



# POTAWATOMI TRAVELING TIMES

Volume 22, Issue 18 • NME BNE GISES • SURGEON MONTH • March 15, 2017

## Wellness Court Holds Open House



FCP Chief Judge Eugene White-Fish



Forest County Circuit Court Judge Leon Stenz



FCP Wellness Court Coordinator, Valerie Loduha

by Val Niehaus

It is common knowledge that drug-related incidents have been becoming a more frequent occurrence in Forest County over the last couple of years. These matters do not just hurt the individuals who are actually involved in the crime itself, but they affect others in a multitude of ways. The immediate and extended families of these people are affected in many ways. In addition, everyone in the county is also affected

because of the need to pay higher taxes for all that is involved in dealing with drug-related issues. As was explained by the wellness court team, this initiative is being offered first as something to help number one— “the addict”—but also to address the needs of number two— “the community”. The Forest County Potawatomi (FCP) Tribal Court and the Forest County Circuit Court have come together as partners to help these individuals and all who are affected by their problem.

On Feb. 23, 2017, an open house was held at the FCP Tribal courtroom to tell the community about this new strategy which is a project that has been in the works since 2014. Both courts had developed an interest in this program and actually shadowed the Leech Lake Wellness Court to learn more about the process. A three-year planning grant was awarded in October 2014 and from there the teams took off with the goal being to learn all they could about wellness courts. During the open house, FCP Chief Judge Eugene White-Fish expressed his thoughts by saying, “This has to be a sincere commitment of the individual because if the team feels that you don’t qualify during this program, they will discharge you. We are looking for the ones who take this seriously, and they will be the ones who make it through. We hope they will change their lives around.”

Forest County Judge Leon Stenz was next to talk with the audience saying, “A

drug court is extensive supervision where we take evaluations of those who we think are most in-need and most at-risk, and we attempt to make a difference in their lives. There are no less than five cases each week that I see in my court that are drug-related. Without addressing the underlining problem, which is the addiction, this will continue. It is hopeful that this program will help break that cycle of the addiction problem, and these people can change their life around.”

Valerie Loduha is the FCP tribal court wellness court coordinator, and she has been working diligently on developing the stages of this program with many others who are involved. Loduha offered an informational presentation to the people present at the open house and went into considerable depth discussing all of the qualifications that are needed and what will be expected from the people who are enrolled in such a program.

This program is currently open for 10 participants. This is on a volunteer basis, and an individual must fulfill the expectations of this program. If they do not, that person will then be sentenced to what has been ordered by the court. The program will last anywhere from 18-30 months, and the person will either complete this program or be discharged. The first hearing will be taking place within the next couple of weeks.

The qualifications for eligibility to proceed in this program are as follows: You must be 18 years of age or older; you

must be a resident of Forest County; you can be native or non-native; you must be convicted and have a history of criminal drunk driving (2-3), illegal substance charge and/or alcohol/drug-driven crimes; you must not be a violent offender as defined by the federal definition; you cannot be a sex offender; and you must voluntarily agree to participate in the Wellness Court program. Again, these are just “some” of the rules to be eligible.

Involvement in this program will include assessment of the participant’s needs and a treatment/case plan will then be created. Intensive supervision and case management will be done for each individual. There will be frequent and random drug testing as well as AODA treatment with a focus on collaboration among agencies. Expectations for the participants in this program are set very high, and it will not be easy for everyone to comply. But if just one gets through this program, it will be worthwhile. The team says, “Show up. Try. Be honest.”

This wellness court can and will be a life-changing program for the individuals involved. It will help them become able to live a sober life and enable them to have a future as reputable citizens of this community. It will help the individuals themselves and thereby it will also help their families who have already suffered so much along with them as they battled this all too-common problem.

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celebrating the recent completion of the Wgetthta Building renovation at Wgema Campus

**Thursday, March 23  
2 - 4 p.m.**

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Kindly RSVP to Stephanie Omdoll by Tuesday, March 14  
Email: [somdoll@potawatombdc.com](mailto:somdoll@potawatombdc.com)  
Phone: (414) 290-9408

Please join us for a

## General Information and Q&A Session with PBDC Leadership

**Thursday, March 23 at 5:30 p.m.**

Wgetthta Building at Wgema Campus  
3136 W Kilbourn Ave | Milwaukee, WI



## PBDC Federal is Seeking Qualified Candidates

Potawatomi Business Development Corporation - Federal Group is currently recruiting qualified candidates for the following positions:

- **Occupational Therapist**  
Madigan Army Medical Center, Joint Base Lewis McChord, Wash.
- **Registered Nurse - Labor and Delivery**  
Bassett Army Community Hospital, Fort Wainwright, Alaska
- **Psychiatrist**  
Yokosuka, Japan
- **Clinical Psychologist**  
Iwakuni, Japan
- **Neurologist**  
Womack Army Medical Center, Fort Bragg, N.C.

## Attention FCP Tribal Elders

The Wisconsin Judicare Wills Caravan will be in Mole Lake on Friday, March 24. If you would like to schedule an appointment to create a legal will that is fully executed, witnessed and notarized, call Penny at (715) 478-4892 to reserve your time slot. Transportation will be provided if needed.

## Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon. Please join us!

## Welcome to These New Employees

**Alisa Jean Piontek, HWC**  
Certified Medical Assistant  
Hire date: 2/13/17

**Dona Yahola, Education/Culture**  
Advanced Tutor  
Hire date: 2/13/17

**Michael Brooks, Security**  
2nd Shift Security Guard  
Hire date: 2/21/2017

**David Roth, Security**  
3rd Shift Security Guard  
Hire date: 2/21/2017

Name Changes  
Allison Rhode to Allison Daniels  
LNR

Jessica Dollar to Jessica Bellomy  
HWC

## Tribal Residents Who are Eligible for Tribal Solid Waste Pickup

Everyone who gets FCP recyclable and garbage pick-up should have recently received a booklet with valuable information. For easy reference, please look it over and post it close to your household recycling area. If you didn't receive this mailing or you would like a new booklet, please stop in at the Land & Natural Resource Building located on Wensaut Lane between the hours of 7 a.m. - 5 p.m., Monday - Thursday, or call and we'll get you one.

The FCP Solid Waste facility was created to keep our lands clean for present and future generations. Belonging to a consumerist society, we buy and use many items. Many of these things come in packaging that is recyclable, such as plastic and glass containers. Other products are not as easily recycled but still needs proper disposal. It's our moral obligation to take care of our land. We can all do our part by properly reducing waste.

Inside the booklet you will find: contact information, a brief explanation of new notification stickers, garbage that is accepted, special disposals information, a list of toxics, and a recycling list.

When it comes to clothing, those items can be donated or recycled also. Donatestuff.com will send you bags with postage prepaid; fill them with your unwanted clothing or fabrics and drop off the bags at any USPS location.


All non-paper recyclables need to be rinsed, but washed would be even better. Paper and cardboard should be free of foods and oils so they don't contaminate the recycling process. Please, no Styrofoam, pizza boxes, or other food cardboards.

When foods or other garbage are included in recycling, it contaminates the rest of the bag, making recycling difficult and often not possible. When this happens, crew members are instructed to leave the garbage and one of the new notification stickers. Then it becomes your responsibility to re-sort the garbage from the recyclables so it can be picked up.

The Solid Waste crew has been attempting to deal with unrestrained dogs. Please be mindful on pickup days so the crew can make pickups. Also, there have been complaints of garbage bins getting knocked over and animals scattering the garbage everywhere. Again, help yourself and your neighbors by keeping dogs under control on collection day. The team does their best to get out there to collect in a timely manner, but at times they get held up, once by an attack squirrel.


The solid waste facility and recycling center are available only for tribal members. Located at the entrance is a large black and white sign with necessary information to recycle and dispose of waste. Non-tribal members will be subject to fines or fees.

On behalf of the staff, Danae Labarge, Nitty Shepard, Phillip Wamego, and Tony Daniels thank you for your cooperation and patience as we continue to strive for a clean and ethically-responsible community.



# POTAWATOMI TRAVELING TIMES

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520  
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email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

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*Deadline for the April 1, 2017 issue  
is Wednesday, March 15, 2017.*

## The Good, the Bad & the Ugly

by Val Niehaus

On Feb. 28, 2017, Donald Keeble, FCP language apprentice, and Samantha Smith, FCP tribal librarian, met with Laona Elementary school teachers to share a presentation about cultural stereotypes and to discuss ways to find correct books that teach about Native culture and history. The presentation was called The Good, the Bad & the Ugly: Battling Stereotypes in Books, Media & the Classroom.

Keeble started the in-service with a welcome in Potawatomi, then moved on to discuss a short presentation about stereotypes of Native Americans and how to break down those stereotypes in the classroom. Keeble has previously spoken in-depth to the Laona School District staff about this issue, so this was an overview and review as most in attendance remembered his presentation from the year before.

This year, he did bring up some new issues that have been seen in the schools as he frequents both the Laona and the Wabeno districts to teach Potawatomi language. Some issues have had an impact on the Native students but were then resolved after talking with both the students and teachers together. He said, "We are here today so we can give you the right books and resources to present to your students. This isn't just for Native students. It's for everybody - you, me, and all the students. I want all students to look at their school and see 'themselves' in it. That is my main reason for doing this."

Smith then shared resources for finding books that contain accurate portrayals of American Indian nations. This was an in-depth presentation that covered which are good books to use, the bad books, and of course, the ugly - those that represent very stereotypical images or words about Native people. She handed out a criteria list to be used when searching for authentic American Indian books, which was very helpful to the teachers present.

Smith also shared information on where to find the reviews of these books. As the tribal librarian, these are sources she uses on a daily basis to be certain

these books are, in fact, accurate for those who will be reading them. Some of the sources she uses in doing her research are: Debbie Reese's blog, *American Indians in Children's Literature*; Birchbark Books, which is a Minneapolis bookstore owned by Louise Erdrich with a focus on authentic Native materials; *A Broken Flute* by Doris Seale and Beverly Slapin, and *Reading While White*, another blog comprised of white librarians who are writing as allies to people of color and who review books. Another popular place to find books is Native Reflections. Online sources that are informative are: theways.org and wimedialab.org. Both of these sites have videos and resources to use within the classroom or just for research.

After her discussion with the teachers about how to research books to be certain they contain accurate information, Smith had them do a little exercise to use these new skills. She brought out a number of different books covering the categories from the ugly to the good. She then had the teachers figure out which were accredited to share in a classroom and which were not. This was an eye-opener to many, and it resulted in considerable conversation among those in attendance. The ugly books were those with stereotypical fashioning of Natives in the wrong way. These actually could still be used as a teaching tool as examples of what is not correct.

In contrast, the good books showed Natives in roles that would be considered normal for any white person. As an example, we all know the story of Little Red Riding Hood. But how many knew about Little Red Riding Hood by Achilles Gentle? This is the same storyline but a Native girl is Little Red Riding Hood. How great is it for a little girl to be able to pick up this book and see herself within this story?

At the very end of the presentation, Keeble then talked about many of the contemporary leaders in Native country. When you type "Native American" into the Google search engine, the majority of photos that come up are of historical Native Americans from time past. Keeble wants teachers to know that even



Samantha Smith informing the teachers about what resources are appropriate to use in the classroom.

though these figures are important to their history students, it is important for young people to see someone they can relate to in today's world. These individuals would include people such as Sam Bradford, Cherokee who plays for the St. Louis Rams; Notah Begay III, a four-time PGA Tour winner; Bronson Koenig, who plays basketball for the UW Badgers; and Shoni and Jude Schimmel, who played basketball for Louisville with Shoni now playing for the WNBA. These are just a few well-known Natives who have become huge role models in this day and age. Researching modern Natives

who have excelled and made a difference will not only teach students more about someone who is like them, it will help raise their self-esteem and cultural pride. It will allow them to see that as Native Americans, they, too, are powerful people in this world today and are not limited in what they can accomplish.

Keeble closed the in-service with, "Thank you to your district for being so open to having us come in today. We are very grateful that you work with us one-on-one. We also hope that in the future other districts will come to us and be as open as yours."



2017

# Invitations

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# National Native HIV/AIDS Awareness Day: Get Yourself Tested!

submitted by Leah Littleton, CHR, FCP Tribal HIV Coordinator

March 20, 2017, is National Native HIV/AIDS Awareness Day. This day is an opportunity for Native people across the United States to learn about HIV and AIDS, encourage HIV counseling and testing in Native communities, and help decrease the stigma associated with HIV/AIDS.

On March 20, we recognize the impact of HIV and AIDS on American Indians, Alaska Natives, and Native Hawaiians through the observance of National Native HIV/AIDS Awareness Day. This national observance, now in its tenth year, is our opportunity to raise awareness of the risks of HIV to Native people, help communities understand what contributes to those risks, and encourage people to get tested for HIV.

Overall, approximately 14 percent of the 1.2 million Americans with HIV do not know they are infected. Among American Indian/Alaska Natives, this figure is 19 percent, and among Native Hawaiians and other Pacific Islanders, the figure is 25 percent.

The Centers for Disease Control

(CDC) recommend that all adults and adolescents get tested for HIV at least once as a routine part of medical care.

Those at increased risk should get an HIV test at least every year. Sexually-active gay, bisexual, and other men who have sex with men (MSM) might benefit from HIV testing every three to six months.

Women should get an HIV test each time they are pregnant.

HIV is a serious public health concern for Native people. Specific HIV prevention challenges, including poverty, culturally-based stigma and high rates of sexually-transmitted diseases (STDs) contribute to the challenges. Stigma associated with gay relationships and HIV, barriers to mental health care, high rates of drug and alcohol abuse, STDs, and poverty all increase the risk of HIV in Native communities and create obstacles to HIV prevention treatment. Native communities are working to overcome these barriers by increasing HIV/AIDS awareness, encouraging HIV testing, and promoting entry into medical care.



Source: <https://blog.aids.gov/2015/03/national-native-hiv-aids-awareness-day-3.html>.

In observance of National Native HIV/AIDS Awareness Day, March 18-19 at the Winter's End Pow Wow at Cranndon High School, a display with information and chances to win prizes will be

available. Please stop and visit.

If you are interested in getting tested or have questions, please contact your primary care provider, or you may contact Leah Littleton, CHR and Tribal HIV Coordinator for FCP Community Health, at (715) 478-4381.

**Let's Walk!**

The Therapy Gym at Health & Wellness will be open for walking during the following hours:

Monday - Thursday: 6 - 7 a.m.  
 Monday - Friday: 12 - 1 p.m.  
 Monday - Thursday: 5 - 6 p.m.  
 Saturday: 8 a.m. - 2 p.m.

Questions? Please contact Rehab at 715.478.4344 or Community Health at 715.478.4355

Waiver needs to be completed prior to utilizing the gym  
 Must be accompanied by an adult if under 18  
 No use of therapy equipment

**THE HEALING JOURNEY:** DEALING WITH GRIEF AND THE IMPACT OF SUBSTANCE ABUSE ON THOSE YOU LOVE

Wednesday April 5, 2017

6 - 9 p.m.  
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**Celebrate National Nutrition Month® – March 2017**

The Academy of Nutrition and Dietetics encourages us to focus on the importance of making informed food choices and developing sound eating and physical activity habits. The theme for 2017 "PUT YOUR BEST FORK FORWARD" serves as a reminder that each one of us holds the tool to make healthier food choices. Making small changes during National Nutrition Month and over time, helps improve health now and into the future. FCP Health and Wellness Center invites you to utilize Nutrition Services provided by a Registered Dietitian Nutritionist (RDN) to assist in managing your nutrition needs.

Appointments can be made by calling (715) 478-4339. Hours: Monday - Friday, 7 a.m. - 6 p.m. Open to the Public

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# Fruit/Vegetable of the Month: Leafy Greens

submitted by FCP Community Health

**FUN FACTS:**

Leafy greens are rich in fiber. The benefits of fiber help reduce LDL or “bad” cholesterol”, control blood sugar, aid with weight management, bowel movements, and preventing bowel disease.

Leafy greens are rich in vitamins and minerals, especially those in the super greens group: kale, spinach, collards, beet greens, turnip greens, Swiss chard, watercress, romaine, red and green leaf, cabbage and fresh dandelion greens. They are especially rich in vitamins A, C, K, folate and minerals magnesium (which is needed by the body in large amounts) and iron.

**Wrap:**

Use large leafy greens such as:

- Butter Lettuce • Cabbage
- Collard Greens • Iceberg
- Kale • Swiss Chard

Spread sauce or seasoning on leaf:

- Vinaigrette • Mustard • Herbs

Fill with protein such as:

- Black or other Beans • Cheese
- Hardboiled Egg
- Nuts and Seeds • Roast Beef
- Salmon • Tuna • Turkey

Sprinkle with your favorite vegetables:

- Shredded Carrots
- Sliced/Chopped Cucumber
- Onion
- Peppers or other Vegetables

**Juice:**

**KALE-AID**

Ingredients

- 5 large kale leaves
- 1-2 large cucumbers
- 1 lemon (peeled)
- 1 apple

1 inch knob ginger (peeled)

1-2 large ribs celery

Wash and prepare all produce and then push through a juicer. Use organic produce whenever possible.

Serve immediately over ice. Serves 2. Recipe adapted from elizabethrider.com: [www.elizabethrider.com/kale-aid-is-the-best-kale-juice-recipe-ever/](http://www.elizabethrider.com/kale-aid-is-the-best-kale-juice-recipe-ever/)

**Salad:**

Good taste and crunchy texture, wonderful colors and fragrances, eating a large serving of fresh, raw vegetables each day can have great health benefits.

**Sauté:**

Rinse greens. Tear, cut, or chop leaves. Discard stems. In large skillet over high heat, cook garlic and/or other herbs in oil briefly. Add greens of your choice, a few handfuls at a time, stirring each time. Stir in 1 table-spoon vinegar. Cover. Cook until just tender, 2-10 minutes.



For more information on leafy greens and other nutrition topics, please contact Lisa Miller, RDN, CD or Stephanie Mattson, CD, LPN at (715) 478-4355.



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**2017**  
1:30- 4:30  
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MARCH 21  
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MAY 16  
JUNE 20  
JULY 18  
AUGUST 15  
SEPTEMBER 19  
OCTOBER 17  
NOVEMBER 21  
DECEMBER 19

Please call FCP Family Services Division at (715) 478-4433 for additional information and an application if you're interested in participating.



March is  
**AMERICAN DIABETES ASSOC. ALERT DAY® & NATIONAL NUTRITION MONTH®**

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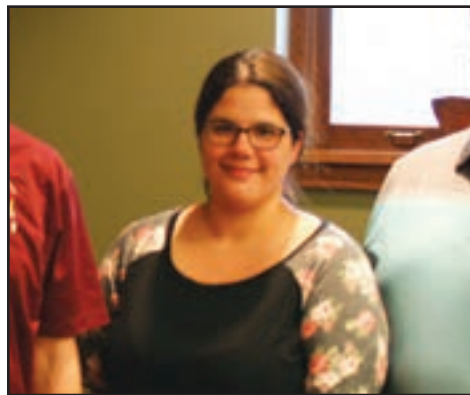
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# FCP Gaming Commission Internships

submitted by Courtney Kadolph, Development Specialist



**Courtney Kadolph, Development Specialist**

The Forest County Potawatomi Gaming Commission is very proud of its recent internship graduates, Carlton Stealer and David Van Zile. Both traveled from Forest County every week to participate in this specialized internship. They were able to gain a wealth of knowledge and enhance their professional edge through active participation and commitment to completing the program. They both gained a better knowledge of what the Gaming Commission does in its day-to-day operations. We are very proud of them both!

Our internship is an eight-week program based in Milwaukee, Wis., at

the newly-renovated Wgema Campus. Interns spent their time between the campus and Potawatomi Hotel and Casino, which are within a few miles of each other. They spent time in each of the following departments:

- Investigations/Licensing
- Surveillance/Technical
- Administration
- Compliance/Audit

We also work on professional development to help interns leave feeling more confident as they move forward in their professional careers.

We provide accommodations at our hotel for interns traveling so they are able to take advantage of this great opportunity. Interns also receive a weekly stipend for the eight weeks they are here. It's worth noting that three out of the five current Gaming Commissioners graduated from the internship program.

The Gaming Commission is a regulatory entity that regulates both gaming operations owned by the Forest County Potawatomi Community. We have several sources of regulations to comply with that come from the Indian Gaming Regulatory Act (IGRA), the National Indian Gaming Commission (NIGC), the



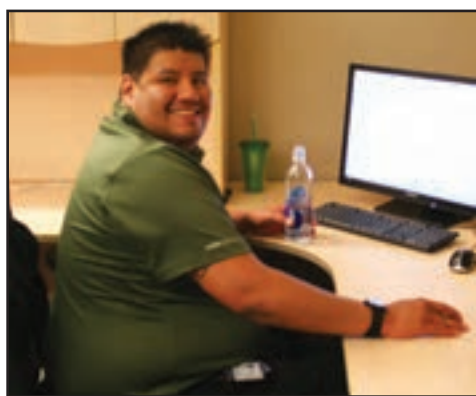
**(l-r) David VanZile, Gaming Commission Secretary Thomasina Aguirre, Gaming Commission Executive Director Jason Nichols, Carlton Stealer**

Amended Gaming Control Ordinance and the Tribal-State Gaming Compact with the State of Wisconsin. Interns gain a better understanding of these historical and foundational documents when they are in the internship. We also create regulations to protect the integrity of the gaming that takes place on our properties. It is a big responsibility, and we have knowledgeable and experienced staff to help us ensure that this is done properly.

As a tribal member, I have found it extremely rewarding to work for a tribally

owned/operated entity that protects the assets of the tribe. I was raised off-reservation my entire life, and I thought that disqualified me to work for my tribe. However, I have found that to be far from the truth. We need our tribal members to participate so we can protect our sovereignty. Please contact me if you are interested in this internship opportunity. My email is [ckadolph@paysbig.com](mailto:ckadolph@paysbig.com). My office phone number is (414) 847-7718. I look forward to hearing from you!

## Carlton Stealer - Gaming Commission Intern



Hello. My name is Carlton Stealer; I am currently enrolled in the Potawatomi Gaming Commission internship program. When I first heard about the internship, I was very hesitant to apply

but very grateful that I did. Having no knowledge or insight on how the gaming commission operates definitely had me feeling a little reserved for a short time. But after meeting with some of the staff, I started feeling very comfortable. Their willingness to help you understand the material was a big help.

The internship program lasts for eight weeks in which you get to spend time in the various departments that make up the gaming commission. It was great to see how each department works and how much each department relies on each other. The one department that I really liked was the compliance department. In

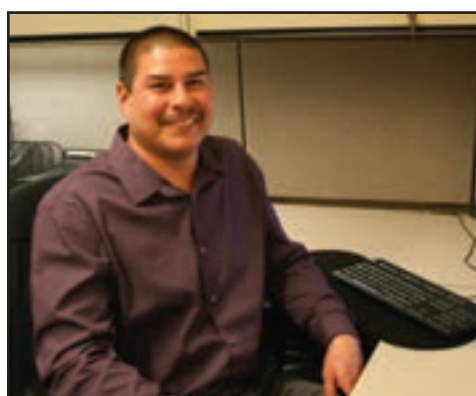
compliance, they oversee the regulations that go into the day-to-day operations and make sure they are up to compliance within the regulations of the State Compact. If anything may be out of compliance, they contact whomever it may be to resolve the issue immediately and without complications.

We also got to meet with the gaming commissioners to hear about their experiences as a commissioner and how they got their start in the gaming industry. It was great to know how effective this internship program can be because three of the five commissioners have completed the program. There is also another person

who completed the internship that works in the compliance department. So hopefully upon completion, I can take the things I have learned and apply them as an employee for the gaming commission.

Also, I would like to take this opportunity to thank everyone that I have had the chance to work with, and especially the tribe as a whole for having the right people in place to make this happen. This is a great learning tool. For anyone who wants to take part, I strongly advise you to because it has helped me immensely. Thank you.

## David VanZile - Gaming Commission Intern



Bosho. My name is David VanZile and I am currently finishing my internship with the tribe in the Gaming Com-

mission. I currently reside in Crandon with my family and have run a small logging business since 2002 with the help of my father.

I chose to join the Gaming Commission Internship with hopes of getting a better understanding of what exactly our tribe's gaming is about and to gain the knowledge to possibly work with the Gaming Commission in the near future. This experience has by far answered all my questions and has taught me more than what I anticipated.

The main impact it has made on me is that I did not realize how many differ-

ent departments that it takes to run the casinos. Gaming is very important to our tribe and this unique opportunity has helped me learn some of the basic day-to-day tasks the departments go through. I am only stating basic because I was not in each department long enough to see everything they do, but every department has an important daily task that is applied to run our gaming enterprises.

With this being said, I strongly encourage all tribal members that plan to work for our tribe, or would like to be on council one day, to take this internship opportunity that is given to us and utilize

it. There are different departments within Gaming that will suit any career ambition you may have. There is a lot more to gaming than what we all think. This experience has definitely opened a new chapter to my life that I would like to fill working for my tribe. It has opened my mind to many new ideas, and I have become more inspired to learn more about gaming and the success it has brought our tribe.

Miigwetch,  
David Van Zile



# COMING THIS SPRING

Paid Learning & Career Growth Opportunity for Forest County Potawatomi Community Members

Visit our booth at the Crandon Winter's End Pow Wow, March 18 and 19 or contact Starla Thompson at 414-847-7435 / [SThompson@PaysBig.com](mailto:SThompson@PaysBig.com).



**POTAWATOMI**  
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Open 24 hours/7 days a week

Low & Discount Prices  
ON NAME BRAND & GENERIC CARTONS





## First Junk Food Tax in the Country Supported

submitted by First Nations Development Institute

LONGMONT, Colo. (Feb. 28, 2017) – First Nations Development Institute (First Nations) announced a unique funding collaborative formed to support the Diné Community Advocacy Alliance (DCAA) in its efforts to implement healthy foods legislation passed by the Navajo Nation. In 2014, the Navajo Nation passed two new and innovative policies to encourage healthy living and lifestyles on the Navajo Nation:

- Navajo Nation Council Resolution CJA-05-14 removed the Navajo Nation 5 percent sales tax on healthy foods sold on the Navajo reservation, including fresh fruits, fresh vegetables, water, nuts, nut butters, and seeds, and;

- The Healthy Diné Nation Act (HDNA) of 2014 authorized an additional 2 percent sales tax on unhealthy foods and sugar-sweetened beverages in all retail locations on the Navajo Nation, the first junk food tax in the United States.

Launched with a leading gift from the Shakopee Mdewakanton Sioux Community, the funding collaborative will support DCAA with a combined gift of \$262,000. This includes funding from:

- Robert Wood Johnson Foundation - \$100,000
- Shakopee Mdewakanton Sioux Community (SMSC) under its national Seeds of Native Health campaign - \$80,000
- The Christensen Fund - \$75,000
- Anonymous donor - \$7,000

First Nations is proud to support DCAA and this innovative legislation on the Navajo Nation. Revenue raised from the collected taxes is directed into a fund to support Community Wellness Projects at all 110 Navajo Nation chapters. “These two pieces of legislation really demonstrate the potential for Native nations to exert their sovereign powers to improve health and well-being in Native communities,” said Michael E. Roberts,

First Nations President & CEO. “We are honored to be able to bring these needed resources to help with implementation efforts across the Navajo reservation.”

“To improve Native Americans’ dietary health, tribal communities must take control of their own destinies,” said SMSC Chairman Charles R. Vig. “We are pleased to have our Seeds of Native Health campaign work with First Nations and other funders to support the Navajo Nation’s groundbreaking policies to better the health of their people.

With this support, DCAA will work with departments and chapters on the Navajo Nation to ensure that Navajo communities can access funds to create healthy living programs and ensure accurate tax compliance.

“This support is a gift to healthy future Navajo generations,” said Denisa Livingston of DCAA. “This unique collaboration is one vital component toward the movement to empower our communities to create positive, sustainable, healthy environments. The investments are an opportunity to build capacity both

at the local level and at our tribal hill to expand toward improvement, efficiency and consistency. We look forward to continuing to improve the quality of life for our Diné people while creating lasting working relationships with our tribal government.”

“We are thrilled to support this initiative that models both the power of Indigenous communities to innovate precedent-setting global policy, and a pathway to resilient economies based on community and environmental health,” said Kyra Busch, Program Officer at The Christensen Fund.

**About First Nations Development Institute:** For 36 years, First Nations has been working to restore Native American control and culturally-compatible stewardship of the assets they own – be they land, human potential, cultural heritage or natural resources – and to establish new assets for ensuring the long-term vitality of Native American communities.

## Pilot Program to Grow Agri-Tourism Launched

submitted by Rachel Cromer, AIANTA

ALBUQUERQUE (Feb. 28, 2017) – On March 1, 2017, with the support of the Food and Farm Communications Fund, the American Indian Alaska Native Tourism Association (AIANTA) launched a new Tribal and Native Nations Agri-Tourism Product Development Training pilot program.

Agri-tourism is a growing trend, bringing visitors to rural farmlands and farming communities and AIANTA intends to help Indian Country respond to the growing demand. There is significant interest in promoting and supporting culturally-specific agricultural techniques and historic plant varieties across native nations.

With the expansion of tribal tourism products and corresponding marketing efforts, we are working to increase travel-

ers to Indian Country through increased awareness and promotion.

“We want to provide information about the agri-tourism programs and products that are available from American Indian farmers and ranchers,” said AIANTA Executive Director Camille Ferguson. “We are also looking for farmers and ranchers who are interested in developing agri-tourism.”

The pilot project will include the following activities:

- Identify and catalogue agri-tourism efforts in Indian Country to facilitate networking and sharing of best practices.
- Highlight tribal agri-tourism products in AIANTA’s Destination Indian Country Blog and monthly e-newsletter round up.
- Training for inclusion of tribal

agri-tourism businesses and products on AIANTA’s destination website NativeAmerica.travel to promote tribal agri-tourism products to the domestic and international markets.

- Create a tribal agri-tourism resource page on www.AIANTA.org to include online resources, available trainings, networks and events.

- Create case studies of tribal agri-tourism programming and best practices to include community development process, funding, personnel, and sustainability. The case studies will be accessible on AIANTA’s website and as an agri-tourism training/overview for tribes and tribal businesses at the American Indian Tourism Conference (AITC) to be hosted by the Oneida Tribe in Green Bay, Wis., Sept. 11-14, 2017.

**About AIANTA:** The American Indian Alaska Native Tourism Association (AIANTA) is a 501(c)(3) national nonprofit association of American Indian

and he is going to help keep it that way with smart management of our federal lands. At the same time, my administration’s goal is to repeal bad regulations and use our natural resources to create jobs and wealth for the American people, and Ryan will explore every possibility for how we can safely and responsibly do that.”

“Our public lands can once again be economic engines for our nation by creating jobs in energy, recreation, and conservation,” continued Zinke. “By working with President Trump and Congress to reevaluate and fix flawed regulations that are barriers to job creation, we will unleash the economic opportunity within our borders. Creating jobs on public lands can and will be done in an environmentally responsible way during my tenure.”

tribes, tribal tourism, cultural and private sector representatives, tourism industry representatives, federal, state and local governments, colleges and universities, and friends that was incorporated in 2002 to advance Indian Country tourism. The association is made up of representatives from six regions: Alaska, Eastern, Midwest, Pacific, Plains and the Southwest. AIANTA’s mission is to define, introduce, grow and sustain American Indian, Alaska Native and Native Hawaiian tourism that honors traditions and values.

**About the Food and Farm Communications Fund:** Food and Farm Communications Fund’s projects advance a specifically targeted innovative media/communications effort and assist in removing the “roadblocks” to better communication efforts aimed at affecting consumers and public opinion. It looks for creative, innovative and out-of-the-box forms of communication.

As a fifth-generation Montanan who grew up in a logging and rail town near Glacier National Park, Zinke has had a lifelong appreciation for conserving America’s natural beauty while upholding Teddy Roosevelt’s vision of multiple-use on our public lands. He has consistently led the efforts to renew the Land and Water Conservation Fund in Congress, and has also been a firm advocate for our nation’s sportsmen and women to gain access to our public lands. Zinke also co-authored the 2015 Resilient Federal Forest Act, which initiated new reforms for revitalizing America’s timber areas and preventing wildfires by emphasizing local collaboration on responsible timber harvest projects.

*continued on pg. 10...*

## 52nd Secretary of the Interior Sworn In

submitted by Interior Press

WASHINGTON, D.C. (March 1, 2017) – Ryan Zinke (pronounced Zink-EE) was confirmed and sworn in as the 52nd Secretary of the Interior. The Senate voted 68-31 to confirm Zinke the morning of March 1, 2017. Zinke is the first Montanan to serve as a cabinet secretary and also the first U.S. Navy SEAL in the cabinet.

“I am honored and humbled to serve Montana and America as Secretary of the Interior,” Zinke said. “I shall faithfully uphold Teddy Roosevelt’s belief that our treasured public lands are ‘for the benefit and enjoyment of the people’ and will work tirelessly to ensure our public lands are managed and preserved in a way that benefits all Americans for generations to

come. This means responsible natural resource development, increased access for recreation and sportsmen, and conservation that makes the land more valuable for our children’s children. Importantly, our sovereign Indian Nations and territories must have the respect and freedom they deserve.”

In nominating Congressman Zinke, President Donald Trump said, “Ryan has built one of the strongest track records on championing regulatory relief, forest management, responsible energy development and public land issues in Congress. As a former Navy SEAL, he has incredible leadership skills and an attitude of doing whatever it takes to win. America is the most beautiful country in the world,

# NAIG 2017

by Val Niehaus

The North American Indigenous Games (NAIG) are held every three years. With the last games being held in 2014, it is now time once again to have many indigenous youth come together in hopes of bringing home medals to their tribal home.

The NAIG's will be held in Toronto, Ontario and will be taking place July 16-23, 2017. The 17 FCP youth that qualified for the games this year are:

Makenna Winnicki  
Samantha Jacobson  
Dawson VanZile  
Cody Sardin  
Malikhi VanZile  
Aaleyah Alloway  
Presley Keeble  
Tressa Lange  
Anike Sulaimon  
Micasslyn Crawford  
LaVar Gilpin  
John Crawford  
Ryon Alloway  
Jaiden Deschinny  
Kaitlyn McGeshick  
Bishbeneshikwe Daniels  
Darlaina Boyd

Swimming (girls 14U)  
Soccer (girls 19U)  
Basketball (boys 16U)  
Basketball (boys 16U)  
Basketball (boys 14U)  
Volleyball (girls 16U)  
Basketball (girls 19U)  
Basketball (girls 19U)  
Basketball (girls 19U)  
Basketball (girls 16U)  
Basketball (girls 14U)  
Wrestling (boys 19U)  
Athletics (boys 19U)  
Athletics (boys 14U)  
Athletics (girls 16U)  
Athletics (girls 19U)  
Athletics (girls 19U)

If you would like to come cheer on the youth, it's always great to have community support! Don't forget to wear Wisconsin gear and signs rooting for your team are always welcome. Also, don't forget to apply for that passport now! General information can be found at <http://naig2017>.



## 52nd Secretary of the Interior Sworn In

...continued from pg. 9

As Secretary, Zinke leads more than 70,000 employees who serve as steward for 20 percent of the nation's lands, including national parks, monuments and wildlife refuges, as well as other public lands. The department oversees the responsible development of conventional and renewable energy supplies on public lands and waters; is the largest supplier and manager of water in the 17 Western states; and upholds trust responsibilities to the 567 federally-recognized American Indian tribes and Alaska Natives.

Ryan Zinke represented the state of Montana in the U.S. House of Representatives since 2014, building an impressive portfolio on Interior issues ranging from federal mineral leases to tribal affairs to public lands conservation. Zinke is widely praised for his voting record that supports the Teddy Roosevelt philosophy of managing public lands, which calls for multiple-use to include economic, recreation and conservation aspects.

Before being elected to the U.S. House of Representatives, Zinke served in the Montana State Senate from 2009

to 2011, but the bulk of Zinke's public service was his 23 years as a U.S. Navy SEAL officer.

Zinke enlisted in the Navy in 1985 and was soon selected to join the elite force where he would build an honorable career until his retirement in 2008. He retired with the rank of Commander after leading SEAL operations around the globe, including as the Deputy and Acting Commander of Joint Special Forces in Iraq and two tours at SEAL Team Six. Zinke was the first Navy SEAL elected to the U.S. House and is the first SEAL to serve as a cabinet secretary.

Zinke holds a geology degree from the University of Oregon, where he was an All-PAC 10 football player; a master's degree in business finance from National University; and a master's degree in global leadership from the University of San Diego. Ryan and his wife Lolita (Lola) have three children and two granddaughters. Zinke is proud to be an adopted member of the Assiniboine Sioux Tribe at the Fort Peck Reservation in Northeast Montana.

# Master Gardener Class Offered

submitted by Steve Nelson, Forest County UW-Cooperative Extension

The University of Wisconsin-Extension is offering a Master Gardener Volunteer (MGV) course. UW-Extension Master Gardener Volunteers are trained in a wide range of plant-related topics via a multi-session training course. Training will be held Tuesday evenings from March 21 through June 13, 2017. The course will be held primarily at the Florence Natural Resources Center starting at 6 p.m.

Course work prepares participants to help others in their community by assisting with horticultural projects and demonstrations, answering plant care questions, and many other ways. The instruction is free, although the instructional materials cost \$95 for an individual or \$155 for a couple. Instructional materials include a manual, an array of UW-Extension publications, and numerous materials that you will take home as part of the hands-on, skill-building sessions that are the main feature of the course.

Each evening will have a topic focus and will usually include some type of hands-on and/or outside activity. The format allows participants to increase their plant management skills and knowledge, while meeting new gardening associates and current members of the Glacial Gardeners' Master Gardener Volunteers' Association, which has members from many different communities. All area residents are welcome to be a part of this opportunity to grow in your own horticultural knowledge and share those skills and knowledge with others.

The MGV training brochure is available on the web at <http://florence.uwex.edu/> and click on the Horticulture program link. You may also call the Florence County UW-Extension office at (715) 528-4480. Speak to Sabrina with questions and to request a training application. You may also e-mail Scott Reuss, UW-Extension Agriculture & Horticulture Agent, at [scott.reuss@ces.uwex.edu](mailto:scott.reuss@ces.uwex.edu).

**2017 FCP Youth on the Move Program:**

**Tuesdays:**  
FCP Rec Center, Crandon — 3:30 - 4:30 p.m.  
Feb. 28, March 7, March 14, March 21, April 4, April 11, April 18, April 25

**Thursdays:**  
We Care Building, Carter — 3:30 - 4:30 p.m.  
March 2, March 9, March 16, March 23, March 30, April 6, April 13, April 27

Laona Elementary School, Laona — 3:30 - 4:30 p.m.  
March 2, March 9, March 16, March 23, April 6, April 13, April 20, April 27

\* Youth on the move will not be held during Spring Break on the following days:  
CRANDON: Tuesday, March 28; WABEND: Thursday, April 20; LAONA: Thursday, March 30

|                      |                           |
|----------------------|---------------------------|
| WEEK 1 / Snowshoeing | WEEK 5 / Capture the Flag |
| WEEK 2 / Snowshoeing | WEEK 6 / Flag Football    |
| WEEK 3 / Kickball    | WEEK 7 / Jump-Rope Games  |
| WEEK 4 / Color Tag   | WEEK 8 / Ticket Night     |

If school is cancelled/early release due to weather, the Youth on the Move Program will be cancelled as well. Please dress accordingly for weather.

**Program Benefits:**

- Pick up at school if requested
- Transportation available
- Snack and nutrition activity
- Wear boots and appropriate winter clothing for snowshoeing
- Activity schedule may vary

**Contact Information:**  
To register or if you have any questions, please contact:  
Melanie Tatge  
Public Health Educator  
715-478-4382  
Calli Victor  
CHR  
715-478-4398

# NOTICES / CALENDAR

## CULTURE

### Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

## HEALTH

### Wellbriety

AA Meetings (#7169331 Area 74) every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. Walking in a good way...a sober way. Anyone who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-3530 or Isaiah Phillips at (715) 889-4945.

### Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit [suicidelines.com](http://suicidelines.com).

### NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wejmogek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

## PROGRAMS

### Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

### SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

### Diabetes Education -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

## SERVICES OFFERED

### Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.

- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.



## March 2017 Calendar of Events

### Community Health

- 3/15 - Diabetes Luncheon: HWC, noon - 1:30 p.m.
- 3/2-3/30 - Tai Chi: HWC Rehab, Thursdays, 6 - 7 p.m.
- 2/28-4/27 - Youth on the Move Program. See flyer on pg. 10.

### Family Resource Center

- Healthy Relationships: Mondays (20, 27), 10 a.m. - noon.
  - FRC/CHOICES: Mondays (20, 27), 3:30 - 5 p.m.
  - Play Shoppe: Contact FRC for dates and times.
  - Circle of Sisters: Wednesdays (15, 22, 29), 1 - 3 p.m.
  - FRC Girls 10-17: Wednesdays (15, 22, 29), 3:30 - 5 p.m.
  - Community Women's Talking Circle: Thursday, (16), 1 p.m.
  - PIP: Thursdays (17, 24, 31), 10 a.m. - noon.
  - Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.
- Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

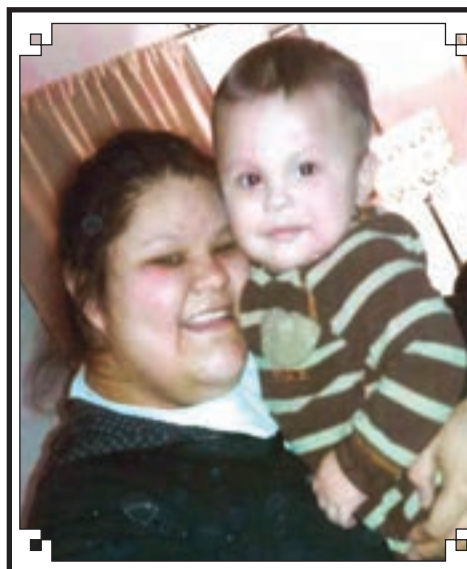
### CHOICES Program

- Youth 10 - 12: Mondays (20, 27), 3:30 - 5 p.m.
  - Youth 13 - 17: Tuesdays (21, 28), 3:30 - 5 p.m.
  - Youth 7 - 9: Wednesdays (15, 22, 29), 3:30 - 5 p.m.
- Youth will be picked up from Crandon school at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

### Recreation Department

- After School Program: We Care, Mondays, 3:30 - 5:30 p.m.
- Women's Exercise Program: Rec Center, Mondays/Wednesdays, 5:30 - 6:30 p.m.
- Open Gym: Wabeno Elementary, Wednesdays (15, 22), 3:30 - 5 p.m.
- After School Program: Rec Center, Wednesdays (15, 22), 3:30 - 5 p.m.
- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 8 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 8 p.m.
- Movies in Rhinelander: March 17, leaving at 5:30 p.m.
- Bowling in Rhinelander: March 28, 1 - 3 p.m.
- Bingo: Rec Center, March 29, starting at noon
- Funset Boulevard in Appleton: March 30, 11 a.m. - 3 p.m.
- Movies in Rhinelander: March 31, leaving at 3 p.m.

## PERSONALS



**Happy Belated  
Birthday, Baby Ned!**  
**We love you  
to the moon and  
back. You're so handsome  
and smart. You know your  
angels are always with you  
& watching over you.  
Love always, Mom & Dad**

# FOREST COUNTY POTAWATOMI WINTER'S END

## TRADITIONAL POW WOW

**MARCH 18 & 19, 2017**  
Crandon High School

**ADMISSION \$5 Per Person**

FREE 5 years & Under, 55 & Over

### SATURDAY, MARCH 18

1<sup>st</sup> Grand Entry: 12 pm, Noon

Supper Break: 5 pm – 7 pm

Second Grand Entry: 7 pm

### SUNDAY, MARCH 19

Grand Entry: 12 pm, Noon

Traveler's Meal Provided

**HOST DRUM**  
Sharp Shooter

**CO HOST DRUM**  
Fire Nation

### INVITED DRUMS

Smokey Town

Tomahawk Circle

Little Thunder

*No walk-in drums due to limited space.*

### Head Dancers

To be  
announced  
at each session.

**MC** Artley  
Skenandore

**Head Veteran**  
Paul Cloud

**Arena Director**  
Keith Smith



*Photo by Michael Rausch.*

## POW WOW COMMITTEE SPECIALS

LUCK-OF-THE DRAW AT EACH SESSION

1<sup>st</sup> \$400 | 2<sup>nd</sup> \$300 | 3<sup>rd</sup> \$200 | 4<sup>th</sup> \$100

Host Hotel: Mole Lake Lodge, 800.236.9466 | Vendors Call Ruth, 715.889.1334

Princess Contest Contact: Lateachia, 505.288.9563. No drugs, alcohol or outside raffles.