Complex
- 8:50 a.m. - Stone Lake C-Store
- 9 a.m. - Crandon Fairfield Apartment Complex
- 9:15 a.m. - Crandon Acorn Apartment Complex
- *Arrival time for pick up may vary a little.

Those interested must call Mary Jo at (715) 478-4779. The bus will only stop at the sites listed above if people have called to be picked up. We hope to hear from you!

FARE: For ages 6-54, the cost is \$1; ages 55 and older and handicapped, it's 50¢; no charge for children younger than 6. Bus is wheelchair accessible!

SHOPPING SCHEDULE:

- Trigs Grocery: 10 a.m. - 10:45 a.m. (45 minutes)
- Aldis: 11 a.m. - 11:45 (45 minutes)
- Lunch at Friendship House: noon - 1 p.m.
- Walmart: 1:15 p.m. - 2:30 p.m.
- Leave Rhinelander: 2:30 p.m.

*Times might vary as allotted time at each store may be less.



I got a Home Energy Audit: What Next?

submitted by Jenni Mabrier, Environmental Education Coordinator

You decided to sign up for a home energy audit. An energy auditor came out to your house on the scheduled date and went over your house from top to bottom, taking all kinds of measurements and readings with different tools. What now?

After energy auditors visit a house, they write up their report and sit down with you to go over it. It includes what they found in your home – things like how much insulation you have, how well your heating and cooling systems are working, and where energy is being lost in your home. It also has a list of the improvements they recommend you do to your house.

Common improvements they recommend are to:

- Add or replace insulation
- Caulk around gaps – windows, places where cables or pipes go into the house, and other gaps that let air out of your home
- Add or replace weather stripping around your doors and windows

If you have an old furnace or water heater, they'll usually recommend you replace it with a newer, more efficient one.

You can decide if you want to make any of the recommended improvements. If you are a tribal member, we have some funds available to help you make those changes. You can also contact the Housing Division to arrange labor to help you make the improvements.

FCPC received a grant from the US Department of Energy to conduct home energy audits for FREE on the reservation. Unfortunately, grant rules do not allow the funds to be used off reservation. If you are a tribal member who is interested in a home energy audit but live off the reservation, please contact us as we are looking for ways to be able to assist you as well.

For more information or to sign up for a home energy audit, contact Krushna Patil, energy specialist, at (715) 478-4155, or Michelle Berdan, capital and community projects coordinator, at (715) 478-4944.

Home Energy Audit: What Is It?

Home energy audits are **VOLUNTARY**

A trained energy auditor inspects your house, looking for drafts, leaks & other ways your house is losing energy.

Energy Auditor's Toolbox

- Tape Measure
- Watt Meter
- Moisture Meter
- Combustion Analyzer
- Blower Door

BRR!

The average house leaks enough air to add up to leaving a medium-sized window open all day, every day of the year.

To sign up for a **FREE** home energy audit, call (715) 478-4155 or (715) 478-4944.

Open to FCP tribal members living on the reservation.

FOREST COUNTY POTAWATOMI LAND & NATURAL RESOURCES DIVISION

CHECK IT OUT!

Ktëgan Bodwewadmi Ktëgan

has a limited supply of steak, bacon, pork ribs, beef soup bones and pork neck bones available for tribal members to purchase!

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Must be a tribal member to purchase; proof of enrollment will be required at pickup. Payment in full due at pickup: cash, check, or money order. Product can be picked up during normal business hours or by appointment at the farm, located on County Hwy H in Blackwell.



When Caregiving Ends

written by Jane Mahoney, Older Americans Act Consultant, Greater Wisconsin Agency on Aging Resources

Taking care of a loved one takes a lot of time and energy. Your own needs move lower on the priority list as you spend more time caring for your loved one. You start saying no to the weekly coffee clutch, decrease the number of days you participate in volunteer or paid work, leave your favorite hobbies on the shelf, and slow down your travel plans. As your loved one needs more and more assistance, it is tempting to just drop out of everything so you can be there for the person as much as possible.

While your intentions might be good, giving up things you enjoy also has negative consequences. The stress of intense caregiving can put your physical and mental health at risk now and leave you vulnerable when your role as caregiver is over. When deciding what activities to give up to be a caregiver, don't just think about your life situation now but also ask yourself the question, "What will I do when I am no longer needed as a caregiver?"

I have been spending a lot of time thinking about what a caregiver's life is like when caregiving ends. The death of my father left my mom with an entirely new life ahead of her. She went from having her days filled with caring for my dad to a world in which she lives alone. For several years she put her activities on hold and put dad's needs first. During that time, I encouraged mom to keep doing some of those things she really loved, even if it was infrequently. At the time, my hope was to keep her healthier and happier by designating time out of the week for herself. But now I see that keeping active in those activities was important in another way, too. Finding a new routine for her life now is a little easier because she remained involved with those activities. Had she given up everything, her whole identity would be lost now.

No matter what, life after caregiving will be a transition and will be a difficult adjustment. Here are some points to

consider to help you when your job as caregiver has ended.

- Begin thinking about your future when you are still a caregiver. Having some long-term dreams and goals will make this transitional time easier.
- Time helps. While you will never forget your loved one, as time passes it will become easier to find your way in life without that person.
- Accept and express your feelings of loss, loneliness and whatever else you may be feeling. Keep attending your caregiver support group, join a grief support group, or find a trusted friend to share with. Seek help from a counselor if your grief leaves you overwhelmed by feelings of depression or hopelessness.
- Reconnect with things and people you used to be involved with.
- Look for new challenges. A new job, volunteer work, or planning a trip somewhere you've always wanted to go will help you focus on positive things.
- Keep busy, but allow for quiet times to grieve. Reflect on what you've been through, be proud of the good work you did for your loved one, and let go of any guilt you may feel.
- Change is the name of the game. Reshaping your life and creating a "new normal" is what you need to do, but it is not done overnight. Give yourself time to find your way.

Even if you don't want to think about the death of your loved one, start creating a plan for what your life will be like after caregiving has ended. It isn't selfish to look at the future in which your caregiving role is over; it is simply practical and healthy. If you are able, involve your loved one in this discussion as they most likely want you to be happy, too. Life after caregiving happens, and it may even include a new, fulfilling adventure.

If you have questions about caring for a loved one or would like help in your caregiving journey, please call FCP Community Advocates at (715) 478-7203.

Language Department Holds Cake Walk Event

submitted by Donald Keeble

On Friday, Jan. 26, 2018, the Forest County Potawatomi (FCP) Language Department held a carnival-night-themed cake walk. The Language Department wanted to reward the young students that are committed to attending class every week.

The cake walk was something that Billy Daniels Jr. mentioned a few times. He wanted the Language Department to host it like he has done in the past. With a total of 21 kids and 12 adults who attended - not including the language department staff - it was a really good turnout.

There were tables full of pizza, chips, candy, popcorn buffet, and baked goods. There was also a photo booth where you could strike a pose for the camera with different carnival props. Thanks to Jeffrey Keeble for being the photographer.

The Young Warriors drum group was asked to come sing, and they did an awesome job as always.

For the cake walk game, animals and

numbers were used. The students colored during classes for the game pieces and parents, grandparents, aunts, and uncles were urged to work with their children at home on learning the set vocabulary. And to the adults' surprise, when Young Warriors stopped singing, the adult who got to pick out of the hat had to pronounce the animal/number picked. The winners then had their choice of baked goods, frybread, or a mystery box on the table.

Many thanks to Rebecca Jennings, education department, for volunteering her time, to Una Ross for helping with the event, and to Gloria Gutierrez who was the main organizer and made sure this event took place. Also thanks to all the participants who attended.

Currently, several after-school language classes are held in Forest County: Mondays at Laona Elementary; Tuesdays and Wednesdays at Wabeno Elementary, and Thursdays at the FCP Museum and Cultural Center.





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Honoring the Elders

by Val Niehaus

After local students had the chance to talk with some of their elders in the Forest County Potawatomi (FCP) community, it was found that there had not been a get-to-know-your-elders feast or gathering in quite some time. Hearing this, the students wanted to hold an Honoring the Elders feast, which took place Jan. 31, 2018. This event was held at the FCP Cultural Center, Library & Museum to honor not only those who are still here with us today, but to also remember the ones who have passed on. Brooks Boyd, FCP council member, was the emcee for the night and was extremely honored to be taking part in such a meaningful gathering.

The students who came up with the idea were Darlaina Boyd, Jennifer Shopodock, Olivia Pemma, Waleli Frank, Richard Alloway, Kiana Marvin, Isiah Alloway, Bisher Daniels, Ryon Alloway and Israel Alloway. These students presented an amazing idea; it took dedication and hard work to organize the event and make it the success it was. Obviously, adults are important when planning something of this magnitude, and the FCP Education department was there to guide the students and help keep them on track.

The night started off with JR Holmes saying a blessing for the evening to come. After that, Fire Nation sang a welcome song after which everyone gathered to feast on the food cooked by the educa-

tion department, students, and those who brought a dish to pass. There was turkey from the Bodwéwadmí Ktëgan with all the fixings including mashed potatoes, wild rice, berries and many desserts. While people were eating, each of the students stood at the podium and read off comments that they, along with others, wrote down explaining the reason they honor these elders. Some of the comments expressed how the elders teach them their ways in life while others commented that the elders taught how to make certain foods. Special comments were also offered about the support the elders gave to the students as they began their journey in life.

Following the feast, there were four special elder speakers who took the podium to offer words of wisdom and to just talk about their life stories. They touched on topics such as their religious beliefs, growing up in foster care and boarding schools, natural medicines that were used in their younger years, and what it was like growing up in this area and being Potawatomi — through the good times and the bad. The speakers included Phil Shopodock, Marie Gilligan, Brenda Shopodock and Hazel George.

After the speakers were done, Dona Yahola, advanced tutor/mentor, moved on to a give-away for all the people in attendance: each received a gift to take home to remember this special night. The elders who spoke each received a Pend-

leton blanket from the students - always something to be treasured.

To witness youth showing sincere respect and admiration to these valued elders was heartwarming. It was particularly special that the students who suggested the event were also key in the planning of it. It would be nice if this was the first of regular similar events in years to come as the elders represent the past of this community. Learning from their histories and the wisdom they share is what will help assure the future.

Thoughts from the youth:

“As someone who wanted to get more involved with his culture, I became part of a strong and an intelligent group of friends who used good communication and teamwork to plan for the elders feast. When we began, some of the Education Department staff guided us through the steps of planning this event. We then began to build on that intelligence and used good communication. I was asked the question, why we as students planned an event like this. Well, we planned this feast for our elders to show and give them our respect. It wasn't just to honor them for what they've done to help our community, but it was also a learning experience for our community, too. Four elders told stories of the struggles they went through, and how our community has changed since they were kids. And to bring our community together for an event like the Honoring the Elders Feast, makes me proud of the leadership and hard work our planning team has done. The community needs more of this!

“We are soon going to be in the pro-

cess of planning another event, advertising will be out soon.”

-Richard Alloway

“It was a great opportunity to be involved with the elderly feast. As being a part of the leadership, I feel as us younger people need to honor the elders more than we do. To hear four different elders speak about stories when they were younger was interesting to hear. Looking at today's generation to how the elders grew up was very sad. I want to thank the elders who came and spoke at the feast.”

-Kiana Marvin

“While being able to make an amazing event happen with some of my peers, I was able to obtain a great amount knowledge about our culture from some of my elders and as well as some of my mentors. I believe honoring our elders is something we should do more often and take pride in doing, we are the future generation that needs to learn as many things as possible to keep our traditions alive. After listening to our elders at the event it helps me to put things into perspective and made me realize that we should all appreciate the little things in life and stop worrying about things that aren't as sentimental. My advice I could give to anyone after this event is that you should take the time to sit down and talk to an elder as much as possible not only will it make them happy, but you'll be able to learn so many things you thought you knew before. I can only hope to see more events like this in our community to gather us all as one in the future.”

-Darlaina Boyd

(below) Council Member Brooks Boyd catches up with Marie Gilligan and Johnny Mann.



There were lots of smiles seen throughout the night along with lots of good conversation.

(right) Dona Yahola introduces some of the students present that helped coordinate this event (l-r): Darlaina Boyd, Jennifer Shopodock, Isiah Alloway, Richard Alloway, Kiana Marvin and Israel Alloway.



Cross-Cultural Festival

by Val Niehaus

A Cross-Cultural Festival was held with the Forest County Potawatomi (FCP) community and a group of exchange students on January 27, 2018, to show these students from different countries what being Potawatomi is all about and to expose them to Native American culture in general.

The program that sponsors these exchange students and deals with the educational take is the Council of International Educational Exchange (CIEE) and CCI Greenheart. Annalisa Barrie, CIEE, was able to get in contact with the FCP Language/Culture department to set up this meeting of these exchange students to learn about Potawatomi culture and history.

The 17 different exchange students were all high school aged, from freshman to senior. They spend one academic year in the states (10 months) and are hosted by families from Wisconsin, Minnesota, and Northern Illinois. These host families are NOT paid, and they do it for one main reason only - to support cultural exchange and diplomacy.

Barrie says, "There are also many other agencies like CIEE that work as the go-between with their country of origin and the U.S. and sponsor the student's visas (Rotary and AFS are a couple you might recognize). We are responsible for finding the students families to live with, high schools to attend, monthly check-ins, AND for providing cultural activities such as this one."

The morning started out with Donald Keeble, program manager of language, and Jordan Keeble, culture/education, talking with the exchange students about Native American stereotypes giving them some background into what it was like growing up in this area and being Native American. He also dove into the early beginnings when Natives were the only people on this land and how genocide resulted in the decline of the population by more than half. That brought up discussion with many of the exchange students as many of their past histories were very similar to the Native Americans. There was also a tour of the FCP museum during this morning session.

The day moved into a lunch and then transitioned into a demonstrative powwow for these exchange students, which gave them the opportunity to learn more about Native dance and to develop an understanding of what a powwow entails. Jordan was the emcee and did a great job of explaining the different regalia, some of the different dances and the overall experience of attending a powwow.

Everyone in attendance introduced themselves and gave a brief introduction of where they were from and just some

fun facts about themselves. There really was a homey feel with the exchange students and everyone learned a bit about one another.

After some of the specific dances of the powwow, students were able to participate in intertribals which was a riot to watch! They really did have a great time dancing to the beat of the drum, which was the Young Warriors, and there was nothing but smiles and dancing to be seen. After a few intertribals, there was a dance-off competition to see who had the best dance skills out of all the students. It came down to two boys and two girls who competed against one another. But in the end, all four got to take home a little gift for having such awesome moves.

Once everyone was done dancing and things started to settle down, the Pemma sisters had perfect gifts for each and every student, plus the chaperone that was there. They handed out blankets, beaded medallions, earrings and lanyards. It was a touching gift for these students to receive and to remember their time at the FCP community. There was nothing but grins, hugs, and chi migwetch's when everyone was leaving.

It should also be noted that all the exchange students gave a gift to the community to hang up with pride. Each took a small flag from their respective country and made a tobacco tie out of them. They then strung them all together to be hung in remembrance and as a thank you for letting them partake in this day of knowledge.

Barrie said at closing, "I would really like to set this up as an annual event. I'm exploring options. But there is potential to bring many more students together since there are many more exchange students in the nearby cities and towns."

It really would be great to see this as an annual event that could hopefully grow over time. For exchange students to share their stories and lives with the community is a learning experience for everyone. In return, their gift is to learn about Native American culture with hands-on experiences and the making of new friends. What a fantastic day it was to learn about each other's similarities and differences that make us all unique in this world.

Following is a list of the students/chaperones that attended this event and took away a great perspective and respect for this community:

- Annalisa Barrie, Local Coordinator, U.S. Dept. of State Grants Cluster Leader, Council for International Educational Exchange, CIEE
- Julie Zehner, Regional Manager, Greenheart International

- Pat Abraham, Local Coordinator, Greenheart International
- Morgen Lindquist Pladers, Local Coordinator, Council for International Educational Exchange, CIEE
- Maren Bencker, Germany
- Salma Houmane, Tunisia
- Eleanor Madmarova, Kyrgyzstan
- Bahrouh Abdulwaahab, Kuwait
- Amira Hasna Febriyanti, Indonesia
- Salmo Soluk, Bangladesh

- Phuree Fongsamootr, Thailand
- Julia Albuquerque, Brazil
- Tya Koval, Ukraine
- Adriana, Brazil
- Young Joon, South Korea
- Yelyzaveta Hrybnyak, Ukraine
- Nura Thani, Saudi Arabia
- Aya Adwan, Palestine
- Collins Tadjon, Cameroon
- Kristina Seiberlich, Germany
- Alae Sanaa, Germany



Exchange students pose with Young Warriors and community members.



The exchange students have fun during an intertribal.



A few of the exchange students pose for the camera.



devil's lake
2018 winter fishery
Saturday, Feb. 24 | 9 a.m. – 3 p.m.

FOREST COUNTY POTAWATOMI NATURAL RESOURCES
FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
cmh.fcpotawatomi.com
open to all tribal members and their families

PRIZES AWARDED for 1st, 2nd, and 3rd in each category for both adults (15 and older) and youth
\$250 GRAND PRIZE will be awarded for the longest fish caught, adult and youth combined. (Weight will be used in the event of a tie). Limit of 3 lines per person.

SNOWSHOEING & SCAVENGER HUNT
11 A.M. & 2 P.M.
INCENTIVES FOR PARTICIPANTS

BONFIRE WITH GRILLED FRUITS
LUNCH AND DRINKS PROVIDED

CATEGORIES:
BASS, CRAPPIE, BLUEGILL, PERCH

The
HEALING JOURNEY:

Join us as individuals share stories of how substance abuse has impacted their lives, how they cope with grief of losing a loved one, and how they stay on the path of sobriety.

Wednesday, Feb. 21 | 6 p.m.
FCP MUSEUM LOWER LEVEL
OPEN TO THE FCP COMMUNITY, ELDERS, FAMILIES AND YOUTH AGES 9+
POTLUCK: FEEL FREE TO BRING A DISH
Contact: Jeff Keeble: (715) 478-4427, or Melanie Tatge: (715) 478-4382, or FCP AODA Services: (715) 478-4370 with questions

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
cmh.FCPotawatomi.com

FOREST COUNTY POTAWATOMI EDUCATION/ CULTURE

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER AODA SERVICES

For additional information on the topic of grief and grieving, contact the FCP Behavioral Health Department at (715) 478-4332. For topics related to AODA and sobriety, please contact FCP AODA Services at (715) 478-4370.

We are proud to welcome
KERRY GRIEBENOW
OD
OPTOMETRIST
to our healthcare family

Because we want you to get the care you need, when you need it, the Forest County Potawatomi Health and Wellness Center has expanded our optical services.

Call our Optical Department today to schedule an appointment with Dr. Griebenow:
(715) 478-4345.

Honoring Health, Healing, and Tradition

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER
8201 Mish ko swen Drive, Crandon, WI
www.FCPotawatomi.com
Mon. - Fri. | 7 a.m. - 6 p.m.
Open to the Public

a participating member of
ASPIRUS NETWORK

Come Join Us

Fruit & Veggie
Taste Test Day

Hominy Muffins and Salmon
with Passion Fruit Sauce

Thursday | Feb. 15, 2018 | 1 - 3 p.m.
Health & Wellness Center Main Lobby
Receive Recipes, Nutritional Information and ENTER to WIN PRIZES

8201 Mish ko swen Drive, Crandon, WI
(715) 478-4355 • cmh.FCPotawatomi.com

Open to all FCP Community and General Public

What's Going on at the Library?

submitted by Samantha Smith, FCP Library

History/Biographies

- Looking Through Indian's Looking Glass: A Cultural Biography of William Apess, Pequot; by Drew Lopenzina
- Sioux Code Talkers of World War II; by Andrea M. Page
- Undeclared, Jim Thorpe and the Carlisle Indian School Football Team; by Steve Sheinkin
- You Don't have to Say You Love Me: a memoir; by Sherman Alexie
- One Story, One Song; by Richard Wagamese

Fiction/YA Fiction

- The Last Pow-Wow; by That Native Thomas & Steven Paul Judd
- Future Home of a Living God; by Louise Erdrich
- Buckskin Cocaine; by Erika Wurth
- No More, No Name (YA Fiction); by Tim Tingle
- The Marrow Thieves (YA Fiction); by Cherie Dimaline
- Where I Belong (YA Fiction); by Tara White



FEBRUARY IS MKO GIZES

EXPLORE

1 GO SNOWSHOEING
Blanketed with snow, the forest is quiet and calm this time of year

2 MAKE SNOW CASTLES
just like sand castles but using snow instead

ndadzēwēk mkosēk
Bear cubs are born.

gagtheganēshiyēk ēwi wēp mnokmé'emazwat
Chickadees start singing their spring song.

Buy a 20 oz. Coffee get one Free

20 oz. only with this coupon.
Exp. 3/1/18

FOREST COUNTY POTAWATOMI CARTER C-STORE SMOKE SHOP/DELI

Hwy. 32, Carter (across from casino/hotel)
(715) 473-5100

Open 24 Hours
7 Days a Week

PTT021518

BLT WRAP \$5.29

POTAWATOMI STONE LAKE C-STORE SMOKE SHOP/DELI

3 Miles East of Crandon
5326 Fire Keeper Rd.
Crandon, WI
(715) 478-4199
Open Daily
5 a.m. to Midnight

PTT021518



TSA Commits to Improve Handling of Native American Sacred Objects

submitted by Steven Moore, NARF Staff Attorney

SAN ANTONIO, Texas (Feb. 7, 2018) – The Native American Rights Fund (NARF), Dorsey & Whitney, LLP (DW) and Porter Hedges, LLP (PH) announce the recent settlement of Native American Church of North America and Sandor Iron Rope v. Transportation Security Administration, et al.; Case 5:17-cv-00108-OLG; In the United States District Court for the Western District of Texas, San Antonio Division.

Lead counsel Forrest Tahdoahnippah (DW), Steven Moore (NARF), and Ray Torgerson (PH) filed the lawsuit on Feb. 14, 2017, in San Antonio federal court asserting Religious Freedom Restoration Act and federal civil rights violations. Following several meetings and conference calls to discuss and informally resolve the matter, a settlement agreement with the Transportation Security Administration (TSA) finally proved successful.

The lawsuit alleged that Mr. Iron Rope, the immediate past president of NACNA, was harassed by TSA agents at the San Antonio airport while passing through security. Iron Rope was returning home to South Dakota after a conference near the peyote gardens located in South Texas. Ignoring his pleas, the TSA agents mistreated several sacred items in Iron Rope's possession.

As part of the settlement agreement, TSA will publish a Job Aid for internal education and a "Know Before You Go" fact sheet to educate about Native American religious items and create a less intrusive method for inspecting those items. TSA Passenger Support Specialists ("PSS") and Transportation Security Managers ("TSM") at the following airports will be directed to review the Job Aid: Denver, Colo. (DEN); Phoenix, Ariz. (PHX); Minneapolis-Saint Paul (MSP); Omaha, Neb. (OMA); and Oklahoma City, Okla. (OKC). TSA also agreed, with advance notice, to provide the Job Aid materials to other airport personnel through which NACNA members carrying religious items plan to travel.

Additionally, the parties will collaborate on producing an educational webinar in the near future. PSSs and TSMs at the following 10 airports are required to view the webinar: Albuquerque, N.M. (ABQ); Durango, Colo. (DRO); Farmington, N.M. (FMN); Great Falls, Mont. (GTF); Laredo, Texas (LRD); McAllen, Texas (MFE); Minot, N.D. (MOT); Rapid City, S.D. (RAP); Sioux Falls, S.D.

(FSD); and San Antonio, Texas (SAT).

TSA committed to training new or promoted PSSs and TSMs on these matters for four years. In addition, the materials will also be generally available to all TSA employees. Finally, NACNA is invited to join the TSA's Multicultural Branch Coalition and participate in future conferences, meetings, and events.

Plaintiffs and their counsel believe that this settlement lays critical groundwork for improved education, increased sensitivity, and better working relationships between the TSA and Native Americans traveling with sacred items.

For additional information, please see the full settlement agreement and associated exhibits.

About Native American Rights Fund (NARF)

Since 1971, the Native American Rights Fund (NARF) has provided legal assistance to Indian tribes, organizations, and individuals nationwide who might otherwise have gone without adequate representation. NARF has successfully asserted and defended the most important rights of Indians and tribes in hundreds of major cases, and has achieved significant results in such critical areas as tribal sovereignty, treaty rights, natural resource protection, and Indian education. NARF is a non-profit 501c(3) organization that focuses on applying existing laws and treaties to guarantee that national and state governments live up to their legal obligations.

About Dorsey & Whitney, LLP

Clients have relied on Dorsey since 1912 as a valued business partner. With locations across the United States and in Canada, Europe and the Asia-Pacific region, Dorsey provides an integrated, proactive approach to its clients' legal and business needs. Dorsey represents a number of the world's most successful companies from a wide range of industries, including leaders in the banking, energy, food and agribusiness, health care, mining and natural resources, and public-private project development sectors, as well as major non-profit and government entities.

About Porter Hedges, LLP

Founded in 1981, Porter Hedges is known for handling sophisticated transactions and complex litigation on behalf of our clients in a variety of industries. Our clients recognize us for both the depth of our experience and our ability to meet their business objectives.



Senator Urges Reauthorization of Special Diabetes Program for Indians

submitted by Jennifer Talhelm, Office of Senator Tom Udall

WASHINGTON, D.C. (Feb. 8, 2018) – U.S. Senator Tom Udall, vice chairman of the Senate Committee on Indian Affairs, wrote to House and Senate leaders in both parties, urging them to reauthorize the Special Diabetes Program for Indians (SDPI) along with other vital health care programs, which provide treatment and services for millions of Americans, but will soon run out of funding.

"As Congress works to provide security to communities that rely on critical federal health programs, including community health centers, the Maternal Infant and Early Childhood Visitation Program (MIECHV), and Medicare extenders, I respectfully remind you that over 300 Native American communities depend on the Special Diabetes Program for Indians (SDPI), which is set to expire in March," wrote Udall.

SDPI provides grants for diabetes prevention and management programs throughout Indian Country, but these activities could soon cease thanks to the deadlock in Congress over the budget. Funding for SDPI has been in jeopardy since September, when authorization for the program expired. Congress has kept SDPI running through passage of two short-term reauthorizations, but SDPI grantees report that the continued uncertainty surrounding the program has led to increased turnover of staff and worry among Native American diabetics dependent on the program.

Udall convened a roundtable conversation in Albuquerque, N.M., to hear from tribal and other health care providers about the urgent need to fully fund SDPI. In his letter, he highlighted the success of SDPI but went on to note that the lack of certainty surrounding funding for the program limits its overall potential. He urged congressional leadership to consider a longer authorization and provide additional funding for SDPI to keep up with rising health care costs. "It is crucial that the program receive a longer reauthorization and more funding so that the progress seen in Indian Country is not lost due to a funding lapse," Udall wrote.

Congress created SDPI to address the growing rate of diabetes among American Indian and Alaska Natives (AIAN), who

have the highest incidence of diabetes among all U.S. racial and ethnic groups. Since its authorization in 1997, SDPI has resulted in a 40 percent increase in the number of diabetes clinics in Native communities, and the Centers for Disease Control and Prevention have observed a 54 percent decrease in diabetes-related kidney failure in AIANs.

Text of the letter:

Dear Senator McConnell, Senator Schumer, Speaker Ryan, and Representative Pelosi:

As Congress works to provide security to communities that rely on critical federal health programs, including community health centers, the Maternal Infant and Early Childhood Visitation Program (MIECHV), and Medicare extenders, I respectfully remind you that over 300 Native American communities depend on the Special Diabetes Program for Indians (SDPI), which is set to expire in March. I ask that you work expeditiously to reauthorize SDPI along with the other important pending health extenders as soon as possible in the next legislation to be signed into law.

American Indians and Alaska Natives (AIANs) are disproportionately impacted by diabetes. Nearly 30 percent of AIANs are pre-diabetic and 16 percent are diabetic – the highest rate of diabetes prevalence of all U.S. racial and ethnic groups. AIANs are also more likely to experience negative complications related to diabetes – Native diabetics are 1.9 times more likely to suffer from kidney failure and 1.6 times more likely to die from the disease.

Twenty years ago, Congress took action to address diabetes in Indian Country by authorizing the SDPI to provide grants through the Indian Health Service (IHS) to Indian tribes and tribal organizations for diabetes prevention and treatment. The Program has received strong bipartisan support throughout its existence, as most recently evidenced by its bipartisan reauthorization in April 2015, a September 2016 letter of support signed by 75 Senators, and an October 2016 letter of support signed by over 356 members of the House of Representatives.

These demonstrations of bipartisan support for the SDPI by Congress are due in large part to the unquestionable success of the Program.

cont. on pg. 11...



NOTICES

CULTURE

Language Classes

• Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

• Language classes also offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.

HEALTH

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

HEALTH

Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education Program

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Economic Support Programs

Tribal Employment Skill Program - available to adult tribal members who can be placed on a paid work experience opportunity in various tribal departments for up to six months. This allows tribal members to test drive different areas to find a good fit. The staff can assist with:

- Direct connection between DMV to obtain, reinstate and/or determine what is needed to obtain the driver's license
- Work-related expenses
- Resumé development and resumé critiquing
- Mock interviews (practice before a job interview) and tips.
- Job-seeking skills/soft skills
- Employment guidance/advocacy
- Fidelity bonding available

We currently have a 53 percent success rate for successful work experience to employment.

Work Study Program - for students that are in their senior year. Students can be on a work experience but must have good standings in all their school classes. We work with the FCP Education Department to set this up.

Badgercare - a state/federally-funded program that provides health coverage for individuals living on the reservation or within Forest County, tribal children and affiliated-tribal members.

Foodshare - a state/federally-funded program that provides an EBT food card to eligible individuals living on the reservation or individuals that have tribal children living in Forest County. The program has eligibility requirements that also considers shelter/housing expenses.

Foodshare Employment & Training Program (FSET) - individuals that are eligible for Foodshare would be eligible for this program which can assist with gas voucher, job training

SERVICES OFFERED

costs and other expenses relative to the goals that are set for securing employment.

Temporary Assistance for Needy Families (TANF) - this work program is funded through the Administration for Children and Families with an income limit of 125 percent of federal poverty level for individuals living on the reservation or individuals living in Forest County that have FCP tribal children. Individuals get a cash payment each month providing that they completed their work activities each month.

General Assistance (GA) - this work program is funded through the Bureau of Indian Affairs and is available for federally-recognized tribal members living on the reservation. Eligible individuals will get a cash payment each month providing that they are complying with the work plan developed with their case worker.

Native Employment Works (NEW) Program - this work program is funded through the Administration for Children and Families for individuals living on the reservation or within the service area. The paid work placement opportunity is for three months at 24-35 hour per week and we have limited slots available based on funding.

Resource Rooms - located at the old tribal hall and at the Family Services Building. Each area has computers that individuals can utilize to complete their resumé, type correspondence, work on the self-paced Microsoft Computer Training Program, apply for jobs, or apply online for healthcare coverage programs.

The FCP Economic Support staff is available to provide services for resumé building, computer training programs, and for any other economic support program information. If you want more information on any of these programs, please stop by the Family Services Building or call (715) 478-4433.

Diabetes Program

...cont. from pg. 10

At a Senate Committee on Indian Affairs hearing on the program held in March 2017, SDPI stakeholders and diabetes experts presented strong evidence – both anecdotal and quantitative – that shows the SDPI substantially improves diabetes care and prevention in Native communities while lowering the costly strain on IHS facilities to treat unchecked diabetes-related complications.

A lack of certainty surrounding program funding, however, tempers the SDPI's success. After its initial five-year authorization, Congress relegated the program and its grantees to fight for 10 short-term reauthorizations ranging from a few months to a maximum of two years. Grantees report that this stop-and-start approach to funding prevents them from taking on long-term, higher-yield interventions and activities. The SDPI is further constrained by Congress's flat funding of the program since 2004. Longer reauthorization and

increased funding of at least \$50 million per year are thus necessary to ensure programmatic stability and allow the SDPI to meet the remaining level of need in Indian Country.

The SDPI remains an essential public health tool used by Native communities. I thank you for your commitment to its continued success through inclusion of the program in the September 2017 and December 2017 Continuing Resolutions, but it is crucial that the program receive a longer reauthorization and more funding so that the progress seen in Indian Country is not lost due to a funding lapse. As we all work to reauthorize other critical federal community health programs, I look forward to working with you to reach a bipartisan agreement to secure the future of this important program.

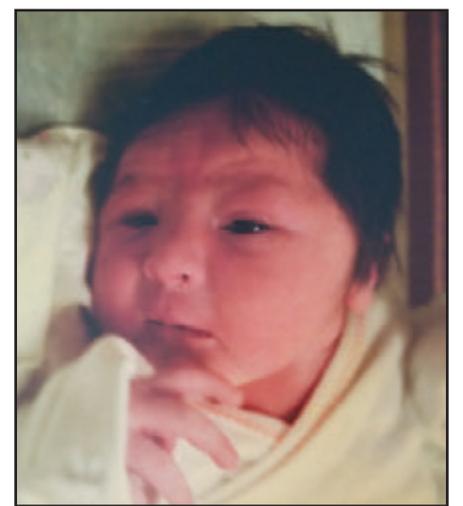
Sincerely,
Senator Udall

Welcome to the World!

Amelia Sky Cooper was born at 2:01 p.m. on Feb. 4, 2018, weighing 8 pounds, 1.2 ounces.

Proud parents are Alicia Jack (Lac du Flambeau) and Jeremy Cooper (Forest County Potawatomi). Grandparents are Rose Wewasson and Kenny Jack from Lac du Flambeau.

Amelia Sky has one sister, Ava Rose Cooper (Forest County Potawatomi).



MONEY MADNESS

— SATURDAY, MARCH 24 —

Earn 250 same day base points or redeem 250 points for 10 entries.

DRAWINGS:	ENTRY MULTIPLIERS:
Ten \$1,000 winners from 12 pm – 9 pm	Feb. 21 & 28 March 4, 11, 18 and 23
\$5,000 winners at 10 pm & 10:30 pm	6X Golden Eagle, 5X Eagle, 3X Thunderbird,
\$7,500 winners at 11 pm & 11:30 pm	2X Crane, 2X Loon and 2X Carter Club Members
\$15,000 winner at midnight	BONUS ENTRIES:
	At bingo & table games through March 22.

WIN YOUR SHARE OF \$50,000 CASH!

Limit two wins from 12 pm – 9 pm // Limit one win from 10-11:30 pm

Early Bird Special

MONDAY - WEDNESDAY
FROM 7 AM - 10 AM

Earn & redeem 75 points to get a complimentary breakfast special and coffee at The Springs!

— \$6 value —

Offer expires the day of issue & cannot be combined with other offers.

Corned Beef & Cabbage
Irish Stew • Irish Drinks

THE SPRINGS RESTAURANT & LOUNGE

ST. PATRICK'S DAY SPECIALS

SATURDAY, MARCH 17

THE FLAMES SPORTS BAR & GRILL

Corned Beef & Cabbage
Domestic Green Beer

st. patrick's Treasure

SATURDAY, MARCH 17

Earn 100 same day base points or redeem 200 points for ten entries.

Hourly drawings from 3 pm – 10 pm.

Win your share OF \$5,750 cash!

Limit of two wins per person.