



POTAWATOMI TRAVELING TIMES

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New Native Theatre Performs Locally



The New Native Theatre acting workshop concluded with the group making a machine, with noise and all. Community members Holly Spaude and Marcus Daniels are shown in the back center.

by Michelle Spaude

A group of Native American actors graced the stage at the Forest County Potawatomi Executive Building auditorium the weekend of Oct. 8 – 9, 2016. Based in the Twin Cities, these performers operate under New Native Theatre (NNT) and are proud to be a part of the upper Midwest's only Native American-owned and operated 501(c)3 theatre company.

Two performances occurred on the evening of Oct. 8. The 25-minute show, *Stolen Generation*, caught the attention of the audience with a mixture of chuckles and even tears. It was about Anishinaabe sisters who were forcibly separated from their family by social services. They were

each put up for adoption in different white homes. When Katie returned as an adult, she located her sister, who wasn't ready to come home due to much anger, betrayal and secrets. Eventually, she returned home, opened up to and reunited with her sister. According to the NNT brochure, "... the play acknowledges that as Native communities, we wait, we pray and we never stop calling to their spirits to come home."

Stolen Generation featured Delinda Oogie Pushetonequa (Meskwaki) as Claire, Andrea Fairbanks (Leech Lake Ojibwe) as Katie and Inez DeCoteau (Turtle Mountain Ojibwe) as Josie. It was written by Ardie Medina (Lac du Flambeau Ojibwe) and directed by Martha Johnson.

The second performance followed. *Sneaky*, a 55-minute production, was a dark comedy about two brothers and a sister who stole their mother's body from the local mortician. The siblings learn to overcome their own uncertainties and disloyalties to each other. In the end, they join as a family to give their mother the traditional burial that she would want.

Sneaky featured Delinda Oogie Pushetonequa (Meskwaki) as Frankie Rose, Kyle Hill (Turtle Mountain Ojibwe) as Eldon Rose, AJ Kapashesit (Moose Factory Cree & White Earth Ojibwe) as Kermit Rose and Dona-

van Mountain (Red Lake Ojibwe) as Jack Kence. It was written by William S. Yellow Robe Jr. (Assiniboine) and directed by Brian Joyce (White Earth Ojibwe).

Stage/tour manager was Quinci Bachman.

The same acts were performed the next day in the early afternoon after the acting workshop concluded (see article on page 5). A brief question-answer session followed each performance.

Even though the audience was low in numbers, the ones who did attend were really glad they came. Louie Spaude and his wife, Diane, went to the Saturday night performance. He had this to say to *Potawatomi Traveling Times* afterwards: "I think it was portrayed with a lot of emotion and pointed to the problem [referring to *Stolen Generation*]." The actors were all great in both performances, he added.

Carole Daniels commented, "I thought the plays touched base on a lot of Native issues, both past and present. It was both humor and serious. It brought tears to my eyes and Dad's eyes. It was very well put together." Evelyn and Elizabeth Soman attended the Sunday afternoon show with Daniels and her father, Walter Shepard. "I would love to see them again," she added.

Besides acknowledging the actors,

writers and directors, *Potawatomi Traveling Times* brings attention to the mastermind of NNT – Rhiana Yazzie. Enrolled Navajo Nation member and artistic director Yazzie created NNT in 2009 by playwright to bring together the many local theatres and the greater urban Native community. According to NNT's website, NNT engages artists and spectators by "producing commissioned and existing plays by Native playwrights", "producing community-created plays about cultural and social justice topics", "presenting the best Native American productions from around North America", providing an array of theatre training to Native American community members", "engaging in collaborations with Native artists and Native organizations of varying artistic disciplines".

Are you interested in acting, directing or writing scripts? Contact Yazzie at (612) 367-7639, email info@newnativetheatre.org, or visit the website www.newnativetheatre.org. NNT has opened the door for any Native community member to learn and work with its company. Don't think you are too old to make your dream come true of being on stage – they have worked with people from 10 to 70 years old! "We relish in giving opportunities to people that no one else considers due to age and ethnicity," stated from NNT website.

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP’s tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



GREENFIRE

Greenfire’s Team Continues to Grow

Greenfire Management Services recently announced the hiring of Eric Rank as assistant project engineer.

Rank holds an associate’s degree in civil engineering and is also a certified cement concrete technician. Rank joins the Greenfire team with additional experience in surveying, soils and materials testing, structures and statistics, and knowledge of sewer and water systems.

“We’re excited to welcome Forest County Potawatomi Tribal Member Eric Rank to the Greenfire team,” said Kip Ritchie, Greenfire Management Services President. “As an Assistant Project Engineer, Eric will be working in all phases of our construction management process. We’re fortunate to have Eric on our team.”

Greenfire also recently hired Daniel Grams as project engineer. Grams holds a bachelor of science degree in architecture, with a minor in construction management from the University of Minnesota, Twin Cities. Grams started with Greenfire in July as a pre-construction and project engineer intern and has since been hired on full time to the growing staff at Greenfire Management Services.



Eric Rank - Assistant Project Engineer



Daniel Grams - Project Engineer

Greenfire Project Update: River House Apartments



The first two of four, four-story buildings rising along the Milwaukee Riverfront. The first phase of this project will include 243 apartment units.



Construction crews working on the exterior brick, siding and windows. The first phase of this project is expected to be complete in December.

Visit the “Projects” page of Greenfire’s website for recent photos of all Greenfire’s current projects: greenfire.com/projects



PBDC - Federal Group Fiscal Year 2016 Highlights

The PBDC - Federal Group had an extremely successful year securing 17 prime contracts and three subcontracts, including 15 8(a) sole source awards.

These contracts helped develop new capabilities in medical staffing, manufacturing (cut and sew), court reporting, and construction in 2016, and expanded its customer base to include the U.S. Army Corps of Engineers, Department of

Labor, Navy Medical Logistics Command, and U.S. Air Force Security Assistance Training Program.

The Federal Group also increased their global contract footprint by adding positions in Atlanta, Ga; Fort Bragg, N.C.; Fort Wainwright, AK; Japan; and Guam.

Happy November Birthday to These Elders!

- | | |
|-------------------------|--------------------------|
| 11-1 Billy Daniels Jr. | 11-11 Catherine Frank |
| 11-2 Carol Bees | 11-11 Rosemary Sadowski |
| 11-3 Robert Gerdeen | 11-12 Lois J. Frank |
| 11-4 Donna VanZile | 11-13 Maxine DeVerney |
| 11-5 Norman H. Tribbett | 11-16 Diane Daley |
| 11-6 Arnol Wensaut | 11-16 Rita Vigue |
| 11-6 Jeryl Perenich | 11-21 Jo Ann Giese |
| 11-6 James Brown III | 11-25 Lorna Shawano |
| 11-8 Viola LaMere | 11-26 Kenneth George Sr. |
| 11-9 Denise Krueger | 11-27 Yvonne Wadinski |
| 11-9 Malinda LaBarge | |

Richard James Mexico “Gmewen - Rain” - “Hatman”

Richard James Mexico (“Gmewen-rain” “Hatman”), age 65, of Wabeno, Wis., passed away Oct. 17, 2016, at Aspirus Wausau Hospital. Richard was born Oct. 3, 1951, at Hayward Indian Hospital, Hayward, Wis., the son of Clara Mexico.

Richard enjoyed hunting, fishing, football, baseball, darts and golfing. He also enjoyed going to the casino. He especially enjoyed spending time with his family and friends.

He is survived by daughters: Richelle Mexico, Milwaukee, Wis., Gordy Mexico (Roberto Alcantar), Carter, Wis.; son: Richard Harris, Mountain, Wis.; sister: Clara (Brian) Learned, Crandon, Wis.; brothers: Gerald (Mabel) Schingeck, Wabeno, Wis.; Winslow Mexico (Cheri Pemma), Carter, Wis. Further survived by five grandchildren. Preceded in death by his mother: Clara; son: Jason; brother: Gordon and step-father: Albert.

Visitation was held Oct. 19, 2016, at the FCP Recreational Center, Crandon. Native American services were held Oct. 20, 2016, with Billy Daniels conducting services. Interment was at McIntosh Cemetery, Wabeno. On-line condolences may be left for the family at www.weberhillfuneralhome.com.



POTAWATOMI TRAVELING TIMES

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Elder Menus NOVEMBER 2016



Tuesday, 11/1

Chef Salad w/Turkey, Ham, Cheese, Tomato, Cucumbers & Egg, Breadstick, Raisins

Wednesday, 11/2

Lasagna, Garlic Bread, Green Beans, Tossed Salad, Mandarin Oranges

Thursday, 11/3

Cream of Broccoli Soup, Chicken Salad Sandwich, Crackers, Grapes, Chocolate Pudding

Friday, 11/4

Lemon Pepper Fish, Boiled Red Potatoes, Asparagus, Mixed Berries

Monday, 11/7

Egg Salad Sandwich, Tomato Wedges, Baked Beans, Banana, Strawberry Yogurt

Tuesday, 11/8

Cheeseburger Stuffed Shells, Tossed Salad, Corn, Pears, Garlic Breadstick

Wednesday, 11/9

Chicken Patty on Bun, Broccoli Cauliflower Salad, Pineapple, Cranberry Juice

Thursday, 11/10

Hominy Beef Soup, Biscuit, Peaches, Cheese Stick

Friday, 11/11

No Lunch – Closed for Veterans Day

Monday, 11/14

Sub Sandwich w/Ham, Turkey, Lettuce & Tomato, Pickle, Baked Sun Chips®, Apple

Tuesday, 11/15

Pork Chop Suey, Rice, Egg Roll, Strawberries

Wednesday, 11/16

Italian Chicken Breast, Parmesan Noodles, Squash, Salad, Cantaloupe

Thursday, 11/17

Mushroom Swiss Burger, Baked Sweet Potato, Spinach, Pears

Friday, 11/18

Pea Soup w/Ham, Carrots & Onion, Biscuit, Orange Juice, Chocolate Chip Cookie

Monday, 11/21

BBQ on Bun, Baked Beans, Beets, Apples, Nutri-Grain Bar®

Tuesday, 11/22

Fish, Coleslaw, Baked Potato, Rye Bread, Pineapple

Wednesday, 11/23

Wild Rice & Beef Soup, Frybread, Jello® w/Fruit, V8 Juice®

Thursday, 11/24

Turkey, Mashed Potatoes, Gravy, California Blend Vegetables, Dinner Roll, Pumpkin Pie

Friday, 11/25

No Lunch – Closed for Holiday

Monday, 11/28

Mostaccioli, Garlic Bread, Tossed Salad, Corn, Pears

Tuesday, 11/29

Mushroom & Gravy smothered Meatballs, Mashed Garlic Potatoes, Green Beans, Dinner Roll, Sweet Potato Pie

Wednesday, 11/30

Tuna Salad Sandwich, Pickle, Baked Beans, Tomato Wedge, Ice Cream, Peaches

*Menus subject to change.

FCP CARING PLACE

November 2016 Activities Calendar

EVENTS IN THE ACTIVITIES ROOM: Activity room is open daily for activities at the Caring Place. Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- Nov. 8: Casino Day at Flambeau (departing at 9 a.m.)
- Nov. 11: Rouman Cinema (departure time depends on what's playing)
- Nov. 16: Shopping (departing at 10 a.m.)
- Nov. 18: Craig Morgan @ Potawatomi Hotel Casino - Milwaukee
- Nov. 20: Bingo at Carter Casino (departing at 10 a.m.)
- Nov. 29: Birthday Bingo at the Caring Place at 12:30

Deadline for the Nov. 15, 2016 issue is Wednesday, Nov. 2, 2016.

Secretary Scocos Announces Zero Veteran Suicide Initiative

submitted by WDVA

PEWAUKEE, Wis. (Oct. 14, 2016) — Wisconsin Department of Veteran Affairs (WDVA) Secretary John A. Scocos announced the Zero Veteran Suicide Initiative, a new program to help individuals identify military veterans who may be contemplating suicide. Secretary Scocos made the announcement at the WDVA Mental Health Summit and Veterans Stakeholders Symposium.

“Veterans who have served our country deserve the best of care, including counseling or treatment for those who are considering ending their own lives,” said John A. Scocos, Secretary of the Wisconsin Department of Veteran Affairs. “This initiative will help us to train individuals to identify veterans who may be contemplating suicide. Our goal is to completely prevent the terrible tragedy that is suicide.”

Through the Zero Veteran Suicide Initiative, the WDVA will facilitate a program using QPR, a suicide prevention training module for civilians. The department will work with those who have contact veterans to connect them with training, particularly family members, non-clinical staff WDVA nursing homes and throughout the department, volunteers, and members of

veterans’ organizations, among others.

According to the QPR Institute, QPR stands for “Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.”

“Experts in the field believe suicide is a disease that is preventable,” Secretary Scocos said. “It makes sense to step up suicide prevention efforts for veterans, in particular. This includes training non-medical people to recognize signs of suicide, how to persuade veterans to seek help and then where to refer a veteran for assistance.”

According to a veteran suicide report from the U.S. Department of Veterans Affairs, in 2014, an average of 20 veterans died by suicide each day. In the same year, veterans accounted for 18 percent of all deaths by suicide in the United States. There is continued evidence of the high burden of suicide among veterans who are middle-aged and older.

According to the same report, after adjusting for differences in age, risk for

suicide was 2.4 times higher among female veterans compared with U.S. civilian adult females. In 2014, rates of suicide were highest among younger veterans, ages 18 to 29, and lowest among older veterans, aged 60 plus. In Wisconsin, 17.8 percent of all suicides were veterans in 2014.

Recent research shows that military experience is a risk factor for negative health outcomes including PTSD, intimate partner violence, substance abuse, depression and suicide.

There are currently about 413,000 military veterans living in Wisconsin. The Wisconsin Department of Veteran Affairs operates three skilled

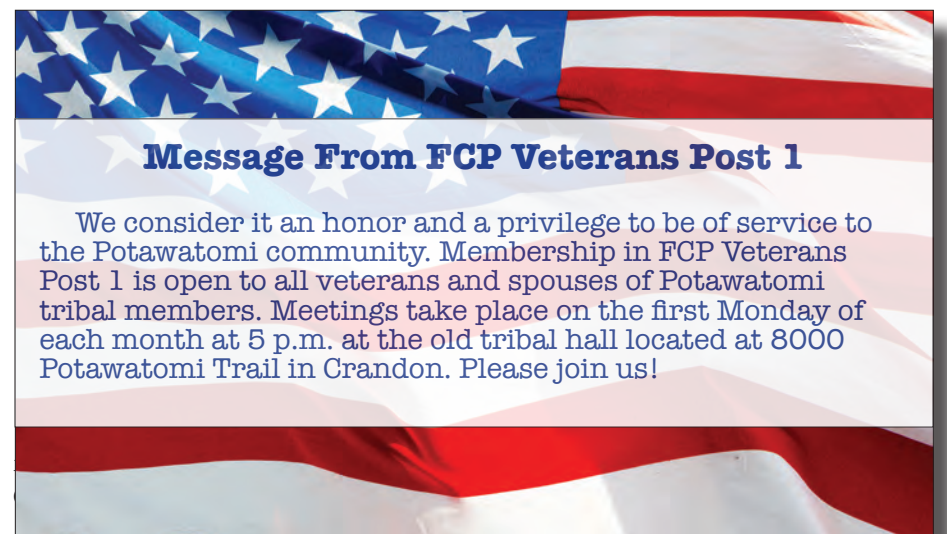
WDVA also assists veterans to connect them with government benefits.

For additional information, contact: WDVA Office of Public Affairs, Bill Clausius, at (608) 261-5418 or Bill.Clausius@dva.wisconsin.gov.

About the Wisconsin Department of Veteran Affairs

The Wisconsin Department of Veteran Affairs works on behalf of Wisconsin’s veterans community — veterans, their families and their survivors — in recognition of their service and sacrifice to our state and nation.

For more information, visit www.WisVets.com.



Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon. Please join us!

(715) 478-7470 | www.FCPotawatomi.com

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American Indian HERITAGE MONTH



WE INVITE NATIVE YOUTH, K-12TH GRADE, TO SHARE


“How My Heritage Has Influenced My Art”

Deadline is **NOVEMBER 16, 2016**

Any Submissions Of:
MUSIC, PHOTOGRAPHY, POETRY/STORIES, PAINTINGS, DRAWINGS, POTTERY, BEADING, AND OTHER ARTWORK Will Be Accepted

Projects & registration forms may be dropped off at or mailed to the **PTT Office**, located at: 8000 Potawatomi Trail, PO Box 340, Crandon, WI 54520
 (Hours: Mon. - Thur. 7 a.m. - 5 p.m.), or emailed to: times@fcpotawatomi-nsn.gov.
 Call (715) 478-7437, stop in or e-mail us for a registration form.

Submitted works will be part of a display located at Potawatomi Traveling Times (PTT) in December 2016, may appear in an upcoming issue of PTT, may be used in other FCP publications or appear in other local newspapers.



POTAWATOMI TRAVELING TIMES

Peters Wins Contest

by Michelle Spaude

Potawatomi Traveling Times (PTT) recently received a call from a proud mother, Migwen Shepard. She informed us that her son, Benny Peters, wrote an essay titled *Lakes Essay* for the Forest County Association of Lakes contest and took first place! Last year, his *What I Love Most About Forest County Lakes and Waterways* earned him recognition for second place.

Peters, now a 7th-grader at Wabeno High School, wrote these papers while in elementary school. The annual dinner was held Oct. 1, 2016, to honor last year's champions. His winning essay, as well as the previous year's, can be seen to the right.

It's no wonder that Peters would get honored for his work since he is an outdoors-kind of kid. According to Shepard, her son likes to fish and be outside doing "boy stuff" like filling his backpack full of toads and frogs and playing with bugs and critters. "If we lived by a lake, he'd be fishing every day," she smiled.

Peters also participates in Native drum practices and likes to sing. His favorite class at school is physical education.

PTT would like to congratulate Benny Peters on his accomplishments

and thank his mother for sharing the good news!

Lakes Essay

By: Benny Peters

Hello to whoever is reading this. Have you ever thought of our lakes and streams here in Forest county. Well, if you have you might of thought why do some of our freshwater lakes and streams looked trashed and disgusting and others look so beautiful and clear. That's the same thing I always have in my head. This essay is about my thoughts about them.

I think that the ugly in the lakes and streams is pollution. The reason why I think this is because I have seen people throw their garbage and junk in the water. I feel so mad inside that they are polluting the water and they don't realize that they are doing it. I also think that they should throw their bait away or put it in a fish tank because it might ruin the ecosystem in that lake or stream.

I think the bad in the lakes and streams is invasive species. Invasive species wreck the ecosystem in that environment. There are fifteen different invasive species in our lakes and streams here in forest county and the names of them are the banded mystery

snail, freshwater jellyfish, rusty crawfish, chinese mystery snail, narrow-leaf cattail, spiny waterflea, eurasian water-millfoil, northern water-millfoil, purple loosestrife, curly-leaf pondweed, phragmites, rainbow smelt, yellow floating heart, yellow iris, and the zebra mussel.

I absolutely love the lakes and streams that are clear and clean. I always wondered why are so clean and refreshing. I think that the lakes that I think are clean are very secluded.

In conclusion I think that the ugly in lakes is pollution, the bad is invasive species, and the good is clean, refreshing. So whoever is reading this always think about this essay. Thank you for reading this essay.

What I Love Most About Forest County Lakes and Waterways

By: Benny Peters

Forest County has many lakes and waterways for us to enjoy. These lakes and waterways have great fishing, swimming, and trapping. You might see wonderful sights by the lakes and rivers.

One of the great things is the fishing in these wonderful lakes and rivers. They have good fishing for panfish in the winter and all summer long. They also have good fishing for, Muskeg-lunge, Northern pike, Bass, Trout, And Walleye. Some of my favorite fishing spots are Noomans Lake, Bug Lake,



Peshtigo Lake, and Torpee Creek.

Another great thing is the swimming. I love swimming in the lakes and rivers. It is a lovely time to have a cookout with family and friends.

The wildlife is fascinating. It is very cool to see beavers making a dam or a Sandhill crane flying over head while swimming or fishing. It is cool to see an eagle swooping down and snatching a fish out of a lake or river.

The lakes and rivers in Forest County are just not a resource to people, but are to the wildlife. Lakes and rivers give us fun and an adventure. The fishing and swimming is fun for all. They're also a very beautiful sight.

Acting Workshop

by Holly Spaude

"All the actors sit down and you two up on stage. No talking, no touching, no laughing. Go!" These were our first instructions as participants in the acting workshop put on by New Native Theater (NNT). Marcus (Daniels) and I were the only two actors-in-training, so there we stood in front of all six of the NNT members without a clue what was expected of us. After the longest 60 seconds of our lives, we were informed that that was an exercise to get us comfortable being in front of people.

After a similar exercise to the first, we began with vocal warmups and word pronunciation techniques. These included impossible tongue twisters, over-exaggerated words, and opening our mouths so wide it made us yawn. Next, we did a series of acting games that really tested our concentration and acting abilities: "what are you doing?", zip-zap-zup, animal races, and 20. We ended the morning with a group picture, which turned into yet another test of our acting skills. Instead of posing arm-in-arm and plas-

tering smiles on our faces, we made a machine. One person started by contorting their body into a moving part – with a noise, of course – and each person added their own until, together, we made a machine. We froze in our positions right before the camera snapped the shot of us (see cover page photo).

Through this acting workshop, NNT presented us with the perfect combination of acting knowledge, confidence, fun, and culture. Even before we were tossed up on stage, we began the morning by smudging. It was beautiful to see that our culture still remained a priority, even in the actors' busy schedules. Each person made us feel right at home from the very beginning. Marcus and I found ourselves wishing the workshop had lasted longer because we enjoyed ourselves so much. We are very thankful to have had the opportunity to work with such great people, and we wish New Native Theater the best of luck in its future productions!

Regalia Making in High Demand on Powwow Trail

by Autry Johnson, FCP Tribal Member and Traveling Times Apprentice

Dennie Shepard (Forest County Potawatomi) and Phillip Whiteman have made a business solely dedicated to making articles of regalia for individuals who wish to pursue their dreams of dancing in the powwow arena and community. After four years of being hired as tailors to handcraft items, they decided it was time to create their own business, Mememgwa Spirit Company. (Mememgwa is Ojibwe for butterfly, and also the name of one of Shepard's daughters.)

When asked what inspired them to start this business, she stated, "We wanted to get our crafts out in the public more. There were so many different community members who wanted beadwork out in the public."

Shepard and Whiteman sell many different Native American crafts: beadwork, moccasins, neckties, bustles, etc. Each piece of beadwork or regalia has its very own unique touch, making it one-of-a-kind. Shepard is a really good filler, one who can make the beadwork fill quickly. Her business partner, Whiteman, is much of a perfectionist.



This allows them to work together in the perfect duo to fulfill and complete each person's specific job request.

Both Shepard and Whiteman travel around the state and country, following the powwow trail

and advertising their business in the powwow community. They also teach others in the community by offering beading classes.

"All eight of my kids dance in the powwow circle in their own individual style. They've all done so well; I hope to watch them grow from an infant to an adult in the dancing circle," Shepard said. "I hope what people take from this business is that they're able to dance and keep our cultural ways alive forever." She hopes that members in the community will be inspired to either buy or make their own regalia and pursue the powwow path.

If anyone is interested in having something made, please contact Dennie Shepard and Phillip Whiteman at P. O. Box 171, Crandon, WI 54520 Ph: (715) 889-3901.



2016 Fall Hike

submitted by FCP Community Health Department

On Sept. 17, 2016, a beautiful fall Saturday, the FCP Community Health department hosted the 7th Annual Fall Hike. Tribal members were invited to join staff on a hike through Bayfield County. In total, 29 tribal members participated on the day-long trip to the shores of Superior. The picturesque Brownstone Trail and Meyers Beach Trail to the sea caves of Lake Superior were explored by all. Participants hiked the two trails totaling eight miles. A Potawatomi hiking song was taught to

all hikers, emanating the importance of how hiking wi ntthiwénmoyan (makes them feel good). Children were able to explore the trails using a nature scavenger hunt provided. The importance of living a healthy active lifestyle was discussed with youth while making fruit and vegetable bracelets and watching movies on the bus. Overall, it was a day filled with family fun, culture, and exploring the beautiful scenery of Wisconsin.



~FCP HOUSING DEPARTMENT NOTICE~



Effective summer of 2017, the Housing Department will be providing lawn cutting services to tribal elders and handicapped tribal members only. This notice is to inform the FCP Community that all other tribal members will be responsible for the care and upkeep of their own individual lawns. As a reminder, please make the necessary arrangements needed for the mowing season, which typically begins in the month of May each year. Working together we can keep our communities looking clean and green!

As a courtesy, the Housing Department will provide contact numbers of who will provide lawn service at cost.

For further information contact Lori at Housing: (715) 478-7403.



FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER
COMMUNITY HEALTH



November Luncheon

DIABETES PROGRAM

THURSDAY, NOV. 17, 12–1:30 P.M.
HWC LOWER LARGE CONFERENCE ROOM
Open to FCP Tribal Members with diabetes and their guest

LUNCH: Turkey, Green Beans, Pumpkin Soup, Cranberry Dessert

RSVP Appreciated:
Cathy Chitko
(715) 478-4367

Anne Chrisman
(715) 478-4383

Lisa Miller
(715) 478-4320
cmh.FCPotawatomi.com

Check out the Registration form at cmh.FCPotawatomi.com



Topics:

- American Diabetes Month®
- Lung Cancer Awareness Month; Great American Smokeout
- Diabetes Self-Management Education
- Drawing for Prizes

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Lab (715) 478-4339	Rehabilitation (715) 478-4344
Medical (715) 478-4339	Weekend Walk-In (715) 478-4300



**FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER**
8201 Mish ko swen Drive, Crandon, WI
General: (715) 478-4300 • www.FCPotawatomi.com

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FCP Health & Wellness Center Assists Peter Christensen Health Center

submitted by FCP Health & Wellness Center Imaging Department

The Forest County Potawatomi (FCP) Health and Wellness Center (HWC) continues to assist other tribes with the implementation of much-needed programs and expand its healthcare services. In the near future, Peter Christensen Health Center (PCHC) will be purchasing a new mammography unit to add to its ever-growing health center. Recently, it was requested that FCP HWC aid in helping Joan Buraglio, RT(R)(M) ARRT, PCHC mammographer, in achieving the required 25 supervised mammograms in order for her to perform mammography unsupervised at PCHC.

“It is an honor that another tribe like Lac du Flambeau would look to Forest County Potawatomi Health and Wellness Center in this endeavor and we look forward to helping Ms. Buraglio in achieving this goal,” said Julie Burt, FCP HWC imaging supervisor.

“Radiology has been my chosen profession for over three decades. When I branched into mammography, I felt I had found my niche. The opportunity to carry on that passion when Peter Christensen Health Center gained the opportunity to offer this wonderful service in-house to the clientele is very exciting. The cooperation between Forest County Potawatomi Health and Wellness Center and Peter Christensen Health Center in achieving this goal of making good healthcare choices available for area women is very generous and is an example

of how clinics can collaborate for the benefit of the patient. The incidence of breast cancer deaths in America has been declining for more than a decade, with much of that success attributed to women having the opportunity to take a more active part in their healthcare decisions, more sensitive equipment that affords earlier detection, and better healthcare treatment choices. I think of mammograms as a gift - either cancers are discovered early enough to be very manageable or it's like a “pass-go-and-collect-another-year-of-your-life card”. Either way, the patient wins,” said Buraglio.

Re-establishing certification in mammography once out of the field for a time is crucial and challenging. The required 25 supervised mammograms may sound like it is an easy achievement, but each exam needs to be completed with the supervision of a qualified, certified, and active mammographer. Documentation of performance, quality, positioning, and other required criteria to perform mammography on a solo basis at PCHC can be achieved through the aid of the FCP Health Division Imaging Department.

FCP HWC has been an ACR/MQSA accredited facility in mammography since 2001 and currently has one certified mammographer qualified to aid other tribes such as Lac du Flambeau in re-establishing certification for its technologists performing mammography.



(l-r) FCP Health & Wellness Center Imaging Supervisor Julie Burt and Peter Christensen Health Center Mammographer Joan Buraglio

photo by Rachel Zaborowski



FCP Community Health Holds Informative Events

by Winda Collins

On Wednesday, Oct. 5, FCP Community Health held a tribal elders fall prevention event in the lower conference room of the Health & Wellness Center. Staff members were on-hand to assist with blood pressure and blood sugar screenings, physical therapy assessments, and medication reviews by a pharmacist. Information on elders' services and tribal housing was made available as well.

photos by Winda Collins



Staff from several departments were on-hand to assist with assessments and more, including optical, physical therapy and nursing.

On Thursday, Oct. 13, FCP Community Health department held a car seat check and safety event in the RV parking lot across from the Stone Lake C-store. There was a variety of informational booths and giveaways, plus those in attendance were able to check out several Forest County emergency vehicles and the Aspirus helicopter.

photos by Rachel Zaborowski



Several informational booths were set up that included bicycle safety and the effects of smoking.

One of the stars of the event was the Aspirus helicopter. Other Forest County emergency vehicles were on-hand as well.



If you missed either of these informative and interactive events but would like to know more about fall prevention, health screenings, safety issues, etc., contact FCP Community Health at (715) 478-4355.

HWC Community Health Gets Its Flu Shot – “Not Because We Have to, Because We Want to!”

Help Protect our Community – Get your Flu Shot Too!

Forest County Potawatomi Community Health Department receives the flu vaccine to help protect the Community. We strongly encourage the entire Community to get its flu shot as well. It is ideal to get your flu shot prior to flu season, getting your flu shot today can protect you from the flu this season.

Need some convincing? Everyone has his/her own opinions about the flu vaccine; however, some of them are not based on facts. Let's take a look at some of the common flu myths and learn the facts.

MYTH: The flu isn't a serious disease.

- Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. Each year about 200,000 people in the United States are hospitalized because of the flu and some even die as a result of it. Most who die are 65 years and older. But small children less than 2 years old are as likely as those over 65 to have to go to the hospital because of the flu.

MYTH: The flu vaccine can cause the flu.

- The flu vaccine cannot cause the flu. The vaccine is made with viruses that have been inactivated or weakened and are therefore not infectious. Some people get a little soreness or redness where they get the shot. It goes away in a day or two. Serious problems from the flu shot are very rare.

MYTH: The flu vaccine does not work.

- Most of the time the flu vaccine will prevent the flu. In scientific studies, the effectiveness of the flu vaccine has ranged from 70 percent to 90 percent, when there is a good match between circulating viruses and those in the vaccine. Getting the vaccine is your best protection against the flu.

MYTH: The side effects of the flu vaccine are worse than the flu.

- The worst side effect you are likely to get from a flu shot is a sore arm. The risk of a severe allergic reaction is less than 1 in 4 million.

MYTH: Only older people need a flu vaccine.

- Everyone needs the flu vaccine. However certain people are at higher risk for flu complications. Adults and children with conditions like asthma, diabetes, heart disease and kidney disease need the flu shot. It is also rec-



FCP Community Health staff (standing l-r) Heather Robinson, Leah Littleton, Melanie Tatge, Anne Chrisman, Yvonne Robles, Cathy Chitko, Sara Cleereman. (kneeling l-r) Lorrie Shepard, Calli Victor, Jodie Harris, Lisa Miller
photo by Rachel Zaborowski

ommended that all pregnant women receive the flu vaccine. Getting your flu shot prevents you from spreading the flu to others who are at high risk for the flu but are unable to get the vaccine, such as babies younger than six months or individuals with certain medical conditions or allergies to the vaccine.

The flu vaccine is the best protection against the flu. You can also take other precautions to prevent the spread of the flu such as washing your hands regularly, covering your cough with the crook of your elbow and staying at

home if you are sick.

If you are interested in getting the flu vaccine, there are many options for you. You can schedule a flu shot during a visit with your provider or schedule an office or home visit with a Community Health Nurse. We will work with you to make sure that you get your flu vaccine. Feel free to call Community Health at (715) 478-4355 if you have any questions, or visit www.ihs.gov/forpatients/healthtopics/influenza/aianflu/.



Future Land Use Plan

Ke ge ken dek, Land Knowledge

submitted by Michelle Berdan, FCP Land & Natural Resources

The purpose of the Future Land Use Plan is to ensure wise use of tribal land, and a sustainable self-reliant future for generations to come. The Plan is a tool to be used by the tribe to guide decisions on the development of tribal lands, as well as coordinate future investment in transportation, infrastructure, trails, and recreation facilities. In addition, the land use goals and strategies are intended to ensure that the community's land, environment, and other long-term public interests are given sufficient consideration, and to prevent the negative effects of incremental decisions.

Many tribal members contributed and shared what they thought were important projects to address livability solutions and create a sense of place.

The following Vision Statement for Future Land Use was developed from

and reflects the extensive community involvement in the planning process:

“To provide balance between community growth and the protection and preservation of land, ecosystems, wildlife, history, culture, language, natural resources, and cultural resources of the tribe.”

If you would like to request a copy of the Future Land Use Plan, Ke ge ken dek (Land Knowledge) or the Comprehensive Resource Plan, Nesh nabek Ge ken de jek, (The People, Ones Who Have Knowledge), please contact Michelle Berdan at (715) 478-4944 or stop in the FCP Land & Natural Resource Building. Copies of the plans are available in print or electronic format.

Migwetch to everyone that contributed to the Future Land Use Plan!

PUBLIC HEARING NOTICE

The FCPC Ordinance Department is looking for tribal member input on the draft Realty Ordinance. Staff will be on-site at the following locations to answer any questions you have. Copies of the draft will also be available.

Wednesday, Nov. 2, 2016
2 p.m. Potawatomi Carter Casino Hotel, 618 Hwy. 32, Wabeno
Kishesk Conference Room

Thursday, Nov. 3, 2016
2 p.m. Potawatomi Hotel Casino, 1721 W. Canal, Milwaukee
Clarity Conference Room

Tuesday, Nov. 8, 2016
2 p.m. FCP Cultural Center, 8130 Mish ko swen Drive, Crandon
Lower Level Cultural Hall

Wednesday, Nov. 9, 2016
2 p.m. Holiday Inn Express & Suites, 4210 Barbican Ave., Weston

Please contact Shanna Ahlfs to schedule a personal meeting or to pick up a copy. She may be reached by phone at (715) 478-4820 or e-mail at shanna.ahlfs@fcpotawatomi-nsn.gov. Office hours are Monday - Thursday, 7 a.m. - 5 p.m.

Indulge in Holiday Cheer, Not Weight

submitted by Melanie Tatge, FCP Community Health

As the days get longer, the temperature becomes colder and the holidays near around the corner, physical activity and nutrition can get pushed to the side. Soon, there'll be holiday get-togethers, dinner parties, snow, feasts and treats tempting us to indulge, avoiding our diets and exercise. But, the average one to two pounds of permanent weight gain by Americans during this holiday season can be prevented! Here are some tips to help you resist temptation and stay healthy this holiday season.

Enjoy holiday comfort foods, but opt for lower-calorie versions and smaller portions. We all have our favorite holiday treats and dishes we look forward to eating each year. This year, challenge yourself by making a lower-calorie version (e.g. non-fat for full-fat, less butter, light cream cheese, reduced sodium, baking with applesauce, avocados or bananas instead of butter/oils etc.). Instead of breading and frying, opt for steaming or searing with a variety of spices to add flavor. You'll be surprised how delicious these healthier options can be. If invited to a holiday

gathering, offer to bring a healthier dish to pass. Of course, everything can be consumed in moderation. Deborah Balfanz, Ph.D., from Stanford University suggests doing a survey of dishes and selecting two to three unhealthy options you really want to try. For the rest of the meal, stick to healthier options like fresh fruit, salads, and lean meats. Portion control is another way you can limit calories. When dining out, save some of your meal to enjoy for an additional meal. At home, portion your food in a small bowl or plate. This helps your eyes think there is more food than there actually is.

Don't go to parties on an empty stomach. Shopping on an empty stomach is never recommended; the same goes when attending parties. Often, people make the mistake of "saving up their calories" for holiday festivities. This often backfires and we over-consume too many calories out of hunger.

Keep it simple with fruit and veggies. Indulge in eating a rainbow of fruit and vegetables. Not only will it provide you

with a variety of vitamins and minerals, it will help you feel full.

Be mindful of what you consume. Mindfulness can be savoring your meal by enjoying everything it offers, from the variety of flavors, textures, and the way it makes you feel. Be mindful of portion sizes. When you see your favorite holiday casseroles, choose one spoonful. Eat slowly. Remember, it takes approximately 20 minutes for the brain to register that it is full.

Drink Water. Consuming sugary or alcoholic beverages can add roughly 200 calories or more to your daily intake. Choosing water not only can help you maintain your weight, but also keep you hydrated. Not a fan of water? Try infusing your water by adding a cucumber, fruit, lime or lemon wedge, cranberries, mixed berries or other festive fruit or vegetables. This adds flavor and beauty.

Eat breakfast every day. Breakfast is truly one of the most important meals of the day. It adds to the total nutrition for the day and may boss your metabolism.

Stay active, healthy and happy. The

holidays can be a busy or stressful time. Healthy eating and exercise are often pushed aside. Eating right and getting enough exercise are great stress relievers. Try to walk 15 – 20 minutes daily on days where time is crunched. If you're at a party with music, feel free to dance. Last but not least, remember to take time for yourself. Enjoy something you love doing to unwind (e.g. reading, meditating, talking with a friend etc.).

Sources: Centers for Disease Control and Prevention. (2014). *Resolve to Undo Holiday Overindulgences*. Retrieved from www.cdc.gov/features/healthyresolutions/index.html.

Roberts, S.B. & Mayer J. (2000). *Holiday weight gain: fact or fiction?* *Nutr Rev*; 58(12): 378-9.

Croteau, J. (2016). *Avoiding holiday weight gain*. Retrieved from <https://bewell.stanford.edu/avoiding-holiday-weight-gain%20>

Harvard Medical School. (2011). *Mindful eating*. Retrieved from www.health.harvard.edu/staying-healthy/mindful-eating.

Gathering of the Moms Luncheon

submitted by Trisha Stefonek, Gte Ga Nēs Preschool Director

Gte Ga Nēs Preschool moms got together for a Gathering of the Moms Luncheon. The moms participated in games for door prizes - the cake wars competition being the main event - and shared a delicious meal by Adam Dewing. Donna VanZile was the guest

speaker; she spoke on being a strong role model and a strong advocate for the needs of the community. We had a great time and hope to expand this event in the future! Special thanks to Peggy Konaha for all of her hard work!



(l-r) Alicia Robinson, Sonya Milham, Catherine Stealer, Krystal Wayman.



(l-r) Jenny VanZile, Trinity Shepard, Frankie Bath, Mary Fatla



(above l-r) Kimberly Stealer, Michelle DeVerney, Valerie Collins



(right l-r) Robin Spencer, Lee Ann Bartz



(l-r) Donna VanZile, Aiyana VanZile, Alex Montgomery, Beas Daniels

What's Going on in Carter?

submitted by Frank Shepard, PCCH General Manager

Cash Explosion - Saturday, Nov. 12. Carter Club members started earning entries on Oct. 1 for the chance to take home their share of \$40,000! Guests can earn 250 same-day base points on their card for 10 entries or redeem 250 points for 10 entries. Drawings take place 4 - 10 p.m. Twenty winners will each take home \$200 in cash during this time. (There is a limit of two wins per person for the smaller cash drawings.) At 11 p.m., all Carter Club members with entries in the bin are eligible for a chance to be selected. Five winners will be called to go up on stage. One of those five will win a \$20,000 cash prize; the other four will win a \$4,000 cash prize.

- Bingo players will receive 10 free entries for every early bird package purchased Oct. 1 through Nov. 10, 2016.

- Table games players will earn ten (10) bonus entries for every hour of consecutive play at the tables between Saturday, Oct. 1 through Nov. 10, 2016.

- Ten free entries to new members of Carter Club the day they open an account.

- Entry multipliers based on tier status will be available on Nov. 2 and 9, 2016.

Food Drive - Sundays through Wednesdays during the month of November, Carter Club members can bring in three non-perishable, non-expired items for \$5 in play. One offer per day per person.

Cyber Monday - Nov. 28 is Cyber Monday and you never know what great deals you'll come across at PCCH! Just earn 100 same-day base points or redeem 200 points for 10 entries for your chance to be a mystery Monday winner. Drawings take place 4 - 8 p.m. with one winner drawn each hour. Winners will select their prize by choosing a wrapped box. Prizes will be a 55" Samsung TV, X-box Bundle, Galaxy Tablet, HP Laptop and a Bose 15 Series 3.

Triple Spin Tuesday - The first three Tuesdays in November, Carter Club members will have the opportunity to be selected to come spin our prize wheel up to three times. The amount of each spin will be added up for a total prize amount. At any time the winner may opt to stop spinning the wheel and take what they have spun so far. There will be dollar amounts of three \$100; three \$150; one \$200 and one \$250 on the wheel, and four Sorry! spaces. If a winner lands on a Sorry! space anytime during their spins, a consolation prize of \$50 in Potawatomi Play will be issued to them. Just earn 100 points or redeem 200 points for 10 entries. Early bird entries (2X) will be offered between the hours of 7 and 11 a.m. Drawings take place 4 - 8 p.m. with one winner drawn each hour. Limit of one win per person per day.

Thanksgiving Feast - Join us for our

Thanksgiving Feast on the casino floor from 11 a.m. - 1 p.m. and again from 4 - 6 p.m.

Livin' It Up at 50 - Every Thursday in November (except Thanksgiving Day, Nov. 24), all club members 50 and over will receive a free entry into the drawing at the Carter Club booth. One winner will be drawn at the Carter Club booth; one winner will be drawn every hour from 11 a.m. to 7 p.m. for \$100 cash each time. For every 250 points earned the guest will receive 10 free entries into the drawings. Guests will be allowed to win twice each day. Seniors earn 100 same-day base points and get a \$5 coupon off a dinner, or earn 250 same-day base points and receive a coupon for an \$11.95 value. Those that are not seniors can earn 200 same-day base points to get a \$5 off coupon for the dinner at The Flames or The Springs Restaurant. Or earn 450 same-day base points for a coupon for an \$11.95 value. *Thanksgiving Day there will be no drawings. Guests will be able to earn points for a food voucher.

Casino will open at 4 p.m. on Thanksgiving Day, Thursday, Nov. 24.

Black Friday Drawing, Nov. 25 - drawings will take place from 6 - 10 p.m. Everyone gets one free entry for the \$5,000 cash drawing at 10 p.m. One additional entry can be earned for every 100 same-day base points or by redeeming 200 points. From 6 - 10 p.m., we will be doing random hot seat drawings - including bingo and table games. Promotions will find the winner on the floor where they will pop a black balloon for miscellaneous prizes. Ten winners will be selected randomly to pop the balloons. Balloons contain prizes of one \$500; two \$400; three \$300 and four \$200.

Hunt for the Buck, Saturday, Nov. 19 - PCCH guests will be on the hunt for their buck with cash prizes to win. Drawings take place from 6 - 10 p.m. with one winner each hour for a total of five winners. Just earn 100 same-day base points or redeem 200 points for 10 entries. Entries will be available starting at 7 a.m. at the Carter Club booth. Prizes will be in the amounts of one \$500; one \$750; one \$1,000; one \$1,250; and one \$1,500. One win per person for this promotion.

BINGO!

Come in, check us out, be prepared to have some fun with bigger, better package deals along with higher payouts! And intermission wheel spin is back!

Regular Program:

All packs are \$5. Regular games pay \$125; specials pay \$175; progressives pay \$150. BOGO: Purchase any package deal and receive the same package for half price!

Wednesdays in November:

Cash drawing on Wednesday, Nov.

30, when one lucky winner will receive \$500 cash! Must be present and playing bingo to win. Earn entries for each admission pack purchased throughout the month. Limit one entry per person per day.

Fridays in November:

\$500 Friday, Nov. 4. Packs are \$35. Five regular games pay \$250; 10 games pay \$500; specials pay \$150. Guests receive \$25 in Potawatomi Play with the purchase of admission pack. Limit one Potawatomi Play per session. Purchase Package 3 or 4, get Package 1 for \$50!

Black Light Bingo, Friday, Nov. 25. Neon Theme! Admissions opens at 9:30 p.m.; games start at 10:30 p.m.. DJ from 10 p.m. - midnight with free beer. Packs are \$12 with machine specials. Games pay \$100; one game pays a prize; last game pays \$1,000; consolation \$250. Costume contest prizes: 1st Place - \$100 cash; 2nd Place - \$75 Potawatomi Play; 3rd Place: \$50 Potawatomi Play.

Saturdays in November:

Bash, Saturday, Nov. 12, with \$20 packs; \$10 for extra packs. Regular games pay \$175; one special pays \$300; three specials pay \$400; last game pays \$600.

Paper Only Session, Saturday, Nov. 19, with \$10 packs. Regular games pay \$75, progressive pays \$100, specials pay \$125; last game pays \$500. No coupons will be accepted for this session.

Electronic Only Session, Saturday, Nov. 26. \$60 package buy-in; limit three. Buy-in includes all of the games played (45 cards each), with 29 regular games paying \$125; last game paying \$500. No

early birds or progressives (excluding Hot Balls) will be played. Faster-paced calling for more excitement! No coupons will be accepted for this session.

November Birthdays: Come and play bingo with a birthday in November and receive a free pack along with a complimentary dauber of your choice (Not valid \$500 Friday, Bash or Black Light Bingo Session.)

Electronic Buy-In Options

Carter Combo 1 - \$60, 30 Cards, One Jackpot Game, One Roulette, One Game of the Month, One Dbl. Daub Coverall, One Dbl. Daub Feather, One Winner Take All, One Triangle Game, 10 Odd # Coverall, 10 Bonanza

Carter Combo 2 - \$80, 60 Cards, Two Jackpot Game, Two Roulette, Two Games of the Month, Two Dbl. Daub Coverall, Two Dbl. Daub Feather, Two Winner Take All, Two Triangle Games, 20 Odd # Coverall, 20 Bonanza

Carter Combo 3 - \$120, 90 Cards, Three Jackpot Games, Three Roulette, Three Games of the Month, Three Dbl. Daub Coverall, Three Dbl. Daub Feather, Three Winner Take All, Three Triangle Games, 30 Odd # Coverall, 30 Bonanza

Carter Combo 4 (Best Value) - \$160, 130 Cards, Four Jackpot Games, Four Roulette, Four Games of the Month, Four Dbl. Daub Coverall, Four Dbl. Daub Feather, Four Winner Take All, Four Triangle Games, 40 Odd # Coverall, 40 Bonanza

Electronic Packages Include All Games Except Earlybirds, Pick 8 and Hotballs.

NOVEMBER IS GIBBON GISES

WINTER
MOON

Look for >>>

EXPLORE

- 1 Make bark rubbings: Hold a piece of paper against the trunk of a tree. Using a crayon with the wrapper removed, rub the long side of the crayon on the paper. Compare the patterns made by different trees.
- 2 Look for signs of wildlife when you're outside - footprints, branches that have been chewed, or trees that have been rubbed by bucks.
- 3 Keep a piece of black construction paper in your freezer. When it snows, take the paper outside and catch snowflakes on it. The snowflakes won't melt and you can look at them up close.



FOREST COUNTY
POTAWATOMI
NATURAL
RESOURCES



Cattails bursting
abakwék pskazhewék



Beavers building winter lodges
mekwéngon wdoshonawan gi mekwék



Deer-mating season
nowthikwadawék seksiyék



Lakes going over
mkwemiwén ímbes

Evolution of Gaming

submitted by Kenneth George Jr., Candidate for Vice Chairman

Indian Gaming continues down the path of investing in its brick and mortar properties, yet we are at a point in time where everything is going online. Commercial casino operators have been spending millions of dollars in research and development – and creating business strategies that will prepare them for the future casino market. It is vitally important that we as a tribe invest dollars in research and development and create a business strategy that will keep us competitive

in the Internet gaming revolution.

Our sovereignty has allowed us the ability to offer gaming exclusively. The location of our flagship property gives us a competitive advantage. But what happens if Internet gaming is legalized and location no longer matters?

As we reflect on the past and how financially successful brick and mortar gaming has been for the tribe, we can't ignore the fact that the interests of our customers are changing. We as a sovereign nation must continue

to study the market and rethink our business model to accommodate our future consumer. Technology is changing every day and more people are accessing games online. Today's commercial casino operators are making billions of dollars on social games. Consumers are paying to play games and it's not even gambling. They are paying for the sole purpose of the entertainment value. These consumers may limit their visits to brick and mortar casinos, simply because they are being entertained without having to leave their home.

Currently, there are seven defined

categories of Internet Gaming. The seven categories are: social gaming, social casino, mobile casino, Internet casino, daily-fantasy sports (DFS), skilled-enhanced gaming and skill-dominant gaming. Each category is both enhancing brick and mortar gaming revenue or generating revenue directly from the website or social networks. This is a very important issue. As a tribe we need to define our strategy for our future. The evolution of gaming has begun and the time to strategize is now.

Everything You Need to Know to Vote on Tuesday, November 8

submitted by Marissa Pawlinski, Martin Schreiber & Associates

The general election this year will take place on Tuesday, Nov. 8, 2016. In order to vote in this election, you need to be registered to vote at your current address AND you need to have a photo ID. The steps to get both are below.

To vote in the upcoming election, you must be a United States citizen, 18 or older by the time of the election, a resident of Wisconsin for 28 days, and not be a convicted felon or have completed your sentence and any parole/probation/extended supervision.

Registering to Vote

To register to vote if you meet all of the above requirements, you can fill out a registration at your municipal clerk's office and turn it in or register at your polling place on Election Day.

In order to register to vote, you must have a proof of residence. If you do not have a street address, you can use a map to show where you live using landmarks, directions, general roads, etc.

Proof of residence includes:

- A current and valid Wisconsin driver's license or state ID card with your current address on it
- Any other official ID card or license issued by a Wisconsin state government body
- Any government document or check including benefits or official public university and technical college documents
- Bank or credit union statement
- Paycheck or pay stub
- Gas, electric, water, landline, cell phone, Internet, or cable utility bill for a period no earlier than 90 days before the election
- Any employer photo ID with a current address
- A university or college photo ID card ONLY if the voter provides a tuition fee receipt dated from the last nine months or an enrollment verification letter
- A real estate tax bill or receipt for the current or preceding year
- An affidavit on public or private social service agency letterhead identifying a homeless voter and describing the individual residence for voting purposes; or

Residential lease that is effective on date of registration (not valid if registering by mail)

Photo ID for Voting

When you vote in person at the polling place, you must show a photo ID.

These are forms of photo ID's that are allowed:

- A tribal ID card issued by a federally-recognized Indian tribe in Wisconsin (can still use if it is expired if your name is correct and your photo still resembles you)
- Wisconsin driver's license or ID card (must be current or expired after the last general election) or a ticket/citation from the last 60 days if you had to surrender your driver's license or an unexpired receipt given after applying for a Wisconsin driver's license or ID
- Military or uniformed service ID card
- Veterans Identification Card

issued by the VA

- United States passport
- A college or university student ID card with a signature, an issuance date, and an expiration date no later than two years after the issuance date: must be presented with proof of current enrollment such as a tuition fee receipt or enrollment verification letter as a paper copy or on a smart phone or tablet

Your photo ID here does NOT need to have any address or a current address on it.

For More Information

If you do not have one of the accepted forms of voter ID, you can get a free voter ID card from the DMV. You can find information on how to do this at the website www.bringitwisconsin.com.

You can also check to make sure you are registered to vote and find your specific polling place at the website <https://myvote.wi.gov/>.

Tiffany Faces Challenger in 12th Senate Race

submitted by Andrew Hoffman, Martin Schreiber & Associates

This November's contest for Wisconsin's 12th Senate District pits incumbent Republican Tom Tiffany of Hazelhurst against Democratic challenger Bryan Van Stippen of Deerbrook.

Tiffany, who was first elected to the Senate in 2012, announced his re-election bid in April. He has lived in the 12th Senate District with his family for over 25 years. Prior to being elected to the State Senate, Tiffany served as the Town Supervisor in the Town of Little Rice, was on the Oneida County Economic Development Corporation Board, and served in the State Assembly representing the 35th District.

Tiffany is heavily involved in issues related to the Northwoods and serves as Chairman of the Committee on Sporting Heritage, Mining, and Forestry. In that role, he has voiced

his concern for the logging industry stating that utilizing natural resources in a responsible and effective manner is a critical issue.

"Working with the Wisconsin DNR to ease wood procurement regulations and sustain healthy practices in this industry has and will continue to be a front burner issue for me," Tiffany states on his campaign website. "Wisconsin is home to over one million acres of federal forestland, and I will continue to work with our federal representatives to increase harvesting on those lands as well."

Tiffany has also worked to address critical issues related to healthcare. During the latest legislative session, Tiffany supported a package of bills focused on providing care to patients dealing with Alzheimer's and dementia. Additionally, he has worked to

combat opioid abuse by voting for proposals that require an ID to pick up medical prescriptions and supporting legislation which establishes prescription drug disposal programs.

You can learn more about Sen. Tom Tiffany at <http://tomtiffany.org/>.

Challenging Tiffany is Deerbrook Democrat Bryan Van Stippen. Van Stippen, a small business owner, is advocating for increased local control and encouraging the growth of small businesses in the state.

"If we want our state economy to rebound, we need to do a better job supporting locally-owned business," Van Stippen said in a May press release. "Local business will be the engine of our state's rebound to success..."

Van Stippen has also expressed frustration over the current school funding

system saying that budget cuts and voucher programs have left Northern Wisconsin schools at a disadvantage.

"Our representatives in Madison have left rural schools behind while funneling hard-earned taxpayer money into Milwaukee's private schools," Van Stippen said in a July statement. "We must reverse this dangerous trend by reinvesting in our public schools so that every child can receive a quality education."

Learn more about Bryan Van Stippen at <http://vanstippenforsenate.com/>.

The 12th District encompasses parts of Forest, Vilas, Oneida, Florence, Lincoln, Marinette, Langlade, Menominee, Oconto, and Shawano counties. The election will take place on Tuesday, Nov. 8.

North American Indigenous Games

submitted by Wayne LaBine, FCP Recreation Department (with excerpts from www.naigcouncil.com)

The dream to hold Olympic-like games for Indigenous Peoples was conceptualized in the early 1970s. In 1971, Native Games were held in Enoch, Alberta, which drew 3,000 participants competing in 13 sports and many cultural events. In 1973, the Western Canada Native Winter Games were held on the Blood Reserve in Kainai, Alberta. (source: www.naigcouncil.com)

Over the next decade and a half, many tribal leaders and visionaries struggled and worked tirelessly to put a program together. Finally, in 1990, the dream became reality when the first North American Indigenous Games (NAIG) were held in Edmonton, Alberta.

The NAIG Council was formed between 1992 and 1993 with the help of the hosts from Edmonton, Alberta and Prince Albert, Saskatchewan along with other key individuals. The founders of (NAIG) from Alberta, Canada, in a manner consistent with their cultural traditions, handed over the governance and management of the Games to the newly-formed NAIG Council. The NAIG Council is an incorporated, nonprofit organization in both Canada and the United States. It is governed by a board of directors and supported by its member regions from Canada and the United States. (source: www.naigcouncil.com)

Like the Olympics, Indian communities throughout Canada and the United States bid on hosting the Games. The NAIG Council is the body that decides what community will host the next scheduled Games, which is held every three years.

The NAIG will be offering the following events: archery, athletics (track and field), badminton, baseball (male), basketball, canoe/kayak, box lacrosse, golf, rifle shooting, soccer, softball, swimming, volleyball, and wrestling. Each of these events has up to three age groups and specific events are offered to both genders and some to just one gender and not the other and vice versa.

The 2014 NAIG were hosted by the First Nations of the File Hills Qu'Appelle Tribal Council, Province of Saskatchewan and the City of Regina. The Games were held in Regina, Saskatchewan on June 20 – 26, 2014. This event hosted 4500 – 5000 athletes from across Canada and the United States. Thirteen Provinces and seven states each develop teams in each event to send to the 2014 Games.

Forest County Potawatomi Community had 13 tribal youth that made the 2014 Team Wisconsin and sent four coaches and one chaperone to Regina, Saskatchewan. Three FCP Team Wisconsin participants will be

returning to the 2017 North American Indigenous Games in Toronto. Presley Keeble and Anike Sulaimon are returning 19 U girls basketball members from the 2014 team. Both of these outstanding athletes took home gold medals in Regina. Samantha Menomin is the other returning athlete playing on the 19 U girls soccer team. Samantha was a 13-year-old who was good enough to play on the girls 19 U soccer team in 2014.

Praxis Research Strategy was commissioned by the NAIG Council to conduct an evaluation of the impact of the NAIG on participants and team volunteers. The final report, based on over 580 survey responses from participants, coaches and volunteers, presented significant positive social impacts. A summary of the findings are as follows:

Sports Involvement

- 96 percent of participants indicated their intent to stay actively involved in competitive sport after 2014 NAIG
- 26 percent indicated entering into competitive sport as a result of 2014 NAIG

Lifestyle Choices

- 52 percent of athletes improved the healthiness of their diets for 2014 NAIG
- 97 percent indicated their intent to maintain their healthy diets post-2014 NAIG

- 70 percent of athletes indicated their intent to pursue at least a University degree

- 25 percent of athletes indicated their intent to pursue a graduate studies designation

- 52 percent of participants believed NAIG had an influence or great influence on their decision to pursue further education

Self Confidence and Worth

- 77 percent believed they felt different about themselves after participating in 2014 NAIG
- 91 percent believe that others in their communities saw them as role models

- 69 percent felt that their experience at 2014 NAIG positively influenced the way others saw them

- 89 percent said they felt more confidence from competing in 2014 NAIG
- 63 percent felt more connected with their Indigenous heritage as a result of 2014 NAIG

The NAIG are also unique in their focus on maintaining culturally significant sports including lacrosse, marathon canoe, archery, and rifle shooting. Fittingly, the majority of athletes felt more connected with their Indigenous heritage as a result of their participation in the 2014 NAIG.

The NAIG Council believes the cultural aspect of the games is equally important as the sport program. Eloquently

put by one participant, "NAIG made me feel like I belong, that I am proud to be Indigenous."

The NAIG is a unique, international, multi-sport competition that provides a vital forum for advancing the development of Indigenous sport. The NAIG has materially increased the level of community wellness among Aboriginal peoples in Canada.

Read the entire NAIG Social Impact Study at www.naigcouncil.com/docs/NAIG%20Social%20Impact%20Study%202014.pdf. (source: www.naigcouncil.com)

Team Wisconsin holds three tryouts during the summer, a year prior to the NAIG. Tribal members or descendants of a tribe are eligible to try out for Team Wisconsin. This past summer, 33 FCP tribal athletes tried out for the 2017 Team Wisconsin, 17 of which made the team. These 17 will prepare by practicing with their respective team sport over the next year. The practices will be held at different tribal reservations throughout Wisconsin.

Toronto's selection will mark the first time in the Games 25-year history that the event will be held in a community outside of Western Canada. The awarding of the 2017 NAIG follows a comprehensive bid process involving the prepa-

ration and submission of a bid book, a site evaluation, and the Bid Committee's final bid presentation in Richmond.

Congratulations to the Aboriginal Sport & Wellness Council of Ontario (ASWCO) and Mississaugas of New Credit First Nation on the selection to host the 2017 NAIG in the city of Toronto. The NAIG Council was extremely impressed by the level of detail presented by the Bid Committee and their high degree of professionalism. We are excited about the opportunity to gather our Indigenous Nations in Toronto in the summer of 2017. It will be an extraordinary celebration of athletic excellence, cultural unity and pride."

Toronto 2017 NAIG Bid Committee chairperson, Marc Laliberte states, "The Aboriginal Sport & Wellness Council of Ontario is tremendously proud and happy to be awarded the 2017 North American Indigenous Games in the greater Toronto area. The Truth and Reconciliation Commission has stressed the importance of NAIG as a means of healing and strengthening our people. We are excited to begin planning, knowing the experience will be incredible - with world class facilities and rich cultural programming. We will honor and respect the Spirit of the NAIG – Strong, Brave, True." (source: www.naigcouncil.com)



please don't feed bears

Bears will follow their nose to food, even in your yard. To prevent an all-you-can-eat bear buffet at your home:

- Keep your garbage, grill, and any pet or livestock food in closed containers in your garage or other locked area
- Bring pet food inside at night
- Put out your garbage the morning of pick up, not the night before
- Hang your bird feeders at least 8 feet above the ground and away from anything a bear could climb

If a bear wanders through your yard, yell or make lots of loud noises. Bears are, for the most part, afraid of people and will usually run away when startled.

FOREST COUNTY POTAWATOMI
NATURAL RESOURCES

If you live on the reservation and are having bear issues, call the Wildlife Resources program at
(715) 478-7222.

EPA Honors FCP Community with Award for Green Power Use

submitted by George Ermert, Martin Schreiber & Associates

CRANDON, Wis. - The Forest County Potawatomi Community (FCPC) has received a 2016 Green Power Leadership Award from the U.S. Environmental Protection Agency (EPA). These annual awards recognize the country's leading green power users for their commitment and contribution to helping advance the development of the nation's voluntary green power market. The EPA presented the Forest County Potawatomi Community with the "Excellence in Green Power Use" award at the 2016 Renewable Energy Markets Conference in San Francisco, Calif. on Oct. 17, 2016.

The FCPC was one of only seven organizations nationwide to receive an Excellence in Green Power Use award. The award recognizes EPA Green Power Partners who distinguish themselves by demonstrating leadership in procuring green power from a utility green power product, a power purchase agreement, or a renewable energy certificate (REC) product.

"We are pleased to recognize the Forest County Potawatomi Community with an Excellence in Green Power Use Award for its exceptional commitment to using green power and reducing its carbon footprint," said EPA Administrator Gina McCarthy. "In doing so, the Forest County Potawatomi Community is taking real action to address climate change, and we encourage other organizations to do the same."

The FCPC is currently using nearly 56 million kilowatt-hours (kWh) of green power annually, which is more than enough green power to meet 100 percent of its electricity use at all tribal facilities - including government and social service buildings, Potawatomi Casino Hotel (Milwaukee, Wis.), and

Potawatomi Carter Casino & Hotel (Carter, Wis.). According to the EPA, the FCPC's current green power use is equivalent to the electricity use of more than 5,100 average American homes annually.

"We are proud to receive this prestigious award from the U.S. Environmental Protection Agency," said FCP Attorney General Jeff Crawford. "Purchasing green power helps us reduce our carbon footprint and meet our goal of being more sustainable. It also sends a message to others across the United States that supporting clean sources of electricity is a sound business decision."

Over the last several years, the FCPC has also implemented a number of energy-efficiency initiatives, such as moving to a four-day work week and using green building standards in the operation and construction of tribal facilities. These initiatives have significantly lowered both the tribe's energy costs and its environmental footprint. Since 2007, the tribe has reduced its carbon emissions per square foot of building space by over 20 percent. It has eliminated nearly 14,000 tons of emitted carbon dioxide per year through improved energy efficiencies alone. That is equivalent to the annual greenhouse gas emissions from more than 2,000 passenger vehicles, or the emissions from the electrical usage of about 1,500 homes for one year.

In 2013, the FCPC completed construction on a \$20 million biodigester in Milwaukee's Menomonee Valley. The facility uses food and beverage waste as a fuel source to produce an average of 2.0 megawatts of renewable energy - enough to power about 1,500 homes. The energy from the biodigester is sold to local utilities. The

tribe is also able to use waste heat from the biodigester for beneficial reuse in nearby facility heating systems.

In 2015, the tribe installed solar panels at 15 buildings on its Forest County, Wis., reservation. The solar panels produce approximately 1.0 megawatt of renewable electricity, which is enough energy to power about 750 homes. In addition, the panels can produce enough energy at each facility to meet at least 20 percent of the building's energy needs. In some instances the panels produce enough energy to offset more than 90 percent of the building's energy needs.

The FCPC is listed as one of the 100 largest green power users in the country within the EPA's Green Power Partnership. It is ranked as the 11th largest green power user in the nation among local government partners within the Green Power Partnership.

About EPA's Green Power Partnership

The Green Power Partnership is a voluntary program that encourages organizations to use green power as a way to reduce the environmental impacts associated with electricity use. The Partnership currently has more than 1,400 Partner organizations voluntarily using billions of kilowatt-hours of green power

annually. Partners include a wide variety of leading organizations such as Fortune 500® companies; small and medium sized businesses; local, state, and federal governments; and colleges and universities. For additional information, please visit www.epa.gov/greenpower.

About the Green Power Leadership Awards

The U.S. Environmental Protection Agency (EPA) co-sponsors the annual Green Power Leadership Awards in conjunction with the Center for Resource Solutions. EPA recognizes winners in the following awards categories: Green Power Partner of the Year; Sustained Excellence in Green Power; Direct Project Engagement; Excellence in Green Power Use; and Green Power Community of the Year. EPA's Green Power Partner awards recognize the exceptional achievement among EPA Green Power Partners who distinguish themselves through green power procurement, market leadership, overall green power strategy, and overall impact on the green power market. The Awards are held in conjunction with the Renewable Energy Markets Conference. For additional information please visit www.epa.gov/greenpower/green-power-leadership-awards.



KENNETH GEORGE, JR

TRIBAL VICE CHAIRMAN

Fiscal Responsibilities

We have financial success today because of land-based casinos, however the Internet and Millennials are serious threats. We need to diversify! Through our Tribal operations and infrastructure, we need to ensure money is well spent, goals and strategies are clearly defined, and positive action is taken. All this while encouraging our youth to reach their potential through education beyond High School.

US Marine Corps
8 yrs.

Gaming Regulator
11 yrs.

Regulator of the
Year 2016

Gaming
Management
University of
Nevada - Reno

Gaming
Commissioner
7 yrs

National Speaker
Internet Gaming

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November 5th
I respectfully ask
for your support.

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THURSDAY, NOV. 17
11 A.M. - 1 P.M.

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2nd \$200
3rd \$100

MUST BE 18 OR OLDER AND AN FCP TRIBAL MEMBER TO ENTER.
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NOTICES

CULTURE

Language classes offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety - AA Meetings (#7169331 Area 74) every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. Walking in a good way...a sober way. Anyone who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-3530 or Isaiah Phillips at (715) 889-4945.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidelines.com.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej megek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

PROGRAMS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHR's to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleereman, R.N., at (715) 478-4889.

SPARKS Weight Management Program - By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.
- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.



November 2016 Calendar of Events

Community Health

- 11/1 - Infant Nutrition: HWC, 8 a.m. - 4 p.m.
- 11/3 - Infant Nutrition/WIC: Carter We-Care, 1 - 4 p.m.
- 11/8 - WIC: HWC, 8 a.m. - 4 p.m.
- 11/16 - NB3 Fit Day: Kickball at Rec Center w/youth) 3:45 - 5 p.m.
- 11/17 - Diabetes Luncheon: HWC, noon - 1:30 p.m.
- 11/23 - Flu Shot Clinic: Community Feast @ Rec Center, 11 a.m. - 2 p.m.

Family Resource Center

- Healthy Relationships: Mondays, Nov. 7, 14, 21, 28, 10 a.m. to noon.
- FRC/CHOICES: Mondays, Nov. 7, 14, 21, 28, 3:30 - 5 p.m.
- Play Shoppe: Contact FRC for dates and times.
- Circle of Sisters: Wednesdays, Nov. 2, 9, 16, 23, 30, 1 - 3 p.m.
- FRC Girls 10-17: Wednesdays, Nov. 2, 9, 16, 23, 30, 3:30 - 5 p.m.
- Community Talking Circle: Thursday, Nov. 17, 1 p.m.
- PIP: Thursdays, Nov. 3, 17, 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays, Nov. 7, 14, 21, 28, 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays, Nov. 1, 8, 15, 22, 29, 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays, Nov. 2, 9, 16, 23, 30, 3:30 - 5 p.m.
- Youth will be picked up from Crandon school at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.



Pow-Wow Trail November 2016

Nov. 5

9th Gitchi Gami Powwow
Ashland H.S. Gym
Ashland, Wis.
(715) 682-7089 ext. 1011
jcorbine@Ashland.k12.wi.us
mkingbird@Ashland.k12.wi.us

Nov. 12-13

Intertribal Warrior Society
MAAIC 650 N. Seneca
Wichita, Kan.
(316) 295-3089
m_bulger@att.net
www.theindiancenter.org

NOV. 5

25th Austin*
Travis Cty Expo Center
Austin, Tex.
(512) 371-0628
austinpowwow@grandecom.net
AustinPowWow.net/austin-powwow/

Nov. 12

Oklahoma State Univ.*
4518 Expo Circle East
Stillwater, Okla.
(405) 744-0401
ahunnick@okstate.edu
www.orgs.okstate.edu/nasa

Nov. 11

LCO Veterans
LCO H.S. Gym
Hayward, Wis.
(715) 634-8924
www.lcoschools.bie.edu

Nov. 25-27

35th Indio*
Cabazon Band Special Event Center
Indio, Calif.
(760) 238-5770
jstapp@cabazonindians-nsn.gov
www.fantasyspringsresort.com/cabazonindians

* denotes contest powwow




Elect

Joseph Daniels Sr.

for FCP Tribal Treasurer

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 ◆ Responsible ◆ Reliable

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More than \$100,000 in Prize Money Awarded at Twelfth-Annual Hunting Moon (Gi Wse Gises) Powwow

submitted by Ryan Amundson, PHC Public Relations Manager

MILWAUKEE (Oct. 19, 2016) – The 12th annual Hunting Moon (Gi Wse Gises) Pow Wow, sponsored by the Forest County Potawatomi, was held at the University of Wisconsin - Milwaukee Panther Arena from Oct. 14 – Oct. 16. Hundreds of dancers and multiple drum groups from across the United States and Canada competed at this year's event. Winners shared in more than \$100,000 in prize money and include:

Jr. Girls Traditional

First: Kaylen TopSky, Mont.
Second: Neena Lasley, Iowa
Third: Sharal One Pennie, Mont.
Fourth: Elicia Leonard, Wis.
Fifth: Amari Funmaker, Wis.

Jr. Girls Jingle

First: Kitahna Silas, Wis.
Second: Meah Bird, S.D.
Third: Wassayahming Williams, Wis.
Fourth: Sophia Ford, Wis.
Fifth: Addyson White, Ontario

Jr. Girls Fancy

First: Micayla Silas, Wis.
Second: Wakinyela Clairmont, Colo.
Third: Red Star Cavanaugh, Minn.
Fourth: Rayanna Bird, S.D.
Fifth: Lennyn Paskemin, Utah

Teen Girls Traditional

First: Nichole Nordwall, Nev.
Second: Taylor Clarimont, Minn.
Third: Alexa Gabbard, Minn.
Fourth: Catherine Howell, Okla.
Fifth: Aerius Benton, Wis.

Teen Girls Jingle

First: Diana Sanapaw, Wis.
Second: Adriana Douglas, Ontario
Third: Jonna Grace Brady, N.D.
Fourth: Maya Schuyler, Mich.
Fifth: Dajia Shinos, Mich.

Teen Girls Fancy

First: Malia Jacobs, Wis.
Second: Hozhoni Whitecloud, Wis.
Third: Eahtosh Bird, S.D.
Fourth: Anntaya White, Wis.
Fifth: Emaree Jayne Iron Hawk, S.D.

Adult Women Traditional

First: Randi Bird, S.D.
Second: Cheyenne Brady, N.D.
Third: Jacinta Tsosie, Ariz.
Fourth: Bianca Whitecloud, Wis.
Fifth: Charish Toehay, Okla.

Adult Women Jingle

First: RYANNE White, S.D.
Second: Rena Bella Nevaquaya, Wis.
Third: Ayashay Schuyler, Mich.
Fourth: Stephanie Nordwal, Nev.
Fifth: Marcie Meguinis, Alberta

Adult Women Fancy

First: Jocy Bird, S.D.
Second: Amber Cleveland, Wis.
Third: Laryn Oakes, Saskatchewan
Fourth: Brennah Wahweotten, Kan.
Fifth: Shaylynn Bird, S.D.

Senior Women Traditional

First: Tosha Goodwill, S.D.
Second: Danita Goodwill, Kan.
Third: Shelley Eagleman-Bointy, Kan.

Fourth: Kristol Abel, Ontario
Fifth: Brigitte Morris, Wis.

Senior Women Jingle

First: Cassie Lasley, Wis.
Second: Grace Pushetonequa, Iowa
Third: Dionne Jacobs, Wis.
Fourth: Maureen Perkins, Wis.
Fifth: Henrietta McGurk, Calif.

Senior Women Fancy

First: Tanski Clairmont, Colo.
Second: Nahmi Lasley, Iowa
Third: Verna Stree, N.C.
Fourth: Rose Track, Wis.
Fifth: Kellie Le Beau, S.D.

Golden Age Women

First: Annamae Pushetonequa, Iowa
Second: Becky Hawpetoss, Wis.
Third: Carmen Clairmont, Colo.
Fourth: Patricia Eagleman, Wis.
Fifth: Mary Olsen, Okla.

Women's "Old Time" Scrub Special

First: Jamie Awonohopay, Wis.
Second: Arianna Greencrow, Wis.
Third: Rebecca Miller, Wis.
Fourth: Tracy Pecore, Wis.
Fifth: Rochelle Mann, Wis.

Jr. Boys Fancy

First: Jaymison Hill, Iowa
Second: Levi Cleveland, Wis.
Third: Buster Cleveland, Wis.
Fourth: Aydrion Day, Wis.
Fifth: Adlai Cleveland, Wis.

Jr. Boys Grass

First: Chaske Jacobs, Wis.
Second: Bodie Nordwall, Nev.
Third: Deo Topsy, Mont.
Fourth: Loren Sanapaw, Wis.
Fifth: Lincoln Cleveland, Wis.

Jr. Boys Traditional

First: Lennox Lasley, Wis.
Second: Guppy Benton, Wis.
Third: Keney Awonohopay, Wis.
Fourth: Gene Nyte Whitecloud, Wis..
Fifth: Aison Funmaker, Wis.

Teen Boys Fancy

First: David Cleveland, Wis.
Second: Delano Cleveland, Wis.
Third: Wayne Silas III, Wis.
Fourth: Quentin Cleveland, Wis.
Fifth: Ascension I Harjo, Ontario

Teen Boys Grass

First: Therian Paskemin, Utah
Second: Sednick Hindsley, Wis.
Third: JT Largo, N.D.
Fourth: Miisheen-Meegun Shawanda, Ontario

Fifth: Jenmee Bondy, Ontario

Teen Boys Traditional

First: Bobby Mo, Wis.
Second: Lincoln Kingbird, Iowa
Third: Zack Antoine-Jackson, Mich.
Fourth: Brevin Boyd, Wis.
Fifth: Brycen Whiteshirt, Kan.

Adult Men Fancy

First: Darrell Hill, Iowa
Second: Canku One Star, S.D.
Third: Nigel Schuyler, Mich.
Fourth: Terrence Cleveland, Wis.
Fifth: Marquel Crawford, Mich.

Adult Men Grass

First: Trae LittleSky, S.D.
Second: Jon Taken Alive, S.D.
Third: Wanbli Charging Eagle, Wis.
Fourth: Joel Omeasoo, Alberta
Fifth: Rooster Topsy, Mont.

Adult Men Traditional

First: Wendall Powless, Wis.
Second: Craig Merrick, Calif.
Third: Brand White Eyes, S.D.
Fourth: Joseph Big Mountain, Wis.
Fifth: Kiowa Cozap, Okla.

Senior Men Fancy

First: Wayne Silas Jr., Wis.
Second: Jason Whitehouse, Mich.
Third: Clayton Crawford, Minn.
Fourth: Aidrian Harjo, N.Y.
Fifth: Randy White, Ontario

Senior Men Grass

First: Russell Youngbird, N.D.
Second: Clifton Goodwill, Kan.
Third: Adam Nordwall, Nev.
Fourth: James Day, Wis.
Fifth: Randall Paskemin, Utah

Senior Men Traditional

First: Chaske LaBlanc, Minn.
Second: Kevin Haywane, Can.
Third: Lonny Street, Iowa
Fourth: Reuben Crowfeather, Minn.
Fifth: Tony Wahweotten, Kan.

Golden Age Men

First: Royce Kingbird, Minn.
Second: Lewis Cozad, Okla.
Third: Joe Bointy, Kan.

Fourth: Paul Cloud, Wis.
Fifth: Gary Medicine, Ontario

Men's Woodlands Special

First: Shane Mitchell, Wis.
Second: Peter Powless, Wis.
Third: Noodin Niimebin Shawanda, Ontario

Fourth: Ryan Gustafson, Ontario
Fifth: Drayton Roberts, Iowa

Youth Drum Group

First: Hay Creek
Second: Ho Chunk Station
Third: Rizing Bear
Fourth: Thunder Buddies

Adult Drum Group

First: The Boyz
Second: Midnite Express
Third: Whitefish Jr. Singers
Fourth: Southern Boyz
Fifth: Young Bear



photos by Autry Johnson

