



WIEA Annual Awards Banquet



FCP WIEA award recipients (l-r): Thomas Boelter, Autry Johnson, Eve Hawpetoss, Jennifer and Jim Crawford and Samantha Smith

by Val Niehaus

On May 13, 2017, the Wisconsin Indian Education Association (WIEA) held its annual awards banquet at Lake of the Torches Resort Casino in Lac Du Flambeau, Wis.

WIEA was established in 1985 by a group of concerned Indian educators to carry on the efforts of the former Great Lakes Inter-Tribal Council (GLITC) Education sub-committee. The Association has seven different regions through-

out the state. The region board members are responsible for hosting meetings in the region throughout the year to share and gather information for the board to either act upon or disseminate to all other WIEA members. *(cited from WIEA website)*

The WIEA Outstanding Indian Education awards highlight individuals who have made a lasting impact on the educational opportunities of American Indians and Alaskan Natives living throughout Wisconsin. *(cited from handout)*

FCP community members who received this award were: Outstanding American Indian Student of the Year 8th-10th grade, Eve Hawpetoss; Outstanding American Indian Student of the Year 11th-12th grade, Autry Johnson; Undergraduate Student of the Year, Alexis Harris; Outstanding Indian Educator of the Year, Thomas Boelter; Outstanding Indian Parents of the Year, James and Jennifer Crawford; Friend of Indian Education of the Year, Samantha Smith.

The banquet was a nice touch to honor not only FCP students and faculty, but to also honor the strength in Indian Education and others around the state of Wisconsin. Brian Jackson, WIEA president, welcomed everyone in attendance and went on to speak about Act 31 and the importance of it in this state and area. An invocation was presented by Robert Elm and the Master of Ceremonies was Brandon Thoms. Thoms says, "We are all here for education and we are all cham-

pions in education, we are all friends and allies. Give yourself all a hand for being champions in education!"

All of the FCP members who received these awards were very grateful for the honor. Thomas Boelter said, "I am deeply honored to accept the award for Outstanding Indian Educator of the Year. However, I accept this award giving thanks to our education staff for their hard work. I learned long ago it is not about 'I' or 'me'. It is about 'we' and 'us'. The most important thing at the end of the day is that we have made a tremendous difference for our youth and others have noticed. I would also like to thank our leadership for making education a priority for our membership. We could not do what we do without their support. Finally, a thank you goes out to WIEA for all of their efforts working to bring positive changes in education to Indian County."

At the end of the banquet there was special entertainment by Native comedian Tito Ybarra which left many in the room breathless with laughter.

Overall the night went well and the participants of all the tribes present were very happy with the acknowledgment they received during the evening. It was a very nice event and both honored the Native students individually while also emphasizing the importance of education for the future of the students, their families, and the tribes.



Brian Jackson, WIEA President



Brandon Thoms, Master of Ceremonies

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



GREENFIRE

Concordia College Alumni Class of 1967 Tour Wgema Campus

Potawatomi Business Development Corporation recently welcomed Concordia College Alumni back to the Historic Concordia College Campus, now Wgema Campus. Special tours were given to the Class of 1967 to celebrate its 50-year reunion. The Class of '67 was the first co-ed class to graduate from Concordia, which marked a very important year in Concordia's history.

In total, the class of 1967 included 145 graduates, 58 of them women.



Pictured above: Concordia College Alumni Class of 1967 touring the newly-renovated Wgeththa building, formerly Albrecht Hall and Rickner Library.



Pictured above: Concordia College Alumni touring the Tthigwe building, formerly the Concordia College Gymnasium. This building is still being used as a gymnasium at Wgema Campus.

Greenfire is Seeking Qualified Project Managers & Superintendents

Greenfire Management Services is currently seeking qualified project managers and superintendents to join its team. View the Careers page of its website for more information at greenfire.com/careers.



PBDC Hires Sue Benson as Director of Human Resources



Potawatomi Business Development Corporation recently announced the hiring of Sue Benson as director of human resources.

Benson is responsible for human resources for PBDC's commercial side of the business including subsidiary companies Greenfire Management Services, Redhawk Network Security and Data Holdings.

Benson graduated from the University of Phoenix with a master's degree in organizational management and also holds a bachelor's degree in business administration. She brings

experience and a proven track record of success in benefit administration, compliance, recruiting and compensation which will be invaluable in meeting the departmental goals and objectives.

Happy June Birthday to These Elders!

- | | |
|--------------------------|-------------------------|
| 6-1 Richard Alloway | 6-23 Margaret Shepard |
| 6-1 Denise Mulder | 6-23 Michael Patterson |
| 6-4 Mary Ritchie | 6-23 Ruth Weso |
| 6-11 John Waube | 6-23 Sarah Krahn |
| 6-12 Viola Sakiestewa | 6-24 Carol Coyle |
| 6-13 Richard Boelter Jr. | 6-24 Jesse Jacobson Jr. |
| 6-15 Linda Spaude | 6-29 Georgina Rank |
| 6-17 Anthony Petonquot | 6-29 Bruce Shepard I |
| 6-18 Clifford Vigue | |



FCP CARING PLACE June 2017 Activities Calendar

EVENTS IN THE ACTIVITIES ROOM: Activity room is open daily for activities at the Caring Place. Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- 6/6: Shopping
- 6/8: GLNAEA (Lac Vieux Desert)
- 6/13: Casino Day
- 6/14: Ryan Pelton Concert (Elvis Impersonator) Milwaukee Casino
- 6/19: Brewers Game
- 6/23: Rouman Cinema
- 6/25: Bingo (Carter Casino)
- 6/27: Birthday Bingo at Caring Place
- 6/28: Cookout at Elder Apartments, 4:30 p.m.



Deadline for the June 15, 2017 issue is Wednesday, May 31, 2017.



POTAWATOMI TRAVELING TIMES

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FCP EXECUTIVE COUNCIL

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Elder Menus JUNE 2017

- | | |
|--|--|
| <p>Monday, 6/5 Salisbury Steak, Mashed Potatoes, Gravy, Green Beans, Peaches, Bread & Butter</p> <p>Tuesday, 6/6 Chef Salad w/Turkey, Ham, Egg, Tomato, Onion, Cucumber & Cheese, Assorted Crackers, Pineapple</p> <p>Wednesday, 6/7 Lemon Pepper Fish, Parsley Potatoes, Asparagus, Lemon Wedges, Chocolate Chip Cookie</p> <p>Thursday, 6/8 BBQ Pork on Bun, Potato Salad, Apricots, Baked Beans, California Blend Vegetables</p> <p>Friday, 6/9 Potato Soup w/Ham, Onions, Celery & Carrots, Cheese Sandwich, Banana Pudding, Grape Juice</p> <p>Monday, 6/12 Egg Salad on Wheat Bread, Leaf Lettuce, Cold Pasta Salad, Peas, Mixed Berries, Cranberry Walnut Cookie</p> <p>Tuesday, 6/13 Ham & Swiss on Rye, Cottage Cheese, Tomato & Cucumber Slices, Apple Pie</p> <p>Wednesday, 6/14 Brat on Bun, Coleslaw, Baked Beans, Sun Chips®, Jello® w/ Fruit</p> <p>Thursday, 6/15 Chicken Wings, Mashed Sweet Potatoes, Brussels Sprouts, Wheat Dinner Roll, Tangerine</p> <p>Friday, 6/16 Vegetable Beef Barley Soup, Biscuit, Crackers, Pineapple, Ice Cream</p> | <p>Monday, 6/19 BBQ on Bun, Corn on the Cob, Lettuce Salad, Watermelon</p> <p>Tuesday, 6/20 Country Fried Steak, Mashed Potatoes, Gravy, Peas & Carrots, Grapes</p> <p>Wednesday, 6/21 Baked Chicken Breast on Wheat Bun, Lettuce, Tomato, Broccoli & Cauliflower, Peach</p> <p>Thursday, 6/22 Meatloaf, Baked Potato, Green Beans, Wheat Dinner Roll, Cantaloupe</p> <p>Friday, 6/23 Tomato Rice Soup, Cheese Sandwich, Cutie®, Cheese Stick</p> <p>Monday, 6/26 Sub Sandwich w/Turkey, Ham, Lettuce & Tomato, Baked Beans, Baked Chips, Pear</p> <p>Tuesday, 6/27 Lasagna, Tossed Salad, Garlic Bread, Yogurt, Apricots</p> <p>Wednesday, 6/28 Cheeseburger on Wheat Bun, Tomato Slices, Pickles, Sweet Potato Puffs, Green Beans, Apple</p> <p>Thursday, 6/29 Baked Ham, Mashed Sweet Potatoes, Asparagus, Bread & Butter, Poke Cake</p> <p>Friday, 6/30 Pasta Crab Salad, Cherry Tomatoes, Cucumbers, Crackers, Cottage Cheese, Orange</p> |
|--|--|

*Menus subject to change.

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon.

Please join us!

Native American Language Workshop Held

by Jeffrey Keeble, Creative/Cultural Associate

Forest County Potawatomi (FCP) hosted the Disproportionality Technical Assistance Network's Native American Language Workshop on May 3, 2017, at the FCP Museum. The workshop's purpose was to bring awareness to what school districts and tribal language departments are doing by giving participating educators an opportunity to share and exchange ideas and information about their programming. The Disproportionality Technical Assistance Network, 'the Network', works with PreK-12 educators, schools, districts and other community partners to reduce racial disproportionality in special education. The Network's workshop is an annual workshop which is hosted by a different Wisconsin tribe each year. This is the first year that FCP Language Department hosted the workshop.

The day started off with Billy Daniels Jr., FCP elder and language advisor, saying a morning prayer for the conference. Donald Keeble, FCP Language Department program manager, introduced himself and the FCP language team:

- **Billy Daniels Jr.**, FCP elder and fluent speaker, language advisor
- **Thomas Loftis**, Citizen Potawatomi, FCP language preservationist
- **Gloria Gutierrez**, Prairie Potawatomi, language teacher for Gte Ga Nēs and creative designer
- **Robert Lewis**, Citizen Potawatomi,



Billy Daniels Jr., FCP elder, fluent speaker, language advisor

linguist, curriculum and assessment developer

The workshop had four speakers lined up. First up was Billy Daniels, who spoke on the importance of language. He explained, "You can't just teach language by itself; you also have to teach the cultural side, too. Language is just not language, but it's everything. It's what we do every day. It's our name, it's our clans, it's our prayers, and it's our everyday living." Daniels told a story about how his family lived in one house as he was growing up. He lived with his mother, father, siblings, and extended family, such as aunts and uncles. He went on to explain how he wasn't allowed to speak his native language in school. But his grandparents and other community elders told him "to hold on to the language to live a better life". Daniels said that at times he gets tired and worn out but he understands that he can't quit - he has to keep going for the children and his people. Daniels ended his speech with this: "I believe the United States is so strong today because of Native American prayers. Our language is that strong because when we pray, we don't pray for ourselves but we pray for all the people."

Next up was Kyle Kovish, Hannahville Indian School Potawatomi language teacher. The Potawatomi language starts from early childhood and remains with the child/student until the 12th grade. Collaboration between Hannahville and FCP is strong because FCP has the only fluent speakers out of the nine bands of Potawatomi. Kovish is always looking for new ways to teach the language, integrating technology, games, acting, and even sign language.

After Kovish, Pokagon Band Potawatomi apprentice Carla Collins addressed the group. She has been collaborating with FCP for the past four years as a language apprentice. She teaches beginner courses at the FCP museum every Wednesday afternoon. She started from not knowing anything about the language. She explained the struggle of trying to get language back into the Pokagon community. She would bother the council members and explain the importance of bringing back the language. With perseverance and commitment, council eventually started taking interest in language and the importance of it. Now Collins has been an apprentice and learning language with FCP elders for the past four years. With her heart, she pushes through language. She said that some days it comes easy, but other days it's difficult. At times she feels like quitting and walking away, but understands she can't because she knows she has a purpose to keep going. Unfortunately, Collins' apprenticeship ends at the end of May. She'll be moving back home where she

can teach the members of Pokagon Band of Potawatomi.

Keeble was back up at the podium to explain what the FCP Language Department is doing today and share its future plans. He explains how important the Potawatomi language is due to its uniqueness and because there is no other language out there like ours. This makes it hard because of the limited resources, one of them being time. "Time is what we don't have," Keeble explained. There are only a few fluent speakers left - seven to nine. They are all 70 years of age and older. So out of 40,000 members (this includes all nine bands of Potawatomi), only seven to nine can speak the language fluently. This is why we don't have time! That's why teaching is very important.

Keeble teaches language at the Wabeno High School every day and at an after school program held at the Laona School District. His way of teaching is sitting around a table and having group discussion. "I want to provide a family atmosphere," Keeble said of one of his teaching methods.

"The future is looking bright for the FCP language," said Keeble as he explained the plans of the Language Department. They want to learn all the language they can from the elders for the next couple years to start creating speak-

ers, writers and even start certifying the staff to teach in schools. Thomas Loftis said it best, "You can't teach what you don't know. Our elders were never meant to be western teachers and we're asking them to teach that way. It's time for us to start learning. If we lose our language, we lose our identity as the Potawatomi people. We lose our culture."



Donald Keeble explaining the future plans of the Language Department.

THE HEALING JOURNEY:

Wednesday
June 21, 2017

**HOW TO HANDLE
DEALING WITH GRIEF
AND THE IMPACT OF
SUBSTANCE ABUSE ON
THOSE YOU LOVE**

Join us as individuals share stories of how substance abuse has impacted their lives and how they deal with the grief of losing a loved one.



Jingle dresses are representative of healing.

6 - 9 p.m.
**FCP MUSEUM
LOWER LEVEL**

OPEN TO THE FCP COMMUNITY
PLEASE BRING A DISH TO PASS

Contact: **Jeff Keeble:**
(715) 478-4427, or **Melanie Tatge:**
(715) 478-4382, with questions



FOREST COUNTY
POTAWATOMI
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CULTURE



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cmh.FCPotawatomi.com

For additional information on how to deal with grief, contact the Forest County Potawatomi Behavioral Health Department at (715) 478-4322 or the Forest County Potawatomi AODA Department at (715) 478-4370.

Healthy Living Powwow Held

by Val Niehaus

A Healthy Living Powwow was held on May 10, 2017, at the Crandon and Wabeno school districts. Tribal members from both the Forest County Potawatomi and Sokaogon Chippewa communities visited these schools to demonstrate the different types of dances and music involved in a powwow while also incorporating information on living a healthy lifestyle.

Each presentation lasted about two hours and the students were able to participate in dancing to the beat of the drum. It was obvious from the smiles on their faces that all enjoyed this opportunity.

Emcee for the event was Robert Van-Zile Sr. The drum group was Fire Nation. Male head dancer was Brevin Boyd; female head dancer was Darlaina Boyd.

Michelle Reed and son, Hunter Reed,

did their amazing and very technical hoop dance, which involved some student participation as well. The Reeds are gifted dancers and well-known throughout the powwow circuit. Many of the students and faculty were in awe of their hoop-dancing skills.

The event was a great way to educate and illustrate to students and faculty all that is involved in a powwow. It is a time to come together - not only as Native people but also for non-natives as powwows are open to anyone to attend. Powwows are a time for friends, family, drumming, singing, dancing, and food while visiting, smiling, and laughing together. Powwows can be a healing process all in itself. People just have to have an interest in the event and the opportunity to attend.



Fire Nation keeping the drum beat for the dancers.



(left) Hunter and Michelle Reed demonstrating their hoop dances for all to see.

(above) All students having a great time learning how to dance to the drum beat.

Powwow Trail • June 2017

June 9-11

149th White Earth
Tribal Grounds
White Earth, Minn.
(800) 950-3248

June 9-11

17 Table Mountain Rancheria*
Powwow Grounds
Friant, Calif.
(559) 822-2587
tmr.pow.wow@tmr.org
www.tmr.org

June 9-11

31st Red Earth Festival*
Cox Convention Center
Oklahoma City, Okla.
(405) 427-5228
info@redearth.org
eric@redearth.org
www.redearth.org

June 16-18

Stewart Father's Day*
5500 Snyder Ave.
Carson City, Nevada
(775) 687-8333
dmbecker@nic.nv.gov
http://stewartindianschool.com

June 16-18

Grand Celebration*
Powwow Grounds
Hinckley, Minn.
(800) 384-4475 ext. 4574

June 16-18

41st Great Lakes Area
Powwow Grounds
Wilson, Mich.
(906) 723-2623 or 2500
www.hannahville.net

June 17-18

Honoring Saganing
Powwow Grounds
Standish, Mich.
(800) 884-6271
lpeters@sagchip.org
www.sagchip.org

June 23-25

26th Honoring our Veterans*
Powwow Grounds
Brimley, Mich.
(906) 248-8300 or 8304
bmpowwow17@gmail.com

June 24-25

Nottawaseppi*
1485 Mno-Bmadzewen Way
Fulton, Mich.
(269) 704-8373
rburlingham@nhbpi.com
http://nhbpi.com

June 30 - July 2

Oneida*
Norbert Hill Center
Oneida, Wis.
(920) 496-5311 or (800) 236-2214
www.oneidanation.org

June 30 - July 2

39th Red Cliff
Powwow Grounds
Red Cliff, Wis.
(715) 779-3700
lbalber@redcliff-nsn.gov
redcliff-nsn.gov

**Denotes Contest Powwow*



I wrote a song for you
dry bones

I belted it out for you
dry bones

I felt in me
the sorrow that you flee'd,
bowed my head
said a pray'r for you
dry bones

I worried constantly
dry bones

I ached like my heart was bleed'n
dry bones

I cried in the night
For a signal of light
I wish'd your darkness untrue
dry bones

In the musical interlude
dry bones

I could'n control your choos'n
dry bones

But I rose sleepless
With the dawns early mist
I held out hope for you
dry bones

I'll never stop loving you
dry bones

Yea I'll replay my song for you
dry bones

I will fight
This fight
Loving you
dry bones



The poem is a reflection of the grief, struggle, hope and love felt for the suffering of others in our lives. I had a country twang in my head and a southern kind of sorrow in my heart when I wrote this. Sometimes I need to stop trying to be so strong and take a seat and just sing to the darkness in this world and to the darkness of those I love. Sometimes I just need to use my voice and a melody to express the inexpressible. Sometimes sadness, pain and darkness need a voice, because they are just as valid as joy, love or hope. Love, prayers and good melodies to anyone and all going through the various milestones of grief.

Gte Ga Nēs News

submitted by Jenni Mabrier

There were some new (feathered) faces at Gte Ga Nēs this spring! The kids have been taking care of four baby chicks and having lots of fun watching them grow up.



Celeste Schuppler holds one of the baby chicks so Bentley Collins and Shyla Queen-Milham can get a closer look as Alvin Weso IV looks on.



Shyla Queen-Milham, Aaria Shepard, Jackson Walton, and Bentley Collins keeping a close eye on a chick.



Miss Abbey and Aubrianna Cooper hold one of the chicks, now three weeks old.



How Safe is Your House?

submitted by Bobbie Irocky, FCP Emergency Management Program

Before any disaster, you should inspect your home and eliminate any potential hazards. In an emergency, ordinary items in your home can cause injury and damage. Anything that can move, fall, break, or cause a fire is a potential hazard.

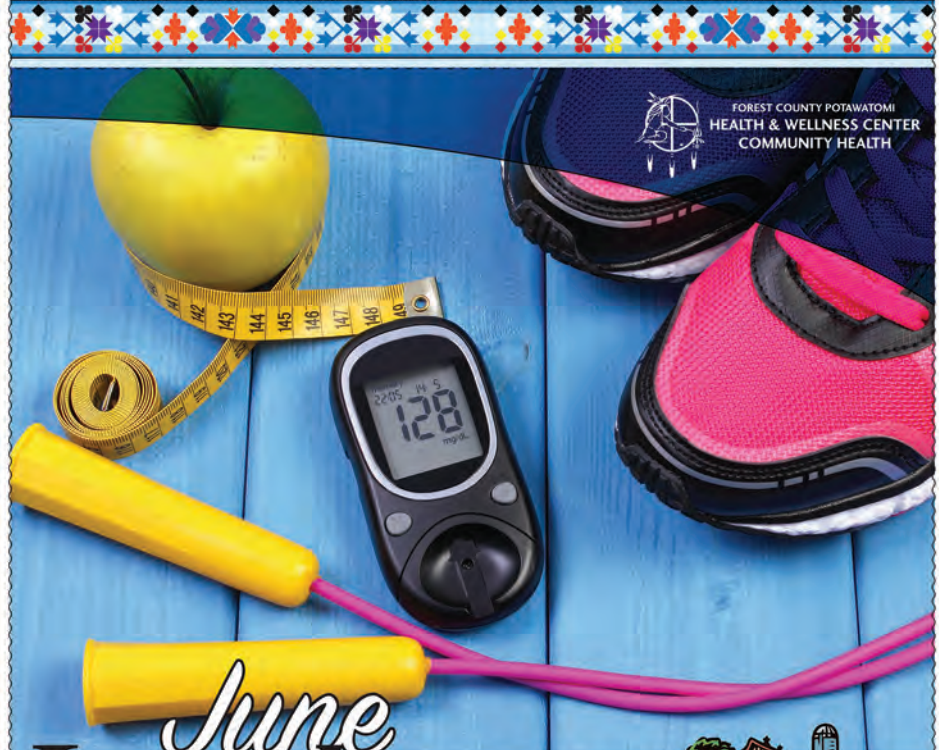
Use the following checklist to see if your house is safe:

- Clean and repair chimneys, flue pipes, vent connectors, and gas vents.
- Place oily rags and waste in covered metal cans.
- Keep flammables away from heat sources.
- Repair defective electrical wiring.
- Don't overload electrical cords.



- Don't run wires under carpets/rugs.
- Fix leaky gas connections immediately.
- Secure water heater by strapping to wall studs.
- Secure large appliances.
- Fasten shelves securely to walls.
- Place large, heavy objects on lower shelves.
- Hang pictures and mirrors away from beds.
- Brace overhead light fixtures.
- Repair cracks in ceilings and foundations.
- Secure hanging plants.

By taking preventive measures before an emergency, you can save lives and property.



FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

June Luncheon

DIABETES PROGRAM

WEDNESDAY, JUNE 21, 2017
12-1:30 P.M.

HWC LOWER LARGE CONFERENCE ROOM
Open to FCP Tribal Members with Diabetes and their Guest

TOPICS:
Diabetes 101 • Physical Activity and Diabetes
June is National Dairy Month
Sun Safety: "Don't Fry-Day"

Menu:
Highlighting "June is National Dairy Month" (Low lactose options available)
Turkey or veggie burgers
Baked sweet potato "fries"
Green salad with Feta cheese
Fat-free cottage cheese & Peaches
Chocolate smoothies

RSVP APPRECIATED | Lunch, Education & Drawing for Prizes

Cathy Chitko (715) 478-4367
Anne Chrisman (715) 478-4383
Lisa Miller (715) 478-4320
cmh.FCPotawatomi.com
Check out the Registration form at cmh.FCPotawatomi.com

Mish ko swen

5K

FINISH

**SATURDAY
JUNE 17, 2017**

Registration: 9:30 a.m.
Event Start: 10:30 a.m.

**Start at: FCP Rec Center/
EVENT is on trails and
sidewalks in Stone Lake**

OPEN TO: FCP Tribal members,
FCP employees and their families

For questions, please contact
Community Health at
715.478.4355

To guarantee a t-shirt, please
register by JUNE 7, 2017
by phone or online at
cmh.fcpotawatomi.com

EDUCATION TOPICS: 5210 | Dairy Month | Diabetes | Breastfeeding | Men's Health | AODA | Bullying | HIV/STI

Fruit and Veggie OF THE MONTH

Celebrate Summer with the Sweetness of Watermelon

Summer is such a wonderful season in the Northwoods. The days are longer and warmer and the ground starts growing wonderful, edible things – including watermelon. As you plan meals and special occasions, you and your family may already include watermelon regularly. Watermelon is such a great part of a healthy diet because it is beautiful, delicious and nutritious. You may also want to consider replacing your high-calorie summer treats with watermelon. There are so many ways to cut and serve watermelon to make it the center of the celebration. If you have a large watermelon that you don't want to go to waste, you may want to try making watermelon sorbet. Try this delicious, frozen treat. Enjoy!

VITAMIN A
Promotes healthy skin and eyes

VITAMIN B6
For immune function & brain development in pregnancy & infancy

VITAMIN C
An antioxidant that can boost immunity

LYCOPENE
An antioxidant that may aid in sun protection

92% WATER
Supports hydration

WATERMELON SORBET
Makes about 2 quarts (depending on the size of the watermelon)

INGREDIENTS
1 seedless watermelon, peeled and cubed

DIRECTIONS

1. Arrange the watermelon cubes in an even layer on a baking sheet. Transfer the baking sheet to the freezer and freeze until the watermelon is solid, about 2 hours.
2. Working in batches, transfer the watermelon cubes to a blender or food processor and puree until smooth.
3. Divide the puree among two loaf pans (or put it all in one deep baking dish), packing it down as you add more on top.
4. Transfer the pans to the freezer. Freeze until the sorbet is scoopable, 1 to 2 hours more.
5. To serve, scoop the sorbet into dishes and eat.

<https://www.purewow.com/recipes/One-Ingredient-Watermelon-Sorbet>

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
cmh.FCPotawatomi.com

For more information on watermelon and other nutrition topics, please contact Lisa Miller, RDN, CD or Kate Richlen at (715) 478-4355.

Honoring Health, Healing, and Tradition

Forest County Potawatomi Behavioral Health

FCP Behavioral Health provides mental health services to children, adolescents and adults. Providers include licensed counselors, psychologist and psychiatrist.

Services include but not limited to:

- Family therapy
- Grief counseling for children and adults
- Individual counseling for children and adults
- Psychological testing
- Psychiatric evaluation/assessment
- Medication management for those 14 years of age and older

Appointments can be made by calling (715) 478-4332.
Hours: Mon. - Fri., 7 a.m. - 5 p.m.
Open to the Public

SERVICES OFFERED

| | |
|--|--|
| AODA (715) 478-4370 | Medical (715) 478-4339 |
| Behavioral Health (715) 478-4332 | Optometry (715) 478-4345 |
| Community Health (715) 478-4355 | Pediatrics (715) 478-4339 |
| Dental (715) 478-4313 | Pharmacy (715) 478-4347 |
| Imaging (715) 478-4339 | Rehabilitation (715) 478-4344 |
| Lab (715) 478-4339 | Weekend Walk-In (715) 478-4300 |

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER
8201 Mish ko swen Drive, Crandon, WI
General: (715) 478-4300
www.FCPotawatomi.com

a participating member of
ASPIRUS NETWORK

June is Men's Health Month

A DAY OF FISHING for FCP Community Men and Their Families

JUNE 27, 2017
10 A.M. - 2 P.M.

Light lunch will be provided

BUG LAKE

Wear **BLUE** to be entered to win a **FISHING PACKAGE FOR GRAND PRIZE**

Other prizes and giveaways available

Educational Displays:

- Cancer & Men
- Boat Safety
- Physical Activity & Men
- Men's Screening Guidelines

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

For questions/information, contact Leah Littleton, Community Health — 715.478.4381, leah.littleton@fcpotawatomi-nsn.gov, or visit website at cmh.fcpotawatomi.com

What's Going on in Carter?

submitted by Frank Shepard, PCCH General Manager

Make Your Escape, Saturday, July 15 - Start earning entries on Thursday, June 1, 2017. Carter Club members can earn 250 same-day base points for 10 entries or redeem 250 points for 10 entries. One lucky winner is going to drive off in a 2017 Ford Escape Titanium 4WD!

Bingo players will receive bonus entries for every early bird package purchased between June 4 and July 13, 2017.

Table games players will receive bonus entries for every hour of consecutive play at the tables from June 4 and July 13, 2017.

Ten free entries to new members of the Carter Club the day they open an account.

Tier multipliers will be available for specific tiers on June 11, 18, 25 and July 2, 9, 14, 2017.

Random drawings: Entries will be issued until 10 minutes prior to posted end time of promotion. All entries must be in the bin one minute prior to posted end time of promotion at 10:59 p.m.

Twelve names will be randomly drawn from the bin between 5 and 10 p.m.

Winners will choose a travel case containing a prize. At 11 p.m., one name will be drawn to win a 2017 Ford Escape Titanium 4WD!

There is a limit of two wins per person for the drawings between 5 and 10 p.m.; one winner per person for the 11 p.m. drawing. After winning guests have reached the win limit, entries drawn with their names on them will be put back into the bin for the final drawing at 11 p.m.

Backyard BBQ – Each Wednesday in June, Carter Club members can be selected as one of 10 winners of a \$250 cash prize. Receive 10 entries for every 200 same-day base points earned or redeemed. Each Wednesday in June, five winners will be selected. One winner will be selected at the top of each hour from 5 to 9 p.m. Selected winners will be awarded a gas grill and \$300 in assorted premium meats. Prize packages worth \$800 each!

Flashback Friday Money Board, Friday, June 23, 2017 - Join us as we take a step back in time to revisit an old promotion from Tuesdays in 2006. Stop in at Carter Club booth for details!

Half Year Celebration, Friday, June 30, 2017 - Carter Club members can earn 10 entries for every 100 same-day base points earned or 200 points redeemed. Drawings will be from 5 to 11 p.m. with two winners selected each hour for a total of 14 winners for this promotion. Limit two wins per person per day. Each winner will be awarded a cash prize of \$500.

Race Day Giveaway, through Aug. 5, 2017. We will give eligible guests the opportunity to win one of two sets of tickets to the June 18 and July 23 races at the Chicago Land Speedway in Joliet, Ill. Carter Club members must make a purchase of an aluminum pint of Miller Lite from The Flames Sports Bar or The Springs Restaurant to receive an entry. Drawings for the tickets will be held on Aug. 5. Winner need not be present to win. If the winner is unable to be contacted within three days of the drawing, winner will forfeit the prize and a new winner will be drawn. Tickets cannot be exchanged for alternate dates or turned in for their cash value.

National Doughnut Day, Friday, June 2, 2017 - Free doughnuts will be handed out on the casino floor for our guests to enjoy from 8 to 10 a.m. while supplies last.

Father's Day, Sunday, June 18, 2017 - A free gift will be given out at the Carter Club booth from 7 a.m. to 10 p.m. while supplies last (candy bars).

Sweet Surprise, Saturday, June 24, 2017 - Carter Club members will be able to come to the booth starting at 7 a.m. for their free gift. Gifts will be given out until 10 p.m. or until quantities are gone.

BINGO!

Come in, check us out, be prepared to have some fun with bigger, better package deals along with higher payouts. PLUS, intermission wheel spin is back!

Regular Program:

All packs \$5. Regular games pay \$125; specials pay \$150 and Progressives pay \$125. Last game pays \$250 or \$500 in 52 numbers or less.

Thursdays in June:

Paper 'Only' Session, Thursday, June 8 - \$10 packs. Regular games pay \$75; Progressive pays \$100 and specials pay

\$125. Last game pays \$500! *No coupons will be accepted for this session.*

Fridays in June:

\$500 Friday, June 2, 16 - \$35 packs; five regular games paying \$250; 10 games paying \$500, and specials pay \$150. Guests receive \$25 in Potawatomi Play with the purchase of admission pack. Limit one Potawatomi Play per session. Purchase Package 3 or 4, get Package 1 for \$50!

Black Light Bingo, Friday, June 30 - 80s theme! Admissions opens at 9:30 p.m.; games start at 10:30 p.m. DJ from 10 p.m. to midnight; free beer. \$12 packs and machine specials. Games paying \$100; one game paying a prize; last game pays \$1,000; consolation \$250. Costume contest prizes: 1st Place - \$100 cash; 2nd Place - \$75 Potawatomi Play; 3rd Place: \$50 Potawatomi Play.

\$500 Cash Drawing, Friday, June 30 - Must be present and playing bingo to win. Earn entries for each admission pack purchased throughout the month. Limit one entry per person per day.

Saturdays in June:

Electronic 'Only' Session, Saturday, June 10 - \$60 Package buy-in, limit three. Buy-in includes all of the games played (45 cards each). Twenty-nine regular games pay \$125; last game pays \$500. No Early Birds or Progressives (excluding Hot Balls) will be played. Faster paced calling for more excitement! *No coupons will be accepted for this session.*

Bash, Saturday, June 24 - \$20/10 packs; regular games pay \$175; one special pays \$300; three specials pay \$400 and the last game pays \$600! Free beer and food with admission pack purchase.

Sunday in June:

Father's Day, Sunday, June 18 - Complimentary dauber for all bingo guests. Three lucky winners will receive \$25 gas, \$25 cash and \$25 in bingo play.

June Birthdays:

Come and play bingo with a birthday in June and receive a free pack along with a complimentary dauber of your choice (only valid at regular session).

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CARTER
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F3 FUEL REWARDS.

Valid 4/1/17 - 6/30/17





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C-STORE/SMOKE SHOP**

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(across from casino/hotel)
(715) 473-5100
Open 24 Hours/7 Days a Week



NOTICES

CULTURE

Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety -

12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group -

Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery -

A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wejmo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen -

Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power -

Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHR's to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

PROGRAMS

Diabetes Education Program -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program -

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

• WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

• WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.

June 2017 Calendar of Events

Community Health

- 6/14 - Rabies Clinic: (We Care) 10 a.m. - noon, (LNR) 2 - 4 p.m.
- 6/17 - 5K Fitness Event: (Rec Center) 9:30 a.m. - Reg., 10:30 a.m. Race Start
- 6/21 - Diabetes Luncheon: (HWC Lower Large Conference Room) noon - 1:30 p.m. Topics: Diabetes 101, Physical Activity and Diabetes, June is National Dairy Month, Sun Safety: "Don't Fry-Day"
- 6/27 - Men's Health Month Event: (Bug Lake) A Day of Fishing, 10 a.m. - 2 p.m. *see flyer on pg. 7
- 6/20-7/27: Summer Day Camp: (TBD) Tuesdays, Wednesdays and Thursdays, 9 a.m. - 2 p.m.
- Let's Walk! Walking Program: (HWC Therapy Gym), Monday - Thursday, 6 a.m. - 7 a.m., Monday - Friday, noon - 1 p.m., Monday - Thursday, 5 - 6 p.m., Saturday, 8 a.m. - 2 p.m.

Family Resource Center

- Healthy Relationships: Mondays (5, 12, 19, 26), 10 a.m. - 12 p.m.
 - Play Shoppe: Tuesdays (6, 13, 20, 27), 11:30 a.m. - 12:30 p.m.
 - FRC Girls 10-17: Wednesdays (7, 14, 21, 28), 10 a.m. - 2 p.m.
 - Community Women's Talking Circle: Thursday, (22), 1 - 3 p.m.
 - PIP: Thursdays (1, 8, 15, 22, 29), 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.
- Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

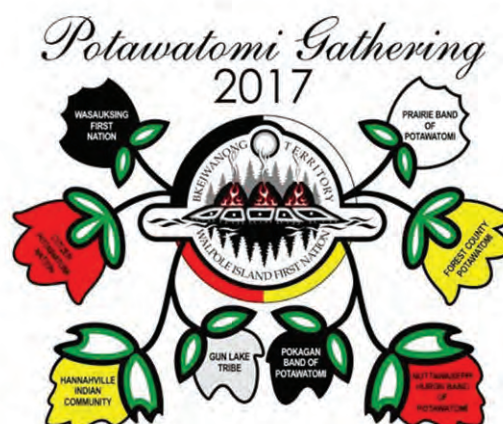
CHOICES Program

- Youth 10 - 12: Mondays (5, 12, 19, 26), 10 a.m. - 2 p.m.
 - Youth 13 - 17: Tuesdays (6, 13, 20, 27), 10 a.m. - 2 p.m.
 - Youth 7 - 9: Wednesdays (7, 14, 21, 28), 10 a.m. - 2 p.m.
- Youth picked up from home between and dropped off when program is done. Call (715) 478-4839 for more info.

Recreation Department

- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 6 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.
- Fish trip, Monday June 5 & 12, leaving Rec Center at 11 a.m., ages 10+.
- Timber Rattlers game, Wednesday, June 7, leaving Rec Center at 4 .m., ages 10+.
- Bike trip, Friday, June 9, leaving the Rec Center at 11 p.m., ages 10+. Bring your own bike!
- Rope course (Rhineland), Wednesday, June 14, leaving the Rec Center at 11:15 a.m., ages 8+.
- Volleyball tournament (We Care), Friday, June 16, noon, ages 10+.
- Rafting trip, Monday, June 19, leaving Rec Center at 10 a.m., ages 12+.
- Disk golf trip, Friday, June 23, leaving the Rec Center at 10 a.m., ages 8+.
- Swimming trip, Monday, June 26, leaving the Rec Center at 10 a.m.
- Golf trip, Friday, June 30, leaving Rec Center at 10 a.m., ages 12+, Nicolet Golf Course.

ARE YOU READY FOR THIS YEAR'S GATHERING?



For information on lodging, camping and schedule of events and activities, visit <http://walpoleislandfirstnation.ca/potawatomi-gathering-2017/>. You may also find them on Facebook at "2017 Potawatomi Gathering". For more information, please contact Portia Shipman, Potawatomi Gathering coordinator, at (519) 628-5700 or via email at portia.shipman@wfn.org.

PERSONALS

WAY TO GO!



Congratulations to FCPC youth Jaiden Deschinny!!! Jaiden is a 2017 National Academic Achievement awardee which required nomination by his school's staff. He was also in an algebra class that outscored all other schools, including the high schoolers on standardized testing. At 11, he expressed his intent to study mathematics, physics, or engineering at one of the country's top universities. His journey begins this fall as he enters Navajo Prep in New Mexico.

An intense application process where less than 25% of some of the brightest Native students are accepted, Navajo Prep will help prepare Jaiden for the rigors of college life and expand his leadership skills. The school also promotes the preservation of culture and language.

So proud of my son for setting his goals early and rising to the challenge to reach for those goals!! Thrilled he has chosen education and his heritage as his platform in which to lead!!

FOREST COUNTY POTAWATOMI TRIBAL COURT

IN THE MATTER OF
CHANGE OF NAME OF: NOTICE OF HEARING

Mariah Paige Behnke Case No.: 17-NC-0094
DOB: 12/10/2000

NOTICE IS HEREBY GIVEN that the above-captioned matter shall be heard in the Forest County Potawatomi Tribal Court on the matter of the application of **Mariah Paige Behnke** for permission to change her name and legal designation to **Mariah Paige Jacobson** and for the consideration and determination of any further relevant matters. PLEASE TAKE NOTE:

WHEN: 11:00am on June 19th, 2017
WHERE: Tribal Courtroom
2nd Floor, FCP Executive Building
5416 Everybody's Road, Crandon, Wisconsin

DATED THIS 11th DAY OF May, 2017


BY THE COURT
Associate Judge Jeryl L. Perenich
FCP Tribal Court

GRADUATES



Name and tribal affiliation: Mada-lynn Morris

Name of parents and grandparents & where they reside: Nathan and Lynda Morris, Crandon, Wis.; Ken and Mari-

lyn George, Crandon, Wis.; Marvin and JoAnne Morris, Red Cliff, Wis.

Name/location of school graduating from: Crandon High School.

Honors/awards received & any special achievements during school: Honor roll 2 years.

Traditional/cultural activities: Dancing jingle dress and beading earrings.

Words of advice to younger students: Stay in school.

Plans after graduation: Traveling in the summer and attending college for cosmetology in the fall.



Name and tribal affiliation: My name is Alyza Ford and I am Forest County Potawatomi.

Name of parents and grandparents & where they reside: My mother is Aiyana VanZile who currently resides in Stone Lake, Wis., and my maternal grandparents are Donna and George VanZile who reside in Mole Lake, Wis.

Name/location of school graduating from: I am finally graduating from Crandon High School.

Honors/awards received & any special achievements during school: I did receive one Teen Character Award in 10th grade and I will continue to be proud of it to this day. (Shout out to Brittany LaMere.)

Traditional/cultural activities: I absolutely love beading. It's pretty much

one-on-one therapy with myself.

Biggest challenges during school: I'd have to say that one of my biggest challenges throughout high school was the procrastination. At a young age your mind tends to be vulnerable and ignorant, so I regret a few choices but I love the person I am today!

Words of advice to younger students: My advice to the younger people out there is to enjoy life. Surround yourself with only happiness and true friends. Get your education! Life is shockingly short.

Plans after graduation: I plan on going my own pace for college. It's a time to be on my own and find out what works for me. I will most likely start out with simple online classes through Alverno. I'll do my gen. eds. on there for one year, then possibly work towards majoring in community psychology.

Other comments: I want to thank my mom for raising me, because the whole community knows that was a task. Seriously though, my mom plays a big role in my life and I wouldn't be here if it weren't for her. I did it Momma!

Also, a big MIIGWETH to my grandparents Donna and George VanZile who have also helped me succeed with the assistance of their knowledge and lessons. My entire family is held responsible for the person I have become. I love you guys so much!



Calling all 2017 FCP Community graduates! Let the world know of your accomplishments in the *Potawatomi Traveling Times*. Contact *PTT* at times@fcpotawatomi-nsn.gov or (715) 478-7437. June 15 deadline: May 31

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Efforts Increased to Battle Mental Health and Substance Use Disorders

submitted by Wisconsin Department of Health Services

The Wisconsin Department of Health Services (DHS) has announced a new investment to support young people battling addiction and mental health disorders. The Division of Care and Treatment Services (DCTS) applied for, and received, the federal grant to improve treatment for adolescents and youth with substance use disorders and/or mental health disorders. The grant from the Substance Abuse and Mental Health Services Administration provides \$760,000 in annual funding for four years starting Sept. 30, 2017.

“This grant supports our efforts in the fight against heroin and prescription drug abuse, as well as the persistent meth problem, and other substance use disorders that we know are affecting young people in many of our communities,” said DHS Secretary Linda Seemeyer. “We know substance use disorders and mental health challenges often go hand-in-hand, so this grant will help us advance our work to best treat people with co-occurring disorders, building on the state’s historic investment in mental health.”

With this grant, Wisconsin will bring together stakeholders serving young people living with mental health and substance use concerns to implement proven strategies to enhance and expand

treatment services, develop policies, expand workforce capacity, disseminate evidence-based practices, and implement financial mechanisms and other reforms to improve the integration and efficiency of treatment and recovery support systems.

The DCTS Bureau of Prevention Treatment and Recovery will use the funds to create the Wisconsin Youth Treatment Initiative, focusing on people ages 16 to 25. Four provider organizations will be selected as Multidimensional Family Therapy (MDFT) providers, which focus on the key areas of the young person’s life to decrease substance use and increase positive social functioning. Research shows MDFT prevents out-of-home placements, which reduces both trauma and cost. System improvements from this initiative will be sustained through the Comprehensive Community Services (CCS) Program.

This grant also includes support for workforce development initiatives. This effort will focus on preparing college faculty to provide classroom instruction on evidence-based practices for substance use disorders in young people, and also uses technology to increase training opportunities for all professionals in the state.

Gambling with our Health?

submitted by Clinton Isham, Director, Wisconsin Native American Tobacco Network Director

On August 1, 2015, Ho-Chunk Gaming took a bold step in their Madison casino: They made the entire casino smoke-free.

Executive Manager Daniel Brown was encouraged after reading *Gambling with our Health*, a study conducted by the Great Lakes Inter-Tribal Council’s Epidemiology Center (GLITEC). GLITEC partnered with the Lake of the Torches Casino in Lac du Flambeau to survey its players club members about attitudes toward cigarette smoke. The results indicated that going smoke-free could bring high-tier players in more often, with a positive effect for most patrons.

Ho-Chunk Gaming decided to give it a try. At first, the Madison casino saw their slot win and their net income fall but it’s hard to say how much of that was due to the smoking policy. At the time the smoke-free policy went into effect, Ho-Chunk Gaming restructured its loyalty program to require guests to play more to win incentives.

By July 2016, casino revenue had returned to pre-smoke-free levels, with steady gains after that. In March 2017, Ho-Chunk Gaming Madison saw its highest numbers on record, with slot wins exceeding its previous high month by 8.29 percent.

Meanwhile, they tracked patron comments on the environmental changes. In the first four months, they received 59 comments from people who want-

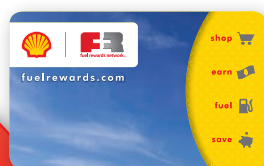
ed them to bring back smoking, but more—99—said they loved the smoke-free gaming. By the end of the first year of being smoke free, positive comments outnumbered negative comments nearly three to one.

During this time, “Wins Per Guest” steadily increased, meaning people were staying and playing longer—perhaps because they’re more comfortable in the smoke-free environment. Staff at the casino are also happy with the change. Even those employees who smoke appreciate having cleaner air to breathe during their workdays.

The health benefits of going smoke-free indoors are well-established. Data on the health consequences and public costs of secondhand smoke led to the 2010 Wisconsin law banning smoking in workplaces. Because of sovereignty, Indian-owned gaming facilities have been able to keep letting smokers light up - a situation many have regarded as essential to the success of the casinos. Their employees have borne the cost—including greater risk for heart attacks, lung cancer, and other respiratory illnesses.

Brown is optimistic about the future of the smoke-free facility. Other casino managers may be compelled to consider Ho-Chunk Gaming’s experience. Those who love gambling, but don’t want to gamble with their health, will be looking forward to a smoke-free casino near them.

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- EVERY THURSDAY -



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*Offer available for qualifying products which may vary by location. Offer valid with Fuel Rewards Network™ Card for a limited time, while supplies last. Fuel Rewards® savings earned through the Shell® Fuel Rewards® program expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details. The Shell® Fuel Rewards® program is part of the Fuel Rewards Network™ which is administered by Excentus Corporation.

F3 FUEL REWARDS.



NOTICE

The Waaswaaganing (Lac du Flambeau) Indian Bowl Living Arts & Culture Center will be 100% smoke-free. Recreational commercial tobacco use, including electronic delivery devices, and other commercial tobacco mechanisms is prohibited in all areas at all times. Commercial tobacco is only allowed when traditional tobacco is unavailable for its role that it plays in our ceremonies and powwows.



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(715) 478-4199
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Look for more details to come in this publication.