



FCP Language and Culture Group Shares the Process of Maple Syrup

by Aiyana VanZile

It wasn't very long ago when our elder, FCP Language and Culture Director Billy Daniels Jr., as a child with his family, used to pack up their survival essentials and head out to the woods. Daniels said there were the four children and his mother and father. So, every spring their family of six would move out into the woods to their sugar camp for the maple sap harvest.

After the sugar camp, they would return home and give maple syrup to the elders first, then to the community. Daniels remembers his mother making sugar cakes "Maz we ya" and taking them into town and selling them. Daniels said the sugar cakes would sell out in one day.

Today, the spring months of March and April have been very busy for the (FCP) Language and Culture department. Daniels still passes on the maple syrup tradition to the younger generations, and his apprentices have started another year of maple sugar harvest.

Daniels recalls when he first started the sugar camp on the Language and Culture premises; he didn't have much to work with. Over the years, the Language

Daniel Prescott (l) demonstrates tapping to Ian Waubanasum.

make the haul of sap easier through mud.

This year, the department has pushed their camp back about 100 yards to make it easier to access more maple trees. The apprentices made a fully-enclosed metal shack that is equipped with electricity and an upgraded sap boiler.

In previous years, the sugar camp boiled the sap over an open fire with bricks; this year they have an enclosed stove attached to the boiler itself. Along with this upgrade, they purchased a chimney that they attached to the boiler, allowing proper ventilation while boiling the sap into syrup.

FCP Language and Culture Apprentice Brooks Boyd says that this

year they have a more organized layout of the camp. They have added a display of how maple syrup was originally made before the modern tools of today.

Different groups of students join the sugar camp to experience the hard work and dedication of making maple syrup. Students have been able to tap a tree, collect sap, strain, boil, filter, envision the old ways as it was done, and learn the Potawatomi words as they

go.

FCP Language and Cultural Apprentice Daniel "Kuno" Prescott utilizes this display to teach student visitors about the tapping of maple trees. Prescott shows children how wooden spigots were used instead of the metal ones that are used today. Prescott also showed the children how birch bark baskets were used and logs where the sap was originally boiled down by hot rocks from a fire.

Daniels is very grateful for all the



work that his apprentices do for him. He would like to see more tribal members become more involved in his program. He mentioned that "kids" are lazy today and don't want to work. Daniels works very hard to teach the younger generations the old way so that they know where they come from.



This is how sap used to be boiled down.

Daniels and his apprentices would like to emphasize that learning our ways are very important. They are here to be positive role models and are very excited to continue to work with and teach the youth.

The apprentices want to teach the children the importance of our culture and that drugs and alcohol are not a part of our ways.

In about a month, the FCP Language and Culture department will be starting its community garden. They encourage everyone to come out and learn how to garden but to remember what they plant is what they have to take care of.



The CHOICES youth group poses with Language and Cultural Director Billy Daniels Jr. (far right) and his apprentices.



Ho-Chunk Youth Visit
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Family Fun Night
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(l-r) Apprentices Brooks Boyd and Daniel Prescott pour the sap into the new upgraded boiler pan.

and Culture department has made many upgrades to the sugar camp.

In 2009, the sugar camp only had tarps for the roof and siding. A couple of issues the sugar camp always faced from the tarps was snow caving in on their work area and the cold air made it difficult to make maple syrup.

In 2010, the FCP Forestry Department made an easy access trail system through the woods to the maple trees. Also in 2010, the Language and Culture department purchased a tractor so they could



Youth haul the sap back to the camp.

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Letters to a Teacher - Warriors at War

Pupils matriculated from the Kokomo School at the Potawatomi Reservation Stone Lake Community in Forest County Wisconsin. These students went away from their families and community to serve in World War II. Many of those former pupils would serve directly in a branch of the U.S. Armed Forces or serve their country and war effort by working at defense plants.

George J. Kerr, the teacher at Kokomo School, after having taught several students who would serve in World War II, corresponded with those students all through the war. Some of the war letters students sent home will be shared in the next several issues of the Potawatomi Traveling Times.

Letters used are from the Kerr family collection and were shared with FCP tribal member Norman H. Tribbett.

Jan. 3, 1944

Pfc. Raymond Wewason - 36287179
Co. "A" - 68th Arm'd Inf. Bn.
A.P.O. #446 - 14th Arm'd Div.
c/o Postmaster - Nashville, Tenn.

Dear Mr. Kerr,

Well, Mr. Kerr, I guess it's about time for me to write to you. How are you and your family? I hope they are fine. I feel great and never felt better in my life. I suppose you'll get on my neck for not writing to you any sooner. To tell you the truth, George, I haven't been writing many letters as I should have. Sometimes I just don't feel like writing any since we're on maneuvers now. I just have time enough to write two or three letters. I do try my best though.

How's the weather around Crandon? The weather here is really rainy. Our vehicles sometimes have difficulty maneuvering about; it's so muddy. The sun shone just a moment yesterday, and then it was cloudy again and rain started pouring. Still is, as a matter of fact.

I haven't had a sour feeling about these maneuvers at all. I haven't had a severe cold since I was here, but if I were back at Garrison, I'd have been sick with a cold. I've been through water up to my knees and mud six inches deep, but nothing has put me down. It's really a life. If I told you what all happened to me, you'd probably laugh. So, I'll keep it a secret, ha!

Have you heard from any of the boys, namely William Alloway and Joe? I write to them quite often. They say they're getting along fine. I don't know why Ted Shockto and Andrew Whitefish aren't in the army. I know they're healthy or I thought they were. My cousin Fred didn't pass on account of tuberculosis, and he wanted to be in the army very much but was rejected.

I guess that's about all I can write about. What I wanted to write about is restricted. Please excuse my grammar. I guess I'm losing my penmanship.

Wish you the best of luck this new year.

I am,
Ray Wewason



Sunset Dorms - 607
Sturgeon Bay, Wis.
April 15, 1944

Dear Mr. and Mrs. Kerr:

I promised myself that I'd send the money the day I got my check, but something happened to me and cost me three days in bed with a head cold. Gosh, I was worried for a while, losing six days of actual work. That put quite a gash on my pay. Furthermore, from April 3 to 7 was the stamps and bond week; that also cut down on it. Right now, I feel a lot better after I paid my sick bill and stamps and bond. This week, I received a fat check and made \$31.26 clear after I paid my room and board.

I pledged myself that I buy a bond twice a month and that will come in mighty handy in the near future.

I am sure you know why I was called home last month. My nephew died, and it was a shock to me because I loved that little boy. He was about five months old. Yeah, Julius didn't know enough to call a doctor. I used to get a kick out of the little boy whenever he use to "holler" and smile. Now I kind of miss him. Well, so much for that.

It's great to be working on a ship that will be in a French Navy. I've been welding steel couplings near the engine room of this PC 1564, a sub chaser for the French Navy which will be launched this Wednesday, April 19. It's the 35th Smith built. I hope you get a chance to hear the broadcast over a state network from 3:15 to 3:45 p.m.

There are 20 ships here on the dock. Some of them are big cargos and frigates, sub chasers - some of them are being fit ready to shove off to port.

There are quite a few crews of French, ready to take their boats at a moment's notice. It's quite a sight to see those ships shove off on a journey. I watched one for about two hours before I did any welding on the main deck of PC 1564. There are lots of stuff I'd like to tell, but I'd rather tell in person. I am sending you a copy or two of our newspaper from the ship yards.

That \$10 came in mighty handy while I was laid-up from the cold that I got from home. I am sorry I couldn't pay you sooner, but now I feel a lot better after you received this letter and the \$10. I thank you a lot for the help you gave me and I'm sure it won't happen again.

I will write again when I have time to do a little writing.

I remain as ever a friend,
Ned Daniels

Welcome to these New Employees

- | | |
|---|--|
| Sam Stamper, Tribal Housing Building Contractor
Hire Date: 4/4/11
Contact info: (715) 478-7270 | Kristin Kuber, Health & Wellness Community Health Educator
Hire Date: 4/5/11
Contact info: (715) 478-4382
Kristin.Kuber@fcpotawatomi-nsn.gov |
| Marilynn Alloway, ICW Family Prevention & Support Specialist
Hire Date: 4/4/11
Contact info: (715) 478-4967
Marilynn.Alloway@fcpotawatomi-nsn.gov | Jessica Gouge, Finance Committee Office Manager
Hire Date: 4/11/11
Contact info: (715) 478-4810
Jessica.Gouge@fcpotawatomi-nsn.gov |
| Nancy Kane, Child Support Administrative Assistant
Hire Date: 4/4/11
Contact info: (715) 478-7260
Nancy.Kane@fcpotawatomi-nsn.gov | Abbey Dall, ICW Placement Specialist
Hire Date: 4/11/11
Contact info: (715) 478-4957
Abbey.Dall@fcpotawatomi-nsn.gov |
| Donald Gilligan, Forestry Aid
Hire Date: 4/4/11
Contact info: (715) 473-6034
Don.Gilligan@fcpotawatomi-nsn.gov | Kami Geske, Health & Wellness Registration Fill-in (part-time)
Hire Date: 4/12/11
Contact info: (715) 478-4823
Kami.Geske@fcpotawatomi-nsn.gov |

Tornado Blamed for Damage

by Aiyana VanZile



The home of FCP tribal member Alexandria Konaha located in Argonne, Wis., was hit by one of several possible tornadoes that touched down in Wisconsin on April 10, 2011. This photo is of Konaha's garage that was completely wiped out. Thankfully, Konaha's home only suffered minor roof damage.

"Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude."

-Denis Waitley

Happy May Birthday to these Elders!

05-01 Marilyn Alloway	05-22 Henry Ritchie II
05-05 Juanita Michaels	05-25 Loretta Snow
05-07 Wanda Pete	05-25 James Thunder Sr.
05-10 Elizabeth Daniels	05-27 Valerie Nah Bah Kah
05-11 Kenneth Alloway Sr.	05-29 Betty Ritchie
05-11 Cynthia Tyler	05-29 Gordon Waube
05-12 Arlene Alloway	05-31 Wallace Ritchie
05-13 Theresa Johnson	

Boxing Anyone?

submitted by Mark Daniels Sr.

Anyone interested in participating in the FCP Boxing Club for training purposes or just wanting to utilize the facility for exercise purposes may contact Mark Jr. at (715) 889-3950 or Mark Sr. at (715) 889-0883.

Where: 100 N. Prospect Avenue in the old Crandon School (or Northwoods Recreational Center) – use side entrance across from Cardinal Park

When: 4 – 6 p.m. Monday, Wednesday and Friday – time is subject to change as needed to accommodate participation.



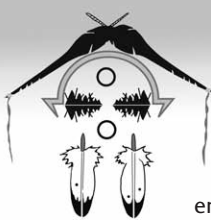
Positive Behavioral Interventions and Support

submitted by School District of Crandon

The School District of Crandon will be starting a new initiative called Positive Behavioral Interventions and Support (PBIS). PBIS is a school-wide system approach to preventing and responding to classroom and school discipline problems. PBIS teaches and promotes appropriate behaviors in all students. By reducing behavioral problems, PBIS creates and maintains a safe learning environment where teachers can teach and learners can learn.

The initial PBIS kick-off for the staff will be Thursday, June 9, 2011. An all-district staff and students kick-off will be Sept. 1, 2011.

**Deadline for the May 15, 2011 issue is
Wednesday, April 27, 2011.**



Potawatomi Traveling Times

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Louis Thunder

Louis Thunder, age 77, of Stone Lake (Crandon), Wis., passed away on Thursday, April 14, 2011, at his home at the Forest County Potawatomi Assisted Living facility. He was born on Jan. 18, 1934, in Soperton, Wis., the son of William and Mary (Ben) Thunder.

Thunder served in the U.S. Army. He worked as a logger and a carpenter and enjoyed fishing, hunting, camping and trapping.

He is survived by his companion of 52 years, Agnes Menomin; sisters: Marie Poler, Crandon, Wis., and Cassie Cornell, Crandon, Wis. He is further survived by many nieces, nephews and other relatives and friends.

Thunder is preceded in death by his parents, William and Mary; siblings: Jenny Shawano, Grace Smith, Mary Waube, Alice Thunder, Nelson Thunder, Bill Thunder and Margaret Jacobson.

Visitation was held on Saturday, April 16, and Sunday, April 17, at the Forest County Potawatomi Cultural Center, Stone Lake (Crandon), Wis.

Interment was in the Potawatomi Tribal Cemetery, Stone Lake (Crandon), Wis. Weber-Hill Funeral Home, Crandon, Wis., assisted the family.

FCP Community Donates Van

by Aiyana VanZile

On April 11, 2011, the Forest County Potawatomi Community made yet another generous donation to the American Indian Resource Center (AIRC). The tribe donated a van to the AIRC to help with transport for their members.

AIRC provides many services to the Native American community in the Wausau area. It is located at 319 4th Street, Wausau, Wis., inside the St. Paul's United Church of Christ Community Center building.



(l-r) Scott Daniels, FCP Council Member Tom Boelter, FCP Vice Chairman James Crawford, AIRC Director Dylan Prescott and FCP Treasurer Joe Daniels Sr.

FOREST COUNTY POTAWATOMI

HEALTH & WELLNESS CENTER

5409 Everybody's Road, Crandon, WI

General Information (715) 478-4300 • www.fcpotawatomi.com



YOUR Community. YOUR Rehabilitation Care. YOUR Center.



At the Forest County Potawatomi Health and Wellness Center Rehabilitation Services Department, your providers realize that complete and individual physical and speech therapy increases your chance of recovery. We will work together with other members of your health care team to provide coordinated services with a specific plan to suit your needs and goals. Your rehabilitation providers have the experience to treat your physical or communication problems no matter what your age.

To schedule an appointment with any of your providers including physical therapy or speech therapy please call your Rehabilitation Services Department at 715-478-4344.

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Lab
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Optometry
(715) 478-4345

Pharmacy
(715) 478-4347

Radiology
(715) 478-4339



Words of Wisdom with Arlene Alloway: Part 1

by Aiyana VanZile

Arlene Elsie Alloway (Negonsekwe - Leading Lady) will turn 83 on May 12, 2011. Alloway is a Forest County Potawatomi tribal member and has lived in the community all of her life.

Alloway is the mother of nine children: Kenneth George Sr., Donna VanZile, John Alloway, Arlyn Alloway, Rick Alloway, Jim Alloway, Sam Alloway, Mike Alloway and Tim Alloway. Alloway's children live in the community or live close to the community.

Alloway was born on May 12, 1928, to Isaac "Ike" and Mary (Waubiness) George.

Alloway's first memory is living

survived back there."

Alloway said that they lived far from town. It would take them all day to walk to town, so not only did her mother can a lot, she did her own sewing and made their clothes.

Alloway remembers that Billy Jim and his family were their only neighbors. She remembers Billy Jim used to have a lot of apple trees and a lot of good Indian food. Alloway says that her parents and Billy Jim would show each other how to do different things and would exchange food. She says they were very close with Billy Jim and his family.

Alloway's best friend that she grew up with and speaks fondly of is Mary Daniels who is Billy Jim's daughter. These two young ladies did everything together. There's not a time when Alloway doesn't mention the silly and mischievous stories of their childhood.

She remembers they used to have dances in the old community building where Mary Daniels would dance and Alloway would play in a band, which consisted of Alloway and her cousins.

When Alloway was around five years old, her cousin Juanita came to live with them. Juanita was Alloway's Uncle Tuckwab's daughter. Juanita was around two years old.

Alloway says that Juanita lived with them until she became an adult. "To me she is my sister; that's why we are close."

One of Alloway's favorite childhood memories when she was about six or seven is when Tuckwab brought home a fawn. Her uncle found a deer that had been killed in the woods and heard a cry come from the dead deer. When he went to see what was making that noise, he found that the fawn had survived.

He brought the fawn home and that's when it became Alloway's pet. She said her and her sister Juanita took care of the fawn and fed it milk through baby bottles. It lived with them and slept in their house with them as a dog would. His name was Buck or her mother would call him Seksi.

Soon the deer got big and ran away. Alloway recalls her mother speaking Potawatomi to him, and he would listen. She said when they went to the swamp to haul water they saw him, and he had a big rack of horns. They called his name, and he looked at them before running off

into the woods.

Alloway remembers going to the Kokomo School when she was around seven years old. She would have to walk from Tower Road down to where Don Tuckwab lives now, by the old tribal hall. She remembers carrying her lunch in a Karo Syrup pail. She recalls that the walk every morning started to become difficult. So her aunt, Delia George, suggested that Alloway's family move closer to the school to an abandoned home. It would be easier for Alloway to walk to school because it was right across the road.

Alloway remembers that she became sick a lot and missed a lot of school. Alloway got tuberculosis around the age of eight. She remembers it as a sickness that was going around amongst the Indian people.

Alloway was soon sent to Hayward Hospital for her illness. She remembers being there for a long time, for about two years. She remembers missing her school, family and friends.

Alloway remembers the teacher at Kokomo School. She said he had to teach first through eighth grade in this small building. She said the first graders went in the morning, fourth and fifth graders until noon, and they would break for lunch. Then the older children would go after lunch.

She remembers a man by the name of Ernie Feight, and his wife would sometimes bring hot lunch for the children to eat at school. She said they would bring a great big kettle with a pressure cooker full of delicious hot soup in it. The Feights would continue

submitted
photo



to
bring lunch
every day for the chil-

dren, and they wouldn't have to bring their own lunches.

Alloway says that she returned to Kokomo School when she was in the third or fourth grade. She finished up until the eighth grade; then the children were moved to Crandon School where it was hard for the children to adjust.

Alloway left Crandon School in the ninth grade because times became hard, and she needed to work in order to help her family. She started out with seasonal jobs of cleaning cabins, which didn't pay very well. She remembers times being so bad that they really didn't have much to eat. She remembers her mother canning and fixing deer meat in many different ways. She also recalls how well her mother prepared partridge, rabbit and duck meat.

Alloway remembers her father becoming very involved in the tribal government with Harry, Val and the old man Henry Ritchie. Alloway still has the original constitution and by-laws, which were approved on Feb. 6, 1937.

Part II will appear in the May 15 issue...



Arlene Alloway when she was about two months old.

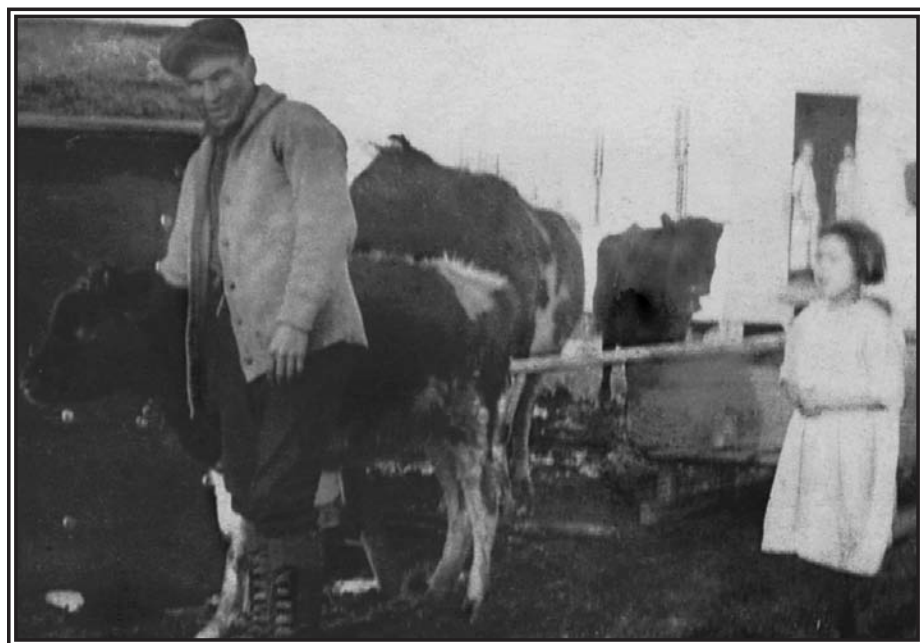
submitted photo

with her parents in her grandmother's home. She remembers her grandmother lying in a bed. They moved out of her grandmother's home around 1932 after she passed away and moved to a homestead by Tower Road. Alloway said it was way back in the woods.

Alloway remembers their garden they had when she was a child. She said it was a very big garden, where they planted beans, potatoes, carrots, and onions just to name a few.

She remembers that her mother canned a lot. Her mother stored her canned foods in a root cellar. Alloway said that her uncle, George Tuckwab, built a root cellar in the hill next to their home. She said he dug a hole and fixed the root cellar up to where it looked like a little room.

Her mother built shelves in the root cellar and stored her canned goods there. "I remember she used to take the baggies and carrots and if she didn't have enough to can those, then she would loose up ground in the root cellar and stick them in the ground. This is how we



Isaac "Ike" George (father) and Arlene Alloway when she was about seven. This photo was taken by her grandparent's home.

submitted photo

Shelter Makes Presentation to Forest County Sheriff's Dept.

by Aiyana VanZile

The Forest County Potawatomi Domestic Violence Shelter presented anatomically correct dolls to the Forest County Sheriff's Department on April 14, 2011.

"The State has implemented a new interview process for children called Step-Wise," said Forest County Police Detective Jeff Marvin.

Step-Wise training focuses on interviewing victims of child maltreatment using the Step-Wise Interview

Guidelines, which include utilizing the anatomically correct dolls. The ultimate goal is to gain accurate information provided by the child, minimizing contamination of that information and providing a safe, non-threatening environment for the child.

Detective Marvin is one of few that has been trained in the Step-Wise interviewing program, but Sheriff Dennee plans to have more of his officers trained in the Step-Wise Program.



(l-r) Domestic Violence Shelter Director Alberta Hatmaker, Sexual Assault Coordinator Lynn Johnson, Forest County Police Detective Jeff Marvin, Forest County Sheriff John Dennee

WABENO AREA ELEMENTARY SCHOOL Third Quarter Honor Roll

The Wabeno Area Elementary School Honor Roll is now determined by the same standards that the high school follows, separating highest honors, high honors and honors. Also students who have Fs on their report cards are not included in the honor roll. Please extend congratulations to our students who are recognized on the honor roll for the third quarter of the year.

HIGHEST HONORS (4.0 GPA)

6th Grade: Lindsey Dinkelman
5th Grade: Emma Barfknecht, Caitlin Cassidy, Tyler Harris
4th Grade: Robert Brauer, Jacob Christianson Jr., Adam Gill, Rhiannon Hooper, Madelyn Korbas
3rd Grade: Sydney Rabe, Logan Riebe

HIGH HONORS (3.50 - 3.99 GPA)

6th Grade: Hope Barfknecht, Allison Bartels, Samantha Bath, Rachel Carlarco, Cooper Chrisman, Nicole Eggert, Rae-Jean Frank, Michael Gilpin, Jasmine Hanson, Timothy Helnore, Ashlyn Hooper, Lake Koenig, Brandon Moravec, Blake Seppel, Kelly Spaude, Margaret Warner
5th Grade: Kassidy Ashbeck, Courtney Brooks, Hannah Christianson, Ellena Donaldson, Dylan Houts, Dallas Micooley, Halee Power, Trevor Tallier
4th Grade: Connor Brunette, Logan Carter, Hunter Exferd, Ava Holdener, Aidan Lowery, Benjamin Richling, Lindsey Schuhart, Ashton Seppel, Dominic Smith, Ahbram Ventura-Bishop, Grace Warner
3rd Grade: Skylar Anwash, Brianna Balfantz, Kelly Boor, Jordyn Calhoun, Alexis Childress, Waleli Frank, Kristen Fronek, Brandon Hansen, Takara Harfield, Lauren McKenna, Haley Mohr, Jesse Pakulski, Jade Schmidt, Madison Soman, Jaliyah Warrack

HONORS

(3.00 - 3.49 GPA)

6th Grade: Spencer Huettl, Olivia Kralovetz, Taylor Neitzer, Casey Riebe, Jenna Skarlupka, Victor Soman
5th Grade: Tanner Dorner, Kaitlyn Fronek, Michael Kerscher, Jerry LaFond, McKenzie Mischo, William Rabe
4th Grade: Nathan Beyer, Michael Chapman Jr., Kalynn Fernandez, Gabrielle Fuentes, Derek Moravec, Olivia Pemma, Dylan Porter-Thompson, Jennifer Shopodock, Zak Skenandore, Joshua Stefanski, Alexis Stoffregen, Day Breanne Winkler
3rd Grade: Forest Burki, Shanna Flannery, Riley Godin, Ethan Higgins, Johnny Hill, Brandon Jameson, Cody Kortbein, Tanner Kortbein, Morgan Mattern, Connor Monnot, Logan Porter-Thompson, Daniel Vanthiel

WABENO JR/SR HIGH SCHOOL Third Quarter Honor Roll HIGHEST HONORS (4.00 GPA)

Seniors: Heather Huettl, Erica Keller

Juniors: Sedona Geiter, Stephanie Harris, Kathryn Lowery, Marissa Popp, Kimberly Spreeman

Freshmen: Andrew Boor, Emily Korth, Christy Mattern, Miranda Vogel

7th Grade: Ryan Brauer

HIGH HONORS (3.50 - 3.99 GPA)

Seniors: Jose Eduardo Andrade Filho, Jordan Demmith, Danielle Hartman, Gregory Kaster, Derek Loch

Juniors: Marissa Bartels, Ashley Bagnat, Jordan Smith, Christina Weyers, Derek Williams

Sophomores: Brielle Bodoh, Cody Delfosse, Hali Nygard, Kacy Piontek, Stephanie Prasser, Robert Carlarco, Amanda Stefanski, Megan Tarlton, Miranda Tarlton

Freshman: Jared Demmith, Samantha Exferd, Mesa Geiter, Savannah Hennessy-Luther, Jacob Pakulski, Hunter St. Peter, Lukas Tallier

8th Grade: Austin Andrews, Zachary Burki, Autumn Huettl, Holly Spaude

7th Grade: Abigail Ashbeck, Teagen Bodoh, Alexis Christianson, Zachary Dinkelman, Alissa Gill, Mandi Jameson, Presley Keeble, Courtney Schaefer

HONOR ROLL (3.00 - 3.499 GPA)

Seniors: Zackary Ashbeck, Trevor Campshure, Tyler Cumber, Kodie Erickson, Rebecca Essermann, Jennifer Johnson, Forest Koenig, Anthony Koszalinski III, Bradley McLaughlin, Randi Olinger, Cody Orley, Cody Rabinek, Dakota Reynolds, Lindsey Schreiber

Juniors: Lindsey Anderson, Donald Bartels, Alan Bowman, Shawn Cassidy Jr., Kathryn Essermann, Travis Harris, Chase Mason, Nicholas Pichotta, Sean-Austin Porter-Thompson, Jeffery Schaefer, Cassidy St. Peter

Sophomores: Skylor Challenger, Haley Christianson, Bradley Grant, Stone Koenig, Brandon Oberleitner, Tyler Piontek, Stacy Roy, Ty Saunders, Jonathon Smits

Freshmen: Lois Frank, Keith Fryar, Alexis Harris, Jordan Higgins, Australian Peterson, Melissa Waube

8th Grade: Austin Bauer, Cecelia Harrison, Colby Harrison, Danette Huettl, Samantha Lake, Kyle Merschdorf, Kurt Pence, Levi Stoffregen

7th Grade: Kaitlyn Ashbeck, Nacie Calarco, Claire Carpenter, Brian Connor Jr., Noah Exferd, Casie Ferron, Tressa Lange, Anthony Mischo, Blake Roberts, Jordan Schuhart, Abigail Smith, Alex Webb



INTERNET SAFETY

HOW CAN YOU TELL
IF YOUR CHILD IS
FALLING FOR THE LURES
OF A PREDATOR?

What Are the Types of Online Risks?

The most serious problem imaginable is a child who turns up missing or is molested as a result of an online contact. Disclosure of your address, telephone number, and other personal information to a stranger online could put your entire family in danger.

Warning Signs to Look For:

- Spending long hours online (evenings especially)
- Phone calls from people you don't know
- Unsolicited gifts arriving via the mail
- Child turns off the computer when you enter the room
- Withdrawal from family activities
- Reluctance to discuss Internet activities

Online Safety Guidelines for Parents:

- Keep the computer in the family room, kitchen, or living room, not in your child's bedroom. This way parents can monitor what is happening when the child is online.
- Encourage discussions between you and your child about what they enjoy online. Make sure that your children feels comfortable coming to you with questions or if they feel uncomfortable about a situation they came across online.

If you believe your child has been contacted by a pedophile, either directly (or indirectly with sexually explicit materials), contact law enforcement or the Child Protective Services in your area. **Immediately shut down your computer in order to preserve the evidence on it. PLEASE CALL 911 AND REPORT IMMEDIATELY.**



FOREST COUNTY
POTAWATOMI
Keeper of the Fire

Remember Child Abuse Awareness.

This message is brought to you by your local Indian Child Welfare Dept.

Source: KidSafety of America



Rising Sun Celebrates Week of the Young Child

by Aiyana VanZile

The Rising Sun Daycare celebrated the Week of the Young Child from April 11-15, 2011. The Week of the Young Child is a national celebration by the National Association for the Education of Young Children.

The Week of the Young Child focuses on public attention on the needs of young children and to recognize early childhood programs and services that meet those needs.

The Rising Sun Daycare celebrated by having a pajama party, picnic with the teddy bear, favorite t-shirt day, and silly hat day.



(above l-r) A gardener and police officers Hunter VanZile, Royce Shepard, and Matthew Mann



Rising Sun Daycare wear their pajamas for Pajama Day!

Ho-Chunk Nation Visits FCP Reservation

submitted by FCP Language and Culture Department

On Saturday, April 16, Ho-Chunk Nation Youth Services from the Wisconsin Dells area sent a contingent to visit FCP Language and Culture Department's sugar camp. As the visiting group had never seen a working sugar camp before, apprentices Brian Franz and Daniel Prescott were more than happy to give them the grand tour.

Not only were they able to learn how sap was collected, filtered, boiled and canned, they were given the oppor-

tunity to help with the process as well. As a special treat, the group was given a tour of Prescott's traditional sugar camp.

Attendees included Ho-Chunk youth: Angel Logan, Taleena Hetherington, Shyanna Leonard, Alycia Bear, Rita Peters, Christian Cloud and Tristan Funmaker. Chaperones were Home School Coordinator Teresa Axthelm and Youth Coordinator Melanie Goodbear.

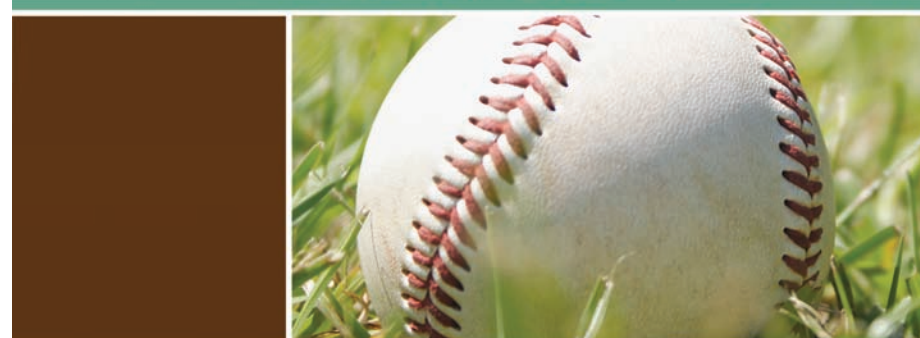
photos by Leslie Franz





Forest County Potawatomi
Relay for Life Team

ONE LOVE PRESENTS:



Registration Info:

There is a \$50 entry fee per team. Registration is required. The registration due date is May 12.

(All proceeds will be given to the American Cancer Society)

Player Age Requirement:
16 years and older

Contact Info:

Stacey Votis:
715-478-7275 or e-mail
Stacey.Votis@
fcpotawatomi-
nsn.gov

CO-ED SOFTBALL TOURNAMENT

May 21
Open to the public
FCP ballfield

Gte Ga Nēs Hosts Family Fun Night

by Aiyana VanZile

On April 12, 2011, Gte Ga Nēs preschoolers and their families came together for a night of family fun at the FCP Cultural Center, Library and Museum.

Fred Turk was the entertainment for the evening. An elementary teacher for 34 years, Turk has been performing for a little over 26 years at libraries, zoos, schools and anywhere else he's been asked to perform.

Turk writes children's songs from his own experiences with children. He also includes the banjo and puppets in his performances.

The preschoolers had an awesome time singing and interacting with their parents at Family Fun Night!



Parents put on animal hats and sing Old Mac Donald.



(l) Mr. Mike (second from left) was chosen to be Fred Turk's assistant.

(r) The youth have a blast with bubbles!



Tribal Princess Partakes in Northwoods Pageant

by Michelle Spaude

The 2011 Miss Northwoods Scholarship Pageant was held in Three Lakes, Wis., on April 9. This pageant seeks young ladies 17 – 23 years old who work, live or attend school in the Northwoods.

Contestants need to have a desire to make a difference in their communities. The winner of Miss Northwoods goes on to compete for the Miss Wisconsin title.

Forest County Potawatomi was the sponsor for the "crowning moment" at the pageant. In addition, Mno Keno Ma Gē Wen Junior Princess 2010 Isabella Daniels was on-hand to present the crown and talk about her experience as a tribal princess.

Dressed in a pink, shoulder-strapped, floor-length dress with sequins on the front, Daniels fit right in with the pageant contestants. Her white, satin gloves and Cinderella shoes added a bit of elegance to her natural beauty.

In between the swimsuit and talent competition, Daniels was introduced and interviewed on stage with the pageant director. They asked her questions such as, what the last book was that she read and the last movie she saw. They also asked what her princess responsibilities were, who's eligible to run for princess and where she traveled to represent her tribe.

For being only seven years old, mother Alyce Daniels thought her daughter did very well walking on

stage all by herself and answering the questions. "I thought she was pretty calm," stated father Billy Daniels Jr. "I felt proud of her and [was] excited and happy for her," he added.

The spotlight moment lasted about 10 minutes. Daniels' parents received many comments afterwards on how great of a job she did on stage and as well as how pretty she is!

After each contestant had her turn at answering a question, the Northwoods School of Dance (which Daniels has belonged to for three years now) performed a hip-hop dance to "Fireworks" by Katy Perry and choreographed by Nicole Johnson, pageant director/producer and Northwoods School of Dance instructor. Immediately afterwards, Daniels did a quick costume change back into her formal wear to bring out the crown.

Mary Bonack of Three Lakes was the winner. Alyce was pleasantly surprised because she was Bonack's hostess. As hostess she helped Bonack with costume changes behind the scenes. "At this stage of the 'Miss America' contest, you cannot have family helping you out," said Alyce. To prevent any sabotaging from going on, each contestant is assigned a neutral person who helps them with changing into the next outfit.

Not only did Daniels gain experience from this pageant, so did

mom! The behind-the-scenes action will help Daniels prepare for her pageants when (if) that happens. When PTT asked Daniels if she now has dreams of becoming Miss Northwoods, Miss Wisconsin or Miss America, she immediately answered, "Yes!" Alyce said earlier, "She loves the dresses and the shoes. Oh, God, help us..." she laughed!

This is another experience Princess Daniels can put on her list of royalty duties accomplished. She has been very busy since her crowning in August 2010 by attending in and out-of-state powwows, parades, sturgeon release, veterans' program and visiting tribal elders. She plans to continue representing her title throughout the summer. Sometimes she gets double-booked and has to choose one event over another.

Outside of her royalty activities, Daniels is a good student in the second grade at Crandon Elementary, a Girl Scout and a participant in Crandon gymnastics and Northwoods School of Dance in Rhinelander. She attends Potawatomi language classes after school. She also is a prospective model with the Rock Agency in Madison, Wis.

If anyone is interested in competing in next year's Miss Northwoods pageant (which offers scholarships, awards and a chance to compete at Miss Wisconsin), please contact Nicole Johnson at missnorthwoods@gmail.com.



Mno Keno Ma Gē Wen Junior Princess 2010 Isabella Daniels holds the Miss Northwoods crown before presenting it to the pageant director to announce the winner.

submitted photo

What's New in Carter?

submitted by Cheryl Waube, PCCH General Manager

Spring is in full swing, and May brings a lot of exciting things to Carter.

Are you headed out to the lake May 6-8 for the opening of fishing season? Well, you might want to make a quick detour to the casino to pick up your custom Potawatomi Carter Casino Hotel (PCCH) Mepp's Lure. Just bring your fishing license to the Carter Club desk to receive it while supplies last.

Sticking with the fishing theme, how would you like to catch your fair share of \$10,000 every Saturday? There will be seven winners each night, and the drawings will be held hourly, starting at 4 p.m. You'll receive ten entries for every 250 same-day base points earned and twenty entries for every 500 points redeemed from your comp rewards balance.

Do you remember the game, "Go Fish"? PCCH has put its own spin on an old-time favorite. Table games players will have a chance to win a chartered fishing trip on Sundays in May. Two players will win \$100 in Potawatomi Play every hour from 5 p.m. – 9 p.m. All of the hourly winners will then qualify for the 10 p.m., Sunday, May 29, grand prize drawing for a two-day fishing charter in Two Rivers, Wis. Get dealt the right combination that day, and you'll receive an entry.

Reel in your share of \$8,000 this May. Every Friday, \$500 hot seat drawings will be held hourly from 6 p.m. – 9 p.m. You must be actively playing to win, so make sure you are using your Carter Club card!

for your weekend fishing trips, or maybe you just want some extra Potawatomi Play? Every Tuesday, guests will have a chance to win a fully loaded tackle box and \$200 in Potawatomi Play.

Make a splash this May in our bingo hall. Every Sunday in April, bingo winners will receive ten entries into the \$1,000 cash drawing that will take place on Sunday, May 29, at 5 p.m.

Don't forget that Mother's Day is Sunday, May 8. Treat your mom to a delicious meal at The Springs Restaurant or The Flames Sports Bar and Grill and receive a free gift at the Carter Club desk while supplies last.

The first 250 guests who visit our Carter Club desk on Wednesdays will receive a free gift while supplies last, and to top it off, you'll enjoy our fresh baked cookies which are distributed at 10 a.m., 2 p.m., 4 p.m., and 7 p.m.

If you love prime rib, Thursday is your day! Guests can earn 200 same-day base points and get a \$5 off coupon for our delicious prime rib dinner at The Flames Sports Bar & Grill or The Springs Restaurant. If you would like your meal free, just earn 450 same-day base points! Thursday is also Senior's Day. Guests 55 years and over will get an entry into a drawing where they'll win \$100; only one entry per person. Five winners will be drawn at 1 p.m., and five winners drawn at 6 p.m. Must be present to win.

Kick Down 93 is set for Saturday,

pick up your tickets at the Carter Club desk. General admission is \$30. Second row seating is \$35 and front row seating is available for \$50.

If you are a bingo player, here's what we have in store for you:

- Every Wednesday join us for 'Wii Love Wednesday'. Packs are \$15 with \$5 extra packs. First 20 guests that purchase two admission packs will be eligible to participate in Wii Bowling. For every pin knocked down, you will receive a return coupon for your next visit. For example: If you knock down nine pins, you will receive a coupon for \$9. Strikes are worth \$22 and spares are worth \$11.

- On Thursdays, 'Paper Must Win'. All packs are \$22 with \$5 extra packs. If an electronic wins first, the game will continue on for a 'paper' win. A consolation prize for the paper wins \$25 cash. If a 'paper' wins first, then the game is over, and there will be no consolation prize.

- Every Friday is \$8 'Partner in Crime' (P.I.C.)! Receive one entry ticket for every entry pack purchased. For every regular game bingo win, a P.I.C. name (entry ticket) will be drawn from the drawing bin to win \$25 in cash. In case of multiple winners, prize for game payout and P.I.C. will be split by number of winners. Last game of the night pays 80 percent and \$50 for P.I.C. No coupons or discounts will be accepted.

- Saturdays, all packs are \$15 with \$5 extra packs.

- Sunday Wheel Spin: Packs cost \$15 and extra packs cost \$5. When players purchase entry packs, they will receive a drawing card. At intermission, we will draw five names to spin the wheel. Prizes will be Cosmic Bingo packs, return coupons ranging from \$5 to \$20, bingo

mugs, and cash prizes ranging from \$10 to \$25.

- On Friday, May 13, join in the fun and play Cosmic Bingo. All packs are \$10, which include six games paying \$50 and three games paying prizes. The last game of the evening pays out \$200. Cosmic Bingo starts at 11 p.m., and the admission booth opens at 10:30 p.m.

- On Saturday, May 21, help us celebrate Armed Forces Day. Show your military ID at bingo admissions and receive \$5 off your first admissions pack.

- On Saturday, May 28, we will be holding a Native American bingo bash! Be sure to look for more details on our website or at PCCH.

- Birthday Bingo: If it is your birthday in May, come in and get your birthday number daubed free all night on all regular games. Not allowed for any progression games or specials.

Don't forget to check us out on our website at www.cartercasino.com or better yet, become a fan of ours on Facebook! You'll see all of the latest promotions, entertainment dates and events, plus you'll have access to exclusive Facebook fan deals! Here's how easy it is to become a fan:

- Log on to the Internet
- Type in: www.facebook.com
- If you are new to Facebook, you will need to sign up for an account
- After you fill in the information, click on 'sign-up'
- In the Search Box type Potawatomi Carter Casino Hotel
- There will be a button that says 'become a fan'
- Click on this button and you are now a fan and you keep up on all the casino's events

PBC Makes Donation to Charity

submitted by Ryan Amundson, PBC External Communications Manager

MILWAUKEE (April 13, 2011) – Several slimmed-down team members at Potawatomi Bingo Casino (PBC) presented The Hunger Task Force of Milwaukee a check for \$935 during a celebration of a company-wide weight-loss program.

More than 100 employees competed in "A New You in 90 Days" – a 13-week weight-loss program that concluded April 9. The team members competed against each other to lose the largest percentage of body weight, losing a collective 3.88 percent body weight and 934.4 lbs.

For extra motivation, PBC committed to match employees' weight loss, dollar-for-pound, to a local charity. That charity – The Hunger Task Force, Inc. – will use the funding to feed the community.

"What began as a motivational program for team members to get up and get

active, has not only transformed people's lifestyles, but will help feed others in the community," said Kristen Ekiss, wellness coordinator at PBC.

Team members made use of PBC's new fitness center to help lose weight in the program. Exclusive to team members, the fitness center is open 24 hours and is fitted with some of the most elite work-out equipment on the market. Ekiss also offers group fitness classes during the week to add variety to work-out routines.

"A program like this was great," said program winner Darryl Jacobe, tax compliance specialist at the casino. "I needed a little boost to get going, and it was that support which carried me through the 90 days and allowed me to lose 31.4 lbs. I feel great!"



Potawatomi Convenience Store

SMOKE SHOP

*Great Service With
A Friendly Smile!*

617 Hwy 32 • Carter, WI (Across from Potawatomi Carter Casino Hotel)

ICE CREAM SHOP:

Floats • Malts • Sundaes
Single/Double Cones
Hand Dipped Waffle Cones

FINGER FOODS:

French Fries
Chicken Tenders
Combo Baskets To Go

**Low Discount Prices On Name Brand
& Generic Cigarettes**

Gasoline
Diesel
Motor Oil
Ice
Groceries
Fresh Popcorn
Bakery
Hot Dogs
Soda

OPEN
24 HOURS,
7 DAYS
A WEEK

715-473-5100 • Coupons Welcome • Ample Parking

DEA to Hold Second Nationwide Prescription Drug Take-Back Day

submitted by U.S. Department of Justice, DEA Public Affairs

WASHINGTON, D.C. – This spring, the Drug Enforcement Administration (DEA) and its national and community partners will give the public another opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. On Saturday, April 30, from 10 a.m. to 2 p.m., DEA and its partners will hold their second National Prescription Drug Take-Back Day at sites nationwide. The service is free and anonymous, no questions asked.

Last September, Americans turned in over 242,000 pounds - 121 tons - of prescription drugs at nearly 4,100 sites operated by more than 3,000 of the DEA's state and local law enforcement partners. The agency hopes to collect even more this spring by opening the event to long-term care facilities.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high. More Americans currently abuse prescription drugs than the number of those using cocaine, hallucinogens, and

heroin combined, according to the 2009 National Survey on Drug Use and Health. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet.

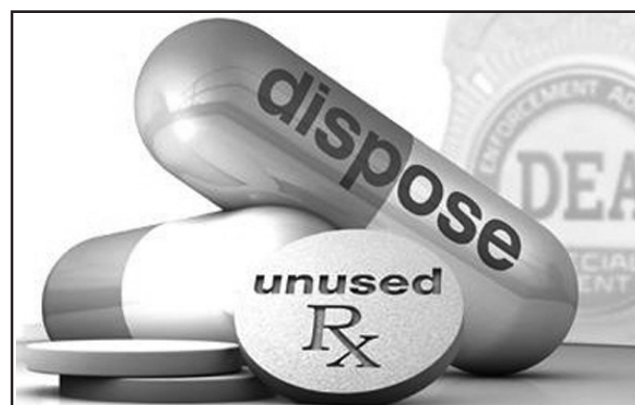
"The overwhelming public response to DEA's first nationwide Take-Back event last fall not only rid homes of potentially harmful prescription drugs, but was an unprecedented opportunity to educate everyone about the growing prescription drug abuse problem," said DEA Administrator Michele Leonhart. "Studies have shown that, for many, prescription drugs are the very first drugs they abuse—and all too often they aren't the last. That is why we are committed to helping Americans keep their homes safe by ridding their medicine cabinets of expired, unused, and unwanted drugs."

"I encourage every American to take advantage of this valuable opportunity to safely dispose of unused, unneeded, or expired prescription drugs," said Gil Kerlikowse, director of National Drug Control Policy. "Preventing these readily available and potentially deadly drugs from being diverted and misused is something each

and every one of us can do to help reduce the epidemic of prescription drug abuse that is harming so many Americans."

The public can find a nearby collection site by visiting www.dea.gov, clicking on "Got Drugs?", and entering their zip code. Four days after last fall's event, Congress passed the Secure and Responsible Drug Disposal Act of 2010, which amends the Controlled Substances Act to allow an "ultimate user" of controlled substance medications to dispose of them by delivering them to entities authorized by the Attorney General to accept them. The Act also allows the Attorney General to authorize long term care facilities to dispose of their residents' controlled substances in certain instances. DEA has begun drafting regulations to implement the Act.

Other participants in this initiative include the White House Office of National Drug Control Policy; the American Association of Poison Control



Saturday, April 30, 2011
10 a.m. - 2 p.m. - Crandon City Hall

Centers; the Community Anti-Drug Coalitions of America; D.A.R.E. America; the Federation of State Medical Boards; the U.S. Health Resources and Services Administration; the International Association of Chiefs of Police; the National Association of Attorneys General; the National Organization of Black Law Enforcement Executives; the National Association of Boards of Pharmacy; the National District Attorneys Association; the National Sheriffs Association; and The Partnership at Drugfree.org; and National Family Partnership.

May 2011 FCP Elder Menu*

Monday, May 2

Chef Salad, Crackers, Dinner Roll, Mandarin Oranges, Cookie

Tuesday, May 3

Meat Loaf, Baked Potato, Green Beans, Cottage Cheese, Peaches, Fresh Fruit

Wednesday, May 4

Brat Patty on a Bun, Potato Salad, Baked Beans, Oranges, Yogurt

Thursday, May 5

Hot Beef Sandwich, Mashed Potatoes, Gravy, Corn, Carrots, Fresh Mixed Fruit

Friday, May 6

Chicken Noodle Soup, Cheese Sandwich, Juice, Peanut Butter Cookie

Monday, May 9

Tator Tot Casserole, Bread, Beets, Grapes, Banana Pudding

Tuesday, May 10

Beef Stew over Biscuits, Apples, Jello

Wednesday, May 11

Baked Chicken, Cheesy Hashbrowns, Green Beans, California Blend Vegetables, Dinner Roll, Applesauce, Juice

Thursday, May 12

Egg Salad Sandwich, Baked Chips, Carrot & Celery Sticks, Mixed Berries

Friday, May 13

Baked Fish, Rosemary Potatoes, Coleslaw, Biscuit, Pears

*Meals are subject to change. Milk, juice or coffee with every meal.

Microsoft PowerPoint Computer Classes for FCP tribal-affiliated or FCP tribal members:

Instructed by One Prospect, classes will be held every Tuesday for four weeks, from 2 - 4 p.m. at the FCP Cultural Center, Library & Museum classroom.

Power Point Essentials (June 7, 14, 21 & 28)

(Registration is required by May 31.)

- Create a presentation • Format text on slides
- Add graphical objects to a presentation • Modify objects on slides
- Add tables to a presentation • Add charts to a presentation
- Prepare to deliver a presentation

Classes are hosted by the FCP Economic Support Department. Call Stephany Shepard, (715) 478-4433, to register or if you have any questions.

MAY 2011 CALENDAR OF EVENTS

FCP Family Resource Center

- **Healthy Relationships:** Mondays, 1 - 3 p.m.
- **Play Shoppe:** Tuesdays, 11 a.m. - 12:30 p.m.
- **Life Skills Group:** Wednesdays, 1-3 p.m.
- **Positive Indian Parenting:** Thursdays, 10 a.m. - Noon
- **Trans Program Class:** June 6 (call Rick to sign up by May)

Call (715) 478-7262 for details on programs.

Recreation Department

Call (715) 478-7420 for info on open gym hours or events.

N.E.W. Directions

All programs are at the tribal hall, 8000 Potawatomi Trail, unless specified otherwise. All activities are open to all FCP community members. If your child would like to participate, or if you want to volunteer, please call (715) 478-4613. Monday - Thursday pick-up is at 3:45 p.m. Activities start at 4:30 p.m.

Arts & Crafts: Mondays, 5 - 6:30 p.m. (May 2, 9, 16, 23, 30)

Wii Tournament: Tuesdays (May 10, 24)

Education: Thursdays, 5 - 6:30 p.m. (May 12, 26)

Bowling: Friday, May 20 (pick ups after school; drop offs 8 p.m.)

Movies: Friday, May 27 (pick ups after school; drop offs 9 p.m.)

CHOICES Program

Crandon High School: Mondays, 9 - 11 a.m. or as needed

Healthy Living/Youth on the Move/Gardening Club: Mondays - 4:30 - 6 p.m. at Rec/We Care; transport provided

Fun with Food Culinary Night: Tuesdays (May 3, 17) 5 - 7 p.m.

Lower Conference Room - limited transportation

Wii Tournament: Tuesdays (May 10, 24) 5 - 6:30 p.m. at Rec Center; dinner included

Generations: Wednesdays (May 11, 18, 25) 4 - 7 p.m. at YMCA - transport available, MUST sign up

Wabeno High School: Thursdays, 9 - 11 a.m. or as needed

Healthy Teen Relationships: Saturday, May 14, 10 a.m. - 5 p.m. at Stone Lake Chapel

CHOICES program events occasionally change. Be sure to watch for special events. A snack or dinner will be served on Tuesday and Wednesday evenings. Parental permission is required. NEST points given for all CHOICES activities and events. For more information, contact Lori Murphy at (715) 478-4198.

NOTICES

CULTURE

Neshnabemwen - The Potawatomi language has endured through the passage of time. At one time, it is said that we all spoke the same language. Later on, we started speaking different languages and forming tribes based on who was able to understand each other.

The Bodewadmi, Ojibwe and Odawa were all one tribe and spoke the same language. As the differences in the language grew, they each formed a separate entity. However, they maintained a close bond and formed the "Council of the Three Fires" to deal with any issues that might affect them. The Three Fires signified the alliance between the three, while their individual fires proclaimed their own identity.

Beginning learners on Monday evenings: 5 - 7 p.m. - FCP Cultural Center, Library and Museum: (715) 478-7478.

EDUCATION

Crandon Education Committee

Monthly meetings held the first Wednesday of the month at 5 p.m., upper level of the FCP Cultural Center, Library and Museum. Contact these committee members with questions or concerns:

Sonya Milham - Chairperson
(715) 473-6410 (home)

Hazel George - Vice-Chairperson
(715) 478-5612 (home)

Shari Alloway - Treasurer
(715) 478-7224 (work)

Shari.Alloway@fcpotawatomi-nsn.gov

Margaret Konaha - Board Member
(715) 478-7347 (work)

Margaret.Konaha@fcpotawatomi-nsn.gov

Myra VanZile - Home School

Coordinator

(715) 478-6175 (home)

(715) 478-3723, Crandon School
VANZILEMYR@crandon.K12.wi.us

WIEC - Meetings are held every second Tuesday of the month at 6 p.m. at Potawatomi Carter Casino Hotel.

Academic Success Learning Lab

Nicolet HSED/GED spring semester classes began Thursday, Jan. 20, and will run every Tuesday and Thursday from 9 a.m. - 1:30 p.m. at the FCP Cultural Center, Library and Museum lower level classroom #010.

The lab is open in the FCP community to help you. A Nicolet College instructor is available to help anyone who wants to complete his/her HSED/GED or work on basic skills like reading, math or language/grammar. This is a free, drop-in program. Those interested are welcome to drop in anytime during posted hours and may stay as long as they like.

Call John Brueggemann, instructor, at (715) 478-4904 or Christie Schmidt at (715) 478-7206 if you have any questions.

EVENTS

May DM Luncheon:

Tuesday, May 24, at the FCP Health & Wellness Center, noon. The topic will be Healthy Eyes Start with a Dilated Eye Exam with Dr. Bill Pierre. Meat loaf, mashed potatoes, vegetable and dessert will be served. Please Call Theresa Marvin at (715) 478-4383, or Cathy Chitko at (715) 478-4367 if you will attend.

The Women's Warrior Society

Meetings will be held the fourth Tuesday of the month. For more information, please contact Marilyn Alloway at (715) 478-4317. Sponsored by FCP Domestic Violence Outreach.

Hungry Soul Soup Kitchen

Open at the Laona First Presbyterian Church (located U.S. Hwy. 8, Laona) the last Sunday of every month, 3-5 p.m. Free and open to everyone.

Balancing Your Life & Diabetes/SPARKS

Wednesdays, 10 a.m. - 12 p.m., Diabetes Education Room, Health & Wellness Center

Diabetes Education:

Monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting.

Sparks Weight Management

Program: Physical Activity & Nutrition Education:

S - Support (weekly participation encouraged)

P - Program

A - Get Active, Stay Active

R - Reap the Rewards:

Feel Better, Be Healthier

K - Know the Basics of Good Nutrition

S - Stay Focused on Being Healthy

Please Call Theresa Marvin at (715) 478-4383, Lisa Miller at (715) 478-4320 or Cathy Chitko at (715) 478-4367.

MILITARY VETERANS

Veterans Post 1 - We consider it an honor and privilege to be of service to our Potawatomi community. Membership is open to all veterans and spouses of Potawatomi tribal members. Meetings are on the first Monday of each month at 5 p.m. at the FCP old tribal hall, 8000 Potawatomi Trail, Crandon.

OPPORTUNITIES

Volunteers Needed - for FCP Bakakwsen i Shkwadem, *The Door is Open* Domestic Violence Shelter. We need caring, compassionate people who want to support Anishnabe people. If interested, please call (715) 478-7201 (24-hour hotline). Thank you kindly!

Why volunteer? Make an impact, get satisfaction, help others, develop yourself, utilize time and learn.

HEALTH

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Help is only one touch or a phone call away.

Crisis Line: 1 (888) 299-1188
(Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week)

Kids in Need: 1 (800) 622-9120

The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871

Run-Away Hotline: 1 (800) 621-4000
1 (800) 273-TALK; TTY: 1 (800) 799-4TTY

suicidehotlines.com

AA Meetings - New location!

Wednesdays at 7 p.m., CoVantage Credit Union lower level, Crandon

Crandon AA - Thursday Night Big Book Study, lower level Crandon Library - 7 p.m. Contacts: Carol (715) 482-5012 or Ahshoni (715) 220-8777.

AA Meetings - Lost Marbles

Saturdays at 9 a.m., Wabeno Fire Dept. Contact Donald at (715) 889-6709 or Ryan at (715) 850-1265 for more information.

Families Anonymous 12 Step

Meetings

FCP Health & Wellness Center upper level group room, Thursdays, Noon - 1 p.m. Participants are welcome to bring a brown bag lunch. If clinic is closed there will be no meeting. For more information, call (715) 478-4325 or 4332.

Family Services CHOICES

Program: Make Good Choices

All FCP community youth from ages 9-18 are invited to sign-up or re-register for the program. You must be registered to attend CHOICES events. Please contact Lori at (715) 478-4198.

A reminder from the FCP

Insurance Department:

The tribal member and tribal member dependent medical plans are always to pay after all other medical plans, including but not limited to employer medical plans, Medicaid, and Medicare.

Please call Janet at (715) 478-7448 for details.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. If you would like more information, please stop by FCP Economic Support or call at (715) 478-7292.

Resource Room

Located in the Family Service Building, the first floor has four computers that are open to the community. These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.

- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use-templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support Staff is also available to assist with any of these computer programs. Please stop by and see us at the Family Service Building or call us at (715) 478-4433.



FCP Community Youth Ages 9-17

HEALTHY TEEN RELATIONSHIPS WORKSHOP



LOCATION: Stone Lake Chapel

TIME: 10 a.m. to 5 p.m.

A parental release is required.

CONTACTS:

- N.E.W. Directions - Ashoni, (715) 478-4316
- CHOICES - Miss Lori, (715) 478-4198

Sat., May 14, 2011

ATTENTION all FCP tribal member graduates (high school, college, GED/HSED) for the year 2011: **Deadline for the June 1 issue of the Traveling Times is Wednesday, May 18. Deadline for the June 15 issue is Wednesday, June 1.** Please contact our office at (715) 478-7437 or times@fcpotawatomi-nsn.gov for more information.

Powwow Trail

May 7
39th A.I.R.O.
UWSP Berg Gym - Stevens Point, Wis.
(715) 346-3576
email: agokee@uwsp.edu

May 13 - 14
41st Haskell Commencement
Powwow Grounds - Lawrence, Kansas
www.haskell.edu
email: steve.byington@bie.edu

May 20 - 22
22nd Veterans of the Menominee Nation: Gathering of Warriors
Woodland Bowl - Keshena, Wis.
(715) 851-4748
email: harley1450ccs@yahoo.com or Westmartin@new.rr.com

Health Promotion Disease Prevention Youth on the Move Walking Program

Have Fun & Improve Your Health by Moving More!

To register or if you have questions, please contact:

Lisa Miller, H&W Center Dietitian, (715) 478-4320, or Becky Meinert,
Community Health LPN, (715) 478-4366.

Start time 4:30 p.m. Light snack provided. Physical activity 4:45 - 5:30 p.m.

Two-Mile Monday in Carter: May 2 - #8 Final Pedometer

4th Annual Open Public Forum:

Staying Active with Arthritis - FCP Health & Wellness Center,
in conjunction with the National Arthritis Foundation
June 2, 2011, from 1 p.m. to 4 p.m.

The focus will be on the benefits of physical activity and exercise as a part of your everyday life. Our experienced physical therapy staff will provide some helpful tips on how to start getting physically active. Our pharmacist will discuss medication options. Our registered dietitian will discuss eating the right foods to stay healthy and active. There will be a special presentation by Kathy Ziembo, APNP, clinical nurse specialist from the Aspirus Endocrinology Clinic. The format will be full of discussion, personal accounts, and information to help manage and stay active while living with arthritis. There will be handouts, door prizes and snacks. Presentations will be held in the lower conference room of the FCP Health & Wellness Center.

Admission is free, but please call (715) 478-4344 to reserve a spot as seating will be limited.

"Da we wge mek" (gift shop)

Your Destination For Authentic Native American Gifts

NEW RELEASE

DVDs

- Princess Kaiulani
- March Point
- Video Letters From Prison: Documentary

NEW RELEASE CDs

- Nakoa Heavyrunner: Warrior's Prayer
- Kevin Yazzie: Love
- Louie Gonnie: Breathe Deep the Dusk Fall
- Bill Miller: Spirit Wind North
- David & Steve Gordon: Gratitude
- The Boyz: Live in Lapwai
- Stoney Creek: Love is Determination

NOW AVAILABLE

Men's Black Keeper
of the Fire Fleece:
Sizes Small-2X

Ladies Pink Keeper
of the Fire Fleece:
Sizes Small-2X



Open Mon. thru Thurs. 7 a.m. to 5 p.m.

Closed Fridays. Museum open Saturdays by appointment only.

CLOSED from 12 p.m. to 12:30 p.m. for lunch

POTAWATOMI CULTURAL CENTER, LIBRARY AND MUSEUM



POTAWATOMI
(Keeper of the Fire)

5460 Everybody's Road, Crandon

715-478-7470

If we don't have something you're looking for, let us know.
We will do our best to find it!

Happy Belated Birthday,
Grandson Gnowēs
(Little Eagle).
From, Grampa
Shigwanabek Mno gish gokwe
and Dad Wā-Po-em

Happy Birthday
to our cuz, Bella.
Love ya, Jessika,
Dalton, Travis,
Elizabeth & Evelyn

Happy Belated Birthday
to my grandest grandson,
Gnowēs (Stylz).
From,
Grandpa & Grandma

Happy Belated
Birthday,
Bill Alloway.
From, Someone
who still cares!

Blue Sky:
I miss you.
Love:
Honey Bee



Lillian,
Thank you for spending your
day with us. The cake and ice cream
were yummy!
Love, Isabella



HAPPY BELATED
13TH BIRTHDAY,
ANIKE,
ON APRIL 10!

Happy 83rd Birthday,
Gramma Alloway!
Love,
Alyza, Malakhi
and Zurielle

I would like to give thanks to my Savior Jesus Christ for dying and taking my sins.

I want to wish my family in Carter and in Arizona a happy Easter.

I want to wish Patsy Shepard a happy birthday. This year she will share her birthday with the day of Christ's resurrection. What an honor for her. She is a strong woman in Christ, and I believe it is her undying faith and love for Him that is getting her through these trying times. Please continue to pray for Patsy Shepard and her family. And if you see her, wish her happy birthday, give her a hug, and tell her you love her.

I am blessed for having her in my life and I love her so much. Happy birthday, Mom, and happy Easter. Remember, Frank and Donavan are peeking through the clouds and hold you close within their hearts. I love you.

Love, Nee Nee

xoxoxo

Happy 3rd
Birthday to
my beautiful
niece, Bella
Rein. I love
and miss you.
Auntie Effie



Happy 3rd
Birthday to
the "Reign"
of Terror!
Love U!
From, Mama,
Dada & baby
sister, Briya

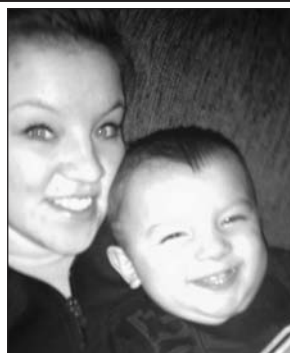
Bella Rein Tahwa-Thompson



We'd like to wish my mother, Juanita,
a Very Happy Birthday on May 5th.
Hope have a wonderful day.
Love always, Monica Rae & Dustin



Wishing my
Gramma
Juanita a
Happy
Birthday
on May 5th.
Love,
Dustin
Michael

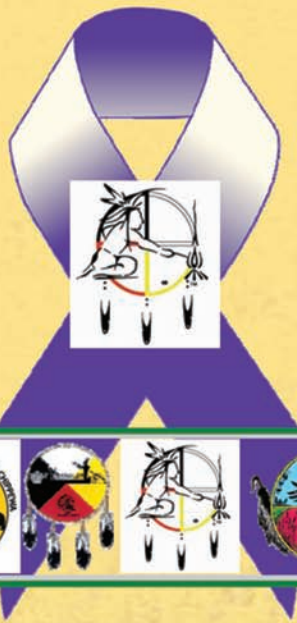


Two years ago I was blessed
with you as my son. I love you
so much, and I cannot picture
my life without you.
Love always, Mumma

Happy
Belated 2nd
Birthday
to our little
All-Star.
Love,
Mumma
& Daddy



WISHING
ARLENE ALLOWAY
A VERY
HAPPY BIRTHDAY
ON MAY 12TH.
LOVE, JUANITA & FAMILY



The Forest County Potawatomi Community
invites you to...

SHARE THE CARE 2011, CANCER CONFERENCE

Tuesday, May 3 & Wednesday, May 4

Pre-Conference (CIRCLE OF LIFE C.H.R. TRAINING)
Tuesday, May 3rd - 8am to noon

Potawatomi Carter Casino Hotel - Carter, WI



SHARE THE CARE 2011

Sponsored By:
American Cancer Society,
Forest County Potawatomi Community,
Ho-Chunk Nation,
Oneida Nation of Wisconsin,
Wisconsin Native American
Tobacco Network,
Wisconsin Pink Shawl Initiative,
Spirit of EAGLES -
UW Carbone Cancer Center,
Wisconsin Well Woman Program

SPEAKERS

Frank Mraz, MD
"Cancer 101"

Anne Walaszek, MPH (White Earth)
"Colorectal Cancer"

Gale Johnson, MPA
"Wisconsin Well Woman Program"

Lisa Tiger, MA (Muscogee)
"Cervical Cancer Prevention"

Cecilia Stroede, MD
"Fight the Fear"

Kris Rhodes, MPH (Fond du Lac)
"Tobacco and Cancer"

Char Hewitt, B.A. CHES (Navajo/Ute)
"Empowering Caregivers to Take Care of Others
& Themselves"

CONFERENCE REGISTRATION DEADLINE:

Friday, April 29, 2011

REGISTRATION FEE:

Free

HOTEL ACCOMMODATIONS:

\$58 per night - double occupancy
Potawatomi Carter Casino Hotel
618 Wisconsin Hwy 32
Carter, WI 54566
(800) 777-1640

CONTACT INFORMATION:

Missy Shepard
5409 Everybody's Road
Crandon, WI 54520
Missy.Shepard@fcpotawatomi-nsn.gov
Fax: (715) 478-7322 Phone: (715) 478-4398

LIMITED SCHOLARSHIPS AVAILABLE
FOR LODGING (SEE OTHER SIDE)

Conference Agenda

PRE-CONFERENCE - AMERICAN CANCER SOCIETY CIRCLE OF LIFE C.H.R. TRAINING Tuesday May 3rd, 2011

7:15-7:45 Breakfast for pre-registered Circle
of Life C.H.R. participants
8:00-12:00 Training on Circle of Life C.H.R.
curriculum
1. Cancer Types
2. Cancer Treatment
3. Healthy Habits & Screening
4. Caregivers

To register for the PRE-CONFERENCE
CIRCLE OF LIFE C.H.R. TRAINING,
please contact Marjorie Johnson at
(218) 529-7627 Ext 23 or
Marjorie.Johnson@cancer.org.

Travel Assistance is available!
Registration deadline is April 1, 2011.

The SHARE THE CARE registration is separate.

CONFERENCE - SHARE THE CARE Tuesday May 3rd, 2011

12:00-12:30 Entrance of Flags and Song
12:30-1:30 Lunch/Break
1:30-2:15 Cancer 101 - Frank Mraz, MD,
Potawatomi Tribal Clinic
2:15-3:00 Colorectal Cancer - Anne
Walaszek, MPH, American
Indian Cancer Foundation
3:00-3:15 Break
3:15-4:30 Panel of American Indian
Cancer Survivors &
Caregivers

Wednesday May 4th, 2011

7:30-8:30 Breakfast
8:30-11:30 Wisconsin Well Woman
Program - Gale Johnson,
MPA
Part 1: Cervical Cancer
Prevention, Lisa Tiger, MA
Part 2: HPV Is Not a
Tradition
Part 3: Breast Cancer
Presentation
Part 4: Fight the Fear, Cecilia
Stroede, MD, Surgical
Associates of Wausau
Part 5: Pink Shawl
Presentation
11:30-12:30 Lunch
12:30-1:15 Tobacco and Cancer - Kris
Rhodes, MPH, American
Indian Cancer Foundation
1:15-2:30 Empowering Caregivers to
Take Care of Others &
Themselves - Char Hewitt,
B.A., American Cancer
Society
2:30-3:00 Conference Closing



SHARE THE CARE Registration

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Tribal Affiliation: _____

or

Organization: _____

Phone: _____

E-mail: _____

Please fill out the form and mail or fax

CONFERENCE REGISTRATION DEADLINE

Friday, April 29, 2011

REGISTRATION FEE

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Fax: (715) 478-7322 Phone: (715) 478-4398

Limited number of scholarships for American
Indian cancer survivors, caregivers for
survivors in current treatment and other tribal
members covering lodging only.

PLEASE NOTE
The CIRCLE OF LIFE C.H.R. TRAINING
registration is separate.