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### POTAWATOMI TRAVELING TIMES

Volume 22, Issue 16 • MKO GISOS • LITTLE BEAR MONTH • February 15, 2017

# Community Healthier Living Powwow Held at Laona High School



"Young Warriors" drum group accompanying veterans and dancers during the powwow.

### by Val Niehaus

On Jan. 31, 2017, the Community Coalition of Forest County, Forest County Potawatomi (FCP) and Mole Lake Sokaogon Chippewa held a Community Healthier Living Powwow event at Laona High School. This event was for K-12 students and was open to the public.

Once the students piled into the gymnasium, Jeff Keeble, arena director

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for the powwow, did a bit of an introduction to the students and spoke about ways of healthy living. He then talked about his own personal history and his battle and relayed the best thing you can do for yourself is to keep off of drugs and alcohol.

Emcee for the event was Robert Van-Zile Sr. Before starting the powwow, he offered an invocation in his language and then introduced the veterans that were present who were carrying the Eagle Staff and flags. Young Warriors drum group opened with grand entry, which was then followed with the traditional flag song and veterans song. Head dancers were Donald Keeble and Waleli Frank. Accompanying the head dancers were royalty from FCP Winters End, FCP Meno Keno Ma Gē Wen and Mole Lake TRAILS powwows and other dancers who participated.

This event was an educational tool to show the students and the public the reason powwows are held. VanZile did a great job explaining the significance of certain ceremonial rituals and answered any questions the students had. He spoke of the different types of regalia each dancer was wearing. He also stressed, "This is not called a costume. A costume is something you wear during Halloween; this is either called regalia or an outfit."

VanZile also mentioned the different types of dances that are present during

the powwow, such as the Crow Hop and Sneak Up.

The students were asked to dance during intertribal. The younger students had a fantastic time dancing to the beat of the drum!

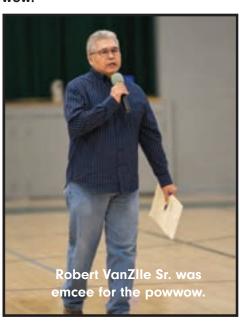
The most popular part of the powwow was when Michelle Reed and her son, Hunter Reed, demonstrated a bit of hoop dancing. They even had some volunteers from the crowd learning how to move the hoop around your body. Let's just say that Principal Jim Bradley could have been a hoop dancer in another life!

Michelle said, "I promised myself that I would learn this dance, and my son Hunter took off with it right away!" He was phenomenal to watch! The younger students had many questions after watching them dance.

This event was a great opportunity for the community to learn a bit more about powwows, hopefully with a more in-depth understanding behind certain happenings that take place during it. Many of the students had a great time dancing with the dancers and listening to the beat of the drum.

A powwow can really be a healing tool in that it lifts your spirit to another place and makes you forget about all the turmoil you may be going through in life. It makes you laugh, smile and feel connected to one another.

More photos on pg. 5.







**OUR MISSION:** Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



### PBDC Federal Contract in Corozal, Puerto Rico

PBDC subsidiary Advancia Technologies is performing a contract in Corozal, Puerto Rico. This new contract is a joint venture with Blue Water Defense and consists of the manufacturing of combat uniforms.





Pictured above: Interior photo of the combat uniform manufacturing building.



Pictured above: Exterior photo of the manufacturing building branded with FCP logo.



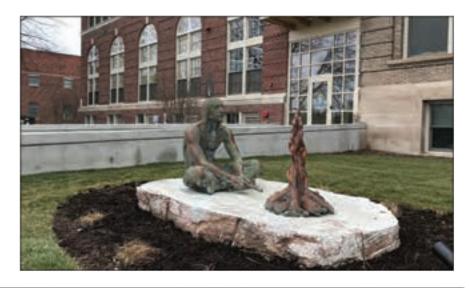
## Wisconsin Tribal Judges Association Visits Wgema Campus

The Wisconsin Tribal Judges Association (WTJA) visited Wgema Campus on Thursday, Jan. 19 while in town for the annual WTJA Conference, hosted at Potawatomi Hotel & Casino this year. Representatives from nine of the 11 Wisconsin tribes were in attendance, and toured the recently renovated Wgetthta building on campus. Judge White-Fish and his staff were also in attendance.



## Fire Keeper Statue Relocated to Wgema Campus

The Fire Keeper statue previously on display outside the Potawatomi Administrative building in the Menomonee Valley, has now been relocated outside the Wgetthta building on Wgema Campus. Marquette University recently purchased the Potawatomi Administrative building after the relocation of the FCP Legal, Gaming, and Administrative offices.



## FOREST COUNTY COMMUNITY WELLNESS COURT OPEN HOUSE

Everyone is Welcome!

February 23
2-5 p.m. Forest County Potawatonii Executive Building, Tribal Courtroom, 3416

Everybody's Rd., Crandon, WI 54520

## Meet & Greet Your Forest County Community Wellness Court

You asked. We listened. We are here to help.

Alcohol and illicit drug use/abuse has been an ongoing concern for many residents of Forest County. Whether affected personally or in close association, many residents have been impacted by addiction in one way or another. The prevalence of substance abuse among our community members is alarming and, likewise, the correlation of substance abuse and criminal involvement is worrisome. Therefore, the Forest County Potawatomi Tribal Court and Forest County Circuit Court have come together to create what is hoped to be a solution to this epidemic. Through cross collaboration with the Wisconsin Department of Corrections, the Forest County Sheriff's Department, and tribal representatives from both the Potawatomi and Sokaogon Chippewa communities, Forest County now has its very own Community Wellness Court.

#### Learn:

- What Wellness (drug) Court is and what it is not.
- How the FCP Tribal Court and the Forest County Circuit Court are working with addicted individuals to help them become sober and productive members of the Forest County community.
  - How tax dollars can be saved by this program!
- About a program that has swept the country and how Forest County is joining the fight against illegal drugs.

The mission of the Forest County Community Wellness Court is to guide participants on their journey through recovery and restoration of their lives; all the while, promoting public safety and improving the overall quality of life in our community.



### POTAWATOMI TRAVELING TIMES

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520 phone: (715) 478-7437 • fax: (715) 478-7438 email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

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Managing Editor: WINDA COLLINS

Office Manager: MICHELLE SPAUDE

Reporter/Photographer: VAL NIEHAUS

Graphic Artists: KRYSTAL STATEZNY RACHEL ZABOROWSKI

Apprentice: AUTRY JOHNSON

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## **Supreme Court Justice Meets with Local Courts**

submitted by FCP Tribal Court

On Dec. 28, 2016, Forest County Potawatomi (FCP) Tribal Court Chief Judge White-Fish hosted a meeting at the FCP Tribal Court with Wisconsin Supreme Court Justice Michael Gableman and Forest County Circuit Court Judge Leon Stenz.

Justice Gableman initiated the meeting in his role as liaison from the Wisconsin Supreme Court to Wisconsin Tribal Courts. He is interested in furthering positive relationships between state and tribal court judges after the approval of Wisconsin statute 801.54, which governs discretionary transfers from state to tribal court.

"Justice Gableman, Judge Stenz and I met to discuss many issues of mutual interest and how we can build on the positive relationship that Judge Stenz and I already have," Judge White-Fish said.

The judges covered a range of topics including drug addiction, drug courts, family law, case transfers, conservatorships, guardianships, and the difficult

decisions that judges sometimes face. All three also stressed the importance of communication, coordination and cooperation between courts.

"Judge Stenz and I keep it simple: when one of us has an issue, the first thing we do is call or email and start communicating. We both respect each other's authority and jurisdiction," Judge White-Fish said. "We all have similar interests. We want to provide justice and serve our respective communities."

Justice Gableman expects this meeting is the first of many and that Judge White-Fish's and Judge Stenz's positive relationship can serve as a model for other jurisdictions around the state.

Another meeting with Potawatomi, Stockbridge and Lac Courte Oreilles is in the works for this winter.

Justice Gableman also attended and met with tribal judges at the quarterly Wisconsin Tribal Judges Association meeting this past January in Milwaukee.





### Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon.

Please join us!

Deadline for the March 1, 2017 issue is Wednesday, Feb. 15, 2017.

### FCP Tribal Members Participate in Presidential Inaugural Events

submitted by George Ermert, Martin Schreiber & Associates

Several members of the Forest County Potawatomi (FCP) Executive Council were recently in Washington, D.C., to attend inaugural festivities for President Donald J. Trump. Tribal Secretary James Crawford and Executive Council Member Heather VanZile attended several events related to the inaugural celebration. These events offered FCP tribal leadership the opportunity to meet with elected officials at both the state and federal level that have an interest in issues important to the Forest County Potawatomi Community. The tribe also participated in the inaugurals of President Obama in 2009 and 2013, and the inaugurals of President Bush in 2001 and

Crawford and VanZile attended an invitation-only event where they were able to interact with state and congres-

sional members from Wisconsin. This included House Speaker Paul Ryan, Gov. Scott Walker, Congressman Sean Duffy, and U.S. Senator Ron Johnson. Crawford and VanZile also attended an inaugural parade-watching reception hosted by Gov. Walker.

While in Washington, D.C., the FCP also sponsored the 2017 Native Nations Inaugural Ball held at the National Museum of the American Indian. The funds raised from this event support the National Native American Veterans Memorial. Currently in the planning process, this permanent veteran's memorial on the nation's preeminent stage – the National Mall – will shed light on the countless Native American warriors who have given so much of themselves throughout history, and who continue to defend our nation today.



(I-r) House Speaker Paul Ryan, FCP Council Member Heather VanZile, FCP Secretary James A. Crawford, Gov. Scott Walker, Public Affairs Associate George Ermert from Martin Schreiber & Associates.

### **Community Conservation Advisory Meeting Held**

by Val Niehaus

On Jan. 25, 2017, FCP Land & Natural Resources (LNR) held a community conservation advisory meeting for all FCP tribal members. The purpose of this meeting was to get input from community members on topics relating to forest management, forest roads, beaver management and conservation areas.

With this being the first official meeting of this kind held by LNR, there was an adequate turnout of tribal members along with the LNR staff. It is anticipated that this meeting will be held quarterly throughout the year as long as there is participation from the community and as long as that input is needed.

The meeting started with LNR Assistant Director Frank Shepard Jr., introducing the staff to the members present. Each staff member gave a brief description of what their job entails and offered ideas that they have for the future.

The most emphasized topic was that of forest management. That discussion had many tribal members asking Forest Manager Kevin Makuck many questions about what is happening on tribal forest land. This discussion was the focus of the majority of the meeting. At times during this discussion, there was talk about tribal forest roads and how they should be maintained. There was also a huge concern expressed about where vehicles/ ATVs are driving within the woods. In view of the existence of sacred areas such as homesteads, dancing circles and graves, it is a concern of many that these areas stay respected and protected.

A brief conversation was held about beaver management on tribal lands. This is a controversial subject because many tribal members are beaver clan so it can be a perplexing subject for LNR to understand and demonstrated another huge purpose of having this meeting.

During the meeting, other topics came up and included talk about such issues as hunting tags and more in-depth details of forest management. Discussions of these matters reflect why it is so

important for tribal members to attend so everyone has input and is on the same page.

Another meeting is scheduled for March, 6, 2017, from 11:30 a.m. - 12:30 p.m. in the lower level of FCP's Cultural Center. This meeting will continue the topic of historic and current forest management strategies and the use of hunting tags. If you have an interest in these matters and wish to have input about these subjects or have any concerns with them, please attend the upcoming meeting. (See flyer below.)



Frank Shepard Jr. discussing the agenda for the meeting.



## **Healthier Living Powwow**



Young Warriors honoring the veterans.



Head Dancers: Waleli Frank and Donald Keeble



Michelle Reed and her son, Hunter, teaching some students and teachers the basics of hoop dancing.



Dancers, students, teachers and the public dancing during an intertribal.



Carl VanZile carrying the Eagle Staff.



Symone and Royal Pemma in perfect beat with the drum.



Michelle and Hunter Reed hoop dancing.



Just some of the dancers attending this powwow.



GO SNOWSHOEING - Blanketed with snow, the forest is quiet and calm this

MAKE SNOW CASTLES - just like sand castles but using snow instead

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Honoring Health, Healing, and Tradition

### February is National Children's **Dental Health Month**

The theme this year is "Defeat Monster Mouth". Have you ever noticed "dragon breath" on your child? The good news is there are ways to help you and your child "Defeat Monster Mouth":

- Brush two times a day for two minutes each time. Floss once a day.
- Visit your dental hygienist and dentist at least twice a year.
- Eat healthy foods and snacks.Use fluoride supplements.

Appointments can be made by calling (715) 478-4313. Hours: Monday - Friday, 7:30 a.m. - 5:30 p.m.

Open to the Public



### **SERVICES OFFERED**

AODA (715) 478-4370 (715) 478-4345 **Behavioral Health Pediatrics** 

(715) 478-4339 (715) 478-4332

**Community Health** (715) 478-4355 (715) 478-4347

Dental Imaging (715) 478-4339 (715) 478-4313

Rehabilitation (715) 478-4339 (715) 478-4344

Medical Weekend Walk-In (715) 478-4339



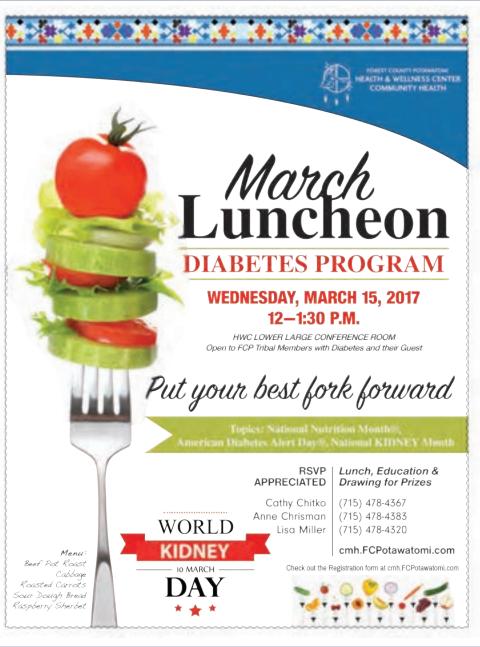
FOREST COUNTY POTAWATOMI

### **HEALTH & WELLNESS CENTER**

8201 Mish ko swen Drive, Crandon, WI General: (715) 478-4300 • www.FCPotawatomi.com







## NOTICES

### **CULTURE**

#### Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

### HEALTH

#### Wellbriety

AA Meetings (#7169331 Area 74) every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. Walking in a good way...a sober way. Anyone who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-3530 or Isaiah Phillips at (715) 889-4945.

### Do You Feel Like No One Understands

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

### NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

### **PROGRAMS**

### Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleereman, R.N., at (715) 478-4889.

### SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

### Diabetes Education -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

### **SERVICES OFFERED**

#### **Employment Skills Program**

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
  - Mock interviews.
  - Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, Power-Point, Excel and Access.
- WinWay Résumé Deluxe it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.



## February 2017 Calendar of Events

### **Community Health**

- 2/18 Devil's Lake Fisheree: See flyer on pg. 6.
- Women's Exercise: Rec Center, Mondays & Wednesdays, 5:30 6:30 p.m.

### Family Resource Center

- Healthy Relationships: Mondays, Feb. 13, 20, 27, 10 a.m. noon.
- FRC/CHOICES: Mondays, Feb. 13, 20, 27, 3:30 5 p.m.
- Play Shoppe: Contact FRC for dates and times.
- Circle of Sisters: Wednesdays, Feb. 15, 22, 1 3 p.m.
- FRC Girls 10-17: Wednesdays, Feb. 15, 22, 3:30 5 p.m.
- Community Women's Talking Circle: Thursday, Feb. 16, 1 p.m.
  PIP: Thursdays, Feb. 16, 23, 10 a.m. noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

### **CHOICES Program**

- Youth 10 12: Mondays, Feb. 13, 20, 27, 3:30 5 p.m.
- Youth 13 17: Tuesdays, Feb. 14, 21, 28, 3:30 5 p.m.
- Youth 7 9: Wednesdays, Feb. 15, 22, 3:30 5 p.m.

Youth will be picked up from Crandon school at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.



