



POTAWATOMI TRAVELING TIMES

Volume 22, Issue 11 • ABTE GBBON GISES • HALF THE WINTER MONTH • December 1, 2016

Wisconsin Native Women and Culture Honored Through Art

by Val Niehaus

Honoring elders of the community is of great importance to the Forest County Potawatomi culture and tribe. It is taught to the children starting at a young age, and it is reinforced throughout their childhood. Always listen to the elders as they are wise and knowledgeable when it comes to the Potawatomi people and their past.

PTT had the privilege of visiting the Center of Visual Arts (CVA) in Wausau, Wis., to visit an exhibit titled "Ancestral Women: Elders from Wisconsin's 12 Tribes". This is a collection of portrait weavings by Mary Burns honoring Native women from the Wisconsin tribes.

Burns is an award-winning jacquard weaver/artist from northern Wisconsin who has her own studio, Manitowish River Studio, located in Mercer, Wis. Burns has loved the art of weaving since her high school art class, and this passion has grown into what is now her life. Not only has she displayed her work in many exhibits and festivals, but she also teaches tapestry and other forms of weaving as well as felting. Burns is a person who connects with nature, people, and her surroundings to help inspire her love of weaving.

One of the most rewarding reasons to visit this exhibit is that it showcases Native women from Wisconsin's 12 tribes (11 are federally-recognized; the Brothertown Nation is seeking federal status). Another is that the Potawatomi woman featured in one of the artworks is someone that many in this area are related to or have heard about while growing up. This woman is Mary "Waseyan" Waubiness George, who is Arlene Alloway's mother.

The following is taken from the booklet one receives when visiting the exhibit:

Mary Waubiness, whose Indian name was Waseyan, meaning "first light rays of the day," was born on August 20, 1910, to Bemsek and Charles Waubiness of McCord Indian Village. She had an elder brother named Mtegwab, meaning "bow." Mary and Mtegwab were both fluent speakers of the Potawatomi language.

Waseyan attended Pipestone Indian Training School in Pipestone, Minnesota, which opened in 1893 and closed in 1953. Aside from academics, she learned a variety of other life skills including sewing, gardening, cooking and nursing.

In 1927, she married Isaac George (Gawsat) and had one child, a daughter named Arlene. Waseyan was a community contributor in foster parenting and she passed on her learned skills to younger ladies. She also served as a midwife, delivering many babies when called upon.

She began her spirit journey on March 16, 1984, and in June of the same year, her husband followed her.

Waseyan's devotion to her community, her knowledge of traditional skills, and her work as a midwife were important threads that rooted her in place. For her portrait, Burns highlighted Waseyan's oral beadwork on her traditional regalia by drawing out the patterns and laying them in as a border.

PTT had the chance to sit down with Arlene Alloway and ask about her thoughts in seeing her mother being



Artist Mary Burns stands next to the weaving of Mary "Waseyan" Waubiness.

portrayed in this art exhibit.

Alloway said, "I was very touched to see this photo of my mother. The regalia that my mother was wearing in this photo was made by her own hands. This was just one of many pieces she made herself."

Alloway was also asked about what she thought of the artist who made this weaving. "Words can't describe the fine work she does. I thank her very much for doing this weaving of my mother." This was all said with a huge smile on Alloway's face which showed how much she appreciated seeing her mother honored in this special way.

The inspiration behind Burns' work and the reason for the extensive labor, love and commitment she devoted to creating this display was expressed when she explained, "I felt that women were not being honored over time. I really wanted to create an exhibit where women were the focus, and in thinking of women in this area, it was only natural and the correct choice to start with the Native people. So, I had actually started with this (she points to the portrait of Emma Pettibone of the Ho-Chunk Nation), and I didn't have the idea for this exhibit when I started weaving this piece. But when I saw this photo by H.H. Bennett of Emma Pettibone, I was mesmerized by her. She seems very regal, and I love that she had this beautiful appliqué.

From there, the whole idea just came to me and then we started going to the different tribes to see who they wanted honored in this exhibit."

Along with these beautiful portraits that Burns crafted, she also did six clan weavings: bear, eagle, loon, marten, crane and turtle; and four weavings that incorporate the culture of Native people. These demonstrated special activities and important events including maple sugaring, building a birch bark canoe, harvesting wild rice, and one of a sunrise which symbolizes a new day and thankfulness for living.

It is difficult to summarize this art exhibit in words as one must see it oneself to appreciate how truly impressive it is. One must see the texture and size of these portraits with one's own eyes. One must see and feel the expressions that Burns has captured from the photos she was given to transform into an artwork of woven fabric. Every single one is absolutely remarkable in its craftsmanship and represents an incredible work of art.

When asked about future pieces, Burns said she wants to stay with the Native women. Perhaps we will be seeing another Potawatomi woman honored as Mary "Waseyan" Waubiness was with her likeness preserved forever in an exquisite work of art.

more photos on pg. 16...



Arlene Alloway very happy to be seeing this piece of artwork. photo submitted by Mike Alloway

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP’s tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



PBDC Promotes Stephanie Omdoll



Stephanie Omdoll has recently been appointed the position of Chief Administrative Officer at PBDC. In her role, Omdoll will work closely with Tom Devine, PBDC CEO, and Jim Monnat, PBDC CFO, to ensure that the vision and goals of the organization are met, while introducing continuous and best practices across the company.

She will continue to be responsible for developing and executing the company’s overall branding, marketing and public relations strategy, serving as a key spokesperson for the organization across all

constituencies, including the Forest County Potawatomi Community, PBDC and its subsidiary employees, customers, partners and the general public.

Omdoll will now also have the principal responsibility for the oversight and management of all Milwaukee Wgema Campus operations and continued involvement in the property’s development.

Omdoll has dedicated a tremendous amount of effort and strategy to developing and sharing the PBDC story. Her leadership within the community and its organization, along with her key involvement in building a stronger relationship with the tribe, has afforded PBDC and its subsidiary companies the opportunity to achieve more than anyone thought possible.



Omdoll speaking with FCPC college students at the first ever Forest County Potawatomi Career Exploration Event held last June.

Visit our Website: Potawatomibdc.com



GREENFIRE

Project Update: Stitchweld

One of Greenfire’s latest projects, Stitchweld Apartments, is beginning to take shape in Bay View, Wis. When complete, the complex will include 288 total units within four buildings. Residents are expected to move in by spring 2017.



Happy December Birthday to These Elders!

- | | |
|-------------------------|------------------------|
| 12-1 Keith Gerdeen | 12-14 Douglas Crawford |
| 12-5 Richard Brzezinski | 12-15 Michael White |
| 12-7 Craig Ritchie | 12-20 Mabel Schingeck |
| 12-11 Rebekah Mielke | 12-26 Wendy Genett |
| 12-11 Marjorie Adamczyk | 12-30 Louie Spaude |
| 12-11 Lamar Sparks | |

Notice to Tribal Members Advisory Board Vacancies

There's one vacancy for Secretary and one for Board Member on the Elders / Nutrition Advisory Boards.

If interested, please contact Penny at (715) 478-4892 for more information.

FCP CARING PLACE

December 2016 Activities Calendar

EVENTS IN THE ACTIVITIES ROOM: Activity room is open daily for activities at the Caring Place. Exercise is every Monday, Wednesday and Friday at 10 a.m.

- SPECIAL EVENTS (RSVP REQUIRED):**
 12/6: Casino Day in Watersmeet
 12/7: Grandparents Night (4 - 6 p.m.)
 12/8: GLNAEA - Carter
 12/13: Shopping
 12/16: Rouman Cinema
 12/18: Bingo - Carter (leaving @ 10 a.m.)
 12/27: Birthday Bingo (12:30 p.m.)

Deadline for the Dec. 15, 2016 issue is Wednesday, Nov. 30, 2016.



POTAWATOMI TRAVELING TIMES

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Elder Menus

NOVEMBER 2016



Monday, 12/5

Creamed Chicken over Biscuits w/Peas & Carrots, Broccoli, Strawberry Banana Yogurt, Banana

Tuesday, 12/6

Beef Stir Fry, Egg Roll, Pears, Fortune Cookie

Wednesday, 12/7

Baby Back Ribs, Mashed Potatoes, Gravy, Green Beans, Cranberry Walnut Cookie

Thursday, 12/8

Turkey Sandwich w/Cheese on Kaiser Roll, Baked Beans, Dill Pickle, Tomato Wedge, Applesauce

Friday, 12/9

French Onion Soup, Roast Beef Sandwich, Cucumber Slices, Mandarin Oranges

Monday, 12/12

Crispito w/Lettuce, Tomato & Cheese, Refried Beans, Orange

Tuesday, 12/13

Sauerkraut, Turkey Hot Dog, Mashed Potatoes, Glorified Rice, Pineapple

Wednesday, 12/14

Indian Tacos w/Lettuce, Tomato, Black Olives, Onions & Cheese, Cherry Pie, Orange Juice

Thursday, 12/15

Boiled Dinner, Roll, Apple

Friday, 12/16

Baked Fish, Oven Potatoes, Coleslaw, Dinner Roll, Jell-O® w/Fruit

Monday, 12/19

Chicken Wings, Sweet Potatoes, Asparagus, Mixed Berries

Tuesday, 12/20

Spaghetti & Meatballs, Garlic Bread, Side Salad, Peanut Butter Cookie

Wednesday, 12/21

Hot Beef Sandwich, Mashed Potatoes, Gravy, Spinach, Grapes

Thursday, 12/22

Chicken Alfredo, Broccoli, Grapes, Pumpkin Pie

Friday, 12/23

Fish Sandwich on Bun, Coleslaw, Oven Potatoes, California Blend Veggies, Pineapple

Monday, 12/26

Closed for Holiday

Tuesday, 12/27

BBQ Pulled Pork Sandwich, Baked Sweet Potato, Cauliflower, Orange Juice

Wednesday, 12/28

Meatloaf, Baked Potato, Cottage Cheese, Green Beans, Orange Sherbet

Thursday, 12/29

Hot Turkey Sandwich, Mashed Potatoes, Gravy, Carrots, Jell-O® Cake

Friday, 12/30

Bean Soup w/Ham, Carrots & Celery, Cornbread, Peaches

*Menus subject to change.

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon. Please join us!

Veterans Day 2016

by Val Niehaus

Veterans Day is a day to honor the men and women past and present who have served in the United States military and fought to maintain the freedoms we enjoy in this country. It is a day of celebration and gratitude, to recognize and thank them and to express our appreciation for all they have done for this country and for us.

FCP Executive Council honored local FCP veterans on Nov. 11, 2016, at the FCP Recreation Center with a grand entry and luncheon. FCP Council Member Heather VanZile said, "We as a council felt the need to recognize our veterans here at home instead of them having to travel elsewhere to celebrate. This will be a reoccurring event and we look forward to having our veterans and their loved ones join us next year."

The event started with a drumming ceremony at the flag staffs of the Executive Building where the drum sang the Flag Song and the Veterans Song. Following this, those in attendance moved into the warmth of the Recreation Center.

Before grand entry started, FCP

Chairman Harold "Gus" Frank spoke to the people in attendance. He stated, "This is our community here; we have veterans here, who sacrificed a lot. Just to name some we have: Charlie Jim, Jesse Cook, Charlie Thunder, Johnny Williams, Frank Shepard, Archie Biddell, Harry Frank. Every conflict that this United States has been in since WWI, we have had tribal members. The Vietnam War we have Big Z (Louis Shepard), The Blood (JR Holmes), Clarence (Daniels), Ken George and myself. Desert Storm we have Ken George Jr. We do have veterans right here."

After Young Fire Keepers sang, attendees helped themselves to a lunch and had the opportunity to visit with one another about their past, present and future. Everyone enjoyed themselves while honoring these men and women who have done so much for this community and for the nation.

PTT wants to thank all veterans for their dedication to their country and for the sacrifices they have made for us and for this nation.



(above) Young Fire Keepers honoring the veterans along with the guests.



(left) A drumming ceremony taking place at the FCP Executive Building.

Drug Task Force to Bring Special Presentations to Forest County

information compiled by PTT (source www.yourchoice-live.org)

The Forest County Drug Task Force is bringing a special group to our area to make four important and timely presentations. The special group is the Lybert family: Mom and dad, Sandi and Rick, and their children, Ashleigh and Tyler. The important presentations deal with the negative impact drug use has on a family, more specifically, their family.

Son Tyler started using drugs in sixth grade as a way to make friends and fit in. His drug use escalated from alcohol and marijuana to pills and heroin, and his family life deteriorated. After dealing with addiction within their own family, the Lyberts founded Your Choice-Live, which focuses on alcohol and drug prevention education, intervention and support. The Lybert family is passionate about communicating their story and removing the stigma of teen substance abuse in hopes of helping other families.

In spreading their message, the Lybert family will make presentations over a two-day period in separate sessions: two directed at youth, and two at adults 21 and over. Ashleigh will speak about the pressure to be the perfect sister in light of her brother's addiction and feeling neglected by her parents. Rick will talk about being angry that his son couldn't conquer his addiction; Sandi will explain how

she enabled her son to the point that her marriage nearly crumbled. The really good news is that Tyler entered treatment at age 21 and has been sober since 2008.

In the presentation for parents, Wake-Up Call, those in attendance will be included in a heart-to-heart talk on ways teens try to cover up drug and alcohol use. Parents will walk away with the knowledge and insight needed to aid in identifying if someone you care about has a problem with substance abuse. This is a presentation you won't want to miss! The adult presentations (21 years of age and older only) will take place as follows:

- Monday, Dec. 5, 2016, 6:30 to 8 p.m., Wabeno High School
- Tuesday, Dec. 6, 2016, 6:30 to 8 p.m., Crandon High School

Presentations for youth grades 6 - 12 will take place as follows:

- Monday, Dec. 5, during the school day at Wabeno High School for the school districts of Goodman-Armstrong Creek, Laona and Wabeno. (*Goodman-Armstrong Creek and Laona students will be bussed to Wabeno for the presentation.)
- Tuesday, Dec. 6, during the school day at Crandon High School.

For more information on Your Choice-Live, visit www.yourchoice-live.org.

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How does the election of Donald Trump impact the Forest County Potawatomi?

Dear Tribal Members,

Now that the ballots have been cast and the final votes counted, I wanted to take a moment to discuss the impact of the Presidential election on the Forest County Potawatomi.

Many people are concerned about what a Donald Trump Presidency will mean for our families and community. Based on some of the statements he made in the past and on the campaign trail, I too am concerned about the decisions Donald Trump may make and the direction he may take our country. However, I have lived through many Presidential elections. I have seen the political tides shift, and the peaceful transfer of power from one political party to another on numerous occasions. And throughout each we still survived and progressed as a community. We must remember, "When God closes a door, He opens a window." This will be no different.

During the eight years of President Obama, the Forest County Potawatomi were fortunate to have a man in the Oval Office who shared our passion and desire to ensure that our children and grandchildren would have access to clean air, land and water. We had a partner who wanted to enact policies to protect our environment, and one who respected sovereignty and the government-to-government relationship with tribal nations.

But while many of us loved and supported President Obama, we must also remember that he did not support the Potawatomi's policies 100 percent of the time. Under President Obama, the BIA alarmingly approved "off-reservation" casinos outside of former treaty territory of the tribe(s) proposing such casinos. This includes the proposed Kenosha casino, which would have had a significant negative impact on the Potawatomi.

In addition, President Obama was vocal in his opposition to the Tribal Labor Sovereignty Act. Tribes across the country have been working on this bill for more than 10 years. This bill respects and promotes tribal sovereignty by affirming the rights of tribal government employers to determine their own labor practices on their own lands.

Even though we had some significant policy disagreements with President Obama, we still found other ways to partner with his Administration. In the same respect, while we will have policy disagreements with the Trump Administration, Donald Trump's presidency may also bring some new opportunities for the Forest County Potawatomi. This could include off-reservation gaming reforms, passage of the Tribal Labor Sovereignty Act, and tax reforms impacting our tribal members and our tribe as a whole.

But regardless of what policies Donald Trump may propose, it is important to remember that he is not a king; he merely represents one branch of government. He does not have the authority to unilaterally make new laws; he must work with Congress. That is why the Executive Council of the Forest County Potawatomi has worked hard to cultivate relationships with those in Congress that know and respect our tribe. This includes House Speaker Paul Ryan (R – Janesville) and our own Congressman Sean Duffy (R – Wausau). Wisconsin's own Gov. Scott Walker, Senate Majority Leader Scott Fitzgerald and Assembly Speaker Robin Vos will also have the ability to shape and influence the Trump Administration's policy impacting the Potawatomi.

The Executive Council is always looking for ways to protect the best interests of the Forest County Potawatomi. As Chairman, I feel confident that the Forest County Potawatomi remains in a good position to protect, and even enhance, what we have all worked so hard over the many decades to build.

Migwetch
Gus Frank

Dear Tribal Members,

As reported to tribal members during the recent budget briefings, I write to update you on the actions taken by the Executive Council to assist the efforts by the Standing Rock Tribe to fight the Dakota Access pipeline.

In October, goods and supplies purchased by the Forest County Potawatomi were delivered to the Standing Rock following action by the Executive Council. The Executive Council has also directed the Chairman to meet with the Chair of the Standing Rock to explore other avenues that the Forest County Potawatomi could help their efforts. Because of scheduling conflicts, that meeting has not yet occurred. However, through separate conversations between our tribes we have offered our legal and technical experts to help with their fight. This offer has been well received. We have learned the Standing Rock Chair has indicated a great appreciation for the offer because these services are more valuable than goods and supplies at this point in time. Documents have not changed hands but we stand ready to assist. Rest assured, the Executive Council and this Chairman stand with the Standing Rock Tribe.

Migwetch,
Gus Frank

Looking Back

100 years ago (from the Oct. 6, 2016 issue)

Judge Walsh was visited by an interesting client Thursday morning in the person of Simon Kahquodos, spokesman for the Potawatomi tribe of Wisconsin Indians. Simon's home is at Wausaukee. He represents James Waumeglosako, first chief of the Wisconsin Band of Potawatomi; John Thunder, second chief; and Willie Tanau, third chief. These native sons were here to interest the judge in their claim against the government upon real estate in Chicago, now known as Lincoln Park and Lake Shore Park. In the treaty of 1833, the Potawatomi claim that the rights of the Wisconsin band of Potawatomi were never ceded to the government of the United States. Judge Walsh and a noted attorney of Chicago are interested in the case. Judge Walsh will visit the Chicago attorney next week in the interests of Simon and his band.

100 years ago (from the Oct. 13, 2016 issue)

Regarding the visit of Simon Kahonodas, the Pottawattamie Indian to Crandon last week, to interview attorney Walsh on the matter of Indian lands, the Chicago Examiner on Sunday said: Topeka, Kansas, September 30, J.G. Grossburg of Chicago held a conference with the Pottawattamie Indians at the reservation near here and asked them to authorize him to bring a suit for them to recover the lake front at Chicago, which has been filled in since the land was ceded back to the government by the Indians. An island, which since has been connected with the main land, and accretions, including Grant Park, are claimed by Indians. Millions of dollars are involved. When the tribe known as Pottawattamies, belonging to the Algonquin family of North American Indians, was first known to the white man, they occupied a large part of Michigan and were subdivided into independent bands, living by hunting and fishing. They were constantly at war with their neighbors and were finally driven to Green Bay, Michigan, by the Iroquois. The French were their good friends and recovered their territory in Michigan for them and helped them establish themselves in Indiana and Illinois. During the revolution and the War of 1812 they were allied with the English and were finally subdued by General Wayne, when he forced them to sign treaties with the government. The dates of these were 1795, 1815, 1862 and 1867. Some of these Indians, under the last treaty settled in what is now Oklahoma and others in Michigan, Wisconsin, Kansas, and what was Indian Territory. In 1890 the largest number were in Oklahoma and Kansas, though many are still in Michigan and Wisconsin.

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FCP Tribal Member Among 2016 Native American “40 Under 40”

submitted by National Center for American Indian Enterprise Development

MESA, Arizona (Nov. 17, 2016) – The National Center for American Indian Enterprise Development (NCAIED) was pleased to announce its 2016 class of “Native American 40 Under 40” award recipients.

This prestigious award is bestowed upon individuals under the age of 40, nominated by members of their communities, who have demonstrated leadership, initiative, and dedication, and made significant contributions in business and their community.

Argonne’s Heather Pauliot VanZile, a member of the Forest County Potawatomi Community, is among the 40 Under 40 award winners honored during the 40th Annual Indian Progress in Business Awards (INPRO) Gala at the Buffalo Thunder Resort and Casino in Santa Fe, N.M., on Wednesday, Nov. 16. The awards are part of the Reservation Economic Summit New Mexico (RES New Mexico), which is a regional event for the premier economic development gathering in Indian Country. National RES in Las Vegas will celebrate its 31st year this coming March.

“The 40 Under 40 award recipients are a diverse group of young men and women from across Indian Country who have all made invaluable contributions to their communities,” said Derrick Watchman, chairman of the National Center for American Indian Enterprise Development. “We are proud to honor this extraordinary group of leaders. I have no doubt our 40 Under 40 winners will help define the future of Native American business.”

VanZile is an Executive Council Member of the Forest County Potawatomi Community, where she has served since 2015. On the council, she has shown a particular interest in diversifying the tribe’s economy through the Potawatomi Business Development Corporation. She has previously served the community as an ordinance manager, foundation executive assistance, and executive/administrative assistant. She is currently pursuing a degree in Business Administration from the University of Ashford in California.

Listed below is the complete list of winners.

2016 Native American 40 Under

40 Award Winners:

- Bryan Bainbridge – Red Cliff Band of Lake Superior Chippewa Indians
- Tamarah Begay – Navajo Nation (Dine’)
- Bree Black Horse – Seminole Nation of Oklahoma
- Amanda Carlow – Oglala Lakota Nation
- Jessica Cree Jock – St. Regis Mohawk Tribe
- Nicole Ducheneaux – Cheyenne River Sioux Tribe
- Danielle Finn – Standing Rock Sioux Tribe
- Sarai Geary – Muscogee (Creek) Nation
- Ellen Harju – Cowlitz Indian Tribe
- Sarah Harris – Mohegan Tribe
- Kathryn Isom-Clause – Taos Pueblo
- Christina Jimerson – Seneca Nation of Indians
- Rojer Johnson – Muscogee (Creek) Nation
- Thomas Jones – Cherokee Nation / Naknek Village Council
- Lenzy Krehbiel-Burton – Cherokee Nation
- Sara LaBarge – Menominee Indian Tribe of Wisconsin
- Kishan Lara-Cooper – Yurok Tribe
- Kelsey Leonard – Shinnecock Indian Nation
- Cory Littlepage – Chickasaw Nation
- Ben Mallott – Tlingit and Koyukon Athabaskan
- Chad Marchand – Colville Confederated Tribes
- Nakina Mills – Oglala Lakota Nation
- Rebecca Nagle – Cherokee Nation
- Mindy Natt – Yurok Tribe
- Steven Peters – Mashpee Wampanoag Tribe
- Rhonda Pitka – Koyukon Athabaskan and Inupiaq Eskimo
- Heather Pauliot VanZile – Forest County Potawatomi Community
- Mary Jo Pratt – Osage Nation, Delaware Tribe of Indians, Cherokee Nation
- Gordon Pullar, Jr – Tangirnaq Native Village
- Princella RedCorn – Omaha Tribe

of Nebraska

- Cary Lee Rosenbaum II – Confederated Tribes Of The Colville Reservation
- Linda Sacks – Cherokee Nation
- Cheyenne Sanders – Yurok Tribe
- Stephanie Sfridis – Mashpee Wampanoag Tribe
- Casey Sixkiller – Cherokee Nation
- Travis Thompson – Muscogee (Creek) Nation
- Bryan Warner – Cherokee Nation
- Nicole Willis – Confederated Tribes of the Umatilla Indian Reservation
- Tanaya Winder – Duckwater Shoshone Tribe
- Natalie Youngbull – Cheyenne and Arapaho Tribes

For more information about RES and the National Center for American Indian Enterprise Development, please visit <http://res.ncaied.org>.

About NCAIED: The National Center for American Indian Enterprise Development is a 501(c)(3) non-profit organization. With over 40 years of assisting American Indian Tribes and their enterprises with business and economic development – we have evolved



Heather Pauliot VanZile

into the largest national Indian specific business organization in the nation. Our motto is: “We Mean Business For Indian Country” as we are actively engaged in helping Tribal Nations and Native business people realize their business goals and are dedicated to putting the whole of Indian Country to work to better the lives of American Indian people- both now... and for generations to come.

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2nd Annual Traditional Dish Contest

by Val Niehaus

Potawatomi Traveling Times (PTT) held its 2nd annual Traditional Dish Contest on Nov. 17, 2016, at the Old Tribal Hall gymnasium.

This was open to enrolled FCP tribal members who were 18 years or older. Participants could bring in either a traditional soup or a traditional dish with one entry per person. Judging for the tasting was held by an all-community ballot system.

Participants this year were Jamie Tuckwab, Krystal Wayman, Catherine Stealer and James Alloway. The judging began at 11 a.m. and went until 1 p.m. Many community members,

both tribal and non-tribal, came in to taste-test the dishes. To great surprise, everyone had a tough time picking a winner because they were all delicious.

When the contest was done and all the ballots were tallied, Catherine Stealer came out in first place with her Cherokee-Style Chicken-n-Dumplings. There was a tie for second place with Jamie Tuckwab and his Corn Soup with Deer Meat and James Alloway with Beef Stew.

PTT would like to congratulate all the winners and a huge thank you goes out to all who participated!



1st Place: Catherine Stealer's Cherokee-Style Chicken-n-Dumplings



2nd Place (tie): Jamie Tuckwab's Corn Soup with Deer Meat



2nd Place (tie): James Alloway's Beef Stew



Krystal Wayman's Corn Soup

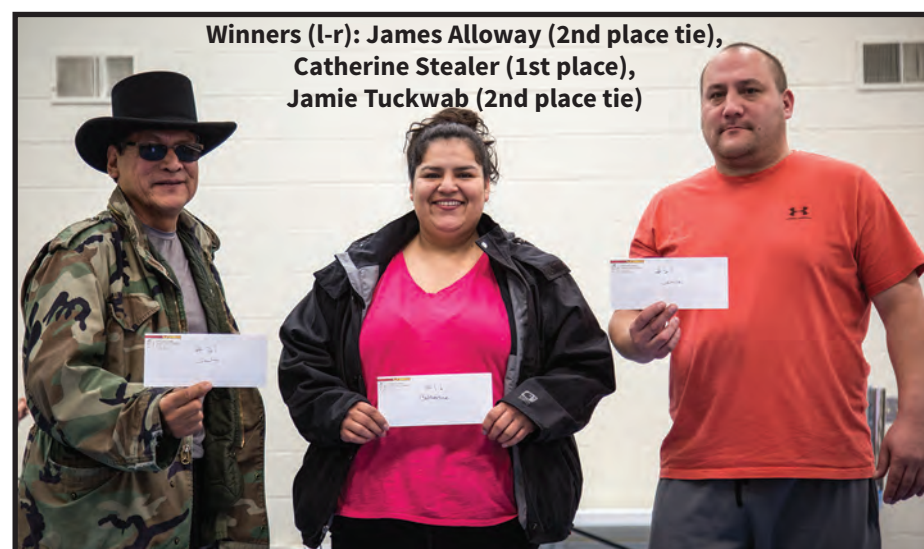


Community members casting their votes for the best dish.

photos by Autry Johnson



Brian Franz (left) and Billy Daniels Jr. visit while enjoying the yummy food!



Winners (l-r): James Alloway (2nd place tie), Catherine Stealer (1st place), Jamie Tuckwab (2nd place tie)

FCP Education Open House

by Val Niehaus

FCP Education department held its open house on Nov. 9, 2016, at its new location at 209 E. Elm St., Crandon, Wis.

Those in attendance were the FCP education department staff, administration/teachers from Crandon and Wabeno school districts, individuals from the Potawatomi Hotel and Casino in Milwaukee Wis., and about 20 students/parents from the community. Sarah Thomaschefskey, assistant division director of Education and Culture, said, "The event went really well. I think the families had a good time, and they learned a few things about the education department and staff."

The building offers one large room where most of the tutoring takes place, but there are also smaller-sized rooms where students can get more one-on-one coaching. There's still some remodeling taking place in the lower level of the building which will offer even more space to accommodate student's needs.

This is a great addition to the FCP campus. This department is here to assist any FCPC students and families. "If you weren't able to make it to the open house, you are more than welcome to stop in or call anytime!" says Thomaschefskey.



A few of the ladies from the FCP Education Department welcoming the guests as they came in.



Winter Weather Safety

submitted by FCP Emergency Management

Winter can be lots of fun, but it can also be very dangerous. Know about winter hazards in advance:

LISTEN to your NOAA weather radio for hazards:

- Freezing rain/sleet
- Winter storm
- Blizzard
- Frost
- Frostbite/hypothermia

DRESS for the weather. Always

wear:

- Winter coat
- Hat
- Mittens
- Boots
- Dress in three layers:
 1. T-shirt

2. Thermal underwear/long sleeve cotton shirt/sweatshirt/sweater, etc.

3. Winter coat
IF STRANDED:

- Stay in your vehicle
- Call 911
- Cover with blanket/sleeping bag
- Run engine and heater about 10 minutes each hour but have window slightly opened for ventilation
- Hang a flag from your antenna
- Drink fluid/eat high energy snacks

IN EXTREME COLD:

- Avoid going outdoors
- Cover all exposed skin and your mouth to protect lungs



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VISIT THE 2016

American Indian

YOUTH HERITAGE ART DISPLAY

Dec. 6, 2016 - Jan. 5, 2017

Located At

FCP EXECUTIVE BUILDING
5416 Everybody's Rd., Crandon, WI 54520
Hours: Monday - Thursday, 7 a.m. - 5 p.m.

Includes original pieces of artwork created by local tribal youth grades K-12, in honor of **American Indian Heritage Month**, that expresses *"How my heritage has influenced my art."*

Please join us for a reception with refreshments to honor participants and their families, held at the FCP Executive Building, Jan. 5, 2017, 5 p.m.

Sponsored by  POTAWATOMI TRAVELING TIMES

ARTWORK FROM 2015 HERITAGE DISPLAY



Fruit/Vegetable of the Month: Beets

submitted by Lisa Miller, FCP Community Health Dietitian

Can't Beet the Facts:

- Low in calories: 37 kcal in ½ cup
- Rich in vitamins and minerals: folate (a B vitamin), manganese, magnesium and potassium, copper and a good source of many other important nutrients.
- Eat the beet greens too! They are a great source of lutein/zeaxanthin.
- Rich in phytonutrients called

betalains. Many of the betalains have both antioxidants and anti-inflammatory properties.

- You may need to limit or avoid eating beets if you suffer from certain kinds of kidney stones. Eating beets can make your urine or stool turn red. This is not harmful and occurs in approximately 5-15 percent of people who eat beets. If you have questions

Harvard Beets

Ingredients:

- 1 ½ lbs medium-sized fresh beets (about 3 cups after cooked/sliced)
- ½ cup sugar
- 2 tsp cornstarch
- ¼ cup cider vinegar
- ¼ cup water
- 1 tsp butter

Directions:

To steam: Rinse dirt off beets. Cut off roots and stems. Fill the bottom of a steamer with water and bring to a rapid boil. Add beets, cover, and steam for 15 minutes. Beets are cooked when you can easily insert a fork into it.

When cool enough to handle, peel

beets by setting them on a cutting board and rubbing the skin off with a paper towel. You may want to wear gloves, as the color may stain your hands. Cut into ¼-inch round slices. Set aside.

In a sauce pan, mix sugar, cornstarch, vinegar and water and whisk while bringing to a boil. Continue to whisk until thickened, about 30 seconds; remove from heat and whisk in butter.

Add the beets and heat through; serve at room temperature. Salt will blunt beets' color, so add only at the end of cooking if needed.

or concerns, consult your health care provider.

Although beets did not originate on the continental United States, Native Americans have long used beets for food and art, adding rich color to their daily life.

The root and greens of the beet are both edible. The beet root is the sweetest in the root vegetable family. Sugar can be made from the sugar beet. Beets range in color from purple-red to yellow-orange. Regardless the color, the taste of the beet is very much the same.

Freezing: Raw beets do not freeze well since they tend to become soft upon thawing. Freezing cooked beets

works well; they will retain their flavor and texture.

Ideas for enjoying:

- Add grated beets to a salad or as a garnish on soup for a flavorful, colorful and nutritious addition.
- Boil beet greens for one minute for a great tasting side-dish, which is very similar to Swiss chard.
- Try one of the recipes included below.

For more information on beets and other nutrition topics, please contact Lisa Miller, RDN, CD, or Stephanie Mattson, LPN, CD, at (715) 478-4355 or cmh.FCPotawatomi.com.

Beet Chocolate Cake

Ingredients:

- ⅔ cup oil
- ½ cup maple syrup
- ¼ cup (or 1.5 oz) dark chocolate (70%), broken into pieces
- 2 cups (washed, raw) beet roots, grated (or cut in chunks and pulsed in food processor)
- 3 eggs
- 1 ½ cup flour
- 2 tsp baking powder
- 5 tbsp cacao powder
- a pinch salt

Directions:

Preheat the oven to 350°F. Warm the oil in a medium-sized sauce pan on very low heat. Add ma-

ple syrup and chocolate and stir until the chocolate is melted. Remove from heat. Add the beets.

Whisk the eggs in a small bowl and then add them to the sauce pan.

Sift flour, baking powder, cacao powder and salt together and stir into the beet mixture.

Grease a 9x13" cake pan with oil and add 1 Tbsp. dried shredded coconut (unsweetened) to prevent the batter from sticking to the pan.

Bake for 25 minutes or until slightly dark.

Recipe adapted from www.greenkitchenstories.com/decadent-beet-chocolate-cake/LATE CAKE

COME JOIN US
Open to all FCP Community and General Public

Fruit and Veggie
TASTE TEST DAY

Pear Sorbet & Beet Cake

Thursday, December 15, 2016
1 - 3 p.m.
Health and Wellness Center Main Lobby

Receive Recipes and Nutritional Information and ENTER to WIN PRIZES

8201 Mish ko swen Drive, Crandon, WI ♦ (715) 478-4355 ♦ cmh.FCPotawatomi.com

CULINARY ARTS

Get started with classes at Potawatomi Carter Casino

- Learn from Nicolet College instructors in Carter
- Start toward a career in culinary
- May be eligible for financial aid
- Begin Spring Semester 2017

Learn more at the **Culinary Arts Quick Start Event** Tuesday, December 13 • 2 - 6 pm Potawatomi Carter Casino Hotel

- Plan for college
- Set-up financial aid and payment plans
- Complete your admissions application
- Take required assessments
- Register for classes
- SAVE over \$60 on fees

Bring your official high school or GED/HSED transcripts and any post-secondary transcripts in a sealed envelope.

For more information:
 Tamarr Vollmar
 Business and Training Development Manager
 Potawatomi Carter Casino Hotel
 618 State Hwy 32
 Carter, WI
tvollmar@cartercasino.com
 715.473.6766

NICOLET COLLEGE
 5364 College Drive, PO Box 518
 Rhinelander, WI 54501-0518
 715.365.4493 or 800.544.3039 ext 4493
 TTY: 800.947.3529 or 711
nicoletcollege.edu

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World AIDS Day Dec. 1, 2016

submitted by Melanie Tatge, FCP Community Health

Human Immunodeficiency Virus (HIV) has been a global health concern since the 1980s, killing approximately 34 million lives worldwide (WHO, 2016). Every year, World AIDS Day is observed on Dec. 1, for people to show their support, advocate for HIV, and to remember those who have passed as a result of this virus. HIV is a virus that weakens the immune system, in its final stage becomes AIDS, and without treatment, individuals with AIDS survive for three years (CDC, 2016). Currently, there is not a cure for AIDS, but with medical care, HIV can be controlled. Accord-

ing to the World Health Organization (2016), individuals are recommended to get tested if they identify with any of the following risk factors:

- Having unprotected anal or vaginal sex.
 - Having a different Sexually Transmitted Infection (STI) (e.g. syphilis, herpes, chlamydia, gonorrhea, and bacterial vaginosis).
 - Sharing dirty needles, syringes or other injectable equipment.
 - Experiencing accidental needle stick injuries, including those among health workers.
- American Indian/Alaskan Natives

are ranked fifth in the estimated new cases of HIV (CDC, 2016). Approximately 44,073 new HIV diagnoses in the United States in 2014 were among American Indian/Alaskan Native individuals (CDC, 2016). One can limit his/her exposure to HIV in the following ways: using male and female condoms, receiving testing for HIV and other STIs, and not sharing dirty needles (WHO, 2016).

References:
Centers for Disease Control and Prevention. (2016). *About HIV/AIDS*. Retrieved from www.cdc.gov/hiv/basics/whatishiv.html



Center for Disease Control and Prevention. (2016). *HIV Among American Indians and Alaska Natives*. Retrieved from www.cdc.gov/hiv/group/raciaethnic/aian/index.html

World Health Organization. (2016). *HIV/AIDS*. Retrieved from www.who.int/mediacentre/factsheets/fs360/en/

FCPC Flies New Flags to Increase Awareness of Air Quality

submitted by Natalene Cummings, FCP Air Program Manager

The FCPC Air Quality Program, with cooperation from Community Health and the FCPC C-stores in

Stone Lake and in Carter, is implementing the Air Quality Index (AQI) Flag Program. The new air quality flag poles have been installed to advise people working and living in the area of what the air quality forecast for the day is, similar to the U.S. Forest Service's fire danger level signs.



Orange signals that air quality is unhealthy for all sensitive groups, including the elderly and children, and

all members of this group should stay indoors and limit activity. The more active we are, the more breaths we take and the deeper those breaths are. This means we're taking the air, and any pollutants that are in it, deeper into our lungs where it is picked up by

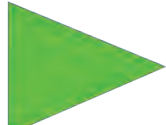



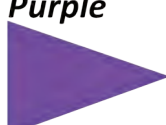

the blood cells and carried throughout the body. Individuals whose bodies are ailing may be affected by these pollutants. And because young children have smaller lungs, they breathe more rapidly than adults. With all their running around, they're breathing more deeply, which is cause for them to take in higher levels of pollutants in the air.

While we have not yet seen days that qualify for a red flag in northeastern Wisconsin, there is the possibility. Particularly if there was a large wildfire nearby or a winter temperature inversion that stayed a few days, trapping and holding air pollutants from vehicle and industry exhaust, and smoke from wood burning close to the earth's surface. And as the earth's climate changes and we see longer periods of hot sunny days in the summer, ozone and levels of particulate matter are predicted to increase and could likely be cause for the red flag to fly. But let's hope not. Clean air is one of the many reasons we all live here and why so many come from their smog filled cities to visit and vacation here.

There are many things you can do to help keep pollutant levels down,

the air quality flags on the poles will fly the flag of the color that represents the day's air quality forecast. Most often you will see the green flag, indicating that the air quality is good. And sometimes, particularly on hot sunny summer days or on very cold winter days, when we see some deterioration in the quality of the air, a yellow flag may be flying. More rarely, when air masses tend to hang around for a few days rather than moving through and dispersing air pollutants, we might see the orange flag flying.

At FCPC's C-stores in Carter and Stone Lake and at the Health and Wellness Center, there are posters hung that indicate what the colors mean and the actions to take for your health and to personally help minimize air quality impacts. Green means all is good. Yellow tells us that air quality is moderately compromised and those individuals who are unusually susceptible to small amounts of pollution, including those who easily feel out of breath, such as serious asthmatics or those with COPD or heart disease, should probably take precautions.

Colors	Levels of Health Concern	AQI range of values	Meaning
Green 	Good	0-50	Air quality is considered satisfactory, and air pollution poses little or no risk.
Yellow 	Moderate	51-100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution. Physical and outdoor activity for especially sensitive individuals should be limited.
Orange 	Unhealthy for sensitive groups	101-150	Members of sensitive groups may experience health effects. The general public is not likely to be affected. Physical and outdoor activity for sensitive individuals, including elderly and young children should be limited. Minimize use of combustion engines such as vehicles, lawn mowers, and/or wood burners.
Red 	Unhealthy	151-200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects. Everyone should limit physical and outdoor activity and avoid woodburning and combustion engines as much as is possible.
Purple 	Very Unhealthy	201-300	Health warnings of emergency conditions. The entire population is more likely to be affected. Stay indoors, limit physical activity and avoid wood burning unless necessary. Seek help if needed.
Maroon 	Hazardous	301-500	Health alert: everyone may experience more serious health effects. Stay indoors, avoid physical activity and do not burn wood unless it is your single heating source. Seek help if needed.

especially during compromised air quality events, such as driving less, limiting wood or yard-waste burning for a day when conditions for burning are better, etc., that are listed on the poster.

You can check EPA's Air Quality Index Page yourself every day to see what the air quality is and what it is forecasted to be at www.AirNow.gov. Click on the state of Wisconsin and then click on the link to Forest County Potawatomi Community to get the local forecasts. There are fun tabs on

the page that allow you to see what the forecast for the country/state are, a tab to see what the current air quality is, and a tab to observe how the air quality has changed throughout the day in 20-minute increments. Check it out.

If you have any questions regarding the flags or the air quality program, contact the FCPC Air Quality Program at (715) 478-7211.

NB3FIT: National Day of Native Youth Health & Fitness

by Val Niehaus



On November 16, 2016, the FCP Recreation, Education, and Health & Wellness departments coordinated an event that was held at the FCP Recreation building in conjunction with the Notah Begay III Foundation (NB3F). This event was called, "A National Day of Native Youth Health and Fitness: NB3FIT." NB3F is the only Native American nonprofit organization dedicated to reversing Native American childhood obesity and type-2 diabetes.

The following is taken from the nb3foundation.org website: *Since its launch in 2005, NB3F has grown its reputation and track record in Indian Country in the areas of grant making, research, evaluation, direct programming and policy advocacy. NB3F invests in and works closely with grass-roots,*

Native-led organizations across the country that are exploring promising new practices, expanding proven methods, conducting community-based research, and evaluating impact.

We are also actively involved in building and supporting regional and national networks engaged in research and policy development. NB3F is funded by foundations, tribes, and individuals. We achieve change through our network of partnering organizations and individuals across Indian Country dedicated to improving Native child wellbeing.

The main goal is to actively engage 10,000 Native American youth in physical activity or movement for at least one hour a day. This is an activity that is held throughout Indian country and not just here in this community.

Many hosted their events on November 13, 2016, but the FCPC thought if it was hosted during the week more youth would be able to attend.

The event was held for the ages of 7-18, and there was a great turnout with about 40 youth present. It consisted of an explanation of what NB3FIT is about, and then a light snack was provided for the attendees. To have them involved in an hour of activity for this day, the youth were engaged in a mean game of kickball and everyone involved had a great time. The final score was 13-11, if PTT recalls correctly. They were of course all winners because instead of sitting on the iPhone or in front of a TV they were engaged in physical activity for one hour and all enjoyed it immensely! After the game,

the youth ate Subway and did an evaluation of the event. They also gave suggestions on other physical activities they would participate in if an event like this was to be held again.

Last but not least was a random drawing for four different prizes. These included an iTunes gift card, a pair of snowshoes, a Fitbit and the grand prize was a Huffy mountain bike.

The youth and adults had a great time participating in this fitness event. It really got the youth engaged with physical activity for a good hour, and there were many smiles and laughs to go along with it.



Look at the kick!
That's a base hit!



Winners (l-r): Hunter VanZile (Snowshoes), Preston VanZile (FitBit),
Cheyenne Pamonicutt (Huffy bike) and Samara Alloway (iTunes)



Voting on the event
and writing down what
other physical activity
would be fun to do.

What's Going on in Carter?

submitted by Frank Shepard, PCCH General Manager

The casino will be closed for the holidays Saturday, Dec. 24 and Sunday, Dec. 25. We will reopen at 9 a.m. on Monday, Dec. 26.

On Tuesday, Dec. 6, we would like to show how much we appreciate our guests who come to visit us, so between the hours of 7 a.m. and 3 p.m., stop by the Carter Club booth for your early holiday gift (ornament). Limit one per person.

Secret Santa, Dec., 13, 14, 20, 21, Carter Club members can earn entries to be eligible to play to win in our Secret Santa drawings which will take place 5 - 9 p.m. The bin will be emptied after each drawing date. For every 200 points earned or redeemed, guests will receive 10 entries. We will draw one winner and verify their information. They will select between two wrapped gifts. While the first winner is at the booth, we will draw another winner. The first winner will then become a Secret Santa and hand the second gift box to the second winner for their prize. Prizes will be cash and electronic prizes. One win per person per drawing date.

Living' It Up at 50 - Every Thursday, all Club members 50 and over will receive a free entry into the drawing at the Carter Club booth where one winner will be drawn every hour from 11 a.m. to 7 p.m. for \$100. For every 250 points earned, guests receive 10 free entries and are allowed to win twice each day. Seniors earn 100 same-day base points and get a \$5 coupon off a dinner, or earn 250 same-day base points and receive a coupon for an \$11.95 value. Those that are not seniors can earn 200 same-day base points to get a \$5 off coupon for the dinner at The Flames or The Springs Restaurant, or earn 450 same-day base points for a coupon valued at \$11.95.

Ugly Sweater Contest - On Saturday, Dec. 10, Carter Club members will have the opportunity to participate in our Fourth Annual Ugly Holiday Sweater Contest. Guests will register into a category which best fits their sweater. For example: Original - Sweater without anything added to it. Modified - Sweater that bells, lights, etc. have been added. Sweaters must be HOLIDAY sweaters - not just an ugly sweater. Each category will have a 1st, 2nd and 3rd place winner. Judging will be done by supervisors and managers available not from the Marketing Department. Registration closes at 8 p.m.; judging begins at 9 p.m. In both categories, prizes will be paid out in the following amounts: 1st Place - \$500; 2nd Place - \$300; and 3rd Place - \$200.

New Year's Celebration - Come celebrate New Year's Eve in Carter.

Live entertainment provided on the casino floor by The Cougars from 9 p.m. - 1:30 a.m. Snacks and favors for all. Over \$10,000 in cash drawings will take place throughout the evening. Drawings will start at 9 p.m.: Four winners of \$500; at 10 p.m., four winners of \$1,000; at 11 p.m., one winner of \$2,016; and at 1 a.m., one winner of \$2,017 to ring in the New Year. There will be \$10,033 in cash prizes given away during the New Year's Eve celebration at night. For those that are not night owls, Carter Casino will be hosting New Year's at noon with \$5,017 in cash prizes. Snacks and favors for everyone. Entertainment will be provided by Lovin' Country from 11 a.m. to 2 p.m. Two winners will be selected at 11 a.m., and again from 1 - 5 p.m. Each winner will win \$250. At noon there will be one guest selected to win \$2,017. Daytime snacks from 11 a.m. - 1 p.m. with Mimosas served at noon and at night, snacks will be served from 7 - 10 p.m. with champagne at midnight. Ten entries can be earned for every 200 points earned or redeemed from 7 a.m. until 12:40 a.m. on Jan. 1, 2017. We will have two bins on the floor; one for each drawing time. The first bin will be removed after the 5 p.m. winner has been found. Carter Club members will receive 10 entries for every 200 points earned or redeemed for both celebrations.

BINGO!

Come in, check us out, be prepared to have some fun! Bigger, better package deals along with higher payouts. Intermission wheel spin is back!

Regular Program: All packs \$5. Regular games pay \$100; specials pay \$150 and progressives pay \$125.

Dec. 1-9, receive free paper with the purchase of an electronic package deal. Dec. 11-30, BOGO machine special.

No coupons will be accepted Dec. 30 or 31.

Holiday Cash, Dec. 21, 22 and 23. Earn Entries starting Dec. 1-23. One entry per person per day. Dec. 21 five winners will win \$50 cash. Dec. 22, three winners will win \$100 cash. Dec. 23, one winner will win \$250 cash.

Fridays in December:

\$500 Fridays - Dec. 2, \$35 packs; five regular games pay \$250, 10 games pay \$500, specials pay \$150. Guests receive \$25 in Potawatomi Play with the purchase of admission pack. Limit one Potawatomi Play per session. Purchase Package 3 or 4, get Package 1 for \$50!

Black Light Bingo - Friday, Dec. 26, Ugly Christmas Sweater. Admissions opens at 9:30 p.m.; games start at 10:30 p.m. DJ from 10 p.m. - midnight; free beer. \$12 packs and ma-

chine specials. Games pay \$100; one game paying a prize; last game pays \$1,000, consolation \$250. Costume contest prizes: 1st Place, \$100 cash; 2nd Place, \$75 Potawatomi Play; 3rd Place, \$50 Potawatomi Play.

\$500 Cash Drawing, Friday, December 30 - One lucky winner will receive \$500 cash! Must be present and playing bingo to win. Earn entries for each admission pack purchased throughout the month. Limit one entry per person per day.

Saturdays in December:

Paper Only Session, Dec. 10, with \$10 packs. Regular games pay \$75, progressive pays \$100 and specials pay \$125. Last game pays \$500! **No coupons will be accepted for this session.**

Electronic Only Session, Dec. 17 - \$60 package buy-in, limit three. Buy-in includes all of the games played (45 cards each). Twenty nine regular games pay \$125; last game pays \$500. No early birds or progressives (excluding Hot Balls) will be played. Faster-paced calling for more excitement! **No coupons will be accepted for this session.**

New Year's Eve Bash, Dec. 31, \$50 packs and \$25 extra packs. Thirty regular games pay \$300; four specials pay \$500; three specials pay \$1000; coverall pays \$5,000 in 50 numbers or less; consolation pays \$1,199. Free meal with your buy-in; drawings throughout the evening.

December birthdays - Come and

play bingo with a birthday in December and receive a free pack along with a complimentary dauber of your choice (only valid at regular session).

Electronic Buy-In Options

Carter Combo 1 - \$60, 30 Cards, One Jackpot Game, One Roulette, One Game of the Month, One Dbl. Daub Coverall, One Dbl. Daub Feather, One Winner Take All, One Triangle Game, 10 Odd # Coverall, 10 Bonanza

Carter Combo 2 - \$80, 60 Cards, Two Jackpot Game, Two Roulette, Two Games of the Month, Two Dbl. Daub Coverall, Two Dbl. Daub Feather, Two Winner Take All, Two Triangle Games, 20 Odd # Coverall, 20 Bonanza

Carter Combo 3 - \$120, 90 Cards, Three Jackpot Games, Three Roulette, Three Games of the Month, Three Dbl. Daub Coverall, Three Dbl. Daub Feather, Three Winner Take All, Three Triangle Games, 30 Odd # Coverall, 30 Bonanza

Carter Combo 4 (Best Value) - \$160, 130 Cards, Four Jackpot Games, Four Roulette, Four Games of the Month, Four Dbl. Daub Coverall, Four Dbl. Daub Feather, Four Winner Take All, Four Triangle Games, 40 Odd # Coverall, 40 Bonanza

Electronic Packages Include All Games Except Earlybirds, Pick 8 and Hotballs.

HAPPY HOLIDAYS

THE STORE WILL BE CLOSING AT 3 P.M. ON DEC. 24, CLOSED ALL DAY ON DEC. 25, REOPENING ON DEC 26, AT 7 A.M.

Present this ad to either
C-Store to receive
**A FREE 16 OZ
CUP OF HOT
CHOCOLATE**

Exp. 12/15/16





**POTAWATOMI CARTER
C-STORE/SMOKE SHOP**
Hwy. 32, Carter (Across from casino/hotel)

(715) 473-5100
Open 24 hours/7 days a week





INFANT SAFESLEEP Grandparents & Grandchildren

WEDNESDAY,
DEC. 7, 2016
4-6 P.M.



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HEALTH & WELLNESS CENTER
COMMUNITY HEALTH
cmh.fcpotawatomi.com

Dinner, Crafts
Decorate Cookies
& Education!



Forest County Potawatomi Community In-House Staff Attorney, Legal Department Milwaukee Location

The Forest County Potawatomi Community is seeking a qualified in-house staff attorney to provide legal advice and representation to a diverse client base. A minimum of five years of experience is required. Candidates must possess a valid license to practice law in the State of Wisconsin or be willing to obtain such a license within a reasonable time. The position offers challenging work, competitive compensation and benefits. Areas of practice include: Employment, Health, and/or General Corporate. A general knowledge of Indian Communities and Indian Law is preferred but not required.

If you are interested in applying for this position, please send your resume, cover letter and salary requirements to: fcpcmw@gmail.com.

LIVE2>>LEAD

AT POTAWATOMI CARTER CASINO HOTEL

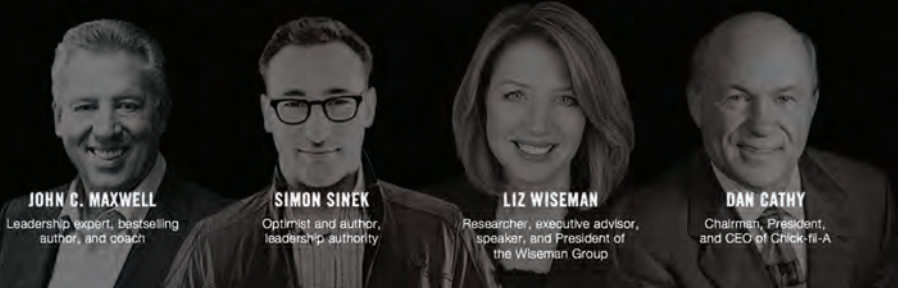
DECEMBER 7, 2016

REGISTRATION: 7 AM - 8 AM | EVENT: 8 AM - NOON

DECEMBER 13, 2016

REGISTRATION: NOON - 1 PM | EVENT: 1 PM - 5 PM

Contact Tamarr at (715)473-6766 or tamarr.vollmar@cartercasino.com to register or for more information.



JOHN C. MAXWELL
Leadership expert, bestselling author, and coach

SIMON SINEK
Optimist and author, leadership authority

LIZ WISEMAN
Researcher, executive advisor, speaker, and President of the Wiseman Group

DAN CATHY
Chairman, President, and CEO of Chick-fil-A

UPCOMING TRAININGS

LIVE2>>LEAD

John Maxwell, Simon Sinek, Liz Wiseman & Dan Cathy

• Dec 7, 2016 8am - 12pm

• Dec 13, 2016 1pm-5pm

\$49



PUMP REPAIR & MAINTENANCE — February 8-9, 2017

\$825 (Savings of \$275)



CPO CERTIFICATION — February 24-25, 2017

• Certified Pool Operator Training

\$200 (Savings of \$100)



LEADERCAST CONFERENCE — May 5, 2017

\$89 (Early Bird Rate Available Until 3.1.17)



PLUMBING & PIPE FITTING — August 16-17, 2017

\$825 (Savings of \$275)

Please contact Tamarr Vollmar for more information:
tamarr.vollmar@cartercasino.com -or- 715.473.6766



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Management reserves the right to cancel or alter any event or promotion at any time.



FCP Cultural Center,
Library & Museum

~ANNOUNCEMENT~

The museum exhibit will be
CLOSED throughout the winter
for redesign/upgrades.

The Gift Shop & Library
will remain open during regular
tribal government business hours:
Monday - Thursday, 7 a.m. to 5 p.m.

NOTICES

CULTURE

Language classes offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety - AA Meetings (#7169331 Area 74) every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. Walking in a good way...a sober way. Anyone who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-3530 or Isaiah Phillips at (715) 889-4945.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidelines.com.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej megek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

PROGRAMS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleereman, R.N., at (715) 478-4889.

SPARKS Weight Management Program - By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.
- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.



December 2016 Calendar of Events

Community Health

- 12/1 - Infant Nutrition/WIC: We-Care, 1 - 4 p.m.
- 12/6 - Infant Nutrition: HWC, 8 a.m. - 4 p.m.
- 12/7 - Infant Safe Sleep Event: FCP Museum Lower Level, 4 - 6 p.m.
- 12/13 - WIC: HWC, 8 a.m. - 4 p.m.
- 12/15 - Fruit/Veggie Taste Test Day: HWC Main Lobby, 1 - 3 p.m.
- 12/21 - Diabetes Luncheon: Museum Lower Level, noon - 1:30 p.m.

Family Resource Center

- Healthy Relationships: Mondays, Dec. 5, 12, 19, 10 a.m. - noon.
- FRC/CHOICES: Mondays, Dec. 5, 12, 19, 3:30 - 5 p.m.
- Play Shoppe: Contact FRC for dates and times.
- Circle of Sisters: Wednesdays, Dec. 7, 14, 21, 28, 1 - 3 p.m.
- FRC Girls 10-17: Wednesdays, Dec. 7, 14, 21, 28, 3:30 - 5 p.m.
- Community Talking Circle: Thursday, Dec. 1, 8, 15, 29, 1 p.m.
- PIP: Thursdays, Dec. 1, 8, 15, 29, 10 a.m. - noon.
- Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays, Dec. 5, 12, 19, 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays, Dec. 6, 13, 20, 27, 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays, Dec. 7, 14, 21, 28, 3:30 - 5 p.m.
- Youth will be picked up from Crandon school at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

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Badger-Two Medicine: Too Sacred to Drill

U.S. Interior Department Strikes Agreement with Devon Energy to Retire Contested Leases

submitted by U.S. Department of the Interior

(Nov. 16, 2016) The U.S. Department of the Interior and Devon Energy announced voluntary retirement of more than 32,000 acres of oil and gas leases from the Badger-Two Medicine roadless area. The move comes on the heels of a previous lease cancellation by the Department of the Interior, and echoes the call by many that the Badger-Two Medicine region – a vital wildland link connecting the Bob Marshall Wilderness with Glacier National Park, and an indispensable stronghold of Blackfeet culture – should not be industrialized by roads, bridges and drill rigs.

At the ceremony to announce the voluntary retirement, Interior Secretary Jewell noted, "...the cancellation of leases that were set many years ago in an area that should never have had leases to begin with. This is the right action to take on behalf of current and future generations."

"One of the core values that we have is to be a good neighbor. We certainly think this is a great opportunity to demonstrate the fact that we can be a good neighbor in this situation," said Devon Energy President and CEO Dave Hager.

"There are special places in this world where we just shouldn't drill, and the Badger-Two Medicine is one of those places," said U.S. Senator Jon Tester, who spoke at the announcement. "This region carries great cultural and historical significance to the Blackfeet Tribe and this announcement will ensure that the Badger-Two Medicine will remain pristine for both the tribe and the folks who love to hunt, hike, and fish near Glacier Park and the Bob Marshall Wilderness."

Conservation groups responded with enthusiasm, praising the leadership at Interior and Devon Energy for their work to protect Montana's natural and cultural heritage.

"It's incredibly satisfying, after all these decades of conflict and controversy, to see the players negotiating in good faith to find a solution," said Kendall Flint, president of the local conservation group, Glacier - Two Medicine Alliance. "We've always known that the key to solving this would be partners – Blackfeet, conservation, corporate, and especially federal partners, people like Sen. Jon Tester and Sec. of Interior Sally Jewell. For us, industrializing the last refuge of Blackfeet culture and dismantling our last best wildlands was never an option, and they understood what was at stake."

Flint's organization has long sought retirement of the leases, which were

sold amid heated controversy for just \$1 per acre more than 30 years ago.

The 130,000-acre Badger-Two Medicine is part of the Lewis and Clark National Forest, and is bordered by Glacier National Park, the Bob Marshall Wilderness Complex and the Blackfeet Indian Reservation. The Department of the Interior under Secretary James Watt granted the leases in the early 1980s, sparking immediate and prolonged opposition from local residents, conservationists, and the Blackfeet Nation, who have since maintained the leases were issued illegally, in violation of bedrock environmental laws, and without required tribal consultation.

Interior officials concurred, and announced a new accord with Devon Energy that retires more than 32,254 undeveloped acres.

Prior to the announcement, many companies – including British Petroleum, Occidental Petroleum and Williams – had voluntarily retired more than 110,000 acres of Badger-Two Medicine leases, noting the world-class natural and cultural heritage of the area, and its importance for wildlife traveling between the wilderness and Glacier Park. Of the few leases that remained, one – held by Solenex LLC – was canceled by Interior officials in March 2016. Two smaller leases remain, and efforts continue to negotiate their retirement. Devon's participation in this agreement makes the company the latest in a long history of corporate good neighbors, committed to protecting this world-class landscape.

"The retirement of the Devon leases is incredibly significant," said Michael Jamison, of the National Parks Conservation Association. "This was far and away the largest company left on the ground, with the largest lease-holding, and Devon's leases were right in the heart of the Badger-Two Medicine. They are absolutely the key to unlocking the conservation solution for Montana's wild open Rocky Mountain Front and Glacier Park region. We owe a real debt of gratitude to the people who worked to make this happen."

"When viewed through this lens of history, it is a milestone for conservation in North America," said Jennifer Ferenstein, of The Wilderness Society. "Montanans are proud of our natural heritage, especially along the Rocky Mountain Front. There are certainly places for industry in Montana, but the Badger-Two Medicine is not one of those. Thanks to the Blackfeet Nation and the tremendous support of our state's leaders – people such as Sen. Jon

Tester, who has worked hard from day-one to preserve this heritage for future generations. Without their leadership, these sorts of accords would not be possible."

In recent years, the partnership to protect the Badger-Two Medicine wildland has included not just statewide leaders such as Tester and Bullock, but also the Montana-Wyoming Tribal Leaders Council, National Congress of American Indians, Glacier County Commissioners, retired Glacier National Park superintendents, retired U.S. Forest Service and BLM leadership, hunting and angling groups, local ranchers and residents, and even the rock band Pearl Jam.

"It's humbling and a little overwhelming, actually, to see the many people who have come together, from so many different walks of life, on behalf of the wildlife and wildlands of the Badger-Two Medicine," said Casey Perkins, of the Montana Wilderness Association. "It's a real testament to Montana's leadership, and the leadership of the Blackfeet, that we were able to reach this settlement. People like Sen. Tester and Gov. Bullock and Sec. Jewell have shown real courage and purpose in making this possible. Each of them clearly understand the tremendous economic and cultural importance of the Badger-Two Medicine."

Tribal and community partners agreed that today's announcement is a tremendous step toward a lasting legacy of protection for the Badger-Two Medicine, and re-confirmed their commitment to achieving retirement of the

region's last two remaining leases.

"This is a landmark moment in the decades-long battle to protect the Badger-Two Medicine region, and future generations will be even more thankful for it than we are today," said Tim Preso of Earthjustice. "But the fight is not over. We will continue to advocate for this wild, sacred landscape until the last threat to its integrity is removed."

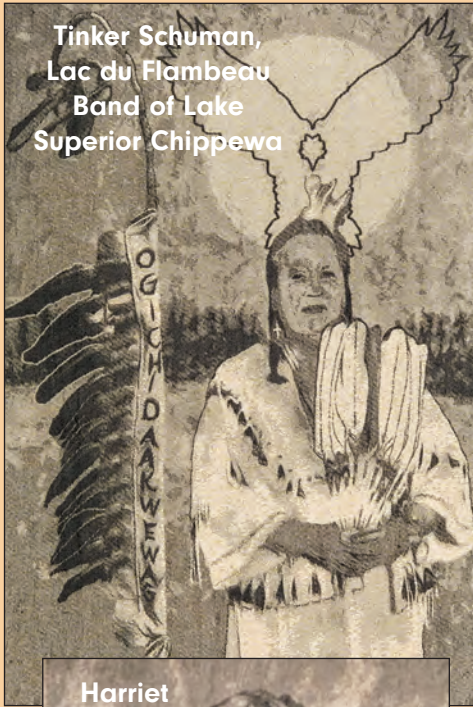
The 1980s-era leases have long stood in stark contrast to a legacy of conservation throughout Montana's Rocky Mountain Front region. Beginning with the establishment of Glacier National Park in 1910 and bolstered by creation of the Sun River Game Preserve in 1913, conservation measures have since included: the creation of Waterton-Glacier International Peace Park (1932); Sun River Wildlife Management Area (1948); Bob Marshall Wilderness Area (1964); Scapegoat Wilderness Area (1972); Great Bear Wilderness Area (1978); and passage of the Rocky Mountain Front Heritage Act (2014). Within the boundaries of the Badger-Two Medicine roadless area, recent conservation measures include a Congressional ban on any future federal oil/gas leasing (2006), and a prohibition on motorized travel (2011). The entire Badger-Two Medicine region has been designated a "Traditional Cultural District" under the National Historic Preservation Act, in recognition of its importance to Blackfeet tradition and culture.

Pow-Wow Trail December 2016

Dec. 31
LCO New Years
LCO High School
Hayward, Wis.
(715) 634-8924

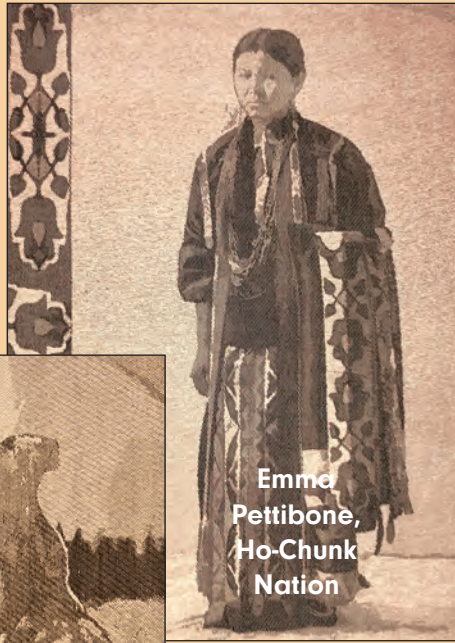
Dec. 31
Menominee New Years
High School Gym
Keshena, Wis.
(715) 756-2354

Dec. 31
Sault Ste. Marie Sobriety
Chi Mukwa Rec Center
Sault Ste. Marie, Mich.
(906) 635-6050
www.saulttribe.org

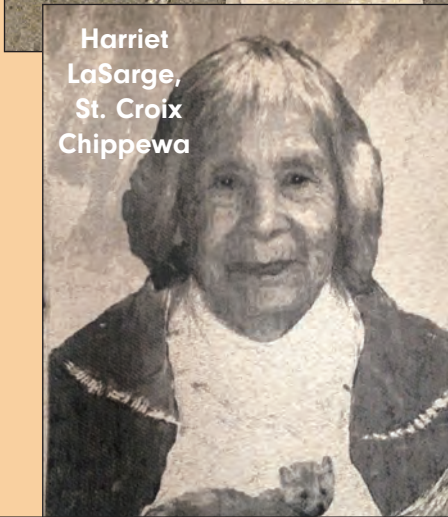


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Band of Lake
Superior Chippewa

...continued from pg. 1
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River Studio at (715)
476-2828 or manitowish@centurytel.net.



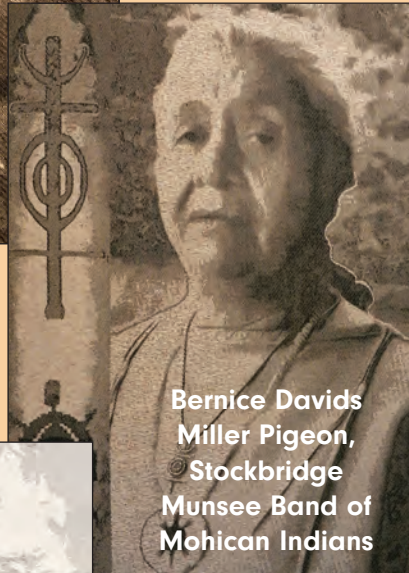
Emma
Pettibone,
Ho-Chunk
Nation



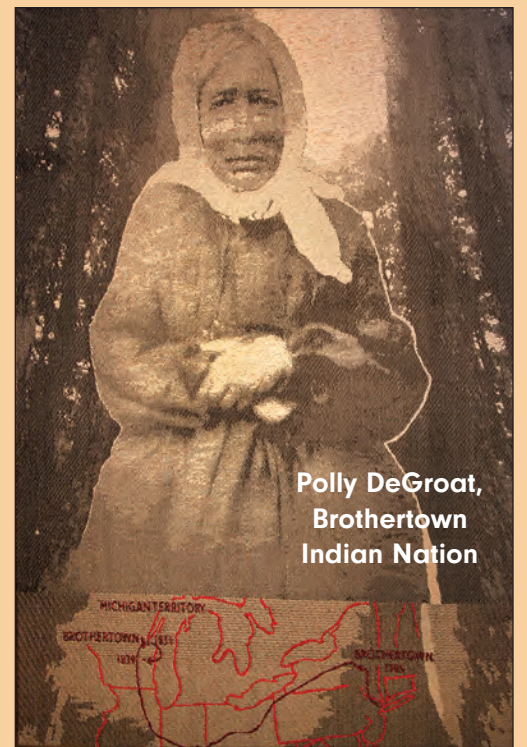
Harriet
LaSarge,
St. Croix
Chippewa



Alice Ackley,
Sokaogon Chippewa



Bernice Davids
Miller Pigeon,
Stockbridge
Munsee Band of
Mohican Indians



Polly DeGroat,
Brothertown
Indian Nation



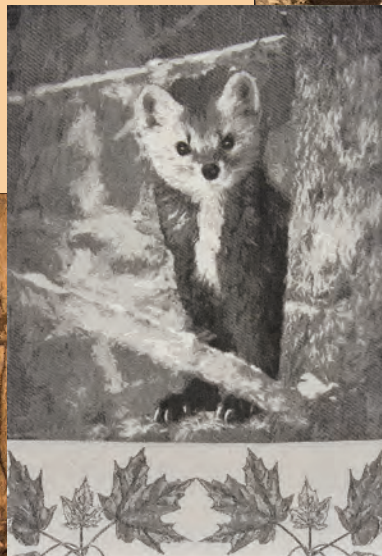
Diana Miller and her
grandmother, Louise Amour,
Menominee Indian Tribe



Birch Bark
Canoe Building



Maple Sugaring



Wild Ricing