First Annual Scholarship Presentations Held

by Winda Collins

On Thursday, May 25, PTT traveled to Milwaukee to document a momentous occasion, that being the first annual Forest County Potawatomi (FCP) Foundation scholarship awards presentation.

Back in January of this year, the Foundation announced that it had created a scholarship program that would award $475,000 annually. The program was created to further support communities by addressing the need for more affordable education and training which, in turn, creates a more educated and skilled workforce. The Foundation’s mission is: “To allow deserving students to attain their educational goals, meet their professional objectives, and succeed to their fullest potential.”

Three scholarships were made available, each bearing the name of an FCP tribal member who had a significant, positive impact on the community. Brief biographies and scholarship descriptions are as follows:

Chief Simon Onanguisse Kahquados (May 18, 1851 – Nov. 27, 1930) Kahquados was born near Mishicot, Wis., and his ancestors were the long-time rulers in Door, Kewaunee, and Manitowoc counties. People described Kahquados as very intelligent and a great speaker. He taught himself to write in English, and he was a very popular guest during historic gatherings.

Kahquados wanted others to know and remember the Potawatomi’s history. In 1831, the Menominee signed a treaty with the U.S. government ceding three million acres, much of which the Potawatomi, not the Menominee, actually claimed. They lost their land without any compensation. Kahquados traveled to Washington, D.C., on behalf of his people in attempts to get the Potawatomi’s land back.

Kahquados was buried in Peninsula State Park on Memorial Day 1931. More than 15,000 people attended his burial.

Delores Pemma-Mann (Dec. 17, 1944 – Feb. 17, 2015) Delores Ann Pemma-Mann “Noden Kwe”, daughter of the late Peter Pemma Sr. and Adeline Thunder, was born in Hayward, Wis. She experienced life in the Wabeno area at a time when the tribe had very few opportunities. She frequently told stories about her hike to school - over the hills, through the woods many miles despite snow. At an evolving and tumultuous time for tribal people in the United States, Delores took solace in reading. An enthusiastic learner, she was one of the first tribal members to graduate from Wabeno High School. She left the reservation in an effort to further her education and enlarge the possibilities of a well-paying job for a Native woman in the mid 21st century.

In sunny Arizona, Delores pursued and attained an associate degree in business. After additional travels, she eventually planted new roots in the Milwaukee area. She worked for the Milwaukee Indian Health Board for several years, but her greatest career would be that of mother and grandmother. Her four sons, Paul, David, Jon and Marc, still reside in Milwaukee.

The legacy of her educational achievements live on in her grandchildren with whom she expressed her love of learning, the importance of tradition through living non-materialistically, and creative expression. She wrote beautiful poetry, was a candid-photo photographer and a mixed-media collage artist. By far, her greatest gift to her family was that of her immense love, her bold generosity, and her tender heart for the plight of others.

Lois Crowe (dates unknown at time of print)

Crowe attended Haskell Indian Boarding School and went on to receive her nursing degree in Chicago. In 1975, Crowe became the first and only woman to serve as tribal chairperson. Crowe served as the education director for approximately 20 years, and according to her son, Daniel “DJ” Smith (as relayed to PTT by Kaye Garcia), she was the Gaming Commission chairperson who signed the gaming compact with the state of Wisconsin.

As you can see, education was important to Kahquados, Pemma-Mann and Crowe, and it’s only fitting that these scholarships were named for them.

As for those students wishing to apply for the scholarships (all 180 of them), they faced iron-clad eligibility criteria, application requirements, all with a deadline that had to be met. Plus, recipients would have to be a Wisconsin resident, enrolled in a high school vocational/technical program, one of Wisconsin’s technical colleges, or an accredited Wisconsin university/college.

One of the most enjoyable requirements – at least for the advisory board who were integral in selecting award winners – were the personal essays that were part of the application process. This was an opportunity for the students to talk about themselves: their hopes and dreams for the future, and the challenges they face to make them come true. Their stories are what make these scholarships all the more special, and all the more crucial.

The midday luncheon presentation was held in the meeting room of the Wgettha Building on the Wgema Campus. Mistress of ceremonies was FCP Foundation Director Kaye Garcia who warmly welcomed the scholarship awardees and their families. Executive Council Member Heather VanZile and Secretary James Crawford were in attendance, as were Tom Boelter and Jason Bertrand from FCP Education, Milwaukee Mayor Tom Barrett, and FCP Gaming Commission Vice Chair Marc Young, son of the late Delores Pemma-Mann.

VanZile offered congratulations on behalf of FCP Executive Council saying, “Thank you for your strength and commitment. A community is only as strong as its members. Our communities need skilled workers, and we hope this program will fill the education gap.”

Mayor Barrett encouraged the students, “This is a new, exciting and challenging chapter in your lives. Put yourself out there. Run with it, sail with it, fly with it!”
OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP’s tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.

Greenfire Recognized in Daily Reporter’s Top Projects of 2016

Greenfire Management Services was recognized at the Daily Reporter’s Top Projects of 2016 Awards Dinner on Tuesday, May 16. The event, held at Potawatomi Hotel & Casino, honored construction management firms, general contractors, subcontractors, owners, architects, and engineers who were a part of some of the biggest and best construction projects of 2016. Greenfire Management Services’ projects, the W egethta Building at W geena Campus and the E chelon Apartments at Innovation Campus, were among those honored at the event.

Greenfire  provided preconstruction and construction management services for the E chelon Apartments. This development consists of 188 studio, one-bedroom, and two-bedroom apartment homes, located within a six-building complex surrounding the Historic Schoeber building at Innovation Campus in Wauwatosa, Wis.

Greenfire also provided preconstruction and construction management services to the renovation of the Historic Albrecht Hall and Rickner Library on W geena Campus - formerly Concordia College Campus. Albrecht Hall, originally built in 1900, and Rickner Library in 1941, was the third building to be redeveloped on the W geena Campus. Now renamed W egethta, meaning “Warrior” in Potawatomi, this building is occupied by the Forest County Potawatomi Gaming Commission, Legal Department, Foundation and other tribal offices. The W egethta renovation is part of a five-year strategic plan to renovate the remaining historic buildings on campus.

Greenfire Visits Milwaukee Christian Center’s YouthBuild Program

Greenfire visited the Milwaukee Christian Center’s (MCC) YouthBuild program earlier this month. YouthBuild provides young adults ages 18-25 with education and hands-on construction training while building homes for low-income families. YouthBuild members pursue their GED, receive hard and soft skills training, earn an hourly stipend and qualify for post-secondary education grants while giving back to their community.

Kip Richie, Greenfire president, and Andrew Ziebell, project manager, were able to connect with the MCC YouthBuild members and learn more about what their organization does, while offering some insight and advice on potential new partnerships to help grow their program. Redhawk Network Security Launches New Website

Redhawk Network Security, a subsidiary of PBDC, has a new website! Check it out at www.redhawksecurity.com.
Nancy Oestreich Lurie


She received her B.A. from the University of Wisconsin-Madison (1945), graduated with an M.A. in Anthropology from the University of Chicago (1947), and Ph.D. in Anthropology from Northwestern University (1952). There she met her husband, historian Edward Lurie in 1951, and divorced amicably 1963.

She taught at the University of Wisconsin-Milwaukee, University of Michigan and University of Aarhus, Denmark as a visiting scholar with a Fulbright-Hay Lectureship in Anthropology. She served as expert witness for more than half a dozen Indian tribes in cases before the U.S. Indian Claims Commission. From 1972 until retirement in 1993 was curator and department head of Anthropology at the Milwaukee Public Museum, and continued to serve as a volunteer until 2015.

Known for research and publications on American Indian history and culture including contemporary adaptations, particularly regarding the Ho-Chunk (aka Winnebago), the Dogrib (Tlicho; located in Canadian sub-arctic), and other intertribal urban Indian groups. Other publications concern Action Anthropology as a resource in community self-help efforts, and the history, functions, and methods of museums. She was active in professional anthropological organizations, including President of the American Anthropological Association, 1983-1985.

Nancy will be missed by hundreds of people around the world whose lives were impacted by her teachings, writings, and very presence for the past 93 years. A private internment service will be held at Forest Home Cemetery. A celebration of Nancy's life will be held at a later date at the Milwaukee Public Museum (please check the funeral home website for updates). If desired, memorials can be made to the Milwaukee Public Museum, American Anthropological Association, Ho-Chunk Nation/Cho-Wa-Re-Ja Museum and Archives, or Milwaukee County Historical Society. Suminski / Weiss LifeStory Funeral Homes (414) 276-5122 SuminskipFuneralHome.com.

Deadline for the July 1, 2017 issue is Wednesday, June 14, 2017.

This Memorial Day as we honor America’s fallen heroes, we will also be remembering your service and sacrifice for our country. Thank you for keeping our nation safe, strong, and free. Your courage and dedication will never be forgotten! With heartfelt gratitude, Forest County Potawatomi Veterans Post 1

Cole Steel Soman
“Gii-Wah-Baa” “Baby”

Cole Steel Soman “Gii-Wah-Baa” “Baby”, 22, of Crandon, Wis., passed away unexpectedly on Friday, June 2, 2017, at the Aspirus Langlade Hospital, Antigo.

Cole was born July 10, 1994, in Rhinelander, the son of Colin Soman and April McGeshick. Surviving Cole are his parents: Colin Soman and April McGeshick; sisters: Dawn Soman, Crandon; Anne Soman, Green Bay; brothers: Lance Tahaw, Crandon; Lucas Soman, Crandon; Darren Soman, Carter. He was preceded in death by his grandparents.

Visitation was held on June 4; Native American services were held June 5, 2017, at the Mole Lake Cultural Center with Billy Daniels Sr. officiating. Burial followed at the Mole Lake Tribal Cemetery. Weber-Hill Funeral Home assisted the family with the arrangements. Online condolences for the family may be directed to www.weberhillfuneralhome.com.

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon.

Please join us!
The annual Wisnëwéwen (Feast/Banquet) was held on May 22, 2017, to honor students who have graduated or who are moving on to the next grade/milestone in their life. This banquet was hosted by the FCP Education Department and was held at the Potawatomi Carter Casino Hotel (PCCH).

The night started with Billy Daniels Jr. offering a prayer for the graduates, for those in attendance, and for the food that was prepared. This was then followed by a welcome by FCP Executive Council Member Brooks Boyd who said, “It’s good to see everyone here to honor the students tonight. This is a big step for them and shows the future of our tribe is going in the right direction.”

Next to the podium was Jason Bertrand, higher education coordinator. He recognized the FCP students/community members who were awarded the Wisconsin Indian Education Association (WIEA) award. Those included in this honor were Autry Johnson, Alexis Harris, James and Jennifer Crawford and Thomas Boelter. Bertrand offered a bit of praise to each honoree as the crowd cheered for each individual who received the awards.

Executive Council Treasurer Joe Daniels was next to speak. He offered a sincere thank you to everyone for coming and for bringing the beautiful children along. He acknowledged the three different school districts present: Crandon, Laona and Wabeno, and thanked them for coming. He said, “As many know, we take pride in and show devotion toward the young people in our homes. We share a culture and the happiness we feel in looking back to where we were as Bodwéwadmi people, and from that we instill in our children the tools of life. Education is one of those tools of life, and we give them the encouragement to want to excel in it.”

Daniels then went on to introduce the WIEA Outstanding Indian Educator of the Year, Thomas Boelter. Boelter gave many thanks to everyone who acknowledged him for this award. He went on to talk about the changes in the education department and the statistics that have shown how the students have excelled through the past few years, particularly with their grade point averages and attendance. All are positive changes. As he said, “I’m predicting that in five years - if we stay on this path - all of our students will be academically excelling in all areas. We will have an average grade point average of 3.0 and above for all of our students. And we will have doctors, attorneys and we will be moving up from here on out.”

At the end was the presentation of the awards to all the students. There were four different categories of medals/awards presented:

Bronze medal awards for preschool attendance: Pesh Kno Alloway, Evan Bath, Bentley Collins, Bodde Daniels, Pearl Dunham, Waylon Frank, Dexter McCorkle, Shyla Milham-Queen, Marcus Ritchie, Jordy Shepard, Nickolas Shepard, Wytet Shockto, Brooklyn Smith, Mko-Gises Thundercloud, Alvin Weso and Zander Weso.

Silver medal awards for K-12 high honors: Israel Alloway, Juanita Alloway, Aaliyah Alloway, Bondese Frank, Cierra Frank, Michael Gilpin, Ted Gust, Nyomi Kegel, Penelope Peters, Frank Shepard, Jennifer Shopodock, Araena Soman and Abey VanZile.

High school graduates who received their Pendleton® blankets: Mikiya Alloway, Alyza Ford, Michael Gilpin, Kyle Harris, Autry Johnson, Madalynn Morris, Elijah Phillips, Kelly Spade and Trevor Taller.

Gold medal awards went to the higher education graduates: Brenda Cornell, Ilianna Daniels, Dolores Delgado, Taganas Frank, Brando Henneman, Brittany LaMere, Gerry Ann Mann, Tara Mann, Sonny Norton, Alexandria Picha, Heather Shockto, Robin Spencer and Jessica Thunder.

Top honor of the night was the Platinum award, which is for an elder who has been an outstanding role model and contributor to the FCP community. It is for someone who has gone above and beyond to help with the education of FCP members. This award went to Billy Daniels Jr. who was smiling the whole time. Congratulations!

The night was outstanding to say the least. It was a night of not only community members and families coming together to celebrate this year’s educational accomplishments, but it was a night to show to everyone that the FCP community is excelling in education on many different levels. It is giving everyone something to be proud of and that is always great to see! Congratulations to you all!

Photos of those unable to attend the banquet can be found on page 7.
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Education

Gte Ga Nēs Graduation 2017

by Val Niehaus

It is that time of year again! The time to honor all the children from Gte Ga Nēs preschool for moving onto the next step in their education.

On May 24, 2017, with a class that was one of the largest in some time, the graduates of Gte Ga Nēs celebrated their achievement with their family and friends at the FCP recreation center.

This year’s crowd was quite large! Not only was every seat taken, but there were people standing along the walls of the building. It was great to see so many there to congratulate the children on their accomplishment. The total number of children to graduate this year was 32!

Grand Entry started at 11 a.m. with Fire Nation and Eagle Fighters singing. Songs that were sung included the flag, honor and welcome songs. Keynote speaker for the day was Donald Keeble, FCP tribal member and program manager of FCP language department. He started by presenting a bit of his educational background. He described attending UW-Green Bay where he obtained his bachelor’s degree in First Nation Studies. He subsequently received his degree in AODA counseling from Milwaukee Area Technical College. He then brought what he learned from those areas back to the community to pass on to future generations. He stressed to the students and families gathered, “Don’t forget about the people before us who made all things possible in the area of education for us. They made it possible to be where we are today.” He mentioned the Lois Crowes, the Birdie Pemmas, the Aunty Dumpys, the Elaine Shepards, the Hartfords, the Gus Franks, and the Yvonne Shortys. He said, “They may not have had the education but they fought hard to provide us with our education, safe places for the community, and fought for an AODA. We have our elders to go to for history, culture, and language. Let’s start asking them for help and guidance for they are the ones who have the answers.”

After Keeble spoke, Terri Harris, Gte Ga Nēs preschool teacher, offered some acknowledgements in thanking everyone who helped in making this all possible. Those mentioned included the drum groups and dancers; the veterans (Mike Konaha and Sonny Shepard); Donald Keeble for coming to speak; the Recreation department for their assistance; IT for its assistance with the slide show; Celeste and Jenni from Natural Resources for their wonderful, hands-on weekly science activities; Frank Shepard and the rest of the Natural Resources staff who helped make a safe sledding hill and did nature walks with the children; Gloria from Language for doing the Potawatomi language lessons that the children enjoyed; PTT for the photos; Dewing’s Catering for the delicious food; and anyone and everyone else who has been helpful in the school year!

Last but not least, as part of the big day, the children received their diplomas and their keepsakes from the teachers. Everyone enjoyed the feast put on by Dewing’s Catering at the end of the formalities.

The event went well with many parents and families attending with pride in their own special graduate. It really is a wonderful opportunity for the community to come together as one and to celebrate the future of the FCP tribe.
First Annual Scholarship Presentation  
cont. from pg. 1 - all photos by Jeffrey Keeble

Young took to the podium and spoke briefly about his mother, Delores Pemma-Mann, and said, “She is looking down on the next generation of leaders.”

The scholarships and the number awarded appear below. A list of recipients was not available at time of print.

• Chief Simon Kahquados Scholarship (one-year, 25 awarded) - $1,000 plus a one-time $100 stipend.
• Delores Pemma-Mann Scholarship (two-year, 25 awarded) - $5,000 plus a one-time $300 stipend.
• Lois Crowe Scholarship (four-year, 30 awarded) - $10,000 plus a one-time $500 stipend.

Awardees were also given back-to-school backpacks and t-shirts. Another perk was a personal invitation from Brewers Multicultural Marketing Manager Thad McGrew: watch the Brewers take on the Diamondbacks the following day at Miller Park. Part of that perk was getting the group on the Jumbo-Tron!

After the presentations, students were allowed to speak to the crowd if they wanted. Of the handful that chose to, each was sincerely appreciative of the scholarship program and the dollars awarded to them.

This program reflects the giving spirit of the Potawatomi, the Foundation, and the continued support of FCP Executive Council.

Milwaukee Mayor Tom Barrett was a little late to the party, but his words of wisdom to the students were worth the wait. He also had high praise for the community: “The Forest County Potawatomi give back over and over and over again.”

“This awardee was explaining that he had sent out 10 scholarship applications but that only one responded: the Foundation. He was excited and pleased!”

FCP Executive Council Member Heather VanZile and Secretary James Crawford take the time to pose for a quick photo.

FCP Foundation Director Kaye Garcia served as mistress of ceremonies for the event and gave a warm welcome to those in attendance.

“Education is the most powerful weapon which you can use to change the world.”
— Nelson Mandela
Music or Sports?
by Winda Collins

On Saturday, May 27, PTT caught up with FCP tribal member Jennifer Shopodock at Firefighter’s Park in Wabeno. Shopodock, a sophomore at Wabeno High School (WHS), can be hard to pin down due to her busy school/sports/rehearsal schedule. The reason for PTT’s visit with this young lady was her involvement with the latest production, The Letter, put on by the Wabeno Area Players (WAP). Judging from the award she received from the Wabeno Lion’s Club just eight weeks ago for outstanding performance in instrumental music, it came as no surprise that she volunteered with other musicians to form the band for this show. What seems to be a natural instinct to do this when people feel the “heartbeat” of the drum.

After the dancing, the presenters were open to questions from the students and teachers. Those in attendance learned about the different types of regalia that are seen at powwows, the different clans that are present in the community, and why women hold such a sacred role in the Native American culture.

The presentation was both fun for the children and very informative for the students and staff. The presenting students did a wonderful job of sharing their culture with these young people. All in attendance seemed to enjoy the drum music, marveled at the dancing abilities of the girls, and seemed genuinely interested in learning about the Native American culture.

Demo at Crandon 4-K
by Val Niehaus

On May 23 and 25, the students in 4-K at the Crandon School had a special educational opportunity when local FCP members Roberta and Litta Alloway along with Chanel Shelly and Aliviyah Alloway did a presentation for them about some important aspects of the Native American culture.

Chanel (8) and Aliviyah (7) each appeared wearing their regalia. One of them was dressed in a jingle dress; the other in a butterfly/fancy dress. Both danced for the children to help educate them about the meanings behind dancing and going to powwows. The students LOVED watching the girls dance. They especially loved the beat of the drum music. This was obvious by the bobbing of many little heads with the rhythm of the drum. Seeing this response in those so young is supportive of what seems to be a natural instinct to do this when people feel the “heartbeat” of the drum.

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Wisnëwëwen
cont. from pg. 4

Frank Shepard, Nyomi Kegel, Laona, K-12 high honors

Michael Gilpin, Wabeno, K-12, high honors & graduate

Chanel and Aliviyah dancing for the students.

Jennifer, for taking time to share another piece of your story. Keep reaching!

Editor’s note: The next show by WAP is a musical/comedy/melodrama called “The Dastardly Doctor Devereaux” at the Wabeno High School Auditorium, August 10-13. If interested in being involved, contact WAP at (715) 889-1606, (715) 473-5466, or by email at wabeno-areaplayers@gmail.com.
From our Readers

5/5/17
Dear Mr. Norman Tribbett,
I am very thankful to be named the recipient of the Verol Mae Ritchie Endowed Scholarship. Words cannot describe how appreciative I feel in receiving this scholarship.

My mother grew up in Lac du Flambeau, Wis., and my father was living in Woodruff, Wis., when they met. I spent most of my childhood growing up in Franklin, Wis. We lived in a small house in front of a huge cornfield. Many of my memories were spent outside, getting lost in my imagination as I pretended to make hallways and rooms in the cornfield. I would often get in trouble for ruining the corn stalks from the owner of the land from my father, but my father would secretly join me outside as we laughed the day away. He was my best friend. The greatest joys of my life was when I found out I was going to be a big sister. I never understood what that meant until my brother, Joshua, was brought home from the hospital at home back in 2000.

I cherished forever. God called him into his home at age three, and was not expected to live past six years old. It wasn’t until they sat me down and told me he was forever in our hearts. My peers soon learned that I was Native American and was a popular subject they would joke about. One thing that was said was that I lived in a “teepee” and that I should go back to the reservation that I came from. It bothered me but I never let it get to me. I would use presentations in class to teach my peers about who I am and where I came from. It turned into peers poking fun at me to actually asking questions about that part of my heritage out of their own interest.

I attended middle school and high school in Cody, Wyoming. I was a part of every sport possible and I loved it. My favorite sport was track and field and traveling all over the state and surrounding states to compete. I made some amazing friends over the years and more in college.

I graduated with a degree in Allied Health, lived on my own, and had an awesome job in geriatrics in Wyoming. My parents started having marital problems, which soon led to a divorce. My mother moved back to Wisconsin and my father remained in Wyoming. That was the second time in my life that I thought my life was breaking again. I stayed in Wyoming two years after my mother left and made the heartbreaking decision to make Wisconsin my home.

I moved at the end of 5th grade and had to make all new friends. It was one of the hardest things for me to do because the town we moved to was small and everyone already knew each other. I was this new girl from Wisconsin and for a couple of years, making friends was tough. The only time I looked forward to were Julys because my mom and I would travel back to Lac du Flambeau for the month. We would spend the Fourth of July there and attend the Bear River Powwow, where I danced.

I knew this was my calling and I will have to work very hard to get there. I took some classes and finally, I received my acceptance into the nursing program here at Nicolet College. It was the best feeling in the world and I knew my dream of becoming a nurse was just beginning. I now work as a CNA in the hospital here and I absolutely love it. I have had many opportunities to work alongside of some amazing nurses and to better my nursing knowledge. My goal after nursing school is to gain as much experience as I can here at the hospital and then I want to try and get into a NICU wing up in Duluth, Minn. I also looked into traveling nurse assignments in Alaska that will better my experience and knowledge.

Theresa are all long-term goals of mine; however, my short term goals are just to take each week in nursing school at a time and give it 100 percent effort. As of now, I am nearing the end of my second semester of nursing school with a 3.8 GPA and am already looking forward to next semester.

Nicolet College is a great college for this program. It is a great college in general. My classes are small and I feel I can learn and get more out of the lectures. My instructors are literally a text message away if I need anything at all. College is not a word you hear much on the reservation and I want to change that. On my mother’s side of the family, my cousin Eric (we are the same age) and I were the first ones to graduate high school with a diploma and go on to college and graduate with a degree. That was a huge accomplishment for us and it is something that I am proud of. He is an engineer and I am working on another degree. I cannot wait to see where this degree will take me.

I cannot tell you how much this scholarship means to me. I was always offered loans and I never wanted to pack on student loan debt, so I would work long hours to try and pay off what grants could not cover. Third semester in nursing school is going to be a heavy one, and I am so honored and thankful that I can relax and not have to worry about paying a balance. This scholarship will cover everything, and I cannot thank you enough. It made my entire year in learning I was named a recipient of this scholarship.

Again, thank you so much! This is a huge help!
Danielle Soulier Kelley
Prepare Financially for a Disaster
submitted by Bobbie Irocky, FCP Emergency Management

Protect Your Property
One of the first things to do are finding out what disasters could strike where you live. The following steps can help you reduce the physical damage to your property if you were to be hit with a disaster. These steps can reduce your insurance costs, too.

• Install smoke detectors.
• Elevate utilities to upper floor.
• Clear surrounding brush to protect home from brush fires.
• Anchor your house to the foundation, and anchor the roof to the frame (mobile homes, double-wides).
• Cover windows, turn off utilities, or more possessions to a safer location if you have adequate time.
• Have your house inspected by a building inspector to find out what structural improvements could prevent or reduce major damage from disasters.
• If you bought your house, you might take construction type into account. Frame houses tend to withstand some disasters, while brick homes hold up better than others.

If you’re not sure where to start, you could contact your local fire department. Fire departments will often make house calls to evaluate your property and make suggestions on how to improve safety. Local utilities can be called upon to show you where to shut off gas lines.

Conduct a Household Inventory
Inventory your household possessions by making a list of everything you own. If disaster strikes, this list could:
• Help you prove the value of what you owned if those possessions are damaged or destroyed.
• Make it more likely you’ll receive a fast, fair payment from your insurance company for your losses.
• Provide documentation for tax deductions you claim for your losses.

To conduct a home inventory:
• Record the location of the original of all important financial and family documents, such as birth and marriage certificates, wills, deeds, tax returns, insurance policies, and stock and bond certificates. Keep the originals in a safe place and store copies elsewhere. You’ll need assessable records for tax and insurance purposes.
• Make a visual or written record of your possessions. If you don’t own a camera or videotaping equipment (and can’t borrow or rent), buy an inventory booklet and fill it out, or make a simple list on notebook paper.
• Go from room to room. Describe each item, when you bought it, and how much it cost. If you’re photographing or videotaping, have someone open closet doors and hold up items.
• Record serial numbers and model.
• Include less expensive items, such as bath towels and clothes. Their costs add up if you have to replace them.
• Be sure you include items in your attic, basement and garage.
• Note the quality of building materials, particularly for such furnishings as oak doors or expensive plumbing fixtures.
• Photograph the exterior of your home. Include landscaping – that big tree in the front yard may not be insurable, but it does increase the value of your property for tax purposes. Make special note of any improvements, such as patio, fencing and outbuildings.
• Photograph cars, boats, and recreational vehicles.
• Make copies of receipts and canceled checks for more valuable items.
• Get professional appraisals of jewelry, collectibles, artwork, or other items that are difficult to value. Update the appraisals every two or three years.
• Update your inventory list annually. Sounds like too much work? Computer software programs designed for such purposes can make the task much easier. These programs are readily available in local computer stores.

Most important, once you have completed your inventory, leave a copy with relatives or friends, or in a safe deposit box. Don’t leave your only copy at home, where it might be destroyed.

Buy Insurance
Even with adequate time to prepare for a disaster, you still may suffer significant, unavoidable damage to your property. That’s when insurance for renters and homeowners can be a big help. Yet, many people affected by recent disasters have been under insured, or worse, not insured at all. Homeowners insurance doesn’t cover some of the major disasters. Make sure you buy the insurance you need to protect against the perils you may face.

If you own a Home:
• Buy, at a minimum, full replacement or replacement cost coverage. This means the structure can be replaced up to the limits specified in the policy.
• Investigate buying a guaranteed replacement cost policy. When and where available, these policies can pay to rebuild your house, including improvements, at today’s prices, regardless of the limits of the policy.
• Update the policy to include any home improvements, such as basement refinishing. Annual automatic increases may not be enough to cover these.
• Buy a policy that covers the replacement cost of your possessions. Standard coverage only pays for the actual cash value (replacement cost discounted for age and use).
• Be very clear about what the policy will and will not cover, and how the deductibles work (the part you pay before the policy pays).

If you Rent:
• Buy renter’s insurance, which pays for damaged, destroyed, or stolen personal property. Your landlord’s insurance won’t cover damage to or loss of your possessions. Also, consider special coverage for your belongings.
• Be clear about what a policy will cover. Some policies cover more than others. For example, will the policy pay for living expenses if you have to live somewhere else temporarily, or for damage from sewer backup?
• Comparison shop for the best coverage at the best price. Other than government flood insurance, policies vary from company to company. Policies in most areas are very affordable. Start with the company that insures your car. Discounts are often available if you carry more than one policy with a company.

Special Coverage:
• Insurance for renters and homeowners won’t cover certain types of losses. Ask your insurance agent or financial planner about special or additional coverage for the following:
  • Home offices – Some policies automatically extend coverage to computer equipment and a few other items of business property. Talk to your agent to determine what items would or would not be covered. If necessary, you could buy additional business coverage at a modest cost. Or it may be better to buy a separate small business policy which would also provide more coverage.
  • Building codes – Ask your agent about additional insurance to cover the costs of meeting new stricter building codes. Frequently, after a disaster people are shocked with rebuilding costs that are much higher because building codes have changed. All current codes must be met when rebuilding. Consider additional structural improvements that provide more protection.
  • Other potential problems - This would include problems such as sewer backup, etc.
  • Big-ticket items – Purchase additional coverage for specific jewelry, collectibles, artwork, furs or other big-ticket items.

Keeping Cash
After a disaster, you may need cash for the first few days or even several weeks. Income may stop if you can’t work. To help stay solvent, consider the following:
• Keep a small amount of cash or traveler’s checks at home in a place where you can get at it quickly in case of a sudden evacuation. A disaster can shut down local ATMs and banks. The money should be in small denominations for easier use.
• Set aside money in an emergency fund. That can be tough to do on a tight budget, but it can be well worth the effort. The fund can be very helpful, not only in a disaster, but in other financial crises, such as during unemployment or when unexpected expenses arise.
• Keep your emergency funds in a safe, easily-accessible account, such as a passbook savings account or money market account.
• Keep some funds outside the local area, since the disaster that affects you could also effect your local financial institution.
• Keep your credit cards paid off. You may have to draw on them to tide you over.

Use an Evacuation Box:
Buy a lockable durable “evacuation box” to grab in the event of an emergency. Even a cardboard box would do. Put important papers into the box in sealed, waterproof plastic bags. Store the box in your home where you can get to it easily. Keep this box with you at all times; don’t leave it in your unattended car.

The box should be large enough to carry:
• A small amount of traveler’s checks or cash and a few rolls of quarters.
• Negatives for irreplaceable personal photographs protected in plastic sleeves.
• A list of emergency contact that includes doctors, financial advisors, clergy, and family members who live outside the area.
• Copies of important prescriptions for medicines and eyeglasses, and copies of children’s immunization records.
• Health, dental, or prescription insurance cards or information.
• Copies of your homeowners, renter’s and auto insurance.
• Copies of other important family records, such as titles, will, deeds, passports, relevant employee benefits, tax returns, etc.
• A list of bank accounts, loans, credit cards, driver’s license, investment account and social security numbers.
• Safe deposit box key.

Rent a Safe Deposit Box
Safe deposit boxes are invaluable for protecting originals of important papers. If you don’t have a safe deposit box, keep copies in your evacuation box or with family or friends. Original items to store in a safety deposit box are:
• Deeds, titles, ownership records for your home, autos, RV, boats, etc.
• Birth certificates and naturalization papers.
• Marriage license/divorce papers and child custody papers.
• Passports and military/veterans papers.
Forest County Potawatomi Coordinated Services Team  
submitted by Leigha Mackin, FCP Family Services

The Forest County Potawatomi (FCP) Community has long supported children and youth struggling to maintain social, emotional and physical well-being due to different types of challenges in their lives.

The FCP Coordinated Services Team (CST) is a collaborative system of care to address the needs of these children and youth by bringing together a child and family’s natural and formal supports in a culturally-appropriate way. The mission of the FCP CST program is to honor the unique needs of tribal children and families by giving them a voice, access and ownership in setting and achieving goals in a culturally-sensitive and community-based way. This process is strength-based and driven by a set of core values. Core values of CST include a family and culture-centered approach, child involvement in goal setting, strength-based planning building on a family’s unique strengths and qualities and culturally-responsive treatment that embraces an understanding of cultural diversity.

CST is a team approach in which members of a child’s family, community, school, healthcare, religion and culture come together to build a plan around a child to best meet the child’s needs. CST is focused on bringing together all professional agencies involved in a child’s life together with the family and the child to create the most comprehensive and caring plan of action. Family plans and children and family meetings are conducted and driven by the family’s strengths and FCP’s traditions and cultural ways. Family plans include an assessment of immediate needs, long-term goals, crisis intervention and any transition support. FCP CST can provide services specifically related to the FCP culture by engaging the child and family in cultural events within the community.

The CST approach ensures that families will be supported with available resources and that each member of the family team is held responsible for the goals set and outcomes achieved. Outcomes of CST include emotional and behavioral stability, reduction in ICW and CPS involvement, improvements at school and reduction in truancy issues, an increase in family well-being and personal growth and advocacy. Children eligible for FCP CST services must be involved in two or more systems of care such as mental health, special education, juvenile justice, AODA and/or child protective services.

For further information or to make a referral for a child to the FCP CST program, please contact Leigha Mackin in the FCP Family Services department at (715) 478-4991.

Disaster  
...cont. from pg 9
• Appraisals of expensive jewelry or heirlooms.
• Certificates of stocks, bonds, and other investments.
• Trust agreement.
• Living wills, power of attorney, and healthcare powers of attorney.
• Insurance policies.
• Home improvement records.
• Household inventory documents.

Generally, originals of wills should not be kept in a safe deposit box since the box may be sealed temporarily after death. Keep originals of wills with your local register of wills or your attorney.

Deciding on a safe and convenient location is an issue. You may want to consider renting a safe deposit box in a bank far enough away from your home so it is not likely to be effected by the same disaster that strikes your home (for instance, bank vaults have been flooded). Keep the key to the safe deposit box in your evacuation box.

Home Safes and Fire Boxes
Safes and fire boxes can be convenient places to store important papers. However, some disasters, such as tornadoes, could destroy your home. Usually, it’s better to store original papers in a safe deposit box or at another location well away from your home.

If you Have Time
Some disasters, such as tornadoes, strike with little or no warning. Others may allow some time to prepare. If there is enough time, you could take the following actions:
• Decide what household items you would put on a very short priority list. For example, imagine you could take only one suitcase or pack a single carload. What would you take? Involve the whole family in this discussion.
• Take jewelry and other small valuables.
• Take irreplaceable heirlooms, mementos and photos.
• Don’t bother with replaceable items, such as TV, furniture, computers, clothing (except what you need to wear).
• Take important papers and computer flash drives if you have a home business.

You may not be able to do everything that is suggested – that’s OK. Taking even limited action now will go a long way toward preparing you financially before a disaster strikes.

Ref: American Red Cross
June is National Men’s Health Month
submitted by FCP Community Health

Take action to be healthy and safe and encourage men and boys in your life to make their health a priority. Learn about steps men can take each day to improve health.

Get Good Sleep
Adults need between 7-9 hours of sleep. Insufficient sleep is associated with a number of chronic diseases and conditions, such as diabetes, cardiovascular disease, obesity, and depression. Also, poor sleep is responsible for motor vehicle and machinery-related accidents.

Toss out the Tobacco
It’s never too late to quit. Quitting smoking has immediate and long-term benefits. It improves your health and lowers your risk of heart disease, cancer, lung disease, and other smoking-related illnesses.

Eat Healthy
Eat a variety of fruits and vegetables every day. Fruits and vegetables have many vitamins and minerals that may help protect you from chronic diseases. Limit foods and drinks high in calories, sugar, salt, fat, and alcohol.

Tame Stress
Sometimes stress can be good. However, it can be harmful when it is severe enough to make you feel overwhelmed and out of control. Take care of yourself. Avoid drugs and alcohol. Find support. Connect socially. Stay active.

Stay on Top of Your Game
See your doctor or nurse for checkups. Certain diseases and conditions may not have symptoms, so checkups help identify issues early or before they can become a problem.

Pay attention to signs and symptoms such as chest pain, shortness of breath, excessive thirst, and problems with urination. If you have these or symptoms of any kind, be sure to see your doctor or nurse. Don’t wait!

FILM Project Update
by Val Niehaus

Dave Herkert, FILM coordinator, recently stopped in by PTT to share a quick update about the project.

As previously reported, this project began several months ago with 16 dedicated participants currently involved. In addition, the FILM advisory board has been very busy helping the students and thinking of different workshops to do with them. Some of the workshops have included: setting up lights, running the camera, writing scripts/storyboards, directing, and even a bit of acting. Herkert said, “Some of the students were a bit hesitant at first to try the acting, but once they saw one student try it, the rest fell into line.” The students are learning everything there is to know about being on a realistic movie set so they are having a great time with it all!

One workshop included going to a real sound studio at the home of Mike Baker. Here, they were able to see what it’s like to play with sounds and music that are then added to a film. A huge thank you goes out to Baker for opening his studio to the youth.

Another major upcoming event with this program involves the students assisting with the filming of the new Mad Dog and Merrill-Midwest Grill’n Show set to be produced on July 10, 2017, at the powwow grounds in Carter, Wis. It is obviously a big deal to actually be helping with a real television show - especially one that’s well-known throughout Wisconsin. Herkert wanted to make people aware that if it rains that day, the rain date will be July 17, 2017.

The most exciting news besides helping film this television show is that construction has begun on the studio/master control room located in Crandon. Herkert is very excited to see this in play as having all the equipment in one area with the production set will be that much more beneficial to the program.

Things seem to be moving right along for the FILM group and now that summer is here, it will be even more exciting to see what’s produced by the students.

As a reminder, if you are interested in this project, you may contact Dave Herkert at (715) 478-496. This activity is open to tribal and non-tribal students interested in any area of producing and filming videos.

Keep track of your numbers for blood pressure, blood glucose, cholesterol, body mass index (BMI), or any others you may have. If your numbers are high or low, your doctor or nurse can explain what they mean and suggest how you can get them to a healthier range. Be sure to ask him or her what tests you need and how often you need them.

Get vaccinated. Everyone needs immunizations to stay healthy, no matter how old you are. Even if you had vaccines as a child, immunity can fade with time. Vaccine recommendations are based on a variety of factors, including age, overall health, and your medical history.

Encourage all men to be proactive when it comes to their health!

Indigenous Environmental Network on Exit from Paris Agreement

BEMIDJI, Minn. (June 1, 2017) - Following reports that Donald Trump will end the United States’ participation in the Paris Agreement, the Indigenous groups that make up the Indigenous Environmental Network are responding, denouncing the move and calling for continued resistance to Trump’s disastrous environmental policies.

Tom BK Goldtooth, executive director of the Indigenous Environmental Network, issued the following response: “Donald Trump is showing us the art of breaking a deal. By abandoning the Paris Agreement, this administration will further perpetuate environmental racism and climate injustice against Indigenous peoples experiencing the worst effects of climate change across the globe. We’ve stated before that the Paris Agreement falls short of embracing the sort of climate solutions that lift up human rights and the rights of Indigenous peoples. Regardless of its shortcomings, it is critical that the United States be held accountable for its contributions to the climate crisis we are seeing across the globe and to take ambitious action to meet the Agreement’s goal to limit temperature increases to 1.5 degrees Celsius. Backing out of this agreement continues a long history of broken promises and threatens the vital and sacred life cycles of Mother Earth.”

Eriel Deranger, Executive Director of Indigenous Climate Action, Canada: “Today’s announcement is a direct assault on Indigenous communities the world over. North American Indigenous peoples have been working together, across colonial borders, to find collaborative solutions that address climate change and systemic oppression that has left our people out of the conversation. This decision now creates another barrier for our people to overcome, making Indigenous knowledge and leadership even more critical and vital to ensure a sustainable and just future for everyone.”

Monique Verdin, Secretary, United Houma Nation Tribal Council, Louisiana: “The Standing Rock Sioux Tribe’s Statement from the Indigenous Environmental Network: “We must not lose sight of why the movement against the Dakota Access Pipeline began. The pipeline was originally set to go through Bismarck, N.D., but the community rejected that plan because they were afraid it would jeopardize the Bismarck water supply. Thereafter, the pipeline was routed to pass thru treaty lands of the Ocieti Sakowin, also known as the Great Sioux Nation, and within miles of the Standing Rock Sioux Tribe’s primary intake for drinking water, without proper consultation or free, prior and informed consent. Since day one, we have been standing up against this blatant act of environmental racism and social injustice towards Indigenous Peoples.” “The Standing Rock Sioux Tribe’s water supply is officially at risk with the pipeline being fully operational. Many other Native and non-Native allies will continue to stand with Standing Rock and continue to organize to ensure Energy Transfer Partners is held accountable for the human rights crimes they have committed, not just against Standing Rock but the many other Native nations along its path.” Statement from Standing Rock Sioux Chairman, Dave Archambault II: “Now that the Dakota Access Pipeline is fully operational, we find it more urgent than ever that the courts and administration address the risks posed to the drinking water of millions of American citizens.” “This pipeline became operational today, yet it has already leaked at least three times. This foreboding as the company does not yet have a plan in place to address how they would contain and clean a serious spill. “We will continue to battle the operation of this pipeline in court and remind everyone that just because the oil is flowing now doesn’t mean that it can’t be stopped. The courts can stop it by demanding that the administration be held accountable for the full Environmental Impact Statement it initiated and then abandoned.”

The Indigenous Environmental Network is an international environmental justice nonprofit that works with tribal grassroots organizations to build the capacity of Indigenous communities. www.ienearth.org
Tribal Nations Continuing to Support Action on Climate Change and Paris Accord submitted by Native American Rights Fund

WASHINGTON, DC - In spite of the disappointing news that President Trump has decided to withdraw from the Paris Agreement on climate change, Tribal Nations, the National Congress of American Indians (NCAI), and the Shakopee Mdewakanton Sioux Community finds that the grants from First Nations managed 30 separate grants under Food Sovereignty in Native Communities: Impact Report 2015-2016. This new report illustrates the significantly positive impact its work has had on Native American communities under First Nations’ participation in the Shakopee Mdewakanton Sioux Community’s (SMSC) Seeds of Native Health campaign.

First Nations was the largest of the SMSC’s inaugural partners in its groundbreaking Seeds of Native Health campaign, which was launched in 2015. Because of First Nations’ “longstanding expertise in efforts to eliminate food insecurity, build the health of communities, and support entrepreneurship and economic development,” it received $1.4 million from the SMSC for grantmaking and management of projects relating to food access, food sovereignty, and capacity building. During 2015 and 2016, First Nations managed 30 separate grants under the program, supporting tribes and Native organizations in numerous states across the United States.

“Most of Indian Country is in a dietary health crisis. Supporting local efforts to build community gardens and provide access to fresh foods for vulnerable populations is critical to improving Native peoples’ well-being,” said SMSC Chairman Charles R. Vig. “First Nations’ incredible expertise in this area has made them an ideal partner to help tribes and communities address this crisis.”

Growing Food Sovereignty in Native Communities finds that the grants from First Nations led to the community partnerships more than 6,000 people in 53 Native Communities

LONGMONT, Colorado (June 6, 2017) – First Nations Development Institute (First Nations) published Growing Food Sovereignty in Native Communities: Impact Report 2015-2016. This new report illustrates the significantly positive impact its work has had on Native American communities under First Nations’ participation in the Shakopee Mdewakanton Sioux Community’s (SMSC) Seeds of Native Health campaign.

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Growing Food Sovereignty in Native Communities finds that the grants from First Nations led to the community partners/grantees generating 63,613 pounds of harvested vegetables, 56,385 pounds of harvested wild rice, 1,572 pounds of harvested fruit, and 102 pounds of grown medicine, in addition to the more than 250,000 fish that were harvested. Fully 89 percent of these foods and medicines were donated to community members for subsistence purposes. The estimated food revenue that was saved and/or earned was $1.75 million, with the local communities leveraging an additional $1.56 million to support their community projects. These efforts served a total of 6,319 people, including 1,386 elders and 2,555 Native youth.

Efforts included community gardens and smoke houses, farmers’ markets, farm-to-school programs, classes, workshops and other activities. In addition, 129 new food-related businesses were created or supported, nine new tribal food policies were developed, and two new traditional foods curricula were prepared. First Nations also provided technical assistance and training to grantees to assist with the long-term sustainability of programs, including topics such as strategic planning, business planning, financial recordkeeping, project management, and various specialized technical trainings. The report also highlights lessons learned from community partners that can further food sovereignty and nutrition for Native communities and other partners, includ- ing funders. The complete numbers can be found in the report.

“There is a vibrant and active food sovereignty movement taking place in Native communities, and the Seeds of Native Health campaign has been a tremendous asset in furthering the work of this dynamic, Native-led movement,” noted Raymond Foxworth, First Nations’ Vice President of Grantmaking, Development and Communications. “The Growing Food Sovereignty in Native Communities report documents Native innovation when it comes to community-led solutions to improving local food systems and Native nutrition. First Nations is honored to be a partner of the Shakopee Mdewakanton Sioux Community and the Seeds of Native Health campaign that will have a lasting impact in growing strong and healthy Native communities.”

Growing Food Sovereignty in Native Communities is available as a free download from the Knowledge Center on First Nations’ website at http://www.firstnations.org/knowledge-center/foods-health-research. (Note: The Knowledge Center requires a free online account in order to download the report and access numerous other free resources.)

The full list of grant recipients can be seen in the report or at http://www.firstnations.org/programs/foods-health.

About First Nations Development Institute

For more than 36 years, using a three-pronged strategy of educating grassroots practitioners, advocating for systemic change, and catalyzing Indian communities, First Nations has been working to restore Native American control and culturally-compatible stewardship of the assets they own—be they land, human potential, cultural heritage or natural resources—and to establish new assets for ensuring the long-term vitality of Native American communities. First Nations serves Native American communities throughout the United States. For more information, visit www.firstnations.org. Join us on Facebook and Twitter!

About the Shakopee Mdewakanton Sioux Community

The Shakopee Mdewakanton Sioux Community is a federally recognized, sovereign Indian tribe located southwest of Minneapolis/St. Paul. Making its top priority to be a good neighbor, the SMSC is one of the top philanthropists in Minnesota and donates more to charity than any other Indian tribe in America. It also focuses on being a strong community partner and a leader in protecting and restoring natural resources. More information is available at ShakopeeDakota.org.

About Seeds of Native Health

Seeds of Native Health is the Shakopee Mdewakanton Sioux Community’s philanthropic campaign to improve Native American nutrition and food access. Launched in 2015, the $10 million campaign has provided grants to local communities and funded research, education, and capacity-building efforts. Partners include the American Diabetes Association, American Heart Association, AmeriCorps VISTA, Better Way Foundation, the Federal Reserve Bank of Minneapolis, Center for Indian Country Development, First Nations Development Institute, MAZON: A Jewish Response to Hunger, the Nobah Regay III Foundation, the University of Arkansas School of Law’s Indigenous Food and Agriculture Initiative, and the University of Minnesota. More information is available at SeedsofNativeHealth.org.
**JUNE IS EDÉMEN GIZES**

1. June has the longest day of the year. All daylight lasting longer than 15 hours/day. Enjoy lots of daylight!
2. Male bass will protect the eggs during spawning but once the fry hatch they must find cover. Otherwise, they may become a snack.

iw zhyé é mïk démek wëdémnen
Time to pick strawberries

mšhkéyék é wéwbìwat e gkedowat
wëdawwëwëmen
Turtles will be nesting/laying eggs

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**FCP BOXING GYM IS BACK BEGINNING JUNE 12!**

Open to the public
9 a.m. - 6 p.m.
Monday - Friday

Anyone wanting to utilize the facility is welcome!

**Ice Mountain Water**

1 Liter Bottles
2 For $3

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**Summer Day Camp**

**JUNE 20 - JULY 27, 2017**

Tuesdays, Wednesdays, Thursdays
9 a.m. - 2 p.m.

Boys and Girls ages 7-12 years old

Sponsored, provided and presented by FCP Tribal Programs

Lunch provided by FCP Summer Feeding Program

Registration is June 5-20, and forms are available at the Stone Lake Recreation Center
(715) 478-7420 or Education Department located at 209 E. Elm St., Crexton
(715) 478-7305

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**The Healing Journey:**

**How to Handle Dealing with Grief and the Impact of Substance Abuse on Those You Love**

Wednesday
June 21, 2017

**6 - 9 p.m.**

FCP MUSEUM LOWER LEVEL

Open to the FCP Community
Please Bring a Dish to Pass

Contact: Jeff Radelle
(715) 478-4377 or eclectic泰山
(715) 478-4300, with questions

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**POTAWATOMI CARTER/STONE LAKE C-STORE**

Hwy. 32, Carter
(across from casino/hotel)
(715) 473-5100
Open 24 Hours/7 Days a Week
**NOTICES**

**CULTURE**

Language Classes - Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPG students and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

**HEALTH**

**SERVICES OFFERED**

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which includes topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings “The Good Life” - Tuesdays, AODA Building, 5519 Wej meat Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4570 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4570 with questions.

Do You Feel Like No One Understands You? - You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

**PROGRAMS**

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, ket filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleere- man, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program - By appointment. S - Support; P - Program; A - Act-ive, Stay Act-ive; R - Reap the Re- wards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

**Diabetes Education Program** - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4583, or Carlyn Chirko at (715) 478-4367.

**Employment Skills Program** - FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DVM to obtain, reinstatement and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.
- WinWay Résumé Deluxe - it’s easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.

**June 2017 Calendar of Events**

**Community Health**

- 6/14 - Babies Clinic; (We Care) 10 a.m. - noon, (LNR) 2 - 4 p.m.
- 6/17 - 5K Fitness Event; (Rec Center) 9:30 a.m. - Reg., 10:30 a.m. Race Start
- 6/21 - Diabetes Luncheon; (HWC Lower Large Conference Room) noon - 1:30 p.m. Topics: Diabetes 101, Physical Activity and Diabetes, June is National Dairy Month, Sun Safety; “Don’t Fry–Day”
- 6/27 - Men’s Health Month; (Bug Lake) A Day of Fishing, 10 a.m. - 2 p.m.
- “see flyer on pg. 10
- 6/20-7/27: Summer Day Camp; (TBD) Tuesdays and Wednesdays, 9 a.m. - 2 p.m.
- Let’s Walk! Walking Program: (HWC Therapy Gym), Monday - Thursday, 6 a.m. - 7 a.m., Monday - Friday, noon - 1 p.m., Monday - Thursday, 5 - 6 p.m., Saturday, 8 a.m. - 2 p.m.

**Family Resource Center**

- Healthy Relationships: Mondays (12, 19, 26), 10 a.m. - 12 p.m.
- Play Shoppe: Tuesdays (13, 20, 27), 11:30 a.m. - 12:30 p.m.
- FRC Girls 10-17: Wednesdays (14, 21, 28), 10 a.m. - 2 p.m.
- Community Women’s Talking Circle: Thursday, (22, 1) - 3 p.m.
- PIP: Thursdays (15, 22, 29), 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

**CHOICES Program**

- Youth 10 - 12: Mondays (12, 19, 26), 10 a.m. - 2 p.m.
- Youth 13 - 17: Tuesdays (13, 20, 27), 10 a.m. - 2 p.m.
- Youth 7 - 9: Wednesdays (14, 21, 28), 10 a.m. - 2 p.m.
- Youth picked up from home and dropped off when program is done. Call (715) 478-4839 for more info.

**Recreation Department**

- Open Gym: Rec Center, Monday – Friday, 7 a.m. – 6 p.m.
- Carter We Care Monday – Friday, 7 a.m. – 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.
- Fish trip, Monday June 12, leaving Rec Center at 11 a.m., ages 10+.
- Rope course (Rhinelander), Wednesday, June 14, leaving the Rec Center at 11:15 a.m., ages 8+.
- Volleyball tournament (We Care), Friday, June 16, noon, ages 10+.
- Rafting trip, Monday, June 19, leaving Rec Center at 10 a.m., ages 12+.
- Disk golf trip, Friday, June 23, leaving the Rec Center at 10 a.m., ages 8+.
- Swimming trip, Monday, June 26, leaving the Rec Center at 10 a.m.
- Golf trip, Friday, June 30, leaving Rec Center at 10 a.m., ages 12+, Nicolet Golf Course.

**PERSONALS**

**THANK YOU!**

I would like to thank the community for its hospitality, visits and support for the food sales. It’s much appreciated!

Rick Alloway
No way!

There’s a festival coming!

1ST ANNUAL
FOREST COUNTY FESTIVAL
AN EVENT UNLIKE ANY OTHER!

Look for more details to come in this publication.