



Native American Heritage Month Kicks Off in Style



Award-winning singer/songwriter and tribal historian Kelly Jackson performs at the FCP Executive Building auditorium.

by Val Niehaus

In honor of National Native American History Month (November), Kelly Jackson, recording artist and a historic preservation officer, graced the FCP community with her presence on Nov. 4, 2014.

Jackson is a member of the Lac du Flambeau Band of Lake Superior Chippewa. She was raised by her strong-willed mother and an uncle. At about the age of three, Jackson's father was taken from her life far too soon; she feels blessed to have had her uncle step up as a father figure in her life. Her uncle is the one who handed her the gift of a guitar, and she has continued to play it until this very day. She said, "Music is more than just a form of expression for me; it's etched in my spirit and rooted in my soul."

Jackson shared a special song with the crowd that she first played on the guitar, which, according to her uncle, was also one of her real father's favorite songs: *House of the Rising Sun*. It was an absolute delight to hear her rendition of this song considering the personal emotions it represented for her.

In addition to this piece, she played many songs from her album, including *Spirit of a Woman*, which also won Best Folk Recording of the Year at the Native American Music Awards. Jackson and her accompanist, Scott Kirby, who is also an amazing musician, entertained the audience for a good hour with meaningful songs delivered with beautiful voices.

At the beginning of her presentation, she discussed her work and commitment to preserving the BIA Boy's



Singer/musician Scott Kirby (l) accompanies Kelly Jackson during her performance.



Dormitory, part of the boarding school in Lac du Flambeau. Not only is Jackson a talented musician, she is also an historic preservation officer for her tribe. She believes that preserving the history of her tribe and others is important as life lessons for future generations.

Jackson presented a story about a little boy named Mooshkinewatang who attended this school. She was able to let us see and feel what it would be like for a young child—who could have been either our own or a grandchild—to be taken away from us and sent off to a boarding school miles and miles away. Later in her presentation, she sang a song about this young boy that she had written to honor him.

Jackson also showed slides of old photos of the boarding school in Lac

du Flambeau, which actually included people from the Forest County Potawatomi community who had been there. She then went on to show slides of the remodeling process that she was heavily involved with; it was amazing to see the finished product. The building now houses a research center for the community and visitors, and it also provides classrooms to teach the Ojibwa language.

Jackson is a strong and inspiring Native American woman. It was a privilege to meet her, hear her presentation, and enjoy her musical talent. She believes in her people and their history and wants to share that through her work and songs. After hearing her presentation, it is obvious she does a great job of doing so!

Larry Spotted Crow Mann (r) speaks to the FCP Community.

Larry Spotted Crow Mann is an acclaimed writer/poet, cultural educator, tribal drummer/dancer, traditional storyteller, and motivational speaker who graced the FCP Community with his presence on Nov. 13, 2014. He is a member of the Nipmuc Tribe of Massachusetts and is also a Nipmuc cultural preservation officer.

To open this event, he explained a bit about himself and how proud he was to be a member of the Nipmuc tribe. He also mentioned this was his first time in Wisconsin and the weather was more than welcoming considering this was the week of our first major snowstorm. He said, "It is a

powerful experience to share the work that I do. I want to thank Mike Alloway for inviting me here to your community." After a brief history of his life's work, he opened up with two hand drum songs; one being a Welcome Song and the other being a Healing Song. What an amazing voice Mann has! It is certainly obvious that he has been doing this for many years. He also shared a traditional story of his people about how the wabozo (rabbit in Potawatomi) came to be. With detailed descriptions and physical gestures, he did a wonderful job telling this story.

continued on pg. 7...





OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.

Milwaukee's Near West Side Unites

On October 30th, an unprecedented event took place inside a conference room near the Wgema Campus in Milwaukee. The leaders of all of the major stakeholders on Milwaukee's Near West Side convened to get serious about the problems that have recently become so prevalent that some of those stakeholders have considered relocating.

Led by Marquette University and the Avenues West Association/BID#10 - the neighborhood association closest to the Wgema campus - the major stakeholders have come together to develop a plan to 1. improve the safety; 2. change the residential landscape; 3. drive economic development opportunities and 4. establish a new brand and identity of the area.

Prior to the meeting, an online survey was con-

ducted of the stakeholders that would be in attendance. The survey identified what each stakeholder believed to be the areas biggest concerns, as well as how committed each stakeholder would be to collaborating to address those concerns.

The October 30th meeting was held at the Harley-Davidson headquarters and featured presentations by Keith Wandell - CEO of Harley-Davidson, Nick Turkal - CEO of Aurora Health Care, Mike Lovell - President of Marquette University, Captain Jason Smith of Milwaukee Police Department's District 3 and Keith Stanley - Executive Director of Avenues West Association/BID #10. Forest County Potawatomi's Attorney General Jeff Crawford also presented the history and progress of the Tribe in Wisconsin and on Milwaukee's Near West Side specifically.

The brief meeting served as a starting point for the group to voice their concerns and to formally commit to actively participating in a plan for improvement. Since then, follow up correspondence from Mike Lovell has continued to build momentum. Committees have been formed to address the four areas of needed improvement, with representation from the Potawatomi Business Development Corporation and Greenfire Management Services on the Steering Committee, Safety Committee and Branding/Identity Committee.

As an extension of the Tribe's commitment to the Wgema Campus and the area that surrounds it, we are thrilled about the possibilities that collaborating with this group can bring to Milwaukee's Near West Side.



PBDC Joins Some of Wisconsin's Largest Companies to Tap the State's College Students to Solve Corporate Challenges

The Commons was established this year in Milwaukee as an initiative developed to attract, develop and retain the brightest minds in Southeast Wisconsin. Founded by leaders of the Greater Milwaukee Committee, Innovation in Milwaukee and Marquette University's President Mike Lovell, the vision of The Commons is to:

- Create a cross-university program that promotes the applied use of entrepreneurial teachings
- Provide an opportunity for students to explore innovation in a supportive and low-risk environment
- Serve as a source of talent for area businesses looking to work with and hire the city's emerging thinkers
- Play a pivotal role in economic development and job creation in Southeast Wisconsin

Companies can become involved in The Commons in a number of ways. PBDC has joined companies like Kohl's, Briggs & Stratton and The Milwaukee Bucks to participate as a Corporate Challenge Partner. The challenge presented to the students was to identify strategies to attract businesses to the developing Wgema Campus to further the Tribe's mission to revitalize the area.

The challenges were presented to the 140 students on Friday, November 7th at The Commons' headquarters in Milwaukee's Walker's Point neighborhood. This event, which served as a kick-off to an intense 48-hour launch weekend, allowed students to choose the challenge with which they would engage in through May of 2015.

Six students have chosen to work on the PBDC challenge, with Alverno College, Carroll University, Bryant & Stratton College and Marquette University represented. By the end of the weekend, students had learned about the Forest County Potawatomi's history in Milwaukee, the history of the Wgema Campus and had identified the areas strengths, weaknesses, opportunities and threats.

Since the conclusion of the launch weekend, three of the six students have emailed us stating how excited they are about continuing to work on the plan to develop the area - and have even presented a number of innovative ideas to do so.

PBDC's involvement has already proven to expose hundreds of people to the great things that the Forest County Potawatomi does to positively impact the City of Milwaukee and its residents.



The Potawatomi Business Development Corporation Team poses for a photo at the finale of The Commons Launch weekend. City of Milwaukee Mayor Tom Barrett and Marquette University President Mike Lovell were among speakers at the event held at 88Nine Radio Milwaukee.

FCP Caring Place November Activities Calendar

EVENTS IN THE ACTIVITIES ROOM:
Tuesdays & Thursdays - Exercise at 9 a.m.



SPECIAL EVENTS (RSVP REQUIRED):
Dec. 9: Casino
Dec. 10: Christmas Light Tour
Dec. 17: Christmas Bingo
Dec. 18: Shopping
Dec. 19: Rouman Cinema

The Elderly Department and Indian Child Welfare Present:

Grandparents Raising Grandchildren

The program was started as a way for grandparents to get together to discuss ideas and issues and to aid in finding helpful information and resources they may need. We will meet once a month from 11 a.m. to 2 p.m. at the Caring Place located at 5456 Kak Yot Lane in Crandon. Come have lunch and visit with other grandparents raising grandchildren. Please call (715) 478-4892 or 4812 to RSVP.

**Deadline for the Dec. 15, 2014 issue
is Wednesday, Dec 3, 2014.**

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520
phone: (715) 478-7437 • fax: (175) 478-7438
email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

FCP EXECUTIVE COUNCIL

Chairman:
HAROLD "GUS" FRANK

Vice Chairman:
HARTFORD SHEGONEE

Secretary:
LORNA SHAWANO

Treasurer:
RICHARD GOUGÉ III

Council Members:
NATE GILPIN
JAMES A. CRAWFORD



Member of the
Native American
Journalists Association

PTT STAFF

Managing Editor:
WINDA COLLINS

Office Manager:
MICHELLE SPAUDE

Reporter/Photographer:
VAL NIEHAUS

Graphic Artists:
KRYSTAL STATEZNY
RACHEL ZABOROWSKI

Potawatomi Traveling Times (PTT) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the PTT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PTT staff or the FCP Nation. PTT encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PTT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PTT and will not assume any responsibility for unsolicited material nor will the PTT guarantee publication upon submission. PTT will not guarantee publication of materials submitted past deadlines posted in the PTT. No part of this publication may be reproduced without the written consent of the Editor.

December 2014 Elder Menus

Monday, Dec. 1

Italian Sausage Rigatoni,
California Blend Vegetable,
Side Salad, Jello w/Fruit

Tuesday, Dec. 2

Mushroom & Gravy Smothered
Meatballs, Mashed Garlic
Potatoes, Green Beans, Roll,
Sweet Potato Pie, Banana

Wednesday, Dec. 3

Baked Chicken, Macaroni &
Cheese, Peas & Carrots,
Wheat Bread, Banana Yogurt

Thursday, Dec. 4

BBQ Pork on Bun,
Twice Baked Potatoes,
Mexican Corn

Friday, Dec. 5

Chili, Fry Bread, Banana
Pudding, Grape Juice

Monday, Dec. 8

Taco Salad (Beans, Meat,
Cheese, Lettuce, Tomato,
Onion), Baked Chips, Fruit Cup

Tuesday, Dec. 9

Scalloped Potatoes & Ham,
Corn, Beets, Cornbread,
V-8® Juice, Orange

Wednesday, Dec. 10

Meatloaf, Mashed Potatoes,
Gravy, Green Beans,
Side Salad, Apricot

Thursday, Dec. 11

Tenderloin Tips over Noodles,
Cottage Cheese, Cherry
Tomatoes, Asparagus,
Chocolate Torte,
Cranberry Juice

Friday, Dec. 12

Fish Sandwich w/Lettuce &
Tomato, Broccoli & Cauliflower
w/Dip, Jello® w/Fruit

Monday, Dec. 15

BBQ Chicken Wings,
Brussel Sprouts, NutriGrain®
Bar, Cauliflower, Cherry
Cheesecake Dessert

Tuesday, Dec. 16

Hot Beef Sandwich w/Cheese,
Baked Beans, Dill Pickle,
Carrots, Applesauce

Wednesday, Dec. 17

Lasagna, Salad, Garlic Bread,
Green Beans, Yogurt, Pears

Thursday, Dec. 18

Chef Salad w/Turkey Ham,
Cheese, Tomato, Cucumber &
Egg, Breadsticks, Jello® w/Fruit

Friday, Dec. 19

Split Pea Soup w/Ham,
Potatoes & Carrots, Garlic
Biscuit, Orange Juice

Monday, Dec. 22

Shepard's Pie, Roll, Strawberry
Jello® w/Strawberries

Tuesday, Dec. 23

Vegetable Beef Soup,
Cheese Sandwich, Crackers,
Applesauce

Wednesday, Dec. 24

Ham, Mashed Potatoes,
Gravy, Carrots, Corn, Roll,
Fruit Basket

Thursday, Dec. 25

Closed for Christmas Holiday

Friday, Dec. 26

Baked Chicken, Stuffing, Gravy,
California Blend Vegetables,
Peaches

Monday, Dec. 29

Chicken Breast Sandwich w/
Lettuce & Tomato, Alfredo
Noodles, Mixed Berry Yogurt

Tuesday, Dec. 30

Garden Vegetable Soup,
Crackers, Sweet Potato Pie,
Apricots

Wednesday, Dec. 31

Hot Turkey Sandwich, Stuffing,
Green Beans, Cranberry Sauce,
Fruit Dessert

*Milk, juice or coffee
with every meal.*

**Menus subject to change.*



Services Offered by FCP Caring Place/Elderly Department

FCP Caring Place

Jean Tiede, Caring Place Manager - (715) 478-7217

We have 12 handicap accessible residential rooms, all of which offer a homey atmosphere. Each room has a living room, spacious private bathroom, and lots of closet space for storage. Local telephone service, wireless internet, and satellite television are included with every room. Our Assisted Care Facility staff includes registered nurses, licensed practical nurses, certified nursing aides, and a unit clerk. We will assist your loved one with house-keeping, laundry, personal cares, medication management, activities, outings, meals and snacks.

Criteria is based on the following:

1. Disabled Tribal Elder
2. Enrolled Tribal Elder
3. Tribal Member
4. Non-Tribal Elderly

• • • • •

Elder Program

Penny Christianson, Elder Services Coordinator - (715) 478-4892

Our Elder Program provides services to FCP tribal elders 55 and over, other Native Americans, and non-tribal elders 60 and over. Our department offers the following services:

- Information about public services, voluntary services and other resources available within the community.
- Visits with elders to identify their eligibility for services and provide information to the elders about available services.
- Services to family members who care for an elder.
- Assistance with obtaining services.
- Assistance with advanced directives. (i.e. living wills, power of attorney)
- Assistance with conflict resolution.
- Activities (either as a spectator or as a participant) such as: outings, meetings, bingo, casino, shopping, hands-on activities, crafts and more.
- Congregate meals provided at the nutrition site or home-delivered meals delivered to clients at their home.
- Educational and informational events (i.e. Alzheimer's disease, nutrition).
- Services to grandparents providing care for grandchildren.
- Assortment of resource materials provided through a Lending Library.
- Transportation services

FCP Caring Place/Elderly Department, 5456 Kak Yot Lane, PO Box 340, Crandon, WI 54520, Phone: (715) 478-7216, Fax: (715) 478-7462

• • • Attention • • • FCP Tribal Members

The *Traveling Times* is always looking to run positive, success stories about tribal members. Whether you're an elder, a parent/grandparent or student, if you have something you'd like to share with the rest of the community, please let us know! Subject matter could include culture, wisdom, the arts, sports, education, etc.

Interested parties may contact the *Traveling Times* via phone at (715) 478-7437, in person or mail at 8000 Potawatomi Trail, Crandon, WI 54520, or by email at times@fcpotawatomi-nsn.gov. If you need a list of deadlines for 2015, we can provide those for you.

We hope to hear from you soon!

War Veterans Wanted

PTT is looking for FCP veterans who are willing to share their experience in the military. As a complement to the series "Native Americans in the Military", it's our hope to include personal stories, quotes and photos beginning with WWI. We are also interested in those who served in WWII, Korea, Vietnam and other more recent conflicts.

If interested and comfortable with sharing your experiences, please contact Val Niehaus at (715) 478-7498 or Valerie.Niehaus@fcpotawatomi-nsn.gov.

Message From FCP Veterans Post 1

Our primary goal is to honor all military veterans and their families. The FCP Veterans Post 1 is committed to serving and supporting our veterans and their families; to aid FCP and native veterans in both conventional and traditional values; to help guide, assist and refer our veterans to other venues when necessary.

The Color Guard will continue to take part in Veteran's funerals and other ceremonies and hope to add rifles and an electronic bugle to our equipment. The Color Guard participates in grand entries at pow-wows and other events around Wisconsin and surrounding states to promote the Forest County Potawatomi Community and to show support for other tribal nations.

IMPORTANT: We are no longer accepting checks as a form of payment. Cash, Debit or Credit Cards only.

"DA WE WGE MEK" (GIFT SHOP) Your Destination for Authentic Native American Gifts



Now Available 2015 Powwow Calendars

*If we don't have something you're looking for, let us know.
WE WILL do our best to find it!*

ATTENTION: The DVD *Smoke Signals* is now out of print. We are unable to order more copies and have a very limited stock available.



FOREST COUNTY POTAWATOMI
CULTURAL CENTER,
LIBRARY & MUSEUM

8130 Mish ko swen Dr.
Crandon

(715) 478-7470

Open Mon. thru Thurs. 7 a.m. to 5 p.m.

CLOSED Fridays.

CLOSED from 12 p.m. to 12:30 p.m. for lunch.

CLOSED on federal holidays.

NEW DVD's DOCUMENTARY

- Indian Relay
- Medicine Game
- Racing the Rez
- Urban Rez

MOVIE

- Jimmy P.
- Warrior's Heart

COMEDY

- Tatanka Means:
Red Friday

NEW CD's

POWWOW

- No. Cree & Wild Band of Comanches:
Breaking Boundaries
- Smokeytown: 40th Anniversary
- Young Bear: Live
- Northern Cree: Ewipihihik Round
Dance Songs

TRADITIONAL

- Brian Stoner: Peyote Songs
- Songs of the Native American Church
- Grandfather Peyote: Creators Gift
- Louie Gonne: Spiraling, Ascending
with Prayer

FLUTE

- Marina Raye: Return to Innocence
Duncan & Yazzie: Singing Lights

Understanding Grief

submitted by Di Koch, RN, Behavioral Health Nurse/Case Manager

Each person develops his/her own values surrounding grief. This topic will naturally bring out painful feelings and memories, but the goal of this article is to give information regarding grief and healing so to gain an understanding of how to better cope with the heaviness grief can give.

What is Grief?

It is a very complicated emotion that no one avoids.

It is individualized:

No one should tell another how they should feel or react.

It affects each person, age, gender, and culture differently.

It is unique to each relationship.

There can be healthy and not-so-healthy ways to grieve.

It is a normal, natural emotion; a reaction to loss.

Conflicting feelings are often involved.

It is a crisis that impacts our belief system.

Types of Grief

Financial, ending marriage/friendships, graduation, health concerns, "empty nest," moving, loss of religious belief, loss of job/retirement, end of addictions, loss of home, loss of a pet, loss of friends or loved ones, loss of language/culture/land.

Replacement of Grief

Masks we wear: deny, ignore, stay busy, isolate.

Unresolved grief can lead to mental health issues and/or addictions which prevents self-growth and healing as well as masks feelings.

Culture and Grief

Crying was not allowed in boarding schools. Prior to the boarding school era, some Native American tribes called upon "wailers" who were used to provoke crying.

(Reference: *White Bison – Mending Broken Hearts Healing from Unresolved Grief*)

Stages of Grief

Denial: Important to coping, it's how we manage our feelings.

Anger: Strongest emotion, covers up pain, sadness and fear.

Bargaining: The "if onlys", replays, deal making.

Depression: Time to be seen for it

when prolonged period of time or suicidal thoughts.

Acceptance: Doesn't mean you're "okay" with the loss, just means you acknowledge the reality of the loss.

(Reference: *Elizabeth Kubler Ross's Stages of Grief*)

Closure Doesn't Apply:

One never closes that door, rather the goal is to learn to live with the loss.

Healing Methods

Crying: Natural part of grieving, expresses pain and suffering.

Talking: Empties the hurt, engages healing process.

Ceremonies: Allows for recognition of loss and support.

Laughing: Begins to input positive, gives your mind a mental break from the hurt.

How to Help People Who are Grieving

What NOT to say: these minimize the loss and they're not about the griever.

Comparisons: "My loved one was... [younger, sicker, worse] ...than yours."

Purpose: "It was God's will," "She did what she came here to do."

Bright side: "Everyone has to die someday," "At least you're still alive," "I know how you feel."

Feel this way: "Be strong," "Time to move on."

What TO say/do:

"I am sorry for your loss."

"I wish I had the right words; just know that I care."

"I don't know how you feel, but I'm here and can help in anyway/this way."

"You and your loved one will be in my thoughts/prayers."

"My favorite memory of your loved one is..."

"If you want to talk, call me day or night."

Or say nothing and just be with the person.

For more information or to find support during a time of grief, contact the FCP Behavioral Health Department at (715) 478-4332 or come to our window on the second floor of the FCP Health & Wellness Center.

Are You Ready for Winter?

submitted by Linda Thomaschfsky, FCP Emergency Management Director

The number one thing to do is to make sure you have an emergency kit in your car – it could save your life.

An emergency winter kit should include at a minimum:

- Blankets/sleeping bag.
- Extra

hat/gloves.

- Flashlight with extra batteries.

- First-aid kit.
- Shovel.
- Booster cables.

- Windshield scraper.

- Water and non-perishable food (raisins, candy bars, energy/protein bars).

- Sand/kitty litter.
- Cellphone adapter.

Other things to consider for winter readiness:

- Check carbon monoxide detectors.

- Make sure it is working.
- Have your furnace inspected annually.

- Never run a gasoline or propane heater or grill (gas or charcoal) inside your home or an unventilated garage.

- Never run

your car in an enclosed garage.

- Generators should be run a safe distance from the home (never in the home/garage or outside a door or window).

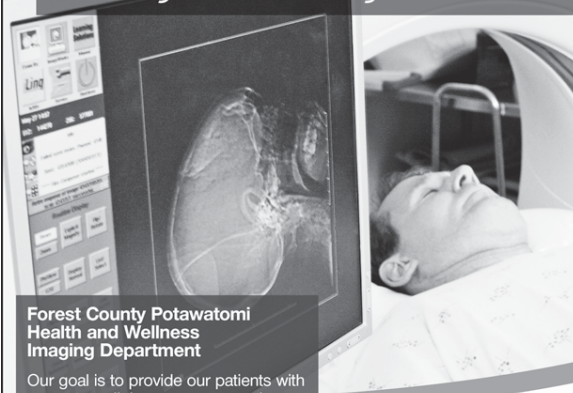
If you experience any of the following symptoms:

headache, dizziness, shortness of breath, chest pain, or your detector alarm goes off, go outside immediately and call 911 from another location.

For additional information, visit ReadyWisconsin.WI.gov.



Honoring Health, Healing, and Tradition



Forest County Potawatomi Health and Wellness Imaging Department

Our goal is to provide our patients with accurate radiology, mammography, and ultrasound exams in a timely manner and with an expedited result. We offer services for tribal and non-tribal members from providers at the Health & Wellness Center and from other facilities. If you are seeing a provider from a different facility, we will complete your exam(s) with a faxed order from your provider.

Appointments can be made by calling (715) 478-4339. Hours: Monday - Friday, 7:30 a.m. - 5:30 p.m.

SERVICES OFFERED

AODA (715) 478-4370	Optometry (715) 478-4345
Behavioral Health (715) 478-4332	Pediatrics (715) 478-4339
Community Health (715) 478-4355	Pharmacy (715) 478-4347
Dental (715) 478-4313	Radiology (715) 478-4339
Lab (715) 478-4339	Rehabilitation (715) 478-4344
Medical (715) 478-4339	Weekend Walk-in (715) 478-4300



FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER

8201 Mish ko swen Drive, Crandon, WI
General Information (715) 478-4300 • www.FCPotawatomi.com



Preventing the Holiday Blues

Tuesday, Dec. 16, 2014 • 2 - 4 p.m.
HWC Upper Large Conference Room

Speakers: Di Koch, RN, Behavioral Health Case Manager
& Anne Warren, FCP HWC Art Therapist

- Learn How to Cope with Grief & Stress • Discover How Art Can Promote Positive Well-Being • Decorate Christmas Ornaments • Light Snacks & Beverages Provided • Open to FCP Tribal Members & Their Families
- Call (715) 478-4382 or 4961 for more information.

Halloween at Rising Sun Daycare

submitted by Mary Fatla, Rising Sun Daycare Director

Rising Sun Daycare, along with Gte Ga Neš Preschool, held their annual Halloween event on Thursday, Oct. 30, at the Rising Sun Daycare building. The children had a wonder-

ful time going to other tribal buildings to trick-or-treat. There was a fabulous turnout for the event from both departments.

The children were accompanied

by their families for trick-or-treating, and they also enjoyed the spooktacular haunted house, and the wonderful lunch that was served.

There were several tables set up with crafts and pumpkin painting for the children if they wanted to be creative.

Once again, Rising Sun decided to

do a theme for Halloween. This year, they chose *Toy Story*. Each teacher dressed as the character of her choice. It was a lot of fun to make the costumes and join in on the festivities. Gte Ga Neš represented the preschool by being a variety of witches; they even had a Green Bay packer witch.



Everleigh and Jordy Shepard pose with Miss Mary.



Rising Sun Daycare staff (l-r) really dressed for the occasion: Bobbie Walker, Una Ross, Martha Armstrong, Billie Jo Leach, Donna Belland, Connie Stamper, Mary Fatla.



Pictured (l-r) are Bryanna Gilligan and Kaydence Wagnitz.



Bryant Tebeau: Mean and green!



DOOR PRIZES
THROUGHOUT
THE EVENING

FRIDAY
Dec. 19
Dinner: 5 p.m.
Santa: 6 p.m.

FOREST COUNTY
POTAWATOMI
COMMUNITY

*Christmas
Party*

Potawatomi Carter Casino Hotel

For more information contact:
FCP Recreation (715) 478-7420

FCPC tribal and community members only

Larry Spotted Crow Mann

...continued from pg. 1

He had many of us laughing and thinking about how this creature came to be from the Creator.

Mann has been all over the world promoting his new book called *The Mourning Road to Thanksgiving* and speaking to many indigenous people from parts of Greenland, Iceland, Sweden, Canada and many other places. It took him about four years to write this book, and it is a story that really needs to be told to not only Native Americans but to non-Natives as well. It is a novel that tells the "real" story of what Thanksgiving is. Thanksgiving in western society is thought to be a time when Indians and white people came together to share a huge feast and subsequently were able to live together peacefully. The reality is, the situation was not like that at all. As mentioned, it is a novel that follows a 40-year-old man on his journey to figure out what actually happened in the colonies at

that time and to disprove the traditional perceptions behind the western Thanksgiving. This reporter has not read the book but am looking forward to getting a copy to read.

It is apparent that Mann has done a great deal of research on this matter and is obviously well informed on the issue. And as a result, he has some definite beliefs on the matter. It should be mentioned that, in addition to this book, he also has another publication (a book of poetry,) which has received international acclaim in reviews titled *Tales from the Whispering Basket*.

In the end, this was a truly inspirational event. It certainly was timely with Thanksgiving right around the corner. It is an ideal time to pick up a copy of this book and learn about the true history behind this event that has become part of our American heritage.

Larry Spotted Crow Mann is a very strong and inspiring Native American man - a great resource from



Author Larry Spotted Crow Mann (l) with Mike Alloway, Director of the FCP Library, Museum & Cultural Center.

whom to learn many things about his tribe in particular as well as Native Americans in general. If you are interested in learning more about him and his activities and publications, please

consider accessing his website www.whisperingbasket.com. The books previously mentioned can also be purchased from this site.

Twenty Area Children's Charities Randomly Selected to Participate in Miracle on Canal Street

submitted by Ryan Amundson, PHC External Communications Manager



- POTAWATOMI HOTEL & CASINO -

MILWAUKEE (Nov. 6, 2014) – They provide meals for hungry children. They make sure our youngest and most vulnerable have a safe place to stay. They give our youth a more well-rounded education by exposing them to the arts.

And now, Potawatomi Hotel & Casino is helping fund the great things 30 local children's charities do through its signature community program, Miracle on Canal Street.

Twenty of those organizations from around southeastern Wisconsin were randomly selected Thursday to benefit from the property's annual program.

"Once again we've selected a tremendous group of charities to take part in this year's Miracle on Canal Street," said Potawatomi Hotel & Casino Bingo Director Melanie Martin. "It never ceases to amaze me how many wonderful organizations we have in southeastern Wisconsin doing such great things for our youth. We're so pleased to help fund these efforts."

This year's Miracle on Canal Street randomly selected charities include:

- Advocates of Ozaukee, Saukville
 - Audio & Braille Literacy Enhancement, Milwaukee
 - Autism Society of Southeastern Wisconsin, Wauwatosa
 - Boys & Girls Club of Kenosha, Kenosha
 - Broadscope Disability Services, Milwaukee
 - Caledonia Conservancy, Ltd., Racine
 - Central City Churches, Inc. Outreach Ministries, Milwaukee
 - Danceworks, Inc., Milwaukee
 - Discovery World, Milwaukee
 - Diverse & Resilient, Milwaukee
 - Focus on Community, Racine
 - Junior Achievement of Wisconsin, Milwaukee
 - Milwaukee Kickers Soccer Club – America SCORES Milwaukee, Milwaukee
 - Next Door Foundation, Milwaukee
 - Old World Wisconsin Foundation, Eagle
 - Parents Place, Inc., Waukesha
 - Peace Learning Center of Milwaukee, Milwaukee
 - Starting Point of Ozaukee, Inc., Grafton
 - VSA Wisconsin, Milwaukee
- In addition to the randomly selected charities, 10 signature charities

selected by the program's media partners were announced in August. They include:

- Boys & Girls Clubs of Greater Milwaukee presented by Lamar Outdoor
- Children's Hospital of Wisconsin presented by Clear Channel Outdoor
- First Stage presented by Milwaukee Business Journal
- Make-A-Wish Wisconsin presented by Milwaukee Journal Sentinel
- Penfield Children's Center presented by Milwaukee Radio Group
- Safe Babies Healthy Families presented by Journal Broadcast Group
- Sojourner Family Peace Center presented by Entercom Radio
- The Parenting Network presented by WITI FOX 6
- USO of Wisconsin presented by Clear Channel Media + Entertainment
- Wisconsin Humane Society presented by Weigel Broadcasting / CBS 58

Miracle on Canal Street funds are raised primarily through special Miracle bingo games played during every bingo session. The fund-raising total will be announced during a special event held at the casino Dec. 12.

Since its inception in 1994, the Miracle on Canal Street program has made 552 donations totaling more than \$13.6 million to fund children's programs throughout southeastern Wisconsin.

Eligible charities applied during a call for entry period which closed in June. Eligible organizations must have 501(c) (3) status, serve a primary client base of children younger than 18 and be located within Milwaukee, Racine, Washington, Waukesha, Ozaukee, Dodge, Jefferson, Kenosha, Sheboygan or Walworth counties. A complete list of submission guidelines is available at www.paysbig.com/miracle.

About Potawatomi Hotel & Casino
Set in the heart of Milwaukee, Potawatomi Hotel & Casino is Wisconsin's premier entertainment destination, offering guests the best in gaming, dining and entertainment. The property features a luxurious 381-room hotel, seven award-winning restaurants, the intimate 500-seat Northern Lights Theater and more than 60,000 square feet of event space. Potawatomi Hotel & Casino is committed to raising awareness of the risks of problem gambling, maintaining a level of first-class customer service, while investing in its most valuable asset – its 2,900 multicultural employees. Through the Forest County Potawatomi Foundation and Miracle on Canal Street, the casino supports numerous local charities and community organizations. To discover more, call 800-PAYS-BIG or visit www.paysbig.com.

What's Going On in Carter?

submitted by Frank Shepard, PCCH General Manager

Special Announcements:

Casino will be closing at 4 p.m. on Tuesday, Dec. 2, for a special event, and will open at 9 a.m. on Wednesday, Dec. 3.

Casino will be closed on Wednesday and Thursday, December 24-25, for the Christmas holiday and will open at 9 a.m. on Friday, Dec. 26.

Come join us and see if you can win a 'Stocking Stuffer' for Christmas! On

Tuesdays (Dec. 9 and 16) and Wednesdays (Dec. 3, 10 and 17) guests can earn 100 same-day base points for 10 entries or redeem 200 points for 10 entries. Drawings take place

11 a.m. - 9 p.m. Two winners will be drawn each hour for a total of 22 winners. Cash prizes will range from \$25 to \$200. Limit of two wins per day per person.

Thursday, Dec. 18, is National Baked Cookie Day! Fresh-baked cookies will be delivered to guests on the floor at 10 a.m., 3 p.m., and 7 p.m. What a sweet deal!

Living' it up at 50! Every Thursday, all Carter Club members over 50 years of age will receive a free entry into the drawing at the Carter Club booth. One winner will be drawn every hour from 11 a.m. to 7 p.m. for \$100 cash. For every 250 points earned, guests will receive 10 free entries into the drawings. Guests are allowed to win twice each day.

Also, seniors can earn 100 same-day base points for a \$5 off coupon at The Flames Sports Bar & Grill or The Springs Restaurant. If you would like your meal free, just earn 250 same-day base points. Those that are not seniors can earn 200 same-day base points to receive a \$5 off coupon for a dinner at The Flames Sports Bar & Grill or The Springs Restaurant or earn 450 same-day base points and get a free dinner. Please note there will be no Living' it up at 50 on Christmas Day as we will be closed so that our team members can celebrate with their families.

Do you have your ugly sweater all picked out? On Saturday, Dec. 6, we are holding our Second Annual Ugly

Sweater Contest! All Carter Club members will have the opportunity to participate. Sweater categories will be available this year so that our guests may select which best fits their sweater.

Original: A holiday sweater bought from the store and is worn as it was purchased.

Modified: A holiday sweater that sports bells, lights or other holiday paraphernalia.



Each category will have a 1st, 2nd and 3rd place winner. Judging will be done by supervisors and managers available at time of judging which is 9 p.m. In each category, 1st place

winner will be awarded \$500; 2nd place \$300; 3rd place \$200.

We are going to have some fun so come join us on 12-13-14! On Saturday, Dec. 13, we're giving away some cash! Just earn 100 same-day base points for 10 entries or redeem 200 points for 10 entries. Drawings will be from 7 to 11 p.m. Three winners will be called each hour to select their prize that will range from \$500 to \$2,000. There will be a total of \$14,000 given away just in time to do Christmas shopping! Limit two wins per person.

Come celebrate the last day of the year with us at our New Year's Eve Celebration. It all starts with live entertainment by Rabid Aardvark from 9 p.m. - 1 a.m. There'll be snacks and party favors for everyone, and over \$10,000 in cash drawings will be given away throughout the evening. Drawings will be as follows: 9 p.m. with four \$500 winners; 10 p.m. with four \$1,000 winners; 11 p.m. with one \$2,014 winner; and 1 a.m. with one \$2,015 winner to ring in the New Year!

For those of you who are not night owls, we have something special for you! Lovin' Country will perform from 11 a.m. - 1 p.m. with \$5,000 in cash prizes given away. There will be snacks and favors for everyone. Two winners will be selected at 11 a.m. and again from 1 - 5 p.m., when each winner will win \$250. At noon, there will be one guest selected to win \$2,015. Carter Club members will receive 10 entries for every 200

points earned or redeemed for both celebrations.

BINGO! Come check us out and be prepared to have some fun.

BIGGER BETTER BINGO will be played on all days except where noted.

Bigger Payouts: Regular games pay \$150; specials pay \$200.

Better

Admission:

New paper package deals.

Bingo!

Carter is the place to be.

On Wednesday, Dec. 31, come celebrate the last day of the year with us and join us

for our New Year's Eve Bash. Admission packs \$50; extra packs \$25. Thirty games paying \$300; four games paying \$500; three games paying \$1,000. Last game (cover all) in 50 numbers or less pays \$5,000! Consolation prizes \$1,199. Dinner and party favors included with admission. Doors open at 4 p.m.; session starts at 7:30 p.m.; entertainment from 4 - 7:30 p.m.

On Fridays, Dec. 5 and 19, we will be playing Finally \$500 Fridays. Buy-in for \$35 with 25 games including five games paying \$250 and ten games paying \$500. Each guest will receive \$25 in

Potawatomi Play with admission pack purchase. Limit one \$25 Potawatomi Play per guest per session.

Looking for something fun to do on a Friday night? Join us for Cosmic Bingo on Friday, Dec. 19, when we will have an Ugly Sweater theme. Admissions open at 9:30 p.m.; games start at 10:30 p.m. DJ

Doc Gary plays from 10 p.m. - midnight. \$12 packs include eight games paying \$100; one game paying a prize and the last game paying \$1,000 or a consolation prize of \$250. Free beer and



snacks are served.

Sunday, Dec. 28, is our Cash Drawing when one lucky winner will win \$500 cash. Winner will be drawn during regular session and must be present and playing bingo to win. Earn entries for each admission pack purchased during the month. Limit one entry per person per day.

Happy Birthday to you! Play bingo during the month of your birthday and receive a free dauber with your paid admission. Limit one per guest. See the money room.

Paper Buy-In Options

Paper Pack A - \$20, six cards, one Game of the Month, one Bonanza, one Odd # Coverall, one large Pick 8

Paper Pack B - \$25, nine cards, one Game of the Month, two Bonanza, two Odd # Overall, one large Pick 8

Paper Pack C - \$28, 12 cards, two Game of the Month, two Bonanza, two Odd # Coverall, one large Pick 8

Paper Pack D - \$36, 18 cards, three Game of the Month, three Bonanza, three Odd # Coverall, three large Pick 8

Electronic Buy-In Options

Carter Combo 1 - \$60, 30 cards, one Jackpot Game, one Roulette, one Game of the Month, one Dbl. Daub Coverall, one Dbl. Daub Feather, one Winner Take All, one Triangle Game, 10 Odd # Coverall, 10 Bonanza

Carter Combo 2 - \$80, 60 cards, two Jackpot Game, two Roulette, one Game of the Month, two Dbl. Daub Coverall, two Dbl. Daub Feather, two Winner Take All, two Triangle Game, 20 Odd # Coverall, 20 Bonanza

Carter Combo 3 - \$120, 90 cards, three Jackpot Game, three Roulette, three Game of the Month, three Dbl. Daub Coverall, three Dbl. Daub Feather, three Winner Take All, three Triangle Game, 30 Odd # Coverall, 30 Bonanza

Carter Combo 4 (Best Value) - \$160, 130 cards, four Jackpot Game, four Roulette, four Game of the Month, four Dbl. Daub Coverall, four Dbl. Daub Feather, four Winner Take All, four Triangle Game, 40 Odd # Coverall, 40 Bonanza

Electronic packages include all games except Earlybirds, Pick 8 and Hotballs.

Did you know that persistent and recurrent maladaptive gambling behavior is indicated by five or more of the following?

- Preoccupation: The person is preoccupied with gambling and has frequent thoughts about gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble, etc.
- Tolerance: Similar to drug tolerance, the person needs to gamble with

increasing amounts of money in order to achieve the desired excitement or "rush".

- Loss of Control: The person has made repeated unsuccessful efforts to control, cut back, or stop gambling.
- Withdrawal: The person is restless or irritable when attempting to cut down or stop gambling.
- Escape: The person gambles as a way of escaping from problems or of relieving a dysphoric mood (e.g., feelings of helplessness, guilt, anxiety, depression).

• Chasing: After losing money gambling, the person often returns another day to get even ("chasing" one's losses).

• Lying: Lies to family members, therapist, or others to conceal the extent of involvement with gambling.

• Illegal Activity: The person has committed illegal acts such as forgery, fraud, theft, or embezzlement to finance gambling.

• Risked Relationships: The person has jeopardized or lost a significant relationship, job, or educational or career opportunity because of gambling.

• Bailout: Relies on others, such as friends or family, to provide money to relieve a desperate financial situation caused by gambling. Source: <http://psychcentral.com/disorders/pathological-gambling-symptoms/>.

If you or someone you know may have gambling issues, visit www.gamblersanonymous.org or www.gamblersanonymous.org/ga/hotlines.

Hearing Held to Review Nomination For NIGC Chairman

submitted by United States Senate Committee on Indian Affairs

U.S. SENATE – Senate Indian Affairs Committee Chairman Jon Tester (D-Mont.) held a hearing to review the President's nomination of Jonodev Chaudhuri to serve as chairman of the National Indian Gaming Commission (NIGC). Chaudhuri was nominated on July 22 by President Obama and has served this past year as Vice-Chair of the Commission. He was appointed to serve as the vice-chair by Department of Interior Secretary Sally Jewell.

"For the Commission to succeed,

it needs good leadership," Tester said. "Mr. Chaudhuri has provided that leadership in an acting capacity for over a year now. He has an extensive background in Indian affairs and is respected in the Indian law and Indian gaming communities," Tester said.

"I have the opportunity, as a regulator, to do my part to perform an important role in supporting self-determination. Namely, through sound regulation, I can help preserve the integrity of an industry that has

had a monumental impact on the historical landscape of Indian Country."

If approved by the Committee and confirmed by the full Senate, Chaudhuri would head the agency that helps ensure the integrity of the Indian gaming industry and promotes tribal economic self-sufficiency.

When Congress enacted the Indian Gaming Regulatory Act over 25 years ago, it established the National Indian Gaming Commission as an independent agency to oversee gaming at

the federal level. The Act recognized tribes as the primary regulators of gaming but left specific responsibilities to the Commission.

The Chairman and the two other commissioners oversee nearly 100 employees who work at the Washington, D.C., headquarters and seven regional offices. The agency is funded at approximately \$20 million annually, all through fees collected from tribal gaming operations.

Profile America Facts for Features: American Indian and Alaska Native Heritage Month (November 2014)

submitted by U.S. Census Bureau

The first American Indian Day was celebrated in May 1916 in New York. Red Fox James, a Blackfeet Indian, rode horseback from state to state, getting endorsements from 24 state governments, to have a day to honor American Indians. In 1990, President George H.W. Bush signed a joint congressional resolution designating November 1990 as "National American Indian Heritage Month." Similar proclamations have been issued every year since 1994. This Facts for Features presents statistics for American Indians and Alaska Natives, as this is one of the six major Office of Management and Budget race categories.

Note: Unless otherwise specified, the statistics in the "Population" section refer to the population who reported a race alone or in combination with one or more other races.

Population

5.2 million: The nation's population of American Indians and Alaska Natives, including those of more than one race. They made up about 2 percent of the total population in 2013. Of this total, about 49 percent were American Indian and Alaska Native only, and about 51 percent were American Indian and Alaska Native in combination with one or more other races.

11.2 million: The projected population of American Indians and Alaska Natives, alone or in combination, on July 1, 2060. They would comprise 2.7 percent of the total population.

432,343: The American Indian and Alaska Native population, alone or in combination, 65 and over.

14: Number of states with more than 100,000 American Indian and Alaska Native residents, alone or in combination, in 2013. These states were California, Oklahoma, Arizona, Texas, New Mexico, Washington, New York, North Carolina, Florida, Alaska,

Michigan, Oregon, Colorado and Minnesota.

14.3 percent: The proportion of Alaska's population identified as American Indian and Alaska Native, alone or in combination, in 2013, the highest share for this race group of any state. Alaska was followed by Oklahoma (7.5 percent), New Mexico (9.1), South Dakota (8.5 percent) and Montana (6.8 percent).

30.8: Median age for those who were American Indian and Alaska Native, alone or in combination, in 2013. This compares with a median age of 37.5 for the U.S. population as a whole.

Reservations

325: Number of federally recognized American Indian reservations in 2012. All in all, excluding Hawaiian Home Lands, there are 630 American Indian and Alaska Native legal and statistical areas for which the Census Bureau provides statistics.

Tribes

566: Number of federally recognized Indian tribes. Data courtesy of the Bureau of Indian Affairs, 2013.

Families

1,698,815: The number of American Indian and Alaska Native family households in 2013 (households with a householder who was American Indian and Alaska Native alone or in combination with another race). Of these, 38.5 percent were married-couple families, including those with children.

6.1 percent: The percentage of American Indian and Alaska Natives, alone or in combination with other races, who were grandparents living

with at least one of their grandchildren in 2013.

Housing

53.9 percent: The percentage of single-race American Indian and Alaska Native householders who owned their own home in 2013.

This is compared with 64.0 percent of the overall population.

Source: 2011-2013 American Community Survey

Languages

20.0 percent: Percentage of American Indians and Alaska Natives, alone or in combination, age 5 and older who spoke a language other than English at home in 2011-2013, compared with 21 percent for the nation as a whole.

Education

82.2 percent: The percentage of American Indians and Alaska Natives 25 and older who had at least a high school diploma, GED certificate or alternative credential. In addition, 17.6 percent obtained a bachelor's degree or higher. In comparison, 86.3 percent of the overall population had a high school diploma or higher and 29.1 percent had a bachelor's degree or higher.

39.8: Single-race American Indians and Alaska Natives 25 and older whose bachelor's degree or higher was in science and engineering, or science and engineering-related fields in 2013. This compares with 43.7 percent for all people 25 and older with a bachelor's degree or higher.

13.5 percent: Percentage of single-race American Indians and Alaska Natives 25 and older who had a bachelor's degree, graduate or professional degree

in 2013. Source: 2013 American Community Survey

Jobs

25.9 percent: The percentage of civilian-employed single-race American Indian and Alaska Native people 16 and older who worked in management, business, science and arts occupations in 2013. In addition, 25.2 percent worked in service occupations and 22.7 percent in sales and office occupations.

Veterans

152,897: The number of single-race American Indian and Alaska Native veterans of the U.S. armed forces in 2011-2013.

Income and Poverty

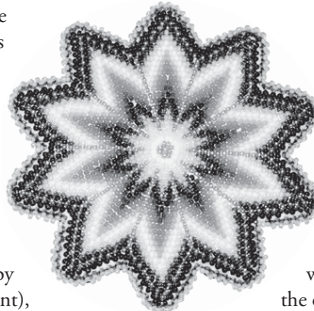
\$36,252: The median household income of single-race American Indian and Alaska Native households in 2013. This compares with \$52,176 for the nation as a whole.

29.2 percent: The percent of single-race American Indians and Alaska Natives that were in poverty in 2013, the highest rate of any race group. For the nation as a whole, the poverty rate was 15.9 percent.

Health Insurance

26.9 percent: The percentage of single-race American Indians and Alaska Natives who lacked health insurance coverage in 2013. For the nation as a whole, the corresponding percentage was 14.5 percent.

Editor's note: The preceding data were collected from a variety of sources and may be subject to sampling variability and other sources of error. Facts for Features are customarily released about two months before an observance in order to accommodate magazine production timelines. Questions or comments should be directed to the Census Bureau's Public Information Office: telephone: 301-763-3030; or e-mail: PIO@census.gov.



NOTICES

CULTURE

Neshnabemwen - The Potawatomi language has endured through the passage of time. At one time, it is said that we all spoke the same language. Later on, we started speaking different languages and forming tribes based on who was able to understand each other.

The Bodewadmi, Ojibwe and Odawa were all one tribe and spoke the same language. As the differences in the language grew, they each formed a separate entity. However, they maintained a close bond and formed the "Council of the Three Fires" to deal with any issues that might affect them. The Three Fires signified the alliance between the three, while their individual fires proclaimed their own identity.

Every Tuesday & Wednesday 10 a.m. - 12 p.m., for FCPC and members, FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture Class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

Beading Group -

Open to all community members ages 13 and up from 5 - 8 p.m. in lower level of museum on Tuesdays. RSVP required.

EDUCATION

Crandon Indian Education Committee - Monthly meetings are normally held the first Wednesday of each month at 5 p.m. at Health & Wellness Center. Contact these committee members with questions or concerns:

Margaret Konaha - Chairperson
(715) 478-7347 (work)

Hazel George - Member
(715) 478-5612 (home)

Shari Alloway - Member
*Number not available at time of print

Brenda Cornell - Secretary
(715) 649-3936

Guadalupe Cisneros - Member
*number not available at time of print
Myra VanZile - Home School Coord.
(715) 478-6175 (home)

(715) 478-3723, Crandon School
VANZILEMYR@crandon.K12.wi.us

Wabeno Indian Education Committee - Meetings are held every second Tuesday of the month at 6 p.m. at Potawatomi Carter Casino Hotel.

EVENTS

Elderly November activities - see notice on pg. 3.

Big Buck Contest - see notice on pg. 11.

National Native American Heritage Month "Guiding Our Destiny with Heritage and Traditions" events - Nov. 25 - 1 and 3 p.m.; Lenore Scheffler - Cobell vs Salazar, Nov. 25 - 10 a.m. and 1 p.m. Appearance will take place at the FCP Executive Building Auditorium.

Preventing the Holiday Blues - see notice on pg. 5.

EVENTS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Management Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

HEALTH

Women's Healing Circle -

Tuesdays, 1:30 p.m. and 5:30 p.m., at the Family Resource Center. Open to Native American women. Sponsored by FCP DV/SA Dept.

AI-Anon Meetings - Wednesdays, 5519 Kak Yot Lane, Crandon, 5:30 p.m. Why: AI-Anon is primarily for those who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavior problems. When you come into this room you are no longer alone, but among others who have experienced similar problems. We will respect your confidence and anonymity, as we know you will respect ours. Please call (715) 478-4933 for more information.

AA Meetings - Lost Marbles

Saturdays at 9 a.m., Wabeno Fire Dept. Contact Donald at (715) 889-6709 or Ryan at (715) 850-1265 for more information.

Wellbriety - 12 Step Meeting

Held every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. ANYONE who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-4902 or FCP Health & Wellness Center Behavioral Health at (715) 478-4332.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Help is only one touch or a phone call away.

Crisis Line: 1 (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); **Kids in Need:** 1 (800) 622-9120; **The Get-2-Gether Peer Support Drop-In Center:** (715) 369-3871; **Run-Away Hotline:** 1 (800) 621-4000; 1 (800) 273-TALK; TTY: 1 (800) 799-4TTY or visit suicide-hotlines.com.

HEALTH

FCP Domestic Violence / Sexual Assault Program -

The FCP Domestic Violence Sexual Assault Program is available 24/7. Crisis phone line is (715) 478-7201. Office hours are Monday - Thursday, 7 a.m. - 5 p.m., or as needed for crisis intervention. Office phone numbers are (715) 478-4991 or (715) 478-7203 with confidential voice mail.

Work cell phone numbers are checked periodically after hours and holidays: (715) 889-3037 or (715) 889-0278. All services are free and confidential.

We are able to provide services to FCP enrolled members and tribally-affiliated members who have experienced past or present DV/SA. We will assist other victims in finding appropriate resources to meet their needs to the best of our abilities.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests.

Resource Room — New Location

Now located in the Family Resource Center (Old Tribal Hall), the room has four computers that are open to the community.

continued in next column...

SERVICES OFFERED

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.

- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292, or 7295.

DECEMBER 2014 CALENDAR OF EVENTS

Community Health

- Dec. 2, Infant Nutrition (HWC), 8 a.m. - 4 p.m.
- Dec. 4, Infant Nutrition/WIC (We Care), 1 - 3 p.m.
- Dec. 9, WIC (HWC), 8 a.m. - 4 p.m.

FCP Family Resource Center

- Healthy Relationships (parent/child activities): Mondays, Dec. 1, 8, 15, 22, 29, 1 - 3 p.m.
 - Play Shoppe: Tuesdays, Dec. 2, 9, 16, 23, 30, 11 a.m. - 12:30 p.m.
 - Life Skills Group: Wednesdays, Dec. 3, 10, 17, 1 - 3 p.m.
 - Positive Indian Parenting: Thursdays, Dec. 4, 11, 18, 10 a.m. - noon.
- Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Group II (ages 10, 11, 12): Mondays, Dec. 1, 8, 15, 22, 29, 3:15 - 5 p.m.
 - Group III (teens): Tuesdays, Dec. 2, 9, 16, 23, 30, 3:15 - 6 p.m.
 - Group 1 (ages 7, 8, 9): Wednesdays, Dec. 3, 10, 17, 3:15 - 5 p.m.
- Transportation provided from Crandon School. Contact Joe Chaney at (715) 478-4839 with questions or concerns.

Recreation Department

- Open gym now available noon - 8 p.m. on Saturdays.
- Get Fit & Stay Active - fitness equipment available at We Care in Carter Monday, Tuesday, Thursday and Friday, 7 a.m. - 8 p.m. and at Rec Center Monday - Friday, 7 a.m. - 8 p.m. Open to FCP tribal members, their immediate families and FCP employees. Hours subject to change based on scheduled activities.
- For information on Rec Center activities, call (715) 478-7420.



WooHoo! Many congratulations to Jaiden Deschinny for being the only 6th grader to run on his school's boys Varsity team at the State Cross Country Championships in Anthem, Ariz.

With advice from some of the world's best runners (and his Mom!) Jaiden ran his best race with strength and speed. The past few months of daily training in tough conditions paid off, and Jaiden found his momentum, maintained a solid position and finished strong.

Due to his age and size, I never expected a win; I expected his best race and he delivered! What an exciting 12 ½ minutes it was, and we look forward to seeing what he can do in track! Feeling super proud of this athlete!



Happy 21st Birthday Nov. 28, to Charles George.

Grandson: You are amazing. You make me proud every minute of every day.

Luv u always: Gam-Gam Becky & Great Grandpa Bones



Happy Birthday, Kevin White, November 2, 2014, from everyone in Michigan.



Happy Birthday, Harvey White III, November 24, 2014.

On Dec. 13, I will receive my third college degree and second Master's, an MBA from the University of Arizona.

I'd like to express sincere gratitude to Eugene Shawano and Jayme VanZile for helping when I needed assistance, and to Diana Schutter and Kevin Hanson for their letters of support. Most importantly, this was only possible with the support of my husband and son who took this chance with me.

In my own words to my son, "NERDS ROCK!"

Crystal Deschinny

• 2013 Academic Excellence and Community Leadership Awardee

• 2013 Lifelong Honors Inductee

• 2014 December MBA Graduate

• M.A. American Indian Studies

• B.S.B.A. Finance, minor American Indian Studies

"Keep your dreams alive. Understand, to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe."

- Gail Devers

Happy Birthday to "ALL" of the November Cool-Cats.
"Ya know who U R."
Love Always & 4-Ever
To Infinity & Beyond
Love Ya All,
Sister Fran

FCPC 4th Annual Big Buck Contest

Contest date: Nov. 24 - Dec. 4, 2014

Rules:

- Open to FCPC tribal members only.
- One entry per contestant.
- Must be a legally harvested WILD animal (no game farms or guided hunts) from FCPC lands or southern Forest County.
- Must be harvested under fair chase principles. A rules agreement must be agreed to and signed by the hunter.
- Scores based on points plus inside spread.
- In case of a tie, weight will determine winner.

Rewards:

Grand Prize - \$400

1st Runner up - \$200

2nd Runner up - \$100

Prizes in form of gift card from Smith's Sport and Hobby, Crandon, WI.

Deer must be brought to the Natural Resources Department (located at 5320 Wensaut Lane, Crandon, WI) for scoring during the following hours (*note time change for Nov. 26):

Monday and Tuesday, Nov. 24 & 25, 7 a.m. - 5 p.m.

Wednesday, Nov. 26, 7 a.m. - 12 p.m.

Monday - Thursday, Dec. 1 - 4, 7 a.m. - 5 p.m.

Call (715) 478-7222 with any questions regarding the contest.

Brought to you by FCP Wildlife Resources Program

POTAWATOMI CARTER C-STORE/SMOKE SHOP

Hwy. 32, Carter (Across from casino/hotel)
Open 24 hours/7 days a week • (715) 473-5100



POTAWATOMI STONE LAKE C-STORE/SMOKE SHOP/DELI

Located 3 Miles East of Crandon off of Hwy. 8
5326 Fire Keeper Rd., Crandon, WI
(715) 478-4199
Open 7 days a week:
6 a.m. - 10 p.m.

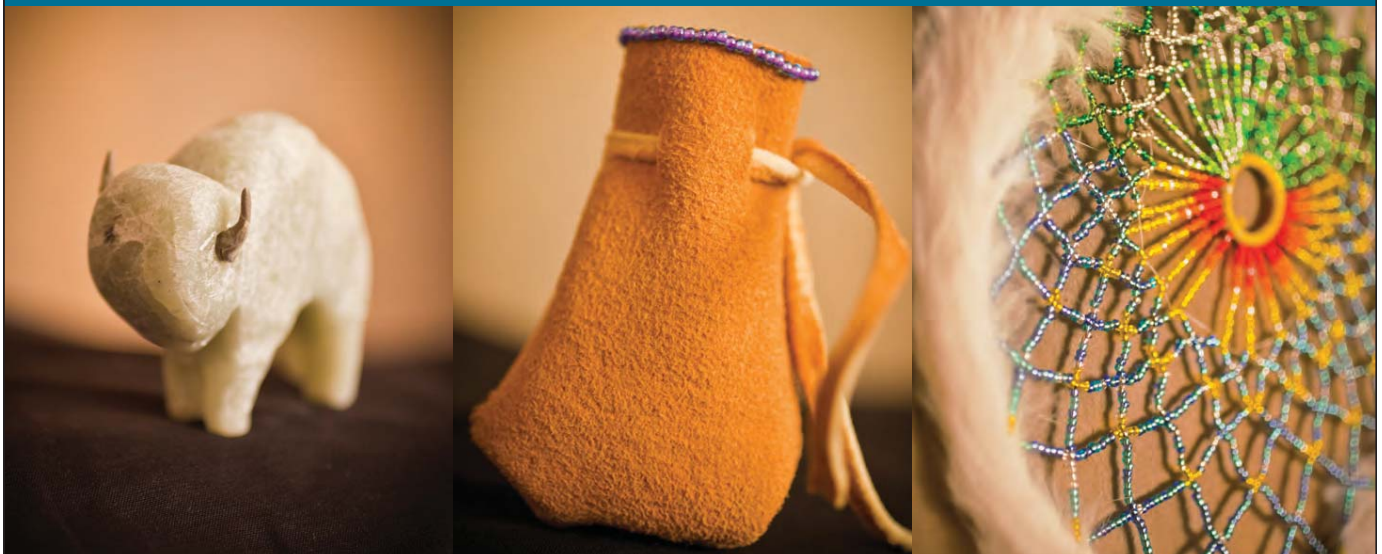
GIFT CERTIFICATES AVAILABLE

• Ethanol-Free Premium Gas • Blended Diesel • 24-Hour Pay-at-the-Pump Fuel • In-House Deli Food • Coupons Welcome
• Self-Serve Smoke Shop • Low & Discount Cigarette Prices
• Ample Parking • Groceries • ATM • Ice

Visit the Native Youth Heritage Display

Artwork from 2013 Heritage Display

December 4, 2014 - January 8, 2015



Includes original pieces of artwork created by tribal youth grades K-12, in honor of Indian Heritage Month, that expresses “What my Native heritage means to me.”

Located at and sponsored by



**POTAWATOMI
TRAVELING TIMES**

**8000 Potawatomi Trail, Crandon, WI
(715) 478-7437 • FCPotawatomi.com
Hours: Mon. - Thur., 7 a.m. - 5 p.m.**

***A reception with refreshments to honor participants
and their families will be held at the PTT office on
Thursday, Jan. 8, 2015 at 4 p.m.***