

POTAWATOMI TRAVELING TIMES

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Meno Keno Ma Ge Wen 2015



by Autry Johnson, Summer Youth Employment Worker

This year was the 22nd Annual Meno Keno Ma Gē Wen traditional pow-wow in Carter.

This year had a great turnout; however, the weather was quite hot. That didn't stop most dancers from supporting the local pow-wow, resulting in many dancers in the arena - both Saturday and Sunday - with temperatures around the mid 80s and high humidity.

Many people of different tribes in and around Wisconsin were in high attendance, with many ways of dancing and entertainment Saturday night during the break with a moccasin game between youth against different tribes.

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Friday, the annual princess competition was held where dancers of Potawatomi heritage competed for the 2015 junior and senior places. Symone Pemma, age 9, from Carter, Wis., was awarded the Junior Princess title resulting in her being happy.

"I wish to represent the FCP nation in a positive way in pow-wows around the state," said Pemma, telling me about how she likes to dance and has been dancing for a very long time.

Senior Princess was awarded to Ceyenna Boychief from Hannahville, Mich.

"I wish to make a good role model for kids older and younger than me," she said during an interview.

Both princesses danced hard to earn their titles along with much other competition; also alongside many dancers in general during the hot heat over the weekend making a great turn out around the dance arena.

New Junior Princess:

Symone Pemma (Wazhok), 9 years old attending Wabeno Elementary School, has been awarded the 2015 Meno Keno Ma Gē Wen junior princess title. Her legal guardian is Ruth Pemma, and she is the granddaughter of Pete and the late Bertha Pemma.

She prepared for the experience by going to many powwows, especially contest powwows to practice. Starting to dance at the age of 3, many people have seen her flourish her dancing tech-

nique throughout the last couple of years.

"I went to my Aunty T's house to dance and practice also," she replied with a bright smile when I asked her.

When asked why she wanted to run for royalty, Pemma responded, "I want to represent FCP at a lot of powwows." She is a very bright kid with great potential and wants to be a role model for the youth around the area.

"To make my family happy for representing" was another reason for running. Knowing her family, they're already happy for her great potential in her education, tribal community, and how she helps her elders.

She plans to attend many powwows to represent her royalty, going to many powwows within the state and out of state. Her interests are very much like her family for liking to play basketball, play outside adventure around, and playing with her tablets of course.

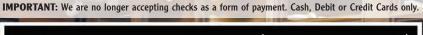
She has great potential in life and would like to thank her family for supporting her in and outside of the dance arena.

continued on pg. 3...



New royalty: (I-r) Ceyenna Boychief, Senior Princess and Symone Pemma, Junior Princess







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If we don't have something you're looking for, let us know. WE WILL do our best to find it!

Message From FCP Veterans Post 1

Our primary goal is to honor all military veterans and their families. The FCP Veterans Post 1 is committed to serving and supporting our veterans and their families; to aid FCP and native veterans in both conventional and traditional values; to help guide, assist and refer our veterans to other venues when necessary.

The Color Guard will continue to take part in Veteran's funerals and other ceremonies and hope to add rifles and an electronic bugle to our equipment. The Color Guard participates in grand entries at pow-wows and other events around Wisconsin and surrounding states to promote the Forest County Potawatomi Community and to show support for other tribal

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon. Please join us!

FCPC Gte-Ga-Nes Preschool

We are currently recruiting children for the 2015-16 school year. Enrollment is open to children who are 3 years of age by Sept. 1, 2015. For more information, please contact Leslie at (715) 478-7359, Rebecca (715) 478-7350 or Peggy at (715) 478-7347.

> Deadline for the Sept. 1, 2015 issue is Wednesday, Aug. 19, 2015.



POTAWATOMI TRAVELING TIMES

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520 phone: (715) 478-7437 • fax: (175) 478-7438 email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

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FCPC Wins Award

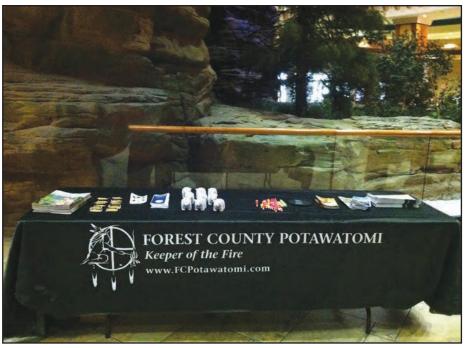
submitted by FCPC Natural Resources Department

The Forest County Potawatomi Community (FCPC) received an award in appreciation for the support and endorsement of the Wolf and Wildlife Conservation and Coexistence Initiative, a collaborative conference held at the Ho-Chunk Convention Center in Baraboo, Wis., on July 15-16. The conference was organized by Melissa Smith and Jon Thundercloud of the Friends of the Wisconsin Wolf, Adrian Treves of UW-Madison's Nelson Institute for Environmental Studies' Carnivore Coexistence Lab, and Jodi Habush Sinykin with Midwest Environmental Advocates, and was co-sponsored by the FCPC and Ho-Chunk Nation. The event aimed to provide a platform for concerned scientists, tribal officials, conservation groups, citizens, and democracy experts to discuss trends in current wildlife policies across the Midwest and the loss of the democratic process in natural resource decision-making.

While contentious wolf policies across the Great Lakes region and beyond were the catalyst for the conference, the event evolved into a broader discussion about the systematic removal of public and tribal input in the natural resource decision-making process, including the extent to which legislative actions are severely impacting tribal lands and resources. Discussions included topics such as state wolf hunts, recent relaxations of environmental protection laws involving mining, chronic wasting disease in deer, captive game farms, and non-lethal methods for coexisting with large carnivores.

FCPC Wildlife Resources Program Manager Heather Stricker gave a talk on tribal treaty rights involving wildlife resources and analyzed state wildlife policy issues and the imperative for co-management with tribes. She explained that in areas where reservation lands are distributed in a checkerboard pattern with no exterior boundary, off-reservation activities have a profound impact on-reservation. These activities include mining, wildlife population depletion, pollution, and more. States must, therefore, work with tribes to find mutuallyagreeable solutions to modern problems and reduce the impacts on tribal resources. FCPC also had an informational booth at the event.

Several other tribal biologists from Wisconsin and Michigan presented topics relating to tribal wildlife management. Interestingly, state wildlife biologists and officials were not allowed to attend the event. Several action groups were formed as a result of the conference, and the event is planned to occur annually. Next year's event is scheduled to be hosted by FCPC.



(above) The FCPC Natural Resources informational table. (below) The Howls of Appreciation Award.



Meno Keno Ma Gē Wen 2015

...continued from pg. 1

New Senior Princess:

Ceyenna Boychief, age 15, from Hannahville, Mich., won royalty for the 2015 Meno Keno Ma Gē Wen

She is the daughter of Gina and Duane Boychief, granddaughter of Maryland and Quintin Shawano. Boychief attends Hannahville High School.

She has prepared a lot for this experience. She told PTT that she prepared by attending many powwows throughout her life, both dancing and spectating and also has a lot of confidence that helped her prepare to be princess.

"Being royalty sounds fun," Boychief told PTT when asked why she wanted to compete for royalty. She then explained that representing the Potawatomi people and making a great image for the kids above and below her age while showing good examples and how nice she is are other reasons.

While being princess, she hopes to take many more Potawatomi language classes and to travel to more powwows to represent her royalty of the FCP around the country and maybe even some others. Helping elders is also a must for her as she plans to always help her elders out no matter



(July 28, 2015) - With much regret, the ATV Accident Full-Scale Exercise scheduled for October near Cloud Lake on Hwy C in Wabeno is cancelled due to the lack of outside responders' participation caused by shortage of personnel. The FCPC Emergency Management Department and Tribal Response Team is diligently working on another exercise for the Stone Lake Community. When details are completed, notification will be sent.

ATTENTION TRIBAL MEMBERS

The Housing Department is looking for Tribal Members who are willing to showcase a picture of their home in an informational brochure put out by our department. The brochure contains helpful information regarding homeowner's insurance - your pictures would merely serve as a background. If anyone is interested, please contact Katie at Katie.Kulinski@FCPotawatomi-nsn.gov or (715) 478-7228, or feel free to call Tribal Housing's main number at (715) 478-7270.

Last Day of Summer Day Camp

by Val Niehaus

July 30, 2015, marked the last day of the six-week Summer Day Camp (SDC) program. The day was one of mixed emotions for everyone with the students feeling good about their accomplishments and all they learned and yet some of them were feeling pretty sad because it was all done for this summer.

Tom Boelter, FCP Education Division Director, opened the event with a few words about how proud he was of both the youth and staff for making it through this six-week program and how he thought is was so beneficial for both student and teacher.

Hartford Shegonee, FCP Vice Chairman, also was present to provide some words of wisdom to the youth who had participated in this program. He shared with the young people some personal history and discussed how the first job he ever had taught him how to be a good worker and that lesson has served him well his entire life. He shared, "It's good to see some of you kids working now a day. Its good to see some of you saving your money and not living paycheck to paycheck." One of Shegonee's points of emphasis was "Leave that alcohol alone and those drugs alone, there is no future in that. It isn't meant for our people...or any kind of people."

Next to speak was Nate Gilpin, FCP Council Member. When he spoke to the youth, he, too, stressed the importance of staying away from alcohol and drugs. The main focus of his talk concerned the importance of how people treat themselves and one another especially the younger generations. He said, "Be strong for yourself and the people around you. We all have strong spirits and let that spirit shine. Let other people see it." He also mentioned, "Being young warriors, the best thing we can do for people is pray for one another at the end of the day." He asked that these youth remember those words as they leave this program.

The final speaker was Jim Crawford Jr., FCP Council Member, and he, too, was able to lend his words of advice to these youth. His story was also very personal as he discussed his time in college and made it clear to the youth how important education can be in their future. He again reminded them of their responsibilities across the generations saying, "It is very important that you older kids are leading these younger youth." He then reminisced about his time in college and told how the roommate he was assigned asked for a transfer from their room because Crawford was Indian. Crawford used this situation to make his points very clear to the youth who

were in attendance saying, "Don't let people make you give up. Because at first I could have stopped school, I could have gone and found the guy and did something bad to him but I didn't. I chose to be the better man and to continue on and get the best education I could." The point of his story was that there are going to be people like that and other things that will put up roadblocks in life. But he made his point clear, "You're going to have the choice in your life to give up or keep going. That decision no one else can make for you. You always have the opportunity to do the best you can do because you are here to serve a purpose."

After hearing some very wise words from these leaders in the community, the youth had the opportunity to do one more exercise with their teachers and fellow youth and to reminisce about all they had learned during this camp. Almost every youth was able to tell the visitors in attendance what they learned about in SDC, and it was good for them to hear from each other what they felt had been accomplished this session.

Once this activity was done, Boelter told a story that he had once learned from his elders. He stressed the importance of passing these things down to the next generation as he himself tried to do with his helpers during this year's SDC. Following that, he introduced each of the six teachers who had helped lead these groups, and it was noted that each of them is Potawatomi. The six teachers then had the opportunity to tell everyone what "they" learned from the students themselves which emphasized that learning is always a two-way street.

At the end of the program, there was a special event planned. It was a mini pow-wow, which included a range of dancers from the old to the very young. The group Fire Nation was at the drum, and they were joined by some of the teachers who helped with the drum—it was another powerful thing for the youth to witness.

All in all, SDC was very successful this year and offered a great opportunity for the teachers and the youth to learn from one another. It kept the youth busy through the summer with different activities while they also learned important values and culture from their teachers. It's a bittersweet ending to the summer, which is a testament to the success of this year's camp. Everyone involved is looking forward to the future of this camp and what else it will bring in the next year.



The students and teachers participating in one last exercise and recapping their seven teachings.



Tom Boelter introducing the teachers. (I-r) Keeanna Armstrong, Gloria Gutierrez, Brittany LaMere, Brooks Boyd, Donald Keeble, and, not present at time of photo, Frank Shepard.



Some of the dancers who took out time from their day to help honor this event and the youth. Some are SDC youth.



Participants dancing an intertribal for the youth and teachers.

Summer Day Camp...The Last Few Weeks

by Autry Johnson

Summer day camp has really been successful, especially with training the kids for hands-on events for hands-on training, entertainment, and even going to a zoo.

A couple of weeks ago the kids of the summer camp went to the tribal emergency management department to learn how fires are dangerous and how to put them out using a fire extinguisher.

Both Mike and Bobbie showed the kids the emergency routine of RACE when seeing a fire, which is to help, determine whether to try and contain the fire or to evacuate the area of which the fire is in.

They also taught them the PASS technique to properly set a fire extinguisher along with the different classes of fire from A, B, C, D, and also K which lists what type of fire they can classify into giving a lot of knowledge to the kids to know if they can handle them or not.

The next day kids were able to go to Wildwood Wildlife Park and Nature Center to go and find many animals domesticated, wild, and exotic within these places. Many of the kids enjoyed

being able to pet many adorable baby goats, seeing lemurs, and also peacocks. The kid's enjoyed seeing many of the wildlife exhibits and showcases.

Following that week, the kids were able to be surprised with a magician on Tuesday afternoon, getting to watch Jim Lenz the Magician perform an entertainment show.

Lenz has performed around the world including Asia, Canada, and mostly the mid-western part of America; however, most of his shows are within his home state of Wisconsin.

Throughout the afternoon he was able to entertain the kids with both magic and science. Levitating kids on a chair only balancing them by their neck, or even slight of hand with illusions that still may twist some of their minds.

"The last couple of weeks were really fun," says one of the youth shouting out comments while I took photos. The youth really told me that they look forward to next year hopefully being able to participate with the camp becoming more educated. The summer so far has been really fun for a lot of the youth.









Summer Youth Employees 2015



Maskwankot Daniels and Brevin Boyd, Maintenance. Not present during time of photo Jeff Cisneros. photo by Val Niehaus



Richard Alloway and Mikiya Alloway, Cultural Center,
Library & Museum. photo by Autry Johnson

Young Warriors Third Outing

by Val Niehaus

The mentors group Young Warriors (YW) had its third outing of the summer with a campout at Bug Lake in Stone Lake, Wis. Out of all the outings they have had thus far, this one had to have the most rearranging of the schedule due to the temperatures experienced over the weekend. The high temperature was usually around 83-85 degrees with a very high humidity, and this made some of the physical activities planned very unpleasant and a little risky for the youth. As a result, the major part of the day was spent swimming to stay cool and then a few of the more structured activities were relegated to the evening after the temperature and humidity dropped a bit. All of the planned activities were, therefore, not able to be included in this outing, but safety is the priority with

events such as this. The youth seemed to have a good time regardless.

Jamie Tuckwab again tried very diligently to get a fire started with the Bow Drill. After trying some new things with it in an attempt to get a fire going, it still did not work quite as was hoped. The Bow Drill method of starting a fire is quite complicated as far as the technique itself and takes time to master. The boys have been taught the mechanics of how to do it and hopefully will continue to work on it themselves. Once they have the technique perfected and working smoothly, the hope will be that they will be successful in actually starting a fire with this tool. It clearly is one of those tools that make you appreciate the efforts that went into developing it in times past.

The hot weather did not have too

major of an effect on fishing. Fishing doesn't take a lot of physical exertion so they had the opportunity to do quite a bit of this. As the little pan fish in Bug Lake were, in fact, biting quite well, the boys were able to each catch several fish. They didn't catch "keepers" but were able to put to use some of the fishing skills they have learned. They had a good time with a little friendly competition between each other seeing who could "out catch" who.

Later in the evening when it cooled down, the YW were able to go to Arlyn Alloway ball field and practice their skill in archery and further practice at improving their skills with the Atlatl system that they had been instructed on previously. Even though the temperature was still nearing the sweltering range, the YW enjoyed their time shooting the bow and arrows.

Once night fell they then had story time as usual. Most of the young men get a little bit scared by some of the stories Tuckwab shares. But after all this time these young men have been spending together, these tales will be great memories for them later in their lives. During and after these outings, *PTT* regularly asks these young men how they enjoy this time and the answer is always the same—"fun" is the universal description of these campouts. A successful outing is one that is fun while being educational and that certainly would describe the Young Warrior outings.

Tuckwab would like to thank Jordan Keeble for his time and patience during this outing and also extends his gratitude to all others who may have lent a hand in the ongoing success of these campouts.







From Log to Basket

by Val Niehaus

A Black Ash Basket Making Workshop was held July 27-28, 2015, at the FCP Natural Resource Department. This class was funded through a USDA-APHIS grant for invasive species outreach. Jennifer Mabrier, Environmental Education Coordinator, quoted, "I really wanted to put it on again since the Emerald Ash Borer (EAB) was found in Rhinelander, Wis., last October. It will probably only be a matter of time before it gets here."

The two very capable instructors and obvious lovers of the art of making these baskets were Josh Homminga, Sault Ste. Marie, Mich., Tribal Member, and partner Sarah Bedell, Bay Mills Indian Community Member. Homminga learned the art of making these baskets from his great aunt and uncle, and he has been working in this art form for the past six years. Bedell subsequently learned her skills from Homminga, and she has been working at this for the past three years.

Both of the instructors said, "You can still use an ash tree for baskets after

the EAB has gotten it. The threat is more about the ash trees dying faster than new ones can grow." The couple has been saving ash seeds in case this happens.

EAB attacks the trees themselves when the adult females lay their eggs in the bark. The larvae then hatch out and live under the bark itself where they eat away at the tree's living tissue. This stops the tree from being able to get the water and food it needs to live. Once the EAB gets to a stand of ash trees, it can kill up to 96 percent of them within just six years. EAB is most commonly transferred and the infestation is spread through the transporting of affected firewood from one region to another.

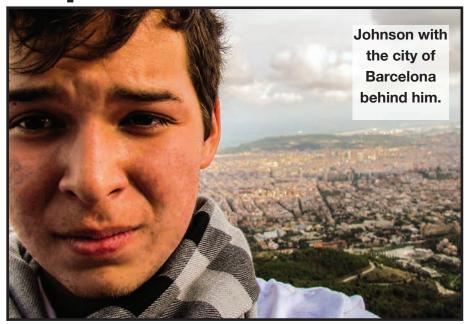
There were a total of 10 people who participated in this Ash Basket Making Workshop, and each took away a special part of their heritage with them. Mindy McPherson said, "I like learning how to make it without using tape or glue or anything." One thing that Mabrier commented on was, "I learned that you can store strips



for a long time, and they can still be used later. Homminga and Bedell said they were given some strips that were 30 years old, and once they soaked them it was like they came from a fresh log." So with that said, if most of the ash trees get wiped out, there will be seeds to replant and if these strips are taken from the ash trees now, the basket-making materials will still be around for a long time to come.

In conclusion, both Homminga and Bedell did an excellent job running this class. Everything went very smoothly, and they came prepared with extra strips for people to start using right away. They were also extremely knowledgeable about the EAB and how they are preparing in an attempt to make sure this art form does not die for them and their family if the ash trees die. They said, "We have younger children who aren't quite interested in making the basket itself as of yet, but they watch us do it and see the steps we take in making the basket. That is what gives us hope that this tradition won't die with us. That it will carry on with them and their children one day."

Inspiration at *PTT*



by Val Niehaus & Autry Johnson

Since the Summer Youth Employment Program (SYEP) started back on June 15, 2015, PTT decided to highlight its SYEP employee. Not only do we here at *PTT* feel this is a great program to get younger generations out into the real work world, but we officially grow close to each employee we have here in some certain way. Autry Johnson is a young man who seems older than his means...actually many of us here in the office believe he isn't even a high school student due to his maturity level. In collaboration with Johnson we worked on this little "get to know the SYEP worker". The following are the questions asked with the responses by Johnson himself.

Basics: Age, school, grade, grand-parents, siblings?

I have 16 years of age, I attend Crandon High School and I am an upcoming junior. I am the son of Johnathan Johnson and Corena Whitecloud; my grandparents are Lee White, Thelma Johnson, Athena Goetz, and Johnny Whitecloud. I have four brothers and four sisters.

Interests: Languages known? Countries/states visited?

I know English, Castilian Spanish (Spain) and am proficient in French. I plan on taking language classes of my native language of Potawatomi. I have visited Spain, France, and Italy; however later this summer I am planning a trip to Spain, France, Netherlands, Sweden, and Italy. This January I have hopes of going to the UK with Jeffrey Keeble Jr. My hopes are to learn many more languages throughout my high school, college, and life careers.

Extra schooling that you are taking to advance yourself, or what have you already done?

I've taken some online college classes to help gain knowledge for myself and for the careers that I am interested in. I advanced my Spanish by studying abroad for a semester in Murcia, España (Spain), and I also hope to be able to go to Brazil for an academic

year my senior year.

I have been attending a scholarship program for University of Madison. It is a pre-college prep program, and I am able to take college level classes; however, next summer I will be attending a six-week internship with this program.

What drives you to succeed in life? Your inspiration?

I was once told that I would never succeed from my background, that I was stupid; however, knowing this is untrue I hope to show that person wrong, and anyone can be successful with hard work.

Cultural activities? Where/who did you learn them?

I dance at powwows as a grass dancer I believe since I was 5 years old, my father had taught me how to dance. I also attend cultural services occasionally with mostly family members and elders.

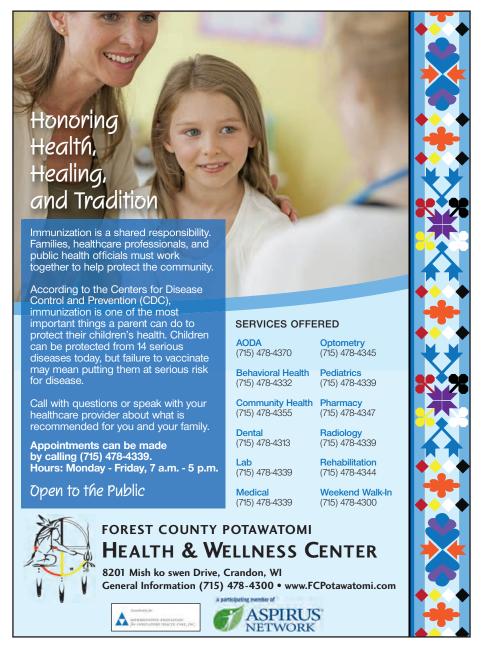
What do you say to the younger people who look up to you or are interested in what you do?

Education is powerful, getting a great education can define you for your future self, and you can do anything powerful with education big or small.

What would you say to anyone who wants to do what you have done?

Studying is great, but always take breaks to give your brain a break. Always try to get the full value for whatever you are trying to study and always ask questions no matter how many or strange they may be related to the subject

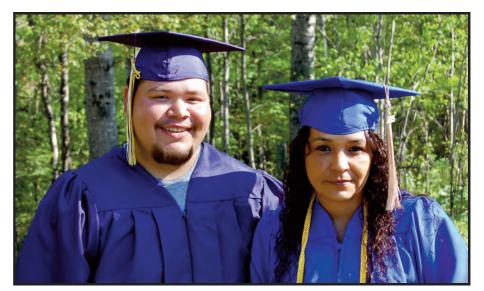
This in part shows how ambitious and adventurous Johnson is in his young adolescent life. *PTT* hopes that not only the community takes away from this, but also the younger generation in showing what this young man has already accomplished just by the age of 16 years old. Anything is possible if you want it. There are people out there to help and to give guidance, but it comes with yourself making the choice of what you want out of this life.





Tribal Member Attains Degree

submitted by FCP Education Department



Rosetta Keshick (r) and son Terry Keshick (I), who just graduated the same time from high school. submitted photo

The Education Department is excited to announce that tribal member, Rosetta Keshick, this past spring graduated with her Bachelor's Degree in Business Administration Management with honors from Lake Superior State University.

Rosetta lives outside of Escanaba on the Hannahville reservation with her husband and 17-year-old daughter. She has been a stay-at-home mom raising her four children for quite a while, but her goal is to find a job she likes so much that she doesn't consider it work. She knew that getting a college education would open new doors for her and help her to land her dream job.

Rosetta graduated high school in Escanaba, Mich., from a special teenparenting program in 1990. Rosetta mentioned how difficult it was going to college at her age but said her children and husband encouraged her to keep attending.

Rosetta started her college career in 2007 at Bay College in Escanaba. She received two Associate Degrees in the business field and then continued taking classes at a regional center for Lake Superior State University, located at Bay College. She tried taking as many

night and weekend classes she could while raising her children.

Rosetta wants to thank her children for encouraging her to finish school. "Going back at this age is really, really hard," Rosetta said. She also wants to thank her husband for keeping her spirits up and noted that she would never have finished her degree without his encouragement. Rosetta's family had to deal with her missing family functions and activities because she had classes and schoolwork to do.

The higher education scholarship program made available from the tribe helped to push her to finish her degree. "Tom (Boelter) helped a whole lot along the way, and Joy was a true joy to work with and made the process easier," Rosetta mentioned.

Rosetta gave a few tips for tribal members that are thinking about going to school. "Set a goal and work towards that. Make yourself a schooling spot in your house."

If you are interested in learning more about the Forest County Potawatomi's Higher Education Grant Program, feel free to contact Jason Bertrand, the Higher Education Coordinator at (715) 478-4171.

GRAPHIC DESIGN Menus Brochures Certificates Newsletters Business Cards Envelopes Postcards Calendars Letterhead Billboards Flyers Posters Booklets Cards Logos Forms **POTAWATOMI** TRAVELING TIMES 8000 Potawatomi Trail | PO Box 340 Crandon, WI 54520 | (715) 478-7437 times@FCPotawatomi-nsn.gov | FCPotawatomi.com

State WIC Rolling Out Electronic Benefits Transfer System

submitted by Jennifer Miller, WIC Program

The state Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is transitioning to an Electronic Benefits Transfer (EBT) system, replacing the paper food checks used at grocery stores with a swipe card similar to a credit or debit card, state health officials announced. The new system is called eWIC (PDF, 3.7 MB).

"By bringing online EBT processing into the WIC program, we provide additional tools to improve accountability and program monitoring, reduce errors and make it easier to detect and prevent fraud," said Kitty Rhoades, Department of Health Services (DHS) Secretary. "In doing so, we make sure that program resources reach those who truly need nutrition assistance for healthy pregnancies and healthy child development."

The move will improve WIC processing for grocery stores, pharmacies, and WIC participants by improving customer service and reducing confusion about which items are authorized for purchase. "Grocery stores and pharmacies are important partners in implementing eWIC and DHS has worked closely with them, providing extensive training on the new system," Rhoades said.

Rhoades noted that eWIC will help continue the program's responsible use of taxpayer dollars. According to the National WIC Association, every dollar spent on a pregnant woman in WIC saves up to an estimated \$4.21 in Medicaid because WIC reduces the risk for preterm birth by 25 percent and low birth-weight babies by 44 percent, helping to lower associated medical costs. The average first-year medical cost for a premature/low birth-weight baby is \$49,033, compared to \$4,551 for a baby born without complications.

The program provides prescribed nutritious foods and nutrition and breastfeeding education to low- and moderate-income women and their children up to age five at risk of developing nutrition-related health problems. Under the eWIC system, WIC participants will continue to receive the same foods, nutrition education and support they receive currently.

The eWIC roll-out started in WIC project offices and grocery stores in the western part of the state and will finish in the southeast WIC counties by the end of September. In Wisconsin, 70 local WIC projects serve 110,000 participants in 75,000 households, and there are some 1,200 WICauthorized grocery stores and pharmacies. On average, women participate in the program for 13 months. Eligible children who participate in WIC are more likely to receive regular preventive health care, show improved cognitive development, have increased diagnosis and treatment of childhood illnesses, and receive recommended immunizations.



PHC's Miracle on Canal Street Changes Name, Chooses 'Charity of Choice'

submitted by Corri Hess, PHC Public Relations Specialist

MILWAUKEE (July 28, 2015) -For more than 20 years, Potawatomi Hotel & Casino has contributed millions of dollars to children's charities across southeastern Wisconsin through its signature program, Miracle on Canal Street.

Beginning this year, Miracle will now be known as Heart of Canal Street, to better illustrate its place in the community.

"Potawatomi Hotel & Casino is in the heart of Milwaukee and the heart of the Menomonee Valley," said Mike Goodrich, Potawatomi Hotel & Casino general manager. "Our heart has always been at the center of our giving. And now it's in our name -Heart of Canal Street."

In addition to this change, the casino has selected a "Charity of Choice" to partner with.

The first \$100,000 raised this year will be given to a program that addresses the most critical issue facing youth in our community - violence in the central city.

Our partnership with Milwaukee Area Workforce Investment Board's pilot program, Youth Works MKE,

will work to help reduce the effects of gun violence in Milwaukee.

"Potawatomi's ongoing commitment to supporting our youth is extraordinary. We are thrilled to have been selected as their charity of choice," said Earl Buford, President and CEO, Milwaukee Area Workforce Investment Board. "Youth Works MKE will expand upon our successful youth programs. We are looking forward to implementing this new evidence-based model."

This program will complement Milwaukee Mayor Tom Barrett's successful Earn and Learn program. Youth Works MKE was modeled after One Summer Plus, a Chicago-based program that combines a part-time summer job with proven cognitive behavioral therapy-based programming. Participants in the Chicago program showed a 51 percent reduction in violent-crime arrests seven months after completing the program.

"I would like to thank Potawatomi Hotel & Casino for investing in the young people in our community," said Milwaukee Mayor Tom Barrett. "By providing funds to launch this visionary new program, they will help young adults become productive members of our future workforce."

Since its inception in 1994, Heart of Canal Street has contributed more than \$14.6 million to hundreds of charities.

Potawatomi Hotel & Casino is excited to partner with the Milwaukee Area Workforce Investment Board to help bring this program to Milwaukee.

ABOUT HEART OF CANAL

Heart of Canal Street is Potawatomi Hotel & Casino's signature community program that raises funds for children's charities in southeastern Wisconsin. The program has raised more than \$14.6 million for hundreds of area organizations since 1994. It began as a way to carry on the Potawatomi tradition of nurturing younger generations so they grow to lead healthy, productive lives. The majority of funds are raised through our bingo department. During each bingo session between August and December, players can choose to participate in the Heart of Canal Street Bingo game. Half of each \$3 game purchased goes to the Heart of Canal Street fund, which

totaled more than \$1 million last year. Money is also raised through beverage specials, a special poker tournament and

ABOUT YOUTH WORKS MKE

The goal of Youth Works MKE is to link teens at risk of criminal involvement with subsidized jobs and supportive services including mentoring to increase employment skills and positive engagement while preventing participation in criminal and delinquent activities. In addition to income, early employment offers an important foundation for a lifelong link to the world of work which includes the intrinsic rewards of completing tasks; knowledge of how to act, dress and communicate professionally; and familiarity with navigating employee-supervisor relationships. Youth Works MKE is modeled after a program implemented in Chicago – One Summer Plus – which resulted in a 51-percent decline in violent crime arrests for participants. The impact Youth Works MKE seeks to make is truly life-changing, building lasting improvements in outcomes for the youth in social-emotional learning and connection with employment and mentoring.





FCPC Tribal Members Participate in PH&C Pathways Tribal **Internship Program**

submitted by Julie Flanigan, PHC Internal Communications Specialist

Alexis Harris and Clarissa Friday spent six weeks rotating through departments at Potawatomi Hotel & Casino (PH&C). The internship program was designed to provide valuable business experience and cultural in-

Harris, a UW-Milwaukee student, is studying business marketing, and Friday is a photography student at the Milwaukee Area Technical College. Both joined the program with hopes to understand how the business is run and the role it plays in the tribal community.

Week one began for the interns just as it does for every new team member— participating in a four-day new team member orientation.

"It was a good way to start because when you come in with other team members new to the casino, you feel like you're joining the team with them," said Friday.

Following their orientation training, the two joined the executive team, including FCP Tribal Members Mike Goodrich, General Manager, and Winslow Mexico, Assistant General Manager of Gaming Operations, for

The interns spent time learning and discussing culture with Andrew Parker, American Indian Recruiter and Outreach Specialist. Topics were presented in a variety of ways including hands-on exposure, group discussion, one-on-ones and classroom learning. PH&C even hosted special guest speaker Brooks Boyd, Cultural Education Liaison, to discuss FCPC history

The following weeks were spent on the casino floor where they learned the roles of table games and slots.

"It was very fun," Harris continued, "we were taught how to play the games, and we were able to understand what was happening when we watched."

While in slots, the two were able to experience what it is like to be a

PH&C team member—they dressed in uniform and observed team members. They job shadowed slot attendants, responding to basic machine malfunctions and processing jackpot payouts. They also spent time with a slot technician who provided additional machine information and examined the way they function.

The tastiest week of them all was spent with the food and beverage department. They tried dishes from some of the casino's top restaurants, including Dream Dance Steak, Locavore and the Fire Pit Sports Bar & Grill. Each day they were at a new venue with a different specialty. They had exposure to how each restaurant operates and spent time with team members and management.

The interns covered an array of other topics pertinent to the industry from promotions, sponsorships and advertising strategies, to compliance, audits and internal controls. They even spent time at the Fire Keeper's Club,

where they witnessed how to provide excellent guest service.

At the end of the program, Harris and Friday shared their experience with the executive team and celebrated with the departments that participated in their journey.

Both Harris and Friday learned the importance of relationship building and communication in a business setting. Their schedules changed daily, and they witnessed flexibility and time management firsthand.

"It was great. It was fun. It was challenging. It sets you up for a realworld job. It introduces you to busi ness," said Harris.

If you are an enrolled FCPC tribal member at least 18 years old and interested in learning more about the internship program or other career opportunities at PH&C, please contact Andrew Parker, American Indian Recruiter and Outreach Specialist at aparker@paysbig.com or (414) 847-

NOTICES

CULTURE

Neshnabemwen - The Potawatomi language has endured through the passage of time. At one time, it is said that we all spoke the same language. Later on, we started speaking different languages and forming tribes based on who was able to understand each other. The Bodewadmi, Ojibwe and Odawa were all one tribe and spoke the same language. As the differences in the language grew, they each formed a separate entity. However, they maintained a close bond and formed the "Council of the Three Fires" to deal with any issues that might affect them. The Three Fires signified the alliance between the three, while their individual fires proclaimed their own identity. Every Tuesday & Wednesday 10 a.m. - 12 p.m., for FCPC and members, FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture Class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.



PROGRAMS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third

To learn more about the program or to schedule an appointment, contact Sara Cleereman, R.N., at (715) 478-4889.

smoking cessation appointment.

SPARKS Weight Management Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

UPCOMING EVENTS

FCP Marketplace - Thursdays, 2 - 6 p.m., Stone Lake C-Store featuring crafts, homemade soaps, fresh produce.

10th Annual Ray Stealer Memorial Co-Ed Softball Tournament - August 29, 2015. Entry fee \$150. 1st place \$700, 2nd place \$500, 3rd place \$300. For entry, contact Una Ross at (715) 889-3811. For rules, contact Ross Stealer at (715) 889-1848. Buff's Snack Shack will be available. See flyer on pg. 11.



HEALTH

Al-Anon Meetings - Wednesdays, 5519 Kak Yot Lane, Crandon, 5:30 p.m. Why: Al-Anon is primarily for those who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavior problems. When you come into this room you are no longer alone, but among others who have experienced similar problems. We will respect your confidence and anonymity, as we know you will respect ours. Please call (715) 478-4933 for more information.

AA Meetings - Lost Marbles

Saturdays at 9 a.m., Wabeno Fire Dept. Contact Donald at (715) 889-6709 or Ryan at (715) 850-1265 for more information.

Wellbriety - 12 Step Meeting

Held every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. ANYONE who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-4902 or FCP Health & Wellness Center Behavioral Health at (715) 478-4332.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Help is only one touch or a phone call

away.

Crisis Line: 1 (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: 1 (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: 1 (800) 621-4000; 1 (800) 273-TALK; TTY: 1 (800) 799-4TTY or visit suicidehotlines.com.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
 - Mock interviews.
 - Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

• Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.

continued in next column...

SERVICES OFFERED

- Quick Skills hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, Power-Point, Excel and Access.
- WinWay Résumé Deluxe it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.
- WisCareers Website career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292, or 7295.

EDUCATION

Crandon Indian Education Committee - Monthly meetings held the first Wednesday of each month, 5 p.m. at HWC. Contact these committee members with questions or concerns:

Margaret Konaha - Chairperson (715) 478-7347 (work) Hazel George - Member (715) 478-5612 (home) Shari Alloway - Member Number not available at time of print.

Myra VanZile - Youth Education Services Liaison

Wabeno Indian Education Committee - Meetings held every second Tuesday of each month, 6 p.m. at Potawatomi Carter Casino Hotel.

Myra.VanZile@fcpotawatomi-nsn.gov



AUGUST CALENDAR OF EVENTS

Community Health

- Aug. 11, WIC (HWC), 8 a.m. 4 p.m.
- Aug. 20, Operation Lunchbox (HWC), 2 4 p.m.
- Aug. 27, Child Development Day (HWC), 1 3 p.m.

FCP Family Resource Center

- Play Shoppe: Tuesdays, Aug. 11, 18, 25, 11:30 a.m. 12:30 p.m.
- Circle of Sisters: Wednesdays, Aug. 12, 19, 26, 1 3 p.m.
- Positive Indian Parenting: Thursdays, Aug. 13, 20, 27, 10 a.m. noon.
- Call (715) 478-4837 with questions about any programs.

CHOICES Program

CHOICES program will be gearing up for the new school year and will again be picking up youth after school for all age groups. More information to follow in the next issue. Call (715) 478-7420 or (715) 478-7255 with questions.

Recreation Department

Get Fit & Stay Active - fitness equipment available at Rec Center Monday through Friday, 7 a.m. - 8 p.m. Open to FCP tribal members, their immediate families and FCP employees. Hours subject to change based on scheduled activities. For information on Rec Center activities, call (715) 478-7420.



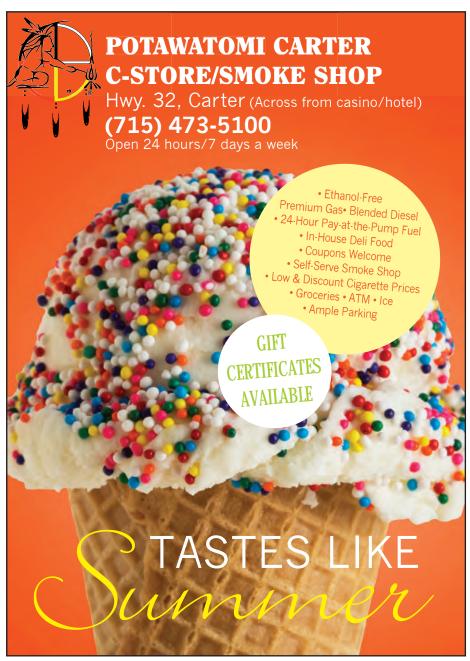
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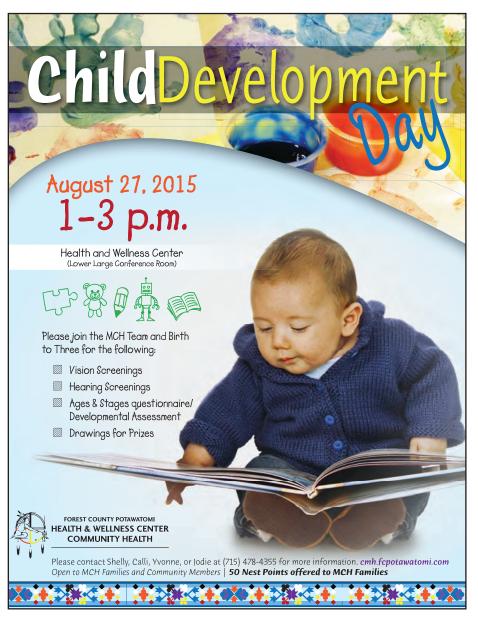


We would like to announce the birth of Mercedes Ann Schultz, born to Meghan Daniels and Lee Schultz, Merrill. Mercedes was born on June 3, 2015, weighing in at 7 pounds, 12 ounces and at 20 inches long. Grandparents are Clarence and Cindie Daniels of Weston.

Happy Birthday Myawaske From, Abtegishgok & Wawasmokwe







On Sale Now: Explore Native Wisconsin

Overview by Winda Collins

Published by Discover Mediaworks, Inc., Explore Native Wisconsin is the brainchild of Native American Tourism of Wisconsin (NATOW) and is now available for purchase across Wisconsin.

Through colorful photography and native-inspired design, the coffee table stylebook showcases all 11 of Wisconsin's Native American tribes in the areas of History, Traditions, Connections to the Earth, Legends, Culture, Food, Arts and Crafts, Wonders to Share, and Looking Into the Future. The imagery and the knowledge shared paint a picture, one that lingers in the heart and mind of the reader.

This book is truly but briefly an exploration into the yesterday, today and tomorrow of Native Wisconsin's 11 tribes: Bad River Band of Lake Superior Chippewa, Ho-Chunk Nation, Lac Courte Oreilles Band of Lake Superior Chippewa, Lac du Flambeau Band of Lake Superior Chippewa, Menominee Indian Tribe of Wisconsin, Mole Lake Band of Lake Superior Chippewa, Oneida Nation of Wisconsin, Forest County Potawatomi, Red Cliff Band of Lake Superior Chippewa, Stockbridge-

Munsee Band of Mohican Indians, and St. Croix Chippewa Indians of Wisconsin.

Purchase your copy today for \$39.95 at one of these Forest County locations: Potawatomi Stone Lake C-Store, 5326 Fire Keeper Road, Crandon; or Potawatomi Carter C-Store, Highway 32, Carter (across from casino/hotel).

About NATOW: "The mission of NATOW is to promote tourism featuring Native American heritage and culture. Tourism provides an excellent tactic for tribes to diversify their economies, while telling the true story concerning their history and culture. Tourism is also one of the ways that tribes can be self-sufficient and boost their economies. NATOW is comprised of representatives from each tribe, who converge bi-monthly to discuss its strategic tourism plan. NATOW has grown significantly over the last few years, becoming a recognized force in Wisconsin at gatherings, festivals, and events. All efforts are coordinated by their own director, chairperson, and the executive board members who report directly to the GLITC Board of Directors."



World Renowned Musician Performs in Forest County

by Winda Collins

On Saturday, Aug. 1, 2015, PTT had the pleasure of speaking to Wade Fernandez before his concert at the 1st annual Wabeno Art & Music Festival. Fernandez, a member of the Menominee Indian Tribe of Wisconsin, is known the world over for his music. Fernandez doesn't fit into any one particular musical genre. Instead, he fuses many sounds including the blues and his Native American roots. And at times, humor is added to the mix. His song, Commodity Cheese Blues, is a prime example.

Fernandez plays guitar and flute. *PTT* asked if he would be playing the flute, and he replied that it depended on the wind...luckily for those in attendance, the wind cooperated. His double flute remains in Europe, however, as it is difficult to pack for travel, but a case for it is in the works.

Between songs, Fernandez told stories. He told of how his father, who spoke nothing but Spanish, and his mother, who spoke nothing but Menominee when they met, spoke to each other through music. Apparently the music worked; they married and had eight children.

Fernandez also spoke about perpetuating the Menominee language, as there are only six original Menominee speakers left. He hopes that through his music the language might live on. One of his original songs, Sawaenemiyah (We Are Blessed), was written and is sung in the Menominee language. He took the time to teach the audience how to say sawaenemiyah and asked them to sing the refrains with him. A special moment to be sure!

PTT found Fernandez to be laid back yet well grounded, and completely at ease with who he is and where he comes from. It was an honor to meet him and see him perform.

Those interested in seeing him in concert may check his schedule at www. songoftheblackwolf.com/AWeb-Site/index.html, although Fernandez will be spending most of the fall season touring Italy, Germany and Austria. To hear his music and watch his videos, you may check him out at www.youtube.com.

