



24th Annual Fire Keeper Meno Keno Ma Gē Wen Powwow



by Val Niehaus

With fall weather and some chilly rain, the 24th annual Fire Keeper Meno Keno Ma Gē Wen Powwow was still in full force on August 26 & 27, 2017, in Carter, Wis.

The powwow committee did a great job this year in making sure things ran smoothly and efficiently. Turnout this

year was great, despite what Mother Nature decided to bring in the weather department.

Friday night was the princess competition. There were five ladies competing for Junior Princess with four competing for Senior Princess. Ruth Pemma said, "I believe this is the most we have ever had compete for the crowns." These ladies had to go through an interview process with a panel of judges, and they also had to show their skills in their dance routine. Choosing the winner was no easy task for the judges as everyone who competed did a fantastic job in representing her Potawatomi heritage. (Winners are shown in photos on page 6.)

On Saturday, grand entry started a bit behind schedule, but there were no worries at all since everyone always just enjoys their time with one another and having that bit of extra time to add the finishing touches to the dancer's regalia is always okay. Following dinner, the evening Grand Entry was then held at 7pm.

Master of ceremonies this year was Dylan Prescott, who always keeps things rolling with his knowledge of powwows. He spends time between dances informing newcomers of the reasons behind certain aspects of the dances and the powwow traditions and he keeps everyone on their toes with his jokes and sense of humor. Arena director was Darrell

Frank, who, along with Prescott, kept things moving and organized throughout the weekend.

The drums this year were phenomenal! The drum is definitely the heartbeat of the powwow and keeps the dancers literally on their toes to keep that energy going. Host drum this year was Bear Creek with co-host being local boys, Fire Nation. Invited drums were Pipestone, Big Soldier Creek, Wolf River and Wigwam Nation.

One can't have a powwow without head dancers to help lead the way for the other dancers in the arena. Head dancers fill a very important role in the powwow because they are the leaders of certain dances. If any other dancer has a problem or question, they are the ones to ask. Head female dancer was Karen Wahwasuck and head male dancer was Dan "Kuno" Prescott. There was also a Head Veteran dancer, Paul Cloud.

Specials for this year's powwow from the committee were: Singers Roll Call Special, Chicken Dance Special, Men's Woodland Special and Audience Participation Special. There was a Pemma Family Special: a Men's Grass dance 15+ with amazing payouts. There was also an Outgoing Princess Special for Alexandria Decorah and a Head Female/Male Dance Special.

On Sunday, grand entry was at noon

and the powwow went until the evening. A breakfast was served this day along with a light evening meal before everyone had to hit the trail home. Speaking of meals served, the powwow committee wants to make sure a chi migwetch goes out to Richard Oshkeshequoam and his family - Gwen, Rose, Leon and Savannah - for preparing and cooking these meals to feed this large amount of people. It is always nice having someone prepare such an amount of food and having it taste great at the same time makes it an even more special treat.

This year's powwow was a great success both with attendance and the fact that it brought families and friends together as many powwows do. It is always a great time laughing, smiling and conversing with everyone attending and catching up on each one's busy lives. Watching the little ones grow up through the years is also a treat for many, and it serves to show everyone what the future holds for the powwow circuit. Visiting the vendors and eating the traditional powwow food is always a highlight, too! Despite the rain, the enthusiasm and spirit of the dancers and all attendees were definitely not dampened.

more photos on pg. 6...

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



Advancia Technologies Awarded U.S. Marine Corps Home Station Training Role-Player Support Services Contract



Potawatomi Business Development Corporation subsidiary, Advancia Technologies, LLC (Advancia Tech), was awarded the U.S. Marine Corps Systems Command Program Manager for Training Systems (PM TRASYS) Home Station Training Role-Player Support Services contract. This requires Advancia Tech employees to serve as foreign language specialists and civilians on the battlefield.

Advancia Tech Role-Players fill the role of insurgents, terrorists, embedded foreign command staff, military and police units, and other personnel encountered in the intended theater of operations. This training will be performed at Home Station Training locations throughout the continental United States and Hawaii.

These locations include:

- Camp Lejeune, N.C.
- Bogue Field, N.C.
- Quantico MCB, Va.
- Ft. Story, Va.
- Ft. A.P. Hill, Va.
- Camp Pendleton, Calif.
- Twenty-nine Palms, Calif.
- Bridgeport, Calif.
- Ft. Hunter Liggett, Calif.
- Ft. Irwin, Calif.
- Yuma, Ariz.
- Hawaii

Advancia Tech's support to the U.S. Marine Corps Role-Player training events and exercises includes supplying the following under the terms of this contract:

- Role-player personnel
- Site managers
- Costumes
- Special effects
- AK-47 blank-fire-only training devices
- AK-47 blank ammo
- IED simulators
- Vehicle-borne improvised explosive device simulators
- Mouflage (the art of applying mock injuries for the purpose of training)
- Tala suits
- Medical mannequins
- Rocket-propelled grenade simulators
- Indirect-fire simulators
- Smoke generators
- Other BFX as requested
- Cultural meals
- Key-leader engagement support
- Prop vehicles
- Atmospherics
- Role-player subsistence and supporting equipment
- Role-player threat-screening process
- Rapid-gate registration and badging (if applicable)
- Vehicle/air transportation
- Billeting as required

In addition to Advancia Tech's support to PM TRASYS providing full-scale, role-player support services, Advancia Tech manufactures a spectrum of men and women, civilian and opposing forces, role-player clothing and equipment to federal customers.

The period of performance for this contract is two years.



Redhawk's Emi Baxter Nominated as Young Professional of the Year



Redhawk Network Security's Director of Service Delivery Emi Baxter was nominated in the 28th Annual SAGE Business Awards Gala as Young Professional of the Year.

Recognized as one of the most prestigious business award programs, the Bend Chamber SAGE Business Awards celebrates Bend, Oregon's most innovative businesses, nonprofit organizations and citizens.

The Young Professional of the Year award recognizes young individuals who are achieving a successful career in any industry,

have made innovative contributions to their company/project(s), and have distinguished themselves as a future leader within the industry. The Young Professional award is meant to recognize those young professionals under the age of 40.



GREENFIRE

Greenfire Supports First Nations Studies Back-to-School Drive



Greenfire was honored to drop off the Back-to-School donation items raised for the First Nations Studies Program! The company was able to provide 12 fully-stocked backpacks with supplies, along with an additional box of back-up supplies.

**Mykel Joseph Jacobson Sr.
“Mesh Kwe Gises - Red Sun”**

Mykel Joseph Jacobson Sr., “Mesh Kwe Gises - Red Sun”, 27, of Green Bay, Wis., passed away Sept. 6, 2017, in Shawano. Mykel was born Aug. 28, 1990, the son of Jesse Jacobson Jr. and Norma Jean Wilber.

He was united in marriage to Felicia Rachel on June 28, 2013, in Green Bay. Mykel was an avid Brewers fan, enjoyed UFC boxing, four-wheeling and dirt biking, traveling with his family and most of all, loved his children and wife dearly.

Surviving Mykel are his wife, Felicia; daughter, Mykelia Jacobson; sons, Mykel Jacobson Jr. and Mitchell George; mother, Norma (Myron) Blair; father, Jesse J. Jacobson Jr.; sisters, Katherin Jacobson, Two Rivers, Wis.; Amber Jacobson, Crandon, Wis.; Jenna Jacobson, Argonne, Wis.; Sarah Jacobson, Crandon; Clara Jacobson, Crandon, Wis.; Natalie Day Webster, Green Bay, Wis.; brothers, Albert Jacobson, Crandon and Steven Blair.

He was preceded in death by his grandparents, Gordon Sr. and Georgianne Wilber and Jesse Sr. and Emily Jacobson.

Visitation was held Sept. 9, 2017; funeral service was held Sept. 10, 2017, both at Weber Hill Funeral Home, Wabeno, Wis., with Philip Shopodock officiating. Burial followed at Lakeview Cemetery, Carter.

Online condolences for the family may be directed to www.weberhillfuneral-home.com.

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members.

Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall at 8000 Potawatomi Trail in Crandon.

Please join us!

Deadline for the October 1, 2017 issue is Wednesday, September 20, 2017.



POTAWATOMI TRAVELING TIMES

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GRANDPARENTS AND GRANDCHILDREN
WELLNESS THROUGH CRAFTS

Tuesday, October 24, 2017
4- 6 P.M. | Lower Level of the Museum

--- OPEN TO THE FCP COMMUNITY ---

Dinner, Crafts, Education and Gift Raffle!

FOR MORE INFO, CONTACT:
Melanie Tatge, FCP Community Health Department Health Educator, at (715) 478-4382.

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FOREST COUNTY POTAWATOMI CARING PLACE

Swine, Dine & Dash

Saturday, Sept. 30, 2017
FGPC Farm (old Red Deer Ranch)
County H, Blackwell

9:30 a.m. — Fun Run Registration Opens
10:30 a.m. — Fun Run Begins

10 a.m. — 2 p.m. Activities:

- Farm Tours
- Hay Rides
- Pumpkin Patch
- Sack Races
- Face Painting
- Animal Encounters
- And More!

12 p.m. — Prayer & Feast

- Pig Roast
- Burgers & Brats
- Grilled Veggies

Vote During the Event TO HELP DECIDE THE FARM'S NEW NAME

Open to FCP Tribal Members and Their Families

ALL MEAT PROVIDED BY THE FARM
Catering provided by Dewing Catering

FOREST COUNTY POTAWATOMI NATURAL RESOURCES
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A Man's Life: From Past to Present

by Val Niehaus

Bringing up past events from your life can be difficult. You always wonder what could have been or how you would have done things differently if you had the opportunity to change history. But certainly, difficult events from the past are not necessarily all bad. This story is about a time in a man's past that though difficult to live through at the time, also resulted in some good times and special memories.

The man is FCP tribal member Ken George Sr. who is a Vietnam veteran of the 3rd Marine Division, Lima Co., 3rd Battalion, 4th Marines, and 3rd Recon. Of course, being in combat during this war was an emotional time for everyone involved. That was especially true if you were in the thick of things and literally fighting to stay alive. George enlisted in the Marines at age 19 in 1965 and left for Vietnam in 1967.

When George enlisted, he came down with spinal meningitis. While in the hospital he started receiving letters from a woman by the name of Jean Corti. She had found his name on a list of people who it was felt may have needed some cheering up and words of encouragement. From this first letter written to him, George and Corti began a friendship that helped George through his time in the hospital and from there on out. The day before he left for Vietnam in July of '67, Corti and George met for the first time face-to-face at Disneyland. Both had a great time together before George left the next day. The day he left George told Corti, "Well I don't know if I'll come back, but if I do we will catch up later." This was the thought of so many young men going off to this war - not knowing if they would ever step foot on American soil again or see their friends or family again - a heart-wrenching feeling for sure.

In this game of life, we never know where the Creator will take us, but we just have to trust that things go the way they are supposed to go. George, now married and with a large and closely-knit family, always wondered about his friend and what had happened in her life over the years. With the power of Facebook and social networking, he was able to track her down exactly 50 years later. On July 14, 2017, George and Corti were able to make plans to see each other once again. Imagine the emotions of this! It was their second time meeting face-to-face after no contact for 50 years. They had developed such a close friendship through their letters so many years ago and then to meet again at this time in their lives had to be an incredible experience. It was an overwhelming reunion for both of them.



Ken and Jean meeting up again after 50 years! submitted photo

George and Corti ended up seeing one another in Tampa, Fla., and were able to try and catch up as much as possible with what had happened in those 50 years in each of their lives. Corti is, as expected, married and has a wonderful family of her own. She came to find out that her husband was in the 3rd Marines as well and in the same area as George was while in Vietnam! It is sometimes amazing what a small world this can be with so many people in it.

The three had dinner, went site-seeing and caught up on all the years that had passed. It was a fantastic and moving time for both George and Corti. It truly is a great story demonstrating that life can be amazing - that things seem to work out the way they are supposed to. You just never know how, when, or why things will happen.

This was not George's only trip of reminiscence this summer. He also met up with his friends from his time in Vietnam, the 3rd Battalion, 4th Marines. Every two years there is a regularly-scheduled and planned reunion for these men and women, and George makes an appearance each time. This year it was held in Naperville, Ill. These reunions are a time for men and women who spent time together in their early adult years in very challenging circumstances to have the opportunity to reconnect and catch up on what has happened throughout their lives. The events also serve as part of an ongoing healing process for those who are still living with the effects of this war so many years after they returned.

This summer has been a busy but humbling time for George as he remembered his past, continues to live in the present, and plans for and moves into the future. As has been said before, you never know where the road will take you.

!!! BE AWARE !!!



A new STOP SIGN was recently installed at Gte-Ga-Nēs Preschool and Rising Sun Daycare to help ensure the children of the community are kept safe. The reason for the sign is simple: People are driving into the parking lot at fast speeds. At times the children are in the parking lot for fire drills or making their way onto the buses. PLEASE SLOW DOWN and be aware of your surroundings to keep these little ones safe.



Honoring Health, Healing, and Tradition

National Recovery Month, celebrated in the month of September, and now in its 28th year, highlights individuals who have reclaimed their lives and are living happy and healthy lives in long-term recovery and also honors service providers who make recovery possible through prevention and treatment.

Recovery Month promotes the message that recovery in all its forms is possible and also encourages everyone to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need.

If you have any further questions please call the FCP AODA Department at (715) 478-4370.

Open to the Public



**FOREST COUNTY
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Indian Summer Festival Powwow

photos by Jeffrey Keeble



Lucas Decorah placed 3rd in Jr. Boys Traditional



Darlaina Boyd placed 4th in Teen Girls Jingle



Symone Pemma placed 3rd in Jr. Girls Traditional



Allisia Cisneros-Tuckwab Meno Keno Ma Gē Wen Princess



Bondesē Frank and Leon Keeble chilling in between contest



Una Ross placed 4th in Sr. Adult Women's Jingle



Darrel Frank placed 4th in Sr. Adult Men Traditional



Travis Leonard placed 2nd in Jr. Adult Men Grass



Ian Waubanascum and Pwagen Frank placed 2nd in the Drum Contest with Chief Hill.



Waleli Frank placed 3rd in Teen Girls Jingle



Brevin Boyd placed 2nd in Jr. Adult Men Traditional

Fire Keeper Meno Keno Ma Gē Wen Powwow Photos

photos by Val Niehaus

(l-r) Senior Princess Waleli Frank and Junior Princess Allisia Cisneros-Tuckwab



Head female and male dancers (l-r): Karen Wahwasuck and Daniel "Kuno" Prescott



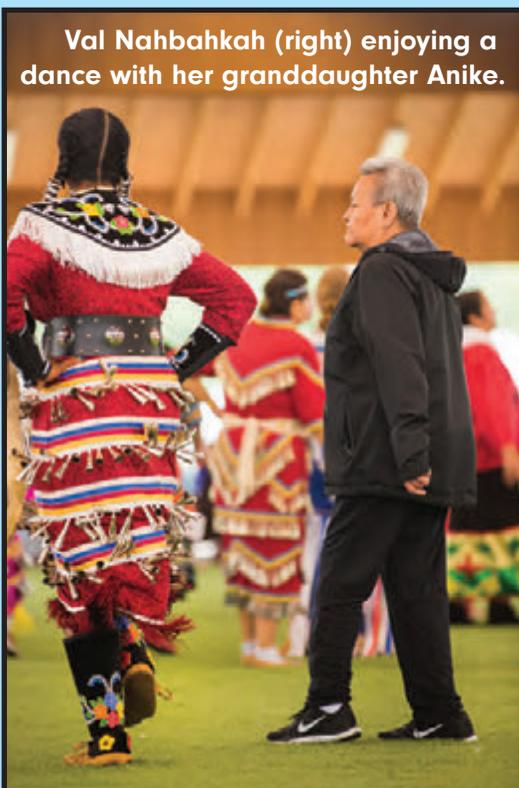
Brevin Boyd - always representing



Mens' Woodland dancers coming in at grand entry.



FCP veterans carrying in the flags and staff during grand entry.



Val Nahbahkah (right) enjoying a dance with her granddaughter Anike.



Jaycee Tuckwab's favorite part of the powwow!



Lucas Decorah (center), FCP Winter's End Brave, receiving his highest honor: His eagle feathers.

Rising Sun's Busy Summer

submitted by Rising Sun Daycare

Once again, summer seemed to fly by. It's hard to believe it's fall and the children are back in school.

This year, we have quite a few children attending Gte-Ga-Nēs. This is all new for them since most of them have been at Rising Sun since they were infants. Off to school and then back to daycare, they were excited to start this new journey in their lives. The smiles on their faces when they came back to daycare told us that they had a great first day at school.

One of the things Rising Sun had going for the summer was a reading program from the Museum. They came to us once a week, and we were also lucky enough to have Amy Marvin from the Crandon School come to read once a week. The children love to listen to others read to them. The children were able to pick out a book to take home and add to their collection of books.

The older children and staff did get a chance to attend the movies at the Rouman Cinema. We had many compliments on how well the children listened to their teachers without any complaints.

There was a field trip to the park in Rhinelander for a picnic lunch and a chance to play on the playground - they had so much fun they didn't want to leave.

Our last field trip was a visit to the FCP farm in Blackwell. The children were amazed at the animals on the farm

and weren't even afraid of them. Some of the children even fed the cows grass and pet them through the fence. They asked questions and were very interested in what was going on at the farm, and what they were going to be doing with the animals and all the vegetables. One of the boys even found a snake which they all wanted to hold. David Cronauer picked it up and let the children either hold it or at least touch it. We thank Joe Shepard and Cronauer for taking the time out of their busy schedules to show the children and the staff the farm. We truly enjoyed it. We also have had the chance to enjoy the fresh vegetables and some of the fresh meat from the farm. It is amazing to have this opportunity to teach the children where their food actually comes from and not just the grocery store.

The end of the summer is here! For our end-of-the-summer event we had a mini powwow. The weather was amazing so we held it outside in the parking lot. There was a great turnout, and we thank all who were able to attend. Migwech to all the people listed below for helping us have a successful powwow.

FCP Vets: Billy Daniels Jr., Louie Spaude, Clarence Daniels

Emcee: Jeff Keeble

Head male dancer: Brevin Boyd

Head female dancer: Darlaina Boyd

Meno Keno Ma Gē Wen Sr. Princess: Waleli Frank

Host Drum: Young Warriors/Fire Nations

Dancers: Bambi Shepard, Darwin Mankimetas Jr., Leon Mankimetas, Memeng wa Shepard, Dennis Shepard, Phillip Whiteman, Baa Paa likesshe Whiteman, Daniels Shepard, Peggy Konaha, Karsyn McCorkle, Dexter McCorkle, Robin Spencer, Rowdy Spencer, Amelia Richie, Marcus Richie, Ira Frank, Ava Frank, Gemma Frank, Jayla Frank, Blue Sky Meshigaud, Zaiden Daniels, Niya Frank, Una Ross

The staff enjoyed seeing the daycare children dance their cultural dances. They are so much fun to watch. It was uplifting to the staff when the Young Warriors/Fire Nations Drum group honored the staff of Rising Sun with an honor song. We were invited to dance so we danced with the daycare children. It was a very precious moment for us.

Special thanks to the Dewings for setting up their kettle corn and cotton candy. It was a very big hit on such a nice day. Thanks to the Education Department for helping set up in the morning; *Traveling Times* for taking pictures; and Jeff Keeble for explaining the different dances and regalia worn by the dancers with a bit of the history.

A feast was provided after the powwow with wild rice soup, Indian tacos, fresh vegetables from the farm and home-made zucchini bars.

Rising Sun staff would like to thank all of the parents for their continued support and their appreciation they show us on a daily basis. Migwech!



What is Energy?

submitted by Lynlee DeLeeuw, Land & Natural Resources

When you hear the word "Energy" what do you think of? Some people may think of energy efficiency, windmills, solar panels or even nuclear power plants.

What is energy? You may have heard the statement, "Energy is neither created nor destroyed." What does this mean? Well, it means that energy is everything around us and everything has some type of energy in it. The two basic forms of energy are kinetic energy and potential energy.

Kinetic energy is energy that moves. Kinetic energy can come in the form of heat, sound, or movement. Toddlers are pretty much non-stop kinetic energy!

Potential energy is any type of stored energy. It has the potential to be kinetic energy. When you pull an arrow back in a bow and are holding the arrow while you aim, that is potential energy. The potential energy is converted into kinetic energy when you let go and the arrow shoots out of the bow.



The Community Advocacy Program will be holding a painting class for tribal members and their families on Monday, Sept. 25, from 5 - 7 p.m. at the Family Resource Center (Old Tribal Hall).

Adults will be painting a picture of a feather with a ribbon, instructed by Dustin Anderson who is an art teacher in Wisconsin Rapids. Children will also be painting a picture of a feather with a ribbon, instructed by Rachel Keepers who is an art teacher in Laona.

Participants will have their choice of what color to paint the ribbon: Blue for child abuse, purple for domestic violence, or teal for sexual assault in remembrance of our loved ones affected by violence.

If interested in attending this painting class, please call Celine Kegley for more information or to register at (715) 478-7245.



Rising Sun Holds Mini Powwow

by Val Niehaus

In celebration of the end of summer, Rising Sun Daycare held a mini powwow to honor the children and everyone who helped out through the summer months. This took place on Aug. 29, 2017, outside at the Rising Sun Daycare facility.

It was a perfect day to hold a powwow outside with a bright sunny sky and decent temperatures. There was also a great turnout for this. It included the children at the daycare along with staff, families and community members. Members of different FCP departments also attended which afforded a number of people who have never had the opportunity to experience the powwow atmosphere a chance to see all that is entailed in this

type of event. Hopefully this will result in people who are not familiar with this traditional event to be able to appreciate what a meaningful, spiritual, and really just a fun enjoyable time it all can be. Just watching and listening to the sounds of a powwow can really be a moving experience for many.

Grand entry started as always with the FCP veterans carrying in the colors and staff along with Fire Nation/Young Warriors drum group accompanying them and the other dancers. Head male dancer was Brevin Boyd along with his sister Darlaina Boyd as head female dancer.

Jeff Keeble Sr., Culture Advisor, was the MC for the event and offered a lot of information about the different styles

of dance and the foundation behind the powwow itself. He really informed the crowd about the differences between the regalia of the dancers and explained the ways of their dancing including Woodland dancers, Grass dancers and Traditional dancers. Una Ross, administrative asst./child care certifier, then gave an explanation of the different women dancers involved—Jingle, Fancy (Butterfly), Applique and Traditional. Both did a great job in keeping the crowd informed on the variations between the different dance styles. Keeble even made a point of getting everyone there involved in an intertribal dance, meaning anyone who wants to dance can and does not need to be Native American or in regalia to do so. The entire point of this is to allow everyone to feel that beat of the drum and feel

the good emotions that are awakened by the dance itself.

The children had a great time just being children though some of them were dancers themselves. Ben Dewing and his family even had popcorn and cotton candy for the children and all to enjoy and that always adds a nice touch to such events.

When all was said and done and the dancing was finished, everyone who attended was able to enjoy some Indian Tacos along with all the fixings which had been prepared by Ms. Connie and others who helped with this portion of the event. It really was a perfect day for community members, FCP employees and the children to all get together and enjoy such a beautiful event on a beautiful day.



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POTAWATOMI
TRAVELING TIMES

**FIRST ANNUAL
FILM FESTIVAL**

**The FILM Program
will be hosting its
First Annual Film
Festival at the FCP
Auditorium on
Thursday, Sept. 28,
2017, from 4 - 6 p.m.**

**The festival will
feature student and
mentor films created
over the summer in
the FILM program.**

**Free Admission,
Popcorn and Candy**

I Found a Sick Animal - What do I do?

submitted by Jenni Mabrier, Environmental Education Coordinator

You pull into work one morning and notice a large black bird sitting on the ground over by some bushes. That night as you leave work and walk out to your car, you see the bird is still there. The next morning, there it is again. You walk closer to it. It hobbles into the bushes out of your reach, but doesn't fly away. You're pretty sure the bird is sick, but you don't know what to do.

This August, FCPC Natural Resources Department has already taken a couple calls about crows and ravens that are having trouble getting around. Those crows and ravens, along with blue and gray jays, belong to the same family, the corvids. When a corvid is on the ground and having trouble flying, walking, or even sitting upright, it's often a sign the bird is infected with West Nile virus. While many birds can get West Nile, corvids in particular seem to get infected the most.

While there are no reports of people catching West Nile from being near a sick bird, having that bird there is a warning that there are mosquitoes around who are carrying the West Nile virus. Any time you happen to touch a wild animal or something the animal was touching, it's

best to wash your hands thoroughly with soap and water as soon as possible after just to be safe.

FCPC Natural Resources Department is here to help. Several of its staff members are experienced at safely catching and moving birds to wildlife rehabilitators who are able to give them the medical care they need. It's not limited to just birds either. Trained staff can rescue any wild animal that needs help.

You can call the Natural Resources Department's main line at (715) 478-7222. You'll probably be asked a few questions: where you are, where the bird is, if you know what kind of bird, how is it acting, etc. Department personnel will come out and catch the bird, and then get it to a local wildlife rehabilitator.

If you're able to keep an eye on the bird while waiting for personnel to get there, please do it from a distance so the bird isn't trying to move away from you. Please don't try and catch the bird yourself. Just like some people get kind of crabby when they're sick, birds can be a bit temperamental when they're not feeling well and you handle them. They have strong feet with sharp toenails, and their



Staff at Wild Instincts (Rhinelander) examine a raven that was found unable to fly at FCPC Solid Waste. photo by Celeste Schuppler

beaks can do some damage as well. That is why only staff who have been trained to handle birds in a way that is safe for the bird and the human is sent.

Hopefully, once the animal gets the medical care it needs, it is able to make a full recovery. If it does, in fact, have West Nile, unfortunately, it usually doesn't survive. In some cases, if the West Nile is

caught early enough or West Nile isn't the reason it's sick, the wildlife rehabilitators are able to help the animal make a full recovery. When that happens, and the animal is ready to be released back out into nature, the department can let you know where and when that animal will be set free so you can be present if you'd like.

The what, how and who of West Nile Virus

submitted by Jenni Mabrier, Environmental Education Coordinator

West Nile is an infection caused by the West Nile Virus, which is spread to people by the bite of a mosquito that is infected with the virus. Viruses that are spread by mosquitoes are called arboviruses. West Nile Virus generally occurs during warm weather months of the year when mosquitoes are the most active.

West Nile Virus by itself is not a new disease. It was identified in 1937 in Uganda, Africa. West Nile Virus was first detected in the United States in 1999 when 62 cases of illness and seven deaths were reported in the New York area. Since that time, West Nile Virus has spread across the United States and into Canada and Latin America. The first case of the virus in Wisconsin was in 2001 in infected birds. The first human infection of the virus was in 2002.

The virus is spread primarily by mosquitoes that are infected. Mosquitoes get infected by feeding on the blood of infected birds and then transmit it to other birds and animals. In rare cases, it has been transmitted from an infected human to another human by blood transfusion.

Anyone can get infected by the virus, but older persons are at an increased risk of severe disease from the virus. About 80 percent of the people that get infected with the virus do not become ill, and the other 20 percent may experience a mild illness. Symptoms may include a fever, headache, eye pain, muscle aches, joint pain, and a rash on the trunk of

their body, swollen lymph nodes, nausea, and vomiting. Less than one percent of people infected with West Nile Virus will become severely ill. Symptoms of a severe illness include extreme muscle weakness, inflammation of the brain (encephalitis), paralysis, and coma. In rare cases, the infection may be fatal in the elderly and people with other medical problems. Symptoms usually occur 3-14 days after an infected mosquito bites a person.

A person that has had the virus can become immune to the virus or provide a prolonged immunity. There is no known treatment of West Nile Virus infection. A physician may provide treatment for other symptoms that may occur. In severe cases, hospitalization may be required.

Preventing mosquito bites will prevent West Nile Virus infection. Here are some tips on how you can prevent mosquito bites:

- Limiting the time you spend outdoors during mosquito season (June to September).
- Wearing shoes and socks, a long-sleeve shirt and long pants when outdoors.
- Applying insect repellents containing DEET to exposed skin.
- Spraying clothing with insect repellent when outdoors.
- Making sure your window and door screens are in good repair.

Reducing the mosquito population and breeding sites will also reduce mos-

quito bites and the chance of contracting the virus. You can do this by eliminating standing water on your property.

- Dispose of containers that hold water.
- Remove all discarded tires.
- Drill holes in containers kept outside.
- Make sure gutters are clean and drain properly.
- Change birdbath water.

- Turn over wheelbarrows, wading pools and boats when not in use.
- Clean and chlorinate pools, saunas and hot tubs.
- Use landscaping to eliminate standing water.

References: Wisconsin Department of Health Services. (2017). West Nile Virus. Retrieved from www.dhs.wisconsin.gov/arthoviral/westnilevirus.htm



NOTICES

CULTURE

Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety -

12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group -

Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery -

A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wejmo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen -

Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power -

Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

PROGRAMS

Diabetes Education Program -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program -

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.
- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

• WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.

September is Recovery Month:

FCP AODA is having a golf outing on Sept. 22, cookouts every Friday during the month, as well as weekly drawings for individuals who show up to their appointments.

September 2017 Calendar of Events

Community Health

- 9/20 - Diabetes Luncheon (HWC) noon - 1:30 p.m.
- 9/21 - Free Hepatitis C Testing (HWC-CH Exam Room) noon - 4 p.m.
- 9/25 - Food For Life Cooking Class (FCP Museum, lower level) 3:30 - 5 p.m.
- 9/28 - Fruit & Veggie Taste Test Day (HWC Lobby) 1 p.m. - 3 p.m.

Family Resource Center

- Healthy Relationships: Mondays (18, 25), 10 a.m. - 12 p.m.
 - Play Shoppe: Tuesdays (19, 26), 11 a.m. - 12 p.m.
 - FRC Girls 10-17: Wednesdays (20, 27), 3:30 - 5 p.m.
 - Circle of Sisters: Thursday, (21, 28), 1 - 3 p.m.
 - Community Women's Talking Circle: TBA
 - PIP: Thursdays (21, 28), 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays (18, 25), 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays (19, 26), 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays (20, 27), 3:30 - 5 p.m.
- Youth picked up from Crandon School at 3 p.m., and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

Recreation Department

- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 6 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.

DOES
SOMEONE
YOU
LOVE USE
OPIATES?

Do You Fear For
Their Life?

Naloxone Can Literally
Save Their Life! Free
Naloxone Training!



SEPTEMBER 20, 2017

6 P.M. @ EXECUTIVE BUILDING AUDITORIUM

OPIOID OVERDOSE RECOGNITION AND RESPONSE TRAINING

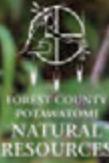
Forest County Potawatomi Executive Building | 5416 Everybody's Rd, Crandon WI 54520

REFRESHMENTS AVAILABLE | ENTER TO WIN A DOOR PRIZE!!

REMEMBER TO REGISTER!

RSVP

Call Carley Zartner or Ben Brusio at 715-355-6867
Or Valerie Loduha at 715-478-7405
Or text to 414-750-0083



SEPTEMBER IS WATĒ BGYA GIZES

- 1** Apples will be ripe. Try a fresh applesauce recipe.
- 2** Pearly everlasting blooms and is used by herbalists.
- 3** The autumn equinox will begin on Friday the 22nd.




Photos by FCP Natural Resources

wiwi byé bbomget éwi ndo zgèknémwat
wa mithwat gi wésiyèk
Animals will be storing
up for winter

mami shna wwi zhyéwèk gi gwiwzèsèk
zhi èttè kttè mbawat
Blue-spotted salamanders
head for hibernating grounds

Blended Family Event



Thursday
October 26
2017

12 - 3 p.m.
Family Resource
Center
(Old Tribal Hall)

Join the FCP Family Service Department and FCP Community Health Department in discussion on blended families, other experiences on being a blended family and how families have eased the transition of becoming a blended family.

Open to the FCP Community
Paluck Event: Feel free to bring a dish

- ★ For additional information, please contact Melanie Tatge, FCP Community Health Department Health Educator, at (715) 478-4382.





BURRITOS

\$4.75



**POTAWATOMI STONE LAKE
C-STORE/SMOKE SHOP/DELI**
Located 3 Miles East of Crandon off of Hwy. 8
5326 Fire Keeper Rd., Crandon, WI
(715) 478-4199
Open 7 days a week: 5 a.m. to midnight



PTT091517

HURRY!

BLOWOUT SALE

LED FIDGET SPINNERS

\$4.99



FOREST COUNTY POTAWATOMI
**CARTER C-STORE
SMOKE SHOP/DELI**
Hwy. 32, Carter (across from casino/hotel)
(715) 473-5100 | Open 24 Hours/7 Days a Week



PTT091517

OCTOBER IS
Breast Cancer Awareness
 MONTH



Breast Cancer Awareness Apparel

A variety of specially designed Breast Cancer Awareness apparel is for sale at the Carter Club Booth.

All proceeds go to support a local cancer program.

— EVERY THURSDAY —

Guests over 50 years of age will receive a free entry into the drawing. One winner will be drawn every hour from 11 am to 7 pm for \$100 cash.

For every 250 points earned, receive ten entries into the drawings.
Limit of two wins per person, per day.

LIVIN' IT UP AT 50

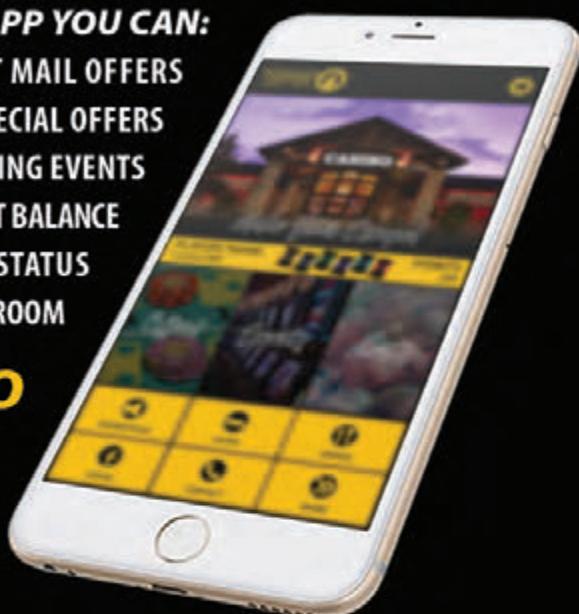


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- SEE UPCOMING EVENTS
- CHECK POINT BALANCE
- VIEW TIER STATUS
- RESERVE A ROOM

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GREEN & GOLD GAME DAY SPECIALS

SEPTEMBER 17TH, 24TH & 28TH

— FOOD —

PEPPERONI -OR- SAUSAGE PIZZA - \$8.00	WINGS (MIN. OF 6) - 75¢ EACH
BRAT WITH KRAUT - \$2.00	FRENCH FRIES - \$1.00 (WITH WINGS OR BRAT)

— DRINKS —

BUCKET OF BEER (5) - \$7.50	SINGLE RAIL BLOODY MARY - \$3.00
MILLER LITE® -OR- BUD LIGHT®	

CATCH ALL THE ACTION ON OUR 165" BIG SCREEN!

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