



13th Annual Hunting Moon Powwow 2017



Just a “bit” of the colors present this year.

by Val Niehaus

The 13th Annual Hunting Moon Powwow 2017 kicked off the weekend of Oct. 20-22 in Milwaukee, Wis., at the Wisconsin Center downtown. The powwow was directed by the Forest County Potawatomi tribe and brings in dancers and drummers from all over the United States. It really is the powwow of powwows here in the Midwest.

Here are just a few figures from this year’s powwow: There were approximately 500 dancers, 465 registered dancers plus (unregistered) tiny tots. Champion jackets were awarded to all first-place dance category winners, and a Hunting Moon Powwow teddy bear and cash was awarded to the tiny tot dancers.

Powwows.com broadcasted this powwow worldwide with 570,000 views on Facebook - about 20,000 more than in 2016! Another media outlet was with the local news stations, which actually highlighted Woodland Sky Native American Dance Company that helped promote Hunting Moon Powwow. As you can see, this powwow just keeps getting more coverage and more participants each year.

The head staff for this year’s Hunting Moon included: Masters of Ceremony Artley Skenandore and Manny King; Arena Director Ron Goodeagle; Head Dance Judge Joe Young; Head Drum Judge Dylan Jennings. Host Drums were Black Stone and Bear Creek.

Drums for this year were: (Youth) Little Bear, Battling Scout, Hay Creek, Wild Cubs, Young Chiefs, Tomahawk Circle, (Adult) The Boyz, Ho Chunk Station, Smoky Town, Mystic River, Mo Town, Goodtime Ojibway, Eagle Flight, Midnite Express, Battle River.

Dance competitions included: Tiny Tots, Men’s Traditional, Grass and Fancy, Women’s Traditional, Jingle and Fan-

cy, “Old Time” Women’s Scrub, Men’s Woodland Style, and Men’s Chicken Special.

Prize payouts included: Golden Age Men and Women combined, Senior Men and Women, Adult Men and Women, Teen Boys and Girls, Jr. Boys and Girls, “Old Time” Women’s Scrub, and Men’s Woodland Style.

When it comes to major competition powwows such as this one, there is no playing around with the rules; bringing your “A-game” is necessary if you want to have the judges take notice. Here are just some of the rules a dancer has to follow while competing (taken from hunting-moonpowwow.com):

- Deadline for dancers to participate in the dance competition is 1 p.m. on celebration Saturday.
- Judges will be selected by the head judge.
- Points awarded will be based on a point system designed by the head judge.
- Points will be awarded starting with the 7 p.m. grand entry on celebration Friday.
- Dancers are allowed to enter in only one category (exceptions for dance specials) and will not be allowed to switch categories.
- All dancers competing must be in full regalia and dressed appropriately for the category in which they will compete.
- Dancers competing for their cate-

gory will be issued a number that must be worn and visible to those recording numbers in order to receive points.

- Should any part of your regalia disassemble during your contest, points will be deducted.
- Points will be deducted from a dancer if he or she is seen leaving the arena before flags are posted or if the dancer is observed holding up the grand entry procession.
- Any dancer suspected of consuming alcohol or drugs and acting inappropriately will be disqualified.
- Competitors providing incorrect Social Security numbers or registration information will be disqualified from the contest and their numbers will be retrieved.

Grand Entry kicked off each day with the veterans carrying in the flags and eagle staffs, followed by the head dancers, royalty and other dancers as follows: Men’s Traditional, Men’s Grass Dance, Men’s Fancy, Women’s Traditional, Women’s Jingle and Women’s Fancy. Teens and children then came in the same order. The invocation was then spoken and the powwow took off from there.

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



GREENFIRE

Greenfire Awarded Minority-Owned Business of the Year

Greenfire Management Services was recently named Minority-Owned Business of the Year in The Daily Reporter's 2017 Newsmakers of the Year.

"I'm proud of everything our team has accomplished together since starting the business in 2010," said Kip Ritchie, President of Greenfire Management Services. "2017 in particular has been a great year. We received recognition as the Fastest Growing Firm, CFO of the Year and now Minority-Owned Business of the Year — Milwaukee is taking note of Greenfire. We are bullish about the future of construction, and we're beginning to see opportunities open up for us because of our reputation, experience and recent accolades. We're most excited about the opportunity to build a business for the tribe that can last for generations."

Greenfire has managed a variety of construction projects in the Milwaukee area including the Milwaukee Urology Specialists at Mayfair Crossing, renovations to historical structures, such as the Pritzlaff Building and the Wgema Campus, as well as a number of multi-family residences like the Echelon Apartments at UW-Milwaukee's Innovation Campus, the River House Apartments located along the Milwaukee River, and recently-began construction on the Vim + Vigor apartments located at the former Pabst Brewery complex.

Greenfire has also worked on projects for the tribe, such as the FCPC Gathering Grounds located in Crandon, Wis., the FCPC renewable-generation biodigester plant, renovations and restoration to the historic buildings on the Wgema Campus, and the Potawatomi Hotel expansion project. Greenfire will be partnering with Gilbane for the construction of the new hotel tower.

Greenfire is also planning to start a youth-mentorship program in the coming months at the Milwaukee Christian Center. This program aims to provide on-the-job training to young adults who are interested in construction-related work.

The award winners were honored at an event Wednesday, Oct. 11 at the Italian Community Center in Milwaukee. Nearly 325 construction industry professionals were in attendance to honor the 32 newsmakers.

"Thank you Forest County Potawatomi Community and the Potawatomi Business Development Corporation for your ongoing support of Greenfire Management Services," Ritchie added.



Pictured above: Kip Ritchie, Greenfire Management Services President; Nadine Wiencek, Greenfire Management Services Business Development Manager; Eric Rank, Greenfire Management Services Assistant Project Engineer; Nate Keller, Greenfire Management Services Director of Operations; Dave Sherman, The Daily Reporter.



Advancia Ahtna JV Awarded Social Security Administration Contract



Advancia Ahtna JV, a joint venture between Advancia Technologies, LLC, and Ahtna Engineering Services, LLC, was awarded the Social Security Administration National Records Center Support Services contract.

The objective of this contract is to manage the Social Security Administration's National Records Center folder-storage operation. These services will be performed at the Social Security Administration's National Records Center, located in an underground facility in Independence, Mo., where millions of document folders are received, stored and managed. The period of performance for this contract is five years.

About Advancia Technologies, LLC: Advancia Technologies, LLC, is an 8(a) certified, tribally-owned subsidiary of the Potawatomi Business Development Corporation. Founded in 2007 with one mission in mind: to provide low-risk, cost-effective solutions that exceed our customers' expectations. We offer a depth and breadth of capabilities that cover the Logistics and Environmental communities. Our unique status as a tribally-owned, 8(a) company provides our federal customers responsive and flexible acquisition timelines and options.

About Ahtna Engineering Services: Ahtna Engineering Services, LLC, is a wholly-owned subsidiary of Ahtna, Inc., an Alaska Native Regional Corporation with an 8(a) certification from the Alaska District of the Small Business Administration. Ahtna is an established self-performing, design-build contractor specializing in managing time-sensitive, complex, and multifaceted environmental, architectural/engineering, construction, and professional services activities.

Advancia Technologies' Role-Player Support Services Contract Update



Pictured above: A home-station-training location for Advancia Technologies' role-player support services contract that recently kicked off. Advancia Tech role-players fill the role of insurgents, terrorists, embedded foreign command staff, military and police units, and other personnel encountered in the intended theater of operations.

Happy November Birthday to These Elders!

- | | |
|------------------------------|--------------------------|
| 11-1 Billy Daniels Jr. | 11-9 Malinda LaBarge |
| 11-2 Carol Bees | 11-11 Catherine Frank |
| 11-3 Robert Gerdeen | 11-11 Rosemary Sadowski |
| 11-4 Donna VanZile | 11-12 Lois J. Frank |
| 11-5 Norman H. Tribbett | 11-13 Maxine DeVerney |
| 11-5 Bernice Russell/Thunder | 11-16 Diane Daley |
| 11-6 Arnol Wensaut | 11-16 Rita Vigue |
| 11-6 Jeryl Perenich | 11-21 Jo Ann Giese |
| 11-6 James Brown III | 11-24 Harvey White III |
| 11-8 Viola LaMere | 11-25 Lorna Shawano |
| 11-8 Mary Ann Victor | 11-26 Kenneth George Sr. |
| 11-9 Denise Krueger | 11-27 Yvonne Wadinski |



FCP CARING PLACE November 2017 Activities Calendar

Activity room is open daily for activities at the Caring Place.
Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- 11/7: Shopping
- 11/14: Casino Day
- 11/17: Rouman Cinema
- 11/26: BINGO Carter casino leaving at 10 a.m.
- 11/28: Birthday BINGO at Caring Place 12:30 p.m.



Deadline for the November 15, 2017 issue is Wednesday, November 1, 2017.



POTAWATOMI TRAVELING TIMES

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Elder Menus NOVEMBER 2017

Wednesday, 11/1

Baked Pork Chop,
Cheesy Hash Browns,
Peas & Carrots, Orange

Thursday, 11/2

Beer-Battered Fish, Cole Slaw,
Baked Sweet Potato,
Blueberry Torte

Friday, 11/3

Cheeseburger Macaroni
w/Corn Chowder, Broccoli,
Dinner Roll, Grapes

Monday, 11/6

Baked Chicken, Mac & Cheese,
Asparagus, Jello® w/Fruit Cocktail,
Cheese Stick

Tuesday, 11/7

Tenderloin Tips over Noodles,
Spinach, Celery & Carrots w/Dip,
Dinner Roll, Pineapple

Wednesday, 11/8

Stuffed Green Peppers,
Carrots, Garlic Bread,
Dutch Apple Pie

Thursday, 11/9

Baked Cod w/Lemon & Tartar Sauce,
Potatoes Au Gratin, Lima Beans,
Cole Slaw, Rye Bread, Pears

Friday, 11/10

Loaded Baked Potato Soup w/
Bacon, Cheese & Broccoli, Sherbet,
Corn Bread, Tropical Fruit

Monday, 11/13

Tuna Sandwich w/Celery, Onion &
Cheese on Whole Wheat,
Raisin Carrot Salad

Tuesday, 11/14

Pork & Kraut, Parsley Potatoes,
Cucumber Salad, Cranberry Juice

Wednesday, 11/15

Spaghetti & Meatballs, Side Salad,
Cottage Cheese, Breadstick,
Peaches

Thursday, 11/16

Chicken Salad w/Celery & Lettuce
on Croissant, Grape Juice, Deviled
Egg, Chocolate Cake w/Peanut
Butter Frosting

Friday, 11/17

Hamburger Vegetable Soup,
Bread & Butter, Green Apple

Monday, 11/20

Cobb Salad on Romaine Lettuce
w/Chicken, Cherry Tomato, Bacon,
Egg & Cheese, Apricots,
Caesar Dressing

Tuesday, 11/21

Beef Stew over Biscuits, Orange
Jello® w/Mandarin Oranges

Wednesday, 11/22

Turkey, Stuffing, Mashed Potatoes,
Gravy, Beets, Roll,
Cranberry Sauce, Pumpkin Pie

Thursday, 11/23

Boiled Dinner, Bread & Butter, Pears

Friday, 11/24

No Lunch – Happy Thanksgiving

Monday, 11/27

Mexican Lasagna w/Corn,
Salsa, Taco Meat, Cheese, Tortilla
Shells & Tomato Sauce,
Refried Beans, Red Apple

Tuesday, 11/28

BBQ Pork on Bun, Potato Salad,
Cauliflower, Pickle, Banana

Wednesday, 11/29

Chicken Broccoli Alfredo over
Noodles, V-8® Juice,
Garlic Bread, Pears

Thursday, 11/30

Cabbage Rolls, Green Beans,
Cottage Cheese w/Chives,
Peaches, Bread & Butter

Friday, 12/1

Chili, Fry Bread, Pistachio Fluff

*Menus subject to change.

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members.

Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall at 8000 Potawatomi Trail in Crandon.

Please join us!

CORRECTION

In the article, "First Annual Film Festival Held", as it appeared in the Oct. 15, 2017 issue of the Traveling Times, PTT inadvertently left out one of the people involved in creating the FILM logo: Marcus Daniels. We apologize for the error.

Joseph L. Notinokey “Got-ay-ason - Whirl Wind”

Joseph L. Notinokey “Got-ay-ason - Whirl Wind”, 30 of Crandon, Wis., passed away Oct. 10, 2017, at St. Mary’s Hospital, Rhinelander, Wis. Joe was born Oct. 28, 1986, in Wausau, the son of Albert Notinokey and Bernice (Thunder) Russell.

Surviving Joe are his parents: Albert and Bernice; fiancé: Misty Thunder, Crandon; daughter: Skylar Raine Thunder, Crandon; sister: Mandy Daniels, Crandon; brothers: Toby Uqualla, Las Vegas; Jonathon Uqualla, Green Bay; grandmother, Mary Jane Thunder.

Joe was preceded in death by his grandparents: Joseph Notinokey Sr. and Jane (Waupoose) Notinokey.

Visitation took place Oct. 12; Native American Services were held Oct. 13, 2017, both at the Potawatomi Recreational Center, Crandon. Burial was at the Potawatomi Tribal Cemetery.

Weber-Hill Funeral Home assisted the family with the arrangements.



Continuing the Fight Against the Opioid Epidemic in Forest County and Wisconsin

submitted by Heather VanZile, FCP Council Member

Last Spring, I provided you with an overview of the work being done by the Governor’s Task Force on Opioid Abuse. This task force was formed in response to the surge in opioid use and abuse by people all over Wisconsin. Unfortunately, this epidemic is impacting people of all ages and in all corners of the state. And the statistics show that it’s only getting worse; opioid-related overdose deaths more than quadrupled in Wisconsin from 194 deaths in 2003 to 827 deaths in 2016.

As the only task force member representing Wisconsin’s Native population, I have worked hard to ensure that the needs of Indian Country are being addressed through these initiatives. I’m proud to report that the hard work of the task force is paying off.

Nine separate pieces of legislation based on our recommendations have been signed into law this year. These new laws focus on restricting distribution, empowering communities, and expanding treatment access.

And our work hasn’t stopped. Lt. Gov. Rebecca Kleefisch and Rep. John Nygren, co-chairs of the Governor’s Task Force on Opioid Abuse, recently announced that the State of Wisconsin will conduct a thorough assessment of the state’s substance use disorder treatment system as part of its ongoing commitment to tackling the state’s opioid crisis. The new initiative, which will be led by the task

force, will use state-specific data and engage with a wide range of stakeholders to identify treatment gaps and highlight evidence-based policy options for consideration by the state.

This new focus will allow the task force to bring forward another set of recommendations this winter which will lead to more legislation to help combat this epidemic.

In addition to my work with this task force, I’ve also worked closely with WisconsinEye, a non-profit, private public affairs cable network, in its development and production of a new documentary targeting the opioid epidemic in Wisconsin.

Straight Forward: The Truth About Addiction features honest, in-depth interviews with young Wisconsinites fighting to recover their lives and futures from addictions that, in most cases, involved opioids. Two FCP tribal members who have struggled with addiction are featured in the documentary.

The documentary was produced with the goal of having it shown to every middle and high school student in Wisconsin. We will be working to have this documentary shown in our area schools and for our community.

If you have ideas on other ways we can combat the opioid epidemic in our community and across Wisconsin, please do not hesitate to contact me.

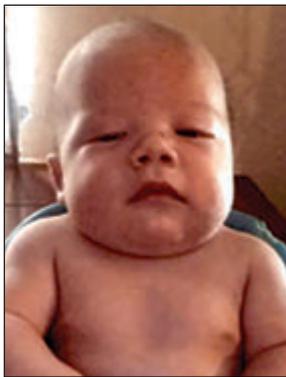
Stanford Ritchie Armstrong

Stanford Ritchie Armstrong, age two month and 24 days, died on Friday, Sept. 1, at Marshfield Medical Center in Marshfield, Wis. Stanford was born on June 8, 2017, at Howard Young Medical Center in Woodruff, Wis., the son of Michael Armstrong Jr. and Elissa Schuman.

He is survived by his parents: Michael Armstrong Jr. and Elissa Schuman; his brother: Michael Armstrong III; grandparents: Fritz (Lisa) Schuman, Martha Armstrong; great-grandparents: Suzanne Haling, Eunice White, Hartford Shegonee; aunts and uncles: Leila (Tim Burnett) Schuman, Kristin (Jess Weso) Tebeau, Lindsay Schuman, Keanna Armstrong, Sharain (Carl Gerdeen Jr. Armstrong, Felicia Armstrong, Bridgette Armstrong, Michael Schuman and Lilith Schuman. Further survived by many other relatives.

Stanford was preceded in death by his great-grandparents, Michael Armstrong Sr., Stanford Haling, and Frank and Florence Schuman.

Traditional Native American services were held Sept. 3-4 at the multi-purpose building in Lac du Flambeau. Burial took place at Memorial Cemetery. Nimsger Funeral & Cremation Services assisted the family.



PTT Looking for Community Help

Potawatomi Traveling Times (PTT) is looking for help from community members for an upcoming series of stories about the start of the Forest County Potawatomi Tribal Chairmen. The bases of these stories would concern their life history, their time in office and any significant motions/events that may have happened while in office. If anyone has any records or photos, that would also be great to obtain. All items will be returned.

Obviously, the most recent FCP Chairmen will be easy to talk with since most are still living today. The past historical ones are where we will need help in getting the correct information about their lives or where to even start in pursuing this endeavor.

Here is a list of the first 10 chairmen. If anyone in the community can help in pointing us in the right direction, it would be greatly appreciated.

• Waumegesako 1830s -1844

- Queetos 1844 - 1867
- Charles Kisheck 1914
- John Shawano 1914 - 1936
- James Waumesgesako/Mexico 1914 - 1936
- Simon Kahquados 1914 - 1930
- Henry Shawano 1937 (April - Nov.)
- Ben Ellick 1937-1945 (in the armed services 1942 - ?)
- William (Billy) Keshick, Acting 1942 - June 1945
- Henry Ritchie, Acting 1945

**Information was gathered from photos hanging in the FCP Executive Building Auditorium and a list: Generations of Tribal Chairs from FCP Cultural Center, Library & Museum*

If you have any information that could help with this project, feel free to contact Val Niehaus at Valerie.Niehaus@fcpotawatomi-nsn.gov or (715) 478-7498.

Thank You!

At the end of May, Wabeno Home and School Association organized the 6th Annual Family Carnival Night at Wabeno Elementary. Over 400 students, parents, friends, community members, and volunteers participated in this fun event. A special thank you to the volunteers for their time and energy helping to make this event a success. Also, thank you to the community donors for their generosity: McCaslin Lioness, Forest County Potawatomi Family Services, Wal-Mart of Antigo, Midwest Indian Missions, Christian Thrift Store, Little Mavin Haircare, Select & Better Hardwoods, Northwoods Nails, Northern Delights, Wabeno Antique Power Association, Laona Area Rescue, Wabeno Head Start, Sweet Memories Candy Shoppe, Mike’s Supermarket, Volk and Mattern Family, and the Kalata Family.

Chairman Testifies to U.S. Senate on Cybersecurity in Casinos

submitted by Travis Thiesen, Schreiber GR Group

Yahoo. Equifax. Wells Fargo. Target. Anthem. Home Depot. The list goes on... Can you guess what these companies have in common? All have been hacked and had data stolen by cyber-criminals in the last five years. One of the greatest risks facing businesses and tribes is the growth of cybercrime. All organizations and companies are at constant risk of cyber theft, and tribal casinos are no different.

On Wednesday, Oct. 4, Forest County Potawatomi (FCP) Chairman Harold 'Gus' Frank was invited to speak before the Senate Indian Affairs Committee in Washington, D.C. In his testimony, Frank informed the committee on measures the tribe has taken to protect its casinos from cybercrime. He also encouraged the National Indian Gaming Commission (NIGC) to consider updating its

standards for cybersecurity protection in tribal casinos, which haven't changed since 2006. The congressional committee invited Frank as one of only four tribal leaders to speak before the committee about issues and opportunities facing the future of Indian gaming.

The tribe was recognized as being at the forefront of the wave of cybersecurity modernization in tribal casinos. Over the last several years, millions of dollars have been invested to make sure that casino systems are protected. The casinos have upgraded



credit card machines, ATMs, and software which meets strict protection standards. The Chairman also pointed out that the Potawatomi Business Development Corporation owns and operates a data center as well as a cybersecurity firm, which has helped give the tribe perspective on just how important it is to ensure information is protected.

The NIGC, which helps oversee tribal gaming in the United States, provides recommended guidelines for protection standards in casinos that offer blackjack, craps, roulette and other class III casino games. Those standards haven't been updated since

2006, partially because class III tribal casinos aren't required to adopt the NIGC's recommendations. However, many tribal casinos use NIGC standards to help build their own protections. Even though tribes aren't required to update their systems, Frank asked the NIGC to provide new standards which would help encourage and guide other tribes as they consider improving their cybersecurity protections.

The FCP Gaming Commission had communicated with the NIGC on the topic in the past, providing its own recommendations on how security standards should be updated. Tribal officials have been working with Department of Interior leadership and will continue to provide feedback to the NIGC to help shape federal policy related to tribal gaming.

Students Attend NCAI Convention

submitted by Dona Yahola, FCP Education

On Oct. 16-17, 2017, six Forest County Potawatomi (FCP) youth attended the National Congress of American Indians (NCAI) convention in Milwaukee. The students attended the youth track workshops for two days. It was a great opportunity to meet other tribal leaders and other youth leaders from all over Indian Country. Their last day ended with a luncheon in their honor. Ernie Stevens Jr., chairman and national spokesperson for the National Indian Gaming Association, was the emcee and host of the luncheon.

According to the NCAI web site, "The National Congress of American Indians holds in high regard the accomplishments, potential, and impact of native youth. As an important part of tribal communities, tribal leaders have for time immemorial, strived to ensure that youth have the tools and resources to positively impact their communities. In addition to implementing a number of year round, ongoing programs, NCAI strives to support events which bring youth together on a national scale and celebrate youth achievements."

Israel Alloway had this to say regarding the conference: "Being involved in the NCAI leadership conference was quite an experience for us. Other teenage

tribal leaders coming together and sharing their thoughts and words from their reservations was very interesting. One of our favorite events was attending the Ted Talks presentation. We were able to see other youth stand up and talk about problems in their society. Then we talked about ways we could try to resolve these obstacles that we have to face on a daily basis. NCAI was a great opportunity to meet other youth around the country and we are future leaders."

Brevin Boyd and Tori Shepard said: "While attending the NCAI conference, I gained knowledge on the laws and treaties that each tribe has. Although I was only there for a couple of hours, it was an amazing experience as I met other Indigenous youth from all across Indian Country. This convention showed me how important the future is, not only for the Forest County Potawatomi Community, but for all Native Americans. Overall, I enjoyed myself and suggest going to this conference in the future. We can be connected with other Native Americans to talk about the problems that are going on in our reservations so that we could find a solution to help overcome those hardships and make our younger generations' life a bit easier."

The Root of Enough

I knew when "enough"
Ached in the gut
Deepest cognitive roots
Old roads were due
For fiber optic upgrades
Untethering elastic tar swirls that lay
Upon the Original city plans:
Subconsciousness is origin
And so, surgery

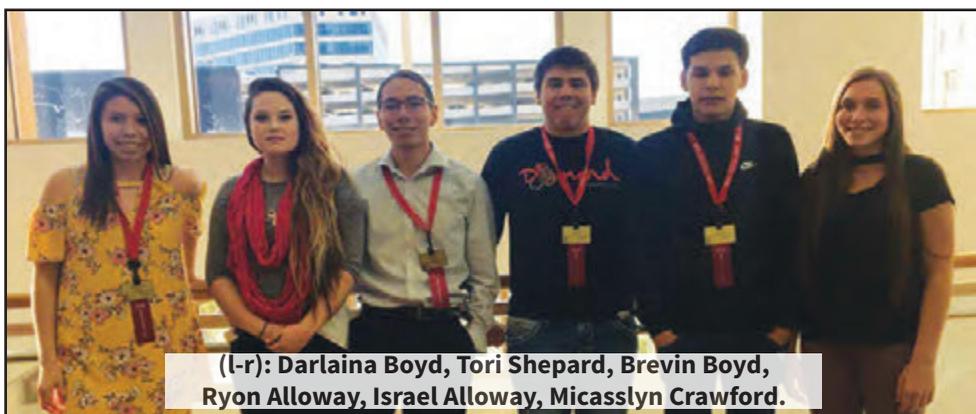
jackhammered the perimeter
dug into the earth
cut out the pipes
pulled the copper wires
the South Side was anesthetized
but not my mind or eyes
I observed
the water main break
on the first electric road paved
innovative infrastructure complete
It dried the way a meal fresh out the oven cools
too hot to consume

All that is beneath me
Is now online
Movement
A delayed cognitive relay race

Post-Op surgeons note state:
The Root has upgraded the grid
No city limit
Your net-worth is the Network
Connectivity signals from you
Keep up your energy
To manufacture energy
Know yourself now
Know your worth
You are enough

WHEN A FLOWER
DOESNT BLOOM YOU
FIX THE ENVIRONMENT
IN WHICH IT GROWS
NOT THE FLOWER

Artwork & Poetry
by
Veronica Mann-Pemba



(l-r): Darlaina Boyd, Tori Shepard, Brevin Boyd, Ryon Alloway, Israel Alloway, Micasslyn Crawford.



A group of Native American youth leaders gather for a photo.

Mish ko Swen: To be Strong and Healthy

submitted by Ian Jasso at the University of Wisconsin-Madison (graduation with a BS in Biology expected December 2018)

I am sitting in a sweat lodge on the Forest County Potawatomi Reservation in northern Wisconsin. The lodge is entirely dark except for the orange glow permeating from the scolding hot stones that sit inches from my feet. The traditional healer pounds a rhythmic beat on a hand drum that resonates within the sweat lodge. I can feel every stroke of his drum as it brings a trance-like state upon me. Another tribal member tosses sage-soaked tea onto the stones, generating a mass of steam that covers my body with intense heat. The sweat lodge increases in temperature as the traditional healer begins to sing in his native language. My senses of touch and smell become overwhelmed as steam continues to fill the sweat lodge. After multiple rounds of prayer and spiritual confession, the flap to the sweat lodge opens. The tribal members and I emerge from the sweat lodge as though we have been reborn. I follow those in front of me by yelling a cry, signifying my re-emergence into this world. Once my eyes adjust to the light of day, I steer myself to a patch of grass to lay. As I lay on the grass and gaze at the sky, a sense of peacefulness and clarity overwhelms me. From my lips mutters a phrase a Potawatomi elder had told me, “mish ko swen.” To be strong and healthy.

As an intern for the Forest County Potawatomi Tribe, I experienced many instances of the integration of traditional medicine and Native culture into the healing process at the Forest County Potawatomi Health and Wellness Center. It is through experiences like sweat lodges, smudging, and traditional stories that I learned of the significance that culture plays in producing positive health outcomes for tribal communities. Like many Native American tribes across the United States, the Forest County Potawatomi possess high rates of poor health outcomes surrounding diabetes, alcoholism, and obesity. Although poor health outcomes exist across the majority of rural Wisconsin, these outcomes are distinctly worse within the rural areas in which tribal communities reside. The Institute of Medicine’s *Leveraging Culture to Address Health Inequalities* (2013) describes how culture is a social determinant of one’s health and that the loss of culture has aided in the manifestation of poor health outcomes within tribal communities (p. 7). Through an emphasis on Native American traditions, culturally-framed health care is better suited for combating the generational poor health outcomes found within tribal communities like the Forest County Potawatomi.

To understand how so many poor

health outcomes arose within tribal communities, like the Forest County Potawatomi, one needs to look at how Native American culture and traditions have undergone persecution over the centuries. Ever since the first Europeans arrived in North America, Native Americans have suffered a degradation and an erosion of their culture. Forceful land acquisition by explorers and governments, assimilation of Native children to Anglo society within boarding schools, and lack of religious freedom are just a few examples of the persecutions Native Americans have experienced over the centuries.

Donald Warne and Denise Lajimodiere (2015) describe how indigenous populations are recipients of historical trauma; a phenomenon of cross-generational distress that originates from traumatic events like boarding school assimilation, genocide, and cultural eradication (p. 569). Historical trauma has been found to induce the onset of many poor health outcomes within persecuted populations. Kathleen Brown-Rice (2013) describes how historical trauma has greatly influenced the high rates of depression, alcoholism, and suicide found within tribal communities (p. 117). With historical trauma playing a significant role in the manifestation of poor health outcomes, the Forest County Potawatomi are utilizing culture to reawaken tribal members to healthier lifestyles.

The healthcare field is beginning to find supportive evidence for the positive impacts of culture on health. The Institute of Medicine (2013) describes how a correlation exists between a patient’s investment in culture and resulting positive health outcomes. Culture provides an emotional well-being to individuals which promotes healthy lifestyles and positive health outcomes (p. 53). Cultural revitalization programs prompted by the Forest County Potawatomi aim at rebuilding many of the broken cultural ties caused by colonialism. As a public health intern, I saw cultural revitalization brought forward through the delivery of culturally-appropriate public health programs that embraced the Potawatomi culture.

My primary role with the Forest County Potawatomi revolved around the implementation of a summer day camp for tribal youth. The tribal youth received instruction on healthy nutritional and exercise habits through the mediums of the Potawatomi language, traditional gardening practices, and Potawatomi stories. This project showed me not only how important delivering culturally-appropriate care is to a tribal communities culture

but also to creating a buy in for a Native population. Maria Reyes-Blanes and Ann Duanic (1996) describe how across all cultures, populations are more receptive to instruction and education when it is presented in a culturally-appropriate way (p. 106). Culturally-competent care promotes emotional, spiritual, and physical well-being while maintaining respect for the indigenous community one is serving. By incorporating culture into health care delivery, community members will be more receptive to the treatments recommended by health care practitioners.

A cultural revitalization movement that has taken hold within the Forest County Potawatomi community revolves around the concept of “wellbriety.” David Moore and Don Coyhis (2010) describe wellbriety as a frame of living that focuses on finding sobriety from alcohol and other drugs through reconnecting with traditional practices and culture (p. 276). Many wellbriety programs utilize sweat lodges as an integral component in their quest to promote abstinence from alcohol and other drugs. John Lame Deer and Richard Erdoes (1972) discuss the purpose of a sweat lodge is to purify one’s mind, body and spirit when an imbalance is present (p. 14). The Forest County Potawatomi have taken the traditional practice of sweat lodges and integrated them into their Alcohol and other Drug Abuse (AODA) programs to promote sobriety and wellness within their community. This embracement of culture within their health care system and public health practices is expected to make tribal members more receptive to this outreach program. Through embracement of traditional health care, the Forest County Potawatomi are utilizing an approach to combating poor health outcomes that distinctly differs from a Western medicine approach.

Across rural Wisconsin, health outcomes remain relatively poor but are increasingly worse within tribal communities. Another influence, beyond historical trauma, for these poor health outcomes may be from a lack of understanding Western medicine has in traditional healing practices. The Institute of Medicine (2013) describes how there often exists a dearth of understanding by non-Native clinicians on the traditional healing practices found within tribal communities (p. 21). This lack of knowledge can be mediated by having Western practitioners shadow traditional healers to observe the benefits traditional medicine may produce (p. 26). Western and traditional medicine may also strengthen their collaboration through the planting of Native

herbal medicine gardens. In this instance, Western practitioners are exposed to another realm of medical resources that can be integrated into pre-existing prevention programs while also reconnecting indigenous people with their land (p. 25). Through the support of indigenous healing practices by Western practitioners, a partnership built upon healing may exist within tribal communities. Healing is of the utmost importance for both Western and traditional practitioners, and the use of both practices will provide culturally-competent care with better health outcomes for tribal communities.

As a student who hopes to one day be a practitioner for a Wisconsin tribal community, I find the lessons I have learned from the Forest County Potawatomi to be forever life changing. Understanding the role that culture plays in healing is a concept that I hope to one day utilize in my future endeavors within health care. With the guidance of this experience, I have grasped the unique need for collaboration between traditional and Western medicine within tribal communities. Through collaboration, healthy habits with a cultural emphasis will be more likely to take hold within tribal communities. With the continual effort in the revitalization and integration of culture within the Forest County Potawatomi health care system, a stronger and healthier generation of Potawatomi sits on the horizon.

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Health & Wellness Center No Call/No Show Policy

submitted by FCP Health & Wellness Center Administration

Our mission at the Forest County Potawatomi Health & Wellness Center is “to promote quality healthcare in a professional and traditional way for Native Americans, their families, and the surrounding community in a trusting, respectful, and confidential manner, for the wellness and future of the community.” To achieve this mission, we need your help. Last year over 5,000 appointments were “no call/no show”.

What is no call/no show and why is it important?

An appointment is considered no call/no show when a patient who has a scheduled appointment does not call to cancel 24 hours before the appointment or does not show up at all. This includes appointments in all departments. It is important that the Forest County Health & Wellness Center receive such a call and notification. Office visits allow your healthcare provider to talk about your illnesses and what you can do to stay healthy. When you miss an appointment, you also miss out on the opportunity to improve your health. In addition, a no call/no show takes the appointment away from another patient who may need it.

What are we doing?

Effective November 1, 2017, the Forest County Potawatomi Health & Wellness Center will be implementing its No Call/No Show Policy. In general, this policy provides the following:

- Patients who do not show up for or call to cancel their appointment will get a “Notice of Missed Appointment” letter.
 - Patients who do not show up for or call to cancel their appointment three or more times in a 12-month period may be put on scheduling restrictions. These patients will not be able to make appointments in advance for six months. If a patient is placed on scheduling restrictions, they will be able to call/come into the office to request a same-day appointment, but there is no guarantee they will be seen.
 - Patients who have been placed on scheduling restriction three or more times may be terminated as a patient.
- Care for emergency situations is always available. We hope this notice helps you understand the importance of keeping your appointments and/or providing adequate notice when you need to cancel. Your health is important to us, and we look forward to seeing you at your next scheduled appointment.



November Luncheon
diabetes program
WEDNESDAY, NOVEMBER 15, 2017 | 12-1:30 P.M.

RSVP APPRECIATED
 Cathy Chisno (715) 478-4367
 Anne Christensen (715) 478-4363
 Lisa Miller (715) 478-4370

cmh.FCPotawatomi.com
 Check out the registration form at cmh.FCPotawatomi.com

HWC LOWER LARGE CONFERENCE ROOM | Open to FCP Tribal Members with Diabetes and their Guest

Lunch, Education & Prize Drawings National Diabetes Awareness Month
 Great American Smoke Out

MENU: Turkey - Mashed Potatoes - Sage Stuffing - Gravy
 Green Beans - Cranberry Sauce - Pumpkin Pie



Honoring Health, Healing, and Tradition

Occupational Therapy... Where Science, Creativity and Compassion Unite
 Services focus on participation, performance and function for “living life to its fullest” including: assisting with developmental skills; recovery from injury, illness or disease; and promotion of healthy living.

Customized treatments focus on:

- Motor skills
- Sensory interventions
- ADLs/IADLs
- Cognition
- Adaptations
- Life and social skills
- Specialization in treatment of the hand and upper extremity

Our provider is Tina Sonkowsky, OTD, MOT, OTR/L, who has her Post Professional Doctorate of Occupational Therapy, National Board Certification, and is licensed in Wisconsin and Michigan.

Please call Rehabilitation for an appointment at (715) 478-4344.
 Open to the Public

SERVICES OFFERED

AODA (715) 478-4370	Medical (715) 478-4339
Behavioral Health (715) 478-4332	Optometry (715) 478-4345
Community Health (715) 478-4355	Pediatrics (715) 478-4339
Dental (715) 478-4313	Pharmacy (715) 478-4347
Imaging (715) 478-4339	Rehabilitation (715) 478-4344
Lab (715) 478-4339	Weekend Walk-In (715) 478-4300

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER
 8201 Mish ko swen Drive, Crandon, WI
 General: (715) 478-4300
 www.FCPotawatomi.com

a participating member of




THE HEALING JOURNEY:

HOW TO HANDLE DEALING WITH GRIEF AND THE IMPACT OF SUBSTANCE ABUSE ON THOSE YOU LOVE

Wednesday
NOVEMBER 15, 2017

Join us as individuals share stories of how substance abuse has impacted their lives and how they deal with the grief of losing a loved one.

6 p.m.
FCP MUSEUM LOWER LEVEL
 OPEN TO THE FCP COMMUNITY
POTLUCK: FEEL FREE TO BRING A DISH

Contact: Jeff Keeble: (715) 478-4427, or Melanie Tatge: (715) 478-4382, or the FCP AODA Services: (715) 478-4370 with questions

Jingle dresses are representative of healing.

FOREST COUNTY POTAWATOMI EDUCATION/ CULTURE
 FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER AODA SERVICES
 FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

cmh.FCPotawatomi.com

For additional information on the topic of grief and grieving, contact the FCP Behavioral Health Department at (715) 478-4339. For topics related to AODA and sobriety, please contact the FCP AODA Services at (715) 478-4370.

Forest County CAN! Hosting Healthy Food Drive



Forest County food pantries on average service 368 families. In Forest County, one in four children are currently living in poverty - this is well above the statewide rate. The fact is, when children do not have adequate nutrition, it affects their ability to learn and thrive. As families depend more on donated food for a greater share of their nutritional needs, the quality of foods available becomes more important.

Forest County Coalition for Activity and Nutrition (CAN!) will be hosting a healthy food drive focusing on the "Food Drive Five", from Oct. 23 through Dec. 12, 2017. Food Drive Five focuses on donating high protein foods (canned meat/seafood, nuts, beans, seeds), canned fruits packed in water or 100 percent fruit juice, whole grains, low-sodium, colorful veggies, and low-sodium soups with protein and veggies.

Please help turn your donation into foods that offer good nutrition for families by remembering the "FOOD DRIVE FIVE". All donations will be distributed to local Forest County food pantries. Food donation collection sites can be found at the following locations:

- Armstrong Creek: Corner Store, Laona State Bank
- Crandon: Ascension Clinic, Associated Bank, CoVantage Credit Union, Crandon Public Library, Forest County Courthouse, FCP Health & Wellness Center, FCP Community Library, FCP Family Services Department, Health in Motion, Schaefer's Food Mart, Sokoagon Chippewa Health Clinic, Laona State Bank
- Lakewood: Lakewood SuperValu
- Laona: Ascension Clinic, Laona Edith Evans Public Library, Laona State Bank, Wagner Shell
- Wabeno: Laona State Bank, Wabeno Public Library
- Townsend: Mike's Supermarket

If your local business is interested in becoming a collection site for the food drive, please contact Karly Johnson, UW-Extension FoodWise Coordinator, at (715) 478-7793.

Old Tribal Hall has Special Visitors



Two lovely ladies out for a spin in the new Caring Place van (l-r): Marion Waubee and Cassie Cornell. photo by Val Niehaus



ADS BANNERS BILLBOARDS BOOKLETS BROCHURES BUSINESS CARDS
CALENDARS CARDS CERTIFICATES ENVELOPES FLYERS FORMS INVITATIONS
LABELS LETTERHEAD LOGOS MENUS NEWSLETTERS POSTCARDS POSTERS

We *customize* to your specifications!



POTAWATOMI
TRAVELING TIMES

8000 Potawatomi Trail » PO Box 340
Crandon, WI 54520 » (715) 478-7437
times@FCPotawatomi-nsn.gov
www.FCPotawatomi.com



**7th Annual
BIG BUCK CONTEST**

NOVEMBER
18 - 30
2017

Reward

GRAND PRIZE: \$200

1ST RUNNER-UP: \$100

Prizes in form of gift card from Smith's Sport and Hobby, Crandon

DEER MUST BE BROUGHT FOR SCORING TO
FCP Natural Resources | 5320 Wensaut Lane, Crandon
between **7 a.m.** and **5 p.m.** on the following dates:
Nov. 20, 21, 22 and Nov. 27, 28, 29, 30



Rules

- Open to FCPC tribal members only.
- One entry per contestant.
- Must be a legally harvested WILD animal (no game farms or guided hunts) from FCPC lands or southern Forest County.
- Must be harvested under fair chase principles. A rules agreement must be agreed to and signed by the hunter.
- Scores based on points greater than equal to 1 inch plus spread.
- In case of a tie, weight will determine winner.



On the Farm photo by Val Niehaus

Gte Ga Nēs Takes a Fun Fall Trip

by Val Niehaus

Fall brings with it a series of fun activities to be enjoyed with little ones. In addition, having the opportunity to enjoy the Wisconsin outdoors with the changing leaf colors and brisk air in your face is in large part what makes this time of year special. Gte Ga Nēs Preschool was able to enjoy a fall day by taking a trip to Schairer's Autumn Acres, LLC, in Birnamwood, Wis. on Oct. 12, 2017.

Schairer's is a family-owned business that was started by Cory and Karen Scharier, and it has grown into a family-oriented, hands-on learning experience for anyone who comes to visit. Karen

started this enterprise pretty simply by growing her own pumpkins and selling them on the roadside to make some extra income. She then thought that, perhaps, she should start a "pick your own pumpkin" patch and corn maze. Over time this became what is now called Autumn Acres. Her husband, Cory, has been a farmer his entire life and, along with their children, they wanted to share the joy of farming and living off the land with everyone.

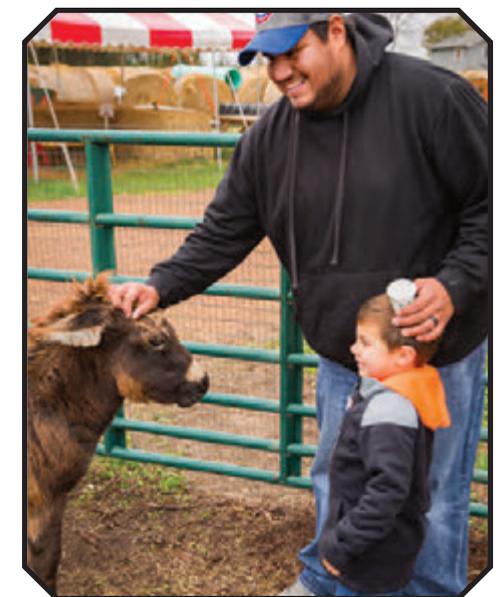
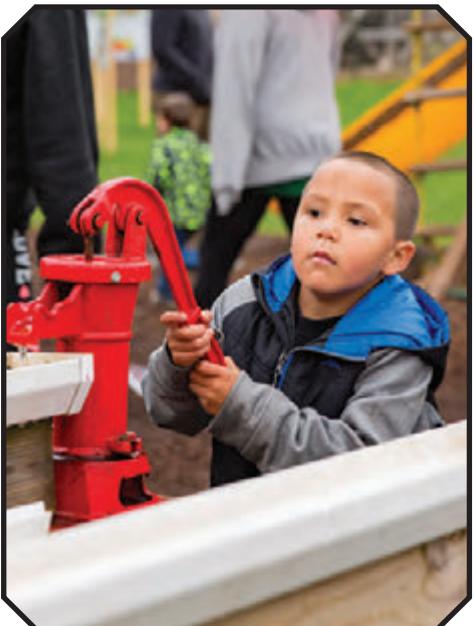
At Schairer's Autumn Acres, LLC, you can enjoy picking your own pumpkin, taking a hayride, getting lost in the corn maze, playing games and even being able

to pet and feed the animals that call the farm home. It really is a wonderful family-friendly place to take children.

The age range of the preschool children who attended this outing and the activities available at Autumn Acres couldn't have been more perfectly matched. Even though the day was a bit misty and cool, the children and their families had a great day laughing, learning and making special memories. With about 60 participants in attendance, there was something to do for everyone. There actually was no standing around or having to wait to take part in an activity. There are so many different farm activ-

ities to participate in that everyone was always doing something whether it was feeding the sheep, petting the kittens, playing in the corn sand box, going into the corn maze, taking the hayride or just playing the different games on the farm.

The Gte Ga Nēs staff did a wonderful job of making sure everyone was accounted for, involved, and enjoying themselves throughout the day. A healthy lunch was brought along for the attendees to enjoy after their busy morning as well, and it really was an enjoyable fall time for all!



FOREST COUNTY POTAWATOMI TRIBAL COURT

IN THE MATTER OF
CHANGE OF NAME OF: NOTICE OF HEARING

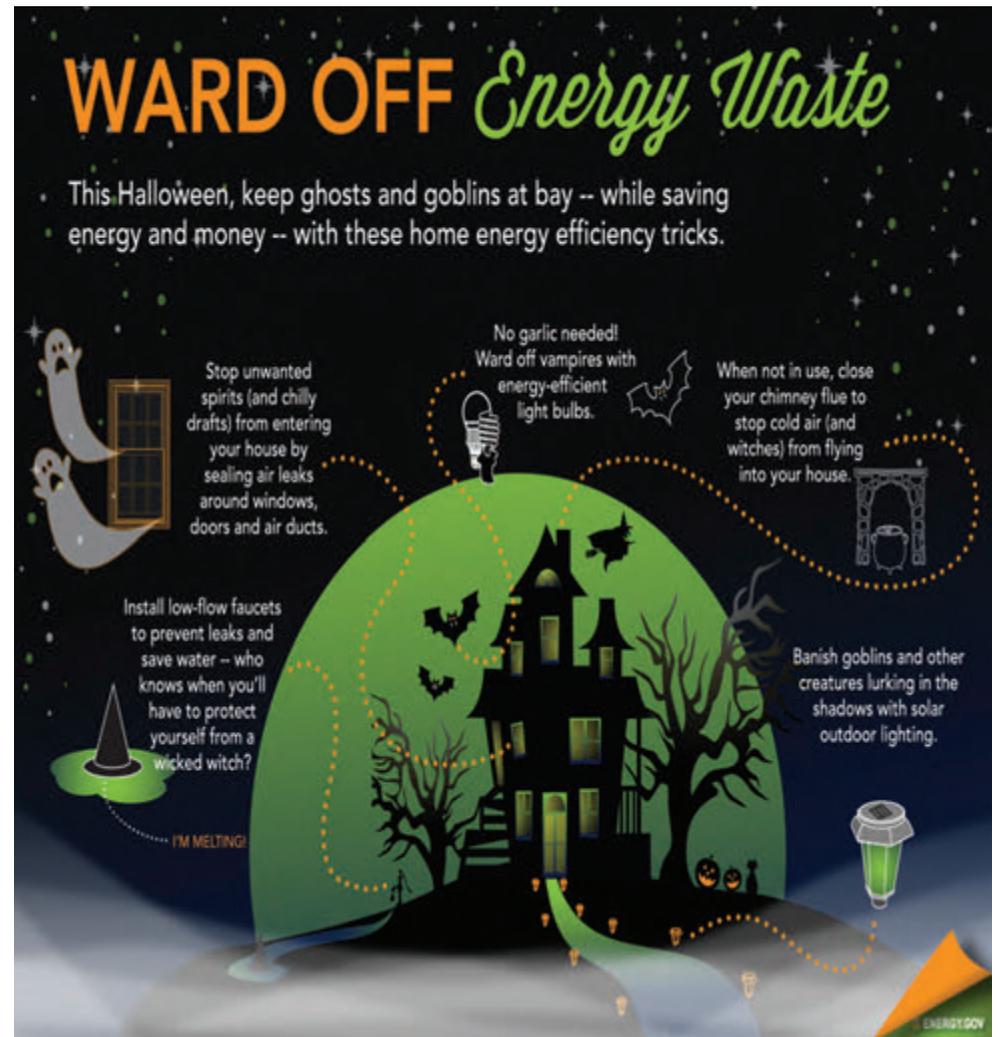
Harper Ann Madl Case No.: 17-NC-0166
 DOB: 10/03/2013

NOTICE IS HEREBY GIVEN that the above-captioned matter shall be heard in the Forest County Potawatomi Tribal Court on the matter of the application of **Harper Ann Madl** for permission to change her name and legal designation to **Harper Ann Daniels** and for the consideration and determination of any further relevant matters. PLEASE TAKE NOTE:

WHEN: 11:30am on November 27th, 2017
WHERE: Tribal Courtroom
 2nd Floor, FCP Executive Building
 5416 Everybody's Road, Crandon, Wisconsin

DATED THIS 27th DAY OF September, 2017


 BY THE COURT
 Associate Judge Jeryl L. Perenich
 FCP Tribal Court



2017 Hunting Moon Powwow Contest Results

- Jr. Girls Traditional**
 First: Amari Funmaker
 Second: Liliane Mars
 Third: Kalea Greendeer
 Fourth: Selma Ruiz
 Fifth: Elicia Leonard
- Jr. Girls Jingle**
 First: Kitahna Silas
 Second: Addyson White
 Third: Meah Bird
 Fourth: Zyra Smith
 Fifth: Jardina White Eye
- Jr. Girls Fancy**
 First: Micayla Silas
 Second: Kaliyah Bear
 Third: Red Star Cavanaugh
 Fourth: Kayla Dreaver
 Fifth: Rayanna Bird
- Teen Girls Traditional**
 First: Eliza Robertson
 Second: Catherine Howell
 Third: Neena Lasley
 Fourth: Reyna Prescott
 Fifth: Alexa Gabbard
- Teen Girls Jingle**
 First: Maya Schuyler
 Second: Diana Sanapaw
 Third: Aerius Benton
 Fourth: Asjha Tvetter
 Fifth: Lenore Pushetonequa
- Teen Girls Fancy**
 First: Morning Star Roberts
 Second: Malia Jacobs
 Third: Eahtosh Bird
 Fourth: Coral Benton
 Fifth: Hozhoni WhiteCloud

- Adult Women Traditional**
 First: Randi Bird
 Second: Alva Fiddler
 Third: Delmarina OneFeather
 Fourth: DaLynn Alley
 Fifth: JSen Tsosie
- Adult Women Jingle**
 First: Aidyn Nevaquaya
 Second: Osa Roan
 Third: Allison Gegwetch-Powless
 Fourth: Dajia Shinos
 Fifth: Ayashay Schuyler
- Adult Women Fancy**
 First: Oke-Twsha Roberts
 Second: Amber Cleveland
 Third: Shandlin Jack
 Fourth: Miibwaans Smith
 Fifth: Kari Dayfox
- Senior Women Traditional**
 First: Danita Goodwill
 Second: Jacinta Tsosie
 Third: Sophie Thurman
 Fourth: Brigitte Morris
 Fifth: Danielle Benton
- Senior Women Jingle**
 First: Cassie Hindsley
 Second: Grace Pushetonequa
 Third: Dionne Jacobs
 Fourth: Rebecca Roberts
 Fifth: Heather Syrette
- Senior Women Fancy**
 First: Bobbi Lynn Frederick
 Second: Nahmi Lasley
 Third: Stay Whiteye
 Fourth: Rose Track
 Fifth: Valerie Parker

- Women Golden Age**
 First: Denise One Star
 Second: Elaine Medicine
 Third: Vickie Hindsley
 Fourth: Madelynn Goodwill
 Fifth: Virgie Tsosie
- Women "Old Time" Scrub Special**
 First: Rochelle Mann
 Second: Jamie Awonohopay
 Third: Arianna Greencrow
 Fourth: Yatlor Clairmont
 Fifth: Tracy Pecore
- Jr. Boys Fancy**
 First: Jaymison Hill
 Second: Dasan Scholfield
 Third: Levi Cleveland
 Fourth: Timothy Gabbard
 Fifth: Lucas Cleveland
- Jr. Boys Grass**
 First: Thomas Bearstail
 Second: Jackson Taken Alive
 Third: Roman Rasmussen
 Fourth: Colter Cook
 Fifth: Xander White
- Jr. Boys Traditional**
 First: Aison Funmaker
 Second: Kenay Awonohopay
 Third: Elias Leonard
 Fourth: Guppy Benton
 Fifth: Lucas Decorah
- Teen Boys Fancy**
 First: Daniel Scholfield
 Second: Wayne Silas III
 Third: Tyler Thurman
 Fourth: David Cleveland
 Fifth: Buster Cleveland

- Teen Boys Grass**
 First: Muh Roberts
 Second: Sedrick Hindsley
 Third: Mervel LaRose Jr.
 Fourth: Deo Topsy
 Fifth: Wakinyan Fiddler
- Teen Boys Traditional**
 First: Baden Parker
 Second: Bobby Morris
 Third: Floyd
 Fourth: Lindsey Danforth
 Fifth: Zhaawon Smith
- Adult Men Fancy**
 First: Darrell Hill
 Second: Albert King
 Third: Chaz Baker
 Fourth: Terrence Cleveland
 Fifth: Delano Cleveland
- Adult Men Grass**
 First: Trade Littlelsey
 Second: Jason Cook
 Third: Bryson ManyHorses
 Fourth: Rooster Topsy
 Fifth: Peanutt Roberts
- Adult Men Traditional**
 First: Donovan
 Second: Wendall Powless
 Third: Craig Merrick
 Fourth: Triston Lasley
 Fifth: Zack Antoine-Jackson
- Senior Men Fancy**
 First: Wayne Silas Jr., Wis.
 Second: Michael Roberts
 Third: Douglas Scholfield
 Fourth: Nigel Schuyler
 Fifth: Tyler Lasley





Ira Frank and daughter Jayla dancing during intertribal.



Jeff Keeble Sr. during traditional competition dance.



Above: Brother and sister, Bonese and Waleli Frank, showing their dancing skills at Hunting Moon. top four photos by Val Niehaus

2017 Hunting Moon Results cont.

Senior Men Grass

- First: Clifton Goodwill
- Second: Jon Taken Alive
- Third: Haga Cleveland
- Fourth: Marty Thurman
- Fifth: Jon Bearstail

Senior Men Traditional

- First: Lonny Street
- Second: Tony Wahweotten
- Third: Reuben Crowfeather
- Fourth: BJ Haury
- Fifth: RJ Smith

Men Golden Age

- First: Royce Kingbird
- Second: Terry Fiddler
- Third: Mike One Star
- Fourth: Paul Cloud
- Fifth: Joe Bointy

Men Woodlands Special

- First: Shane Mitchell
- Second: Noodin Niimebin Shawanda
- Third: Meeshee Shawanda
- Fourth: Ken Funmaker Jr.
- Fifth: Gozy White

Chicken - Horn Bill Special

- First: Marty Thurman
- Second: Rooster Top Sky
- Third: Lee Goodman Jr.
- Fourth: Peanutt Roberts
- Fifth: Tyler Lasley

Drum Group

- First: The Boyz
- Second: Mystic River
- Third: Midnite Express
- Fourth: Battle River
- Fifth: Smoky Town



Brevin Boyd
photo by Bisher Daniels & Janiece Brown



Women's Traditional
photo by Bisher Daniels & Janiece Brown



FCP and FILM crew
photo by Jeffrey Keeble

Hunting Moon

...continued from pg. 1

Those in attendance on Sunday afternoon shared that a young man in his teens spoke the invocation that day and stated that it was amazing to hear such a young person, so obviously, value and preserve his culture in this way. People said he did a fantastic job, and he certainly should be proud of himself for hanging onto his language and heritage in such a fashion. In this day and age, this is wonderful to see in a young tribal member.

Head dancers were called each day of the powwow. Friday's head dancers were Tony Wahweotten and Dionne Jacobs; Saturday matinee head dancers were Travis Leonard and Michelle Reed. Saturday evenings head dancers were Brian Thunder and Jamie Awonohopay. Sunday head dancers were Darrell Frank and Danita Goodwill.

Vendors at this powwow are definitely top notch and there were many. In total, there were about 40 craft vendors and five artists who had booths set up. It was actually a bit overwhelming at times to know who to buy from or for that matter, even what to buy. The choices were

incredible! If you're in need of any piece for your regalia, a t-shirt that is Native inspired or you are just looking for that special gift for someone, you certainly could find it here.

It was the first time this reporter was able to attend this event and a few words that come to mind in trying to describe this event include vibrant, overpowering, colorful, mesmerizing, heartbeat, energetic and, overall, simply phenomenal! There is so much happening all at once that it awakens all your senses. From hearing the sound of the drum, feeling that beat on the floor from the drums and dancers, to seeing the stunning visual effects of the colors of the regalia and all of the different people — not to mention smelling and tasting the food from the vendors and touching all of the items offered by the vendors, it is truly a total sensory experience. It is quite overwhelming!

Really, if you have never been to this specific powwow, it is well worth your time to stop in if you are in the area or to even make a special trip to attend if you can. It is well worth the time and you definitely will not be disappointed.

NOTICES

CULTURE

Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety -

12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group -

Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery -

A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen -

Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power -

Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHR's to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleeman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

PROGRAMS

Diabetes Education Program -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program -

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.
- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.

November 2017 Calendar of Events

Community Health

- 11/7 - Infant Nutrition (HWC) 8 a.m. - 4 p.m.
- 11/9 - Infant Nutrition/WIC (Carter We Care) 1 p.m. - 4 p.m.
- 11/14 - WIC (HWC) 8 a.m. - 4 p.m.
- 11/15 - Diabetes Luncheon (HWC Lwr. Lg. Conference Room) noon - 1:30 p.m.
- 11/16 - Taste & Learn (HWC Lwr. Lg. Conference Room) 2:30 - 3:30 p.m.
- 11/16 - Foot & Nail Care Clinic (Carter We Care) 9 a.m. - 2 p.m.
- 11/30 - WIC (HWC) 8 a.m. - 4 p.m.

NB3 Fit Week Activities:

Monday - Wednesday, Nov. 6-8

FCP Recreational Building, 4 - 6 p.m.

Monday - Tuesday, Nov. 13 -14

Carter Pow Wow Grounds, 4 - 6 p.m.

Wednesday, Nov. 15

Wabeno Elementary School, 4 - 6 p.m.

Family Resource Center

- Healthy Relationships: Mondays (6, 13, 20, 27), 10 a.m. - 12 p.m.
- Play Shoppe: Tuesdays (7, 14, 21, 28), 11 a.m. - 12 p.m.
- FRC Girls 10-17: Wednesdays (1, 8, 15, 22, 29), 3:30 - 5 p.m.
- Circle of Sisters: Thursday, (2, 9, 16, 23, 30), 1 - 3 p.m.
- Community Women's Talking Circle: TBA
- PIP: Thursdays (2, 9, 16, 23, 30), 10 a.m. - noon.

Open registration for Nurturing Fathers parenting class: 13-week curriculum; two hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays (6, 13, 20, 27), 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays (7, 14, 21, 28), 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays (1, 8, 15, 22, 29), 3:30 - 5 p.m.
- Youth picked up from Crandon School at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

Recreation Department

- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 6 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.



PERSONALS

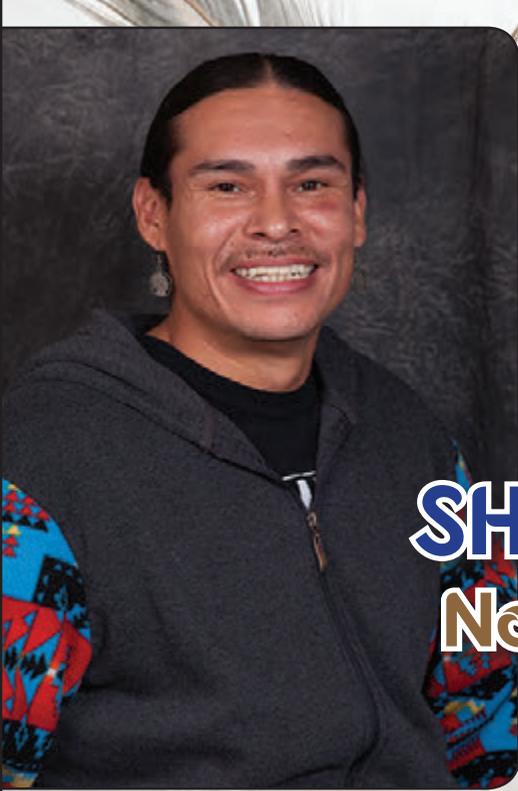
Welcome to the World, Baby!

Daisy Katherine Daniels was born Oct. 8, 2017, weighing 9 lbs. and 19 in. long. Parents are Scott and Joey Daniels of Wausau, Wis. Paternal grandparents are Katie Frank of Blackwell, Wis., and Lawrence Daniels of Wabeno, Wis. Maternal grandparents are the late Gerald Leonard and Julia Davis, both of Wausau.





-VOTE-
JEFFREY KEEBLE JR.
TRIBAL COUNCIL
NOV. 4, 2017



Vote
NICK SHEPARD SR.
November 4, 2017

- ✓ Strong ties to our community.
- ✓ Dedicated to serving our people.
- ✓ Positive changes can be reached if we work together.
- ✓ Making the future bright for our next generations.
- ✓ Here to work for you!

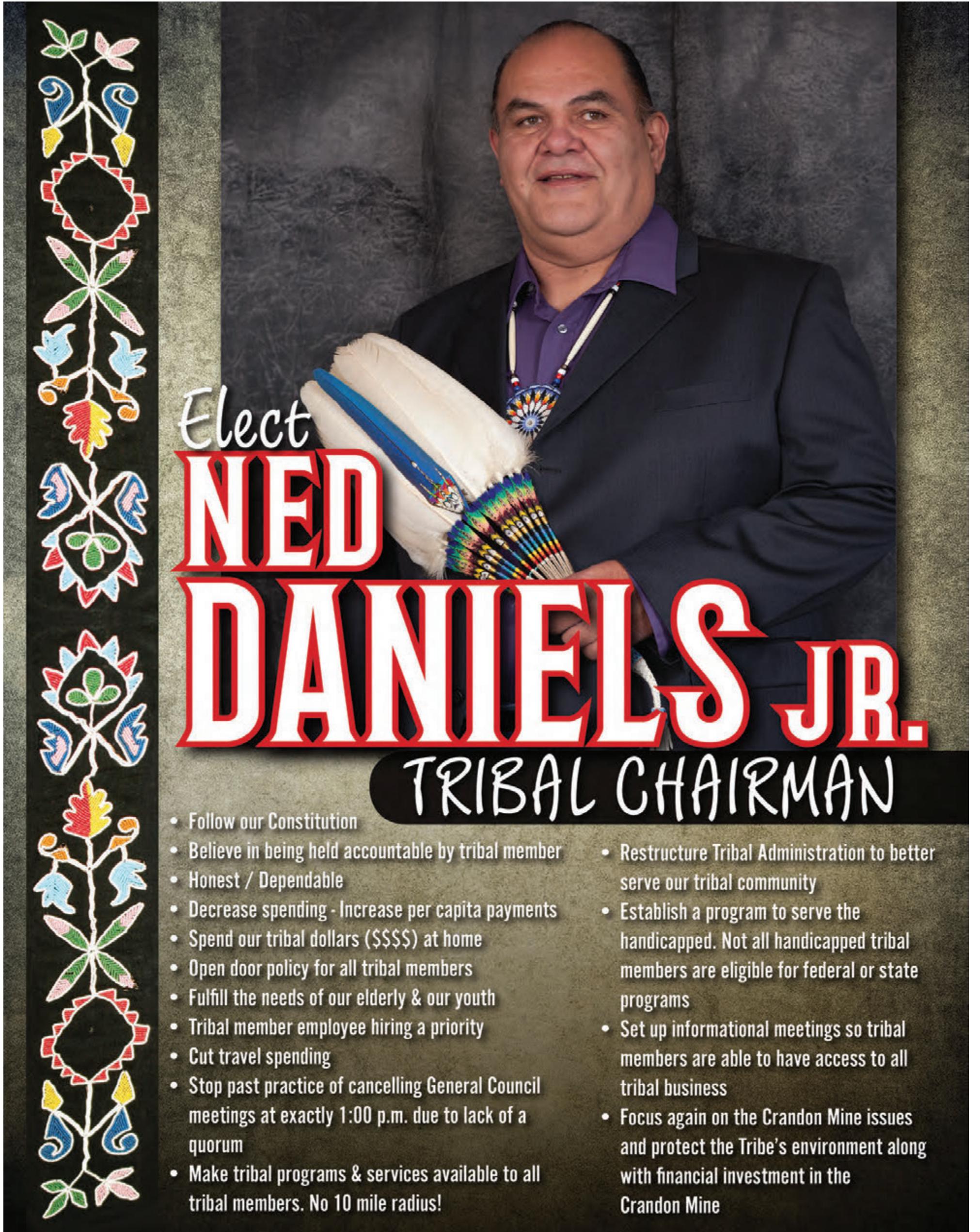
Any questions or concerns, call me: (715) 850-2385

☆☆ *Re-Elect* ☆☆



BROOKS
BOYD

COUNCIL MEMBER



Elect
NED DANIELS JR.
TRIBAL CHAIRMAN

- Follow our Constitution
- Believe in being held accountable by tribal member
- Honest / Dependable
- Decrease spending - Increase per capita payments
- Spend our tribal dollars (\$\$\$\$) at home
- Open door policy for all tribal members
- Fulfill the needs of our elderly & our youth
- Tribal member employee hiring a priority
- Cut travel spending
- Stop past practice of cancelling General Council meetings at exactly 1:00 p.m. due to lack of a quorum
- Make tribal programs & services available to all tribal members. No 10 mile radius!
- Restructure Tribal Administration to better serve our tribal community
- Establish a program to serve the handicapped. Not all handicapped tribal members are eligible for federal or state programs
- Set up informational meetings so tribal members are able to have access to all tribal business
- Focus again on the Crandon Mine issues and protect the Tribe's environment along with financial investment in the Crandon Mine

2018 WINTER INTERNSHIP PROGRAM



❖ Application deadline:
Nov. 10, 2017

❖ Internship dates:
Jan. 8 – Feb. 16, 2018

In the program, you will have the opportunity to meet gaming commissioners and staff, become familiar with the many duties of the Gaming Commission, observe each of its departments, and become familiar with how the Gaming Commission regulates casino operations onsite. You will visit the various venues within each property and experience the excitement that the tribe's casinos offer. This is an excellent way to enhance your knowledge. There will also be discussions, a group project, individual project, departmental exploring and so much more. This program is designed to fit a variety of learning styles. If this program interests you, apply today!

- Must be an enrolled Forest County Potawatomi Community member, 18 years or older, have high school diploma or GED.
- Weekly stipend, free lodging



Please contact
Tina Baker,
Development Specialist,
to get an application at:
(414) 847-7718
tbaker@paysbig.com
www.fcpgc.com



Mix and Match!
Buy Any 5* of the following products!



**Gatorade 28 oz, IZZE Fusions 12 oz,
Kickstart 12-16 oz, Lemon Lemon 12 oz,
Mt. Dew Label Cans 16 oz, or Pepsi Family 20 oz**

Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

*Cumulative Offer

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.



POTAWATOMI CARTER C-STORE/SMOKE SHOP

Hwy. 32, Carter
(across from casino/hotel)
(715) 473-5100
Open 24 Hours/7 Days a Week



PTT110117



When You Buy Two Red Bull Any 8.4 -12 oz. Variety

Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.



POTAWATOMI STONE LAKE C-STORE/SMOKE SHOP/DELI

Located 3 Miles East of Crandon off of Hwy. 8
5326 Fire Keeper Rd., Crandon, WI
(715) 478-4199
Open 7 days a week: 5 a.m. to midnight



PTT110117

NOVEMBER 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Food Drive During the month of November, Carter Club members can bring in three non-perishable, non-expired items, for \$5 in Potawatomi Play. One offer per person, per day.		SUNDAYS - THROUGH - WEDNESDAYS	1 Hot Seat Drawings \$10/5 Packs	2 LIVIN' IT 50 UP AT \$10/5 Packs	3 Ric Stream 3:30 pm - 7:30 pm Finally \$500 Friday Fish Fry	4 Sweet Surprise SATURDAY The Fellenz Brothers 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am
5 Food Drive CASH BASH Entry Multiplier \$10/5 Packs Breakfast Buffet 7 am - 11 am	6 Food Drive GREEN & GOLD GAME DAY SPECIALS POP & PLAY Lovin' Country 10:30 am - 2:30 pm	7 Food Drive	8 Food Drive Hot Seat Drawings \$10/5 Packs	9 LIVIN' IT 50 UP AT \$10/5 Packs	10 CASH BASH Entry Multiplier \$10/5 Packs Fish Fry	11 VETERAN'S DAY CASH BASH DJ Dunn 8 pm - Midnight Bingo Bash Breakfast Buffet 7 am - 11 am
12 Food Drive GREEN & GOLD GAME DAY SPECIALS Pizza Day Special \$10/5 Packs Breakfast Buffet 7 am - 11 am	13 Food Drive POP & PLAY Mark Wayne 10:30 am - 2:30 pm	14 Food Drive	15 Food Drive Hot Seat Drawings \$10/5 Packs	16 LIVIN' IT 50 UP AT \$10/5 Packs	17 POP & PLAY Pony Men 3:30 pm - 7:30 pm Finally \$500 Friday Fish Fry	18 DEER CAMP IN STYLE Bear Creek Band 8 pm - Midnight \$10/5 Packs Breakfast Buffet 7 am - 11 am
19 Food Drive GREEN & GOLD GAME DAY SPECIALS MOBILE APP LAUNCH PARTY \$10/5 Packs Breakfast Buffet 7 am - 11 am	20 Food Drive MOBILE APP LAUNCH PARTY	21 Food Drive	22 Food Drive Thanksgiving Feast \$10/5 Packs // Hot Seats	23 SORRY We're CLOSED UNTIL 4 PM \$10/5 Packs	24 Black Friday Country Wide Rocks 8 pm - Mid. DJ Doc Gary (Bingo Hall) 10 pm - Midnight Black Light Bingo (Neon Theme) \$10/5 Packs Fish Fry	25 18th Annual CRAFT FAIR & HOLIDAY BAZAAR Country Wide Rocks 8 pm - Mid. \$10/5 Packs Breakfast Buffet 7 am - 11 am
26 Food Drive GREEN & GOLD GAME DAY SPECIALS \$10/5 Packs Breakfast Buffet 7 am - 11 am	27 Food Drive CYBER MONDAY	28 Food Drive	29 Food Drive Hot Seat Drawings \$10/5 Packs	30 LIVIN' IT 50 UP AT \$10/5 Packs \$500 Cash Drawing	18th Annual Saturday, November 25, 2017 Craft Fair & Holiday Bazaar Join us for our annual Craft Fair & Holiday Bazaar! 9 am - 3 pm • PCCH Conference Center	

■ BINGO PROMOTIONS
 ■ CASINO PROMOTIONS
 ■ LIVE ENTERTAINMENT
 ■ THE FLAMES™ RESTAURANT
 ■ THE SPRINGS™ RESTAURANT

25 Years of Making Memories

Casino Events

Win your share of **\$50,000**

CASH BASH

SATURDAY, NOVEMBER 11TH

SATURDAY, NOVEMBER 11TH

VETERAN'S DAY

Show proof of military service at the Carter Club Booth to receive a \$10 food voucher for The Flames™ or The Springs™ restaurant.
Limit one voucher per person.

SATURDAY, NOVEMBER 18TH

DEER CAMP IN STYLE

DRAWINGS 6 PM - 10 PM • ONE WINNER EACH HOUR

PRIZES INCLUDE:
SMOKER, FOOD SEALER & ASSORTED MEAT
GENERATOR & CASH • RECLINER & 55" TV
CHEST FREEZER, DEHYDRATOR & ASSORTED MEAT

Join us for a **Thanksgiving Feast**

WEDNESDAY, NOVEMBER 22ND

Complimentary food will be available from 11 am - 1 pm & 4 pm - 6 pm on the casino floor.

THANKSGIVING DAY HOURS
The casino will be closed until 4 pm on Thursday, November 23.

clearance SALE

WE'RE CLEARING OUT SURPLUS INVENTORY, AND OFFERING YOU INCREDIBLE DEALS!

Everyday in November

Stop by the Carter Club booth to shop by redeeming points or paying with cash. Quantities limited, while supplies last!

Bingo Events

TEN DOLLAR PACKS

Regular Games Pay - \$125
Progressives Pay - \$125
Specials Pay - \$150
Last Game Pays \$250
\$500 in 52 or Less

All regular session games are Double Bubble Electronic Packages!

BINGO'S **finally** \$500 FRIDAYS

NOVEMBER 3RD - & - NOVEMBER 17TH

BLACK LIGHT BINGO

FRIDAY, NOVEMBER 24TH | NEON THEME

BINGO'S **CASH DRAWING**

THURSDAY, NOVEMBER 30TH

Monthly cash drawing, receive one entry with every admission pack purchased.

— NOW TAKING RESERVATIONS —

New Year's Eve Bingo Bash

Reserve your seat at the money room located in the Bingo Hall or call 715.473.6732 while seats are still available!

VISIT CARTERCASINO.COM FOR THE COMPLETE LISTING OF PROMOTIONS / EVENTS.



SCAN THIS QR CODE TO VISIT OUR WEBSITE



Management reserves the right to cancel or alter any event or promotion at any time.
1.800.487.9522 | WWW.CARTERCASINO.COM

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Facebook Potawatomi Carter Casino Hotel